

# SARAH THIELSEN

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✉ Calgary, AB

🔗 [My Portfolio](#)

## ABOUT ME

As a creative and collaborative individual beginning my career in UX Design, I specialize in User Interface design, Marketing, and Information Architecture. With a keen eye for detail and a deep understanding of user behaviour, I am able to design interfaces that are not only visually appealing but also user-friendly.

## EDUCATION

### CareerFoundry

Certification in UX Design

2022-2023

### University of Calgary

Bachelor of Nursing

GPA 3.8

2017-2021

## EXPERIENCE

### Fitness Advisor (Sales)

Aug 2022- Present

Goodlife Fitness

- Provided exceptional customer service and support to members to help them achieve their fitness goals.
- Conducted personalized fitness consultations with members, assessing their fitness levels, discussing their fitness goals, and developing customized fitness plans.
- Built and maintained strong relationships with members and took responsibility to ensure their fitness goals were being met days, weeks, and months later.
- Consistently met and exceeded monthly membership and revenue goals, contributing to the success of the fitness center.

### Health Care Aid

Sept 2019 - Aug 2022

Erin Novakowski

- Offer social support by transporting client to events and activities, in addition to medical appointments and shopping trips.
- Assist client with daily living needs, including bathing and personal grooming, to maintain self-esteem and general wellness.
- Built strong relationship with client to deliver emotional support and companionship.

## SKILLS

Resourceful Problem Solver

Strong Communication &

Interpersonal Skills

Curious & Empathetic

Self Motivated

Detail Oriented & Organized

## TOOLS

### Digital Marketing & Design

Adobe Suite

Microsoft Office Suite

Google Office Suite

Figma

Squarespace

Canva

Sketch

### Front-End Languages

HTML5

CSS3

JavaScript