

# Mukhyamantri Mahila Poshan Yojana

## Details (Mukhyamantri Mahila Poshan Yojana)

The Government of Uttarakhand, recognizing the critical role of maternal health in child development, has implemented the "Mukhyamantri Mahila Poshan Yojana" program under the Department of Women Empowerment and Child Development. This social security scheme specifically targets pregnant and lactating women in the state. By providing them with nutritious food supplements, the program aims to combat malnutrition among these mothers. This focus on proper maternal nutrition during pregnancy and breastfeeding is crucial, as it directly impacts the health and well-being of both the mother and the developing child.

## Objectives (Mukhyamantri Mahila Poshan Yojana)

- By providing them with nutritious food supplements, the program aims to combat malnutrition among these mothers.

## Important Features (Mukhyamantri Mahila Poshan Yojana)

- The Government of Uttarakhand, recognizing the critical role of maternal health in child development, has implemented the "Mukhyamantri Mahila Poshan Yojana" program under the Department of Women Empowerment and Child Development. This social security scheme specifically targets pregnant and lactating women in the state. By providing them with nutritious food supplements, the program aims to combat malnutrition among these mothers. This focus on proper maternal nutrition during pregnancy and breastfeeding is crucial, as it directly impacts the health and well-being of both the mother and the developing child.
- By ensuring that expecting and new mothers have access to essential nutrients, the "Mukhyamantri Mahila Poshan Yojana" strives to create a healthier generation for Uttarakhand.

## Benefits (Mukhyamantri Mahila Poshan Yojana)

- Egg (2 Days/Week).
- Dates(2 Days/Week).
- ■ Note : Dates are provided to those registered pregnant/lactating women who do not take eggs.
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## Eligibility (Mukhyamantri Mahila Poshan Yojana)

- Beneficiary should be a permanent resident of Uttarakhand.
- Beneficiary should be pregnant/lactating women.
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## Application Process (Mukhyamantri Mahila Poshan Yojana)

- Step-1: Concerned women should visit their nearest Anganwadi Centre.
- Step-2: Provide all the necessary documents as directed (attested, if required).
- Step-3: After the completion of the procedure benefits can be availed from the Anganwadi Centre.

## Documents Required (Mukhyamantri Mahila Poshan Yojana)

- Aadhar card. Proof of Pregnancy (Medical Report). Any other document (as requested). ■