

MY NOTES

PRIMARY CARE

NAME OF PRIMARY CARE DOCTOR:

Phone Number: _____ Hours: _____

Hospital/Facility/Practice Name:

Address: _____

BEFORE MY APPOINTMENT:

Use this to prepare for each appointment you have with your primary care doctor.

Date of appointment: _____

Location: _____

How am I getting there?

What do I want to talk about with my primary care doctor?

You can ask your primary care doctor about anything. This may include new symptoms, challenges getting medications or transportation, an unsafe situation, or anything which concerns your health.

DURING MY APPOINTMENT:

Here, you can write down answers to your questions and other notes from your conversation with doctor.