

The Business Case For Happiness at Work

Target audience: supervisory staff through executive leadership

This talk will demonstrate to leaders how to equip their teams with what they need to feel more valued, motivated, and fulfilled at work. In return, teams will be more engaged and committed, willing to expend more effort to drive overall success for the organization

Learning Objectives

- Understand 5 Essential Keys for Happiness at Work
- Uncover the scientific reasons why happiness will make a difference to your bottom line and your team's engagement
- Learn proven and practical tools that can help any leader help their teams find more happiness and engagement

Why Happiness Matters At Work

Target audience: individuals at all organizational levels.

This talk will demonstrate to all individuals regardless of leadership positions, what they can do to find more personal happiness and fulfillment in their roles. In return, they will be more productive, creative, and engaged at work.

Learning Objectives

- Master Key Personal Habits and Tools for Happiness at Work
- Understand strategies for boosting Happiness and Joy
- Frameworks to build meaningful connections
- Understand and reframe obstacles to happiness

Available – in Keynote, full day, and half day workshops.



Jessica Weiss

www.jessicaweiss.com • jessica@jessicaweiss.com • 917-504-7526

Jessica Weiss

SPEAKER • LEADER • VISIONARY



An expert in leadership, culture, and organizational development, Jessica understands what it really takes to unlock engagement. She graduated from the University of Pennsylvania and has an MBA from Columbia University.

Jessica believes that employee happiness is the secret for extraordinary success. She knows that happiness is a serious tool for business. With over 15 years of experience working with some of the world's largest organizations, Jessica has learned that when people are happy and fulfilled at work, they go on to achieve extraordinary things for the companies that they work for.

She has helped thousands of people find more happiness at work and helped leaders and executive teams learn how to lead with the tools necessary to drive productivity, engagement and performance. Her clients include:



Jessica has spent the last 15 years doing endless research, speaking to thousands of people, all about happiness. Her work brings positive psychology tools and academic research on how to use them, to organizations across the United States. In her work, Jessica shares powerful information from psychology and neuroscience as well as her own practical experience that shows how happiness leads to success in the workplace.

As a keynote speaker, Jessica brings out the potential in everybody, leaving her audiences inspired, energized, thinking differently about the world and equipped with tangible skills that they can use to create more happiness at work and in life.

Jessica is on a mission to help transform the way employees think about their work by giving them and their employers the framework, services and ideas they need to make meaningful change. Everyone will learn practical skills on how to actually create lasting and sustainable happiness at work as well as the practical frameworks to implement those ideas that can be applied immediately