

# Lecture-17:

## Understanding Harmony in the Society

### HARMONY IN SOCIETY

All pervading harmony (*Akhand Samāḥ*) - from family to the world family

- Do we want harmony only among a limited section of people based on caste, creed, religion, nationality, etc. or with all the people on the globe?

#### What is Desirable and Where are we today?

Families living together, in a relationship of mutual fulfillment (common goal)

People living together, but not in relationship of mutual fulfillment (differing goals)

People living separately, in opposition / struggle (conflicting goals)

## What is Desirable and Where are we today?

Families living together, in a relationship of mutual fulfillment  
(common goal)



**Society**

People living together, but not in relationship of mutual fulfillment  
(differing goals)

?

**Crowd**

?

:

People living separately, in opposition / struggle  
(conflicting goals)

**Battlefield**

**We will explore harmony in society** – The base of harmony in society  
is harmony in family for which the base is harmony in human being

## COMPREHENSIVE HUMAN GOAL □

In order to ensure a harmonious society, the following human goal has to be understood in a comprehensive manner:

### Harmony in the Society (समाज में व्यवस्था)

#### Human Goal (मानव लक्ष्य)

Right Understanding  
& Right Feeling

Prosperity

Fearlessness  
(Trust)

Co-Existence

↓ Happiness

In Every Individual

↓

In Every Family

↓

In Society

↓

In Nature/  
Existence



## FIVE DIMENSIONS OF UNIVERSAL HUMAN ORDER

The activity in the society to actualize the comprehensive human goal can be visualized in terms of the following five dimensions, the right understanding of which is essential:

- Education-Inculcation (*Shikshā Sanskār*)
- Justice – Protection (*Nyāya-Surakshā*)
- Health – Sanyam (*Swasthya-Sanyam*)
- Production – Work (*Utpādan-Kārya*)
- Exchange – Storage (*Vinimaya-Kosh*)

## **Human Order (मानवीय व्यवस्था)**

### **Five Dimensions (पँच आयाम)**

- |                           |                  |
|---------------------------|------------------|
| 1. Education – Sanskar    | - शिक्षा संस्कार |
| 2. Health – Sanyam        | - स्वास्थ्य संयम |
| 3. Production – Work      | - उत्पादन कार्य  |
| 4. Justice – Preservation | - न्याय सुरक्षा  |
| 5. Exchange – Storage     | - विनिमय कोष     |

### **Program for Health-Sanyam**

**Sanyam in the Self (I):** Feeling of responsibility for Nurturing, Protection and Right Utilization of the Body

#### **Program for Sanyam**

- |              |                   |
|--------------|-------------------|
| 1a. Intake   | 1b. Daily Routine |
| 2a. Labour   | 2b. Exercise      |
| 3a. Asan     | 3b. Pranayam      |
| 4a. Medicine | 4b. Treatment     |