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Profile

Being an expert nutritionist is what I seek, I hold a BA in Clinical Nutrition from Mansoura University and i had many trainings in the field of nutrition from several organizations such as Zewail City, Al-Moalmeen Hospital, Be Smart Center, Better Life Clinics. This allwed me to gain so many skills in Clinical Nutrition and Diet Programs.

Education

Bachelor of Agriculture, Department of Nutrition

Mansoura University

2018 – 2022

Mansoura, Egypt

- Department is specialized in all nutritional types for different Stages of life and all health conditions of patients along with studying all types of Diet Programs and related sciences.
- Final grade: Very Good(3.16 out of 4)

Professional Experience

Zewail City MediX Training

Food Research and Analysis Center

Feb 2022

6th October

40 hours Training course on several Nutritional Plans, Concepts and Medical devices.

Al-Moalmeen Hospital Training

Clinical Nutrition Dep. (Al Moalmeen Hospital)

Jan 2021

Cairo

A Training for, Enteral & Parenteral Nutrition, Screening & Assessment Methods, Nutritional Plans for (Renal, Hepatic, Trauma, Post-surgery)

Better Life Clinics Training

Dr. Mohamed Helmy Center

Feb 2022

Sherbeen

Clinical Nutrition Training course by Dr. Mohamed Helmy. Creating Diet Plans, Training on real Medical Devices and Dealing with patients.

American Association of Continuing Medical Education

Clinical Nutrition Diploma Training Courses.

Mar 2022

Be Smart Center Training

3 weeks practical training on slimming devices.

Sep 2022

Mansoura

Skills

Weight Management	<div><div></div><div></div><div></div><div></div><div></div></div>	Weight Loss	<div><div></div><div></div><div></div><div></div><div></div></div>
Diet Plans	<div><div></div><div></div><div></div><div></div><div></div></div>	Food Science & Nutrition	<div><div></div><div></div><div></div><div></div><div></div></div>
Communication Skills	<div><div></div><div></div><div></div><div></div><div></div></div>	Team Work	<div><div></div><div></div><div></div><div></div><div></div></div>
Microsoft office	<div><div></div><div></div><div></div><div></div><div></div></div>		
Microsoft Word Microsoft Powerpoint Microsoft Excel			

Projects

Waste Disposal in Food Industry	Jul 2022
Graduation Project	
Grade: Excellent	

Languages

Arabic	<div><div></div></div>	English	<div><div></div></div>
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Certificates

- Certificates [↗](#)