

## **HEAL STUDENT - USER GUIDE**

### **1. For Learners (Students)**

As a Learner, you can take free courses to learn about health, psychology, and nutrition.

#### **a. Getting Started**

- **Create an Account:** Go to the "Register" page. Fill in your name, email, and password. Choose "Learner" as your role.
- **Log In:** If you already have an account, just log in with your email and password.

#### **b. Finding and Starting a Course**

- **Browse Courses:** On the main courses page, you can see all available courses.
- **Filter Courses:** You can use filters to find courses by category (like Psychology or Nutrition) or by level (like Beginner).
- **Enroll in a Course:** When you find a course you like, click on it to see more details. Click the "Enroll Now - Free" button to start. It's completely free!

#### **c. Your Learning Journey**

- **My Dashboard:** After logging in, you will see your dashboard. It shows all the courses you are enrolled in. They are organized into "In Progress," "Completed," and "Not Started."
- **Start or Continue Learning:** Click on a course to open it. You will see all the modules and lessons. You can start from the beginning or continue where you left off.

#### **d. Taking a Lesson**

- View Content: Lessons can have text, videos, and downloadable files (like PDFs).
- Mark as Complete: After you finish a lesson, click the "Mark as Complete" button at the bottom. This will update your progress.
- Next/Previous Lesson: Use the "Next" and "Previous" buttons to move between lessons easily.
- Track Your Progress: The website automatically tracks your progress for each course, so you always know how much you have completed.

## 2. For Instructors

As an Instructor, you can create and manage courses to share your knowledge with learners.

### a. Getting Started

- Create an Account: Go to the "Register" page. Fill in your details and choose "Instructor" as your role.
- Log In: Use your email and password to log in to your Instructor Dashboard.

### b. Managing Your Courses

- Instructor Dashboard: Your dashboard is where you can see all the courses you have created. You can add new courses or edit existing ones.
- Create a Course: To add a new course, you will need to provide a title, description, category (e.g., Mental Health), and level (e.g., Beginner).

### c. Adding Content to Your Course

- **Modules:** Courses are organized into modules. Think of modules as chapters in a book. You can add, edit, or reorder modules within your course.
- **Lessons:** Inside each module, you can add multiple lessons. You can add text, images, and video links to your lessons. You can also upload files (like PDFs or presentations) for learners to download.
- **Quizzes:** You can create quizzes (like pre-tests and post-tests) for your course. You can add different types of questions, such as multiple-choice.

#### d. Tracking Learner Progress

- **View Analytics:** You can see how your courses are performing. The analytics show you how many learners are enrolled, their average progress, and the course completion rate. This helps you understand what is working well.

### 3. For Admins

As an Admin, you have full control over the platform to ensure everything runs smoothly.

#### a. Your Role

- You have all the abilities of an Instructor (creating and managing courses, modules, lessons, and quizzes).
- You also have special permissions to manage the entire platform.

#### b. Platform Management

- **Manage Users:** You can view and manage all user accounts on the platform, including Learners and Instructors.

- Manage All Content: You can edit or delete any course, module, or lesson on the platform, no matter which instructor created it. This ensures the quality and accuracy of all content.

c. Platform Analytics

- View Overall Statistics: You have access to a special dashboard that shows the health of the entire platform.
- Key Metrics: This dashboard shows you important information like:
  - Total number of users (learners and instructors).
  - Total number of courses.
  - How many users are actively learning.
  - The most popular courses.