Item	link	Comment
VS code	https://code.visualstudio.com/download	Choose what suits your OS
Node	nodejs.org	Choose what suits your OS
Nodemon	https://www.npmjs.com/	Search for the package
Express	https://www.npmjs.com/	Search for the package
.Mongoose	https://www.npmjs.com/	Search for the package
React	https://www.npmjs.com/	Search for the package
Git	https://www.npmjs.com/	Search for the package
Axios	https://www.npmjs.com/	Search for the package
MongoDB (Atlas)	https://www.mongodb.com/atlas/database	https://www.youtube.com/watch?v=s0anSjEeua8&list=PL4cUxeGkcC9iJ_KkrkBZWZRHVwnzLIoUE&index=4 check this video from 1:00 - 2:40 will help you use it.  And later on check it from 3:20 - 6:10 will help you connect to your database in your code.
Postman	https://www.postman.com/downloads/	Choose what suits your OS