

# **Scheme for Adolescent Girls- Bihar**

## **Details (Scheme for Adolescent Girls- Bihar)**

The scheme "Scheme for Adolescent Girls" has been implemented in Bihar since 2011 through the Anganwadi centers under the Integrated Child Development Project (ICDS). Under this scheme, adolescent girls aged 11 to 14 years who are not attending school receive a monthly take-home ration along with skill development training. It is a centrally sponsored scheme with a funding ratio of 50:50 between the Central and State governments. The main objective of the scheme is to improve the level of health, nutrition, and education by providing support to adolescent girls so that they can become self-reliant and aware. The objective of this scheme is as follows:- To assist in self-development and empowerment of adolescent girls.

## **Objectives (Scheme for Adolescent Girls- Bihar)**

- The main objective of the scheme is to improve the level of health, nutrition, and education by providing support to adolescent girls so that they can become self
- reliant and aware. The objective of this scheme is as follows:
- To assist in self
- development and empowerment of adolescent girls.

## **Important Features (Scheme for Adolescent Girls- Bihar)**

- The main objective of the scheme is to improve the level of health, nutrition, and education by providing support to adolescent girls so that they can become self
- reliant and aware.

## **Benefits (Scheme for Adolescent Girls- Bihar)**

- 1. Under this scheme, beneficiaries receive a monthly take
- home ration (THR) along with skill development training. 2. The following benefits are provided to beneficiaries under both nutritional and non
- nutritional items: Nutritional items: Rice, eggs, and soybeans are provided as THR to adolescent girls. Nutritious items are provided for 25 days each month. Non
- nutritional items: These include Iron Folic Acid supplements, comprehensive health check
- ups and referral services, health and nutrition education, reintegration of out
- of
- school adolescent girls into the formal education system or mainstreaming through alternative education/skills development, life skills education, home management training, and
- counseling/guidance for accessing public services.

## **Eligibility (Scheme for Adolescent Girls- Bihar)**

- The beneficiary should be a resident of Bihar.
- The beneficiary should be an adolescent girl aged between 11 and 14 years.
- The beneficiary should not be currently attending school.

## **Application Process (Scheme for Adolescent Girls- Bihar)**

- To avail benefits under this scheme, beneficiaries should register their names at their nearest Anganwadi Center.
- Complaints & Grievance Redressal: Complaints and appeals related to various schemes under this program can be filed with the Public Grievance Redressal Officer at the sub-division level, the District Public Grievance Redressal Officer at the district level, and the Departmental Public Grievance Redressal Officer at the department level.
- Apart from this, issues can be registered with the Child Development Project Officer at the project level, the District Program Officer/District Officer at the district level, the Divisional Commissioner at the divisional level, and the Director, ICDS, as well as the Additional Chief Secretary/Principal Secretary/Secretary of the Social Welfare Department at the state level.

- Complaints can be submitted in writing or communicated over the telephone.

### **Documents Required (Scheme for Adolescent Girls- Bihar)**

- Identity proof of applicant i.e. Aadhaar Card Proof of age i.e. Birth certificate Address proof Any additional documents as required

Document generated on 2025-11-15.