

Sample Teaching Outlines

Parenting Counts Program

These sample templates can help give you an idea of how the Parenting Counts Program can be presented in a variety of options including 5 weeks or in a one-day class.

Sample: 5 Week (Infant Track)

Week One: Overview of the Early Learning Pillars, Why Does Parenting Count?

Week Two: Pillar One: Temperament

Week Three: Pillar Two: Attachment

Week Four: Pillar Three: Imitation

Week Five: Pillar Four: Early Communication

Sample: 5 Week (Toddler Track)

Week One: Overview of the Early Learning Pillars, Why Does Parenting Count?

Week Two: Pillar One: Temperament, Self-Regulation, Stress

Week Three: Pillar Two: Parenting Styles, Emotion Coaching, Praise, Discipline, Tantrums

Week Four: Pillar Three: Imitation, Exploration and Play

Week Five: Pillar Four: Verbal Development

Sample: 5 Week (Preschool Track)

Week One: Overview of the Early Learning Pillars, Why Does Parenting Count?

Week Two: Pillar One: Temperament, Self-Regulation, Stress

Week Three: Pillar Two: Parenting Styles, Emotion Coaching, Praise, Discipline, Tantrums

Week Four: Pillar Three: Imitation, Exploration and Play

Week Five: Pillar Four: Emergent Literacy

Sample: 6 Hour Parenting Counts Mini Workshop (Infant Track)

9:00 – 10:15 am Overview of the Early Learning Pillars, Why Does Parenting Count? .

10:15 – 11:00 am Temperament

11:15 – 12:00 pm Attachment

Lunch

1:00 – 1:45 pm Imitation

2:00 – 2:45 pm Early Communication

2:45 – 3:15 pm Closure, Evaluation

Sample: 6 Hour Parenting Counts Mini Workshop (Toddler Track)

9:00 – 10:15 am Overview of the Early Learning Pillars, Why Does Parenting Count?

10:15 – 11:00 am Temperament and Self-Regulation

11:15 – 12:00 pm Parenting Styles, Emotion Coaching

Lunch

1:00 – 1:45 pm Praise, Discipline, Tantrums

1:45 – 2:15 pm Imitation, Exploration and Play

2:15– 2:45 pm Verbal Development

2:45 – 3:15 pm Closure, Evaluation

Sample: 6 Hour Parenting Counts Mini Workshop (Preschool Track)

9:00 – 10:15 am Overview of the Early Learning Pillars, Why Does Parenting Count?

10:15 – 11:00 am Temperament, Self-Regulation and Stress

11:15 – 12:00 pm Parenting Styles, Emotion Coaching

Lunch

1:00 – 1:45 pm Praise, Discipline, Tantrums

1:45 – 2:15 pm Imitation, Exploration and Play

2:15– 2:45 pm Emergent Literacy

2:45 – 3:15 pm Closure, Evaluation

Sample: Full Parenting Counts Workshop

DAY ONE:

8:30am: Welcome / Introduction

8:45am: Understanding the Physical Development of Children

9:15 am Applying the Principles:

- Temperament
- Self Regulation
- Stress

10:15 am Break

10:30 am: Understanding the Social and Emotional Development of Children

11:00 am: Applying the Principles:

- Attachment / Attunement / Cues
- Four Parenting Styles

12:00 pm Lunch

1:00 pm Social and Emotional Development Continued

1:30 pm Learning to Emotion Coach

- Praise
- Discipline
- Tantrums

3:15 pm Closure / Evaluation

DAY TWO:

8:30 am: Welcome / Recap

8:45am: Understanding the Cognitive Development of Children

9:15am Applying the Principles:

- Imitation
- Exploration

10:15 am Break

10:30am: Play

11:15am: Understanding Language and Communication Development

12:00pm: Lunch

1:00pm: Applying the Principles:

- Early Communication
- Verbal Development
- Pre-Literacy

2:30pm: Making Your Parenting Count

3:15pm: Closure / Evaluation

