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React State

The state is an updatable structure that is used to contain data or information about the component.

The state in a component can change over time.

The change in state over time can happen as a response to user action or system event.

 A component with the state is known as stateful components.

It is the heart of the react component which determines the behavior of the component and how it will render.

They are also responsible for making a component dynamic and interactive.

A state represents the component's local state or information.

## Defining State

To define a state, you have to first declare a default set of values for defining the component's initial state. To do this, add a class constructor which assigns an initial state using this.state. The '**this.state**' property can be rendered inside **render()** method.

## Changing the State

We can change the component state by using the setState() method and passing a new state object as the argument