

Digestive



Carbon: 59

Calories: 87

Fat: 4

Sugar: 3

Fibre: 0

Feta Cheese



Carbon: 1033

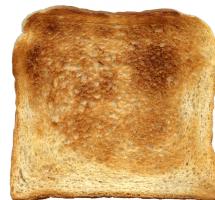
Calories: 232

Fat: 18

Sugar: 1

Fibre: 0

Toast



Carbon: 163

Calories: 291

Fat: 3

Sugar: 5

Fibre: 4

Chicken



Carbon: 685

Calories: 249

Fat: 5

Sugar: 0

Fibre: 0