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# Survey of Midlife in Japan (MIDJA): Biomarker Project, 2009-2010

Clinic Visit Documentation

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# Survey of Midlife in Japan (MIDJA): Biomarker Project, 2009-2010

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# DOCUMENTATION for

# MIDJA 1 CLINIC VISIT DATA COLLECTION PROTOCOLS

University of Wisconsin ♦ Institute on Aging July 2018

#### INTRODUCTION

This document provides an overview of the data collection protocols implemented at the Clinic Visit for the MIDJA 1 Biomarker Protocol. It describes the protocols for assessment of vital signs and morphometrics, collecting and processing tissue samples, and also provides information about the construction and usage of related administrative and constructed variables. In addition, it contains descriptions of the biomarker assay methods including details about assay ranges, reference ranges, and inter-, and intra- assay covariation.

Data users are also encouraged to review the MIDJA 1 Biomarker DataFile Notes.doc. This document provides information about naming conventions, administrative and filter variables, and the order in which variables appear in the data file. It also includes information about how we handled missing values and other issues that arose over the course of the study.

This document will be periodically revised and updated as more information is gathered, and researchers continue to work with the MIDJA 1 Biomarker data. If there are suggestions or comments, please contact Gayle Love (<a href="mailto:glove@wisc.edu">glove@wisc.edu</a>) or Barry Radler (<a href="mailto:bradler@wisc.edu">bradler@wisc.edu</a>).

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# **SECTION A**

# **OVERVIEW OF DATA FILE AND COLLECTION PROTOCOLS**

#### **OVERVIEW OF DATA AND COLLECTION PROTOCOLS**

The MIDJA Biomarker clinic visit includes collection of:

- Vital signs and morphometrics:
  - blood pressure
  - o height, weight, waist and hip
- Blood samples for biomarker assay
- Medication data

As described in "MIDJA Biomarker Data File Notes", the naming convention organizes variables according to the data type or method used for data collection. The variable names for the Clinic Visit data, unless otherwise noted below, begin with the unique 3 character set "J2C".

The remainder of this section provides some administrative details as well as an overview of the following sections.

#### **Vital Signs & Morphometrics**

A copy of the form completed during the clinic visit appears in Section B. This section also includes detailed instructions for obtaining vital signs and morphometrics according to the same protocols for collecting the corresponding data in the MIDUS Biomarker study.

#### **Blood Assays**

The blood samples allow for assessment of multiple indicators within the following major systems as follows:

- Cardiovascular: Cholesterol Panel (Total, HDL), Glycosylated Hemoglobin (HA1c)
- Neuroendocrine: DHEA, DHEA-S, Creatinine
- *Inflammatory:* CRP(C-Reactive Protein), IL6 (InterLeukin 6), sIL6r (soluble IL-6 receptor), Fibrinogen

Blood samples were collected and processed into fresh and frozen aliquots using standardized protocols. Details about these protocols appear in Section C. The aliquots were then sent to Syowa Medical Service Co. LTD, in Tokyo, Japan (SMS) for further processing and some assays as follows:

- Fresh aliquots are assayed by SMS for:
  - Glycosylated hemoglobin (HA1c) this MIDUS biomarker requires whole blood that is fresh or has been refrigerated for just a few days thus it is conducted in Japan.
  - Life Style Assessments these are routine tests performed as a part of clinic visits in Japan and include: tests of cholesterol, HDL and LDL cholesterol, tryglycerides, liver function (GPT, gamma GPT, GOT), kidney function (BUN, uric acid), blood glucose, and anemia (e.g. red cell count, hematocrit).
- Frozen aliquots were packaged and shipped to the MIDUS BioCore lab at the University
  of Wisconsin. Samples were shipped to the U.S. so they could be assayed at the same
  labs that were used for MIDUS biomarker assays.

Details about the methods used to assay the tissue samples appear in Section D. This section includes details about assay method and sensitivity for inclusion in manuscripts, as well as information about any changes in assay method and subsequent corrections to the data. Assays corresponding to MIDUS measures are listed first followed by the Lifestyle assays done at the Syowa Laboratory in Tokyo. A table summarizing assay ranges, reference ranges, and

intra- and inter-assay co-variation appears at the end of this section. Please also note the following:

- Variable names for assays performed in the U.S begin with the unique 3 character set "J2B".
- Although saliva samples are collected at home details about the saliva cortisol assay and sensitivity are also include in Section D.
- Variable names for the saliva data begin with the unique 3 character set "J2S".

#### **Medication Data**

Participants are instructed to bring medications or information about medications to the clinic visit. At the end of the visit staff record medication names, dosage, route of administration, frequency, how long the participant has been taking the medication and why they think they are taking it. A copy of the form used to collect this information and additional details about data collection and processing are included in Section E along with details about the structure of the data and basic processing.

MIDJA medication data are also processed (i.e. reasons for taking medications are coded, therapeutic and pharmacologic class codes are added) according to a standardized set of procedures developed with the MIDUS Biomarker Medication data. *These protocols are described in a separate document that applies to data from both studies.* (See Documentation for MIDUS and MIDJA Medication Data).

# **SECTION B**

# **CLINIC VISIT FORM AND INSTRUCTIONS**

#### **CLINIC VISIT RECORD FORM**

#ID		D	4TE			
NAME						
◆ <u>Record of Last Meal</u> : When did you have a meal last	time?					
DATE: TIME:						
<b>♦</b> Record of Body Measureme	ent:					
HEIGHT (cm)		WEIGHT (kg)				
WAIST (cm)	ABDOMIN	IAL GIRTH (cm	)	Н	IP (cm)	
BLOOD PRESSURE 1 (high/low)		PRESSURE			PRESSURE	
◆Blood Sample : ①Took blood → □Yes (Reason :	□No				)	
②Date and time of taking t	olood→ Date	e:	, Tir	ne:		

#### **Data Collection Protocols: Vital Signs and Morphometrics**

The following provides a general overview of the steps completed by project staff to obtain the indicated measurements. More detailed instructions are provided at item B, below as appropriate.

#### A. General Instructions:

- 1. *Hip and Waist*: measured using a Gulik II Tape measure according to the detailed according to the instructions below
- 2. Weight and Height:
  - a. For weight measurement, participants should take off their shoes and empty their pockets.
  - b. They do not have to take off any other clothing.
- 3. Blood Pressure:
  - a. Have respondent sit quietly for 5 minutes
  - b. Measure blood pressure 3 times allowing a maximum of 30 seconds between each measurement.

#### B. **Detailed Instructions**: Hip & Waist Measurement

Project staff use a Gulik II Tape Measure to obtain hip and measurements. These measurements are recorded to 1 decimal place. The following standard is used for 'rounding':

#### If less than 0.05 (centimeters) round down

If greater than or equal to 0.05 (centimeters) round up

Measurements should be made directly on skin or over a single layer of clothing.

If, for some reason, these measurements have to be done over loose clothing, make sure to smooth the clothing as flat as possible DO NOT BUNCH the material.

Have participant stand erect with feet placed shoulder width apart and toes pointing forward.

- Waist Circumference is measured directly on skin or over a single layer of clothing if the garment is a camisole or undershirt. <u>DO NOT measure over a loose fitting blouse or shirt</u>):
  - a. Place tape around narrowest point between ribs and the iliac crest (tips of the large bones of the pelvis).
  - b. Be sure the tape goes around evenly (parallel to the floor).
  - c. Record measurement to the nearest millimeter (1 decimal place).
- 2. Hip Circumferences is measured over a single layer of clothing, typically subject's underwear:
  - a. <u>1st circumference (Iliac Crest):</u>
    - Ask subject to point to their hipbone.
    - Place the tape measure at the iliac crest and wrap around the body.
    - Make sure the measure is parallel to the floor.
    - Record measurement to the nearest millimeter (1 decimal place).
  - b. 2<sup>nd</sup> circumference (Maximum Extension):
    - Place the tape measure at the maximum diameter of the buttocks and wrap it around the body.
    - Stand to the side of the participant to see that the tape is placed at the point of maximum buttock extension.
    - Record measurement to the nearest millimeter (1 decimal place).

# **SECTION C**

# BLOOD COLLECTION AND PROCESSING PROTOCOLS

#### **Blood Collection Protocol**

Blood samples are collected in the order described below. Collect blood samples and process as follows:

- a. Preparation for blood draw
  - i. Use non-dominant arm if possible.
  - ii. Make reasonable number of attempts to get needed samples (e.g., 3 or so tries is generally sufficient if unable to obtain samples, indicate this on Clinic Visit form, above)
  - iii. Subject should avoid strenuous activity before blood draw.
- b. Fill tubes in the following order and then process as indicated:
  - i. Three 8.5-ml SST (Serum Separator Tube) tubes, gently invert tube 3-5 times after draw.
  - ii. Two 1.8ml citrated tubes.
  - iii. One 2.0-ml FNa tube (whole blood for HA1c), gently invert tube 3-5 times after draw and cool at 4 degree.
  - iv. One 2.0-ml EDTA2K tube (for blood counts for lifestyle assessment), gently invert tube 3-5 times after draw and cool at 4 degrees.
- c. Complete the Clinic Visit Record Form
  - i. Record the time that the participate last ate, using 24-hour clock
  - ii. Record date and time blood draw began using 24-hour clock.
  - iii. Indicate if the blood draw was completed or not.

    If no blood was drawn record the reason it was not collected.
  - iv. Record any problems encountered or other information regarding aspects of the collection that are not standard (per protocol).

#### **Blood Sample Processing Protocol**

Blood samples were processed by study staff on the University of Tokyo (UT) campus at the time of the clinic visit and then sent to Syowa Medical services for HbAlc testing, lifestyle assessments, and storage until shipment to the Biocore lab in Madison WI, USA, as indicated below.

- 1. FNa tube containing fresh blood is cooled at 4°C and tested for HA1c at Syowa.
- 2. EDTA2K tube containing fresh blood is cooled at 4°C and sent to Syowa for blood counts.
- 3. Two 1.8 ml Citrate tubes:
  - a. Centrifuge as soon as possible to separate plasma
    - i. Use refrigerated centrifuge (4°C).
    - ii. Centrifuge samples for 15 minutes.
    - iii. Set speed at 2000-3000 rpm.
    - iv. On form, record time centrifuge begun.
  - b. From two citrate tube, aliquot all plasma into two tubes, with 1.0ml plasma in each tube, apply blue label.
  - c. On form, indicate amount of plasma aliquoted into vial.
  - d. Store in a MIDJA freezer in designated freezer (-60 to -80 degrees) for delivery to Syowa for shipment to the US.
  - e. Record the time the specimens were stored in freezer on the form.
- 4. Three 8.5-ml SST tubes (Serum Separator Tube).
  - a. Let stand for 15-30 minutes after draw (maximum of 2 hours allowed between draw and centrifuging).
  - b. Centrifuge to separate sera at UT.
    - i. Use refrigerated centrifuge (4°C)
    - ii. Centrifuge samples for 10 minutes.
    - iii. Set speed at 2000-3000 rpm.

- iv. Record the time centrifugation was begun on the form.
- c. From three SST tubes, aliquot sera into two 10 ml vials (4 ml sera in each tube) for shipment to UW.
- d. Aliquot the remaining 2 or more ml of sera into a 10ml vial for Syowa.
- e. On form, indicate number of aliquots filled of each type.
- f. If none were filled or fewer than number specified were filled, please indicate why.
- g. Store two red capped tubes in MIDJA storage box in designated freezer (-60 to -80 degrees) for delivery to Syowa for shipment to the US. The remaining tube is kept at 4 degree and sent to Syowa for measurement of biochemical indicators at Syowa.
- h. Record the time specimens were stored in freezer on the form.

# **SECTION D**

# **BLOOD ASSAY DOCUMENTATION**

Blood Assay Descriptions Assay Sensitivity Summary Table

#### MIDJA 1 BIOMARKER ASSAY DESCRIPTIONS

#### Overview

The following provides information about laboratory assays of tissue samples collected as part of the MIDJA Biomarker Protocol, including details about assay method and sensitivity for inclusion in manuscripts. If the assay method changed during the data collection period, information about the change and any corrections to the data are also provided. Assays are listed first by tissue source (blood, saliva), and then by physiological system assessed (cardiovascular, inflammatory etc). Each section begins with a brief overview of sample collection and processing. Information about the assays was provided by the lab performing the assay or was developed by Dr. Chris Coe's lab (i.e. MIDUS Biocore lab). The MIDJA protocol included a set of blood assessments (assays and cell counts), performed at Showa Medical Science, that were reported back to Japanese patients as part of a standard physical exam. A few of these assessments replicate MIDUS blood assays. Where appropriate, information about assays done in both locations is included below. A summary table listing all the assays along with the specimen type, assay type and sensitivity appears in Appendix A at the end of this document.

Information about corresponding assays in the MIDUS II Project 4 (Biomarker) protocol can be found in the "BloodUrineSaliva.pdf" documentation file in the public archive at ICPSR http://www.icpsr.umich.edu/icpsrweb/NACDA/studies/29282/documentation

#### I. Blood Assays

#### A. Sample Collection:

Blood samples were collected from each participant at the clinic visit, which could occur at any time during the day. Participants were encouraged not to eat at least one hour before the visit. The last time they ate was recorded prior to the blood draw. To ensure consistency, all samples were collected and processed using standardized procedures. Frozen samples were stored in a -60° C to -80° C freezer until shipped on dry ice to the MIDUS Biocore Lab. Samples were subsequently stored in a -65° C freezer until assayed.

- Whole blood samples (sodium fluoride-anticoagulated) as well as freshly-separated sera, were refrigerated and delivered to the Showa Lab in Tokyo Japan within 24 hours of collection for
  - Complete blood count (CBC) and HA1c determination
  - Serum chemistry: Cholesterol (Total, HDL, LDL) Triglycerides, Glutamic oxaloacetic transaminase (GOT), Glutamic pyruvic transaminase (GPT), γ-Glutamyl transpeptidase (GGTP), Blood urea nitrogen (BUN), Uric acid (UA).
- Frozen serum and plasma samples were shipped to the MIDUS Biocore Lab monthly for the following biomarker assays:
  - o Cardiovascular markers Cholesterol, HDL Cholesterol
  - Hormone markers DHEA and DHEA-S
  - o Inflammation markers IL-6, s-IL6-r, C-Reactive protein, Fibrinogen
  - Serum Creatinine

#### B1. Assay Details - Cardiovascular Markers

#### Glycosylated Hemoglobin (HA1c):

HA1c assays were performed at the Showa lab in Tokyo Japan. Glycosylated hemoglobin (HA1c) was measured using antibodies attached to latex particles, which specifically bind HA1c. Remaining free antibodies are agglutinated with a synthetic polymer. The change in turbidity is inversely related to the quantity of bound glycopeptides and is measured turbidometrically. Hemoglobin concentration in blood is determined by adding sodium lauryl sulfate (SLS) to anticoagulated blood to lyse the cells, thus releasing their hemoglobin into the plasma so that it can be measured colorimetrically. Percent HA1c is determined by dividing the concentration of HA1c by the total hemoglobin concentration

#### Comparability with MIDUS values:

The original MIDJA HA1c value can be used in analyses of MIDJA-only data, or for comparison to HA1c values from other Japanese studies. For comparison with U.S. data (MIDUS), however, two issues must be addressed: 1) MIDJA values were less than the MIDUS (by 0.4 - 0.8% percentage points) and, 2) the U.S. HA1c assay at Meriter labs changed twice over over the course of MIDUS data collection and once since then.

To address the first issue, a small experiment was conducted to determine if the lower MIDJA values reflected differences in laboratory assay methods, or physiological variation. EDTA-anticoagulated blood was drawn from 10 individuals in Tokyo (4 in April 2010 and 6 in September 2010). Each sample was divided into two aliquots, one of which was assayed immediately for HA1c at the Showa lab, and one of which was sent to Madison and assayed within 1-2 days at Meriter Labs. From the two sets of data obtained on these ten samples a scatterplot (Figure 1, Appendix B) was made and a linear regression line generated: y = 0.6026x + 2.6129, where x is the value obtained in Tokyo and y is the value obtained in Madison. The coefficient of determination for this regression line is 0.6668.

To address the second issue, equations were obtained from the in-house comparisons at Meriter Labs to adjust their reported values to account for shifts occurring on May 22, 2006; February 29, 2007; and April 17, 2010<sup>26, 27, 28</sup>.

• These three equations were combined to obtain the equation below to convert the 2010 Meriterreported values (D) to bring them in line with the values in the MIDUS II data file (A):

where D represents the values reported by Meriter after April 17, 2010 and A represents the values reported by Meriter before May 22, 2006

• These MIDUS-adjusted values were plotted against the Tokyo values, and a second scatterplot was obtained. From this plot, a second equation was obtained, which was used to convert the Tokyo values (J) to pre-5/22/06 Meriter values:

$$A = 0.8346*J + 1.4748$$

These equations have a coefficient of determination of 0.6668. The comparison data and graphs are shown in Appendix B.

The data file includes the original value (J2CHBA1C) obtained from the Showa lab and the final MIDUS adjusted value (HA1c, MIDUS-adjusted).

#### Cholesterol & HDL Cholesterol:

Biocore Assays: The Cholesterol and HDL Cholesterol assays were performed at Meriter Labs (GML) (Madison, WI) using a Cobas Integra® analyzer (Roche Diagnostics, Indianapolis, IN).

Cholesterol: The instrument uses the enzyme cholesterol esterase to cleave cholesterol esters into free cholesterol and fatty acids. Cholesterol oxidase then catalyzes the oxidation of cholesterol to cholest-4-en-3-one and hydrogen peroxide. In the presence of peroxidase, this hydrogen peroxide effects the coupling of phenol and 4-aminoantipyrine to form a red quinone-imine dye. The color intensity of the dye is directly proportional to the cholesterol concentration. It is determined by measuring the increase in absorbance at 512 nm.<sup>1</sup>

*HDL-cholesterol*: Serum is first mixed with synthetic polyanions, which adsorb to the surfaces of the other lipoproteins (LDL, VLDL, and chylomicrons); they are thereby transformed into detergent-resistant forms, whereas HDL is not. After solubilizing the HDL with detergent, it is measured as described above for total cholesterol.<sup>2</sup>

Showa Medical Science Assays: Cholesterol (Total, HDL, LDL) and Triglyceride assays were performed in Tokyo for Life Style Assessment reports that were sent to study participants. These values can be used in analysis of MIDJA-only data or for comparison to values from other Japanese studies.

Total serum cholesterol: This procedure employs the enzyme cholesterol esterase (CE) to cleave cholesterol esters into free cholesterol and fatty acids. Cholesterol oxidase (COD) then catalyzes the oxidation of cholesterol to cholest-4-en-3-one and hydrogen peroxide. In the presence of peroxidase (POD), the hydrogen peroxide effects the oxidation of a dye, causing a color change which can be measured colorimetrically.

*HDL-* and *LDL-* cholesterol: Each of these is isolated from the other lipoproteins, and then measured as described above for total cholesterol.

*Triglycerides:* Triglycerides are hydrolyzed to glycerol and fatty acids. Free glycerol is then phosphorylated to glycerol-3-phosphate, which in turn is oxidized by glycerol phosphate oxidase (GPO) to dihydroxyacetone phosphate and hydrogen peroxide. In the presence of the enzyme peroxidase (POD), the hydrogen peroxide oxidizes a dye, causing a color change which can be measured colorimetrically.

#### Comparability with MIDUS values-

Lipid profiles were run on sera from all 382 MIDJA participants in Tokyo (Showa lab). Frozen sera from these same participants were sent to Madison, where assays of HDL and total cholesterol were performed at Meriter Labs. These dual measurements were used to generate the scatter plots and linear regression lines shown in Appendix B (Figures 2-4) below. Across all three charts x values were obtained in Tokyo, while y values represent values obtained in the US as described below. Total Cholesterol values are plotted in the Figure 2.

The final 2 charts each include two sets of scatter plots. This was necessary due to a re-standardization of the HDL assay at Meriter in 2007<sup>3,4</sup> while the MIDUS data collection was ongoing. The MIDUS HDL values obtained after this re-standardization were adjusted to be consistent with the values obtained before this occurred.

Adjusted value = 1.1423(new value) - 0.90284

For more information see the MIDUS BloodUrineSaliva.pdf in the public archive at: <a href="http://www.icpsr.umich.edu/icpsrweb/NACDA/studies/29282/documentation">http://www.icpsr.umich.edu/icpsrweb/NACDA/studies/29282/documentation</a>). To facilitate comparison with the MIDUS data, this correction was also applied to the MIDJA values. The mathematical adjustment to the HDL values also made it necessary to generate a second set of values for the Ratio of Total/HDL Cholesterol. Thus, the figures for HDL Cholesterol (Figure 3) and the Ratio of Total/HDL Cholesterol (Figure 4) include scatter plots comparing the Tokyo values to the original US values reported by Meriter (US-MIDJA), as well as the values that were adjusted to bring them in line with the MIDUS data (US-MIDUS).

Thus the data file includes the following measures of Total and HDL Cholesterol and the Ratio of Total /HDL Cholesterol:

	Variable names					
Measure	Meriter Lab Value	MIDUS Adjusted Value	Showa Lab Value			
Total Cholesterol	J2BCHOL	Not applicable	J2CTCHOL			
HDL Cholesterol	J2BHDL	J2BHDLA	J2CHDL			
Ratio Total/HDL						
Cholesterol	J2BRTHDL	J2BRTHDA	J2CRTHDL			

Although the values are very similar, investigators are encouraged to use the Meriter Lab values for comparisons using U.S. samples and the MIDUS Adjusted values for comparison to the MIDUS sample.

#### B2. Assay Details - Hormone Markers

DHEA and DHEA-S assays are performed at the Associated Regional & University Pathologists (ARUP) laboratory (Salt Lake City, UT).

#### DHEA:

A radioimmunoassay was performed using kit #DSL8900 from Diagnostic Systems Laboratories (Webster, TX). The procedure follows the basic principle of radioimmunoassay where there is competition between a radioactive and a non-radioactive antigen for a fixed number of antibody binding sites. The amount of [I-125]-labeled DHEA bound to the antibody is inversely proportional to the concentration of the unlabeled DHEA present. The separation of free and bound antigen is easily and rapidly achieved using a double antibody system.<sup>5</sup>

On May 18, 2009, ARUP began using LC-MS/MS (Liquid Chromatography tandem Mass Spectrometry) to assay DHEA.<sup>6</sup> Data collection began in January 2009; thus the initial 100 samples were assayed under the old method and the remainder under the new method. To maintain consistency with MIDUS data which were assayed under the earlier method, DHEA values were adjusted, as follows, to bring the new values in line with the existing data:

Adjusted value = 1.6145(new value) + 0.4668<sup>7</sup>

#### DHEA-Sulfate:

This assay was performed with a Roche Modular Analytics E170 analyzer, using an Elecsys® kit (Roche Diagnostics, Indianapolis, IN).

By incubating the serum with a DHEA-S specific biotinylated antibody, an immunocomplex is formed, the amount of which is dependent upon the DHEA-S concentration in the specimen. After addition of strepavidin-coated microparticles and a DHEA-S derivative labeled with a ruthenium complex, the still-vacant sites of the biotinylated antibodies become occupied, with formation of an antibody-hapten complex. The entire complex becomes bound to the solid phase via interaction of biotin and streptavidin.

The reaction mixture is aspirated into a measuring cell where the microparticles are magnetically captured onto the surface of an electrode. Unbound substances are removed. Application of a voltage to the electrode then induces chemiluminescent emission, which is measured by a photomultiplier.<sup>8</sup>

#### B3. Assay Details – Inflammation Markers

IL-6 and II-6sr were assayed in the MIDUS Biocore Laboratory (University of Wisconsin, Madison, WI). The fibrinogen and CRP assays are performed at the Laboratory for Clinical Biochemistry Research (University of Vermont, Burlington, VT).

#### *IL6:*

IL6 was measured using the Quantikine® High-sensitivity ELISA kit #HS600B (R & D Systems, Minneapolis, MN). This is a sandwich ELISA using a microplate precoated with a monoclonal antibody specific for IL6. Standards and samples are pipetted into the wells, and any IL6 present is bound by the immobilized antibody. After washing away the unbound substances, an alkaline phosphatase-labeled detection antibody specific for IL6 is added to the wells. Following a wash to remove any unbound antibody-enzyme reagent, a substrate (NADPH) is added, which is converted to NADH. After an incubation period, an amplifier solution containing two additional enzymes whose actions are coupled to the cycling of NADH and NAD+ (diaphorase and alcohol dehydrogenase) and their respective substrates (iodonitrotetrazolium-violet and ethanol) are added. The diaphorase converts the iodonitrotetrazolium-violet to formazan, a red-colored product. The reaction is stopped at a predetermined endpoint with sulfuric acid, and the absorbance, which is proportional to the concentration of IL6 in the sample, is read at 490 nm using a Dynex MRXe plate reader (Magellan Biosciences, Chantilly, VA).9

#### Soluble Receptors for IL6 (IL6-sr):

Concentration of IL6-sr was measured using the Quantikine® ELISA kit #DR600 (R & D Systems, Minneapolis, MN). This is a sandwich ELISA using a microplate precoated with a monoclonal antibody specific for IL6-sr. Standards and samples are pipetted into the wells, and any IL6-sr is bound by the immobilized antibody. After washing away the unbound substances, a horseradish peroxidase-labeled detection antibody specific for IL6-sr is added to the wells. Following a wash to remove any unbound antibody-enzyme reagent, a substrate (tetramethylbenzidine) is added to the wells, and a blue-colored product develops. This reaction is stopped at a predetermined endpoint using sulfuric acid, which changes the color to yellow. Absorbance is read at 450 nm using a Dynex MRXe plate reader (Magellan Biosciences, Chantilly, VA), and is proportional to the concentration of IL6-sr in the samples. 10

#### Fibrinogen:

Fibrinogen antigen was measured using the BNII nephelometer (N Antiserum to Human Fibrinogen; Dade Behring Inc., Deerfield, IL). The amount of fibrinogen present in the sample is quantitatively determined by immunochemical reaction. Complexes formed between antigen and antibody molecules scatter light passing through the sample. The intensity of the scattered light is proportional to the concentration of the antigen (fibrinogen) in the sample.<sup>11</sup>

#### C-reactive protein (CRP):

CRP was measured using the BNII nephelometer from Dade Behring utilizing a particle enhanced immunonepholometric assay. Polystyrene particles are coated with monoclonal antibodies to CRP, which, in the presence of antigen (CRP) agglutinate to cause an increase in the intensity of scattered light. The increase in scattered light is proportional to the amount of CRP in the sample.<sup>11</sup>

<u>UPDATE</u> - Samples falling below the assay range for CRP by this method were re-assayed by immunoelectrochemiluminescence using a high-sensitivity assay kit (Meso Scale Diagnostics #K151STG)<sup>30</sup>.

#### B4. Assay Details - Serum Creatinine

Creatinine was measured using a Cobas Integra® analyzer (Roche Diagnostics, Indianapolis, IN).

#### Serum Creatinine:

This assay employs the enzymes creatininase, creatinase, and sarcosine oxidase which react with creatinine and produce hydrogen peroxide as one of the end products. This reacts with aminophenazone and HT1B to form a quinine imine chromogen as an end product. The absorbance of this colored end product is measured at 552 nm and is directly proportional to the creatinine concentration in the serum.<sup>12</sup>

#### B5. Assay Details – Japanese Life Style Assessments

In Japan clinic visits routinely include collection of blood samples for assessment of life-style related diseases. Serum samples, refrigerated never frozen, were sent to Showa Medical Sciences for these assessments and a report of these results were sent to study participants. These results are also included in the MIDJA Biomarker data file and can be used with other MIDJA data and for comparison to other Japanese samples. In addition to the HA1c, Cholesterol, and Triglyceride assays described above, the following measurements of liver and kidney function were obtained along with a complete blood count::

Liver Function: Glutamic oxaloacetic transaminase (GOT) , Glutamic pyruvic transaminase (GPT), γ-Glutamyl transpeptidase (GGTP)

Kidney Function: Blood Urea Nitrogen (BUN), Uric Acid (UA)

#### Liver Function Assays:

Glutamic oxaloacetic transaminase (GOT): In this assay, aspartate and α-ketoglutarate are mixed with serum, and the GOT in the serum catalyzes the conversion of these substrates to glutamate and

oxaloacetate. The oxaloacetate is then converted to malic acid by the enzyme malate dehydrogenase; this reaction consumes NADH, whose disappearance can be monitored by measuring UV absorbance at 340 nm.

Glutamic pyruvic transaminase (GPT): Alanine and α-ketoglutarate are mixed with serum, and the GPT in the serum catalyzes the conversion of these substrates to glutamate and pyruvate. The pyruvate is then converted to lactate by the enzyme lactate dehydrogenase; this reaction consumes NADH, whose disappearance can be monitored by measuring UV absorbance at 340 nm.

*γ-Glutamyl transpeptidase (GGTP):* A donor substrate, (γ-L-Glutamyl)-3-carboxy-4-nitroanilide, and an acceptor substrate are mixed with serum; the GGTP in the serum catalyzes the formation of 5-amino-2-nitrobenzoic acid, whose appearance can be monitored by measuring light absorbance at 410 nm.

#### Kidney Function Assays:

Blood urea nitrogen: This is a coupled enzymatic assay employing urease to convert urea to ammonium carbonate, and glutamate dehydrogenase (GLDH) and  $\alpha$ -ketoglutarate to convert the ammonium ion to glutamic acid. The latter reaction consumes NADH, whose disappearance can be monitored by UV absorbance at 340 nm.

*Uric acid:* The enzyme uricase converts uric acid to allantoin, carbon dioxide, and hydrogen peroxide. The hydrogen peroxide product is reduced to water by the enzyme peroxidase (POD), and this reaction is coupled to an indicator reaction which can be monitored photometrically.

#### Complete Blood Count (CBC):

Hematocrit, Hemoglobin, Red blood cells, Mean cell volume, Mean cell hemoglobin, Mean cell hemoglobin concentration, White blood cells, Platelets: These measurements were automated.

#### II. Saliva Assays

#### A. Sample Collection:

Saliva samples were collected by participants in their homes over a 3 day period following the clinic visit. Three samples (morning, midday, evening) were collected each day. Samples are then frozen and shipped to the MIDUS Biocore lab for storage and subsequent cortisol assay.

#### B1. Assay Details - Saliva Cortisol

#### Salivary Cortisol:

Saliva samples were assayed at Dr. Clemens Kirschbaum's laboratory at the Technical University of Dresden, Germany. The samples for this assay were collected on cotton swabs in salivettes (Sarstedt Cat. #51.1534) and frozen. At the time of assay, they were thawed and centrifuged at 3000 rpm for 5 min, resulting in a particulate-free, clear fluid of low viscosity. Concentrations of free cortisol (the only type found in saliva) were determined using an immunoluminescence assay (kit #RE62011 manufactured by IBL International, Hamburg, Germany). Briefly, this assay uses a detection antibody conjugated to an agent capable of oxidizing luminol to 3-aminophthalic acid; this reaction emits light, which can be quantified, and which is proportional to the concentration of cortisol in the sample.<sup>13, 14</sup>

#### APPENDIX A: MIDJA ASSAY SENSITIVITY SUMMARY TABLE

A. MIDJA Bioassays from blood samples.

Assay	Assay Type	Performed at:	Assay Range	Variability	Reference Range
Hb(blood)	SLS-Hb method	Showa	0-25 g/dL	inter-assay CV: 1.0%	Male:13.5-17.6 Female::11.3-15.2
HA1c(blood)	Latex agglutination assay	Showa	3.0-13.0%	inter-assay CV: 10%	4.3-5.8 %
Total Cholesterol(serum)	Enzymatic colorimetric	Meriter	$0\text{-}800 \text{ mg/dL}^1$	inter-assay CV: 2.6% <sup>15</sup> intra-assay CV: 0.5-0.8% <sup>1</sup>	<200 mg/dL <sup>16</sup>
Total Cholesterol(serum)	Enzymatic colorimetric(CE-COD-POD)	Showa	2-700 Mg/dL	inter-assay CV: 3.0%	120-219 mg/dL
HDL-cholesterol (serum)	Enzymatic colorimetric	Meriter	$0-155 \text{ mg/dL}^2$	inter-assay CV: 6.5% <sup>15</sup> intra-assay CV: 1.1-1.4% <sup>2</sup>	≥40 mg/dL <sup>16</sup>
HDL- cholesterol(serum)	Enzymatic colorimetric	Showa	2-150 mg/dL	inter-assay CV: 5.0%	Male 40-70 mg/dL Female 40-75 mg/dL
LDL- cholesterol(serum)	Enzymatic colorimetric	Showa	1-450 mg/dL	inter-assay CV:5.0%	70-139 mg/dL
Triglycerides(serum)	Enzyme assay(Gpo-POD/free glycerol elimination technique)	Showa	2-600 mg/dL	inter-assay CV: 3.0%	35-149 mg/dL
DHEA-sulfate (serum)	Immunoelectro- chemiluminescent	Associated Regional & University Pathologists (ARUP)	min <1 μg/dL <sup>17</sup>	inter-assay CV: 2.9% <sup>15</sup> intra-assay CV: 0.8-3.8% <sup>18</sup>	Age         Male         Female¹9           30-39         120-520         45-270           40-49         95-530         32-240           50-59         70-310         26-200           60-69         42-290         13-130           ≥ 70         28-275         10-90
DHEA (serum)	LC-MS/MS (Liquid Chromatography tandem Mass Spectrometry)	ARUP	0.05-9 ng/mL <sup>20</sup>	inter-assay CV: <7.4% <sup>20</sup> intra-assay CV: <7.4% <sup>20</sup>	18-40 yr: 1.33-7.78 <sup>19</sup> ≥ 41 yr: 0.63-4.70
Creatinine (serum)	Enzymatic colorimetric	Meriter	$0-30.5 \text{ mg/dL}^{12}$	inter-assay CV: 0.00% <sup>15</sup>	0.5-1.2 mg/dL <sup>16</sup>
IL-6 (serum)	ELISA	Univ. of Wisconsin (Coe Lab)	0.156-10 pg/mL <sup>9</sup>	inter-assay CV: 12.3% <sup>21</sup> intra-assay CV: 3.2% <sup>22</sup>	0.45-9.96 pg/mL <sup>9</sup>
IL6-sr (serum)	ELISA	University of Wisconsin (Coe Lab)	31.2-2000 pg/mL <sup>10</sup>	inter-assay CV: 6.8-7.3% <sup>21</sup> intra-assay CV: 1.4% <sup>22</sup>	14000-46000 pg/mL <sup>10</sup>
Fibrinogen (citrated plasma)	Immunonephelometric	Univ. of Vermont (Tracy Lab)	60-1200 mg/dL <sup>23</sup>	inter-assay CV: 2.6% <sup>11</sup> intra-assay CV: 2.7% <sup>11</sup>	180-350 mg/dL <sup>11</sup>
CRP (citrated plasma)	Immunonephelometric	Univ. of Vermont (Tracy Lab)	0.175-1100 ug/mL <sup>11</sup>	inter-assay CV: $2.1 - 5.7\%^{11}$ intra-assay CV: $2.3 - 4.4\%^{11}$	≤3 ug/mL <sup>11</sup>
CRP (serum)	Immunoelectro- chemiluminescent	Univ. of Vermont (Tracy Lab)	0.014-216 ug/mL <sup>29</sup> min 10 <sup>-6</sup> ug/mL <sup>30</sup>	inter-assay CV: 4.72-5.16 % <sup>29</sup> intra-assay CV: 2.2-4.1 <sup>30</sup>	<3 ug/mL <sup>11</sup>
Glutamic Oxaloacetic	UV(JSCC*)	Showa	0-1500 U/L	inter-assay CV: 5.0%	10-40 IU/L

Assay	Assay Type	Performed at:	Assay Range	Variability	Reference Range
Transaminase (GOT)					
Glutamic Pyruvic Transaminase (GPT)	UV(JSCC*)	Showa	0-1500 U/L	inter-assay CV: 5.0%	5-45 IU/L
γ- Glutamyl Transpeptidase (GGTP)	5-amino-2-nitrobenzoic acid (JSCC*)	Showa	0-2000 U/L	inter-assay CV: 5.0%	Male 0-70 IU/L Female 0-35 IU/L
Blood Urea Nitrogen (BUN)	Urease/GLDH method (ammonia elimination)	Showa	2.25-200 mg/dL	inter-assay CV: 3.0%	8-23 mg/dL
Uric Acid	Enzyme Assay (Uricase/POD)	Showa	0.05-80 mg/dL	inter-assay CV: 5.0%	Male 3.4-7.0 mg/dL Female 2.4-7.0 mg/dL

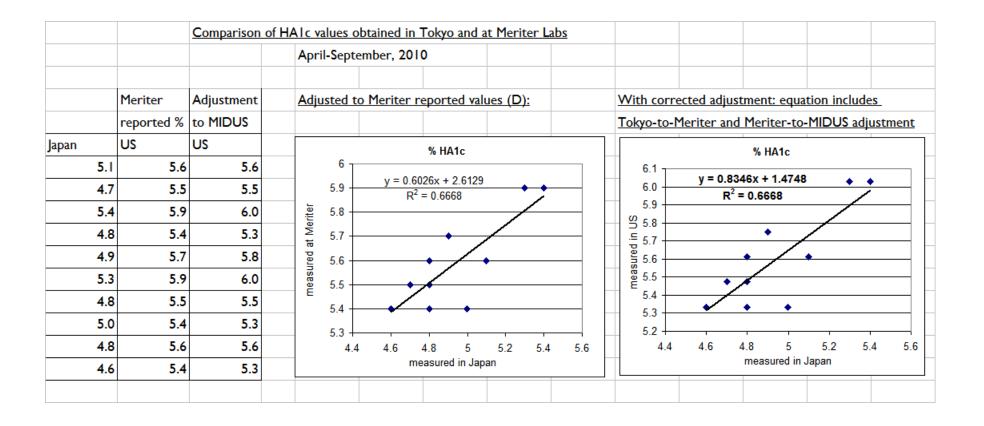
<sup>\*</sup> Japan Society of Clinical Chemistry (JSCC) recommended method

# B. MIDJA saliva samples.

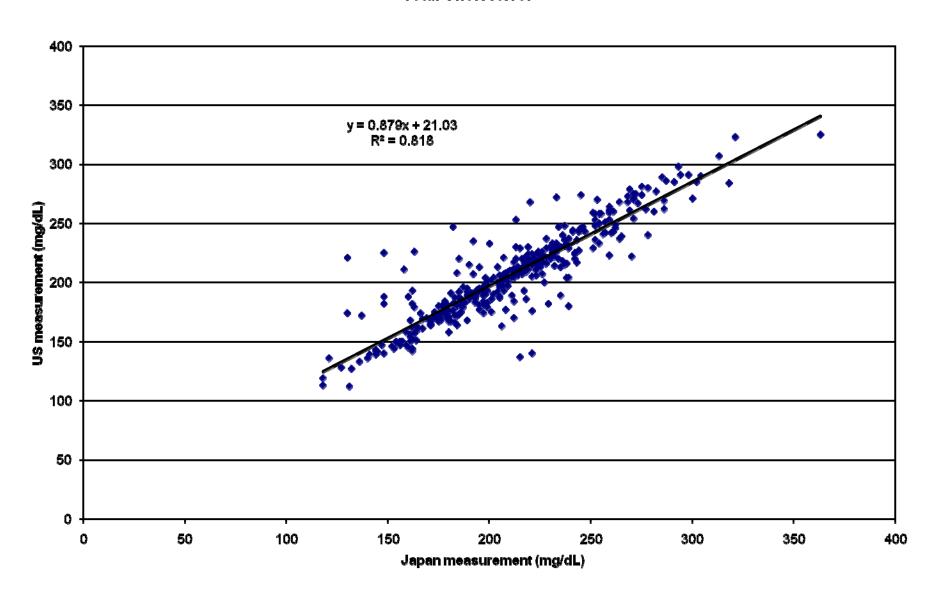
Assay	Assay Type	Performed at:	Assay Range	Variability	Reference Range
Cortisol	Immunochemiluminescent	Dresden Lab Service,	min 0.43 nM <sup>24</sup>	inter-assay CV: 15% <sup>25</sup>	3-25 n <i>M</i> <sup>24</sup>
(saliva)		Dresden, Germany		intra-assay CV: 3% <sup>25</sup>	
		(Kirschbaum Lab)			

#### **APPENDIX B: REGRESSION PLOTS**

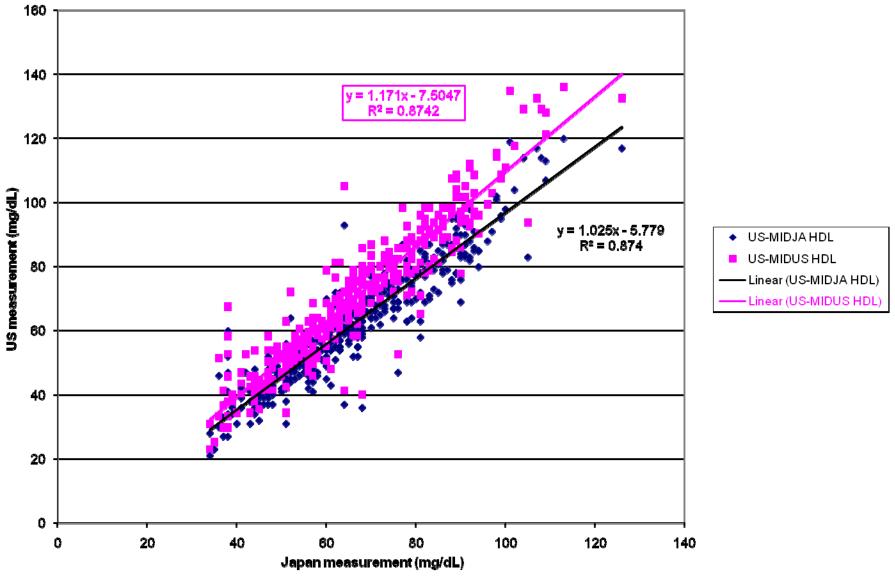
#### **GLYCOSYLATED HEMOGLOBIN**



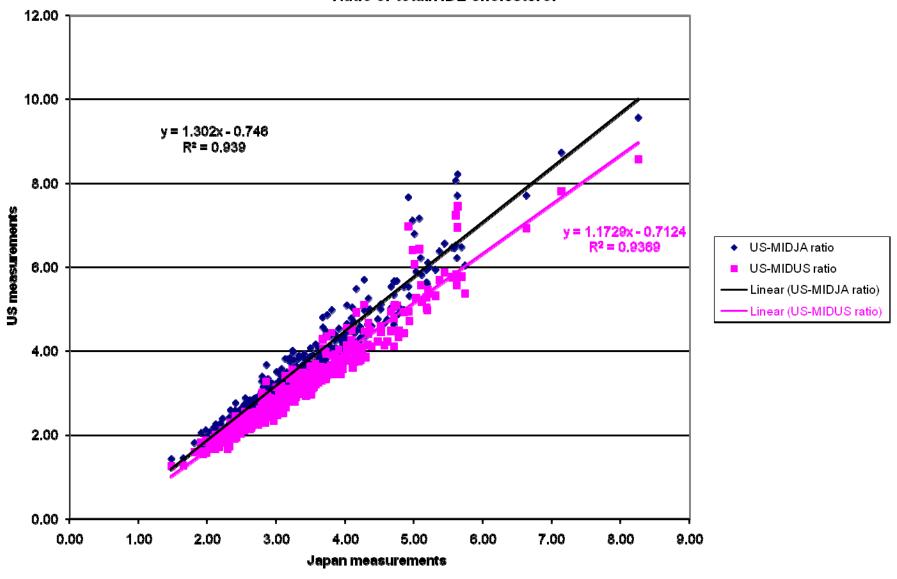
#### **Total Cholesterol**











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# **SECTION E**

#### MEDICATION DATA

**Medication Data Collection and Processing Protocol** 

**Data File Structure:** 

**Administrative Variables** 

**Prescription and Quasi Medications** 

**Medication Allergies & Coding** 

**Therapeutic and Pharmacologic Classes** 

**Appendix A: Medication Chart** 

**Appendix B: Generic Medication Names and DrugIDs** 

Appendix C: Reasons for Taking Medication - Codes and

**Category Names** 

Appendix D: Therapeutic and Pharmacologic Class Codes and

Names

#### MEDICATION DATA COLLECTION AND PROCESSING PROTOCOLS

The MIDJA Biomarker data includes details about medications study participants are taking at the time of the clinic visit. Specifically information is recorded about the following:

- Prescription Medications
- Quasi Medications (i.e. non-prescription medications, equivalent to Over-The-Counter (OTC) and Alternative Medications in the U.S.)
- Medication Allergies

The Medication data appear at the end of the data file immediately following the Saliva data. A copy of the Medication Chart is included in Appendix A below. As described in "MIDJA Biomarker Data File Notes", the naming convention organizes variables according to the data type or method used for data collection. The variable names for the medication data begin with the unique 3 character set "J2M".

The remainder of this section provides general information about data collection as well as the structure and content of the medication data. The following also includes references to additional variables related to reasons for taking medications as well as therapeutic and pharmacologic class variables added to the data file following linkage to the Lexi-Data database. These variables are created using procedures that are applied to both MIDUS and MIDJA medication data, thus details are included in a unified document, 'Documentation for MIDUS and MIDJA Medications' that can be used for both studies. Appendices B, C, and D below contain lists of medication names and corresponding drugIDs, and coding schemes related to reasons for taking medications along with lists of therapeutic and pharmacologic class codes and category names, respectively. Note, these lists are based on medication data collected in both MIDJA and MIDUS, thus some items listed may not appear in the MIDJA data.

#### **Data Collection**

In Japan, to help manage medications hospitals provide lists of medications individuals are taking and pharmacies also provide descriptions of medications. Thus, participants were asked to bring all their medications to the clinic or the list of medications provided by a hospital. We do this to ensure that we are able to record medication names and dosages accurately. Staff recorded detailed information (medication name, dosage, etc.) on the medication chart. If a participant did not bring medications or a list, staff asked participants about medication use and recorded their responses. The Medication Chart has three pages and includes sections to record information about:

- <u>Prescription Medications:</u> Medications prescribed by someone authorized/licensed in Japan, typically a physician.
- Quasi Medications: that include vitamins, minerals, non-prescription pain, antacids, antidiarrheas, fiber, lubricating eye or nose preparations etc. as well as other supplements, herbs and homeopathics that the participant uses regularly and can be purchased "Over the Counter" (OTC) without a prescription.
- <u>Medication Allergies:</u> Any medication (prescription, OTC, alternative) that the participant reports being allergic to.

At the end of the visit project staff record the following information about medications on the medication chart:

Medication name, dosage, and route of administration

- How often the medication is taken
- How long the participant has been taking a given medication
- Why they think they are taking the medication

<u>NOTE</u>: The order in which medications are recorded on the form is random and determined by the order in which the participant choses to report them. Thus there will be little direct correspondence between the medications or medication allergies reported in any given row of the form from wave to wave within a study or between MIDUS and MIDJA. The one exception is the first two rows in the Quasi section (OTC in MIDUS) which, as noted above, are reserved for reporting multi-vitamin and calcium supplement usage.

#### **Data File Structure**

The medication data are released in the traditional flat (wide) format as part of the larger MIDJA Biomarker aggregate data file to facilitate their use in standard between person analyses. Details about the variables in this file are included in the current document. The scope of the medication data however also lends itself to within person analysis of medication use, thus the medication data are also released in a standalone stacked (long) format. The stacked file only contains data about medications used, thus it does not include any information about study participants who do not take any medications. It also does not include any data about medication allergies. Details about the stacked file can be found in the Documentation for MIDUS and MIDJA Medications.

The aggregate (flat) file includes some administrative variables indicating whether or not the participant takes medication of the indicated type and, in some instances if yes, the number of medications. It also includes a standardized variable set characterizing each medication recorded along with information about medication allergies. The final section of the medication data is a set of variables indicating therapeutic and pharmacologic classification of the medications reported. The remainder of this section provides additional details about these variables.

#### Administrative Variables

There are 3 administrative variables at the beginning of the medication section:

- J2MTM total number of medications
- J2MPMD Yes/No, taking any prescription medications?
- J2MQMD Yes/No, taking any quasi medications?

The first variable at the beginning of the Prescription and Quasi medication indicates the total number of medications of a given type that the participant takes (J2MPM, J2MQM, respectively). In addition, as noted above, the first two rows of the Quasi medication section are designated for Multivitamins and Calcium Supplements, thus it also includes the following 2 administrative variables:

- J2MQMV Yes/No, taking a multivitamin?
- J2MQCS Yes/No, taking a calcium supplement?

#### Prescription and Quasi Medications: Standardized Variable Sets

These variables appear in the following order for each medication reported. The "\_" in the variable name is a place holder for the character indicating the medication type (P = Prescription, Q = Quasi) while the "#" at the end of the variable names is a place holder for the row number on the chart where information about a given medication is reported.

• Created variables from the Lexi-Data database (see Documentation of MIDUS and

MIDJA Medications for details, See Appendix B for a list of medication names and DrugIDs):

J2M\_MID# - DrugID from the Lexi-Data database J2M\_GN# - Generic Drug Name associated with the DrugID

- Based on information from the medication chart:
   J2M\_DD#, J2M\_DU# drug dosage (dosage, units)
   J2M\_R# route of administration (i.e. oral, inhaled, etc.)
   J2M\_F#, J2M\_FU# how often the medication is taken (frequency, frequency units)
   J2M T#, J2M TU# how long has the medication been taken (number, time units)
- Mutually exclusive code variables representing the reasons why the participant thinks s/he is taking the medication (See Documentation of MIDUS and MIDJA Medications for details about the coding process, See Appendix C below for a list of codes and category names):
  - J2M\_ICD9M -- 3 digit numeric codes representing major categories in the International Classification of Diseases, 9<sup>th</sup> Revision.
  - J2M\_MDC 5 character alphanumeric variables representing a set of codes used to code reasons for taking a medication that could not be classified into an ICD-9 category

There are 13 sets of Prescription medication variables and 10 sets of Quasi medication variables in the MIDJA 1 Biomarker file. A few participants report more medications in a given category than the data file allows for (i.e. takes 13 Quasi medications). These additional medications are not included in the flat file as they would potentially add over a hundred variables (10 variables per medication) most of which would be designated as INAPP. These additional medications are however included in the stacked file. Cases with additional medications can be identified by looking at the frequency distribution for the number of Prescription (J2MPM) and Quasi (J2MQM) medications.

#### **Medication Allergies**

The final section of the Medication Chart is for reporting medication allergies. There are 2 administrative variables at the beginning of that section:

- J2ML Yes/No does the respondent have Any Medication Allergies?
- J2MLM number of allergies

There are 2 additional variables for each medication allergy reported (the # in the variable name indicates the row number in the chart):

- J2MLN# text variable listing the medication name as reported by the participant
- J2MLRC# Codes representing the allergic reaction to the medication (see below for details.

Note, the allergy variables are only included in the Flat file.

#### Coding Medication Allergy Reactions

Participant descriptions of allergic reactions to medications were recorded verbatim. The number of medication allergies reported was relatively small compared to the larger set of medication data thus they were coded using standard manual approaches. Medical definitions of common types of reactions and anaphylactic shock were used as a reference for making decisions about coding categories. Most of the categories correspond to specific individual

reactions reported (e.g. rash, nausea). If the participant reported multiple individual reactions that are part of the overall anaphylactic response then the code for anaphylaxis was assigned. Sometimes participants reported reactions that could not be identified as being either part of the anaphylactic response or a known reaction to a particular medication. In those instances the reaction was coded as 'Other'. The categories, codes, and key words are summarized below. Note, the same set of category codes is used for both MIDJA and MIDUS thus some categories (i.e. psychosis) may not appear in all files.

Code	Category Name	Keywords
		Anaphylaxis, difficulty breathing, faint, wheezing, swelling
1	ANAPHYLAXIS	& hives, sweating/shaking
2	RASH	Rash, Eczema
3	HIVES	Hives, eruptions, uticaria, blisters, welts
4	VOMITING	Vomiting, throwing up,
5	SWELLING	Swelling, swollen –hands, face, feet etc.
6	STOMACH UPSET	Upset stomach, feeling sick
7	ITCHING	Itching,
8	NAUSEA	Nausea
9	PSYCHOSIS	Psychosis, hallucinations, agitation, delirium, jitters
10	OTHER	Joints ache, no energy, headache, sweats, constipation

#### Therapeutic and Pharmacologic Classes

The final section of the data file contains a series of variables indicating whether or not the participant takes medications in commonly occurring categories of therapeutic (TC) and pharmacologic (PC) classes identified following linkage to the Lexi-Data database (see Appendix D for a list of these category names and class codes). The Lexi-Data linkage and creation of these variables along with corresponding count variables are described in the Documentation of MIDUS and MIDJA Medication.

The variable names for these dummies incorporate the first 5-6 characters of the corresponding TC and PC variables as well as the numeric code for the TC or PC class. The variable label incorporates both the TC or PC class code and the category name. If a count variable was also created, then an "N" is added as the final character to the dummy variable name. For example a common parent (top tier) therapeutic class is 115=Nutritional Products. The dummy and count variables for this TC class are named/labeled as follow:

Dummy variable: J2MTC\_115 = 'Multum Therapeutic Class 115 - nutritional products: YES/NO?'

Count variable: J2MTC\_115\_N = 'Multum Therapeutic Class 115 – nutritional products: HOW MANY?'

# APPENDIX A: MIDJA MEDICATION CHART お医者様に処方された薬(prescribed medicine)

# 全部で何種類の薬を飲んでいらっしゃいますか?

(how many medicine all together) \_\_\_\_\_種類

薬の名前、1回の分量	飲み 方	回数	期間?	どうして飲むことになりましたか?
Medication Name/Dosage	Route	Frequency	How long Taking?	Reason for taking?
1.				
2.				
3.				
4.				
5.				

# お医者の処方によらない薬(医薬部外品など)

# Without prescription, such as quasi-drug

# 全部で何種類の薬を飲んでいらっしゃいますか?

(how many medicine all together) 種類

薬の名前、1回の分量	飲み 方	回数	期間?	どうして飲むことになりましたか?
Medication Name/Dosage	Route	Frequency	How long Taking?	Reason for taking?
1. ビタミン剤 はい いいえ vitamin yes no				
2. カルシウム はい いいえ Calcium Supplement yes no				
3.				
4.				
5.				

### その他の薬や処方 (ハーブや同毒療法など)

Other medicine or prescription (herbal, homeopathy)

# 全部で何種類の飲んでいらっしゃいますか?

\_\_\_\_\_\_種類((how many medicine all together)

薬の名前、1回の分量	飲み 方	回数	期間?	どうして飲むことになりましたか?
Medication Name/Dosage	Route	Frequency	How long Taking?	Reason for taking?
1.				
2.				
3.				
4.				
5.				

#### 薬物アレルギー(alegy)

お薬でアレルギーがでたことがありますか? はい・ いいえ(Have you had a allergy, yes no)

	=10 03 7 0 7 70 1 1010	0 0 7 C(1 1 a 1 0 ) 0 a 1 l a a a a a a	,	
薬の名前		アレルギー反応		
Medication Name	Reaction			
1.				
•				
<u>2.</u> 3.				
0.				
4.				
5.				

#### **APPENDIX B: GENERIC NAMES and DRUGIDs**

The following lists the Lexi-Data DrugIDs and Generic Names in the MIDUS and MIDJA data files as of May 2017. The list is in order by DrugID and will be updated as needed with future data releases.

DRUG_ID	GENERIC_NAME	d00096	cephalexin
d00001	acyclovir	d00097	clarithromycin
d00002	amiodarone	d00101	isoniazid
d00004	atenolol	d00102	itraconazole
d00006	captopril	d00106	methenamine
d00011	ciprofloxacin	d00108	metroNIDAZOLE
d00012	codeine	d00110	minocycline
d00013	enalapril	d00112	nitrofurantoin
d00015	ibuprofen	d00117	pyrazinamide
d00016	labetalol	d00124	sulfamethoxazole-trimethoprim
d00018	nadolol	d00132	hydrALAZINE
d00019	naproxen	d00134	metoprolol
d00021	ranitidine	d00135	minoxidil
d00022	warfarin	d00137	pindolol
d00023	allopurinol	d00138	prazosin
d00024	azaTHIOprine	d00140	cimetidine
d00025	chloramphenicol	d00141	famotidine
d00027	haloperidol	d00142	theophylline
d00028	ketoprofen	d00143	phenytoin
d00031	probenecid	d00144	nortriptyline
d00032	propranolol	d00145	desipramine
d00033	sulindac	d00146	amitriptyline
d00034	zidovudine	d00148	diazepam
d00037	doxycycline	d00149	LORazepam
d00039	indomethacin	d00150	colchicine
d00043	clindamycin	d00151	bacampicillin
d00044	cloNIDine	d00164	adenosine
d00045	diltiazem	d00168	ALPRAZolam
d00046	erythromycin	d00169	aMILoride
d00047	rifampin	d00170	aspirin
d00048	verapamil	d00175	benztropine
d00049	acetaminophen	d00176	betaxolol
d00050	methadone	d00179	bumetanide
d00051	NIFEdipine	d00181	buPROPion
d00056	cefuroxime	d00182	busPIRone
d00058	carBAMazepine	d00191	chlorpheniramine
d00060	methotrexate	d00192	chlorthalidone
d00061	lithium	d00193	cholestyramine
d00068	ethambutol	d00197	clonazePAM
d00069	tobramycin	d00198	clorazepate
d00070	furosemide	d00207	dextromethorphan
d00071	fluconazole	d00210	digoxin
d00078 d00079	didanosine	d00212	diphenhydrAMINE
	cycloSPORINE	d00213	dipyridamole
d00083 d00084	valproic acid prednisoLONE	d00217 d00223	doxepin
d00084 d00086	amantadine	d00223 d00227	epoetin alfa ethosuximide
d00088	amoxicillin	d00227 d00231	felodipine
d00089	amoxicillin-clavulanate	d00231	fentaNYL
d00069 d00091	azithromycin	d00233 d00234	flecainide
400091	aziuiioiiiyoiii	UUU234	necallille

d00236	FLUoxetine	d00381	tamoxifen
d00237	fluPHENAZine	d00384	temazepam
d00241	folic acid	d00386	terazosin
d00242	fosinopril	d00395	traZODone
d00245	gemfibrozil	d00396	triamterene
d00246	glipiZIDE	d00397	triazolam
d00248	glyBURIDE	d00402	vitamin A
d00253	hydrochlorothiazide	d00405	vitamin E
d00253	hydrocortisone	d00403	riboflavin
d00255	HYDROmorphone	d00412	pyridoxine
d00259	imipramine	d00413	cyanocobalamin
d00260	indapamide	d00417	bioflavonoids
d00262	insulin	d00425	calcium carbonate
d00268	isosorbide dinitrate	d00426	ascorbic acid
d00269	isosorbide mononitrate	d00427	potassium phosphate-sodium
d00270	isradipine		phosphate
d00273	ketorolac	d00440	sodium bicarbonate
d00275	leucovorin	d00484	selenium
d00278	levothyroxine	d00488	lysine
d00280	lovastatin	d00491	levOCARNitine
d00284	medroxyPROGESTERone	d00496	inositol
	•		
d00289	mercaptopurine	d00497	omega-3 polyunsaturated fatty
d00290	methimazole	100=44	acids
d00293	methylPREDNISolone	d00514	ticlopidine
d00298	metoclopramide	d00529	tranexamic acid
d00300	mexiletine	d00534	estrone
d00303	misoprostol	d00537	estradiol
d00308	morphine	d00541	conjugated estrogens
d00310	nabumetone	d00542	esterified estrogens
d00314	niacin	d00543	estropipate
d00316	nicotine	d00550	progesterone
d00321	nitroglycerin	d00555	norethindrone
d00321	nizatidine	d00557	levonorgestrel
d00325	omeprazole	d00557	testosterone
d00328	oxybutynin	d00563	finasteride
d00329	oxyCODONE	d00572	chorionic gonadotropin (HCG)
d00330	pancuronium	d00578	arginine
d00336	pentoxifylline	d00583	desmopressin
d00337	phenazopyridine	d00595	glucose
d00340	PHENobarbital	d00598	calcitonin
d00343	piroxicam	d00608	fludrocortisone
d00345	potassium chloride	d00609	cortisone
d00346	povidone iodine topical	d00620	triamcinolone
d00348	pravastatin	d00628	betamethasone
d00350	predniSONE	d00646	trichlormethiazide
d00352	primidone	d00651	urea topical
d00355	prochlorperazine	d00653	isosorbide
d00358	propafenone	d00655	thyroid desiccated
d00363	pyridostigmine	d00658	
	1,7		liothyronine
d00365	quinapril	d00683	lidocaine topical
d00366	quiNINE	d00688	bepridil
d00370	octreotide	d00689	amLODIPine
d00371	sotalol	d00699	EPINEPHrine
d00373	spironolactone	d00701	mephentermine
d00377	sucralfate	d00704	phenylephrine
d00379	sulfaSALAzine	d00709	bisoprolol
			•

d00726	doxazosin	d01003	pancreatin
d00728	ramipril	d01005	ursodiol
d00730	benazepril	d01008	magnesium citrate
d00732	lisinopril	d01010	cascara sagrada
d00743	sodium polystyrene sulfonate	d01013	senna
d00746	simvastatin	d01015	bisacodyl
d00749	albuterol	d01017	polycarbophil
d00750	metaproterenol	d01018	psyllium
d00755	pirbuterol	d01021	docusate
d00760	beclomethasone	d01025	loperamide
d00761	flunisolide	d01026	bismuth subsalicylate
d00762	acetylcysteine	d01027	simethicone
d00769	pseudoephedrine	d01031	mesalamine
d00771	naphazoline ophthalmic	d01032	olsalazine
d00772	oxymetazoline nasal	d01133	immune globulin intravenous
d00773	tetrahydrozoline ophthalmic	d01185	apraclonidine ophthalmic
d007787	promethazine	d01187	levobunolol ophthalmic
d00797	guaiFENesin	d01200	tropicamide ophthalmic
d00757	caffeine	d01231	chlorhexidine topical
d00806	phentermine	d01231	•
	•		nystatin
d00810	diethylpropion	d01244	tretinoin topical
d00813	benzocaine topical	d01256	etretinate
d00814	methotrimeprazine	d01267	mupirocin topical
d00817	hydroxychloroquine	d01272	ciclopirox topical
d00838	butorphanol	d01274	tolnaftate topical
d00842	salsalate	d01288	clobetasol topical
d00848	diclofenac	d01290	desonide topical
d00851	etodolac	d01291	desoximetasone topical
d00855	perphenazine	d01293	fluocinolone topical
d00859	meclizine	d01294	fluocinonide topical
d00861	dimenhyDRINATE	d01296	fluticasone
d00867	ondansetron	d01300	mometasone topical
d00874	amoxapine	d01319	hydroquinone topical
d00876	clomiPRAMINE	d01321	capsaicin topical
d00877	maprotiline	d01322	aluminum chloride hexahydrate
d00880	sertraline		topical
d00900	methylphenidate	d01325	arnica topical
d00901	pemoline	d01333	benzalkonium chloride topical
d00907	hydrOXYzine	d01353	leuprolide
d00910	zolpidem	d01373	hydroxyurea
d00915	estazolam	d01376	PACLitaxel
d00960	carisoprodol	d01385	beta-carotene
d00961	chlorphenesin	d01386	yohimbine
d00963	cyclobenzaprine	d01387	alprostadil
d00964	metaxalone	d01406	naltrexone
d00965	methocarbamol	d01400 d01407	flumazenil
d00966	orphenadrine	d01407 d01423	potassium citrate
d00967	baclofen	d01423	loratadine
d00970	trihexyphenidyl	d03051	interferon beta-1b
d00972	biperiden	d03052	hydrochlorothiazide-triamterene
d00985	hyoscyamine	d03061	butalbital
d00986	scopolamine	d03064	choline bitartrate
d00991	clidinium	d03075	HYDROcodone
d00992	glycopyrrolate	d03092	protease
d00999	dicyclomine 	d03126	calcitriol
d01002	pancrelipase	d03128	ergocalciferol

d03129	cholecalciferol	d03342	APAP/dextromethorphan
d03130	thiamine		/pseudoephedrine
d03131	pantothenate	d03349	acetaminophen
d03135	phytonadione		/dextromethorphan/doxylamine
d03137	calcium-vitamin D		/PSE
d03140	multivitamin	d03357	codeine-promethazine
d03141	multivitamin with iron	d03359	chlorpheniramine-
d03145	multivitamin with minerals		dextromethorphan
d03148	multivitamin, prenatal	d03360	dextromethorphan-promethazine
d03154	doxylamine	d03379	guaiFENesin-pseudoephedrine
d03157	PARoxetine	d03381	guaiFENesin-phenylephrine
d03159	choline	d03389	estradiol-testosterone
d03160	SUMAtriptan	d03393	codeine-guaifenesin
d03180	risperiDONE	d03400	dextromethorphan-guaifenesin
d03181	venlafaxine	d03409	dextromethorphan/guaiFENesin
d03181	gabapentin	400400	/pseudoephedrine
d03183	fluvastatin	d03423	acetaminophen-codeine
d03189	torsemide	d03425	APAP/butalbital/caffeine/codeine
d03169 d03191			
	terbinafine topical	d03428	acetaminophen-HYDROcodone
d03195	miconazole topical	d03431	acetaminophen-oxyCODONE
d03197	betamethasone topical	d03432	aspirin-oxycodone
d03200	erythromycin topical	d03434	acetaminophen-propoxyphene
d03201	acyclovir topical	d03439	APAP/ASA/caffeine
d03202	ketoconazole topical	d03443	APAP/AI hydroxide
d03204	fluorouracil topical		/ASA/caffeine/Mg hydroxide
d03205	hydrocortisone topical	d03445	acetaminophen-diphenhydrAMINE
d03206	triamcinolone topical	d03449	aspirin-caffeine
d03208	metroNIDAZOLE topical	d03455	APAP/butalbital/caffeine
d03210	selenium sulfide topical	d03456	acetaminophen-butalbital
d03221	prednisoLONE ophthalmic	d03459	APAP/dichloralphenazone
d03226	saliva substitutes		/isometheptene
d03227	fluorometholone ophthalmic	d03473	carbidopa-levodopa
d03229	levocabastine ophthalmic	d03478	Al hydroxide/Mg hydroxide
d03238	ethinyl estradiol-norethindrone		/simethicone
d03241	ethinyl estradiol-norgestrel	d03485	atropine/hyoscyamine/PB
d03242	ethinyl estradiol-levonorgestrel		/scopolamine
d03245	esterified estrogens-	d03492	chlordiazePOXIDE-clidinium
4002.0	methylTESTOSTERone	d03495	belladonna/ergotamine
d03247	hydrochlorothiazide-	400 100	/PHENobarbital
400217	spironolactone	d03496	docusate-senna
d03258	atenolol-chlorthalidone	d03506	atropine-diphenoxylate
d03261	hydrochlorothiazide-propranolol	d03500	benzoic acid/methenamine
d03265	benazepril-hydrochlorothiazide	u03317	/sodium salicylate
d03266		402524	
	hydrochlorothiazide-lisinopril	d03524	bacitracin/neomycin/polymyxin B
d03289	acetaminophen-pseudoephedrine	402526	topical
d03292	ibuprofen-pseudoephedrine	d03536	dexamethasone-tobramycin
d03296	acetaminophen-chlorpheniramine	-100540	ophthalmic
d03298	chlorpheniramine-	d03543	hydrocortisone/neomycin
100000	pseudoephedrine	100=04	/polymyxin B otic
d03300	chlorpheniramine-phenylephrine	d03561	betamethasone-clotrimazole
d03311	brompheniramine-phenylephrine		topical
d03313	chlorpheniramine/phenylephrine	d03562	nystatin-triamcinolone topical
	/pyrilamine	d03566	captopril-hydrochlorothiazide
d03331	APAP/chlorpheniramine	d03591	alginic acid/Al hydroxide/Mg
	/phenylephrine		carbonate

d03596	alginic acid/Al hydroxide/Mg	d03848	azelaic acid topical
	trisilicate	d03849	alendronate
d03640	budesonide nasal	d03850	bicalutamide
d03644	lactobacillus acidophilus	d03858	lamiVUDine
d03650	candida albicans extract	d03864	glimepiride
d03655	lidocaine-prilocaine topical	d03866	calcium citrate
d03663	lecithin	d03873	anastrozole
d03664	phenol topical	d03879	cannabis (Schedule I substance)
d03665	menthol topical	d03884	trolamine salicylate topical
d03668	methyl salicylate topical	d03897	lactase
d03674	pectin	d03898	sodium chloride, hypertonic,
d03680	ASA/citric acid/Na bicarb		ophthalmic
d03686	undecylenic acid topical	d03908	APAP/chlorpheniramine
d03689	calcium acetate	400000	/dextromethorphan/PPA
d03740	enalapril-hydrochlorothiazide	d03922	acetaminophen-caffeine
d03744	bisoprolol-hydrochlorothiazide	d03923	acetaminophen-phenylephrine
d03744 d03751	dexbrompheniramine-	d03923	calcium/ferrous fumarate
u03/31	pseudoephedrine	u03937	/vitamin D
402752	tacrolimus	403060	
d03752		d03968	dexamethasone ophthalmic
d03756	bacitracin topical	d03984	ritonavir
d03759	salmeterol	d03990	carbamide peroxide otic
d03760	diphenhydrAMINE topical	d04008	trandolapril
d03768	ocular lubricant	d04011	interferon beta-1a
d03770	emollients, topical	d04012	terbinafine
d03781	ethinyl estradiol-norgestimate	d04015	adapalene topical
d03782	desogestrel-ethinyl estradiol	d04017	latanoprost ophthalmic
d03788	calcipotriene topical	d04025	mirtazapine
d03789	potassium gluconate	d04029	nevirapine
d03796	magnesium chloride	d04031	pilocarpine
d03797	magnesium oxide	d04032	sulfacetamide sodium-sulfur
d03802	calcium lactate		topical
d03803	calcium phosphate, tribasic	d04034	remifentanil
d03804	fluvoxaMINE	d04035	amphetamine-
d03805	dorzolamide ophthalmic		dextroamphetamine
d03807	metFORMIN	d04037	timolol ophthalmic
d03808	nefazodone	d04039	carteolol ophthalmic
d03809	lamoTRIgine	d04040	fexofenadine
d03818	loratadine-pseudoephedrine	d04047	midodrine
d03819	conjugated estrogens-	d04048	brimonidine ophthalmic
	medroxyPROGESTERone	d04050	OLANZapine
d03821	losartan	d04052	pentosan polysulfate sodium
d03822	ferrous gluconate	d04055	zinc chloride
d03823	iron polysaccharide	d04056	zinc chioride zinc gluconate
d03824	ferrous sulfate	d04057	zinc gideonate zinc sulfate
d03825	nisoldipine	d04057 d04058	melatonin
d03826	traMADol		butenafine topical
	cetirizine	d04063	•
d03827		d04066	albuterol-ipratropium
d03828	lansoprazole	d04068	azelastine nasal
d03829	amLODIPine-benazepril	d04099	donepezil
d03830	hydrochlorothiazide-losartan	d04101	ivermectin
d03833	divalproex sodium	d04102	tiZANidine
d03835	moexipril	d04105	atorvastatin
d03838	valACYclovir	d04106	fosfomycin
d03839	mycophenolate mofetil	d04109	levofloxacin
d03846	acarbose	d04111	glatiramer
d03847	carvedilol	d04113	valsartan

d04115	topiramate	d04299	sildenafil
d04117	olopatadine ophthalmic	d04300	risedronate
d04120	caffeine-ergotamine	d04303	dorzolamide-timolol ophthalmic
d04121	tamsulosin	d04322	candesartan
d04125	imiquimod topical	d04328	rizatriptan
d04141	hydrochlorothiazide-moexipril	d04329	sodium hyaluronate
d04142	chromium picolinate	d04332	citalopram
d04145	pramipexole	d04341	estradiol-norethindrone topical
d04156	letrozole	d04342	inFLIXimab
d04157	loperamide-simethicone	d04349	leflunomide
d04168			
u04100	acetaminophen	d04357	trastuzumab
	/diphenhydramine	d04362	copper gluconate
104404	/pseudoephedrine	d04363	sevelamer
d04181	cysteine	d04364	telmisartan
d04186	phenylephrine nasal	d04365	etanercept
d04195	chlorophyllin	d04369	insulin regular
		d04370	insulin isophane
d04197	hydrocortisone/neomycin	d04373	insulin lispro
	/polymyxin B topical	d04374	insulin isophane-insulin regular
d04210	estradiol topical	d04375	estradiol-norethindrone
d04213	progesterone topical	d04376	abacavir
d04215	rOPINIRole	d04378	modafinil
d04219	lamivudine-zidovudine	d04380	celecoxib
d04219	QUEtiapine	d04382	cilostazol
	·		
d04222	irbesartan	d04395	clotrimazole topical
d04223	mometasone nasal	d04396	conjugated estrogens topical
d04233	triamcinolone nasal	d04399	nystatin topical
d04235	ipratropium nasal	d04407	echinacea
d04241	potassium chloride-sodium	d04408	St. John's wort
	chloride	d04411	garlic
d04242	sodium chloride nasal	d04412	ginseng
d04245	hydrochlorothiazide-irbesartan	d04413	ginkgo
d04248	methylcellulose	d04414	ginger
d04253	ZOLMitriptan	d04415	saw palmetto
d04258	clopidogrel	d04416	valerian
d04261	raloxifene	d04417	creatine
d04266	eprosartan	d04418	glucosamine
d04267	repaglinide	d04419	chondroitin
d04268	dihydroergotamine nasal	d04410	chondroitin-glucosamine
d04270	fexofenadine-pseudoephedrine	d04421	evening primrose
d04270 d04271	·	d04424	licorice
	diclofenac-misoprostol		
d04273	testosterone topical	d04425	dehydroepiandrosterone
d04275	beclomethasone nasal	d04426	red yeast rice
d04276	budesonide	d04427	levalbuterol
d04279	flunisolide nasal	d04429	orlistat
d04283	fluticasone nasal	d04432	carbonyl iron
d04284	fluticasone topical	d04434	rosiglitazone
d04285	naratriptan	d04440	perindopril
d04286	fenofibrate	d04442	pioglitazone
d04289	montelukast	d04448	RABEprazole
d04290	calcium carbonate-magnesium	d04452	zaleplon
	hydroxide	d04459	dofetilide
d04292	loteprednol ophthalmic	d04461	exemestane
d04293	hydrochlorothiazide-valsartan	d04460	entacapone
d04294	tolterodine	d04463	grape seed oil
d04298	phenylephrine topical	d04465	gotu kola
	DITOTIVICATION DATE	407700	gota Noia

10.4.400		10.470.4	
d04466	milk thistle	d04784	pimecrolimus topical
d04467	cat's claw	d04785	desloratadine
d04469	bee pollen	d04787	lovastatin-niacin
d04470	cranberry	d04788	dutasteride
d04472	black cohosh	d04795	budesonide-formoterol
d04476	bilberry	d04797	alfuzosin
d04477	slippery elm	d04798	tegaserod
d04478	wild yam	d04801	olmesartan
d04480	eyebright	d04803	voriconazole
d04481	royal jelly	d04806	sodium oxybate
d04484	shark cartilage	d04812	escitalopram
d04486	rose hips	d04813	horse chestnut
d04487	peppermint	d04815	eplerenone
d04488	lavender	d04819	buprenorphine-naloxone
d04490	green tea	d04820	metFORMIN-rosiglitazone
d04491	flax	d04823	glipiZIDE-metFORMIN
d04499	levETIRAcetam	d04824	ezetimibe
		d04825	ARIPiprazole
d04503	nedocromil ophthalmic		•
d04509	hydrochlorothiazide-quinapril	d04827	atomoxetine
d04510	insulin lispro-insulin lispro	d04828	teriparatide
10.45.40	protamine	d04829	tiotropium
d04513	OXcarbazepine	d04835	adalimumab
d04514	pantoprazole	d04836	cycloSPORINE ophthalmic
d04521	nettles	d04839	insulin aspart-insulin aspart
d04522	papaya		protamine
d04523	ubiquinone	d04844	camphor-menthol topical
d04527	zonisamide	d04849	eletriptan
d04532	meloxicam	d04851	rosuvastatin
d04538	insulin glargine	d04857	gatifloxacin ophthalmic
d04541	azelastine ophthalmic	d04860	moxifloxacin ophthalmic
d04572	formoterol	d04875	betaine
d04611	fluticasone-salmeterol	d04878	hydrochlorothiazide-olmesartan
d04695	colesevelam	d04881	omalizumab
d04697	insulin aspart	d04882	atazanavir
d04702	docosanol topical	d04893	vardenafil
d04702	glyBURIDE-metFORMIN	d04896	tadalafil
d04708	zoledronic acid	d04898	
d04708 d04711	candesartan-hydrochlorothiazide		epinastine ophthalmic
		d04899	memantine
d04722	diclofenac topical	d04901	fosamprenavir
d04723	calcium carbonate/famotidine/Mg	d04929	trospium
10.4=0=	hydroxide	d04939	sodium picosulfate
d04737	hydrochlorothiazide-telmisartan	d05027	estriol
d04740	tacrolimus topical	d05044	betamethasone-calcipotriene
d04743	nateglinide		topical
d04747	ziprasidone	d05048	amLODIPine-atorvastatin
d04749	esomeprazole	d05062	carbocysteine
d04753	travoprost ophthalmic	d05218	cinacalcet
d04754	bimatoprost ophthalmic	d05234	hyaluronan
d04760	drospirenone-ethinyl estradiol	d05265	nebivolol
d04764	cetirizine-pseudoephedrine	d05283	brimonidine-timolol ophthalmic
d04765	hydrocortisone-lidocaine topical	d05348	ezetimibe-simvastatin
d04766	acetaminophen-traMADol	d05350	polyethylene glycol 3350
d04773	ethinyl estradiol-etonogestrel	d05352	emtricitabine-tenofovir
d04773 d04774	tenofovir	d05352 d05355	DULoxetine
d04774 d04776	frovatriptan	d05355 d05357	ibandronate
d04778	valdecoxib	u00001	ibanui onate
uu4//0	valuecoxib		

105005		107440	
d05365	dexchlorpheniramine	d07113	desvenlafaxine
	/HYDROcodone/phenylephrin	d07130	naproxen-SUMAtriptan
d05413	solifenacin	d07132	olopatadine nasal
d05414	natalizumab	d07137	dabigatran
d05421	eszopiclone	d07315	glutamine
d05422	darifenacin	d07347	bifidobacterium infantis
d05436	insulin detemir	d07349	lacosamide
d05471	alpha-D-galactosidase	d07354	silodosin
d05488	pramlintide	d07356	rivaroxaban
d05508	pregabalin	d07373	d-xylitol
d05526	alendronate-cholecalciferol	d07374	bimatoprost topical ophthalmic
d05529	exenatide	d07395	dexlansoprazole
d05578	ramelteon	d07397	febuxostat
d05583	APAP/dextromethorphan	d07400	bifidobacterium-lactobacillus
	/phenylephrine	d07409	prasugrel
d05635	metFORMIN-pioglitazone	d07466	İiraglutide
d05637	lactobacillus rhamnosus GG	d07482	bepotastine ophthalmic
d05646	saccharomyces boulardii lyo	d07498	amLODIPine-telmisartan
d05040		d07505	
	methylsulfonylmethane		copper
d05703	chondroitin/glucosamine	d07637	pitavastatin
	/methylsulfonylmethane	d07639	acetaminophen/CPM
d05719	ranolazine		/dextromethorphan/GG
d05748	brewer's yeast	d07640	denosumab
d05770	omeprazole-sodium bicarbonate	d07645	onabotulinumtoxinA
d05776	iodine	d07659	caffeine-magnesium salicylate
d05807	varenicline	d07660	formoterol-mometasone
d05819	diphenhydrAMINE-ibuprofen	407000	ionnotor or mornotacone
d05825	darunavir	d07668	amlodinine/hydrochlorothiazide
	efavirenz/emtricitabine/tenofovir	u07000	amlodipine/hydrochlorothiazide
d05847		-107000	/olmesartan
d05851	levocetirizine	d07693	aspirin-calcium carbonate
d05856	glimepiride-pioglitazone	d07705	lurasidone
d05896	sitaGLIPtin	d07709	metformin-saxagliptin
d05899	ciclesonide nasal	d07717	acyclovir-hydrocortisone topical
d05964	aloe vera	d07740	vilazodone
d06032	fluocinolone otic	d07754	azilsartan
d06214	collagen	d07764	famotidine-ibuprofen
d06297	paliperidone	d07767	linagliptin
d06370	turmeric	d07804	apixaban
d06392	wheat dextrin	d07831	tyrosine
d06592	cinnamon	d07876	
			mirabegron
d06649	calcium carbonate-magnesium	d07885	aclidinium
	chloride	d07891	icosapent
d06652	strontium gluconate	d07902	linaclotide
d06655	alpha-lipoic acid	d07905	teriflunomide
d06662	amLODIPine-valsartan	d07921	capsaicin-menthol topical
d06663	lisdexamfetamine	d08070	ospemifene
d06720	metFORMIN-sitaGLIPtin	d08079	dimethyl fumarate
d06833	acetaminophen-aspirin	d08080	canagliflozin
d06842	armodafinil	d08117	dolutegravir
d06848	lutein	d08187	umeclidinium
d06852			
	maraviroc	d08272	tavaborole topical
d06867	biotin	d08275	empagliflozin
d06905	amlodipine-olmesartan	d08349	diphenhydramine-naproxen
d07048	raltegravir	d08362	olodaterol-tiotropium
d07076	etravirine	d99999	Unmatched, no generic name

# APPENDIX C: REASON FOR TAKING MEDICATIONS – CODES AND CATEGORY NAMES

This Appendix contains two lists of codes representing reasons why participants think they are taking medications reported on the Medication Chart (See Appendix A above). The list of modified ICD-9 (\_\_ICD9M) codes and category names is presented first and then the list of MIDUS (\_\_MDC) codes and category names. See Section E above and the MIDUS-MIDJA Biomarker Medication Documentation for details about the coding process. The lists begin on the next page.

#### **Modified ICD-9 Codes and Labels**

The ICD9M category labels are based on clinical descriptions of diseases etc., thus this table also contains a column listing key words/common phrases indicating the conditions/symptoms etc. included in a given category.

ICD9M CODE	ICD9 CODE LABEL	Key Words/Common Responses
10	PRIMARY TUBERCULOUS INFECTION	Tuberculosis bacillus
41	BACT INF IN OTH DIS/NOS	Infectious disease
42	HUMAN IMMUNO VIRUS DIS	HIV
53	HERPES ZOSTER	Shingles
54	HERPES SIMPLEX	Cold sores, herpes
78	OTHER VIRAL DISEASE	Warts
79	VIRAL INFECTION	Anti-viral, viral infection
110	DERMATOPHYTOSIS	Athlete's foot, toe nail fungus, fungal infection, ringworm
112	CANDIDIASIS	Yeast infection
133	SCABIES	Scabies
135	SARCOIDOSIS	Sarcoidosis
150	MALIGNANT NEOPLASM OF ESOPHAGUS	Esophagus cancer
173	OTHER MALIGNANT NEOPLASM OF SKIN	Skin cancer
174	MALIG NEO FEMALE BREAST	Breast cancer
185	MALIGN NEOPL PROSTATE	Prostate cancer
188	MALIGN NEOPL BLADDER	Bladder cancer
209	NEUROENDOCRINE TUMORS	Neuroendocrine carcinoid cancer
211	BENIGN NEOPLASM OF OTHER PARTS OF DIGESTIVE SYSTEM	Colon polyp
212	BENIGN NEOPLASM OF RESPIRATORY AND INTRATHORACIC ORGANS	Thymoma
218	UTERINE LEIOMYOMA	Fibroids, myoma of uterus
239	UNSPECIFIED NEOPLASM	Cancer non-specific

ICD9M CODE	ICD9 CODE LABEL	Key Words/Common Responses
240	GOITER	Goiters-thyroid med, keeps goiters away
242	TOXIC DIFFUSE GOITER	Grave's disease
244	ACQUIRED HYPOTHYROIDISM	Hypothyroidism, thyroiditis
246	OTH DISORDERS OF THYROID	Thyroid hormone, thyroid
250	DIABETES MELLITUS	Diabetes, high blood sugar
251	OTH PANCREATIC DISORDER	Hypoglycemia
255	ADRENAL GLAND DISORDERS	Adrenal gland disorder, adrenal gland dysfunction
256	OVARIAN DYSFUNCTION	Polycystic ovarian syndrome
257	TESTICULAR DYSFUNCTION	Low testosterone levels
259	OTH ENDOCRINE DISORDERS	Imbalance in endocrine system
266	B-COMPLEX DEFICIENCIES	Low B12
267	ASCORBIC ACID DEFICIENCY	Vitamin C deficiency
268	VITAMIN D DEFICIENCY	Rickets, low vitamin D, vitamin D deficiency
269	OTH NUTRITION DEFICIENCY	lodine deficiency, calcium deficiency
272	PURE HYPERCHOLESTEROLEM	High cholesterol, hyperlipidemia, high neutral lipid,
274	GOUT	Gout
275	DIS MINERAL METABOLISM	Magnesium supplement, reduce phosphate, supplement iron
276	FLUID/ELECTROLYTE DIS	Low potassium, hypokalemia
279	DISORDER OF IMMUNE MECHANISM	Autoimmune disease
280	IRON DEFICIENCY ANEMIA	Iron deficiency
281	PERNICIOUS ANEMIA	Pernicious anemia
285	ANEMIA NEC/NOS	Anemia
287	PURPURA & OTH HEMOR COND	Low platelet count
295	SCHIZOPHRENIC DISORDERS	Schizophrenia
296	AFFECTIVE PSYCHOSES	Bipolar disorder, mood swings

ICD9M CODE	ICD9 CODE LABEL	Key Words/Common Responses	
297	DELUSIONAL DISORDERS	Hallucinations, paranoia, ease up on symptoms of delusion	
298	OTH NONORGANIC PSYCHOSES	Psychosis	
300	NEUROTIC DISORDERS	Tranquilizer, stay calm, anxiety, nervousness, stabilizer	
302	SEXUAL DISORDERS	Impotence, erectile dysfunction	
303	ALCOHOL DEPENDENCE	Preventing craving alcohol	
304	DRUG DEPENDENCE	Heroin addiction maintenance	
305	NONDEPENDENT DRUG ABUSE	Smoking cessation	
308	ACUTE REACTION TO STRESS	Stress	
309	ADJUSTMENT REACTION	PTSD	
311	DEPRESSIVE DISORDER NEC	Depression, anti-depressant	
314	HYPERKINETIC SYNDROME	ADD, ADHD	
323	ENCEPHALITIS, MYELITIS, AND ENCEPHALOMYELITIS	Myelitis	
331	CEREBRAL DEGENERATION	Alzheimer's	
332	PARKINSON'S DISEASE	Parkinson's disease	
333	EXTRAPYRAMIDAL DIS NEC	Restless leg syndrome, tick in eye, tremors, Huntington's disease	
337	AUTONOMIC NERVE DISORDER	Treat disorder of peripheral nerve, neuropathy in heart	
338	PAIN, NOT ELSEWHERE CLASSIFIED	Pain, pain in multiple locations,	
340	MULTIPLE SCLEROSIS	MS, Multiple sclerosis, muscle fatigue	
345	EPILEPSY	Epilepsy, seizure disorder, focal seizures	
346	MIGRAINE Migraine		
347	ATAPLEXY AND NARCOLEPSY Narcolepsy		
349	CNS DISORDER NEC/NOS Neurological problems		
350	TRIGEMINAL NERVE DISORDERS	Trigeminal neuralgia	

ICD9M CODE	ICD9 CODE LABEL	Key Words/Common Responses		
354	CARPAL TUNNEL SYNDROME	Carpal tunnel syndrome		
356	HERED & IDIOPATH PERIPH NEUROPATHY  Improvement of peripheral nervous system			
358	MYONEURAL DISORDERS	Myasthenia gravis		
361	RETINAL DETACHMENTS AND DEFEATS	Retinal detachment		
362	RETINAL DISORDERS NEC	Macular degeneration		
365	GLAUCOMA	Glaucoma, pressure in eye, lower ocular pressure		
366	CATARACT	Cataract		
370	KERATITIS	Ulcer in eye		
371	CORNEAL OPACITY/DISORDER	Corneal problem		
372	DISORDERS OF CONJUNCTIVA	Prevent eye infection		
373	INFLAMMATION OF EYELIDS	Sty, blepharitis		
375	LACRIMAL SYSTEM DISORDER	Dry eyes, lacrimal gland disorder		
379	EYE DISORDERS NEC	Inflammation of eye, itchy eyes		
380	DISORDER OF EXTERNAL EAR	Ear infection		
386	VERTIGINOUS SYNDROMES	Meniere's disease, inner ear		
388	DISORDERS OF EAR NEC	Ringing ears, tinnitus, ear pain, dry ear		
389	HEARING LOSS	Helps with hearing, hearing loss		
401	ESSENTIAL HYPERTENSION	High blood pressure, hypertension, reduce/lower blood pressure, blood pressure, anti-hypertensive		
410	ACUTE MYOCARDIAL INFARCT	Myocardial infarction, cardiac infarction		
413	ANGINA PECTORIS	Angina pectoris, angina		
414	OTH CHR ISCHEMIC HRT DIS	Arterial sclerosis		
415	ACUTE PULMONARY HEART DISEASE	Heart pulmonary embolism		
424	OTH ENDOCARDIAL DISEASE	Mitral stenosis, prolapsed mitral valve		
427	CARDIAC DYSRHYTHMIAS	Irregular pulse, atrial fibrillation		
428	HEART FAILURE	Heart failure		

ICD9M CODE	ICD9 CODE LABEL	Key Words/Common Responses	
429	ILL-DEFINED HEART DIS	Cardiac disease, heart dilation, dysraphism of aortic valve	
431	INTRACEREBRAL HEMORRHAGE	Intracerebral hemorrhage, brain hemorrhage	
434	CEREBRAL ARTERY OCCLUS	Cerebral infarction sequelae, cerebral thrombosis, mini stroke	
435	TRANSIENT CEREB ISCHEMIA	TIA	
440	ATHEROSCLEROSIS	Atherosclerosis	
441	AORTIC ANEURYSM AND DISSECTION	Aortic aneurysm	
442	OTHER ANEURYSM	Aneurysm	
443	RAYNAUD'S SYNDROME	Raynaud's syndrome	
446	POLYARTERIT NODOSA ET AL	Wegener's disease	
447	OTHER ARTERIAL DISEASE	Twisted carotid artery, vasculitis	
451	THROMBOPHLEBITIS	Recurring phlebitis	
453	OTH VENOUS THROMBOSIS  Anticoagulant, thrombosis, prevent t blood clot, thrombus		
455	HEMORRHOIDS Hemorrhoids		
458	HYPOTENSION	Low blood pressure	
460	ACUTE NASOPHARYNGITIS	Treat Cold, acute upper respiratory infection	
461	ACUTE SINUSITIS  Acute sinus problems, post nasal drip, nasa inflammation, nasal mucus		
470	DEVIATED NASAL SEPTUM	Deviated septum	
471	NASAL POLYPS	Polyps in sinus	
472	CHR PHARYNG/NASOPHARYNG  Rhinitis, chronic nasal congestion, reduce s nasal passages		
473	CHRONIC SINUSITIS	Chronic sinus	
477	ALLERGIC RHINITIS	Hay fever, dust allergy, allergic rhinitis	
478	OTH UPPR RESPIRATORY DIS	Drippy/clogged nose	
486	PNEUMONIA, ORGANISM NOS Pneumonia		

ICD9M CODE	ICD9 CODE LABEL	Key Words/Common Responses		
487	INFLUENZA	Flu		
490	BRONCHITIS NOS	Bronchitis		
492	EMPHYSEMA	Emphysema		
493	ASTHMA	Asthma, pulmonary emphysema, emphysema		
496	CHR AIRWAY OBSTRUCT NEC	COPD		
518	OTHER LUNG DISEASES	Repair damage to lung		
519	OTHER DISEASES OF RESPIRATORY SYSTEM	Bronchial spasm prevention		
523	GINGIVAL/PERIODONTAL DIS	Gum disease/problems		
524	DENOFACIAL ANOMALIES	Temporomandibular joint disorders, TMJ		
525	OTHER DENTAL DISORDER	Extracted teeth, treatment for a tooth, toothache		
526	DISEASES OF THE JAWS	Root canal, root canal infection		
527	SALIVARY GLAND DISEASES	Dry mouth		
528	ORAL SOFT TISSUE DISEASE	Stomatitis, chapped lips, canker sores, dental abscess		
529	TONGUE DISORDERS	Geographic tongue		
530	DISEASES OF ESOPHAGUS	Acid reflux, GERD, gastritis, esophagus trouble, backward flow of gastric acid,		
531	GASTRIC ULCER	Gastric ulcer		
532	DUODENAL ULCER	Duodenal ulcer		
533	PEPTIC ULCER, SITE NOS	Helicobacter pylori, gastric & duodenal ulcer, peptic ulcer		
535	GASTRITIS AND DUODENITIS	Inflammation of stomach		
536	STOMACH FUNCTION DISORD  Gastric hyperacidity, dyspepsia, neutralize gastric acid, stomach pain			
553	OTHER ABDOMINAL HERNIA Hernia, high hiatal hernia			
555	REGIONAL ENTERITIS	Crohn's disease		
556	IDIOPATHIC PROCTOCOLITIS Colitis			
558	OTH NONINF GASTROENTERIT Diarrhea, gastroenteritis			

ICD9M CODE	ICD9 CODE LABEL	Key Words/Common Responses  Diverticulitis		
562	DIVERTICULA OF INTESTINE			
564	FUNCT DIGESTIVE DIS NEC	Constipation, bowel movement, colon cramps, irritable bowel		
569	OTH INTESTINAL DISORDERS	Intestinal disorder, inflammation of intestines, proctitis		
571	CHR LIVER DIS/CIRRHOSIS	Liver disease, primary biliary cirrhosis		
574	CHOLELITHIASIS	Gall stone		
575	OTHER DISORDERS OF GALLBLADDER	Gallbladder polyp		
579	INTESTINAL MALABSORPTION	Celiac disease nutrition		
583	NEPHRITIS NOS	Lupus in kidneys		
585	CHRONIC RENAL FAILURE	Kidney disease		
586	RENAL FAILURE NOS	Renal failure		
590	KIDNEY INFECTION	Kidney infection, antibiotics for kidney		
592	RENAL/URETERAL CALCULUS	Kidney stones		
593	OTH RENAL & URETERAL DIS	Prevention/help with renal insufficiency		
596	OTHER BLADDER DISORDERS	Bladder tone, neurogenic bladder		
599	OTH URINARY TRACT DISOR	Urinary tract infection, UTI		
600	HYPERPLASIA OF PROSTATE	Prostatic hypertrophy, prostatic hyperplasia		
601	PROSTATIC INFLAMMATION	Prostatitis, enlarged prostate, help reduce swelling of prostate		
607	DISORDER OF PENIS	Due to prostate cancer/vitality		
608	MALE GENITAL DIS NEC	Transitions		
611	OTHER BREAST DISORDERS	Breast pain		
616	INFLAMMATORY DISEASE OF CERVIX, VAGINA, AND VULVA	D Vaginitis		
625	FEMALE GENITAL SYMPTOMS	Dysmenorrhea, premenstrual tension		
626	DISORDER OF MENSTRUATION Menstrual pain, irregular period			

ICD9M CODE	ICD9 CODE LABEL	Key Words/Common Responses  Menopausal disorder, balancing hormones, stabilizer for menopause, menopause	
627	MENOPAUSAL DISORDERS		
628	FEMALE INFERTILITY	Fertility, prepare uterus	
682	CELLULITIS AND ABSCESS, UNSPEC	Cellulitis	
686	OTHER LOCAL INFECTIONS OF SKIN AND SUBCUTANEOUS TISSUE	Skin palmoplantar pustulosis	
690	ERYTHEMATOSQUAMOUS DERM	Dry scalp	
691	ATOPIC DERMATITIS AND RELATED CONDITIONS	Atopic dermatitis	
692	CONTACT DERMATITIS	Eczema, dermatitis, poison oak	
695	ERYTHEMATOUS CONDITIONS	Rosacea, lupus	
696	PSORIASIS/LIKE DISORDERS	Psoriasis	
697	LICHEN	Lichen	
698	PRURITUS & LIKE COND	Itch, itching	
702	OTHER DERMATOSES	Actinic keratosis	
704	HAIR & FOLLICLE DISEASE	Hair thinning	
705	DISORDERS OF SWEAT GLANDS	Miliaria	
706	SEBACEOUS GLAND DISEASE	Acne	
707	CHRONIC ULCER OF SKIN	Sores in ears (hearing aid), sores under arms	
708	URTICARIA	Hives, chronic urticaria	
709	OTHER SKIN DISORDERS	Scar	
714	RHEUMATOID & OTH INFLAMM POLYARTHROP	Rheumatoid arthritis, RA	
715	OSTEOARTHROSIS ET AL	Osteoarthritis	
716	ARTHROPATHIES NEC/NOS	Arthritis, arthritis pain	
718	OTHER JOINT DERANGEMENT Pain in hip		
719	JOINT DISORDER NEC & NOS Knee, shoulder, joint etc. pain or problem		
721	SPONDYLOSIS AND ALLIED DISORDERS	Undifferentiated spondyloarthropathy	
722	INTERVERTEBRAL DISC DIS	Degenerative spine condition	

ICD9M CODE	ICD9 CODE LABEL	Key Words/Common Responses	
723	OTHER CERVICAL SPINE DIS	Cervical vertebra pain, pinched nerve, neck pain	
724	BACK DISORDER NEC & NOS	Back pain, sciatica, lumbar canal stenosis, back spasms	
726	PERIPH ENTHESOPATHIES	Torn rotator cuff, tendonitis of jaw	
727	OTH DIS SYNOV/TEND/BURSA	Bursitis	
728	DIS OF MUSCLE/LIG/FASCIA	Muscle spasm	
729	OTHER SOFT TISSUE DIS	Sore muscles, leg pain/cramps, muscle constriction, rheumatism	
730	OSTEOMYELITIS, PERIOSTITIS, AND OTHER INFECTIONS INVOLVING BONE	Osteomyelitis	
731	OSTEITIS DEFORMANS	Paget's disease, brittle bone	
733	OTH BONE & CARTILAGE DIS  Osteoporosis, osteopenia, pain in b density		
745	CARDIAC SEPTAL CLOS ANOM	Foramen ovale	
753	CONGENITAL ANOMALIES OF URINARY SYSTEM	Polycystic kidney disease	
780	GENERAL SYMPTOMS	Sleep aid, night sweats, vasovagal syncope, sensitive to cold, stiff, giddy, insomnia, vertigo, memory problems	
781	NERV/MUSCULSKEL SYS SYMP	Tremor	
782	SKIN/OTH INTEGUMENT SYMP	Rash, numbness of feet/finger/legs, reduce keloidosis, reduce skin inflammation, edema	
783	NUTRIT/METAB/DEVEL SYMP	Anorexia, weight loss, appetite suppressant	
784	SYMPTOMS INVOL HEAD/NECK	Headache, sore throat	
785	CARDIOVASCULAR SYS SYMP	Heart murmur	
786	RESP SYS/OTH CHEST SYMP	Difficulty breathing, loosen phlegm, short breath, whooping cough, chest tightness	
787	GI SYSTEM SYMPTOMS	Gassy, heartburn, nausea	
788	URINARY SYSTEM SYMPTOMS	Urination disorder, frequent urination, urination trouble/problem, bladder control	
789	OTH ABDOMEN/PELVIS SYMP  Stomach spasm, stomach cramp, groin pain		

ICD9M CODE	ICD9 CODE LABEL	Key Words/Common Responses	
790	NONSPECIFIC FINDINGS ON EXAMINATION OF BLOOD	High uric acid, hyperuricemia	
795	ABN HISTOLOG/IMMUNO FIND	Positive TB test	
797	SENILITY WITHOUT MENTION OF PSYCHOSIS	Memory	
805	FRACTURE OF VERTEBRAL COLUMN WITHOUT MENTION OF SPINAL CORD INJURY	Broken back bone	
904	INJURY TO BLOOD VESSELS OF LOWER EXTREMITY AND UNSPECIFIED SITES	Blood vessel injury	
918	SUPERFICIAL INJURY OF EYE AND ADNEXA	Eye injury	
919	SUPERFICIAL INJ OTH SITE	Blisters	
957	INJURY TO NERVE NEC/NOS	Nerve damage	
965	POIS-ANALGESIC/ANTIPYRET	Counteract Naproxen	
993	EFFECTS OF AIR PRESSURE Altitude sickness		
994	EFFECT EXTERNAL CAUS NEC Motion sickness		
995	CERTAIN ADVERSE EFF NEC	Inflammation, food allergy, allergy (non-specific)	
9996	UNABLE TO CLASSIFY		
9997	DON'T KNOW		
9998	MISSING		
9999	INAPP		

#### **MIDUS Codes and Labels**

To assist users in understanding the type of responses in the MIDUS code categories this table also contains a column listing key words/common phrases used to assign a response to a given category. Note all the MIDUS codes are alphanumeric and begin with an "M" followed by a 4 digit numeric code. The exception is the codes for Unable to Classify, Don't Know, Missing, and INAPP which begin with a "Z" and the usual missing value codes.

MIDUS		
CODE	MIDUS CODE LABEL	Key words/Common Phrases
M1000	GENERAL HEALTH	Health, for health, maintain health
		Improve health, strengthen the system, for healing,
M1010	IMPROVE HEALTH	recovery from (cancer, surgery, etc.), getting better
		Gives me a boost, when feel run down, increase
M1020	ENERGY	energy, improve drive, when tired
M1030	GENERAL HEALTH, OTHERS	Beauty, aging, stay younger, detox, cleanse body
M1040	GENERAL HEALTH, PREVENTIVE	Preventive, prevention, prevent potential sickness
M2000	SUPPLEMENT	Supplement (just the word)
		Lacking vitamins, to supply vitamins, get balance of
M2010	VITAMIN SUPPLEMENT	vitamins
M2020	CALCIUM SUPPLEMENT	Calcium, need more calcium, don't drink milk
M2030	DIETARY SUPPLEMENT	Supplement diet, balance diet needs
		Nutrient fortification, add nutrients, balance
M2040	ENSURE NUTRITIONAL INTAKES	nutrition
M2050	POOR DIET	Diet, don't always eat well, dietary reasons
M2060	ANTIOXIDANT	Antioxidants, help with free radicals,
M2070	SUPPLEMENT, OTHERS	Iron pill, resupply iron, omega 3, fiber, probiotics
M0040		Head beauth and for board and south and the
M3010	CARDIOVASCULAR HEALTH	Heart health, good for heart, cardiovascular health
	CARDIOVASCULAR HEALTH,	Cardiac family history, prevent clots/stroke/heart
M3011	PREVENTIVE	attack/atherosclerosis
	CARDIOVASCULAR HEALTH, BLOOD	
M3012	THINNER	Blood thinner
	CARDIOVASCULAR HEALTH,	
M3013	OTHERS	Improve blood circulation, neutral fat,
		Bone health, because of broken bones, health leg
M3020	MUSCULOSKELETAL HEALTH	and hip

MIDUS		
CODE	MIDUS CODE LABEL	Key words/Common Phrases
M3021	BONE STRENGTH/DENSITY	Bone strength/density/loss/mass
		Healthy joints, good for bones-joints, maintain bone
M3022	JOINT HEALTH	and joint health
	MUSCULOSKELETAL HEALTH,	
M3023	PREVENTIVE	Prevent bone loss, prevent osteoporosis
	MUSCULOSKELETAL HEALTH,	Repair muscles, get older legs weaken,
M3024	OTHERS	bone/muscle
		Digestion, break down food, help digest food,
M3030	DIGESTIVE HEALTH	condition of my stomach
		Colon health, cleans out colon, regularity, to
M3031	INTESTINAL/COLON HEALTH	condition intestinal functions
M3032	STOMACH ACID	Stomach acid
M3040	PROSTATE HEALTH	Prostate health, prostate gland, prostate problem,
		Eye health, good for eyes, nutrients for eyes, tired
M3050	EYE HEALTH	eyes, eye problem, uveal tract
		Boost cognitive abilities, memory, good for your
		brain, brain health, brain function, avoid senile
M3060	BRAIN HEALTH	brain
		Boost/support immune system, beneficial for
M3070	IMMUNE HEALTH	immune system,
M3071	PREVENT COLDS	Prevent catching cold, improve sensitivity to colds
		Immunosuppressant, immunosuppressant after
M3072	IMMUNOSUPRESSION	kidney transplant
		Hair/Skin/Nail health, dry skin/hair, for skin, to
M3080	INTEGUMENT HEALTH	avoid tanning/sunburn, liver spot, rough hands
		Low frequency reasons that cannot be assigned
		elsewhere (e.g. Multiple organ/system support (i.e.
		eye & bone, prevent cancer and strokes), bladder
		protection, protect liver from alcohol, liver, chronic
M3090	OTHER TARGETED HEALTH	illness)
		Doctor suggested/prescribed/recommended/ "told
M4010	MD RECOMMEND	me to"
		Good for me/you, everyone says it's a good idea,
		healthy thing to do, heard it's good for you, saw on
M4020	GOOD FOR YOU/ME	TV etc.

MIDUS		
CODE	MIDUS CODE LABEL	Key words/Common Phrases
		Friend, family member, mother, etc. recommended
M4030	FAMILY/FRIEND RECOMMEND	it, spouse puts it out
M5000	WEIGHT LOSS	Lose weight, weight management, diet plan pills
M5100	STRESS	For stress, helps with stress
M5200	CONTRACEPTION	Birth Control, prevent pregnancy
	COUNTER/PREVENT DRUG SIDE	Counter the affects of statin, prevent side effect of
M5300	EFFECTS	Lipitor, help with side effects of atorvastatin, etc.
Z9996	UNABLE TO CLASSIFY	
Z9997	DON'T KNOW	
Z9998	MISSING	
Z9999	INAPP	

## APPENDIX D: THERAPEUTIC AND PHARMACOLOGIC CLASS CODES AND NAMES

This Appendix contains two lists 1) Therapeutic Class (TC) codes and category names, and 2) Pharmacologic Class (PC) codes and categories included in the MIDUS and MIDJA data files as of May 2017. These lists will be updated as needed at future releases. See Section A above and MIDUS-MIDJA Biomarker Medication Documentation for details.

#### **Therapeutic Class Codes and Names**

The Therapeutic Classification (TC) system has three tiers consisting of a set of nested (parent-child) categories that parallels the ways in which clinicians think about medications. The system is polyhierarchical and each therapeutic class has a unique code. See Section B above for details. The list below is organized in nested in numeric order. The top tier (Parent/Grandparent) class codes are in the leftmost column. All middle tier (Parent/Child) class codes are listed under their top tier parent code. Similarly, all bottom tier (Child/Grandchild) class codes are listed under their middle tier "Parent" codes. All category names are listed in the rightmost column. Color coding is used to help illustrate the relationships among the therapeutic classes.

Multum Therapeutic Classes			
Top Tier (Parent/	Middle Tier	Bottom Tier (Child/	
Grandparent)	(Parent/ Child)	GrandChild)	Therapeutic Class Names
1			ANTI-INFECTIVES
	2		AMEBICIDES
	3		ANTHELMINTICS
	4		ANTIFUNGALS
		235	POLYENES
		236	AZOLE ANTIFUNGALS
		237	MISCELLANEOUS ANTIFUNGALS
	5		ANTIMALARIAL AGENTS
		238	ANTIMALARIAL QUINOLINES
		239	MISCELLANEOUS ANTIMALARIALS
	6		ANTITUBERCULOSIS AGENTS
		232	RIFAMYCIN DERIVATIVES
		234	MISCELLANEOUS ANTITUBERCULOSIS AGENTS
		457	HYDRAZIDE DERIVATIVES
	7		ANTIVIRAL AGENTS
		175	PROTEASE INHIBITORS
		176	NRTIS
		177	MISCELLANEOUS ANTIVIRALS

Top Tier (Parent/	Middle Tier	Bottom Tier (Child/	
Grandparent)	(Parent/ Child)	GrandChild)	Therapeutic Class Names
		227	NNRTIS
		229	PURINE NUCLEOSIDES
		281	NEURAMINIDASE INHIBITORS
		327	ANTIVIRAL COMBINATIONS
		364	ANTIVIRAL CHEMOKINE RECEPTOR ANTAGONIST
		366	INTEGRASE STRAND TRANSFER INHIBITOR
		480	ANTIVIRAL BOOSTERS
	9		CEPHALOSPORINS
		159	FIRST GENERATION CEPHALOSPORINS
		160	SECOND GENERATION CEPHALOSPORINS
		161	THIRD GENERATION CEPHALOSPORINS
	11		MACROLIDE DERIVATIVES
		304	MACROLIDES
	12		MISCELLANEOUS ANTIBIOTICS
	13		PENICILLINS
		224	AMINOPENICILLINS
		225	PENICILLINS BETA LACTAMASE INHIBITORS
	14		QUINOLONES
	15		SULFONAMIDES
	16		TETRACYCLINES
	17		URINARY ANTI INFECTIVES
	18		AMINOGLYCOSIDES
	240		LINCOMYCIN DERIVATIVES
20			ANTINEOPLASTICS
	23		ANTIMETABOLITES
	24		ANTINEOPLASTIC HORMONES
	454		PROTEASOME INHIBITORS
28			BIOLOGICALS
	34		IN VIVO DIAGNOSTIC BIOLOGICALS
40			CARDIOVASCULAR AGENTS
	42		ANGIOTENSIN CONVERTING ENZYME INHIBITORS
	43		ANTIADRENERGIC AGENTS PERIPHERALLY ACTING
	44		ANTIADRENERGIC AGENTS CENTRALLY ACTING
	45		ANTIANGINAL AGENTS
	46		ANTIARRHYTHMIC AGENTS
		385	GROUP I ANTIARRHYTHMICS

Top Tier (Parent/	Middle Tier	Bottom Tier (Child/	
Grandparent)	(Parent/ Child)	GrandChild)	Therapeutic Class Names
		386	GROUP II ANTIARRHYTHMICS
		387	GROUP III ANTIARRHYTHMICS
		388	GROUP IV ANTIARRHYTHMICS
		389	GROUP V ANTIARRHYTHMICS
	47		BETA ADRENERGIC BLOCKING AGENTS
		274	CARDIOSELECTIVE BETA BLOCKERS
		275	NON-CARDIOSELECTIVE BETA BLOCKERS
	48		CALCIUM CHANNEL BLOCKING AGENTS
	49		DIURETICS
		154	LOOP DIURETICS
		155	POTASSIUM-SPARING DIURETICS
		156	THIAZIDE AND THIAZIDE-LIKE DIURETICS
	50		INOTROPIC AGENTS
	51		MISCELLANEOUS CARDIOVASCULAR AGENTS
	52		PERIPHERAL VASODILATORS
	53		VASODILATORS
	54		VASOPRESSORS
	55		ANTIHYPERTENSIVE COMBINATIONS
		467	ACE INHIBITORS WITH THIAZIDES
		470	MISCELLANEOUS ANTIHYPERTENSIVE COMBINATIONS
		472	BETA BLOCKERS WITH THIAZIDES
		473	ANGIOTENSIN II INHIBITORS WITH THIAZIDES
		474	BETA BLOCKERS WITH CALCIUM CHANNEL BLOCKERS
		475	POTASSIUM SPARING DIURETICS WITH THIAZIDES
		476	ACE INHIBITORS WITH CALCIUM CHANNEL BLOCKING AGENTS
		479	ANGIOTENSIN II INHIBITORS WITH CALCIUM CHANNEL BLOCKERS
	56		ANGIOTENSIN II INHIBITORS
	303		AGENTS FOR PULMONARY HYPERTENSION
	340		ALDOSTERONE RECEPTOR ANTAGONISTS
	433		CATECHOLAMINE VASOPRESSORS
57			CENTRAL NERVOUS SYSTEM AGENTS
	58		ANALGESICS
		59	MISCELLANEOUS ANALGESICS
		60	NARCOTIC ANALGESICS

Top Tier (Parent/	Middle Tier	Bottom Tier (Child/	
Grandparent)	(Parent/ Child)	GrandChild)	Therapeutic Class Names
		61	NONSTEROIDAL ANTI-INFLAMMATORY AGENTS
		62	SALICYLATES
		63	ANALGESIC COMBINATIONS
		191	NARCOTIC ANALGESIC COMBINATIONS
		193	ANTIMIGRAINE AGENTS
		278	COX-2 INHIBITORS
	64		ANTICONVULSANTS
		199	HYDANTOIN ANTICONVULSANTS
		200	SUCCINIMIDE ANTICONVULSANTS
		201	BARBITURATE ANTICONVULSANTS
		203	BENZODIAZEPINE ANTICONVULSANTS
		204	MISCELLANEOUS ANTICONVULSANTS
		311	DIBENZAZEPINE ANTICONVULSANTS
		345	FATTY ACID DERIVATIVE ANTICONVULSANTS
		347	GAMMA-AMINOBUTYRIC ACID ANALOGS
		348	TRIAZINE ANTICONVULSANTS
		350	PYRROLIDINE ANTICONVULSANTS
		351	CARBONIC ANHYDRASE INHIBITOR ANTICONVULSANTS
	65		ANTIEMETIC ANTIVERTIGO AGENTS
		195	5HT3 RECEPTOR ANTAGONISTS
		196	PHENOTHIAZINE ANTIEMETICS
		197	ANTICHOLINERGIC ANTIEMETICS
		198	MISCELLANEOUS ANTIEMETICS
	66		ANTIPARKINSON AGENTS
		205	ANTICHOLINERGIC ANTIPARKINSON AGENTS
		276	DOPAMINERGIC ANTIPARKINSONISM AGENTS
	67		ANXIOLYTICS SEDATIVES AND HYPNOTICS
		68	BARBITURATES
		69	BENZODIAZEPINES
		70	MISCELLANEOUS ANXIOLYTICS, SEDATIVES AND HYPNOTICS
	71		CNS STIMULANTS
	73		MUSCLE RELAXANTS
		74	NEUROMUSCULAR BLOCKING AGENTS
		178	SKELETAL MUSCLE RELAXANTS
	80		MISCELLANEOUS CENTRAL NERVOUS SYSTEM AGENTS

Top Tier (Parent/	Middle Tier	Bottom Tier (Child/	
Grandparent)	(Parent/ Child)	GrandChild)	Therapeutic Class Names
	313		CHOLINESTERASE INHIBITORS
	378		DRUGS USED IN ALCOHOL DEPENDENCE
81			COAGULATION MODIFIERS
	82		ANTICOAGULANTS
		262	COUMARINS AND INDANEDIONES
		283	THROMBIN INHIBITORS
		285	FACTOR XA INHIBITORS
	83		ANTIPLATELET AGENTS
		211	PLATELET AGGREGATION INHIBITORS
	85		MISCELLANEOUS COAGULATION MODIFIERS
87			GASTROINTESTINAL AGENTS
	88		ANTACIDS
	90		ANTIDIARRHEALS
	91		DIGESTIVE ENZYMES
	92		GALLSTONE SOLUBILIZING AGENTS
	93		GI STIMULANTS
	94		H2 ANTAGONISTS
	95		LAXATIVES
	96		MISCELLANEOUS GI AGENTS
	272		PROTON PUMP INHIBITORS
	277		5 AMINOSALICYLATES
	355		FUNCTIONAL BOWEL DISORDER AGENTS
		89	ANTICHOLINERGICS ANTISPASMODICS
		455	GUANYLATE CYCLASE C AGONISTS
97			HORMONES/HORMONE MODIFIERS
	98		ADRENAL CORTICAL STEROIDS
		301	GLUCOCORTICOIDS
		302	MINERALOCORTICOIDS
	101		SEX HORMONES
		102	CONTRACEPTIVES
		182	ANDROGENS AND ANABOLIC STEROIDS
		183	ESTROGENS
		184	GONADOTROPINS
		185	PROGESTINS
		186	SEX HORMONE COMBINATIONS
		279	GONADOTROPIN-RELEASING HORMONE AND ANALOGS

Top Tier (Parent/	Middle Tier	Bottom Tier (Child/	
Grandparent)	(Parent/ Child)	GrandChild)	Therapeutic Class Names
	103	•	THYROID HORMONES
	288		5 ALPHA REDUCTASE INHIBITORS
	411		CALCITONIN
	416		SOMATOSTATIN AND SOMATOSTATIN ANALOGS
	417		SELECTIVE ESTROGEN RECEPTOR MODULATORS
	418		PARATHYROID HORMONE AND ANALOGS
	420		ANTIANDROGENS
	423		AROMATASE INHIBITORS
105			MISCELLANEOUS AGENTS
	106		ANTIDOTES
	107		CHELATING AGENTS
	108		CHOLINERGIC MUSCLE STIMULANTS
	109		LOCAL INJECTABLE ANESTHETICS
	110		MISCELLANEOUS UNCATEGORIZED AGENTS
	114		ILLICIT STREET DRUGS
	192		ANTIRHEUMATICS
	270		ANTIPSORIATICS
	284		VISCOSUPPLEMENTATION AGENTS
	320		SMOKING CESSATION AGENTS
113			GENITOURINARY TRACT AGENTS
	263		IMPOTENCE AGENTS
	264		URINARY ANTISPASMODICS
	265		URINARY PH MODIFIERS
	266		MISCELLANEOUS GENITOURINARY TRACT AGENTS
115			NUTRITIONAL PRODUCTS
	116		IRON PRODUCTS
	117		MINERALS AND ELECTROLYTES
	118		ORAL NUTRITIONAL SUPPLEMENTS
	119		VITAMINS
	120		VITAMIN AND MINERAL COMBINATIONS
	121		INTRAVENOUS NUTRITIONAL PRODUCTS
122			RESPIRATORY AGENTS
	123		ANTIHISTAMINES
	124		ANTITUSSIVES
	125		BRONCHODILATORS
		126	METHYLXANTHINES

Top Tier (Parent/	Middle Tier	Bottom Tier (Child/	
Grandparent)	(Parent/ Child)	GrandChild)	Therapeutic Class Names
		180	ADRENERGIC BRONCHODILATORS
		181	BRONCHODILATOR COMBINATIONS
		299	ANTICHOLINERGIC BRONCHODILATORS
	127		DECONGESTANTS
	128		EXPECTORANTS
	130		RESPIRATORY INHALANT PRODUCTS
		296	INHALED CORTICOSTEROIDS
		407	INHALED ANTI INFECTIVES
	132		UPPER RESPIRATORY COMBINATIONS
	243		LEUKOTRIENE MODIFIERS
133			TOPICAL AGENTS
	135		ANTISEPTIC AND GERMICIDES
	136		DERMATOLOGICAL AGENTS
		137	TOPICAL ANTI INFECTIVES
		138	TOPICAL STEROIDS
		139	TOPICAL ANESTHETICS
		140	MISCELLANEOUS TOPICAL AGENTS
		141	TOPICAL STEROIDS WITH ANTI INFECTIVES
		143	TOPICAL ACNE AGENTS
		248	TOPICAL EMOLLIENTS
		290	TOPICAL ANTIBIOTICS
		292	TOPICAL ANTIFUNGALS
		381	TOPICAL DEPIGMENTING AGENTS
		382	TOPICAL ANTIHISTAMINES
		448	TOPICAL NON-STEROIDAL ANTI-INFLAMMATORIES
		450	TOPICAL ANTINEOPLASTICS
		453	TOPICAL RUBEFACIENT
		461	TOPICAL ANTI ROSACEA AGENTS
	146		MOUTH AND THROAT PRODUCTS
	147		OPHTHALMIC PREPARATIONS
		163	OPHTHALMIC ANTI-INFECTIVES
		164	OPHTHALMIC GLAUCOMA AGENTS
		165	OPHTHALMIC STEROIDS
		166	OPHTHALMIC STEROIDS WITH ANTI INFECTIVES
		167	OPHTHALMIC ANTI INFLAMMATORY AGENTS
		168	OPHTHALMIC LUBRICANTS AND IRRIGATIONS

Top Tier		Bottom Tier	
(Parent/ Grandparent)	Middle Tier (Parent/ Child)	(Child/ GrandChild)	Therapeutic Class Names
Oranoparent)	(i areni oniia)	169	MISCELLANEOUS OPHTHALMIC AGENTS
		103	OPHTHALMIC ANTIHISTAMINES AND
		267	DECONGESTANTS
		286	MYDRIATICS
	148		OTIC PREPARATIONS
		393	CERUMENOLYTICS
	151		VAGINAL PREPARATIONS
		268	VAGINAL ANTI-INFECTIVES
		269	MISCELLANEOUS VAGINAL AGENTS
	247		NASAL PREPARATIONS
		244	NASAL LUBRICANTS AND IRRIGATIONS
		245	NASAL STEROIDS
		246	NASAL ANTIHISTAMINES AND DECONGESTANTS
153			PLASMA EXPANDERS
218			ALTERNATIVE MEDICINES
	219		NUTRACEUTICAL PRODUCTS
	220		HERBAL PRODUCTS
	363		PROBIOTICS
242			PSYCHOTHERAPEUTIC AGENTS
	249		ANTIDEPRESSANTS
		76	MISCELLANEOUS ANTIDEPRESSANTS
		208	SSRI ANTIDEPRESSANTS
		209	TRICYCLIC ANTIDEPRESSANTS
		306	PHENYLPIPERAZINE ANTIDEPRESSANTS
		307	TETRACYCLIC ANTIDEPRESSANTS
		308	SSNRI ANTIDEPRESSANTS
	251		ANTIPSYCHOTICS
		77	MISCELLANEOUS ANTIPSYCHOTIC AGENTS
		210	PHENOTHIAZINE ANTIPSYCHOTICS
		341	ATYPICAL ANTIPSYCHOTICS
254			IMMUNOLOGIC AGENTS
	33		IMMUNE GLOBULINS
	104		IMMUNOSUPPRESSIVE AGENTS
		441	CALCINEURIN INHIBITORS
		442	TNF ALPHA INHIBITORS
		444	SELECTIVE IMMUNOSUPPRESSANTS
		445	OTHER IMMUNOSUPPRESSANTS

Top Tier (Parent/	Middle Tier	Bottom Tier (Child/	
Grandparent)	(Parent/ Child)	GrandChild)	Therapeutic Class Names
	437		IMMUNOSTIMULANTS
		439	OTHER IMMUNOSTIMULANTS
331			RADIOLOGIC AGENTS
	332		RADIOLOGIC ADJUNCTS
		374	CARDIAC STRESSING AGENTS
358			METABOLIC AGENTS
	19		ANTIHYPERLIPIDEMIC AGENTS
		173	HMG-COA REDUCTASE INHIBITORS
		174	MISCELLANEOUS ANTIHYPERLIPIDEMIC AGENTS
		241	FIBRIC ACID DERIVATIVES
		252	BILE ACID SEQUESTRANTS
		316	CHOLESTEROL ABSORPTION INHIBITORS
		317	ANTIHYPERLIPIDEMIC COMBINATIONS
	99		ANTIDIABETIC AGENTS
		213	SULFONYLUREAS
		214	BIGUANIDES
		215	INSULIN
		216	ALPHA-GLUCOSIDASE INHIBITORS
		271	THIAZOLIDINEDIONES
		282	MEGLITINIDES
		314	ANTIDIABETIC COMBINATIONS
		371	DIPEPTIDYL PEPTIDASE 4 INHIBITORS
		373	GLP 1 RECEPTOR AGONISTS
		458	SGLT 2 INHIBITORS
	194		ANTIGOUT AGENTS
	289		ANTIHYPERURICEMIC AGENTS
	293		GLUCOSE ELEVATING AGENTS
	359		PERIPHERALLY ACTING ANTIOBESITY AGENTS
	409		BONE RESORPTION INHIBITORS
		217	BISPHOSPHONATES
		415	MISCELLANEOUS BONE RESORPTION INHIBITORS
365			MEDICAL GAS
462			ALLERGENICS
999			INAPP

#### **Pharmacologic Class Codes and Names**

The Pharmacologic Classification (PC) system is flat thus the classes are in numeric order by class code. This system does not include parent/child relationships, but drugs can be assigned to multiple pharmacologic categories. Within MIDUS/MIDJA medications can be assigned to up to 6 PC categories. See Section A above and MIDUS-MIDJA Biomarker Medication Documentation for more details.

Multum Pha	armacologic Classes
Codes	Class Names
901	ACNE PRODUCTS
902	ACETYLCHOLINESTERASE INHIBITOR
903	ACETYLCHOLINESTERASE INHIBITOR (CENTRAL)
909	ADRENERGIC AGONIST AGENT
915	ALKALINIZING AGENT
918	ALPHA 1 AGONIST
919	ALPHA 1 BLOCKER
928	ALPHA-/BETA- AGONIST
930	ALPHA 2 -ADRENERGIC AGONIST
931	ALPHA 2 AGONIST, OPHTHALMIC
935	AMINOQUINOLINE (ANTIMALARIAL)
938	5-AMINOSALICYLIC ACID DERIVATIVE
943	ANALGESIC COMBINATION (OPIOID)
946	ANALGESIC, OPIOID
947	ANALGESIC NONOPIOID
951	ANALGESIC, TOPICAL
952	ANALGESIC, URINARY
953	ANALGESIC, MISCELLANEOUS
954	ANDROGEN
955	ANESTHETIC/CORTICOSTEROID
956	ANESTHETIC, TOPICAL
957	ANGIOTENSIN-CONVERTING ENZYME (ACE) INHIBITOR
958	ANGIOTENSIN II RECEPTOR BLOCKER
961	ANTACID
963	ANTHELMINTIC
971	ANTIANGINAL AGENT
973	ANTIANXIETY AGENT, MISCELLANEOUS
976	ANTIARRHYTHMIC AGENT, CLASS IB
977	ANTIARRHYTHMIC AGENT, CLASS IC
978	ANTIARRHYTHMIC AGENT, CLASS II

Codes	Class Names
979	ANTIARRHYTHMIC AGENT, CLASS III
980	ANTIARRHYTHMIC AGENT, CLASS IV
983	ANTIARRHYTHMIC AGENT, MISCELLANEOUS
989	ANTIBIOTIC, AMINOGLYCOSIDE
994	ANTIBIOTIC, CEPHALOSPORIN (FIRST GENERATION)
995	ANTIBIOTIC, CEPHALOSPORIN (SECOND GENERATION)
998	ANTIBIOTIC/CORTICOSTEROID, OPHTHALMIC
1000	ANTIBIOTIC CORTICOSTEROID TOPICAL
1002	ANTIBIOTIC, MACROLIDE
1004	ANTIBIOTIC, OPHTHALMIC
1005	ANTIBIOTIC, ORAL RINSE
1008	ANTIBIOTIC, PENICILLIN
1009	ANTIBIOTIC, FLUOROQUINOLONE
1011	ANTIBIOTIC, SULFONAMIDE DERIVATIVE
1013	ANTIBIOTIC, TETRACYCLINE DERIVATIVE
1014	ANTIBIOTIC, TOPICAL
1017	ANTIBIOTIC, MISCELLANEOUS
1019	ANTICHOLINERGIC AGENT
1022	ANTICOAGULANT
1026	ANTICONVULSANT, BARBITURATE
1027	ANTICONVULSANT BENZODIAZEPINE
1029	ANTICONVULSANT, HYDANTOIN
1031	ANTICONVULSANT, SUCCINIMIDE
1032	ANTICONVULSANT, MISCELLANEOUS
1044	ANTIDEPRESSANT, ALPHA-2 ANTAGONIST
1050	ANTIDEPRESSANT, SELECTIVE SEROTONIN REUPTAKE INHIBITOR
1051	ANTIDEPRESSANT, SEROTONIN/NOREPINEPHRINE REUPTAKE INHIBITOR
1052	ANTIDEPRESSANT, SEROTONIN REUPTAKE INHIBITOR/ANTAGONIST
1057	ANTIDEPRESSANT, TRICYCLIC (SECONDARY AMINE)
1058	ANTIDEPRESSANT, TRICYCLIC (TERTIARY AMINE)
1063	ANTIDIABETIC AGENT, BIGUANIDE
1065	ANTIDIABETIC AGENT, SULFONYLUREA
1066	ANTIDIABETIC AGENT, THIAZOLIDINEDIONE
1069	ANTIDIARRHEAL
1073	CORTICOSTEROID PARENTERAL
1074	ANTIDOTE
1095	ANTIDOTE, EXTRAVASATION

Codes	Class Names
1122	ANTIEMETIC
1125	ANTIFLATULENT
1126	ANTIFUNGAL AGENT, IMIDAZOLE DERIVATIVE
1130	ANTIFUNGAL AGENT, ORAL
1131	ANTIFUNGAL AGENT, ORAL NONABSORBED
1134	ANTIFUNGAL AGENT, TOPICAL
1135	ANTIFUNGAL AGENT, VAGINAL
1138	ANTIGOUT AGENT
1156	ANTIHYPERTENSIVE
1162	ANTI-INFLAMMATORY AGENT
1169	ANTILIPEMIC AGENT, BILE ACID SEQUESTRANT
1170	ANTILIPEMIC AGENT, FIBRIC ACID
1171	ANTILIPEMIC AGENT, HMG-COA REDUCTASE INHIBITOR
1172	ANTILIPEMIC AGENT, MISCELLANEOUS
1173	ANTIMALARIAL AGENT
1174	ANTIMANIC AGENT
1177	ANTIMIGRAINE AGENT
1189	ANTINEOPLASTIC AGENT, ANTIMETABOLITE
1195	ANTINEOPLASTIC AGENT, AROMATASE INHIBITOR
1216	ANTINEOPLASTIC AGENT, MISCELLANEOUS
1219	ANTI-PARKINSON'S AGENT, ANTICHOLINERGIC
1221	ANTI-PARKINSON'S AGENT, DOPAMINE AGONIST
1225	ANTIPLATELET AGENT
1253	ANTIRETROVIRAL, PROTEASE INHIBITOR (ANTI-HIV)
1254	ANTIRETROVIRAL, REVERSE TRANSCRIPTASE INHIBITOR, NON- NUCLEOSIDE (ANTI-HIV)
1255	ANTIRETROVIRAL, REVERSE TRANSCRIPTASE INHIBITOR, NUCLEOSIDE (ANTI-HIV)
1257	ANTIRETROVIRAL, REVERSE TRANSCRIPTASE INHIBITOR, NUCLEOTIDE (ANTI-HIV)
1259	ANTIRHEUMATIC, DISEASE MODIFYING
1260	ANTISEBORRHEIC AGENT TOPICAL
1263	ANTISPASMODIC AGENT, URINARY
1268	ANTITUSSIVE
1277	ANTIVIRAL AGENT
1280	ANTIVIRAL AGENT, ORAL
1282	ANTIVIRAL AGENT, TOPICAL
1284	ASTRINGENT

Codes	Class Names
1286	BARBITURATE
1289	BENZODIAZEPINE
1291	BETA-BLOCKER, BETA-1 SELECTIVE
1293	BETA-BLOCKER, NONSELECTIVE
1294	BETA-BLOCKER WITH ALPHA-BLOCKING ACTIVITY
1295	BETA BLOCKER WITH INTRINSIC SYMPATHOMIMETIC ACTIVITY
1299	BETA 2 AGONIST
1303	BIOLOGICAL, MISCELLANEOUS
1305	BISPHOSPHONATE DERIVATIVE
1308	BLOOD VISCOSITY REDUCER AGENT
1313	CALCIUM CHANNEL BLOCKER
1314	CALCIUM SALT
1318	CARDIAC GLYCOSIDE
1320	CARDIOVASCULAR AGENT, MISCELLANEOUS
1326	CENTRAL NERVOUS SYSTEM DEPRESSANT
1343	CONTRACEPTIVE
1363	CORTICOSTEROID, INHALANT (ORAL)
1364	CORTICOSTEROID, NASAL
1365	CORTICOSTEROID, OPHTHALMIC
1367	CORTICOSTEROID, RECTAL
1369	CORTICOSTEROID, SYSTEMIC
1370	CORTICOSTEROID, TOPICAL
1379	COUGH PREPARATION
1380	DECONGESTANT
1382	DECONGESTANT/ANALGESIC
1390	DIAGNOSTIC AGENT
1428	DIETARY SUPPLEMENT
1435	DIURETIC, LOOP
1438	DIURETIC, POTASSIUM SPARING
1439	DIURETIC, THIAZIDE
1440	DIURETIC, THIAZIDE-RELATED
1447	ELECTROLYTE SUPPLEMENT, ORAL
1448	ELECTROLYTE SUPPLEMENT, PARENTERAL
1449	ENZYME
1463	ESTROGEN AND PROGESTIN COMBINATION
1464	ESTROGEN DERIVATIVE
1472	EXPECTORANT

Codes	Class Names
1481	GALLSTONE DISSOLUTION AGENT
1486	GASTROINTESTINAL AGENT, PROKINETIC
1488	GASTROINTESTINAL AGENT, MISCELLANEOUS
1489	GENERAL ANESTHETIC
1497	GONADOTROPIN
1504	HEMOSTATIC AGENT
1507	HISTAMINE H 2 ANTAGONIST
1509	HOMOCYSTINURIA, TREATMENT AGENT
1510	HORMONE
1523	HYPNOTIC, MISCELLANEOUS
1528	IMMUNOSUPPRESSANT AGENT
1534	IRON SALT
1536	KERATOLYTIC AGENT
1537	LAXATIVE
1539	LAXATIVE, BULK-PRODUCING
1543	LAXATIVE, OSMOTIC
1544	LAXATIVE, SALINE
1545	LAXATIVE, STIMULANT
1551	LEUKOTRIENE RECEPTOR ANTAGONIST
1554	LIPASE INHIBITOR
1557	LOCAL ANESTHETIC
1576	MAGNESIUM SALT
1577	MAST CELL STABILIZER
1585	MONOCLONAL ANTIBODY
1589	OPIOID ANTAGONIST
1597	NEUROMUSCULAR BLOCKER AGENT, TOXIN
1599	NONSTEROIDAL ANTI-INFLAMMATORY DRUG (NSAID)
1600	NONSTEROIDAL ANTI-INFLAMMATORY DRUG (NSAID), COX-2 SELECTIVE
1602	NONSTEROIDAL ANTI-INFLAMMATORY DRUG (NSAID), ORAL
1603	NONSTEROIDAL ANTI-INFLAMMATORY DRUG (NSAID), PARENTERAL
1604	NUTRITIONAL SUPPLEMENT
1607	OPHTHALMIC AGENT, ANTIGLAUCOMA
1611	OPHTHALMIC AGENT, TOXIN
1612	OPHTHALMIC AGENT, VASOCONSTRICTOR
1614	OPHTHALMIC AGENT, MISCELLANEOUS
1620	OVULATION STIMULATOR
1627	PHENOTHIAZINE DERIVATIVE

Codes	Class Names
1629	PHOSPHATE BINDER
1644	PROGESTIN
1646	PROSTAGLANDIN
1647	PROSTAGLANDIN, OPHTHALMIC
1651	PROTON PUMP INHIBITOR
1661	RETINOIC ACID DERIVATIVE
1665	SALICYLATE
1670	SEDATIVE
1671	SELECTIVE ESTROGEN RECEPTOR MODULATOR (SERM)
1672	SELECTIVE 5-HT 3 RECEPTOR ANTAGONIST
1681	SKELETAL MUSCLE RELAXANT
1683	SKIN AND MUCOUS MEMBRANE AGENT
1687	SKIN AND MUCOUS MEMBRANE AGENT, MISCELLANEOUS
1688	SMOKING CESSATION AID
1691	SOMATOSTATIN ANALOG
1694	STOOL SOFTENER
1700	SYMPATHOMIMETIC
1710	THYROID PRODUCT
1712	TOPICAL SKIN PRODUCT
1713	TOPICAL SKIN PRODUCT, ACNE
1718	TRACE ELEMENT
1719	TRACE ELEMENT, PARENTERAL
1729	URICOSURIC AGENT
1742	VASODILATOR
1750	VITAMIN
1752	VITAMIN D ANALOG
1753	VITAMIN, FAT SOLUBLE
1756	VITAMIN, WATER SOLUBLE
1757	XANTHINE OXIDASE INHIBITOR
1762	SEROTONIN 5-HT 1B, 1D RECEPTOR AGONIST
1765	CENTRAL NERVOUS SYSTEM STIMULANT
1768	HISTAMINE H 1 ANTAGONIST
1779	5 ALPHA-REDUCTASE INHIBITOR
1781	ANTILIPEMIC AGENT, 2-AZETIDINONE
1808	MONOCLONAL ANTIBODY, ANTI-ASTHMATIC
1810	N-METHYL-D-ASPARTATE RECEPTOR ANTAGONIST
1811	PHOSPHODIESTERASE-5 ENZYME INHIBITOR

Codes	Class Names
1822	ANTINEOPLASTIC AGENT, ANTIMETABOLITE (ANTIFOLATE)
1824	SUBSTITUTED BENZIMIDAZOLE
1825	ANTISEPTIC, TOPICAL
1827	SECOND GENERATION (ATYPICAL) ANTIPSYCHOTIC
1828	FIRST GENERATION (TYPICAL) ANTIPSYCHOTIC
1830	AMINO ACID
1831	TUMOR NECROSIS FACTOR (TNF) BLOCKING AGENT
1833	MONOCLONAL ANTIBODY, SELECTIVE ADHESION-MOLECULE INHIBITOR
37021	PROBIOTIC
309141	ANTIBIOTIC, LINCOSAMIDE
369942	INSULIN, INTERMEDIATE-ACTING
369943	INSULIN, LONG-ACTING
370141	INSULIN, RAPID-ACTING
512625	PARTIAL NICOTINE AGONIST
515063	IMIDAZOLINE DERIVATIVE
580286	ANTIDIABETIC AGENT, DIPEPTIDYL PEPTIDASE IV (DPP-IV) INHIBITOR
944618	ANTIRETROVIRAL, CCR5 ANTAGONIST (ANTI-HIV)
996578	ANTIRETROVIRAL, INTEGRASE INHIBITOR (ANTI-HIV)
996698	ANTINEOPLASTIC AGENT, ANTIMETABOLITE (PYRIMIDINE ANALOG)
1035979	ANILIDOPIPERIDINE OPIOID
1154061	RESCUE AGENT (CHEMOTHERAPY)
1154062	CHEMOTHERAPY MODULATING AGENT
1160459	BETA 2 -ADRENERGIC AGONIST, LONG-ACTING
1160479	BETA 2 AGONIST, LONG-ACTING
1163619	NONSTEROIDAL ANTI-INFLAMMATORY DRUG (NSAID), TOPICAL
1177583	HISTAMINE H 1 ANTAGONIST, SECOND GENERATION
1177584	HISTAMINE H 1 ANTAGONIST, FIRST GENERATION
1191179	VASODILATOR, DIRECT-ACTING
1274399	IMMUNOMODULATOR, SYSTEMIC
1284841	HISTONE DEACETYLASE INHIBITOR
1797079	CALCIUM CHANNEL BLOCKER, NONDIHYDROPYRIDINE
1797080	CALCIUM CHANNEL BLOCKER, DIHYDROPYRIDINE
1801719	CALCINEURIN INHIBITOR
1826674	ANTIPLATELET AGENT, THIENOPYRIDINE
2148013	ANTIDIABETIC AGENT, GLUCAGON-LIKE PEPTIDE-1 (GLP-1) RECEPTOR AGONIST
2759759	ANTI-PARKINSON'S AGENT, DECARBOXYLASE INHIBITOR

Codes	Class Names
2759760	ANTI-PARKINSON'S AGENT, DOPAMINE PRECURSOR
2792400	ANTINEOPLASTIC AGENT, ANTIMETABOLITE (PURINE ANALOG)
2807279	TRANSIENT RECEPTOR POTENTIAL VANILLOID 1 (TRPV1) AGONIST
2952225	ALKYLAMINE DERIVATIVE
2952299	ETHANOLAMINE DERIVATIVE
2952340	PIPERAZINE DERIVATIVE
2952559	PIPERIDINE DERIVATIVE
2965759	FIBER SUPPLEMENT
2988377	ANALGESIC, OPIOID PARTIAL AGONIST
3015214	ANTIDEPRESSANT, SELECTIVE SEROTONIN REUPTAKE INHIBITOR/5- HT 1A RECEPTOR PARTIAL AGONIST
3451903	BONE-MODIFYING AGENT
3501084	GABA ANALOG
3509782	ALPHA-ADRENERGIC AGONIST
3819764	BETA 3 AGONIST
3861322	PHOSPHODIESTERASE ENZYME INHIBITOR, NONSELECTIVE
3964448	PYRIMIDINE SYNTHESIS INHIBITOR
3974202	ANTILIPEMIC AGENT, OMEGA-3 FATTY ACIDS
3988862	ANTICHOLINERGIC AGENT, LONG-ACTING
4230723	SODIUM-GLUCOSE COTRANSPORTER 2 (SGLT2) INHIBITOR
4230724	ANTIDIABETIC AGENT, SODIUM-GLUCOSE COTRANSPORTER 2 (SGLT2) INHIBITOR
4230742	FUMARIC ACID DERIVATIVE
4496663	CARBONIC ANHYDRASE INHIBITOR (OPHTHALMIC)
4649822	ANTIHEMORRHOIDAL AGENT
4857382	ANTIHEPADNAVIRAL, REVERSE TRANSCRIPTASE INHIBITOR, NUCLEOSIDE (ANTI-HBV)
5002622	ANTICOAGULANT, FACTOR XA INHIBITOR
5002623	ANTICOAGULANT, VITAMIN K ANTAGONIST
5002625	ANTICOAGULANT, DIRECT THROMBIN INHIBITOR
5251182	MEDICAL FOOD
5357662	ANTIDEPRESSANT, DOPAMINE/NOREPINEPHRINE-REUPTAKE INHIBITOR
5585170	MINERALOCORTICOID (ALDOSTERONE) RECEPTOR ANTAGONISTS
6004244	ANTIFUNGAL AGENT ORAL NONABSORBED PARTIALLY ABSORBED
6024732	DIRECT ORAL ANTICOAGULANT DOAC
6433523	GUANYLATE CYCLASE C GC C AGONIST
9999999	INAPP