

PURNA Scheme

Details (PURNA Scheme)

The "PURNA Scheme" launched by the Women and Child Development Department, Gujarat, is a comprehensive initiative designed for adolescent girls aged 15-18 in Gujarat. It focuses on improving their nutritional status, health, and life skills while empowering them through education, vocational training, and exposure to public services. With no income limitations, the scheme ensures inclusivity by offering nutritional supplements, health check-ups, and life-skill training to all adolescent girls registered at Anganwadi centres. The scheme also promotes awareness of legal rights, self-competency, and social skills through engaging activities and field visits.

Objectives (PURNA Scheme)

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- 18 in Gujarat. It focuses on improving their nutritional status, health, and life skills while empowering them through education, vocational training, and exposure to public services. With no income limitations, the scheme ensures inclusivity by offering nutritional supplements, health check
- ups, and life
- skill training to all adolescent girls registered at Anganwadi centres. The scheme also promotes awareness of legal rights, self
- competency, and social skills through engaging activities and field visits. ■ ■ ■

Important Features (PURNA Scheme)

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- 18 in Gujarat. It focuses on improving their nutritional status, health, and life skills while empowering them through education, vocational training, and exposure to public services. With no income limitations, the scheme ensures inclusivity by offering nutritional supplements, health check
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- skill training to all adolescent girls registered at Anganwadi centres. The scheme also promotes awareness of legal rights, self
- competency, and social skills through engaging activities and field visits. ■ ■ ■

Benefits (PURNA Scheme)

- Nutritional Support: Supplementary nutrition (PURNA Shakti) 4 packets (1kg/packet) on 4th Tuesday of every month which contains 9 micronutrients. Health Enhancement: Distribution of IFA tablets every Wednesday at schools and AWCs, along with health check
- ups and referral services, is conducted in convergence with the Health Department. Educational Encouragement: Support out of school adolescent girls for school re
- enrollment and vocational training. Life Skill Development: Knowledge of nutrition, health, and legal rights. Public Exposure : Visit at public places (Primary health centre, Bank, Post office and any government offices etc.) for their self
- empowerment). Awareness Programs: Celebration of PURNA divas at Anganwadi centres on the 4th Tuesday of every month where various theme based activities are carried out based on health, nutrition and self
- development of adolescent girls. Empowerment Kits: Distribution of PURNA kit at Anganwadi centres for awareness about nutrition, health and empowerment among adolescent girls.

Eligibility (PURNA Scheme)

- The applicant must be a girl. The applicant must be aged between 15
- 18 years. Applicant must be enrolled at an Anganwadi center in Gujarat. ■

Application Process (PURNA Scheme)

- Step 1: Visit the nearest Anganwadi centres.
- Step 2: Submit age proof and enrollment details.
- Step 3: Register for the scheme with the assistance of the Anganwadi worker.
- Helpdesk: Contact Details.
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Documents Required (PURNA Scheme)

- Age proof document (15-18 years). Address proof. Any other documents (if required).

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