

KHANNA · Healthy Catering Services

Wholesome, customizable catering for every occasion

Signature Salads

Mediterranean Cobb – \$12

Romaine, cucumber, cherry tomato, kalamata olives, chickpeas, feta, lemon-oregano vinaigrette

Super Greens Caesar – \$11

Baby kale, romaine, shaved parmesan, whole-grain croutons, Greek yogurt caesar

Quinoa Salad – \$13

Arugula, roasted sweet potato, quinoa, dried cranberries, pepitas, maple-mustard dressing

Bowls & Plates

Build-Your-Own Bowl – \$14

Brown rice or quinoa, 1 protein, 3 toppings, 1 sauce

Teriyaki Power Bowl – \$15

Grilled chicken, broccoli, carrots, brown rice, sesame seeds, scallions, house teriyaki

Roasted Veggie Mezze – \$14

Za'atar cauliflower, eggplant, hummus, tabbouleh, cucumber-tomato salad, lemon tahini

High-Protein Meal Prep Boxes

Lemon Herb Chicken – \$13

Grilled chicken breast, garlicky green beans, rosemary potatoes

Chimichurri Steak – \$16

Flank steak, roasted peppers & onions, quinoa pilaf

Sesame Tofu – \$12

Baked tofu, bok choy, carrots, brown rice, ginger-scallion dressing

Breakfast & Brunch

Greek Yogurt Parfaits – \$6

House granola, seasonal fruit, local honey

Egg White Frittata Bites – \$5

Spinach, roasted pepper, cheddar

Whole-Grain Pastry Assortment – \$5

Muffins & croissants with butter & jam

Fresh Fruit Platter – \$4

Chef's seasonal selection

Sides & Snacks

Whole-Grain Wrap Halves – \$8

Turkey avocado · roasted veggie pesto · chicken Caesar

Energy Bites – \$4

Oats, peanut butter, chia, dark chocolate