**Supplementary Figure 1:**

**Identification of studies via databases and registers**

Records identified from:

Databases (n = 6831)

* *Medline (n = 2624)*
* *Embase (n = 3907)*

Registers (n = 0)

Records removed *before screening*:

Duplicate records removed (n = 2081)

Records marked as ineligible by automation tools (n = 0)

Records removed for other reasons (n = 0)

**Identification**

Records screened

(n = 4450)

Records excluded by humans

(n =4369)

Reports sought for retrieval

(n = 81)

Reports not retrieved

(n = 5)

**Screening**

Reports excluded:

Not methodology of interest (n = 16)

Insufficient data or sample size (n = 7)

Poster or conference abstract (n = 32)

Reports assessed for eligibility

(n = 76)

Studies included in review

(n = 21)

Reports from included studies

(n = 31)

**Included**

*From:*  Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ 2021;372:n71. doi: 10.1136/bmj.n71