

- `docker build -t my-nginx-image3 .`: This command builds a Docker image named "my-nginx-image3" using the Dockerfile in the current directory
- `docker run -d -p 3000:80 my-nginx-image3`: This command runs a container in the background, mapping port 3000 on your host to port 80 in the container, using the image "my-nginx-image3".

The Dockerfile sets up an Nginx container to serve your website, exposing port 80 and mapping it to port 3000 on the host. It also configures a volume to sync your website's public files from the host to the container.