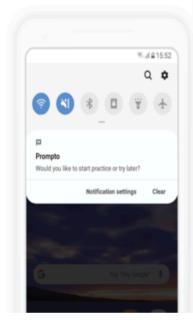
1. Physiological Trigger



2. Prompt



3. When-then Technique

