

Developed in Hokkaido, miso ramen combines miso with an oily broth to create a thick, slightly sweet, and very hearty soup.

With its strong flavour, miso soup stands up to a variety of toppings.

PREP: 30 min

cook; 1.5 hr

SERVES: 3

WHAT YOU'LL NEED

- A large pot or donabe
- Measuring jug
- Spice grinder

- Chopping board
- · Small frying pan

INGREDIENTS

- 1 Tbsp sesame oil
- 2 pieces of ginger
- 3 spring onions
- 125 g ground pork, optional
- 3 Tbsp red miso
- 1 Tbsp sugar
- 1.5 liters
 chicken stock,
- White pepper, to taste

- 4 garlic cloves
- 1 onion
- 2 Tbsp sesame seeds, toasted
- · 1 tsp gochujang
- 1 Tbsp white miso
- 2 Tbsp sake
- 2 tsp soy sauce

TOPPINGS (OPTIONAL)

- Nori
- Spring onions
- Pak choi
- Chicken breast

- Ramen egg
- Corn
- Tofu

STEPS

- In a large pot, heat sesame oil over medium heat.
- Add the garlic, ginger, onion and spring onion, and stir fry until fragrant.
- 3. If using, add the pork and stir fry until cooked through.
- Add gochujang and red and white miso. Stir quickly to incorporate with the meat and to prevent burning.
- 5. Add the sesame seeds, sugar and sake and cook for 2 minutes.
- Add chicken stock and bring to a gentle simmer.
- 7. Add soy sauce and pepper to taste.
- 8. Simmer for 1 hour.
- 9. Serve over noodles, with your favourite toppings.