

SARAH ROYTEK

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EDUCATION

The University of Texas at Austin	Bachelor of Science and Arts with a Major in Biology Minor: Business Foundations Overall GPA: 3.29	May 2020
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Relevant Coursework: Introduction to Public Health, Medical Terminology, Human Systems Physiology, Introduction to Psychology, Introduction to Sociology, Developmental Psychology, Abnormal Psychology

WORK EXPERIENCE

Boy Scouts of America – Philmont Scout Ranch Backpacking Guide; Cimarron, New Mexico	May 2016 – August 2016 May 2017 – August 2017
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National High Adventure Base in which crews of Scouts (ages 14-21) take part in backpacking expeditions through the Sangre de Cristo Mountains

- Guided crews of 6-12 scouts for the first three days of their twelve-day treks in order to get them acclimated to their new surroundings (roughly 140 youth)
- Facilitated the growth of crews who came from various backgrounds in backcountry skills such as first aid, sustainability, and navigation
- Provided each participant with training on healthy habits (including ways to become personally health (mentally, physically, and socially), what a nutritious diet consists of, the risks associated with tobacco use, how to create healthy habits and say no to dangerous ones, and what the seven cancer danger signs are)

– *Philmont Scout Ranch Seasonal Staff Manager;* Cimarron, New Mexico

May 2018 – August 2018

May 2019 – August 2019

- Trained, supported, and evaluated a group of 8 guides in both hard and soft skills throughout each summer
- Prepared and provided 32 written evaluations over the course of both summers
- Worked on a team of seasonal staff managers supporting backcountry medical emergencies and search and rescue situations
- Provided 1,000 seasonal staff with the training on healthy habits mentioned prior
- Managed a group of 25 staff members during a transition period in which focus and effort were spent on conservation projects such as timber stand improvement and water quality maintenance (June-July 2018)

Nanny – Nyer Family; Austin, Texas (5 hours/week)
2018

Fall 2017 – Spring

- Cared for three children, aged 4 (boy), 8 (girl), and 9 (girl)
- Handled transportation pick up and drop off of children
- Assisted with homework and school projects

Nanny – Lowe Family; Austin, Texas (9 hours/week)

Fall 2017 – Current

- Cares for two children, aged 10 (girl), and 13 (boy)
- Handles transportation pick up and drop off of children
- Facilitates an active calendar of appointments including school, sports clubs, and music lessons
- Assists with homework and school projects

ACADEMIC PROJECTS

PBH 317 Social and Behavioral Project – Client: <i>Austin Public Health's HIV Prevention Program</i>	Fall 2018
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- Created social media advertising and graphics for HIV prevention to better appeal to young adults
 - Communication Director: identified the customer, communicated with the customer (1-2 times a week for 3 months), and assured all communication for and among a team of four students (including the submission of all graded components)
- Defined cultural/social/political framework for recommended intervention (social media advertising)
- Assisted in evaluation of team project and received feedback from customer

LEADERSHIP AND VOLUNTEER EXPERIENCE

Young Life – Leader at Vandegrift High School (10-15 hours/week)	Spring 2017 – Present
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- Builds relationships, coordinates club activities (at least 2 per week), leads camp twice a year, and conducts weekly meetings for high school youth with a volunteer leadership team
- Functions on the mentality of “meeting kids where they are at”

Team Leader

Spring 2019 – Present

- Conducts weekly team meetings, oversees club activities, and guides and supports a volunteer leadership team of 12 college students

Austin Stone Community Church – *Hospitality team (2 hours/week)*

Fall 2019 – Present

Alpha Delta Pi Texas Delta Chapter – *Active Member*

Fall 2016 – Fall 2018

Global Medical Training- University of Texas Chapter – *Active Member*

Spring 2016 – Fall 2018

Ronald McDonald House Charities – *Volunteer at Seton Medical Center Austin Family Room (3 hours/week)*

Fall 2017 – Fall 2018

- Assisted in providing a space for parents and caregivers, who had children staying in the hospital, to rest and regroup

ADDITIONAL INFORMATION

Computer Skills: MS Word, Excel, PowerPoint, Photoshop

Certifications: IC3 Digital Literacy Certification (2015), State of New Mexico Search and Rescue Certified, CPR and First Aid Certified (Red Cross)

Interests: Backpacking, Yoga, Photography, Running, Paddle boarding, Gardening

Work Eligibility: Eligible to work in the U.S. with no restrictions
