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Survey of Midlife in Japan (MIDJA): Biomarker Project, 2009-2010

Roadmap MIDJA to MIDUS Biomarker (SAQ
& Clinic)

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Survey of Midlife in Japan (MIDJA): Biomarker Project, 2009-2010

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MIDJA TO MIDUS ROADMAP

Overview

There are four worksheets in this file. In addition to the cover page there are 3 Roadmaps. The first maps the MIDJA Biomarker SAQ items to the corresponding MIDUS items and identifies items that are unique to MIDJA.

The second maps MIDJA Clinical items onto the MIDUS Clinical items, including saliva cortisol and identifies items that are unique to MIDJA.

The third maps MIDJA Medication items onto the MIDUS Medication items, and again identifies items that are unique to MIDJA.

A majority of the items in the MIDJA Biomarker SAQ were taken from the MIDUS 2 Project 4 Medical History and SAQ.

Of the remaining items some were taken from the MIDUS 2 Project 1 SAQ and others are unique to MIDJA.

Some of the MIDUS items were modified slightly to accommodate cultural differences, while more substantial changes were made to others.

These items are color-coded on the following pages as follows:

Unique items appear in **purple**

Items with **slight** modifications appear in **dark green**

Items with more **substantial** modifications appear in **light green**

See the documentation file Readme - MIDJA Biomarker Data File Notes.pdf for more details.

The overall purpose of this document is to help data users link the MIDJA and MIDUS items and variables.

Thus all of the items in the MIDJA Biomarker Questionnaire are listed on the the next worksheet, one item per row, with question and header text interspersed as appropriate. Scale scores and constructed variables are also listed. They appear at the end of the set of questions used to construct them.

The following information is listed for each item:

MIDJA Quest. No. - The question number for the item in the MIDJA Survey Questionnaire

MIDJA SVN - MIDJA Short Variable Name

MIDJA in MIDUS fmt - the MIDJA variable name when converted to MIDUS

MIDJA Question - the MIDJA item or header text in Japanese

MIDUS 2 Quest. No. - The corresponding MIDUS 2 Question number. The source of the item is indicated as follows:

1. Letter & Number (e.g. A1, E6) or Letter (a, b, c, etc.) - item is taken from the MIDUS 2 Project 1 SAQ

Thus A1 indicates P1 SAQ section A question 1.

2. Phone, Letter & Number (e.g. PhoneA36, PhoneA58) - item is taken from the MIDUS 2 Project 1 Phone Interview

3. BioQ, Number or Number & Letter (e.g. BioQ4, BioQ12m) - item is taken from the MIDUS 2 Project 4 (Biomarker) SAQ.

Thus the number (4) or number & letter (12m) indicates the question number.

MIDUS 2 SVN - the MIDUS Short Variable Name

MIDUS 2 SPSS Label - the MIDUS 2 variable label in SPSS

MIDUS 2 Question - the MIDUS 2 item or header text in English

For question with multiple items (e.g. A9, BioQ11), the section and question numbers are listed at the beginning of the question set or at the first item. For the remaining items, just the letters corresponding to the individual items are listed.

MIDJA Biomarker				MIDUS 2 Biomarker			
MIDJA Quest. No.	MIDJA SVN	MIDJA in MIDUS	MIDJA_ Question	MIDUS 2 Quest. No.	MIDUS 2 SVN	MIDUS 2SPSS Label	MIDUS 2_ Question or English Translation
健康状態についておたずねします				Health Condition			
1			以下の症状があったり病気にかかったりしたことがありますか。あてはまる番号に○をつけてください				Have you ever had any of the following conditions/illnesses?
1a	J2Q1A	B4H1A	心臓疾患	BioMH1a	B4H1A	Ever had heart disease	Heart disease
	J2Q1AD	B4H1AD			B4H1AD	Physician diagnosed heart disease	
1b	J2Q1B	B4H1B	高血圧	BioMH1b	B4H1B	Ever had high blood pressure	High blood pressure
	J2Q1BD	B4H1BD			B4H1BD	Physician diagnosed high blood pressure	
1c	J2Q1C	B4H1C	循環器系疾患	BioMH1c	B4H1C	Ever had circulation problems	Circulation Problems
	J2Q1CD	B4H1CD			B4H1CD	Physician diagnosed circulation problems	
1d	J2Q1D	B4H1D	血栓	BioMH1d	B4H1D	Ever had blood clots	Blood clots
	J2Q1DD	B4H1DD			B4H1DD	Physician diagnosed blood clots	
1e	J2Q1E	B4H1E	心雑音	BioMH1e	B4H1E	Ever had heart murmur	Heart murmur
	J2Q1ED	B4H1ED			B4H1ED	Physician diagnosed heart murmur	
1f	J2Q1F	B4H1F	一過性脳虚血発作（TIA）または脳卒中	BioMH1f	B4H1F	Ever had TIA or stroke	TIA or stroke
	J2Q1FD	B4H1FD			B4H1FD	Physician diagnosed TIA or stroke	
1g	J2Q1G	B4H1G	貧血またはその他の血液の病気	BioMH1g	B4H1G	Ever had anemia or other blood disease	Anemia or other blood disease
	J2Q1GD	B4H1GD			B4H1GD	Physician diagnosed anemia or other blood disease	
1h	J2Q1H	B4H1H	コレステロールの問題	BioMH1h	B4H1H	Ever had cholesterol problems	Cholesterol problems
	J2Q1HD	B4H1HD			B4H1HD	Physician diagnosed cholesterol problems	
1i	J2Q1I	B4H1I	糖尿病	BioMH1i	B4H1I	Ever had diabetes	Diabetes
	J2Q1ID	B4H1ID			B4H1ID	Physician diagnosed diabetes	
1j	J2Q1J	B4H1J	ぜんそく	BioMH1j	B4H1J	Ever had asthma	Asthma
	J2Q1JD	B4H1JD			B4H1JD	Physician diagnosed asthma	
1k	J2Q1K	B4H1K	肺炎腫/慢性閉塞性肺疾患（COPD）	BioMH1k	B4H1K	Ever had emphysema/COPD	Emphysema/COPD
	J2Q1KD	B4H1KD			B4H1KD	Physician diagnosed emphysema/COPD	
1l	J2Q1L	B4H1L	結核	BioMH1l	B4H1L	Ever had tuberculosis	Tuberculosis
	J2Q1LD	B4H1LD			B4H1LD	Physician diagnosed tuberculosis	
1m	J2Q1M	B4H1M	陽性のツベルクリン反応	BioMH1m	B4H1M	Ever had positive TB skin test	Positive TB skin test
	J2Q1MD	B4H1MD			B4H1MD	Physician diagnosed positive TB skin test	
1n	J2Q1N	B4H1N	甲状腺疾患	BioMH1n	B4H1N	Ever had thyroid disease	Thyroid disease
	J2Q1ND	B4H1ND			B4H1ND	Physician diagnosed thyroid disease	
1o	J2Q1O	B4H1O	消化性潰瘍	BioMH1o	B4H1O	Ever had peptic ulcer disease	Peptic ulcer disease
	J2Q1OD	B4H1OD			B4H1OD	Physician diagnosed peptic ulcer disease	
1p	J2Q1P	B4H1P	癌	BioMH1p	B4H1P	Ever had cancer	Cancer
	J2Q1PD	B4H1PD			B4H1PD	Physician diagnosed cancer	
1q	J2Q1Q	B4H1Q	大腸ポリープ	BioMH1q	B4H1Q	Ever had colon polyp	Colon polyp
	J2Q1QD	B4H1QD			B4H1QD	Physician diagnosed colon polyp	
1r	J2Q1R	B4H1R	関節炎	BioMH1r	B4H1R	Ever had arthritis	Arthritis
	J2Q1RD	B4H1RD			B4H1RD	Physician diagnosed arthritis	
1s	J2Q1S	B4H1S	緑内障	BioMH1s	B4H1S	Ever had glaucoma	Glaucoma
	J2Q1SD	B4H1SD			B4H1SD	Physician diagnosed glaucoma	
1t	J2Q1T	B4H1T	肝硬変/肝疾患	BioMH1t	B4H1T	Ever had cirrhosis/liver disease	Cirrhosis/liver disease
	J2Q1TD	B4H1TD			B4H1TD	Physician diagnosed cirrhosis/liver disease	
1u	J2Q1U	B4H1U	アルコール依存症	BioMH1u	B4H1U	Ever had alcoholism	Alcoholism
	J2Q1UD	B4H1UD			B4H1UD	Physician diagnosed alcoholism	
1v	J2Q1V	B4H1V	抑うつ	BioMH1v	B4H1V	Ever had depression	Depression
	J2Q1VD	B4H1VD			B4H1VD	Physician diagnosed depression	
1w	J2Q1W	B4H1W	1993年前の輸血経験	BioMH1w	B4H1W	Ever had blood transfusion before 1993	Blood transfusion before 1993
	J2Q1WD	B4H1WD			B4H1WD	Physician diagnosed blood transfusion before 1993	
1x	J2Q1X		背中か首の慢性的な問題				Chronic back or neck problem
	J2Q1XD						
1y	J2Q1Y		頻繁な、またはひどい頭痛				Frequent or severe headaches
	J2Q1YD						
1z	J2Q1Z		花粉症などの季節的なアレルギー				Seasonal allergies like hay fever
	J2Q1ZD						
1aa	J2Q1AA		パーキンソン病、てんかん、多発性硬化症などの神経学的な問題				Neurological problem like multiple sclerosis, parkinsons
	J2Q1AAD						

MIDJA Biomarker				MIDUS 2 Biomarker			
MIDJA Quest. No	MIDJA SVN	MIDJA in MIDUS	MIDJA_ Question	MIDUS 2 Quest. No.	MIDUS 2 SVN	MIDUS 2SPSS Label	MIDUS 2_ Question or English Translation
1bb	J2Q1BB		HIVまたはエイズの感染				HIV infection or AIDS
	J2Q1BBB						
1cc	J2Q1CC		てんかんや発作				Epilepsy or seizures
	J2Q1CCD						
1dd1	J2Q1EE	B4H1X	その他（具体的に） 1	BioMH1x	B4H1X	Ever had other conditions 1	Other? Please specify:
	J2Q1EED	B4H1XD			B4H1XD	Physician diagnosed other condition 1	
1dd2	J2Q1FF	B4H1Y	その他（具体的に） 2	BioMH1y	B4H1Y	Ever had other conditions 2	Other? Please specify:
	J2Q1FFD	B4H1YD			B4H1YD	Physician diagnosed other condition 2	
	J2QSYMN	B4HSYMN			B4HSYMN	Total # of Symptoms & Chronic Conditions (MIDUS items only)	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSYMX	B4HSYMX			B4HSYMX	Any Symptoms & Chronic Conditions? - Yes/No (MIDUS items only)	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSYMN2					Total # of Symptoms & Chronic Conditions (All MIDJA items)	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSYMX2					Any Symptoms & Chronic Conditions? - Yes/No (All MIDJA items)	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
2	J2Q2	B1PA26	癌にかかったことがありますか。	P1Phone-A26	B1PA26	Ever had cancer	Have you ever had cancer
2a	J2Q2A		あなたは現在癌を治療中ですか、それともよくなっているところですか、それとも既に回復していますか				Are you currently in treatment for your cancer, in remission or has it been cured?
	J2Q2A2	B1PA29		P1Phone-A29	B1PA29	Cancer treatment/therapy currently	Are you currently using any type of treatment or therapy for cancer? Yes/No (Note this is a constructed variable for MIDJA. See Documentation of Scales and Constructed Variables for MIDJA Biomarker)
2b1	J2Q2B1	B1PA28A	乳癌	P1Phone-A28a	B1PA28A	Breast cancer ever	What type of cancer have you had: Breast cancer?
2b2	J2Q2B2	B1PA28C	結腸癌	P1Phone-A28c	B1PA28C	Colon cancer ever	What type of cancer have you had: Colon or Rectal cancer? (NOTE: MIDJA only asks about Colon cancer)
2b3	J2Q2B3	B1PA28D	肺癌	P1Phone-A28d	B1PA28D	Lung cancer ever	What type of cancer have you had: Lung cancer?
2b4	J2Q2B4	B1PA28E	リンパ腫または白血病	P1Phone-A28e	B1PA28E	Lymphoma/leukemia ever	What type of cancer have you had: Lymphoma or leukemia?
2b5	J2Q2B5	B1PA28G	前立腺癌	P1Phone-A28g	B1PA28G	Prostate cancer ever	What type of cancer have you had: Prostate cancer?
2b6	J2Q2B6	B1PA28H	皮膚癌（黒腫）	P1Phone-A28h	B1PA28H	Skin cancer/melanoma ever	What type of cancer have you had: Skin cancer (Melanoma)?
2b7	J2Q2B7	B1PA28I	子宮体癌	P1Phone-A28i	B1PA28I	Uterine cancer ever	What type of cancer have you had: Uterine cancer?
2b8	J2Q2B8	B1PA28F	卵巣癌	P1Phone-A28f	B1PA28F	Ovarian cancer ever	What type of cancer have you had: Ovarian cancer?
2b9	J2Q2B9	B1PA28B	子宮頸管癌	P1Phone-A28b	B1PA28B	Cervical cancer ever	What type of cancer have you had: Cervical cancer?
2b10	J2Q2B10	B1PA28J	その他（具体的に）	P1Phone-A28J	B1PA28J	Other cancer ever	What type of cancer have you had: Other cancer?
大きな病気、けがについておたずねします				Major Health Events			
3	J2Q3	B4H4	頭部をケガをしたことがありますか	BioMH4	B4H4	Ever had a head injury	Have you ever had a head injury?
	J2Q3AH	B4H4AH	病院に入院しましたか？	BioMH4a	B4H4AH	Hospital overnight for head injury A	Overnight hospital stay required A?
	J2Q3ACEY	B4H4AY	西暦?年	BioMH4a	B4H4AY	Year head injury A occurred	Year head injury A occurred
	J2Q3BH	B4H4BH	病院に入院しましたか？	BioMH4b	B4H4BH	Hospital overnight for head injury B	Hospital overnight for head injury B
	J2Q3BCEY	B4H4BY	西暦?年	BioMH4b	B4H4BY	Year head injury B occurred	Year head injury B occurred
4	J2Q4	B4H5	関節を痛めたことがありますか	BioMH5	B4H5	Ever had a joint injury	Have you ever had a joint injury?
	J2Q4AH	B4H5AH	病院に入院しましたか？	BioMH5a	B4H5AH	Hospital overnight for joint injury A	Hospital overnight for joint injury A
	J2Q4ACEY	B4H5AY	西暦?年	BioMH5a	B4H5AY	Year joint injury A occurred	Year joint injury A occurred
	J2Q4BH	B4H5BH	病院に入院しましたか？	BioMH5b	B4H5BH	Hospital overnight for joint injury B	Hospital overnight for joint injury B

MIDJA Biomarker				MIDUS 2 Biomarker			
MIDJA Quest. No	MIDJA SVN	MIDJA in MIDUS	MIDJA_Question	MIDUS 2 Quest. No	MIDUS 2 SVN	MIDUS 2SPSS Label	MIDUS 2_Question or English Translation
	J2Q4BCEY	B4H5BY	西暦?年	BioMH5b	B4H5BY	Year joint injury B occurred	Year Joint injury B occurred
5	J2Q5	B4H6	交通事故でケガをしたことがありますか	BioMH6	B4H6	Ever injured in a motor vehicle accident	Have you ever been injured in a motor vehicle accident?
	J2Q5AH	B4H6AH	病院に入院しましたか?	BioMH6a	B4H6AH	Hospital overnight for motor vehicle accident A	Hospital overnight for motor vehicle accident A
	J2Q5ACEY	B4H6AY	西暦?年	BioMH6a	B4H6AY	Year motor vehicle accident A occurred	Year motor vehicle accident A occurred
	J2Q5BH	B4H6BH	病院に入院しましたか?	BioMH6b	B4H6BH	Hospital overnight for motor vehicle accident B	Hospital overnight for motor vehicle accident B
	J2Q5BCEY	B4H6BY	西暦?年	BioMH6b	B4H6BY	Year motor vehicle accident B occurred	Year motor vehicle accident B occurred
6	J2Q6	B4H8	上記以外のケガ、病気、あるいは健康問題で入院したことがありますか	BioMH8	B4H8	Ever had other major injuries/illnesses	Have you had any other major injuries, illnesses, or other health events that may or may not have required hospitalization?
6a	J2Q6AH	B4H8AH	病院に入院しましたか?	BioMH8a	B4H8AH	Hospital overnight for other injury/illness A	Hospital overnight for other injury/illness A
	J2Q6ACEY	B4H8AY	西暦?年	BioMH8a	B4H8AY	Year other injury/illness A occurred	Year other injury/illness A occurred
6b	J2Q6BH	B4H8BH	病院に入院しましたか?	BioMH8b	B4H8BH	Hospital overnight for other injury/illness B	Hospital overnight for other injury/illness B
	J2Q6BCEY	B4H8BY	西暦?年	BioMH8b	B4H8BY	Year other injury/illness B occurred	Year other injury/illness B occurred
あなたの睡眠についておたずねします				Sleep Assessment			
7	J2Q7	B4S1	過去 1 ヶ月間において、通常何時ごろ寝床につきましたか:午前,午後	BioPSQ1	B4S1	Usual bed time	During the past month, when have you usually gone to bed at night?
8	J2Q8	B4S2	過去 1 ヶ月間において、寝床についてから眠るまでどれくらい時間を要しましたか	BioPSQ2	B4S2	Minutes to fall asleep	During the past month, how long (in minutes) has it taken you to fall asleep at night?
9	J2Q9	B4S3	過去 1 ヶ月間において、通常何時ごろ起床しましたか:午前,午後	BioPSQ3	B4S3	Usual getting up time	During the past month, when have you usually gotten up in the morning?
10	J2Q10H		睡眠時間 1 日平均: 時間	BioPSQ4	B4S4	Hours of sleep a night: hours	During the past month, how many hours of actual sleep did you get at night (this may be different than the number of hours you spend in bed).
	J2Q10M		睡眠時間 1 日平均: 分			Hours of sleep a night: minutes	
11			過去 1 ヶ月間において、どれくらいの頻度で、以下の理由のために睡眠が困難でしたか? 最もあてはまる数字に 1 つずつ○をつけてください				During the past month, how often have you had trouble sleeping because you...
11a	J2Q11A	B4S11A	寝床についてから 30 分以内に眠ることができなかったため	BioPSQ11a	B4S11A	Sleep trouble could not sleep	Could not get to sleep within 30 minutes
11b	J2Q11B	B4S11B	夜中または早朝に目が覚めたため	BioPSQ11b	B4S11B	Sleep trouble woke up	Woke up in the middle of the night or early in the morning
11c	J2Q11C	B4S11C	トイレに起きたため	BioPSQ11c	B4S11C	Sleep trouble had to use bathroom	Had to get up to use bathroom
11d	J2Q11D	B4S11D	息苦しかったため	BioPSQ11d	B4S11D	Sleep trouble could not breathe	Could not breath comfortably
11e	J2Q11E	B4S11E	咳が出たり、大きないびきをかいいたため	BioPSQ11e	B4S11E	Sleep trouble coughed and snored	Coughed and snored
11f	J2Q11F	B4S11F	ひどく寒く感じたため	BioPSQ11f	B4S11F	Sleep trouble felt too cold	Felt too cold
11g	J2Q11G	B4S11G	ひどく暑く感じたため	BioPSQ11g	B4S11G	Sleep trouble felt too hot	Felt too hot
11h	J2Q11H	B4S11H	悪い夢を見たため	BioPSQ11h	B4S11H	Sleep trouble had bad dreams	Had bad dreams
11i	J2Q11I	B4S11I	痛みがあったため	BioPSQ11i	B4S11I	Sleep trouble had pain	Had pain
11j	J2Q11J	B4S11J	その他の理由のため	BioPSQ11j	B4S11J	Sleep trouble other reasons	Other reason(s)
12	J2Q12	B4S5	過去 1 ヶ月間において、ご自分の睡眠の質を全体として、どのように評価しますか?	BioPSQ5	B4S5	Sleep quality overall	During the past month, how would you rate your sleep quality overall?
13	J2Q13	B4S6	過去 1 ヶ月間において、物事をやり遂げるのに必要な意欲を持続するうえで、どのくらい問題がありましたか?	BioPSQ6	B4S6	Keep up enough enthusiasm	During the past month, how much of a problem has it been for you to keep up enough enthusiasm to get things done?
14	J2Q14	B4S7	過去 1 ヶ月間において、どのくらいの頻度で、眠るために薬を服用しましたか? (医師から処方された薬あるいは薬局で買った薬)	BioPSQ7	B4S7	Taken medicine to sleep	During the past month, how often have you taken medicine (prescribed or "over the counter") to help you sleep?
15	J2Q15	B4S8	過去 1 ヶ月間において、どのくらいの頻度で、車の運転中や食事中や社会活動中など眠ってはいけない時に、起きていられなくなり困ったことがありましたか?	BioPSQ8	B4S8	Trouble staying awake	During the past month, how often have you had trouble staying awake while driving, eating meals, or engaging in social activity?
16	J2Q16		過去 1 ヶ月間において、昼間に眠気を感じる事が、どのくらいありましたか?				During the past month, how often have you felt sleepy during the day?
	J2QSQ_S1	B4SSQ_S1			B4SSQ_S1	SLEEP Component 1 - Subjective Sleep Quality	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSQ_S2	B4SSQ_S2			B4SSQ_S2	SLEEP Component 2 - Sleep Latency	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker

MIDJA Biomarker				MIDUS 2 Biomarker			
MIDJA Quest. No	MIDJA SVN	MIDJA in MIDUS	MIDJA_ Question	MIDUS 2 Quest. No.	MIDUS 2 SVN	MIDUS 2SPSS Label	MIDUS 2_ Question or English Translation
	J2QSQ_S3	B4SSQ_S3			B4SSQ_S3	SLEEP Component 3 - Sleep Duration	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSQ_S4	B4SSQ_S4			B4SSQ_S4	SLEEP Component 4 - Habitual Sleep Efficiency	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSQ_S5	B4SSQ_S5			B4SSQ_S5	SLEEP Component 5 - Sleep Disturbances Range	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSQ_S6	B4SSQ_S6			B4SSQ_S6	SLEEP Component 6 - Use of Sleeping Medication	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSQ_S7	B4SSQ_S7			B4SSQ_S7	SLEEP Component 7 - Daytime Dysfunction	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSQ_GS	B4SSQ_GS			B4SSQ_GS	SLEEP: Global Score	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
慢性的な痛みについておたずねします				Chronic Pain Assessment			
17	J2Q17	B1SA15	慢性的な痛みをお持ちでしょうか。ここでいう慢性的な痛みとは通常の治療期間を超えて、少なくとも数カ月から何年も続いているものです	P1SAQ1-A15	B1SA15	Have chronic pain	Do you have chronic pain, that is do you have pain that persists beyond the time of normal healing and has lasted anywhere from a few months to many years?
18	J2Q18	B1SA16	この一週間で、痛みによって普段の活動が妨げられたことがありましたか。「まったく妨げられなかった」を0、「とても妨げられた」を10として、0から10であてはまる数字に○をつけてください。	P1SAQ1-A16	B1SA16	Pain interfered with general activity past week	On a scale of 0 to 10, circle the number below that best describes how much, during the past week, your pain interfered with your general activity.
19	J2Q19	B1SA17	この一週間で、痛みによって気分が妨げられたことがありましたか。「まったく妨げられなかった」を0、「とても妨げられた」を10として、0から10であてはまる数字に○をつけてください。	P1SAQ1-A17	B1SA17	Pain interfered with mood past week	On a scale of 0 to 10, circle the number below that best describes how much, during the past week, your pain interfered with your mood.
20	J2Q20	B1SA18	この一週間で、痛みによって人間関係が妨げられたことがありましたか。「まったく妨げられなかった」を0、「とても妨げられた」を10として、0から10であてはまる数字に○をつけてください。	P1SAQ1-A18	B1SA18	Pain interfered with relationships past week	On a scale of 0 to 10, circle the number below that best describes how much, during the past week, your pain interfered with your relations with other people.
21	J2Q21	B1SA19	この一週間で、痛みによって睡眠が妨げられたことがありましたか。「まったく妨げられなかった」を0、「とても妨げられた」を10として、0から10であてはまる数字に○をつけてください。	P1SAQ1-A19	B1SA19	Pain interfered with sleep past week	On a scale of 0 to 10, circle the number below that best describes how much, during the past week, your pain interfered with your sleep.
22	J2Q22	B1SA20	この一週間で、痛みによって人生の楽しみが妨げられましたか。「まったく妨げられなかった」を0、「とても妨げられた」を10として、0から10であてはまる数字に○をつけてください	P1SAQ1-A20	B1SA20	Pain interfered with enjoyment of life past week	On a scale of 0 to 10, circle the number below that best describes how much, during the past week, your pain interfered with your enjoyment of life.
23			あなたの痛みは主にどの部分にありますか。あてはまる全てのものの□にチェックをつけてください				Where is your pain primarily located?
23a	J2Q23A	B1SA21A	頭部	P1SAQ1-A21a	B1SA21A	Pain primary location: Head	Head
23b	J2Q23B	B1SA21B	首	P1SAQ1-A21b	B1SA21B	Pain primary location: Neck	Neck
23c	J2Q23C	B1SA21C	背中	P1SAQ1-A21c	B1SA21C	Pain primary location: Back	Back
23d	J2Q23D	B1SA21D	肩	P1SAQ1-A21d	B1SA21D	Pain primary location: Shoulders	Shoulders
23e	J2Q23E	B1SA21E	腕/手	P1SAQ1-A21e	B1SA21E	Pain primary location: Arms/Hands	Arms/Hands
23f	J2Q23F	B1SA21F	腰	P1SAQ1-A21f	B1SA21F	Pain primary location: Hips	Hips
23g	J2Q23G	B1SA21G	脚/足	P1SAQ1-A21g	B1SA21G	Pain primary location: Legs/Feet	Legs/Feet
23h	J2Q23H	B1SA21H	ひざ	P1SAQ1-A21h	B1SA21H	Pain primary location: Knees	Knees
23i	J2Q23I	B1SA21I	その他	P1SAQ1-A21i	B1SA21I	Pain primary location: Other	Other
24	J2Q24	B1SA22	これらの痛みについて、医師、またはその他の医療機関で相談したことがありますか。	P1SAQ1-A22	B1SA22	Seen physician about pain	Have you seen a physician or other health care professional about this?
食生活についておたずねします				Chronic Pain Assessment			
26	J2Q26	B4H16	特別な食事制限をしていますか。	BioMH16	B4H16	Follow a special diet	Do you follow a special diet?
27a	J2Q27A	B4H17AF B4H17AT	平均して、以下の摂取量はどのくらいですか:牛乳 (200 ml. = 1 杯)	BioMH17a	B4H17AF B4H17AT	Number of servings of milk (8oz)	Please estimate your daily calcium intake - a. Milk ____# of servings (1 serving= 8oz= 200ml)

MIDJA Biomarker				MIDUS 2 Biomarker			
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27b	J2Q27B	B4H17BF B4H17BT	平均して、以下の摂取量はどのくらいですか:ヨーグルト(150g. = 小さいカップ1個分)	BioMH17b	B4H17BF B4H17BT	Number of servings of yogurt (8oz)	Please estimate your daily calcium intake - b. Yogurt ____# of servings (1 serving= 8oz= 150g)
27c	J2Q27C		平均して、以下の摂取量はどのくらいですか:小魚(小さい1 = 1杯)				In general how many servings do you consume of - c. Small Fish ____# of servings (1 serving=1 table spoon)
28a	J2Q28A	B4H18BF B4H18BT	普段、以下の飲み物をどのくらい飲みますか。「1杯」は、だいたいコップ1杯 (200ml) として考えてください:カフェインを含む緑茶・紅茶	BioMH18b	B4H18BF B4H18BT	Number of servings of tea	On an average DAY, how many 8 ounce (200 ml) cups or glasses do you drink of - b. Tea with caffeine
28b	J2Q28B		普段、以下の飲み物をどのくらい飲みますか。「1杯」は、だいたいコップ1杯 (200ml) として考えてください:その他カフェインを含まないお茶				In general how many 200 ml servings do you drink of -Decaffeinated Tea (e.g. barley tea, herbal tea, black bean tea)?
28c	J2Q28C	B4H18AF B4H18AT	普段、以下の飲み物をどのくらい飲みますか。「1杯」は、だいたいコップ1杯 (200ml) として考えてください:コーヒー	BioMH18a	B4H18AF B4H18AT	Number of servings of coffee	On an average DAY, how many 8 ounce (200 ml) cups or glasses do you drink of - a. Coffee with caffeine
28d	J2Q28D	B4H18CF B4H18CT	普段、以下の飲み物をどのくらい飲みますか。「1杯」は、だいたいコップ1杯 (200ml) として考えてください:その他カフェインを含む飲み物	BioMH18c	B4H18CF B4H18CT	Number of servings of other caffeine beverages	On an average DAY, how many 8 ounce (200 ml) cups or glasses do you drink of - c. Other beverages with caffeine (e.g. Coke)
29	J2Q29	B4H19	一日平均して、お水をどのくらい飲みますか。「1杯」は、だいたいコップ1杯 (200ml) として考えてください	BioMH19	B4H19	Average day, # glasses of water/day	On an average DAY, how many glasses of water do you drink (1 glass= 8 oz = 200ml)?
30	J2Q30	B4H20	一日平均して、糖分の入った飲み物をどのくらい飲みますか。例えば、ソーダ、スポーツ飲料、果物ジュースなどを含みます	BioMH20	B4H20	Average day, # sugared beverages/day	On an average DAY, how many sugared beverages do you drink (e.g. soda, sports drinks, bottled drinks, fruit drinks)?
31	J2Q31	B4H21(split)	一日平均して、野菜を何品目とりますか。100%野菜ジュースも含みます	BioMH21	B4H21(split)	Average day, # kinds (servings) of fruit and vegetables	On an average DAY how many kinds (servings) of fruit and vegetables do you eat (include 100% juice)? (Note: This item was split into 2 separate questions for MIDJA)
32	J2Q32		一日平均して、果物を何品目とりますか。100%果物ジュースも含みます				
33	J2Q33	B4H22	一日平均して、穀物を何品目とりますか。穀物は、お米、玄米、全粒粉パン、全粒シリアル、十割そばなどを含みます	BioMH22	B4H22	Average day, # servings whole grain	On an average DAY how many servings of whole grain do you eat (e.g. rice, brown rice, wholegrain bread, whole wheat cereal, whole wheat soba noodle)?
34a	J2Q34A	B4H23A	一週間平均して、どのくらいの頻度で以下の食品をとりますか:魚(例えば、まぐろ、サーモン、サバ、ウナギなど)	BioMH23a	B4H23A	Average week, # times eat ocean fish	In an average WEEK, how often do you eat fish? (tuna, salmon, mackerel,eel)?
34b	J2Q34B	B4H23B	一週間平均して、どのくらいの頻度で以下の食品をとりますか:牛肉あるいは高脂肪の肉(例えば、フライドチキン、リブ、ソーセージなど)	BioMH23b	B4H23B	Average week, # times eat beef/high fat meat	In an average WEEK, how often do you eat beef or high fat meat (e.g. fried chicken, ribs, sausage)?
34c	J2Q34C	B4H23C	一週間平均して、どのくらいの頻度で以下の食品をとりますか:脂肪のない赤身肉、脂肪の少ない肉(例えば、ささみ、鶏肉、脂肪の少ない豚肉)	BioMH23c	B4H23C	Average week, # times eat lean meat	In an average WEEK, how often do you eat lean Meat (white meat chicken or poultry, lean beef or pork)?
34d	J2Q34D	B4H23D	一週間平均して、どのくらいの頻度で以下の食品をとりますか:魚や肉以外のタンパク質の食物(例えば、卵、豆腐、大豆またはその他の豆類、ナッツまたはナッツバターなど)	BioMH23d	B4H23D	Average week, # times eat non-meat protein	In an average WEEK, how often do you eat non-Meat protein foods (e.g. eggs, tofu, seitan, soy or other bean/legumes, nuts, or nut butters)?
35	J2Q35	B4H24	一週間平均して、どのくらいの頻度でファーストフード店の外食や、テイクアウト (お持ち帰り)、あるいは出前で食事をとりますか	BioMH24	B4H24	Average week, # times eat fast food	In an average WEEK, how often do you eat at a fast food restaurant or order food for takeout or delivery
人生におけるできごとについておたずねします				Major Life Events			
36	J2Q36	B4H52	2008年にMIDJAアンケートでお答え頂いた後、婚姻状況は現在も変わっていませんか	BioMH52	B4H52	Marital status same at P1 interview	Is your marital status still the same?
37	J2Q37M	B4H54	関係が変わったのはいつですか:年	BioMH54	B4H54M, B4H54Y	Month marital status changed, marital status changed	Year When did your marital status change?
	J2Q37Y		関係が変わったのはいつですか:月				
			関係が変わったのはいつですか:日				
38	J2Q38	B4H55	現在の関係は以下のどれにあてはまりますか	BioMH55	B4H55	Current marital status	What is your current marital status?
	J2QMARR	B4HMARR			B4HMARR	Biomarker marital status	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
39	J2Q39	B4H56	次に、同じく2008年にMIDJAアンケートに記入した後、親しい方、親友、親類は他界されましたか	BioMH56	B4H56	Anyone close passed away since MIDJA survey	Has anyone (else) close to you, a close friend or relative, passed away since we last interviewed you?
	J2Q39AG	B4H56AG	性別		B4H56AG	Gender of person A who passed away	a. Gender

MIDJA Biomarker				MIDUS 2 Biomarker			
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39a	J2Q39AG	B4H56AG	いつお亡くなりになりましたか?月	BioMH56a	B4H56AG	Gender of person A who passed away	a. Gender
	J2Q39AM	B4H56AM	いつお亡くなりになりましたか?月		B4H56AM	Month person A died	a. Date of death: Month
	J2Q39AY	B4H56AY	いつお亡くなりになりましたか?年		B4H56AY	Year person A died	a. Date of death: Year
39b	J2Q39BG	B4H56BG	性別	BioMH56b	B4H56BG	Gender of person B who passed away	b. Gender
	J2Q39BM	B4H56BM	いつお亡くなりになりましたか?月		B4H56BM	Month person B died	b. Date of death: Month
	J2Q39BY	B4H56BY	いつお亡くなりになりましたか?年		B4H56BY	Year person B died	b. Date of death: Year
39c	J2Q39CG	B4H56CG	性別	BioMH56c	B4H56CG	Gender of person C who passed away	c. Gender
	J2Q39CM	B4H56CM	いつお亡くなりになりましたか?月		B4H56CM	Month person C died	c. Date of death: Month
	J2Q39CY	B4H56CY	いつお亡くなりになりましたか?年		B4H56CY	Year person C died	c. Date of death: Year
40			あなたの子ども時代、または10代だった頃についておたずねします。下に書かれたことを経験したことがあれば、□にチェックをつけてください。□にチェックをつけた項目については、その経験したのが何歳でしたか。また、その経験はどのくらいあなたに影響を与えましたか。経験した直後の影響と長い期間での影響、両方についてあてはまる番号に○をつけてください。				The following questions are about experiences you may have had as CHILD or TEEN-AGER. Check the appropriate boxes next to any of the following experiences you have had. For those you checked, indicate how old you were, and if it affected you, positively or negatively, both initially, and in the long run.
40a	J2Q40A	B1SE11A	学校で同じ学年をくりかえした(落第した)	P1SAQ1-E11a	B1SE11A	Ever repeated school year	Repeated year of school
	J2Q40A1	B1SE11A1	それは何歳のときでしたか? _____ 歳		B1SE11A1	Age repeated school year	Repeated year of school: At what age(s) did this happen?
	J2Q40A3	B1SE11A3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11A3	Repeated school year effect (initial)	Repeated year of school: How did this affect you, initially?
	J2Q40A4	B1SE11A4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11A4	Repeated school year effect (long-run)	Repeated year of school: How did this affect you, in the long run?
40b	J2Q40B	B1SE11B	何か悪いことをしたので、家とは違うところに送られた	P1SAQ1-E11b	B1SE11B	Ever sent away from home	Sent away from home because you did something wrong
	J2Q40B1	B1SE11B1	それは何歳のときでしたか? _____ 歳		B1SE11B1	R's age sent away from home	Sent away from home: At what age(s) did this happen?
	J2Q40B3	B1SE11B3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11B3	Sent away from home effect (initial)	Sent away from home: How did this affect you, initially?
	J2Q40B4	B1SE11B4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11B4	Sent away from home effect (long-run)	Sent away from home: How did this affect you, in the long run?
40c	J2Q40C	B1SE11C	父親または母親が働きたいと思っているのに仕事なかった	P1SAQ1-E11c	B1SE11C	Ever had parent out of job	Father or mother did not have a job when they wanted to be working
	J2Q40C1	B1SE11C1	それは何歳のときでしたか? _____ 歳		B1SE11C1	R's age had parent out of job	Parent out of job : At what age(s) did this happen?
	J2Q40C3	B1SE11C3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11C3	Parent out of job effect (initial)	Parent out of job : How did this affect you, initially?
	J2Q40C4	B1SE11C4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11C4	Parent out of job effect (long-run)	Parent out of job : How did this affect you, in the long run?
40d	J2Q40D	B1SE11D	親(父か母、または両方)がしょっちゅう酔っ払っていて、問題をおこした	P1SAQ1-E11d	B1SE11D	Ever parent drank caused problems	One or both parents drank so often it caused problems
	J2Q40D1	B1SE11D1	それは何歳のときでしたか? _____ 歳		B1SE11D1	R's ge parent drank caused problems	Parent drank problems : At what age(s) did this happen?
	J2Q40D3	B1SE11D3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11D3	Parent drank problems effect (initial)	Parent drank problems : How did this affect you, initially?
	J2Q40D4	B1SE11D4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11D4	Parent drank problems effect (long-run)	Parent drank problems : How did this affect you, in the long run?
40e	J2Q40E	B1SE11E	親(父か母、または両方)がしょっちゅう薬をつかっていて、問題をおこした	P1SAQ1-E11e	B1SE11E	Ever parent drugs caused problems	One or both parents used drugs so often it regularly caused problems
	J2Q40E1	B1SE11E1	それは何歳のときでしたか? _____ 歳		B1SE11E1	R's age parent drugs caused problems	Parent drug problems : At what age(s) did this happen?
	J2Q40E3	B1SE11E3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11E3	Parent drug problems effect (initial)	Parent drug problems : How did this affect you, initially?
	J2Q40E4	B1SE11E4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11E4	Parent drug problems effect (long-run)	Parent drug problems : How did this affect you, in the long run?
40f	J2Q40F	B1SE11F	学校を途中でやめた	P1SAQ1-E11f	B1SE11F	Ever dropped out of school	Dropped out of school
	J2Q40F1	B1SE11F1	それは何歳のときでしたか? _____ 歳		B1SE11F1	R's age dropped out of school	Dropped out of school: At what age(s) did this happen?
	J2Q40F3	B1SE11F3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11F3	Dropped out of school effect (initial)	Dropped out of school: How did this affect you, initially?

MIDJA Biomarker				MIDUS 2 Biomarker			
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40g	J2Q40F4	B1SE11F4	このことはどのくらいあなたに影響しましたか？ 長い期間	P1SAQ1-E11g	B1SE11F4	Dropped out of school effect (long-run)	Dropped out of school: How did this affect you, in the long run?
	J2Q40G	B1SE11G	退学処分を受けたり、停学になったりした		B1SE11G	Ever suspended/expelled from school	Expelled or suspended from school
	J2Q40G1	B1SE11G1	それは何歳のときでしたか？ _____ 歳		B1SE11G1	R's age suspended/expelled from school	Suspended/expelled : At what age(s) did this happen?
	J2Q40G3	B1SE11G3	このことはどのくらいあなたに影響しましたか？ 直後		B1SE11G3	Suspended/expelled effect (initial)	Suspended/expelled : How did this affect you, initially?
	J2Q40G4	B1SE11G4	このことはどのくらいあなたに影響しましたか？ 長い期間		B1SE11G4	Suspended/expelled effect (long-run)	Suspended/expelled : How did this affect you, in the long run?
			あなたが今まで経験したことについてのものです。 下にかかれたことを経験したことがあれば、□にチェックをつけてください。 □にチェックをつけた項目については、その経験したのが何歳でしたか。また、その経験はどのくらいあなたに影響を与えましたか。経験した直後の影響と長い期間での影響、両方についてあてはまる番号に○をつけてください。				The following questions are about experiences you may have had at ANYTIME. Check the appropriate boxes next to any of the following experiences you have had. For those you checked, indicate how old you were, and if it affected you, positively or negatively, both initially, and in the long run.
41h	J2Q41H	B1SE11H	成績不良で退学になった	P1SAQ1-E11h	B1SE11H	Ever flunked out of school	Flunked out of school
	J2Q41H1	B1SE11H1	それは何歳のときでしたか？ _____ 歳		B1SE11H1	R's age flunked out of school	Flunked out of school : At what age(s) did this happen?
	J2Q41H3	B1SE11H3	このことはどのくらいあなたに影響しましたか？ 直後		B1SE11H3	Flunked out of school effect (initial)	Flunked out of school : How did this affect you, initially?
	J2Q41H4	B1SE11H4	このことはどのくらいあなたに影響しましたか？ 長い期間		B1SE11H4	Flunked out of school effect (long-run)	Flunked out of school : How did this affect you, in the long run?
41i	J2Q41I	B1SE11I	仕事を解雇された	P1SAQ1-E11i	B1SE11I	Ever fired from a job	Fired from a job
	J2Q41I1	B1SE11I1	それは何歳のときでしたか？ _____ 歳		B1SE11I1	R's age fired from a job	Fired from a job: At what age(s) did this happen?
	J2Q41I3	B1SE11I3	このことはどのくらいあなたに影響しましたか？ 直後		B1SE11I3	Fired from a job effect (initial)	Fired from a job: How did this affect you, initially?
	J2Q41I4	B1SE11I4	このことはどのくらいあなたに影響しましたか？ 長い期間		B1SE11I4	Fired from a job effect (long-run)	Fired from a job: How did this affect you, in the long run?
41j	J2Q41J	B1SE11J	自分が仕事をしなくても長い間仕事がなかった	P1SAQ1-E11j	B1SE11J	Ever no job for long time	Did not have a job for a long time when you wanted to be working
	J2Q41J1	B1SE11J1	それは何歳のときでしたか？ _____ 歳		B1SE11J1	R's age no job for long time	No job for long time: At what age(s) did this happen?
	J2Q41J3	B1SE11J3	このことはどのくらいあなたに影響しましたか？ 直後		B1SE11J3	No job for long time effect (initial)	No job for long time: How did this affect you, initially?
	J2Q41J4	B1SE11J4	このことはどのくらいあなたに影響しましたか？ 長い期間		B1SE11J4	No job for long time effect (long-run)	No job for long time: How did this affect you, in the long run?
41k	J2Q41K	B1SE11K	親（父か母、または両方）の死	P1SAQ1-E11k	B1SE11K	Ever parent died	A parent died
	J2Q41K1	B1SE11K1	それは何歳のときでしたか？ _____ 歳		B1SE11K1	R's age parent died	Parent died : At what age(s) did this happen?
	J2Q41K3	B1SE11K3	このことはどのくらいあなたに影響しましたか？ 直後		B1SE11K3	Parent died effect (initial)	Parent died : How did this affect you, initially?
	J2Q41K4	B1SE11K4	このことはどのくらいあなたに影響しましたか？ 長い期間		B1SE11K4	Parent died effect (long-run)	Parent died: How did this affect you, in the long run?
41l	J2Q41L	B1SE11L	両親の離婚	P1SAQ1-E11l	B1SE11L	Ever parents divorced	Parents divorced
	J2Q41L1	B1SE11L1	それは何歳のときでしたか？ _____ 歳		B1SE11L1	R's age parents divorced	Parents divorced: At what age(s) did this happen?
	J2Q41L3	B1SE11L3	このことはどのくらいあなたに影響しましたか？ 直後		B1SE11L3	Parents divorced effect (initial)	Parents divorced: How did this affect you, initially?
	J2Q41L4	B1SE11L4	このことはどのくらいあなたに影響しましたか？ 長い期間		B1SE11L4	Parents divorced effect (long-run)	Parents divorced: How did this affect you, in the long run?
41m	J2Q41M	B1SE11M	配偶者またはパートナーが不貞をはたらいた	P1SAQ1-E11m	B1SE11M	Ever SP engaged in infidelity	Spouse/partner engaged in (marital) infidelity
	J2Q41M1	B1SE11M1	それは何歳のときでしたか？ _____ 歳		B1SE11M1	R's age SP engaged in infidelity	SP infidelity : At what age(s) did this happen?
	J2Q41M3	B1SE11M3	このことはどのくらいあなたに影響しましたか？ 直後		B1SE11M3	SP infidelity effect (initial)	SP infidelity : How did this affect you, initially?
	J2Q41M4	B1SE11M4	このことはどのくらいあなたに影響しましたか？ 長い期間		B1SE11M4	SP infidelity effect (long-run)	SP infidelity : How did this affect you, in the long run?
41n	J2Q41N	B1SE11N	親せきとのトラブル	P1SAQ1-E11n	B1SE11N	Ever significant in-law difficulties	Significant difficulties with in-laws
	J2Q41N1	B1SE11N1	それは何歳のときでしたか？ _____ 歳		B1SE11N1	R's age significant in-law difficulties	Signif in-law difficult : At what age(s) did this happen?
	J2Q41N3	B1SE11N3	このことはどのくらいあなたに影響しましたか？ 直後		B1SE11N3	Signif in-law difficult effect (initial)	Signif in-law difficult : How did this affect you, initially?
	J2Q41N4	B1SE11N4	このことはどのくらいあなたに影響しましたか？ 長い期間		B1SE11N4	Signif in-law difficult effect (long-run)	Signif in-law difficult : How did this affect you, in the long run?

MIDJA Biomarker				MIDUS 2 Biomarker			
MIDJA Quest. No	MIDJA SVN	MIDJA in MIDUS	MIDJA_ Question	MIDUS 2 Quest. No.	MIDUS 2 SVN	MIDUS 2SPSS Label	MIDUS 2_ Question or English Translation
41o	J2Q41O	B1SE11O	きょうだいの死	P1SAQ1-E11o	B1SE11O	Ever sibling died	Brother or sister died
	J2Q41O1	B1SE11O1	それは何歳のときでしたか? _____ 歳		B1SE11O1	R's age sibling died	Sibling died : At what age(s) did this happen?
	J2Q41O3	B1SE11O3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11O3	Sibling died effect (initial)	Sibling died : How did this affect you, initially?
	J2Q41O4	B1SE11O4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11O4	Sibling died effect (long-run)	Sibling died : How did this affect you, in the long run?
41p	J2Q41P	B1SE11P	子どもの死	P1SAQ1-E11p	B1SE11P	Ever child died	Child died
	J2Q41P1	B1SE11P1	それは何歳のときでしたか? _____ 歳		B1SE11P1	R's age child died	Child died: At what age(s) did this happen?
	J2Q41P3	B1SE11P3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11P3	Child died effect (initial)	Child died: How did this affect you, initially?
	J2Q41P4	B1SE11P4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11P4	Child died effect (long-run)	Child died: How did this affect you, in the long run?
41q	J2Q41Q	B1SE11Q	子どもが命に関わる事故に合い、けがをした	P1SAQ1-E11q	B1SE11Q	Ever child experienced life-threatening accident/injury	Child experienced life threatening accident or injury
	J2Q41Q1	B1SE11Q1	それは何歳のときでしたか? _____ 歳		B1SE11Q1	R's age child expernce life-threatening	Child life-threatening: At what age(s) did this happen?
	J2Q41Q3	B1SE11Q3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11Q3	Child life-threatening effect (initial)	Child life-threatening: How did this affect you, initially?
	J2Q41Q4	B1SE11Q4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11Q4	Child life-threatening effect (long-run)	Child life-threatening: How did this affect you, in the long run?
41r	J2Q41R	B1SE11R	火事や洪水、自然災害などによって家を失った	P1SAQ1-E11r	B1SE11R	Ever lost home to fire/flood/etc	Lost your home to fire, flood, natural disaster, etc.
	J2Q41R1	B1SE11R1	それは何歳のときでしたか? _____ 歳		B1SE11R1	R's age lost home to fire/flood/etc	Lost home fire/flood: At what age(s) did this happen?
	J2Q41R3	B1SE11R3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11R3	Lost home fire/flood effect (initial)	Lost home fire/flood: How did this affect you, initially?
	J2Q41R4	B1SE11R4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11R4	Lost home fire/flood effect (long-run)	Lost home fire/flood: How did this affect you, in the long run?
41s	J2Q41S	B1SE11S	身体的暴行や攻撃をうけた	P1SAQ1-E11s	B1SE11S	Ever physically assaulted	Physically assaulted or attacked
	J2Q41S1	B1SE11S1	それは何歳のときでしたか? _____ 歳		B1SE11S1	R's age physically assaulted	Physically assaulted : At what age(s) did this happen?
	J2Q41S3	B1SE11S3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11S3	Physically assaulted effect (initial)	Physically assaulted : How did this affect you, initially?
	J2Q41S4	B1SE11S4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11S4	Physically assaulted effect (long-run)	Physically assaulted : How did this affect you, in the long run?
41t	J2Q41T	B1SE11T	婦女暴行をうけた (たとえば、強制わいさつやレイプなど)	P1SAQ1-E11t	B1SE11T	Ever sexually assaulted	Sexually assaulted (e.g. forced sexual intercourse or other unwanted sexual contact)
	J2Q41T1	B1SE11T1	それは何歳のときでしたか? _____ 歳		B1SE11T1	R's age sexually assaulted	Sexually assaulted: At what age(s) did this happen?
	J2Q41T3	B1SE11T3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11T3	Sexually assaulted effect (initial)	Sexually assaulted: How did this affect you, initially?
	J2Q41T4	B1SE11T4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11T4	Sexually assaulted effect (long-run)	Sexually assaulted: How did this affect you, in the long run?
41u	J2Q41U	B1SE11U	法的な問題を引き起こした	P1SAQ1-E11u	B1SE11U	Ever serious legal difficult/prison	Serious legal difficulties/prison
	J2Q41U1	B1SE11U1	それは何歳のときでしたか? _____ 歳		B1SE11U1	R's age serious legal difficult/prison	Legal difficult/prison : At what age(s) did this happen?
	J2Q41U3	B1SE11U3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11U3	Legal difficult/prison effect (initial)	Legal difficult/prison : How did this affect you, initially?
	J2Q41U4	B1SE11U4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11U4	Legal difficult/prison effect (long-run)	Legal difficult/prison : How did this affect you, in the long run?
41v	J2Q41V	B1SE11V	刑務所やそれに類するところにこう留された	P1SAQ1-E11v	B1SE11V	Ever jail detention	Detention in jail or comparable institution
	J2Q41V1	B1SE11V1	それは何歳のときでしたか? _____ 歳		B1SE11V1	R's age jail detention	Jail detention : At what age(s) did this happen?
	J2Q41V3	B1SE11V3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11V3	Jail detention effect (initial)	Jail detention : How did this affect you, initially?
	J2Q41V4	B1SE11V4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11V4	Jail detention effect (long-run)	Jail detention : How did this affect you, in the long run?
41w	J2Q41W	B1SE11W	破産勧告をうけた	P1SAQ1-E11w	B1SE11W	Ever bankruptcy declared	Declared bankruptcy
	J2Q41W1	B1SE11W1	それは何歳のときでしたか? _____ 歳		B1SE11W1	R's age bankruptcy declared	Bankruptcy declared : At what age(s) did this happen?
	J2Q41W3	B1SE11W3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11W3	Bankruptcy declared effect (initial)	Bankruptcy declared : How did this affect you, initially?
	J2Q41W4	B1SE11W4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11W4	Bankruptcy declared effect (long-run)	Bankruptcy declared : How did this affect you, in the long run?

MIDJA Biomarker				MIDUS 2 Biomarker			
MIDJA Quest. No	MIDJA SVN	MIDJA in MIDUS	MIDJA_ Question	MIDUS 2 Quest. No.	MIDUS 2 SVN	MIDUS 2SPSS Label	MIDUS 2_ Question or English Translation
41x	J2Q41X	B1SE11X	仕事とは関係のない経済的な損失や不動産の取り上げ	P1SAQ1-E11x	B1SE11X	Ever financial loss unrelated to work	Suffered a financial or property loss unrelated to work
	J2Q41X1	B1SE11X1	それは何歳のときでしたか? _____ 歳		B1SE11X1	R's age financial loss unrelated to work	Finc loss unrelated wrk : At what age(s) did this happen?
	J2Q41X3	B1SE11X3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11X3	Finc loss unrelated wrk effect (initial)	Finc loss unrelated wrk : How did this affect you, initially?
	J2Q41X4	B1SE11X4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11X4	Fin loss unrelated wrk effect (long-run)	Finc loss unrelated wrk : How did this affect you, in the long run?
41y	J2Q41Y	B1SE11Y	生活保護をうけた	P1SAQ1-E11y	B1SE11Y	Ever welfare	Went on welfare
	J2Q41Y1	B1SE11Y1	それは何歳のときでしたか? _____ 歳		B1SE11Y1	R's age welfare	Welfare : At what age(s) did this happen?
	J2Q41Y3	B1SE11Y3	このことはどのくらいあなたに影響しましたか? 直後		B1SE11Y3	Welfare effect (initial)	Welfare : How did this affect you, initially?
	J2Q41Y4	B1SE11Y4	このことはどのくらいあなたに影響しましたか? 長い期間		B1SE11Y4	Welfare effect (long-run)	Welfare : How did this affect you, in the long run?
42	J2Q42	B4H57	2008年MIDJAアンケートに記入した後、あなた、またはあなたの家族や親友が、前の質問以外に良かったことや悪かったことを経験しましたか	BioMH57	B4H57	Other events happened since P1 interview	Are there any other things, either positive or negeative, that have happened to you or your family or close friends since you completed the MIDUS phone interview that stand out in your memory?
42a	J2Q42AM	B4H57A1M	いつ? 月	BioMH57a1	B4H57A1M	Month of other event A	What has happened and when (Event A) Month
	J2Q42AY	B4H57A1Y	いつ? 年		B4H57A1Y	Year of other event A	What has happened and when (Event A) Year
42b	J2Q42BM	B4H57A2M	いつ? 月	BioMH57a2	B4H57A2M	Month of other event B	What has happened and when (Event B) Month
	J2Q42BY	B4H57A2Y	いつ? 年		B4H57A2Y	Year of other event B	What has happened and when (Event B) Year
42c	J2Q42CM	B4H57A3M	いつ? 月	BioMH57a3	B4H57A3M	Month of other event C	What has happened and when (Event C) Month
	J2Q42CY	B4H57A3Y	いつ? 年		B4H57A3Y	Year of other event C	What has happened and when (Event C) Year
43			ここ一週間のあなたの様子についておたずねします。以下に書かれていることを、あなたはどのくらい感じたり、考えたりしましたか。あてはまる番号に○をつけてください				Circle the number that best describes how often you felt or behaved in the following ways during the past week.
43a	J2Q43A	B4Q3A	いつもとはちがったことに悩まされた	BioQ3a	B4Q3A	CESD Unusually bothered by things	I was bothered by things that usually don't bother me.
43b	J2Q43B	B4Q3B	食欲がなく、何も食べなくなかった	BioQ3b	B4Q3B	CESD Appetite was poor	I did not feel like eating; my appetite was poor.
43c	J2Q43C	B4Q3C	友人や家族が心配してくれていても、自分の憂鬱な気分を追い払えなかった	BioQ3c	B4Q3C	CESD Could not shake off blues	I felt that I could not shake off the blues even with the help of my family and friends.
43d	J2Q43D	B4Q3D	私は他の人と変わらないと思った	BioQ3d	B4Q3D	CESD Felt I was as good as others	I felt that I was just as good as other people.
43e	J2Q43E	B4Q3E	自分がすることに集中するのが難しかった	BioQ3e	B4Q3E	CESD Trouble keeping mind on tasks	I had trouble keeping my mind on what I was doing.
43f	J2Q43F	B4Q3F	憂うつだった	BioQ3f	B4Q3F	CESD Felt depressed	I felt depressed.
43g	J2Q43G	B4Q3G	何ををするにも努力が必要だった	BioQ3g	B4Q3G	CESD Everything I did was an effort	I felt that everything I did was an effort.
43h	J2Q43H	B4Q3H	将来に希望があると感じた	BioQ3h	B4Q3H	CESD Hopeful about the future	I felt hopeful about the future.
43i	J2Q43I	B4Q3I	私の人生は失敗だと思った	BioQ3i	B4Q3I	CESD Thought my life had been a failure	I thought my life had been a failure.
43j	J2Q43J	B4Q3J	恐怖を感じた	BioQ3j	B4Q3J	CESD Felt fearful	I felt fearful.
43k	J2Q43K	B4Q3K	ゆっくり眠れなかった	BioQ3k	B4Q3K	CESD Sleep was restless	My sleep was restless.
43l	J2Q43L	B4Q3L	幸せだった	BioQ3l	B4Q3L	CESD I was happy	I was happy.
43m	J2Q43M	B4Q3M	いつもほど話をしなかった	BioQ3m	B4Q3M	CESD I talked less than usual	I talked less than usual.
43n	J2Q43N	B4Q3N	孤独を感じていた	BioQ3n	B4Q3N	CESD I felt lonely	I felt lonely.
43o	J2Q43O	B4Q3O	人々は友好的でなかった	BioQ3o	B4Q3O	CESD People were unfriendly	People were unfriendly.
43p	J2Q43P	B4Q3P	人生を楽しんだ	BioQ3p	B4Q3P	CESD I enjoyed life	I enjoyed life.
43q	J2Q43Q	B4Q3Q	涙がとまらなかった	BioQ3q	B4Q3Q	CESD I had crying spells	I had crying spells.
43r	J2Q43R	B4Q3R	悲しく感じた	BioQ3r	B4Q3R	CESD I felt sad	I felt sad.
43s	J2Q43S	B4Q3S	みんな私のことを嫌いだと感じた	BioQ3s	B4Q3S	CESD I felt that people dislike me	I felt that people dislike me.
43t	J2Q43T	B4Q3T	前に進むことができなかった	BioQ3t	B4Q3T	CESD I could not get going	I could not get "going".
	J2QCESD	B4QCESD			B4QCESD	CESD: Center for Epidemiologic Studies Depression Scale	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker

MIDJA Biomarker				MIDUS 2 Biomarker			
MIDJA Quest. No	MIDJA SVN	MIDJA in MIDUS	MIDJA_ Question	MIDUS 2 Quest. No.	MIDUS 2 SVN	MIDUS 2SPSS Label	MIDUS 2_ Question or English Translation
44			以下のそれぞれの質問は、普段あなたが感じていることとどれくらいあてはまりますか。最もあてはまる番号に○をつけてください。正しい答えも間違った答えもありません。あまり時間をかけずに普段感じているとおりにお答えください				Circle the number that best describes how you <i>generally</i> feel. There are no right or wrong answers. Do not spend too much time on any one statement but give the answer, which seems to describe how you <i>generally</i> feel.
44a	J2Q44A	B4Q7A	楽しい	BioQ7a	B4Q7A	T- ANX Feel pleasant	I feel pleasant.
44b	J2Q44B	B4Q7B	つかれやすい	BioQ7b	B4Q7B	T- ANX Tire quickly	I tire quickly.
44c	J2Q44C	B4Q7C	涙がよくでる	BioQ7c	B4Q7C	T- ANX Feel like crying	I feel like crying.
44d	J2Q44D	B4Q7D	他の人のように幸せだったらなあと思う	BioQ7d	B4Q7D	T- ANX Wish could be happy as others	I wish I could be as happy as others seem to be.
44e	J2Q44E	B4Q7E	考えをすぐにまとめられないので、負けている	BioQ7e	B4Q7E	T- ANX Lose out because slow to decide	I am losing out on things because I can't make up my mind soon enough.
44f	J2Q44F	B4Q7F	休まった感じがする	BioQ7f	B4Q7F	T- ANX Feel rested	I feel rested.
44g	J2Q44G	B4Q7G	穏やかで、冷静、落ち着きがある	BioQ7g	B4Q7G	T- ANX Calm, cool and collected	I am "calm, cool, and collected".
44h	J2Q44H	B4Q7H	問題が山積みで処理しきれない	BioQ7h	B4Q7H	T- ANX Difficulties piling up; cant overcome	I feel that difficulties are piling up so that I cannot overcome them.
44i	J2Q44I	B4Q7I	あまり心配しなくてもよいことを心配しすぎている	BioQ7i	B4Q7I	T- ANX Worry too much over small things	I worry too much over something that really doesn't matter.
44j	J2Q44J	B4Q7J	幸せだ	BioQ7j	B4Q7J	T- ANX I am happy	I am happy.
44k	J2Q44K	B4Q7K	ものごとを難しく考えてしまいがちである	BioQ7k	B4Q7K	T- ANX Inclined to take things hard	I am inclined to take things hard.
44l	J2Q44L	B4Q7L	自信がない	BioQ7l	B4Q7L	T- ANX Lack self-confidence	I lack self-confidence.
44m	J2Q44M	B4Q7M	安らぐ	BioQ7m	B4Q7M	T- ANX Feel secure	I feel secure.
44n	J2Q44N	B4Q7N	危機や困難に向かうことを極力避けている	BioQ7n	B4Q7N	T- ANX Avoid facing crisis or difficulty	I try to avoid facing a crisis or difficulty.
44o	J2Q44O	B4Q7O	憂鬱である	BioQ7o	B4Q7O	T- ANX Feel blue	I feel blue.
44p	J2Q44P	B4Q7P	満たされている	BioQ7p	B4Q7P	T- ANX I am content	I am content.
44q	J2Q44Q	B4Q7Q	大したことではないことが頭をめぐり、悩まされている	BioQ7q	B4Q7Q	T- ANX Unimportant thoughts; bother me	Some unimportant thought runs through my mind and bothers me.
44r	J2Q44R	B4Q7R	強烈に落ち込んだので、しばらく立ち上がれない	BioQ7r	B4Q7R	T- ANX Cant put disappointment out of mind	I take disappointments so keenly that I can't put them out of my mind.
44s	J2Q44S	B4Q7S	しっかりした人間だ	BioQ7s	B4Q7S	T- ANX I am a steady person	I am a steady person.
44t	J2Q44T	B4Q7T	最近の関心や興味を考えると緊張したり動揺したりする	BioQ7t	B4Q7T	T- ANX Tension; think over recent concern	I get in a state of tension or turmoil as I think over my recent concerns and interests.
	J2QTA_AX	B4Q7T_AX			B4Q7T_AX	Spielberger Trait Anxiety Inventory	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
45a	J2Q45A	B4Q6A	私は激しい気性だ	BioQ6a	B4Q6A	T- ANG Fiery temper	I have a fiery temper.
45b	J2Q45B	B4Q6B	私はかっとなりやすい	BioQ6b	B4Q6B	T- ANG Quick tempered	I am quick tempered.
45c	J2Q45C	B4Q6C	私はせっかちな人間だ	BioQ6c	B4Q6C	T- ANG Hotheaded person	I am a hotheaded person.
45d	J2Q45D	B4Q6D	自分のことで間違いを指摘されると、不愉快だ	BioQ6d	B4Q6D	T- ANG Annoyed if singled out & corrected	I get annoyed when I am singled out for correction.
45e	J2Q45E	B4Q6E	他の人の前で批判されると、むっとする	BioQ6e	B4Q6E	T- ANG Furious when criticized publicly	It makes me furious when I am criticized in front of others.
45f	J2Q45F	B4Q6F	他の人のミスで自分のペースが遅くなると、腹がたつ	BioQ6f	B4Q6F	T- ANG Angry if slowed by others mistakes	I get angry when I'm slowed down by others mistakes.
45g	J2Q45G	B4Q6G	よい仕事をしたのに評価が低いと、激怒する	BioQ6g	B4Q6G	T- ANG Infuriated; good job; bad review	I feel infuriated when I do a good job and get a poor evaluation.
45h	J2Q45H	B4Q6H	自分で自分のことを制御できない	BioQ6h	B4Q6H	T- ANG Fly off the handle	I fly off the handle.
45i	J2Q45I	B4Q6I	よい仕事をしたのに認めてもらえないと不愉快に思う	BioQ6i	B4Q6I	T- ANG Annoyed no recognition; good work	I feel annoyed when I am not given recognition for doing good work.
45j	J2Q45J	B4Q6J	自分がいつも正しいと思って人をみると、むっとする	BioQ6j	B4Q6J	T- ANG People think always right irritate me	People who think they are always right irritate me.
45k	J2Q45K	B4Q6K	頭にくると、ひどいことを言う	BioQ6k	B4Q6K	T- ANG Get mad, say nasty things	When I get mad, I say nasty things.
45l	J2Q45L	B4Q6L	イライラする	BioQ6l	B4Q6L	T- ANG Feel irritated	I feel irritated.
45m	J2Q45M	B4Q6M	腹がたつ	BioQ6m	B4Q6M	T- ANG Feel angry	I feel angry.
45n	J2Q45N	B4Q6N	イライラすると、誰かをたたきたくなる	BioQ6n	B4Q6N	T- ANG Get frustrated, feel like hitting	When I get frustrated, I feel like hitting someone.
45o	J2Q45O	B4Q6O	プレッシャーがかかると、血が煮えたぎるようになる	BioQ6o	B4Q6O	T- ANG Blood boils under pressure	It makes my blood boil when I am under pressure.
	J2QTA_AG	B4QTA_AG			B4QTA_AG	Spielberger Trait Anger Inventory	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QTA_AT	B4QTA_AT			B4QTA_AT	Spielberger Trait Anger: Angry Temperament	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker

MIDJA Biomarker				MIDUS 2 Biomarker			
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	J2QTA_AR	B4QTA_AR			B4QTA_AR	Spielberger Anger: Angry Reaction	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
46			ここヶ月間でのあなたが経験したことについておたずねします。それぞれのくらの回数を経験しましたか。1回でも経験したことがあれば、そのことが楽しかったり、うれしかったり、価値があったりしたかどうかについてもあてはまる番号に○をつけてください				The following questions are about positive experiences you may have had over the past month. Please indicate how often you had each experience and whether it was pleasant, enjoyable or rewarding.
46a	J2Q46A1	B4Q10A1	どのくらの回数を経験しましたか？自然を楽しむ	BioQ10a	B4Q10A1	PES-FREQ Appreciate nature	Over the past month how often did you spend time - appreciating nature?
	J2Q46A2	B4Q10A2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？自然を楽しむ		B4Q10A2	PES-FEEL Appreciate nature	Appreciate nature: If at least once, how pleasant, enjoyable or rewarding was this?
46b	J2Q46B1	B4Q10B1	どのくらの回数を経験しましたか？新しい人と会う	BioQ10b	B4Q10B1	PES-FREQ Meet someone new	Over the past month how often did you spend time - meeting someone new?
	J2Q46B2	B4Q10B2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？新しい人と会う		B4Q10B2	PES-FEEL Meet someone new	Meet someone new: If at least once, how pleasant, enjoyable or rewarding was this?
46c	J2Q46C1	B4Q10C1	どのくらの回数を経験しましたか？旅行や休日の計画をたてる	BioQ10c	B4Q10C1	PES-FREQ Plan trips or vacations	Over the past month how often did you spend time - planning trips or vacations?
	J2Q46C2	B4Q10C2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？旅行や休日の計画をたてる		B4Q10C2	PES-FEEL Plan trips or vacations	Plan trip or vacation: If at least once, how pleasant, enjoyable or rewarding was this?
46d	J2Q46D1	B4Q10D1	どのくらの回数を経験しましたか？小説や詩を読む	BioQ10d	B4Q10D1	PES-FREQ Reading	Over the past month how often did you spend time - reading stories, novels, poems, or plays?
	J2Q46D2	B4Q10D2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？小説や詩を読む		B4Q10D2	PES-FEEL Reading	Read stories, novels, poems, plays: If at least once, how pleasant, enjoyable or rewarding was this?
46e	J2Q46E1	B4Q10E1	どのくらの回数を経験しましたか？誰かを助ける	BioQ10e	B4Q10E1	PES-FREQ Helping someone	Over the past month how often did you spend time - helping someone?
	J2Q46E2	B4Q10E2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？誰かを助ける		B4Q10E2	PES-FEEL Helping someone	Help someone: If at least once, how pleasant, enjoyable or rewarding was this?
46f	J2Q46F1	B4Q10F1	どのくらの回数を経験しましたか？新鮮な空気を吸う	BioQ10f	B4Q10F1	PES-FREQ Breathing clean air	Over the past month how often did you spend time - breathing clean air?
	J2Q46F2	B4Q10F2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？新鮮な空気を吸う		B4Q10F2	PES-FEEL Breathing clean air	Breathe clean air: If at least once, how pleasant, enjoyable or rewarding was this?
46g	J2Q46G1	B4Q10G1	どのくらの回数を経験しましたか？物事をはっきりいう	BioQ10g	B4Q10G1	PES-FREQ Saying something clearly	Over the past month how often did you spend time - saying something clearly
	J2Q46G2	B4Q10G2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？物事をはっきりいう		B4Q10G2	PES-FEEL Saying something clearly	Say something clearly: If at least once, how pleasant, enjoyable or rewarding was this?
46h	J2Q46H1	B4Q10H1	どのくらの回数を経験しましたか？将来のよいことを考える	BioQ10h	B4Q10H1	PES-FREQ Thinking about good in future	Over the past month how often did you spend time - thinking about something good in the future?
	J2Q46H2	B4Q10H2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？将来のよいことを考える		B4Q10H2	PES-FEEL Thinking about good in future	Think about good in future: If at least once, how pleasant, enjoyable or rewarding was this?
46i	J2Q46I1	B4Q10I1	どのくらの回数を経験しましたか？笑う	BioQ10i	B4Q10I1	PES-FREQ Laughing	Over the past month how often did you spend time - laughing?
	J2Q46I2	B4Q10I2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？笑う		B4Q10I2	PES-FEEL Laughing	Laughing: If at least once, how pleasant, enjoyable or rewarding was this?
46j	J2Q46J1	B4Q10J1	どのくらの回数を経験しましたか？動物といっしょにいる	BioQ10j	B4Q10J1	PES-FREQ Being with animals	Over the past month how often did you spend time - being with animals?
	J2Q46J2	B4Q10J2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？動物といっしょにいる		B4Q10J2	PES-FEEL Being with animals	Time with animals: If at least once, how pleasant, enjoyable or rewarding was this?
46k	J2Q46K1	B4Q10K1	どのくらの回数を経験しましたか？率直で開放的な話をする	BioQ10k	B4Q10K1	PES-FREQ Having an open conversation	Over the past month how often did you spend time - having a frank and open conversation?
	J2Q46K2	B4Q10K2	もし1回以上あった場合、それはどのくらの気持ちよく、楽しく、価値あるものでしたか？率直で開放的な話をする		B4Q10K2	PES-FEEL Having an open conversation	Frank conversation: If at least once, how pleasant, enjoyable or rewarding was this?
	J2Q46L1	B4Q10L1	どのくらの回数を経験しましたか？パーティに行く		B4Q10L1	PES-FREQ Going to a party	Over the past month how often did you spend time - going to a party?

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46l	J2Q46L2	B4Q10L2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？パーティに行く	BioQ10l	B4Q10L2	PES-FEEL Going to a party	Going to party: If at least once, how pleasant, enjoyable or rewarding was this?
46m	J2Q46M1	B4Q10M1	どのくらいの回数を経験しましたか？日々の生活に感謝する	BioQ10m	B4Q10M1	PES-FREQ Giving thanks for daily life	Over the past month how often did you spend time - giving thanks for daily life?
	J2Q46M2	B4Q10M2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？日々の生活に感謝する		B4Q10M2	PES-FEEL Giving thanks for daily life	Giving thanks for daily life: If at least once, how pleasant, enjoyable or rewarding was this?
46n	J2Q46N1	B4Q10N1	どのくらいの回数を経験しましたか？友だちといっしょになる	BioQ10n	B4Q10N1	PES-FREQ Being with friends	Over the past month how often did you spend time - being with friends?
	J2Q46N2	B4Q10N2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？友だちといっしょになる		B4Q10N2	PES-FEEL Being with friends	Time with friends: If at least once, how pleasant, enjoyable or rewarding was this?
46o	J2Q46O1	B4Q10O1	どのくらいの回数を経験しましたか？集まりのときに、人気ものとなる	BioQ10o	B4Q10O1	PES-FREQ Being popular at a gathering	Over the past month how often did you spend time - being popular at a gathering?
	J2Q46O2	B4Q10O2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？集まりのときに、人気ものとなる		B4Q10O2	PES-FEEL Being popular at a gathering	Being popular t a gathering: If at least once, how pleasant, enjoyable or rewarding was this?
46p	J2Q46P1	B4Q10P1	どのくらいの回数を経験しましたか？ＴＶや映画をみる	BioQ10p	B4Q10P1	PES-FREQ Enjoying TV or movies	Over the past month how often did you spend time - enjoying TV or movies?
	J2Q46P2	B4Q10P2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？ＴＶや映画をみる		B4Q10P2	PES-FEEL Enjoying TV or movies	Enjoy TV or movies: If at least once, how pleasant, enjoyable or rewarding was this?
46q	J2Q46Q1	B4Q10Q1	どのくらいの回数を経験しましたか？日なたぼっこをする	BioQ10q	B4Q10Q1	PES-FREQ Sitting in the sun	Over the past month how often did you spend time - sitting in the sun?
	J2Q46Q2	B4Q10Q2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？日なたぼっこをする		B4Q10Q2	PES-FEEL Sitting in the sun	Sitting in the sun: If at least once, how pleasant, enjoyable or rewarding was this?
46r	J2Q46R1	B4Q10R1	どのくらいの回数を経験しましたか？家族や友だちに起こったよいことを考える	BioQ10r	B4Q10R1	PES-FREQ Seeing good happen to Fam/Frnd	Over the past month how often did you spend time - seeing good things happen to family & friends?
	J2Q46R2	B4Q10R2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？家族や友だちに起こったよいことを考える		B4Q10R2	PES-FEEL Seeing good happen to Fam/Frnd	Seeing good things happened to family/friends: If at least once, how pleasant, enjoyable or rewarding was this?
46s	J2Q46S1	B4Q10S1	どのくらいの回数を経験しましたか？何か、きちんと計画する	BioQ10s	B4Q10S1	PES-FREQ Planning something	Over the past month how often did you spend time - planning or organizing something?
	J2Q46S2	B4Q10S2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？何か、きちんと計画する		B4Q10S2	PES-FEEL Planning something	Planning or organizing something: If at least once, how pleasant, enjoyable or rewarding was this?
46t	J2Q46T1	B4Q10T1	どのくらいの回数を経験しましたか？いきいきした会話をする	BioQ10t	B4Q10T1	PES-FREQ Having a lively talk	Over the past month how often did you spend time - having a lively talk?
	J2Q46T2	B4Q10T2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？いきいきした会話をする		B4Q10T2	PES-FEEL Having a lively talk	Lively talk: If at least once, how pleasant, enjoyable or rewarding was this?
46u	J2Q46U1	B4Q10U1	どのくらいの回数を経験しましたか？家族といっしょに過ごす	BioQ10u	B4Q10U1	PES-FREQ Being with family	Over the past month how often did you spend time - being with my family?
	J2Q46U2	B4Q10U2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？家族といっしょに過ごす		B4Q10U2	PES-FEEL Being with family	Being with family: If at least once, how pleasant, enjoyable or rewarding was this?
46v	J2Q46V1	B4Q10V1	どのくらいの回数を経験しましたか？ゆっくりお風呂にはいる	BioQ10v	B4Q10V1	PES-FREQ Taking a relaxing bath	Over the past month how often did you spend time - taking a relaxing bath?
	J2Q46V2	B4Q10V2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？ゆっくりお風呂にはいる		B4Q10V2	PES-FEEL Taking a relaxing bath	Taking a relaxing bath: If at least once, how pleasant, enjoyable or rewarding was this?
46w	J2Q46W1	B4Q10W1	どのくらいの回数を経験しましたか？美しい景色をみる	BioQ10w	B4Q10W1	PES-FREQ Seeing beautiful scenery	Over the past month how often did you spend time - seeing beautiful scenery?
	J2Q46W2	B4Q10W2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？美しい景色をみる		B4Q10W2	PES-FEEL Seeing beautiful scenery	Seeing beautiful scenery: If at least once, how pleasant, enjoyable or rewarding was this?
46x	J2Q46X1	B4Q10X1	どのくらいの回数を経験しましたか？おいしいものを食べる	BioQ10x	B4Q10X1	PES-FREQ Eating good meals	Over the past month how often did you spend time - eating good meals?
	J2Q46X2	B4Q10X2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？おいしいものを食べる		B4Q10X2	PES-FEEL Eating good meals	Eating good meals: If at least once, how pleasant, enjoyable or rewarding was this?
	J2Q46Y1	B4Q10Y1	どのくらいの回数を経験しましたか？代休をとる		B4Q10Y1	PES-FREQ Having spare time	Over the past month how often did you spend time - having spare time?

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46y	J2Q46Y2	B4Q10Y2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？代休をとる	BioQ10y	B4Q10Y2	PES-FEEL Having spare time	Having spare time: If at least once, how pleasant, enjoyable or rewarding was this?
46z	J2Q46Z1	B4Q10Z1	どのくらいの回数を経験しましたか？魅力的になる	BioQ10z	B4Q10Z1	PES-FREQ Noticed as sexually attractive	Over the past month how often did you spend time - being noticed as sexually attractive?
	J2Q46Z2	B4Q10Z2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？魅力的になる		B4Q10Z2	PES-FEEL Noticed as sexually attractive	Being noticed as sexually attractive: If at least once, how pleasant, enjoyable or rewarding was this?
46aa	J2Q46AA1	B4Q10AA1	どのくらいの回数を経験しましたか？新しいことを学ぶ	BioQ10aa	B4Q10AA1	PES-FREQ Learning to do something new	Over the past month how often did you spend time - learning to do something new?
	J2Q46AA2	B4Q10AA2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？新しいことを学ぶ		B4Q10AA2	PES-FEEL Learning to do something new	Learning to do something new: If at least once, how pleasant, enjoyable or rewarding was this?
46bb	J2Q46BB1	B4Q10BB1	どのくらいの回数を経験しましたか？誰かをほめたり、なだめたりする	BioQ10bb	B4Q10BB1	PES-FREQ Complimenting someone	Over the past month how often did you spend time - complimenting or praising someone?
	J2Q46BB2	B4Q10BB2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？誰かをほめたり、なだめたりする		B4Q10BB2	PES-FEEL Complimenting someone	Complimenting or praising someone: If at least once, how pleasant, enjoyable or rewarding was this?
46cc	J2Q46CC1	B4Q10CC1	どのくらいの回数を経験しましたか？自分の好きな人のことを考える	BioQ10cc	B4Q10CC1	PES-FREQ Thinking about people I like	Over the past month how often did you spend time - thinking about people I like?
	J2Q46CC2	B4Q10CC2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？自分の好きな人のことを考える		B4Q10CC2	PES-FEEL Thinking about people I like	Thinking about people I like: If at least once, how pleasant, enjoyable or rewarding was this?
46dd	J2Q46DD1	B4Q10DD1	どのくらいの回数を経験しましたか？キスをする	BioQ10dd	B4Q10DD1	PES-FREQ Kissing	Over the past month how often did you spend time - kissing?
	J2Q46DD2	B4Q10DD2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？キスをする		B4Q10DD2	PES-FEEL Kissing	Kissing: If at least once, how pleasant, enjoyable or rewarding was this?
46ee	J2Q46EE1	B4Q10EE1	どのくらいの回数を経験しましたか？祈りを捧げる	BioQ10ee	B4Q10EE1	PES-FREQ Praying or meditating	Over the past month how often did you spend time - praying or meditating?
	J2Q46EE2	B4Q10EE2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？祈りを捧げる		B4Q10EE2	PES-FEEL Praying or meditating	Praying or meditating: If at least once, how pleasant, enjoyable or rewarding was this?
46ff	J2Q46FF1	B4Q10FF1	どのくらいの回数を経験しましたか？自分のやり方でプロジェクトを進める	BioQ10ff	B4Q10FF1	PES-FREQ Doing a project my own way	Over the past month how often did you spend time - doing a project my own way?
	J2Q46FF2	B4Q10FF2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？自分のやり方でプロジェクトを進める		B4Q10FF2	PES-FEEL Doing a project my own way	Doing a project my way: If at least once, how pleasant, enjoyable or rewarding was this?
46hh	J2Q46HH1	B4Q10HH1	どのくらいの回数を経験しましたか？リラックスする	BioQ10hh	B4Q10HH1	PES-FREQ Being relaxed	Over the past month how often did you spend time - being relaxed?
	J2Q46HH2	B4Q10HH2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？リラックスする		B4Q10HH2	PES-FEEL Being relaxed	Being relaxed: If at least once, how pleasant, enjoyable or rewarding was this?
46ii	J2Q46II1	B4Q10II1	どのくらいの回数を経験しましたか？夜ぐっすりと眠る	BioQ10ii	B4Q10II1	PES-FREQ Sleeping soundly at night	Over the past month how often did you spend time - sleeping soundly at night?
	J2Q46II2	B4Q10II2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？夜ぐっすりと眠る		B4Q10II2	PES-FEEL Sleeping soundly at night	Sleeping soundly at night: If at least once, how pleasant, enjoyable or rewarding was this?
46jj	J2Q46JJ1	B4Q10JJ1	どのくらいの回数を経験しましたか？運動をする	BioQ10jj	B4Q10JJ1	PES-FREQ Having a good fitness workout	Over the past month how often did you spend time - having a good fitness workout
	J2Q46JJ2	B4Q10JJ2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？運動をする		B4Q10JJ2	PES-FEEL Having a good fitness workout	Having a good fitness workout: If at least once, how pleasant, enjoyable or rewarding was this?
46kk	J2Q46KK1	B4Q10KK1	どのくらいの回数を経験しましたか？他の人を楽しませる	BioQ10kk	B4Q10KK1	PES-FREQ Amusing people	Over the past month how often did you spend time - amusing people?
	J2Q46KK2	B4Q10KK2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？他の人を楽しませる		B4Q10KK2	PES-FEEL Amusing people	Amusing people: If at least once, how pleasant, enjoyable or rewarding was this?
46ll	J2Q46LL1	B4Q10LL1	どのくらいの回数を経験しましたか？好きな人と一緒にいる	BioQ10ll	B4Q10LL1	PES-FREQ Being with someone I love	Over the past month how often did you spend time - being with someone I love?
	J2Q46LL2	B4Q10LL2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？好きな人と一緒にいる		B4Q10LL2	PES-FEEL Being with someone I love	Being with someone I love: If at least once, how pleasant, enjoyable or rewarding was this?
46mm	J2Q46MM1	B4Q10MM1	どのくらいの回数を経験しましたか？パートナーと満ち足りたセックスをする	BioQ10mm	B4Q10MM1	PES-FREQ Sexual relation with partner	Over the past month how often did you spend time - having satisfying sexual relations with a partner of the opposite sex?

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46mm	J2Q46MM2	B4Q10MM2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？パートナーと満ち足りたセックスをする	BioQ10mm	B4Q10MM2	PES-FEEL Sexual relation with partner	Having satisfying sexual relations: If at least once, how pleasant, enjoyable or rewarding was this?
46nn	J2Q46NN1	B4Q10NN1	どのくらいの回数を経験しましたか？スポーツをみる	BioQ10nn	B4Q10NN1	PES-FREQ Watching sports	Over the past month how often did you spend time - watching sports?
	J2Q46NN2	B4Q10NN2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？スポーツをみる		B4Q10NN2	PES-FEEL Watching sports	Watching sports: If at least once, how pleasant, enjoyable or rewarding was this?
46oo	J2Q46OO1	B4Q10OO1	どのくらいの回数を経験しましたか？幸せな人といっしょにいる	BioQ10oo	B4Q10OO1	PES-FREQ Being with happy people	Over the past month how often did you spend time - being with happy people?
	J2Q46OO2	B4Q10OO2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？幸せな人といっしょにいる		B4Q10OO2	PES-FEEL Being with happy people	Being with happy people: If at least once, how pleasant, enjoyable or rewarding was this?
46pp	J2Q46PP1	B4Q10PP1	どのくらいの回数を経験しましたか？人に笑いかける	BioQ10pp	B4Q10PP1	PES-FREQ Smiling at people	Over the past month how often did you spend time - smiling at people?
	J2Q46PP2	B4Q10PP2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？人に笑いかける		B4Q10PP2	PES-FEEL Smiling at people	Smiling at people: If at least once, how pleasant, enjoyable or rewarding was this?
46qq	J2Q46QQ1	B4Q10QQ1	どのくらいの回数を経験しましたか？パートナーと一緒に過ごす	BioQ10qq	B4Q10QQ1	PES-FREQ Being with spouse/partner	Over the past month how often did you spend time - being with my spouse/partner?
	J2Q46QQ2	B4Q10QQ2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？パートナーと一緒に過ごす		B4Q10QQ2	PES-FEEL Being with spouse/partner	Being with my spouse/partner: If at least once, how pleasant, enjoyable or rewarding was this?
46rr	J2Q46RR1	B4Q10RR1	どのくらいの回数を経験しましたか？誰かに教えたり、アドバイスをしたりする	BioQ10rr	B4Q10RR1	PES-FREQ Teaching or advising someone	Over the past month how often did you spend time - teaching or advising someone?
	J2Q46RR2	B4Q10RR2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？誰かに教えたり、アドバイスをしたりする		B4Q10RR2	PES-FEEL Teaching or advising someone	Teaching or advising someone: If at least once, how pleasant, enjoyable or rewarding was this?
46ss	J2Q46SS1	B4Q10SS1	どのくらいの回数を経験しましたか？ほめてもらったり、よくやったといわれる	BioQ10ss	B4Q10SS1	PES-FREQ Being complimented	Over the past month how often did you spend time - being complimented or told I have done well?
	J2Q46SS2	B4Q10SS2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？ほめてもらったり、よくやったといわれる		B4Q10SS2	PES-FEEL Being complimented	Being complimented or told I have done well: If at least once, how pleasant, enjoyable or rewarding was this?
46tt	J2Q46TT1	B4Q10TT1	どのくらいの回数を経験しましたか？愛しているといわれる	BioQ10tt	B4Q10TT1	PES-FREQ Being told I am loved	Over the past month how often did you spend time - being told I am loved?
	J2Q46TT2	B4Q10TT2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？愛しているといわれる		B4Q10TT2	PES-FEEL Being told I me loved	Being told I am loved: If at least once, how pleasant, enjoyable or rewarding was this?
46uu	J2Q46UU1	B4Q10UU1	どのくらいの回数を経験しましたか？古くからの友人に会う	BioQ10uu	B4Q10UU1	PES-FREQ Seeing old friends	Over the past month how often did you spend time - seeing old friends?
	J2Q46UU2	B4Q10UU2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？古くからの友人に会う		B4Q10UU2	PES-FEEL Seeing old friends	Seeing old friends: If at least once, how pleasant, enjoyable or rewarding was this?
46vv	J2Q46VV1	B4Q10VV1	どのくらいの回数を経験しましたか？買い物をする	BioQ10vv	B4Q10VV1	PES-FREQ Shopping	Over the past month how often did you spend time - shopping?
	J2Q46VV2	B4Q10VV2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？買い物をする		B4Q10VV2	PES-FEEL Shopping	Shopping: If at least once, how pleasant, enjoyable or rewarding was this?
46ww	J2Q46WW1	B4Q10WW1	どのくらいの回数を経験しましたか？酔って気持ちがよい	BioQ10ww	B4Q10WW1	PES-FREQ Feeling no pain	Over the past month how often did you spend time - feeling no pain?
	J2Q46WW2	B4Q10WW2	もし1回以上あった場合、それはどのくらい気持ちよく、楽しく、価値あるものでしたか？酔って気持ちがよい		B4Q10WW2	PES-FEEL Feeling no pain	Feeling no pain: If at least once, how pleasant, enjoyable or rewarding was this?
47			以下の質問に、あなたはどのくらい「同意する」または「同意しない」かお答え下さい				The following questions are about the ways you generally interact with others, including your sense of obligation towards others. Please circle the number that corresponds to how much you agree or disagree with the following statements.
47a	J2Q47A	B4Q11R	ニュースや公共情報を聞かなければならないと感じる	BioQ11r	B4Q11R	RELAT Obligated to be informed with news	I feel obligated to keep fully informed about national news and public issues.
47b	J2Q47B	B4Q11S	地方選挙や国政選挙で投票することは義務だ	BioQ11s	B4Q11S	RELAT Obligated to vote in elections	I feel obligated to vote in local and national elections.
47c	J2Q47C	B4Q11T	社会的貢献やボランティアをしなければならない	BioQ11t	B4Q11T	RELAT Oblig:time/money to social causes	I feel obligated to volunteer time or money to social causes I support.
47d	J2Q47D	B4Q11U	家族に問題が起ると予想されたら、自分の計画をあきらめる	BioQ11u	B4Q11U	RELAT Drop plans if family very troubled	I feel obligated to drop plans when members of my family seem very troubled.

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47e	J2Q47E	B4Q11V	家族とは定期的に連絡をとっているべきだと思う	BioQ11v	B4Q11V	RELAT Obligated to contact family regularly	I feel obligated to contact family members on a regular basis.
47f	J2Q47F	B4Q11W	自分が大変であっても、必要な友人にはお金をあげる	BioQ11w	B4Q11W	RELAT Obligated give needy friend money	I feel obligated to give money to a friend in need, even if this makes it hard to meet my own needs.
47g	J2Q47G	B4Q11X	離婚したり、失業した子どもは、成人でも家で面倒をみなければならないと思う	BioQ11x	B4Q11X	RELAT Obligated to take adult child in	I feel obligated to take my divorced or unemployed adult child back into my home.
47h	J2Q47H	B4Q11Y	私の仕事は、世界をよりよくするだろう	BioQ11y	B4Q11Y	RELAT My work makes world better place	My work makes the world a better place.
47i	J2Q47I	B4Q11Z	仕事の苦痛は、他の人のためにしなければならないことだろう	BioQ11z	B4Q11Z	RELAT Think of harm my work may cause	I think about the harm my work might do to other people.
47j	J2Q47J	B4Q11AA	同級生や同僚を助けるだろう	BioQ11aa	B4Q11AA	RELAT Help out colleagues at work	I help out my colleagues/coworkers at work.
47k	J2Q47K	B4Q11BB	仕事であまりしたくないことでも、自発的にやるようにする	BioQ11bb	B4Q11BB	RELAT Volunteer do unwanted tasks at work	I am the one to volunteer to do unwanted tasks at work.
47l	J2Q47L	B4Q11CC	私は誠実でしっかりした人だと思われている	BioQ11cc	B4Q11CC	RELAT Known for honesty/integrity at work	I am known for my honesty and integrity at work.
	J2QSO_PC	B4QSO_PC			B4QSO_PC	Public Community	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSO_PF	B4QSO_PF			B4QSO_PF	Private Family/Friends 3 items	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSO_PX	B4QSO_PX			B4QSO_PX	Private Family/Friends 4 items	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSO_IW	B4QSO_IW			B4QSO_IW	Private/Ingroup Work	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSO_GW	B4QSO_GW			B4QSO_GW	Good Work Scale	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
48			以下の質問に、あなたはどのくらい「同意する」または「同意しない」かお答え下さい。				The following questions are about how your views of yourself are linked to your relations with others. Please circle the number that corresponds to how much you agree or disagree with the following statements
48a	J2Q48A	B4Q12A	私が持っている親しい関係は、私の人となりの大切な現れだ	BioQ12a	B4Q12A	RELAT Close relations impt reflection me	My close relationships are an important reflection of who I am.
48b	J2Q48B	B4Q12B	誰かととても親しいと感じると、その人は私の重要な部分となると思う	BioQ12b	B4Q12B	RELAT Very close others impt part of me	When I feel very close to someone, it often feels to me like that person is an important part of who I am.
48c	J2Q48C	B4Q12C	誰か自分の大切な人が成功したとき、それを誇りに思う	BioQ12c	B4Q12C	RELAT Pride:close others accomplishments	I usually feel a strong sense of pride when someone close to me has an important accomplishment.
48d	J2Q48D	B4Q12D	私にとって大切なことの一つは、親友のことを考え、理解することである	BioQ12d	B4Q12D	RELAT Who I am is who friends are	I think one of the most important parts of who I am can be captured by looking at my close friends and understanding who they are.
48e	J2Q48E	B4Q12E	自分について考えるとき、いつも親友や家族のこともいっしょに考える	BioQ12e	B4Q12E	RELAT Think of self, think of fam/frnds	When I think of myself, I often think of my close friends or family also.
48f	J2Q48F	B4Q12F	もし、誰か自分の身近な人が傷ついたなら、まるで自分のことのように思える	BioQ12f	B4Q12F	RELAT Someone close is hurt, I feel hurt	If a person hurts someone close to me, I feel personally hurt as well.
48g	J2Q48G	B4Q12G	親しい関係であっても私のことに関係することはほとんどない	BioQ12g	B4Q12G	RELAT Close relation:no effect self feeling	Overall, my close relationships have very little to do with how I feel about myself.
48h	J2Q48H	B4Q12H	私がどういう人につきあいがあるかは、私を知ることに役立たない	BioQ12h	B4Q12H	RELAT Close relations not impt who I am	My close relationships are unimportant to my sense of what kind of person I am.
48i	J2Q48I	B4Q12I	私の友人がだれであるかということは私の誇りである	BioQ12i	B4Q12I	RELAT Pride comes from close friends	My sense of pride comes from knowing whom I have as close friends.
48j	J2Q48J	B4Q12J	親しい関係を作るとき、私はたいていその人がどんな人かはっきりするようにする	BioQ12j	B4Q12J	RELAT Identify closely with close friends	When I establish a close friendship with someone, I usually develop a strong sense of identification with that person.
48k	J2Q48K	B4Q12K	部屋にはいるやいなやグループの雰囲気を感じることが出来る	BioQ12k	B4Q12K	RELAT Walk in a room can figure out mood	I can walk in a room and immediately figure out the group's mood.
48l	J2Q48L	B4Q12L	私は他の人のムードに流されない	BioQ12l	B4Q12L	RELAT Not affected by moods of others	I am not affected by the moods of the people who are around me.

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48m	J2Q48M	B4Q12M	私にとってものがうまくいっていても私の友だちが問題に巻き込まれていたらうれしくない	BioQ12m	B4Q12M	RELAT Cant be happy if friend in trouble	Even when things are going well for me, I can't be happy if I have a friend who is in trouble.
48n	J2Q48N	B4Q12N	他の人の困難を聞くことが打たれる	BioQ12n	B4Q12N	RELAT Moved when hear hardships	I am moved when I hear of another person's hardship.
48o	J2Q48O	B4Q12O	他の人を思いやるほど大切なことはない	BioQ12o	B4Q12O	RELAT Nothing more vital than sympathy	I think nothing is more important than to be sympathetic to others.
48p	J2Q48P	B4Q12P	私が人を思いやることには上限がある	BioQ12p	B4Q12P	RELAT My sympathy has its limits	My sympathy has its limits.
48q	J2Q48Q	B4Q12Q	私は尊敬する人の意見にしたがう	BioQ12q	B4Q12Q	RELAT Follow opinion of people I respect	I usually follow the opinions of people I can respect.
48r	J2Q48R	B4Q12R	多くの人々の意見が異なるときには、他の人の意見にしたがう	BioQ12r	B4Q12R	RELAT Adjust opinion to fit group	When many people have an opinion different from mine, I can adjust mine to theirs.
48s	J2Q48S	B4Q12S	他の人の価値観のほうがりよりもっともだと思えば、私は自分の価値観を合わせることができる	BioQ12s	B4Q12S	RELAT Adjust values to fit others	When values held by others sound more reasonable, I can adjust my values to theirs.
48t	J2Q48T	B4Q12T	一旦何かが起きると、それを自分で変えるのは難しいので私はむしろ自分をそれに合わせて変えようとする	BioQ12t	B4Q12T	RELAT Adjust to things hard to change	Once something has happened, I try to adjust myself to it because it is difficult to change it myself
48u	J2Q48U	B4Q12U	人生で何が起きるかは予測できないので、それを変えようとしても無駄だ	BioQ12u	B4Q12U	RELAT Life uncertain: try change no use	It is useless to try to change what is going to happen in life because it is impossible to predict it.
	J2QRISC	B4QRISC			B4QRISC	Relational Interdependent Self-Construct scale	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QSYMP	B4QSYMP			B4QSYMP	Sympathy scale	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QADJ	B4QADJ			B4QADJ	Adjustment scale	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
49			以下のそれぞれの質問は、あなたの生き方をどのくらいよく表していますか。もっともあてはまる数字 1 つに○をつけてください				The following statements are designed to help us understand how you approach managing your life. Please indicate how well the following statements describe you.
49a	J2Q49A	B1SE12AA	目標を決めたら、いつもそのプラスになることを心にとどめておく	E12aa	B1SE12AA	When goal decided, keep in mind benefits	When I have decided on a goal, I always keep in mind its benefits.
49b	J2Q49B	B1SE12EE	何か決めたら、気の散ることはすべて避ける	E12ee	B1SE12EE	Decided on something, avoid distract	When I have decided on something, I avoid anything that could distract me.
49c	J2Q49C	B1SE12II	達成するのが難しい目標に、それらを成し遂げたときに、どんなにか良い気分かを心にとどめておく	E12ii	B1SE12II	Difficult goals, mind how good will feel	For goals that are difficult to achieve, I keep in mind how good I will feel when I have reached them.
49d	J2Q49D	B1SE12CC	どんな方法でも目標に達することができないと分かれば、私はそれをあきらめる	E12cc	B1SE12CC	Can't attain goal in any way, let go	When it turns out that I cannot attain a goal in any way, I let go of it.
49e	J2Q49E	B1SE12GG	達成できない目標について考えるのを止めて、それをあきらめる	E12gg	B1SE12GG	Stop thinking/let go unattainable goal	I stop thinking about a goal that has become unattainable and let it go.
49f	J2Q49F	B1SE12HH	望んだことがうまくいかなかったとき、私はあまりそれについて考えないようにする	E12hh	B1SE12HH	Something no work, try not to think about	When something I wanted did not work out, I try not to think about it too much.
49g	J2Q49G	B1SE12KK	もし人生で目標を達成できないなら、他に追い求める新たな目標を考える	E12kk	B1SE12KK	Can't attain goal, think about oth goals	If I cannot attain a goal in my life, I think about other new goals to pursue.
49h	J2Q49H	B1SE12DD	目標を成し遂げることができないと分かれば、自分を責めないようにする	E12dd	B1SE12DD	Impossible attain goal, no blame myself	When I find it impossible to attain a goal, I try not to blame myself.
	J2QSSCTR	B1SSSCTR			B1SSSCTR	Selective Secondary Control	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QCSCD4					Compensatory Secondary Control - Disengagement - 4 items version	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QCSCD6					Compensatory Secondary Control - Disengagement - 6 items version	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QCSCP4					Compensatory Secondary Control - Self Protection - 4 items version	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QCSCP5					Compensatory Secondary Control - Self Protection - 5 items version	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker

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50			次のことがらはよい人生のためにどのくらい重要ですか？もっともあてはまる番号に○をつけてください				How important do you think the following things are for having a good life? Please circle the appropriate number for each item.
50a	J2Q50A	B4Q16A	自分の行動を振り返り反省すること	BioQ16a	B4Q16A	GD LIFE Be critical/reflect on actions	Be critical and reflect upon your actions.
50b	J2Q50B	B4Q16B	他者に必要とされること	BioQ16b	B4Q16B	GD LIFE Needed by others	Be needed by others.
50c	J2Q50C	B4Q16C	他者や周りの環境と調和すること	BioQ16c	B4Q16C	GD LIFE Harmony with others/events	Be in harmony with others and surrounding events.
50d	J2Q50D	B4Q16D	何かに一生懸命取り組み、それを続けていく力を持っていること	BioQ16d	B4Q16D	GD LIFE Make good effort/stick to it	Have the ability to make a good effort at something and stick to it.
50e	J2Q50E	B4Q16E	安らかさや満足感を持つこと	BioQ16e	B4Q16E	GD LIFE Peace and satisfaction	Have a sense of peace and satisfaction.
50f	J2Q50F	B4Q16F	他者から共感されること	BioQ16f	B4Q16F	GD LIFE Sympathy from others	To receive sympathy from others.
50g	J2Q50G	B4Q16G	他者から尊敬されること	BioQ16g	B4Q16G	GD LIFE Respect from others	To receive respect from others.
50h	J2Q50H	B4Q16H	社会に何か貢献すること	BioQ16h	B4Q16H	GD LIFE Give back to society	To give something back to society.
	J2QSW_JP	B4QSW_JP			B4QSW_JP	Subjective Well-Being Japanese Comparison	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
51			よい人生を送るために大切だと思う事柄を、下の項目から5つだけ選んで、□にチェックをつけてください。				How important do you think the following things are for having a good life? Please circle the appropriate number for each item.
51a	J2Q51A	B1SE2A	自立と自己信頼	P1SAQ1-E2a	B1SE2A	Autonomy important for good life	Autonomy, being self reliant
51b	J2Q51B	B1SE2B	よい仕事をもつこと	P1SAQ1-E2b	B1SE2B	Good job important for good life	Having a good job
51c	J2Q51C	B1SE2C	継続的に学び、成長し続けること	P1SAQ1-E2c	B1SE2C	Learning/growth important for good life	Continual learning and growth
51d	J2Q51D	B1SE2D	人生の喜びを満喫すること	P1SAQ1-E2d	B1SE2D	Life's pleasures important for good life	Enjoyment of life's pleasures
51e	J2Q51E	B1SE2E	基本的生活に必要なお金が十分あること	P1SAQ1-E2e	B1SE2E	Enough money important for good life	Enough money to meet basic needs
51f	J2Q51F	B1SE2F	自由に使える収入があること	P1SAQ1-E2f	B1SE2F	Extra money important for good life	Extra money/ disposable income
51g	J2Q51G	B1SE2G	信心	P1SAQ1-E2g	B1SE2G	Faith important for good life	Faith
51h	J2Q51H	B1SE2H	社会やグループへの貢献	P1SAQ1-E2h	B1SE2H	Giving to community import for good life	Giving back to my community
51i	J2Q51I	B1SE2I	自分を愛し、大事にすること	P1SAQ1-E2i	B1SE2I	Love/care for self import for good life	Loving and caring for myself
51j	J2Q51J	B1SE2J	身体的健康と強さ	P1SAQ1-E2j	B1SE2J	Physical fitness important for good life	Physical fitness and strength
51k	J2Q51K	B1SE2K	前向きな態度	P1SAQ1-E2k	B1SE2K	Positiv attitude important for good life	Positive attitude
51l	J2Q51L	B1SE2L	家族との良好な関係	P1SAQ1-E2l	B1SE2L	Family relations important for good life	Positive relationships with family
51m	J2Q51M	B1SE2M	友人との良好な関係	P1SAQ1-E2m	B1SE2M	Friend relations important for good life	Positive relationships with friends
51n	J2Q51N	B1SE2N	リラックスし、平和で穏やかな気持ち	P1SAQ1-E2n	B1SE2N	Relax/peace important for good life	Relaxation, peacefulness, contentment
51o	J2Q51O	B1SE2O	病気にならないこと	P1SAQ1-E2o	B1SE2O	Absence of illness import for good life	The absence of illness
51p	J2Q51P	B1SE2P	やり遂げたという感じ	P1SAQ1-E2p	B1SE2P	Sense of accomplish import for good life	Sense of accomplishment
51q	J2Q51Q	B1SE2Q	目的意識	P1SAQ1-E2q	B1SE2Q	Sense of purpose important for good life	Sense of purpose
52	J2Q52		あなたには生きがいがありますか？				Do you have an ikigai in your life?
54			あなたの仕事全般についておたずねします。最もあてはまる答えに○をつけてください。時にはどの答えもあてはまらない場合があると思いますが、最も近い答えを選んでください				Please answer each question by checking off the one answer that best fits your job situation. Sometimes none of the answers fits exactly. Please choose the answer that comes closest.
54-1	J2Q541		新しいことを覚えることが必要な仕事だ				My job requires that I learn new things.
54-2	J2Q542		くり返しの作業がたくさんある仕事だ				My job requires a lot of repetitive work.
54-3	J2Q543		創造性が必要な仕事だ				My job requires me to be creative.
54-4	J2Q544		自分自身でどのように仕事をするか決めることができる				My job allows me to make a lot of decisions on my own.
54-5	J2Q545		たくさんの技術や知識が必要な仕事だ				My job requires a high level of skill.
54-6	J2Q546		どのように仕事をすすめるか決める自由は、私にはほとんどない				On my job I have very little freedom to decide how I do my work.
54-7	J2Q547		仕事の中で、何種類も別々のことをする機会がある				I get to do a variety of different things on my job.
54-8	J2Q548		自分の仕事の予定を決めることができる				I have a lot of say about what happens on my job.
54-9	J2Q549		自分自身の特別な才能をのばす機会がある				I have an opportunity to develop my own special abilities.
54-10	J2Q5410		とても速く働くことが必要な仕事だ				My job requires working very fast.
54-11	J2Q5411		とても一生懸命に働くことが必要な仕事だ				My job requires working very hard.
54-12	J2Q5412		あまりに多すぎる仕事を頼まれることはない				I am not asked to do an excessive amount of work.
54-13	J2Q5413		仕事をやり終えるのに十分な時間が与えられている				I have enough time to get the job done.

MIDJA Biomarker				MIDUS 2 Biomarker			
MIDJA Quest. No.	MIDJA SVN	MIDJA in MIDUS	MIDJA_Question	MIDUS 2 Quest. No.	MIDUS 2 SVN	MIDUS 2SPSS Label	MIDUS 2_Question or English Translation
54-14	J2Q5414		他の人たちからお互いにくい言う指示を出されて困ることはない				I am free from conflicting demands that others make.
54-15	J2Q5415		私の上司は、部下のを考えてくれる				My supervisor is concerned about the welfare of those under him.
54-16	J2Q5416		私の上司は、私が言っていることに耳を傾けてくれる				My supervisor pays attention to what I am saying.
54-17	J2Q5417		私の上司は、仕事をやりとげる上で助けになる				My supervisor is helpful in getting the job done.
54-18	J2Q5418		私の上司は、うまくみんなを共同して働かせている				My supervisor is successful in getting people to work together.
54-19	J2Q5419		私が一緒に働いている人たちは、仕事をする上で有能な人たちである				People I work with are competent in their jobs.
54-20	J2Q5420		私が一緒に働いている人たちは、私に個人的に関心を持ってくれる				People I work with take a personal interest in me.
54-21	J2Q5421		私が一緒に働いている人たちは、親しみやすい人たちである				People I work with are friendly.
54-22	J2Q5422		私が一緒に働いている人たちは、仕事をやりとげる上で助けになる				People I work with are helpful in getting the job done.
	J2QJC_SD					Job Content Scales: Skill Discretion	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QJC_DA					Job Content Scales: Decision Authority	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QJC_DL					Job Content Scales: Decision Latitude	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QJC_PD					Job Content Scales: Psychological Demand	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QJC_SS					Job Content Scales: Supervisor Support	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker
	J2QJC_CS					Job Content Scales: Coworker Support	Constructed Variable, see Documentation of Scales and Constructed Variables for MIDJA Biomarker

CLINIC LAB SALIVA DATA WORKSHEET

MIDJA SVN	MIDJA SPSS Label	MIDUS 2 SVN	DATA NOTES
VITAL SIGNS AND BODY MEASUREMENTS		This section contains data collected at the Clinic Visit. See DataFile Notes and Clinic Visit Documentation for details, unless otherwise noted.	
J2CLMDAY	On what day did respondent eat last?		
J2CLMT	Time of last meal		
J2CHT	Height (cm)	B4P1A	
J2CWT	Weight (kg)	B4P1B	
J2CBMI	BMI (Body Mass Index)	B4PBM1	Constructed Variable see Documentation for Psychosocial Constructs and Composite Variables in MIDJA Biomarker.
J2CWST	Waist (cm)	B4P2A	
J2CHIP1	Hip 1: Abdonimal Girth (Iliac crest, cm)	B4P2B	
J2CHIP2	Hip 2: Maximum Extension (cm)	B4P2C	
J2CHIPCM	Flag: Coded notes from Hip Measurement		TokyoClinic: Coded from text notes from project staff
J2CWHR	Waist-Hip Ratio	B4PWHR	Constructed Variable see Documentation for Psychosocial Constructs and Composite Variables in MIDJA Biomarker.
J2CBPS1	Blood Pressure 1: Systolic (High)	B4P1F1S	
J2CBPD1	Blood Pressure 1: Diastolic (Low)	B4P1F1D	
J2CBPS2	Blood Pressure 2: Systolic (High)	B4P1F2S	
J2CBPD2	Blood Pressure 2: Diastolic (Low)	B4P1F2D	
J2CBPS3	Blood Pressure 3: Systolic (High)	B4P1F3S	
J2CBPD3	Blood Pressure 3: Diastolic (Low)	B4P1F3D	
J2CBPS23	Average of 2nd and 3rd systolic BPs	B4P1GS23	Constructed Variable see Documentation for Psychosocial Constructs and Composite Variables in MIDJA Biomarker.
J2CBPD23	Average of 2nd and 3rd diastolic BPs	B4P1GD23	Constructed Variable see Documentation for Psychosocial Constructs and Composite Variables in MIDJA Biomarker.
BLOOD SAMPLE COLLECTION		Variables in this section are Administrative, See DataFile Notes for details.	

CLINIC LAB SALIVA DATA WORKSHEET

MIDJA SVN	MIDJA SPSS Label	MIDUS 2 SVN	DATA NOTES
J2CBLD	Was blood sample collected?	B4ZBLOOD	
J2CBLDT	Time of Blood Sample Collection		
J2CCCT	Time Citrate Tube was Centrifuged		
J2CCSST	Time SST Tube was Centrifuged		
J2CFCT	Time Citrate Tube was Frozen		
J2CFSST	Time SST Tube was Frozen		
J2CLMBLD	Lag hours: time of last meal to blood collection		
J2CBLDCTC	Lag mins: time of blood collection to Citrate tube centrifugation		
J2CBLDSSC	Lag mins: time of blood collection to SST tube centrifugation		
J2CBLDCTF	Lag mins: time of blood collection to time Citrate tube was frozen		
J2CBLDSSF	Lag mins: time of blood collection to time SST tube was frozen		
LAB ASSAY RESULTS		This section contains variables related to Blood assays. See Clinic Visit Documentation for details. Site where assay was performed is noted below as appropriate.	
J2BCHOL	Biocore Total Cholesterol (mg/dL)	B4BCHOL	MIDUS BioCore Assay
J2BHDL	Biocore original MIDJA HDL Cholesterol (mg/dL)		MIDUS BioCore Assay
J2BHDLA	Biocore MIDJA HDL Cholesterol (adjusted to MIDUS) (mg/dL)	B4BHDL	Computed Value, see Assay Documentation
J2BRTHDL	Biocore original MIDJA ratio Total/HDL Cholesterol (chol/HDL)		BioCoreLab
J2BRTHDA	Biocore MIDJA ratio Total/HDL Cholesterol (adjusted to MIDUS) (chol/HDL)	B4BRTHDL	Computed Value, see Assay Documentation
J2BDHEAS	Biocore DHEA-S (ug/dL)	B4BDHEAS	MIDUS BioCore Assay
J2BDHEA	Biocore DHEA (ng/mL)	B4BDHEA	MIDUS BioCore Assay
J2BSCREA	Biocore Serum Creatinine (mg/dL)	B4BSCREA	MIDUS BioCore Assay
J2BIL6	Biocore IL6 (pg/ml)	B4BIL6	MIDUS BioCore Assay
J2BSIL6R	Biocore sIL6r (pg/ml)	B4BSIL6R	MIDUS BioCore Assay
J2BFGN	Biocore Fibrinogen (mg/dL)	B4BFGN	MIDUS BioCore Assay
J2BCRP	Biocore C Reactive Protein (ug/mL)	B4BCRP	MIDUS BioCore Assay
J2CHBA1C	Tokyo Lab: Hemoglobin A1c (%)		TokyoLab Assay
J2BHA1CA	MIDUS Adjusted Tokyo Lab: Hemoglobin A1c (%)	B4BHA1C	Computed Value, see Clinic Visit Documentation
J2CTCHOL	Tokyo Lab: Total Cholesterol (mg/dL)		TokyoLab Assay

CLINIC LAB SALIVA DATA WORKSHEET

MIDJA SVN	MIDJA SPSS Label	MIDUS 2 SVN	DATA NOTES
J2CHDL	Tokyo Lab: HDL Cholesterol (mg/dL)		TokyoLab Assay
J2CLDL	Tokyo Lab: LDL Cholesterol (mg/dL)		TokyoLab Assay
J2CTRIG	Tokyo Lab: Triglyceride (mg/dL)		TokyoLab Assay
J2CRTHDL	Tokyo Lab: Ratio Total/HDL Cholesterol		Computed Value, see Clinic Documentation
J2CGOT	Tokyo Lab: GOT (Glutamic Oxaloacetic Transaminase)		TokyoLab Assay
J2CGPT	Tokyo Lab: GPT (Glutamic Pyruvic Transaminase)		TokyoLab Assay
J2CGGTP	Tokyo Lab: Gamma-GTP (Gamma Glutamyl Transpeptidase)		TokyoLab Assay
J2CSURIC	Tokyo Lab: Serum Uric Acid		TokyoLab Assay
J2CUREA	Tokyo Lab: BUN (Blood Urea Nitrogen)		TokyoLab Assay
J2CWBC	Tokyo Lab: White Blood Cell Count		TokyoLab Assay
J2CRBC	Tokyo Lab: Red Blood Cell Count		TokyoLab Assay
J2CHGB	Tokyo Lab: Hemoglobin (HGB)		TokyoLab Assay
J2CHTC	Tokyo Lab: Hematocrit (HTC)		TokyoLab Assay
J2CMCV	Tokyo Lab: Mean Cell Volume (MCV)		TokyoLab Assay
J2CMCH	Tokyo Lab: Mean Cell Hemoglobin (MCH)		TokyoLab Assay
J2CMCHC	Tokyo Lab: Mean Cell Hemoglobin Concentration (MCHC)		TokyoLab Assay
J2CPLT	Tokyo Lab: Platelets		TokyoLab Assay
SALIVA COLLECTION AND CORTISOL DATA		Saliva Collection parallels, MIDUS II Project 2 (Daily Stress Study) saliva collection. See DataFile Notes for details about variables in this section.	
J2SSAL	Did R provide any saliva samples?		
J2SCVSC1	Lag in Days: from Clinic Visit Date to Saliva Collection Start Date		
J2SSCSEQ	Saliva Sample Collected on 3 Consecutive Days?		
J2SD1MN	Saliva Cortisol Collection Time: Day 1 - Morning		
J2SD1MD	Saliva Cortisol Collection Time: Day 1 - Midday		
J2SD1EV	Saliva Cortisol Collection Time: Day 1 - Evening		
J2SD2MN	Saliva Cortisol Collection Time: Day 2 - Morning		
J2SD2MD	Saliva Cortisol Collection Time: Day 2 - Midday		
J2SD2EV	Saliva Cortisol Collection Time: Day 2 - Evening		
J2SD3MN	Saliva Cortisol Collection Time: Day 3 - Morning		
J2SD3MD	Saliva Cortisol Collection Time: Day 3 - Midday		
J2SD3EV	Saliva Cortisol Collection Time: Day 3 - Evening		
J2SCDAY1	Did R Have Any Valid Saliva Sample on Day 1?		

CLINIC LAB SALIVA DATA WORKSHEET

MIDJA SVN	MIDJA SPSS Label	MIDUS 2 SVN	DATA NOTES
J2SCDAY2	Did R Have Any Valid Saliva Sample on Day 2?		
J2SCDAY3	Did R Have Any Valid Saliva Sample on Day 3?		
J2SCT60	Any Cortisol Value Above 60 nmol/L?		
J2BSCD11	Saliva Cortisol Day 1 Morning (nmol/L)		
J2BSCD12	Saliva Cortisol Day 1 Midday (nmol/L)		
J2BSCD13	Saliva Cortisol Day 1 Evening (nmol/L)		
J2BSCD21	Saliva Cortisol Day 2 Morning (nmol/L)		
J2BSCD22	Saliva Cortisol Day 2 Midday (nmol/L)		
J2BSCD23	Saliva Cortisol Day 2 Evening (nmol/L)		
J2BSCD31	Saliva Cortisol Day 3 Morning (nmol/L)		
J2BSCD32	Saliva Cortisol Day 3 Midday (nmol/L)		
J2BSCD33	Saliva Cortisol Day 3 Evening (nmol/L)		

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
	General Administrative Variables		This section contains medication data obtained at the Clinic Visit. See Clinic Visit Documentation for details unless otherwise noted.
J2MTM	Total number of medications	B4XTM	
J2MPMD	Taking Prescription Medication? - YES/NO	B4XPMD	
J2MQMD	Taking Quasi-Medication? - YES/NO	B4XOMD B4XAMD	All non-prescription medications, including traditional medications that are referred to as 'Alternatives' in the US, are designated as 'Quasi' medications in Japan. Thus MIDUS OTC (Over-The-Counter) and Alternative medication data need to be integrated for comparative analysis. See Clinic Visit Documentation for details.
	PRESCRIPTION MEDICATIONS		The Medication Chart format is open-ended. Prescription Medications in a given row/variable set cannot be directly compared across waves/projects. See Clinic Visit Documentation or DataFile notes for information about implications.
J2MPM	Prescription: Number of Prescription medications	B4XPM	MIDJA participants reported up to 13 Prescription medications. MIDUS participants reported up to 15.
J2MPMID1	Prescription: Multum Drug ID 1	B4XPMID1	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN1	Prescription: Multum generic drug name 1	B4XPN1	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD1	Prescription: Drug dosage 1	B4XPDD1	
J2MPDU1	Prescription: Drug dosage units 1	B4XPDU1	
J2MPR1	Prescription: Method of taking (route) 1	B4XPR1	
J2MPF1	Prescription: Frequency 1	B4XPF1	
J2MPFU1	Prescription: Frequency unit 1	B4XPFU1	
J2MPT1	Prescription: Taken for how long 1	B4XPT1	
J2MPTU1	Prescription: Unit of time taken 1	B4XPTU1	
J2MPICD9M1	Prescription: Why taken ICD 9 major category code 1	B4XPICD9M1	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC1	Prescription: Why taken MIDUS code 1	B4XPMDC1	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID2	Prescription: Multum Drug ID 2	B4XPMID2	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN2	Prescription: Multum generic drug name 2	B4XPN2	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD2	Prescription: Drug dosage 2	B4XPDD2	
J2MPDU2	Prescription: Drug dosage units 2	B4XPDU2	
J2MPR2	Prescription: Method of taking (route) 2	B4XPR2	

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MPF2	Prescription: Frequency 2	B4XPF2	
J2MPFU2	Prescription: Frequency unit 2	B4XPFU2	
J2MPT2	Prescription: Taken for how long 2	B4XPT2	
J2MPTU2	Prescription: Unit of time taken 2	B4XPTU2	
J2MPICD9M2	Prescription: Why taken ICD 9 major category code 2	B4XPICD9M2	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC2	Prescription: Why taken MIDUS code 2	B4XPMDC2	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID3	Prescription: Multum Drug ID 3	B4XPMID3	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN3	Prescription: Multum generic drug name 3	B4XPN3	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD3	Prescription: Drug dosage 3	B4XPDD3	
J2MPDU3	Prescription: Drug dosage units 3	B4XPDU3	
J2MPR3	Prescription: Method of taking (route) 3	B4XPR3	
J2MPF3	Prescription: Frequency 3	B4XPF3	
J2MPFU3	Prescription: Frequency unit 3	B4XPFU3	
J2MPT3	Prescription: Taken for how long 3	B4XPT3	
J2MPTU3	Prescription: Unit of time taken 3	B4XPTU3	
J2MPICD9M3	Prescription: Why taken ICD 9 major category code 3	B4XPICD9M3	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC3	Prescription: Why taken MIDUS code 3	B4XPMDC3	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID4	Prescription: Multum Drug ID 4	B4XPMID4	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN4	Prescription: Multum generic drug name 4	B4XPN4	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD4	Prescription: Drug dosage 4	B4XPDD4	
J2MPDU4	Prescription: Drug dosage units 4	B4XPDU4	
J2MPR4	Prescription: Method of taking (route) 4	B4XPR4	
J2MPF4	Prescription: Frequency 4	B4XPF4	
J2MPFU4	Prescription: Frequency unit 4	B4XPFU4	
J2MPT4	Prescription: Taken for how long 4	B4XPT4	
J2MPTU4	Prescription: Unit of time taken 4	B4XPTU4	
J2MPICD9M4	Prescription: Why taken ICD 9 major category code 4	B4XPICD9M4	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC4	Prescription: Why taken MIDUS code 4	B4XPMDC4	Code variable. See Documentation for MIDUS & MIDJA Medication data.

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MPMID5	Prescription: Multum Drug ID 5	B4XPMID5	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN5	Prescription: Multum generic drug name 5	B4XPN5	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD5	Prescription: Drug dosage 5	B4XPDD5	
J2MPDU5	Prescription: Drug dosage units 5	B4XPDU5	
J2MPR5	Prescription: Method of taking (route) 5	B4XPR5	
J2MPF5	Prescription: Frequency 5	B4XPF5	
J2MPFU5	Prescription: Frequency unit 5	B4XPFU5	
J2MPT5	Prescription: Taken for how long 5	B4XPT5	
J2MPTU5	Prescription: Unit of time taken 5	B4XPTU5	
J2MPICD9M5	Prescription: Why taken ICD 9 major category code 5	B4XPICD9M5	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC5	Prescription: Why taken MIDUS code 5	B4XPMDC5	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID6	Prescription: Multum Drug ID 6	B4XPMID6	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN6	Prescription: Multum generic drug name 6	B4XPN6	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD6	Prescription: Drug dosage 6	B4XPDD6	
J2MPDU6	Prescription: Drug dosage units 6	B4XPDU6	
J2MPR6	Prescription: Method of taking (route) 6	B4XPR6	
J2MPF6	Prescription: Frequency 6	B4XPF6	
J2MPFU6	Prescription: Frequency unit 6	B4XPFU6	
J2MPT6	Prescription: Taken for how long 6	B4XPT6	
J2MPTU6	Prescription: Unit of time taken 6	B4XPTU6	
J2MPICD9M6	Prescription: Why taken ICD 9 major category code 6	B4XPICD9M6	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC6	Prescription: Why taken MIDUS code 6	B4XPMDC6	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID7	Prescription: Multum Drug ID 7	B4XPMID7	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN7	Prescription: Multum generic drug name 7	B4XPN7	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD7	Prescription: Drug dosage 7	B4XPDD7	
J2MPDU7	Prescription: Drug dosage units 7	B4XPDU7	
J2MPR7	Prescription: Method of taking (route) 7	B4XPR7	
J2MPF7	Prescription: Frequency 7	B4XPF7	
J2MPFU7	Prescription: Frequency unit 7	B4XPFU7	

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MPT7	Prescription: Taken for how long 7	B4XPT7	
J2MPTU7	Prescription: Unit of time taken 7	B4XPTU7	
J2MPICD9M7	Prescription: Why taken ICD 9 major category code 7	B4XPICD9M7	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC7	Prescription: Why taken MIDUS code 7	B4XPMDC7	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID8	Prescription: Multum Drug ID 8	B4XPMID8	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN8	Prescription: Multum generic drug name 8	B4XPN8	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD8	Prescription: Drug dosage 8	B4XPDD8	
J2MPDU8	Prescription: Drug dosage units 8	B4XPDU8	
J2MPR8	Prescription: Method of taking (route) 8	B4XPR8	
J2MPF8	Prescription: Frequency 8	B4XPF8	
J2MPFU8	Prescription: Frequency unit 8	B4XPFU8	
J2MPT8	Prescription: Taken for how long 8	B4XPT8	
J2MPTU8	Prescription: Unit of time taken 8	B4XPTU8	
J2MPICD9M8	Prescription: Why taken ICD 9 major category code 8	B4XPICD9M8	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC8	Prescription: Why taken MIDUS code 8	B4XPMDC8	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID9	Prescription: Multum Drug ID 9	B4XPMID9	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN9	Prescription: Multum generic drug name 9	B4XPN9	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD9	Prescription: Drug dosage 9	B4XPDD9	
J2MPDU9	Prescription: Drug dosage units 9	B4XPDU9	
J2MPR9	Prescription: Method of taking (route) 9	B4XPR9	
J2MPF9	Prescription: Frequency 9	B4XPF9	
J2MPFU9	Prescription: Frequency unit 9	B4XPFU9	
J2MPT9	Prescription: Taken for how long 9	B4XPT9	
J2MPTU9	Prescription: Unit of time taken 9	B4XPTU9	
J2MPICD9M9	Prescription: Why taken ICD 9 major category code 9	B4XPICD9M9	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC9	Prescription: Why taken MIDUS code 9	B4XPMDC9	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID10	Prescription: Multum Drug ID 10	B4XPMID10	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MPGN10	Prescription: Multum generic drug name 10	B4XPN10	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD10	Prescription: Drug dosage 10	B4XPDD10	
J2MPDU10	Prescription: Drug dosage units 10	B4XPDU10	
J2MPR10	Prescription: Method of taking (route) 10	B4XPR10	
J2MPF10	Prescription: Frequency 10	B4XPF10	
J2MPFU10	Prescription: Frequency unit 10	B4XPFU10	
J2MPT10	Prescription: Taken for how long 10	B4XPT10	
J2MPTU10	Prescription: Unit of time taken 10	B4XPTU10	
J2MPICD9M10	Prescription: Why taken ICD 9 major category code 10	B4XPICD9M10	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC10	Prescription: Why taken MIDUS code 10	B4XPMDC10	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID11	Prescription: Multum Drug ID 11	B4XPMID11	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN11	Prescription: Multum generic drug name 11	B4XPN11	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD11	Prescription: Drug dosage 11	B4XPDD11	
J2MPDU11	Prescription: Drug dosage units 11	B4XPDU11	
J2MPR11	Prescription: Method of taking (route) 11	B4XPR11	
J2MPF11	Prescription: Frequency 11	B4XPF11	
J2MPFU11	Prescription: Frequency unit 11	B4XPFU11	
J2MPT11	Prescription: Taken for how long 11	B4XPT11	
J2MPTU11	Prescription: Unit of time taken 11	B4XPTU11	
J2MPICD9M11	Prescription: Why taken ICD 9 major category code 11	B4XPICD9M11	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC11	Prescription: Why taken MIDUS code 11	B4XPMDC11	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID12	Prescription: Multum Drug ID 12	B4XPMID12	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN12	Prescription: Multum generic drug name 12	B4XPN12	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD12	Prescription: Drug dosage 12	B4XPDD12	
J2MPDU12	Prescription: Drug dosage units 12	B4XPDU12	
J2MPR12	Prescription: Method of taking (route) 12	B4XPR12	
J2MPF12	Prescription: Frequency 12	B4XPF12	
J2MPFU12	Prescription: Frequency unit 12	B4XPFU12	
J2MPT12	Prescription: Taken for how long 12	B4XPT12	
J2MPTU12	Prescription: Unit of time taken 12	B4XPTU12	

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MPICD9M12	Prescription: Why taken ICD 9 major category code 12	B4XPICD9M12	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC12	Prescription: Why taken MIDUS code 12	B4XPMDC12	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMID13	Prescription: Multum Drug ID 13	B4XPMID13	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPGN13	Prescription: Multum generic drug name 13	B4XPN13	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MPDD13	Prescription: Drug dosage 13	B4XPDD13	
J2MPDU13	Prescription: Drug dosage units 13	B4XPDU13	
J2MPR13	Prescription: Method of taking (route) 13	B4XPR13	
J2MPF13	Prescription: Frequency 13	B4XPF13	
J2MPFU13	Prescription: Frequency unit 13	B4XPFU13	
J2MPT13	Prescription: Taken for how long 13	B4XPT13	
J2MPTU13	Prescription: Unit of time taken 13	B4XPTU13	
J2MPICD9M13	Prescription: Why taken ICD 9 major category code 13	B4XPICD9M13	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MPMDC13	Prescription: Why taken MIDUS code 13	B4XPMDC13	Code variable. See Documentation for MIDUS & MIDJA Medication data.
	QUASI (NON-PRESCRIPTION) MEDICATIONS		The Medication Chart format is open-ended. Quasi Medications in a given row/variable set cannot be directly compared across waves or to OTC/Alternative medications in MIDUS. See Clinic Visit Documentation or DataFile notes for information about implications.
J2MQM	Quasi Med: Number of Quasi Med medications	B4XOM	Medications that would be classified as OTC or Alternative in MIDUS are considered Quasi in MIDJA thus they may not be directly Comparable.
J2MQMV	Does R take multivitamin?	B4XOMV	
J2MQMID1	Quasi Med: Multum Drug ID 1	B4XOMID1	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQGN1	Quasi Med: Multum generic drug name 1	B4XON1	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQDD1	Quasi Med: Drug dosage 1	B4XODD1	
J2MQDU1	Quasi Med: Drug dosage units 1	B4XODU1	
J2MQR1	Quasi Med: Method of taking (route) 1	B4XOR1	
J2MQF1	Quasi Med: Frequency 1	B4XOF1	
J2MQFU1	Quasi Med: Frequency unit 1	B4XOFU1	
J2MQT1	Quasi Med: Taken for how long 1	B4XOT1	
J2MQTU1	Quasi Med: Unit of time taken 1	B4XOTU1	

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MQICD9M1	Quasi Med: Why taken ICD 9 major category code 1	B4XOICD9M1	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMDC1	Quasi Med: Why taken MIDUS code 1	B4XOMDC1	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQCS	Quasi (non-prescription): Does R take calcium supplement	B4XOCS	
J2MQMID2	Quasi Med: Multum Drug ID 2	B4XOMID2	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQGN2	Quasi Med: Multum generic drug name 2	B4XON2	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQDD2	Quasi Med: Drug dosage 2	B4XODD2	
J2MQDU2	Quasi Med: Drug dosage units 2	B4XODU2	
J2MQR2	Quasi Med: Method of taking (route) 2	B4XOR2	
J2MQF2	Quasi Med: Frequency 2	B4XOF2	
J2MQFU2	Quasi Med: Frequency unit 2	B4XOFU2	
J2MQT2	Quasi Med: Taken for how long 2	B4XOT2	
J2MQTU2	Quasi Med: Unit of time taken 2	B4XOTU2	
J2MQICD9M2	Quasi Med: Why taken ICD 9 major category code 2	B4XOICD9M2	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMDC2	Quasi Med: Why taken MIDUS code 2	B4XOMDC2	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMID3	Quasi Med: Multum Drug ID 3	B4X_MID#	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data. Medications that would be classified as OTC or Alternative in MIDUS are considered Quasi in MIDJA thus they may not be directly Comparable.
J2MQGN3	Quasi Med: Multum generic drug name 3	B4X_N#	Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQDD3	Quasi Med: Drug dosage 3	B4X_DD#	
J2MQDU3	Quasi Med: Drug dosage units 3	B4XODU#	
J2MQR3	Quasi Med: Method of taking (route) 3	B4X_R#	
J2MQF3	Quasi Med: Frequency 3	B4X_F#	
J2MQFU3	Quasi Med: Frequency unit 3	B4X_FU#	
J2MQT3	Quasi Med: Taken for how long 3	B4X_T#	
J2MQTU3	Quasi Med: Unit of time taken 3	B4X_TU#	
J2MQICD9M3	Quasi Med: Why taken ICD 9 major category code 3	B4X_ICD9M#	Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMDC3	Quasi Med: Why taken MIDUS code 3	B4X_MDC#	Code variable. See Documentation for MIDUS & MIDJA Medication data.

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MQMID4	Quasi Med: Multum Drug ID 4		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data. Medications that would be classified as OTC or Alternative in MIDUS are considered Quasi in MIDJA thus they may not be directly Comparable.
J2MQGN4	Quasi Med: Multum generic drug name 4		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQDD4	Quasi Med: Drug dosage 4		
J2MQDU4	Quasi Med: Drug dosage units 4		
J2MQR4	Quasi Med: Method of taking (route) 4		
J2MQF4	Quasi Med: Frequency 4		
J2MQFU4	Quasi Med: Frequency unit 4		
J2MQT4	Quasi Med: Taken for how long 4		
J2MQTU4	Quasi Med: Unit of time taken 4		
J2MQICD9M4	Quasi Med: Why taken ICD 9 major category code 4		Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMDC4	Quasi Med: Why taken MIDUS code 4		Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMID5	Quasi Med: Multum Drug ID 5		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data. Medications that would be classified as OTC or Alternative in MIDUS are considered Quasi in MIDJA thus they may not be directly Comparable.
J2MQGN5	Quasi Med: Multum generic drug name 5		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQDD5	Quasi Med: Drug dosage 5		
J2MQDU5	Quasi Med: Drug dosage units 5		
J2MQR5	Quasi Med: Method of taking (route) 5		
J2MQF5	Quasi Med: Frequency 5		
J2MQFU5	Quasi Med: Frequency unit 5		
J2MQT5	Quasi Med: Taken for how long 5		
J2MQTU5	Quasi Med: Unit of time taken 5		
J2MQICD9M5	Quasi Med: Why taken ICD 9 major category code 5		Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMDC5	Quasi Med: Why taken MIDUS code 5		Code variable. See Documentation for MIDUS & MIDJA Medication data.

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MQMID6	Quasi Med: Multum Drug ID 6		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data. Medications that would be classified as OTC or Alternative in MIDUS are considered Quasi in MIDJA thus they may not be directly Comparable.
J2MQGN6	Quasi Med: Multum generic drug name 6		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQDD6	Quasi Med: Drug dosage 6		
J2MQDU6	Quasi Med: Drug dosage units 6		
J2MQR6	Quasi Med: Method of taking (route) 6		
J2MQF6	Quasi Med: Frequency 6		
J2MQFU6	Quasi Med: Frequency unit 6		
J2MQT6	Quasi Med: Taken for how long 6		
J2MQTU6	Quasi Med: Unit of time taken 6		
J2MQICD9M6	Quasi Med: Why taken ICD 9 major category code 6		Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMDC6	Quasi Med: Why taken MIDUS code 6		Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMID7	Quasi Med: Multum Drug ID 7		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data. Medications that would be classified as OTC or Alternative in MIDUS are considered Quasi in MIDJA thus they may not be directly Comparable.
J2MQGN7	Quasi Med: Multum generic drug name 7		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQDD7	Quasi Med: Drug dosage 7		
J2MQDU7	Quasi Med: Drug dosage units 7		
J2MQR7	Quasi Med: Method of taking (route) 7		
J2MQF7	Quasi Med: Frequency 7		
J2MQFU7	Quasi Med: Frequency unit 7		
J2MQT7	Quasi Med: Taken for how long 7		
J2MQTU7	Quasi Med: Unit of time taken 7		
J2MQICD9M7	Quasi Med: Why taken ICD 9 major category code 7		Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMDC7	Quasi Med: Why taken MIDUS code 7		Code variable. See Documentation for MIDUS & MIDJA Medication data.

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MQMID8	Quasi Med: Multum Drug ID 8		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data. Medications that would be classified as OTC or Alternative in MIDUS are considered Quasi in MIDJA thus they may not be directly Comparable.
J2MQGN8	Quasi Med: Multum generic drug name 8		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQDD8	Quasi Med: Drug dosage 8		
J2MQDU8	Quasi Med: Drug dosage units 8		
J2MQR8	Quasi Med: Method of taking (route) 8		
J2MQF8	Quasi Med: Frequency 8		
J2MQFU8	Quasi Med: Frequency unit 8		
J2MQT8	Quasi Med: Taken for how long 8		
J2MQTU8	Quasi Med: Unit of time taken 8		
J2MQICD9M8	Quasi Med: Why taken ICD 9 major category code 8		Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMDC8	Quasi Med: Why taken MIDUS code 8		Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMID9	Quasi Med: Multum Drug ID 9		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data. Medications that would be classified as OTC or Alternative in MIDUS are considered Quasi in MIDJA thus they may not be directly Comparable.
J2MQGN9	Quasi Med: Multum generic drug name 9		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQDD9	Quasi Med: Drug dosage 9		
J2MQDU9	Quasi Med: Drug dosage units 9		
J2MQR9	Quasi Med: Method of taking (route) 9		
J2MQF9	Quasi Med: Frequency 9		
J2MQFU9	Quasi Med: Frequency unit 9		
J2MQT9	Quasi Med: Taken for how long 9		
J2MQTU9	Quasi Med: Unit of time taken 9		
J2MQICD9M9	Quasi Med: Why taken ICD 9 major category code 9		Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMDC9	Quasi Med: Why taken MIDUS code 9		Code variable. See Documentation for MIDUS & MIDJA Medication data.

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MQMID10	Quasi Med: Multum Drug ID 10		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data. Medications that would be classified as OTC or Alternative in MIDUS are considered Quasi in MIDJA thus they may not be directly Comparable.
J2MQGN10	Quasi Med: Multum generic drug name 10		Lexi-Data item. See Documentation for MIDUS & MIDJA Medication data.
J2MQDD10	Quasi Med: Drug dosage 10		
J2MQDU10	Quasi Med: Drug dosage units 10		
J2MQR10	Quasi Med: Method of taking (route) 10		
J2MQF10	Quasi Med: Frequency 10		
J2MQFU10	Quasi Med: Frequency unit 10		
J2MQT10	Quasi Med: Taken for how long 10		
J2MQTU10	Quasi Med: Unit of time taken 10		
J2MQICD9M10	Quasi Med: Why taken ICD 9 major category code 10		Code variable. See Documentation for MIDUS & MIDJA Medication data.
J2MQMDC10	Quasi Med: Why taken MIDUS code 10		Code variable. See Documentation for MIDUS & MIDJA Medication data.
	MEDICATION ALLERGIES		Medication Allergy data is only included in the aggregate flat file. See Clinic Visit Documentation for details. Issues noted above regarding the open-ended format of the Medication Chart apply here as well. Medication Allergies in a given row/variable set cannot be directly compared across waves/projects. See Clinic Visit Documentation or DataFile notes for information about implications.
J2ML	Any Medication Allergies?	B4XM	
J2MLM	Allergies: Number of Medication Allergies	B4XMM	
J2MLN1	Allergies: Drug name 1	B4XMN1	MIDJA and MIDUS may not be directly comparable.
J2MLRC1	Allergies: Coded reaction categories 1	B4XMRC1	Code variable. See Clinic Visit Documentation.
J2MLN2	Allergies: Drug name 2	B4XMN2	MIDJA and MIDUS may not be directly comparable.
J2MLRC2	Allergies: Coded reaction categories 2	B4XMRC2	Code variable. See Clinic Visit Documentation.
J2MLN3	Allergies: Drug name 3	B4XMN3	MIDJA and MIDUS may not be directly comparable.
J2MLRC3	Allergies: Coded reaction categories 3	B4XMRC3	Code variable. See Clinic Visit Documentation.

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
	MULTUM THERAPEUTIC CLASS & PHARMACOLOGIC CATEGORY		The following variables provide summary information about frequently occurring Therapeutic and Pharmacologic classes. They are created as part of the Lexi-Data linkage to MIDJA & MIDUS medication names. See the Documentation of MIDUS & MIDJA Medication Data for details.
J2MTC_40	Multum Therapeutic Class 40 - cardiovascular agents: YES/NO?	B4XTC_40	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_40_N	Multum Therapeutic Class 40 - cardiovascular agents: HOW MANY?	B4XTC_40_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_57	Multum Therapeutic Class 57 - central nervous system agents: YES/NO?	B4XTC_57	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_57_N	Multum Therapeutic Class 57 - central nervous system agents: HOW MANY?	B4XTC_57_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_87	Multum Therapeutic Class 87 - gastrointestinal agents: YES/NO?	B4XTC_87	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_87_N	Multum Therapeutic Class 87 - gastrointestinal agents: HOW MANY?	B4XTC_87_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_115	Multum Therapeutic Class 115 - nutritional products: YES/NO?	B4XTC_115	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_115_N	Multum Therapeutic Class 115 - nutritional products: HOW MANY?	B4XTC_115_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_218	Multum Therapeutic Class 218 - alternative medicines: YES/NO?	B4XTC_218	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_218_N	Multum Therapeutic Class 218 - alternative medicines: HOW MANY?	B4XTC_218_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_358	Multum Therapeutic Class 358 - metabolic agents: YES/NO?	B4XTC_358	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTC_358_N	Multum Therapeutic Class 358 - metabolic agents: HOW MANY?	B4XTC_358_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTCS_19	Multum Therapeutic Sub-Class 19 - antihyperlipidemic agents: YES/NO?	B4XTCS_19	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTCS_48	Multum Therapeutic Sub-Class 48 - calcium channel blocking agents: YES/NO?		Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTCS_56	Multum Therapeutic Sub-Class 56 - angiotensin II inhibitors: YES/NO?		Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTCS_58	Multum Therapeutic Sub-Class 58 - analgesics: YES/NO?	B4XTCS_58	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTCS_67	Multum Therapeutic Sub-Class 67 - anxiolytics sedatives and hypnotics: YES/NO?	B4XTCS_67	Computed variable see Documentation for MIDUS & MIDJA Medication Data

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MTCS_119	Multum Therapeutic Sub-Class 119 - vitamins: YES/NO?	B4XTCS_119	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTCS_120	Multum Therapeutic Sub-Class 120 - vitamin and mineral combinations: YES/NO?	B4XTCS_120	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTCS_219	Multum Therapeutic Sub-Class 219 - nutraceutical products: YES/NO?	B4XTCS_219	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTCS_220	Multum Therapeutic Sub-Class 220 - herbal products: YES/NO?	B4XTCS_220	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MTCS_272	Multum Therapeutic Sub-Class 272 - proton pump inhibitors: YES/NO?	B4XTCS_272	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_958	Multum Pharmacologic Category 958 - angiotensin II receptor blocker: YES/NO?	B4XPC_958	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_958_N	Multum Pharmacologic Category 958 - angiotensin II receptor blocker: HOW MANY?	B4XPC_958_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_971	Multum Pharmacologic Category 971 - antianginal agent: YES/NO?	B4XPC_971	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_971_N	Multum Pharmacologic Category 971 - antianginal agent: HOW MANY?	B4XPC_971_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1171	Multum Pharmacologic Category 1171 - antilipemic agent hmg coa reductase inhibitor: YES/NO?	B4XPC_1171	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1171_N	Multum Pharmacologic Category 1171 - antilipemic agent hmg coa reductase inhibitor: HOW MANY?	B4XPC_1171_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1313	Multum Pharmacologic Category 1313 - calcium channel blocker: YES/NO?	B4XPC_1313	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1313_N	Multum Pharmacologic Category 1313 - calcium channel blocker: HOW MANY?	B4XPC_1313_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1428	Multum Pharmacologic Category 1428 - dietary supplement: YES/NO?	B4XPC_1428	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1428_N	Multum Pharmacologic Category 1428 - dietary supplements: HOW MANY?	B4XPC_1428_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1651	Multum Pharmacologic Category 1651 - proton pump inhibitor: YES/NO?	B4XPC_1651	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1651_N	Multum Pharmacologic Category 1651 - proton pump inhibitor: HOW MANY?	B4XPC_1651_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1750	Multum Pharmacologic Category 1750 - vitamin: YES/NO?	B4XPC_1750	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1750_N	Multum Pharmacologic Category 1750 - vitamin: HOW MANY?	B4XPC_1750_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1753	Multum Pharmacologic Category 1753 - vitamin fat soluble: YES/NO?	B4XPC_1753	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1753_N	Multum Pharmacologic Category 1753 - vitamin fat soluble: HOW MANY?	B4XPC_1753_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data

MEDICATION DATA			
MIDJA 1 SVN	MIDJA SPSS Label	MIDUS 2 SVN	Data Notes
J2MPC_1824	Multum Pharmacologic Category 1824 - substituted benzimidazole: YES/NO?	B4XPC_1824	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1824_N	Multum Pharmacologic Category 1824 - substituted benzimidazole: HOW MANY?	B4XPC_1824_N	Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1797080	Multum Pharmacologic Category 1797080 - calcium channel blocker, dihydropyridine: YES/NO?		Computed variable see Documentation for MIDUS & MIDJA Medication Data
J2MPC_1797080_N	Multum Pharmacologic Category 1797080 - calcium channel blocker, dihydropyridine: HOW MANY?		Computed variable see Documentation for MIDUS & MIDJA Medication Data