

Grade 5-7

# Mental Math

## For Children

01

### Intro to mental math

Concept: Understanding the importance of mental math, basic addition, and subtraction.

- Worksheet: Addition and subtraction problems (single-digit numbers).



02

### Addition and Subtraction Strategies

Concept: Introducing strategies like counting on, making tens, and using number bonds.

- Worksheet: Addition and subtraction problems (double-digit numbers without regrouping).



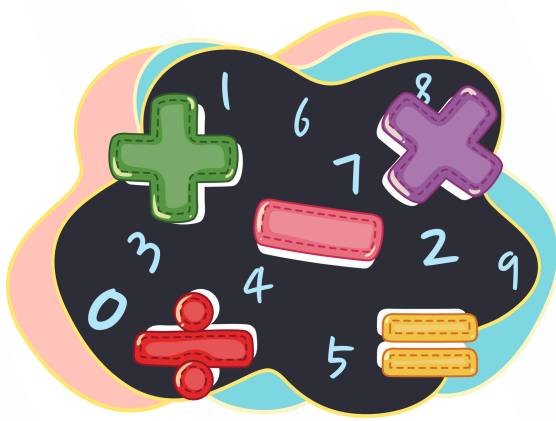
03

### Regrouping in Addition

Concept: Teaching regrouping or carrying in addition.

- Worksheet: Addition problems (double-digit numbers with regrouping).

# MATH



04

### Regrouping in Subtraction

Concept: Introducing borrowing or regrouping in subtraction.

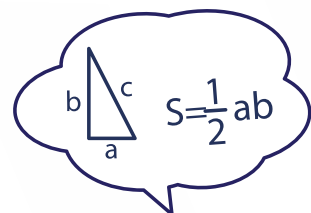
- Worksheet: Subtraction problems (double-digit numbers with regrouping).

05

### Multiplication Basics

Concept: Introduction to multiplication tables (0-5).

- Worksheet: Multiplication problems using tables (e.g.,  $2 \times 3$ ,  $4 \times 5$ ).



SKILLS ACADEMY