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|  | **Requires more evidence**  Student has not participated enough during class time or has missed a majority of the classes. | **Beginning**  The student is just starting to learn these skills and still has frequent errors that require further attention. | **Developing**  Student has some grasp of the skills. Still needs some teacher facilitation and practice. | | **Achieving**  Student consistently demonstrates skills without assistance. Still practicing for a higher level of understanding. | **Extending**  Student can consistently demonstrate skills. They are at a high level of understanding, ready to teach skill to others. |
| Requires more evidence  0-50% (I) | 50%-59%  (C-) | 60-66%  (C) | 67%-72%  (C+) | 73-85%  (B) | 86-100%  (A) |
| **Movement concepts and skills**  **Movement skills:** Throwing/Catching  Running/Jumping  Striking/Kicking  **Concepts:** moving to open space, moving off and on the ball | Requires more evidence | I rarely:  - Apply fundamental movement skills in a variety of physical activities and environments  - Apply a movement concepts & strategies in different physical activities | I am beginning to/sometimes:  - Apply fundamental movement skills in a variety of physical activities and environments  - Apply a movement concepts & strategies in different physical activities | | I consistently:  - Apply fundamental movement skills in a variety of physical activities and environments  - Apply a movement concepts & strategies in different physical activities | I always:  - Apply fundamental movement skills in a variety of physical activities and environments  - Apply a movement concepts & strategies in different physical activities |
| **Etiquette, fair play and respect**  Respectful to Teachers and Peers, follows the rules of the game, demonstrates safety in the class | Requires more evidence | I rarely:  - Demonstrate fair play and accept others decisions | I am beginning to/sometimes:  - Recognize what fair play is, but rarely demonstrate  - Understand values and positive behavior | | I consistently:  - Demonstrate fair play most of the time  - Demonstrate positive behavior and values | I always:  - Demonstrate fair play  - Promote positive behaviors and values in others |
| **Active engagement and perceived exertion**  **Fitness** | Requires more evidence | I rarely:  - Show any involvement in activities  - Reach above a Level 1 or 2 on perceived exertion scale  -Decreasing fitness scores | I am beginning to/sometimes:  - Be involved in activities  - Reach a Level 3 or 4 on perceived exertion scale  -Reach a Level 5 or 6 on a perceived exertion scale  Not improving fitness scores | | I am consistently:  - Engaged in activities  - Reach a Level 7 or 8 on perceived exertion scale  Shows improvements of fitness testing | I always  - Am engaged in activities  - Reach a Level 9 or 10 on perceived exertion scale  Shows consistent improvements of fitness testing |
| **Leadership**  Student assists peers, helps with equipment, stays off their cell phone, uses positive language, positively encourages classmates, comes to class, shows up with gym strip, and shows up on time. | Requires more evidence | I rarely show awareness of leadership skills | I am beginning to/sometimes recognize leadership skills | | I consistently show leadership skills | I always display outstanding leadership skills |