

Sample Teaching Tracks: By Age and Pillar

Upon completion of the Professional Training, educators are certified as Parenting Counts Instructors to facilitate a “complete” Parenting Counts workshop, “mini” Parenting Count workshops focusing on individual pillars, or specialized classes tailored to specific topics, such as Emotion Coaching or Play. To make the Parenting Counts Program easy to implement in your community, we suggest the following tracks as helpful options. The sample template can help give you an idea of how the workshop may be presented in 5–weeks, or in a one-day class.

Infant Track (0-12 months)

Pillar One: Physical and Brain Development	Pillar Two: Social and Emotional Development	Pillar Three: Learning and Cognitive Development	Pillar Four: Communication and Language Development
Temperament	Attachment	Imitation	Early Communication

Toddler Track (1- 3 Years)

Pillar One: Physical and Brain Development	Pillar Two: Social and Emotional Development	Pillar Three: Learning and Cognitive Development	Pillar Four: Communication and Language Development
Self–Regulation	Parenting, (4 Parenting Styles, Praise, Discipline, Tantrums)	Exploration	Verbal Development

Preschool Track (4-5 Years)

Pillar One: Physical and Brain Development	Pillar Two: Social and Emotional Development	Pillar Three: Learning and Cognitive Development	Pillar Four: Communication and Language Development
Stress	Overview of Social Emotional Development, Emotion Coaching	Play	Emergent Literacy