

Poshan Sudha

Details (Poshan Sudha)

The "Poshan Sudha" scheme launched by the Women and Child Development Department, Gujarat, aimed at providing nutritional support to pregnant and lactating mothers in Gujarat's tribal districts.

Objectives (Poshan Sudha)

- The "Poshan Sudha" scheme launched by the Women and Child Development Department, Gujarat, aimed at providing nutritional support to pregnant and lactating mothers in Gujarat's tribal districts.

Important Features (Poshan Sudha)

- The "Poshan Sudha" scheme launched by the Women and Child Development Department, Gujarat, aimed at providing nutritional support to pregnant and lactating mothers in Gujarat's tribal districts.

Benefits (Poshan Sudha)

- Nutritional Support: Provision of one full nutritious meal daily for pregnant and lactating mothers.
- Supply of iron and calcium supplements to address nutritional deficiencies.
- Health Education: Awareness sessions on health and nutrition for better maternal and child care.

Eligibility (Poshan Sudha)

- The applicant must be a resident of Gujarat.
- The applicant must be a pregnant or lactating woman residing in one of the tribal districts of Gujarat.
- The applicant must be registered in a local Anganwadi center.

Application Process (Poshan Sudha)

- Step 1: Visit the nearest Anganwadi center.
- Step 2: Register yourself with the Anganwadi center.
- Step 3: Provide the required documents.
- Step 4: Avail of the benefits during scheduled distribution days.

Documents Required (Poshan Sudha)

- Proof of identity (e.g.
- Aadhaar Card). Proof of residence. Medical certificate of being pregnant. Any other document (if required). ■

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