

1.4.3 Fill In the HTML Content

In Lesson 1, we left placeholders for these sections:

```
<!-- "what we do" section -->
<section>
  <h2>What We Do</h2>
</section>

<!-- "what you do" section -->
<section>
  <h2>What You Do</h2>
</section>
```

Let's fill in the missing HTML content per the mock-up. Ignore the blue icons shown in the mock-up for now, but take into consideration which elements would be appropriate to best organize the code.

In `index.html`, add HTML content between the corresponding `<section>` elements so they look like this code:

```
<!-- "what we do" section -->
<section>
  <h2>What We Do</h2>
```

```
<p>
  butcher selfies chambray shabby chic gentrify readymade yr Echo Pa
</p>
</section>

<!-- "what you do" section -->
<section>
  <h2>What You Do</h2>

  <div>
    <h3>Step 1: Fill Out the Form Above.</h3>
    <p>You're already here, so why not?</p>
  </div>

  <div>
    <h3>Step 2: Consult with One of Our Trainers.</h3>
    <p>Are you here to build muscle, lose weight, or just feel good?</p>
  </div>

  <div>
    <h3>Step 3: Get Running.</h3>
    <p>Hit the ground running (literally) once your trainer lays out y
  </div>

  <div>
    <h3>Step 4: See Results.</h3>
    <p>Bi-weekly checkins with your trainer will keep you focused</p>
  </div>
</section>
```

HIDE PRO TIP

If you ever need to quickly fill an HTML element with dummy text in VS Code, type the word "lorem" and press Tab. There are also many dummy text generators available online.

Note how every step is wrapped in its own `<div>` to help keep the step title and description coupled together. This will make it easier to style them later with CSS, too.

PAUSE

Why should we use `<h3>` for the step titles (e.g., `<h3>Step 1</h3>`) instead of `<h2>` or `<h4>`?

We used `<h2>` for the main title of this section (What You Do), and we shouldn't skip heading levels. So after `<h2>` comes `<h3>`.

[Hide Answer](#)

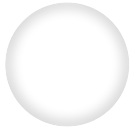
This would be a good time to start adding the IDs that we talked about earlier. Remember how we updated the attributes on our `<a>` elements to look like `href="#what-we-do"`? Right now, those links in the header don't work because we never defined `what-we-do` anywhere else. So let's do that now.

In `index.html`, add these `id` attributes to the sections:

```
<!-- "what we do" section -->
<section id="what-we-do">
  ...
</section>

<!-- "what you do" section -->
<section id="what-you-do">
  ...
</section>
```

Save, refresh, and then click on the links in the header. You'll see that the browser jumps down to these sections, and the URL in the address bar changes to `/run-buddy/index.html#what-you-do`. Very cool! We'll fill in the remaining `id` attributes in upcoming lessons.



REWIND

The `<a>` element, or **anchor element**, can also be used to route users to an entirely different website. For example, the code `Google It!` would turn the words "Google It!" into a clickable hyperlink that leads to Google's website.