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## #IamRemarkable: Welcome to the #IamRemarkable community

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WELCOME ON  
BOARD!

## It's time to start your facilitator adventure

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**Hi Sanya,**

Welcome to the global #IamRemarkable community of over 6,000 facilitators from 120+ countries. We are excited to have you on board!



Running your first #IamRemarkable workshop is a true magic moment - both for you and your participants.

**Anna Vainer**

#IamRemarkable Founder

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**Be present, engage the audience and have fun**

Let us help you to get prepared for your very first #IamRemarkable workshop! Watch this video below,

where Jenny Garrett, #IamRemarkable facilitator, shares her best practices.



## Highlights to keep in mind

1

### Learn from our resources

Visit the [Facilitator Hub](#) on our website to access all the useful materials you may need for preparation for your first workshop.

2

### Read the literature review

Gain a wider understanding of each of the [main studies](#) referenced in the workshop

presentation.

3

### **Build your own story bank**

Plan appropriate anecdotes to reference so that you will be able to confidently deliver the best experience for attendees.

4

### **Know your audience**

Try to tailor what you say verbally to your participants' industry, life situation and/or challenges - check out the [facilitator notes](#) for great examples.

5

### **Practice makes perfect**

Take time to run through your delivery out loud - to family, friends or an audience of cuddly toys.

### **Quick Tip**

Start small! Host your first workshop for a small group of friends, so you can practice in a safe environment. Aim to do this within

four weeks from now and without a co-facilitator.

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**Good luck for your first workshop!**

Your #IamRemarkable team

VISIT FACILITATOR HUB

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