

# Healthcare Cyber-Physical Systems (H-CPS) - Demystified

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# Outline

- Healthcare → Smart Healthcare
- Smart Healthcare - Characteristics
- Smart Healthcare - Components
- Smart Healthcare - Examples
- Smart Healthcare – Challenges
- Smart Healthcare – Solutions of Challenges
- Smart Healthcare – Pharmaceutical Supply Chain
- Conclusions and Future Directions

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# Healthcare to Smart Healthcare

Healthcare CPS -- Prof./Dr. Saraju Mohanty



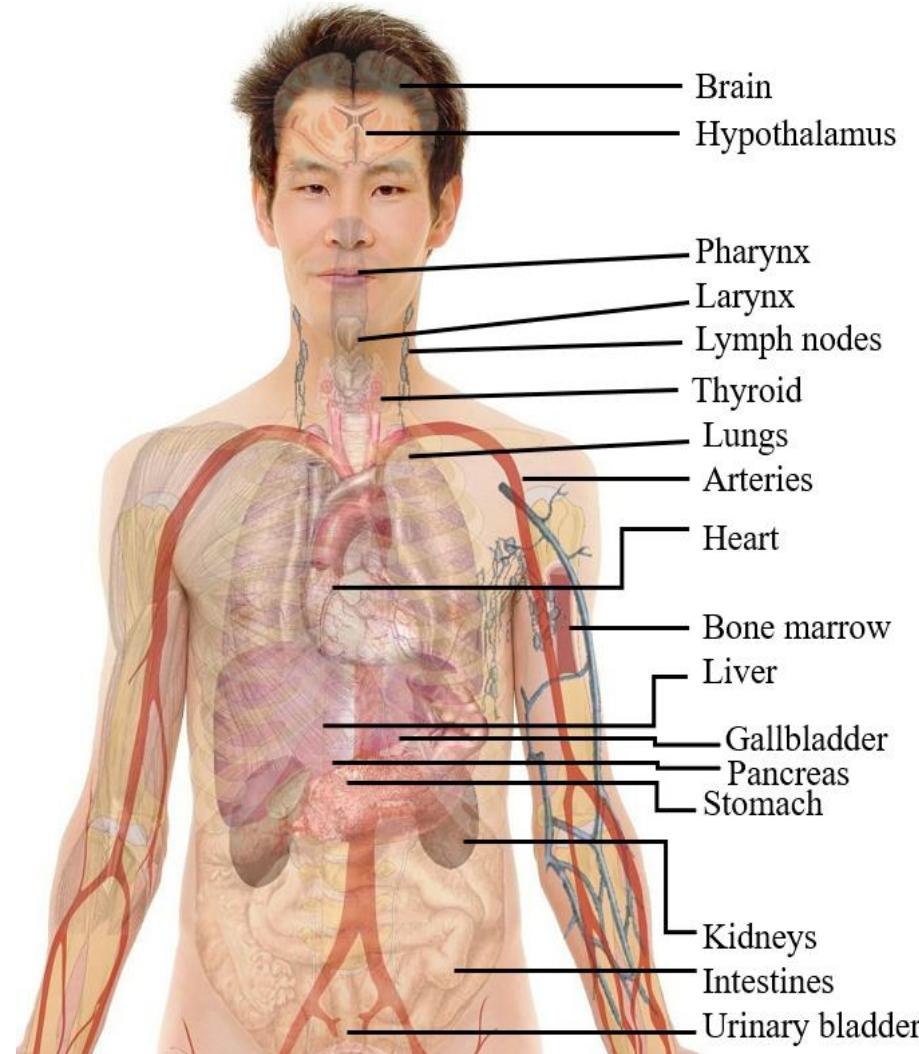
# Human Body and Health

## Human Body

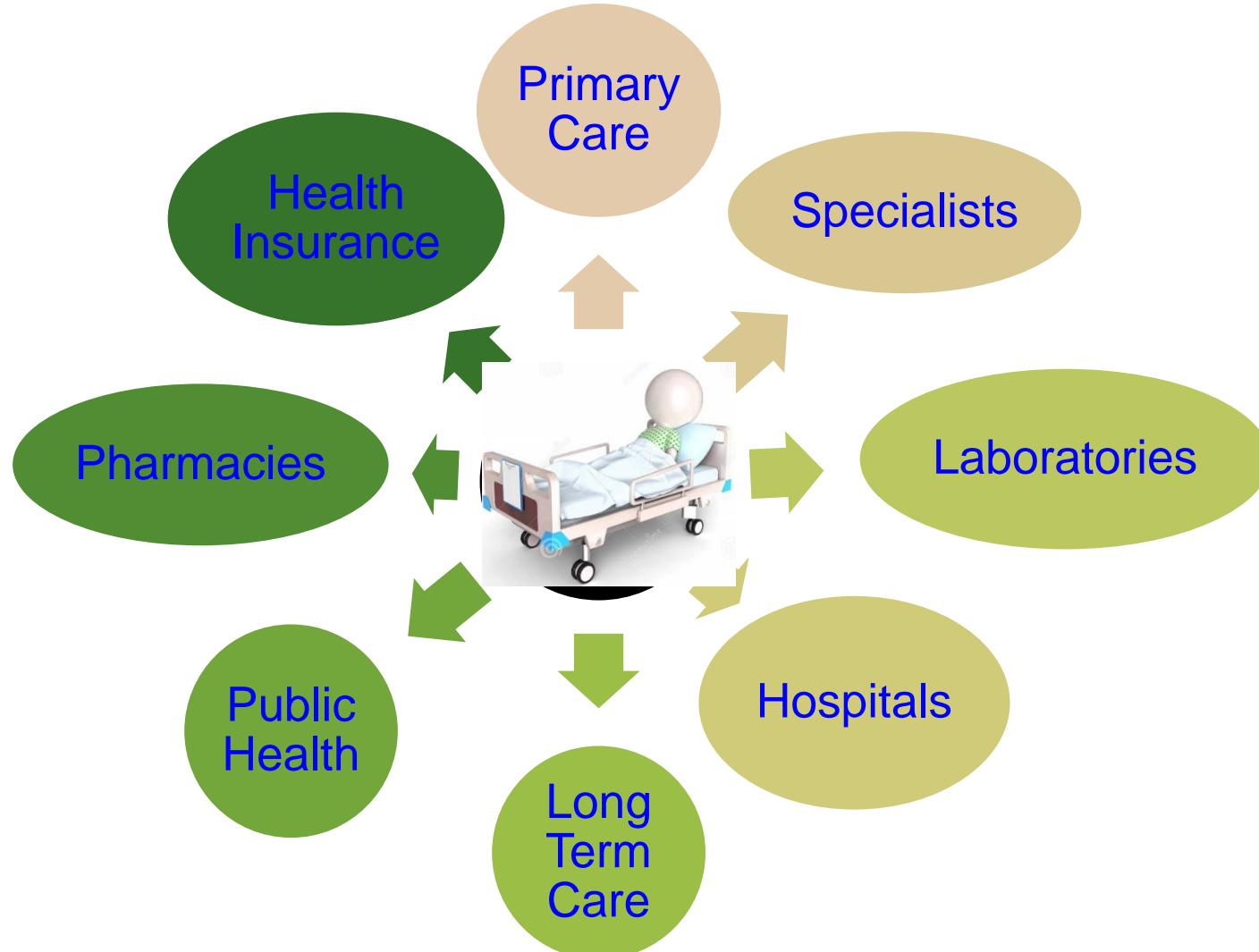
- From an engineering perspective - Human body can be defined as a combination of multi-disciplinary subsystems (electrical, mechanical, chemical ...).

## Health

- Human health is a state of complete physical, mental and social well-being.

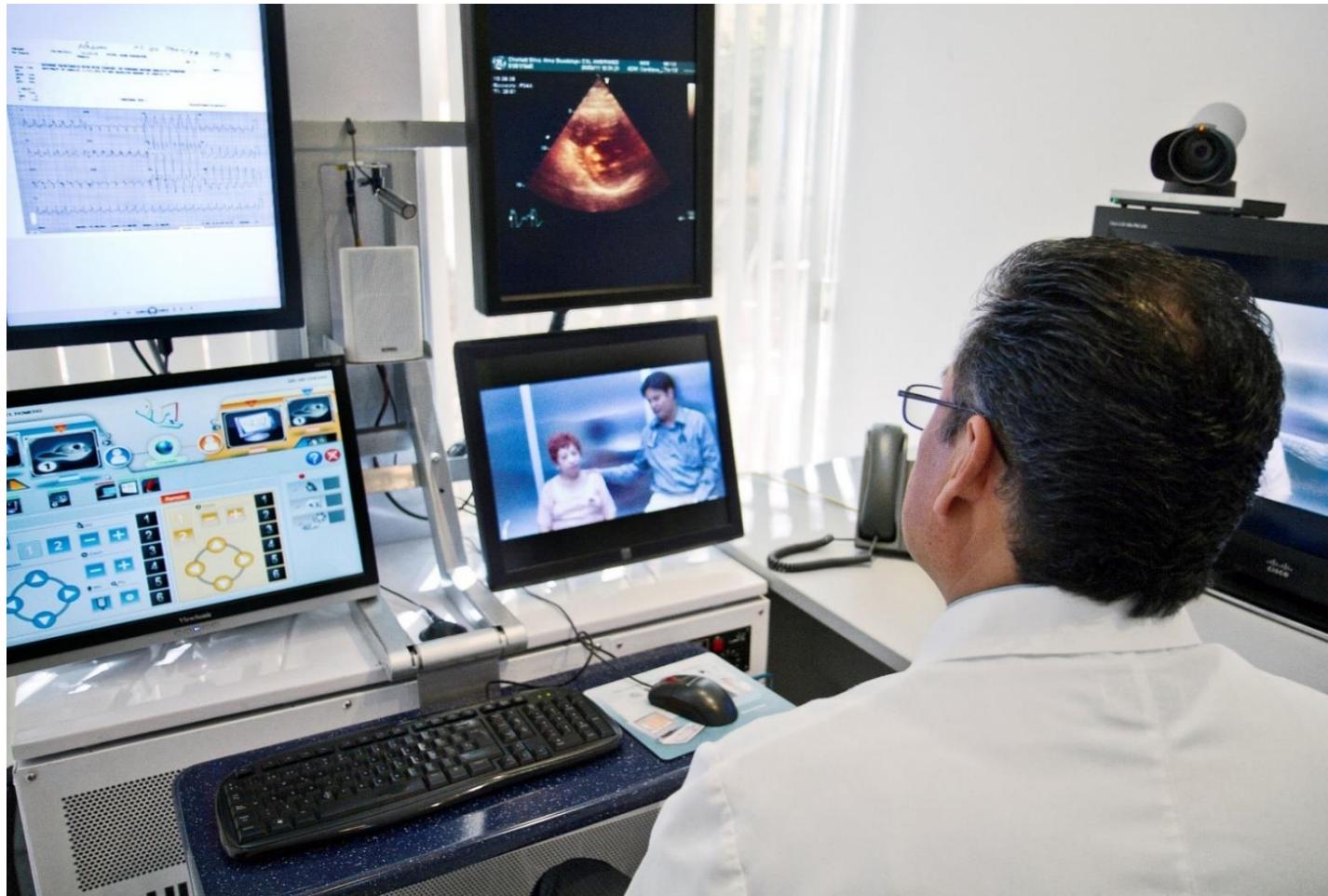


# Traditional Healthcare



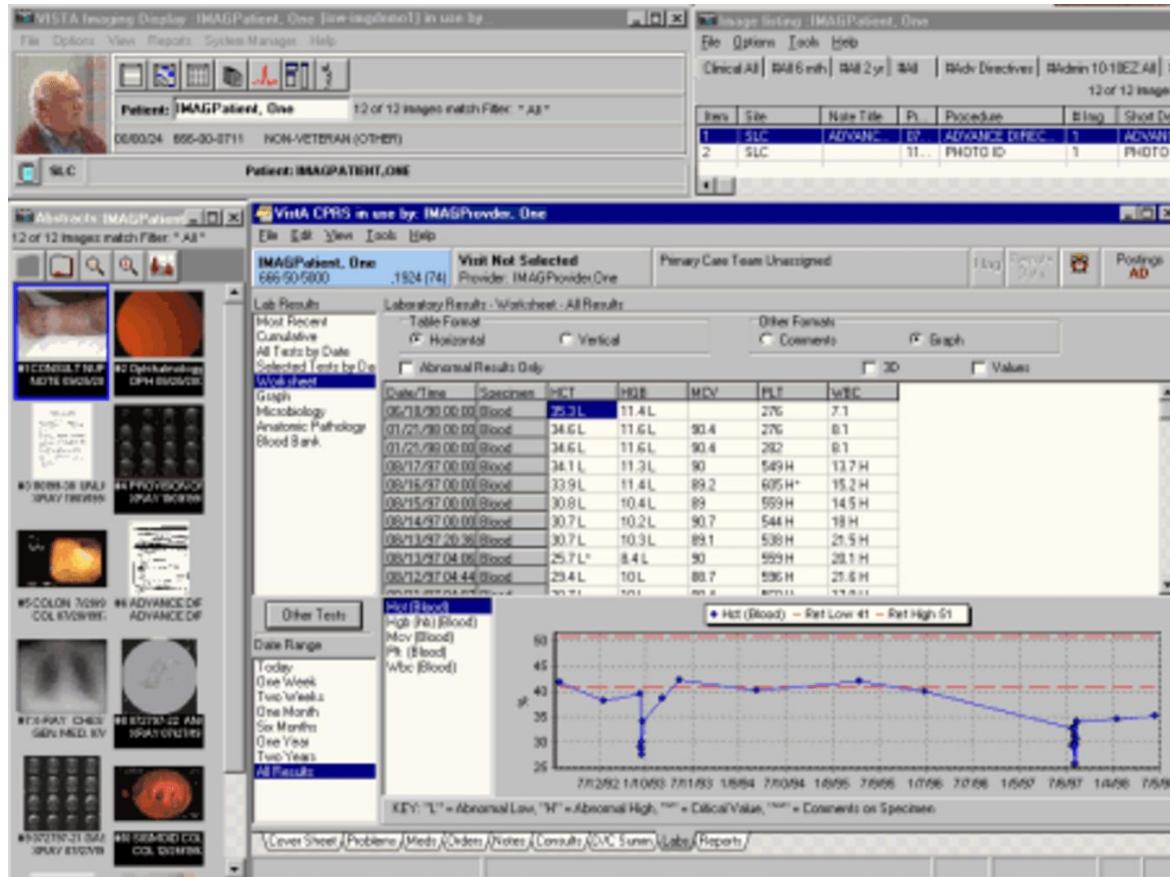
- Physical presence needed
- Deals with many stakeholders
- Stakeholders may not interact
- May not be personalized
- Not much active feedback
- Less effective follow-up from physicians

# Telemedicine



Telemedicine: The use of telecommunication and information technology to provide clinical health care from a distance.

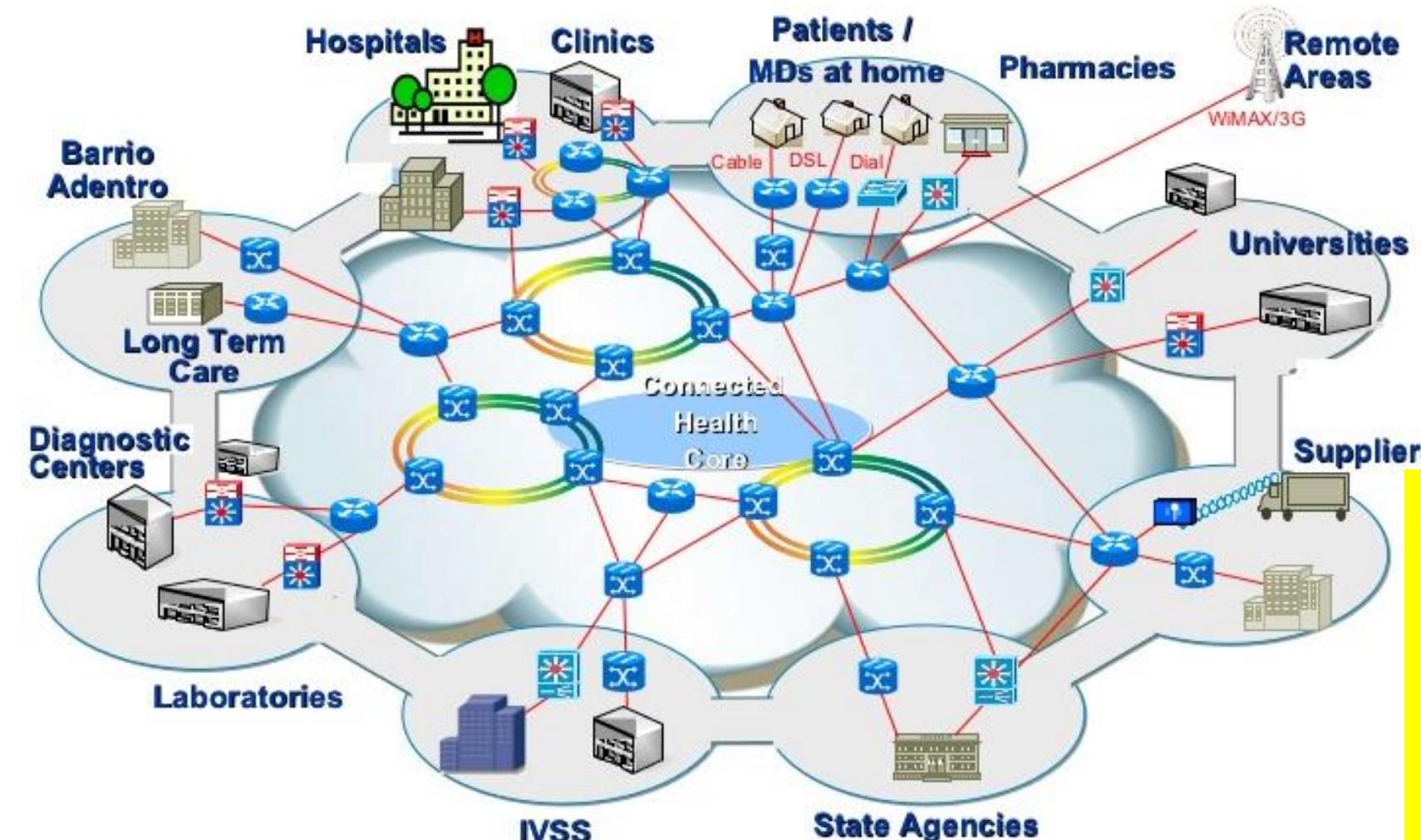
# Electronic Health (eHealth)



eHealth: The use of information technology to improve healthcare services.

Source: W. O. Nijeweme-d'Hollosy, L. van Velsen, M. Huygens and H. Hermens, "Requirements for and Barriers towards Interoperable eHealth Technology in Primary Care," *IEEE Internet Computing*, vol. 19, no. 4, pp. 10-19, July-Aug. 2015.

# Connected Health (cHealth)



Source: [https://www.slideshare.net/tibisay\\_hernandez/connected-health-venfinal](https://www.slideshare.net/tibisay_hernandez/connected-health-venfinal)

cHealth: Connections of the various healthcare stake holders through Internet to share appropriate data to better serve the patients.

# Mobile Health (mHealth)

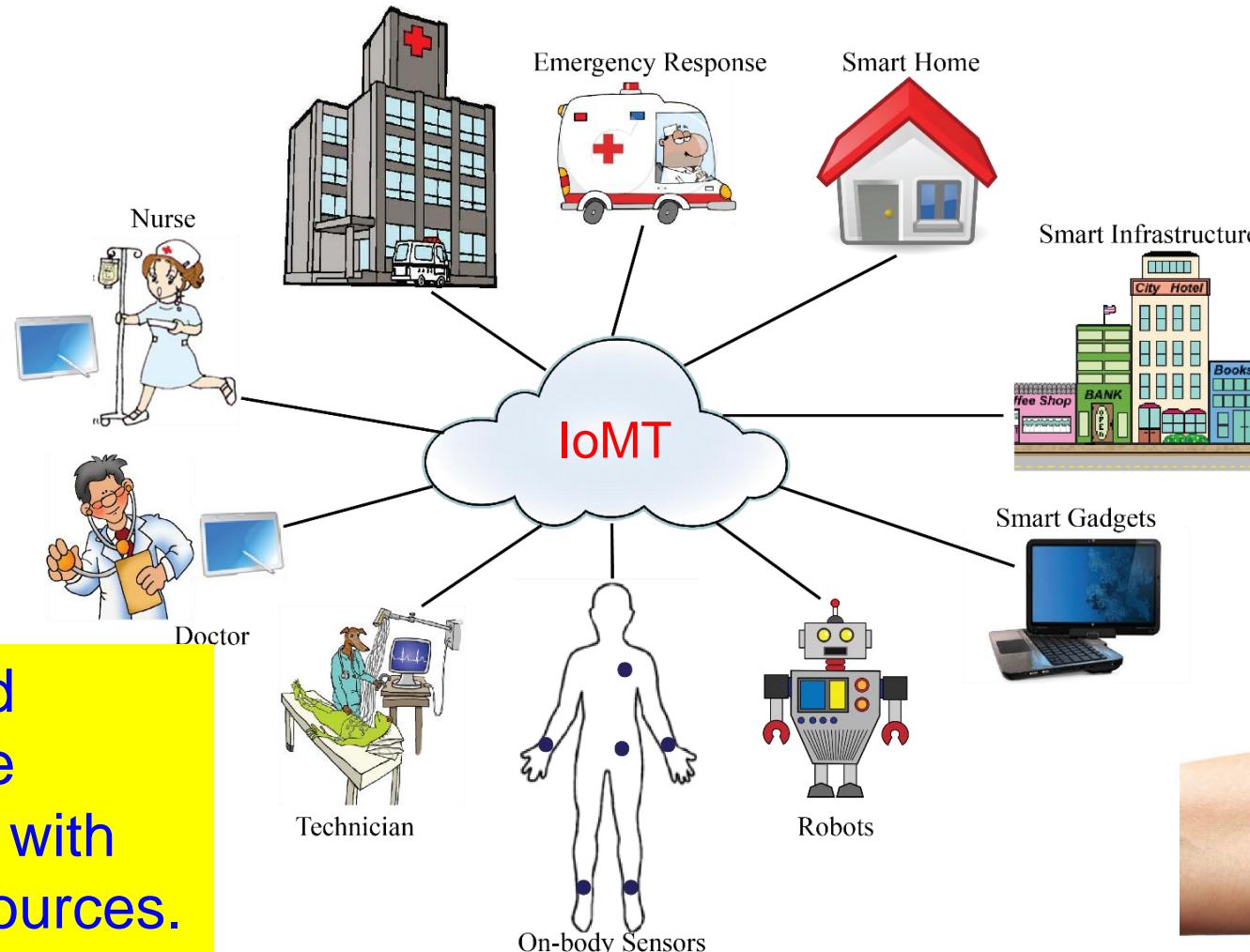


mHealth: Healthcare supported by *mobile devices* that uses mobile telecommunications and multimedia technologies for the delivery of healthcare services and health information.

Source: H. Zhu, C. K. Wu, C. H. KOO, Y. T. Tsang, Y.Liu, H. R. Chi, and K. F. Tsang, "Smart Healthcare in the Era of Internet-of-Things", *IEEE Consumer Electronics Magazine*, vol. 8, no. 5, pp. 26-30, Sep 2019.

# Smart Healthcare (sHealth)

Smart Hospital



Quality and sustainable healthcare with limited resources.

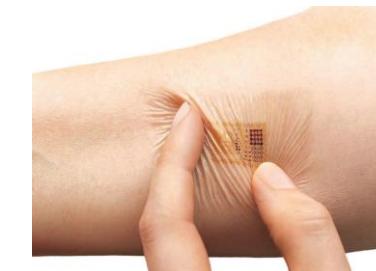
Source: P. Sundaravadivel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, "Everything You Wanted to Know about Smart Health Care", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 7, Issue 1, January 2018, pp. 18-28.



Fitness Trackers



Headband with Embedded Neurosensors



Embedded Skin Patches

# Smart Healthcare - Applications



## Healthy Living

- Fitness Tracking
- Disease Prevention
- Food monitoring

## Home Care

- Mobile health
- Telemedicine
- Self-management
- Assisted Living

## Acute Care

- Hospital
- Specialty clinic
- Nursing Home
- Community Hospital

Frost and Sullivan predicts smart healthcare market value to reach US\$348.5 billion by 2025.

Source: P. Sundaravadivel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, "Everything You Wanted to Know about Smart Health Care", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 7, Issue 1, January 2018, pp. 18-28.

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# Smart Healthcare - Characteristics

Healthcare CPS -- Prof./Dr. Saraju Mohanty



# What is Smart Healthcare?

Smart Healthcare



Conventional Healthcare

+ Body sensors

+ Information & Communication Technology (ICT)

+ Artificial Intelligence (AI)/ Machine Learning (ML)

+ Smart Technology (BCI, VR, etc.)

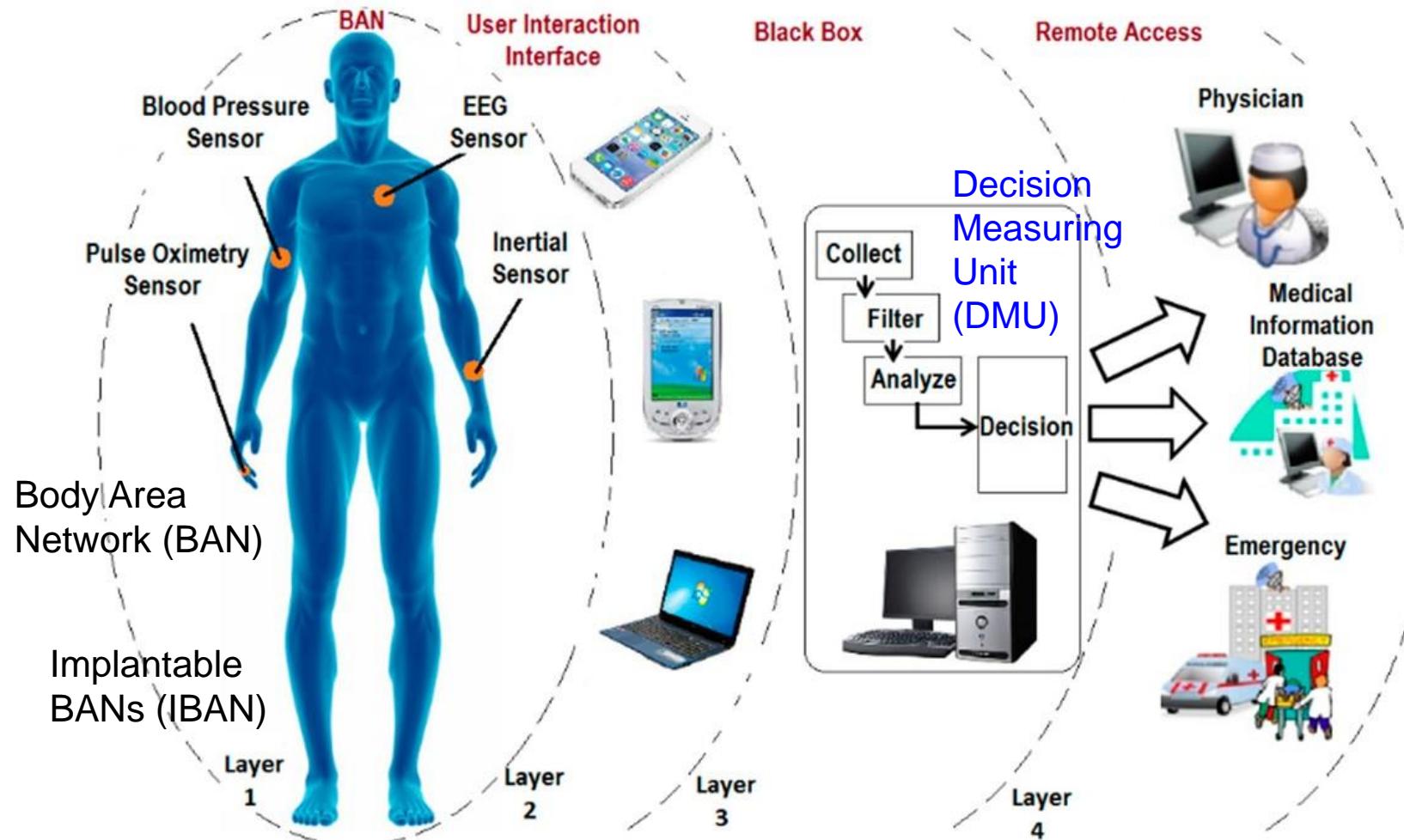
Internet of Medical Things (IoMT)

Internet of Health Things (IoHT)

**Healthcare Cyber-Physical Systems (H-CPS)**

Source: P. Sundaravadivel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, "Everything You Wanted to Know about Smart Health Care", *IEEE Consumer Electronics Magazine (MCE)*, Volume 7, Issue 1, January 2018, pp. 18-28.

# Smart Healthcare - 4-Layer Architecture



Source: M. Ghamari, B. Janko, R.S. Sherratt, W. Harwin, R. Piechockic, and C. Soltanpur, "A Survey on Wireless Body Area Networks for eHealthcare Systems in Residential Environments", *Sensors*, 2016. 16(6): p. 831.

# Wearable Medical Devices (WMDs)

Fitness Trackers



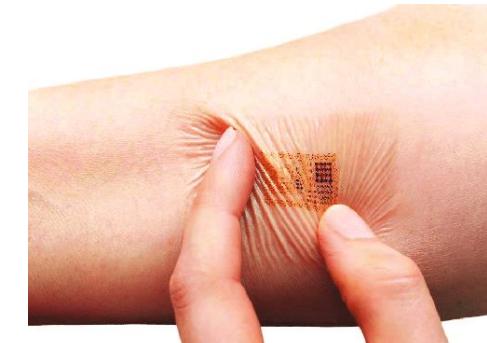
Source: <https://www.empatica.com/embrace2/>  
**Medical grade smart watch to detect seizure**

Headband with Embedded Neurosensors



Source: <https://www.webmd.com>

Insulin Pump

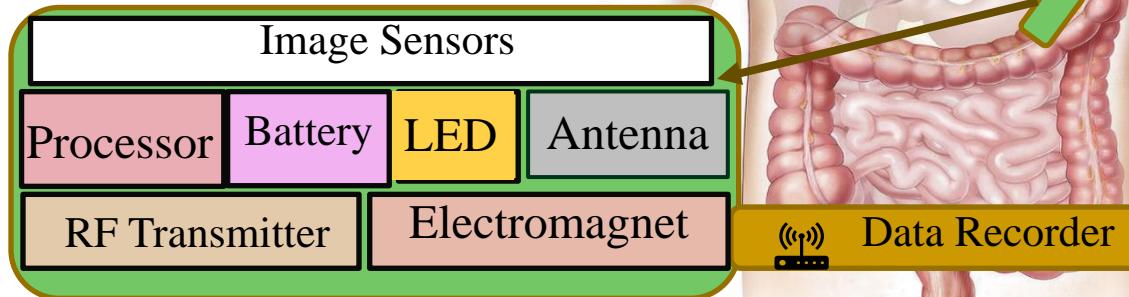


Embedded Skin Patches

# Implantable Medical Devices (IMDs)

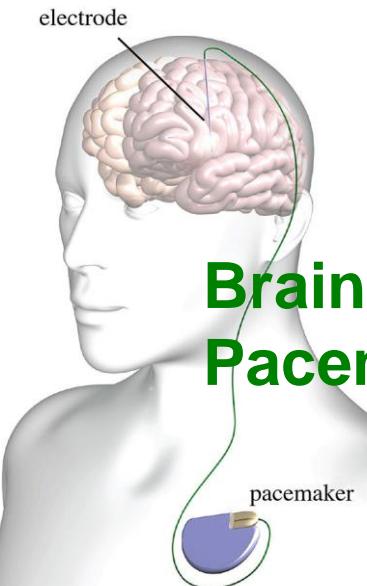


## Pill Camera

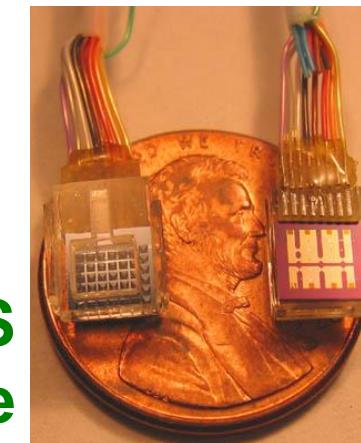


Source: P. Sundaravadivel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, "Everything You Wanted to Know about Smart Health Care", IEEE Consumer Electronics Magazine (MCE), Volume 7, Issue 1, January 2018, pp. 18-28.

Collectively:  
Implantable and Wearable  
Medical Devices (IWMDs)



## Brain Pacemaker



## Implantable MEMS Device

Source: <http://web.mit.edu/cprl/www/research.shtml>

# Smart Healthcare – 7Ps



Source: H. Zhu, C. K. Wu, C. H. KOO, Y. T. Tsang, Y. Liu, H. R. Chi, and K. F. Tsang, "Smart Healthcare in the Era of Internet-of-Things", *IEEE Consumer Electronics Magazine*, vol. 8, no. 5, pp. 26-30, Sep 2019.

# Smart Healthcare - Advantages & Limitations

## Advantages

### Patients/Users

- Real-time interventions in emergency
- Cost reduction
- Reduced morbidity and financial burden due to less follow up visits

### Healthcare Service Providers

- Optimal utilization of resources
- Reduced response time in emergency

### Manufacturers

- Standardization/compatibility and uniformity of data available
- Capability to sense and communicate health related information to remote location

## Limitations

### Technical Challenges

- ❖ Security of IoT data - hacking and unauthorized use of IoT
- ❖ Lack of standards and communication protocols
- ❖ Errors in patient data handling
- ❖ Data integration
- ❖ Need for medical expertise
- ❖ Managing device diversity and interoperability
- ❖ Scale, data volume and performance

### Market Challenges

- ❖ Physician compliance
- ❖ Data overload on healthcare facility
- ❖ Mobile hesitation
- ❖ Security policy compliance

Source: Y. Shelke and A. Sharma, "Internet of Medical Things", 2016, Aranca, <https://www.aranca.com/knowledge-library/special-reports/ip-research/the-internet-of-medical-things-iomt>, Last Visited 10/18/2017.

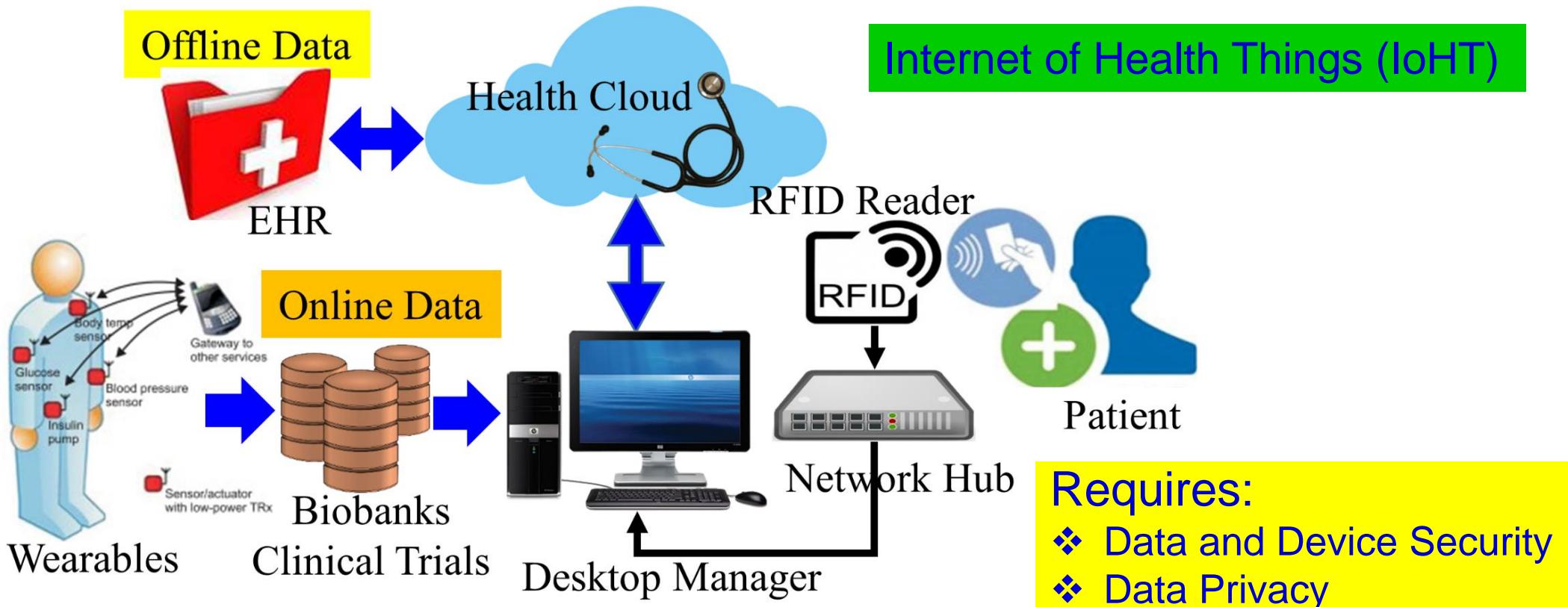
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# Smart Healthcare - Components

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# Internet of Medical Things (IoMT)

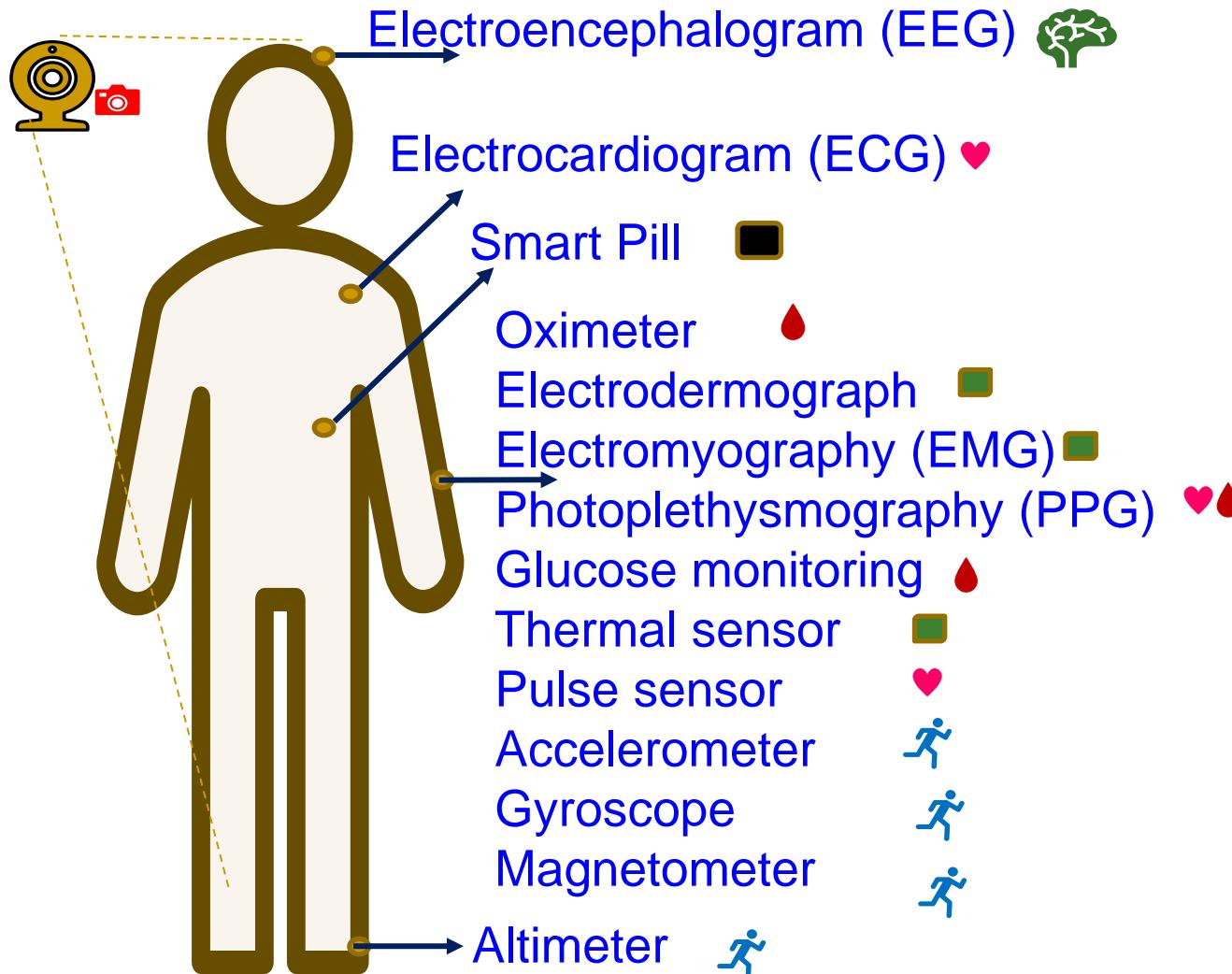


IoMT is a collection of medical sensors, devices, healthcare database, and applications that connected through Internet.

Source: <http://www.icemiller.com/ice-on-fire-insights/publications/the-internet-of-health-things-privacy-and-security/>

Source: <http://internetofthingsagenda.techtarget.com/definition/IoMT-Internet-of-Medical-Things>

# Smart Healthcare Sensors



## Types of Sensors

Brain related applications



Imaging applications



Heart related applications



Skin related applications



Blood related applications



Ingestible sensors



Motion Detection



# Smart Healthcare Communication

Technology	Frequency Band	Data Rate	Range	Transmission Power
Bluetooth 4.0 (LE)	2.4 GHz	50–200 Kbps	30 m	~10 mW
Zigbee	868 MHz/ 915 MHz/ 2.4 GHz	20–250 Kbps	30 m	30 mW
ANT	2400-2485 MHz	1 Mbps	Up to 10 m	0.01–1 mW
IEEE 802.15.6	2,360-2,400/ 2,400-2,483.5 MHz UWB: 3–10 GHz HBC: 16/27 MHz	NB: 57.5–485.7 Kbps UWB: 0.5–10 Mbps	1.2 m	0.1 µW
Medical Implant Communications Service (MICS)	402-405 MHz	Up to 500 Kbps	2 m	25 µW

Source: V. Custodio, F.J. Herrera, G. López, and J. I. Moreno, "A Review on Architectures and Communications Technologies for Wearable Health-Monitoring Systems", Sensors, 2012. 12(10): p. 13907-13946.

# Electronics Health Record (EHR)

- Electronic Health Record (EHR) is the systematized collection of health information of individuals stored in a digital format.
- Created by various health providers such as hospitals and clinics.

The screenshot displays a medical software application titled "Handy patients enterprise edition". The left side of the interface shows a patient profile for "David (8 month and 10 day John (2 years and 3 months))" with details like Last Name: Anderson, First Name: David, Birth: 5 January 2009, and Age: 8 month and 10 days. It includes sections for Appointments, Forms (Meeting (Doctor), Full status (Doctor)), Sheets (Neurologic, Vascular, Cardiac, Respiratory, Abdomen), Exams, Radiology, Summary, Patient documents, and Letters. The right side is a "Digestive" module for "Thursday, 22 Jan 2009". It contains three sections: Digestive inspection (Normal), Digestive auscultation (Normal abdomen noises), and Digestive palpation (Little pain on the right lower area). Below these sections is a diagram of the human torso with a red lightning bolt icon over the abdomen area. To the right of the diagram is a detailed anatomical illustration of the digestive system, labeled with organs like Esophagus, Liver, Stomach, Colon, Small intestine, gall bladder, Rectum, and Anus. A red question mark icon points to the small intestine area. On the far right, there are drawing tools (Draw, Mark, Color, Pen) and navigation buttons (Page 1/1, Previous page, Next page).

## Electronic Medical Record (EMR)

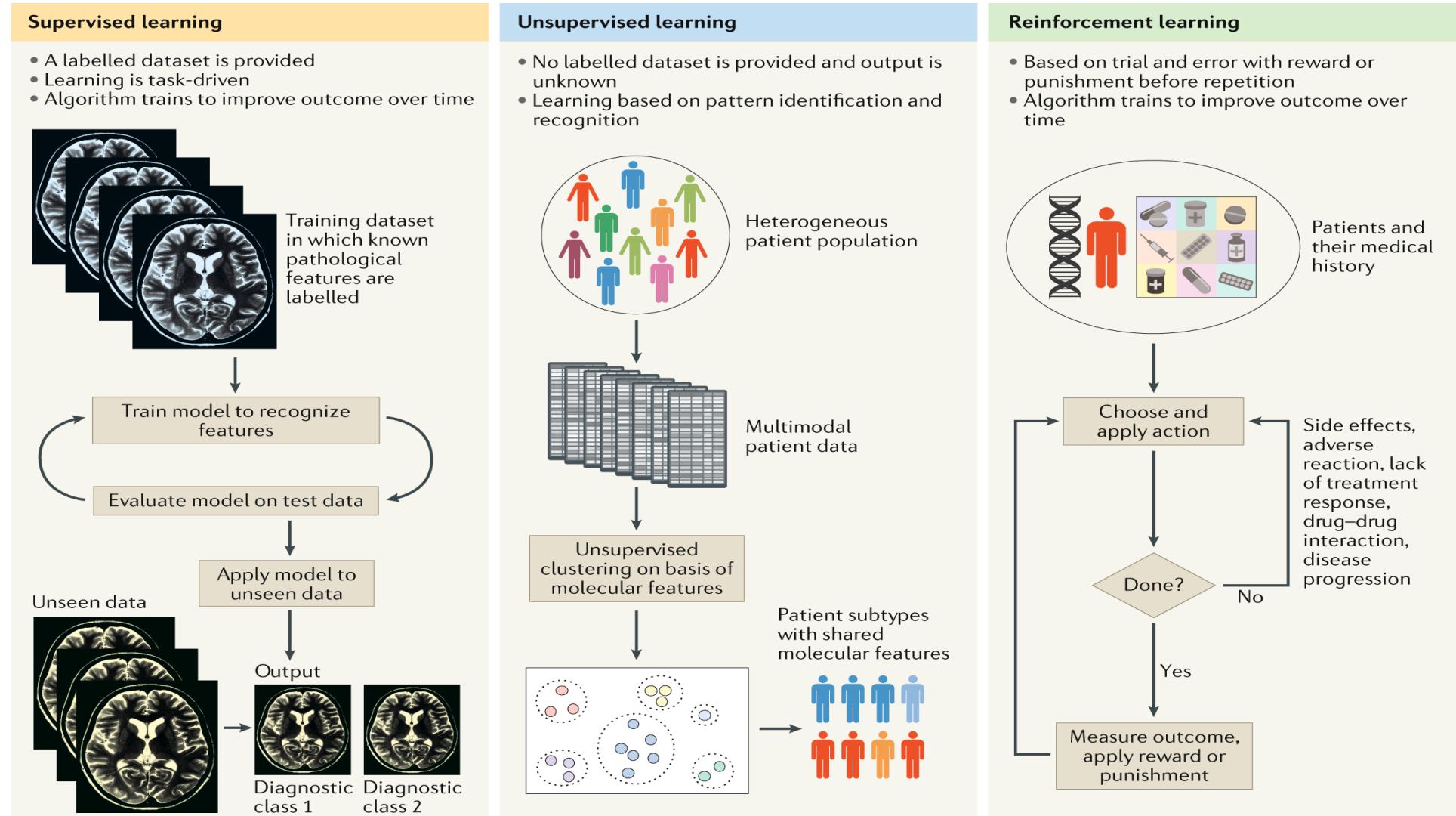
# Smart Healthcare – AI/ML is Key



- AI Role Includes:
- Automatic diagnosis
  - Disease predication
  - Diet prediction
  - Pandemic projection
  - Automatic prescription

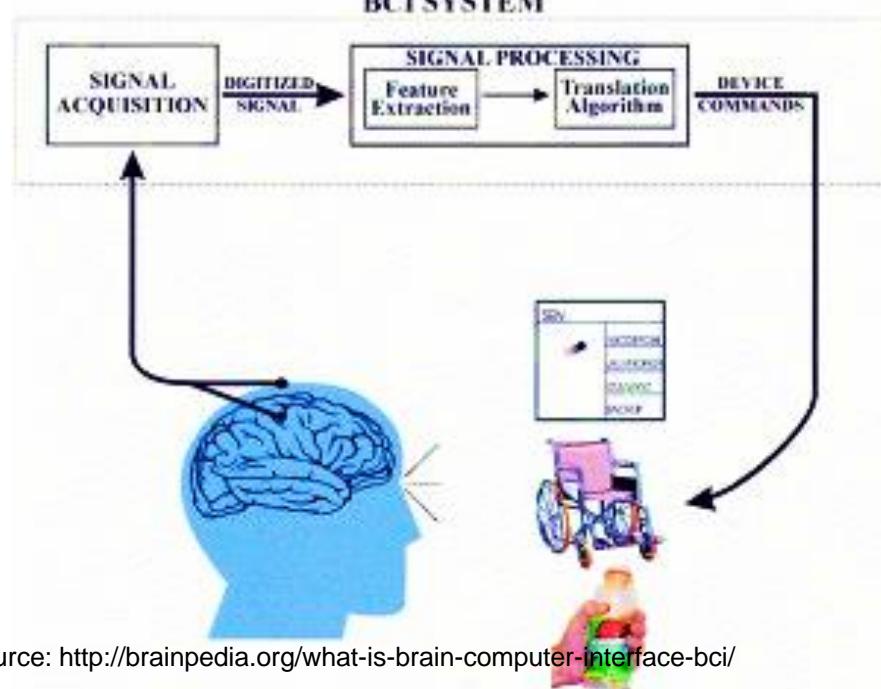
Source: Robert Pearl, "Artificial Intelligence In Healthcare: Separating Reality From Hype", 13 Mar 2018,  
<https://www.forbes.com/sites/robertpearl/2018/03/13/artificial-intelligence-in-healthcare/?sh=598aa64d1d75>

# Smart Healthcare – ML ...



Source: Mysczynska, M.A., Ojamies, P.N., Lacoste, A.M.B. et al. Applications of machine learning to diagnosis and treatment of neurodegenerative diseases. *Nat Rev Neurol* 16, 440–456 (2020). <https://doi.org/10.1038/s41582-020-0377-8>

# Brain Computer Interface (BCI)



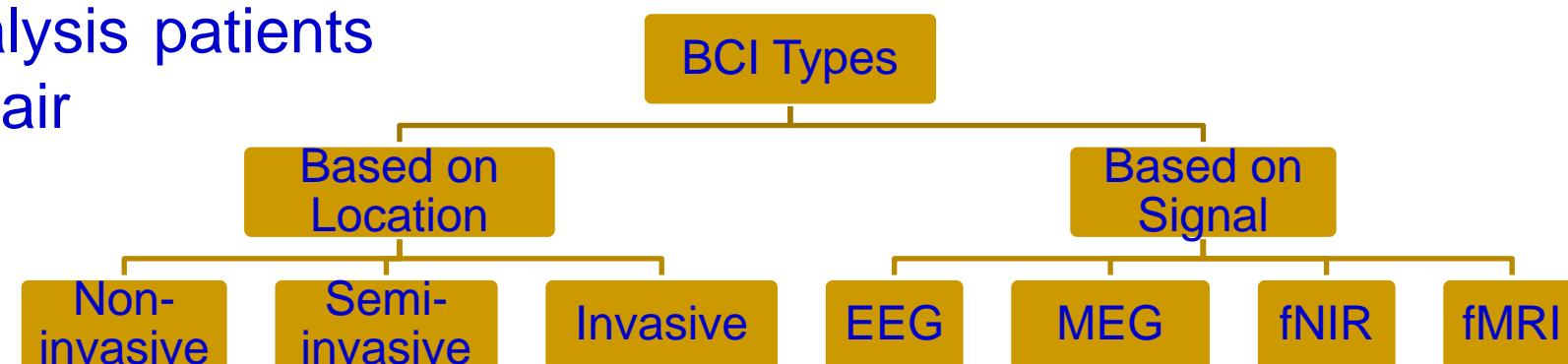
Source: <http://brainpedia.org/what-is-brain-computer-interface-bci/>



Source: <http://brainpedia.org/brain-computer-interface-allows-paralysis-als-patients-type-much-faster/>

## BCI Allows paralysis patients to Type

BCI Allows paralysis patients move a wheelchair



# Virtual Reality in Healthcare



Source: <https://touchstoneresearch.com/tag/applied-vr/>

In Surgery



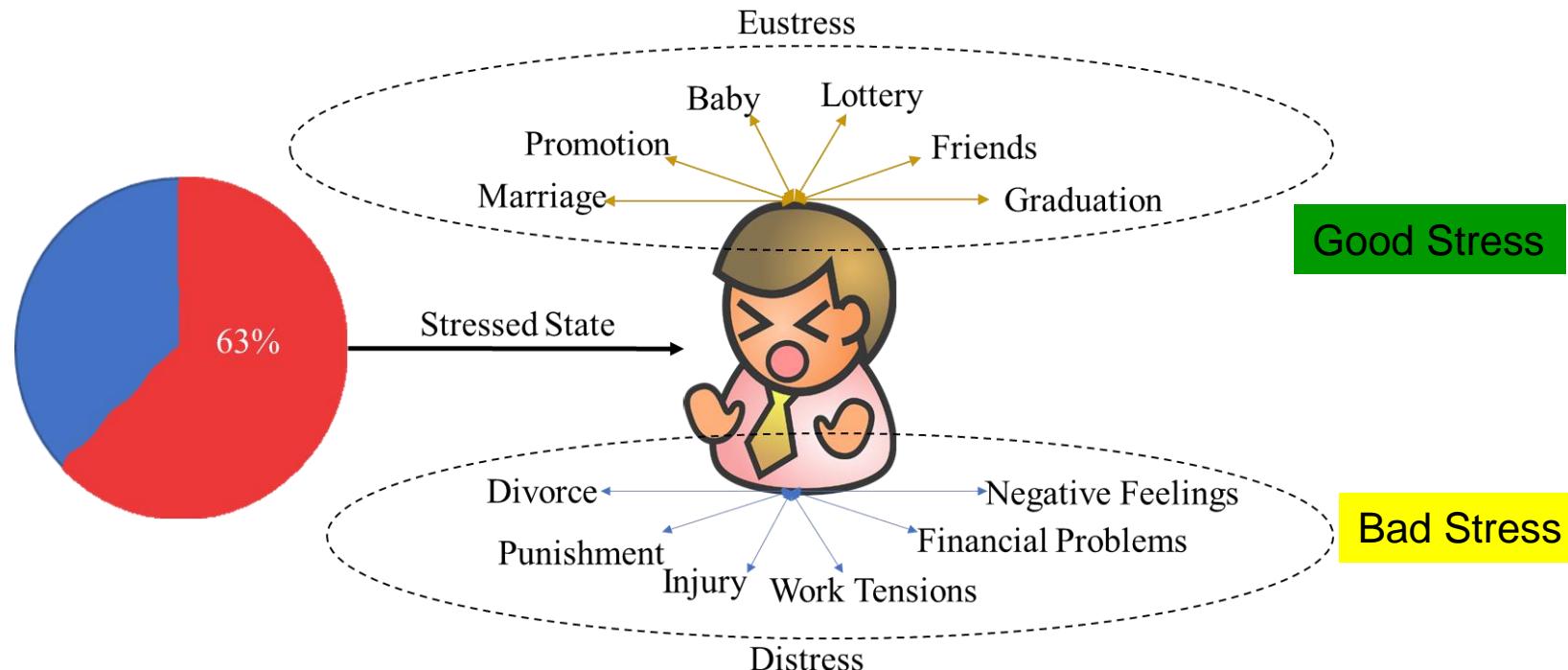
Source: <http://medicalfuturist.com/5-ways-medical-vr-is-changing-healthcare/>

For Therapy

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# Smart Healthcare – Specific Examples

# What is Stress?



- ❑ Stress is the relationship between a person and a situation, which adversely impacts the happiness and health of the sufferer or physiological reactions.
- ❑ Stress can be divided into two parts: stressor and reaction.
- ❑ Stressor is the activity or effect that triggers a change in the physiological parameter values of the human body.
- ❑ Reaction is the deviation of these parameter values from their normal levels.

# Stress is a Global Issue

- In major global economies - 6 in 10 workers experiencing increased workplace stress.
- In USA: 75% of adults reported experiencing moderate to high levels of stress. 1 out of 75 people may experience panic disorder.
- In Australia: 91% of adults feel stress in at least one important area of their lives.
- In UK: An estimated 442,000 individuals, who worked in 2007/08 believed that they were experiencing work-related stress
- Depression is among the leading causes of disability worldwide. 25% of those with depression world-wide have access to effective treatments → 75% don't have.

Source: <http://www.gostress.com/stress-facts/>

# Stress Monitoring and Control is Needed

Stress is the **body's reaction** to any change that requires an adjustment or response.

Sudden encounter with **stress**

→ Brain floods **body** with chemicals and hormones (adrenaline and cortisol)



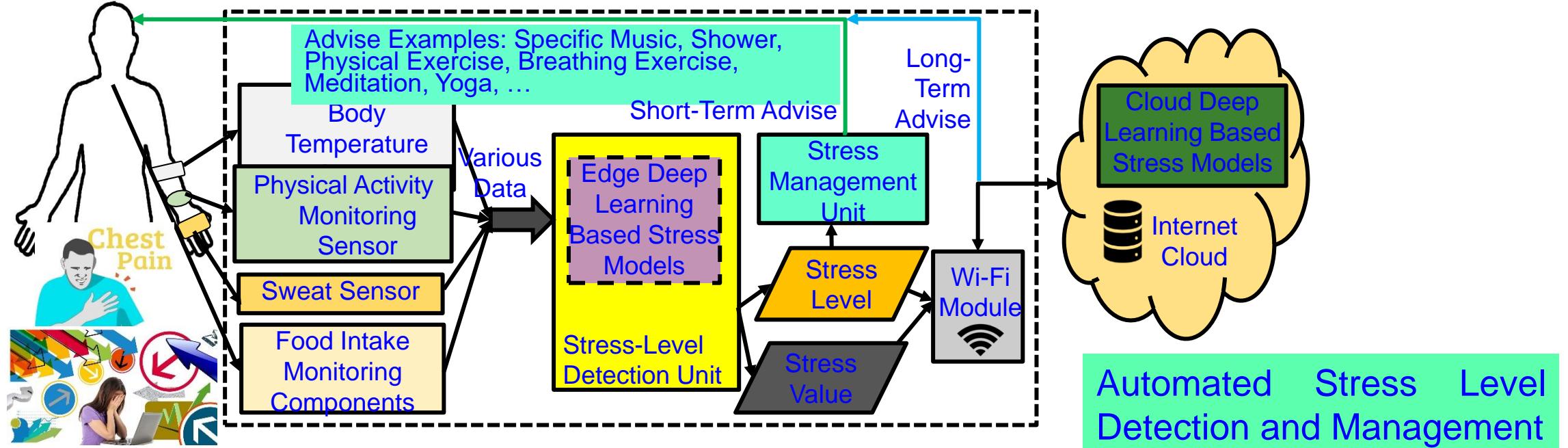
**Distress**

- Lack of Energy
- Type 2 Diabetes
- Osteoporosis
- Mental cloudiness (brain fog) and memory problems
- A weakened immune system, leading to more vulnerable to infections

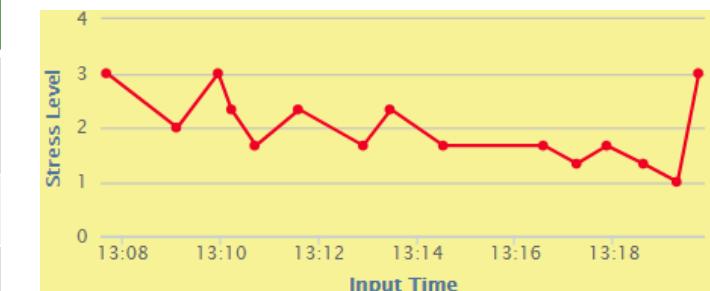


**Eustress**

# Stress Monitoring & Control – Our Vision



Sensor	Low Stress	Normal Stress	High Stress
Accelerometer (steps/min)	0-75	75-100	101-200
Humidity (RH%)	27-65	66-91	91-120
Temperature °F	98-100	90-97	80-90



Source: L. Rachakonda, S. P. Mohanty, E. Kougianos, and P. Sundaravadivel, "Stress-Lysis: A DNN-Integrated Edge Device for Stress Level Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol 65, No 4, Nov 2019, pp. 474--483.

# Consumer Electronics Devices – Can Provide Data for Stress Detection

Brand	Device	Signals	RTI	Ambulant
Empatica	E4 wristband	PPG, GSR, HR, ACC, ST	Yes	Yes
Garmin	Vivosmart	HR, HRV, ACC	Yes	Yes
Zephyr	BioHarness 3.0	HR, HRV, GSR, ACC, ST	Yes	Yes
iMotions	Shimmer 3+ GSR	GSR, PPG	Yes	No
BIOPAC	Mobita Wearable	ECG, EEG, EGG EMG, and EOG	Yes	No

GSR = Galvanic Skin Response, HR = Heart Rate, ACC = Acceleration, ST = Skin Temperature,  
HRV = Heart Rate Variability, PPG = Photoplethysmograph, RTI = Real Time Implementation

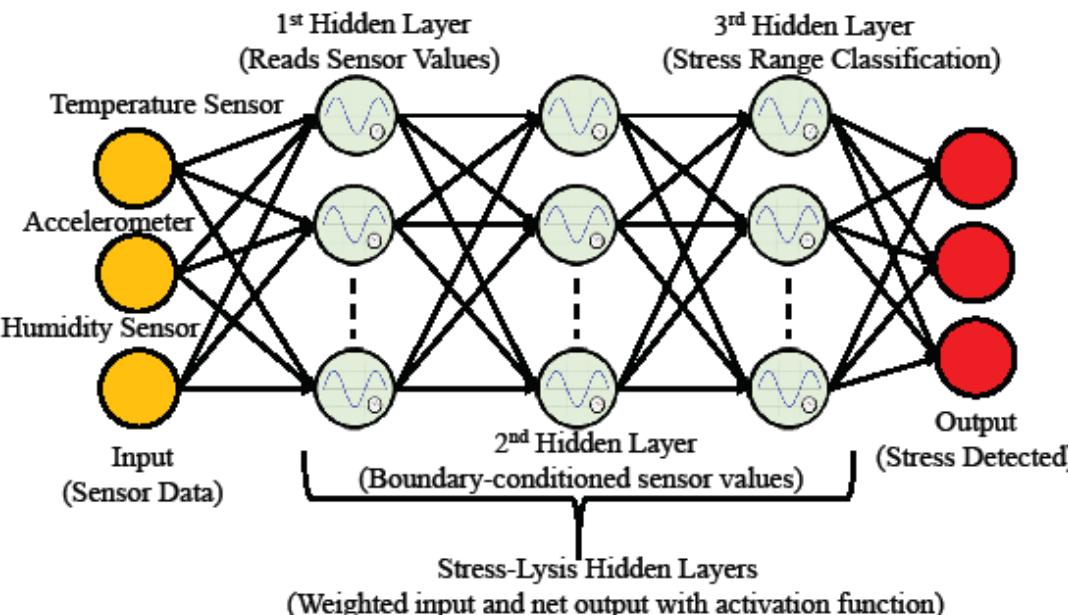
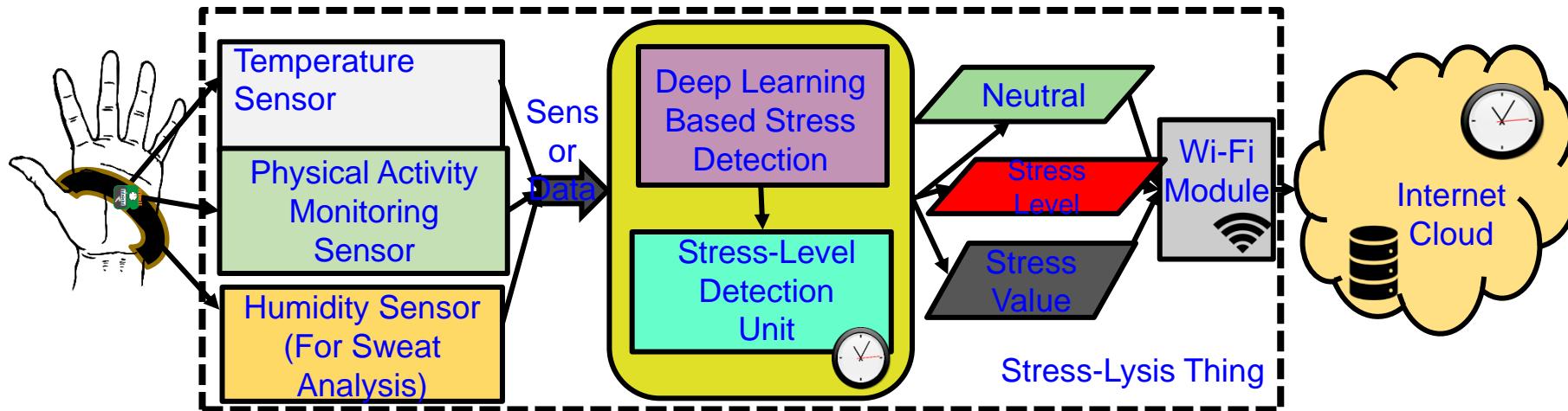
Source: R. K. Nath, H. Thapliyal, A. Caban-Holt, and S. P. Mohanty, "Machine Learning Based Solutions for Real-Time Stress Monitoring", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 9, No. 5, September 2020, pp. 34--41.

# Consumer Electronics Sleep Trackers

Consumer Products	Approach	Features	Drawbacks
Fitbit [34]	Wearable	Heart rate monitor, sleep stages monitor. Has techniques to improve the sleep score.	Relationship between stress and sleep is not discussed.
SleepScore Max [36]	Non-wearable	Invisible radio wave sleep tracking	Does not manage stress with sleep.
Nokia Sleep [38]	Non-wearable	Uses Ballistocardiography sensor	Does not explain the relationship with stress with sleep.
Xiaomi Mi Band 3 [31]	Wearable	Pulse Monitor	No information on importance of quality sleep.
Eversleep [32]	wearable	Snoring and breathing interruptions	No explanation on the relationship between stress and sleep.
Beddit [35]	Non-wearable	Monitors snoring	Doesn't consider other possible features.
Eight [37]	Non-Wearable	Humidity, temperature, heartbeat, breathing rate	No data on how it is important to have a good sleep.
Dreem [33]	Wearable	Simulates slow brain waves	It doesn't consider other features; Does not manage stress with sleep.
Muse [26]	Wearable	Simulates brain waves	No understanding of the importance of quality sleep.

Source: L. Rachakonda, A. K. Bapatla, S. P. Mohanty, and E. Koulianou, "SaYoPillow: A Blockchain-Enabled, Privacy-Assured Framework for Stress Detection, Prediction and Control Considering Sleeping Habits in the IoMT", arXiv Computer Science, arXiv:2007.07377, July 2020, 38-pages.

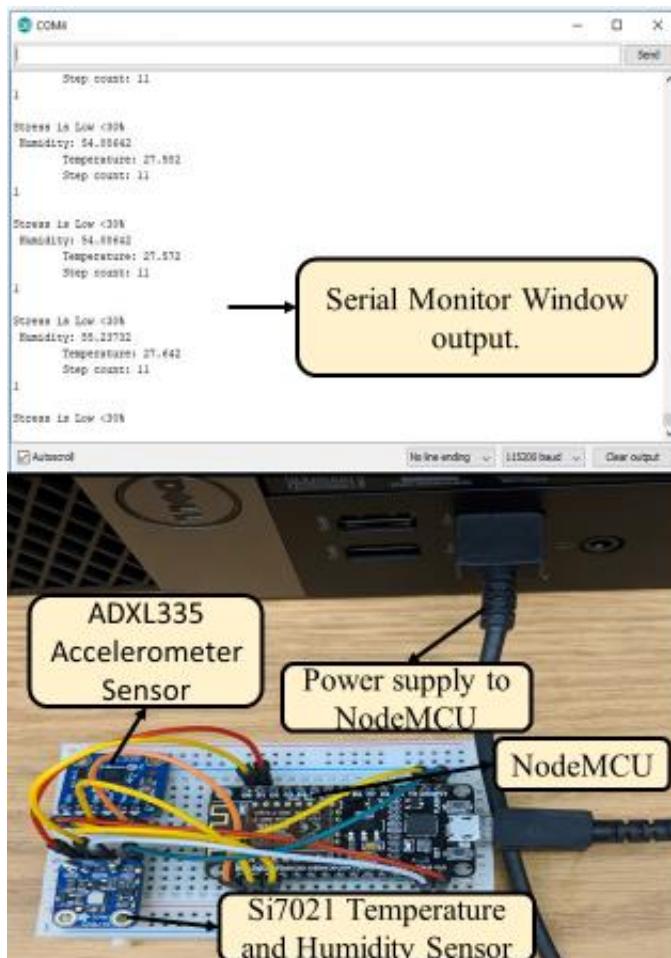
# Stress-Lysis: From Physiological Signals



Stress-Lysis - DNN has been trained with a total of 26,000 samples per dataset and has accuracy upto 99.7%.

Source: L. Rachakonda, S. P. Mohanty, E. Kougianos, and P. Sundaravadivel, "Stress-Lysis: A DNN-Integrated Edge Device for Stress Level Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol 65, No 4, Nov 2019, pp. 474--483.

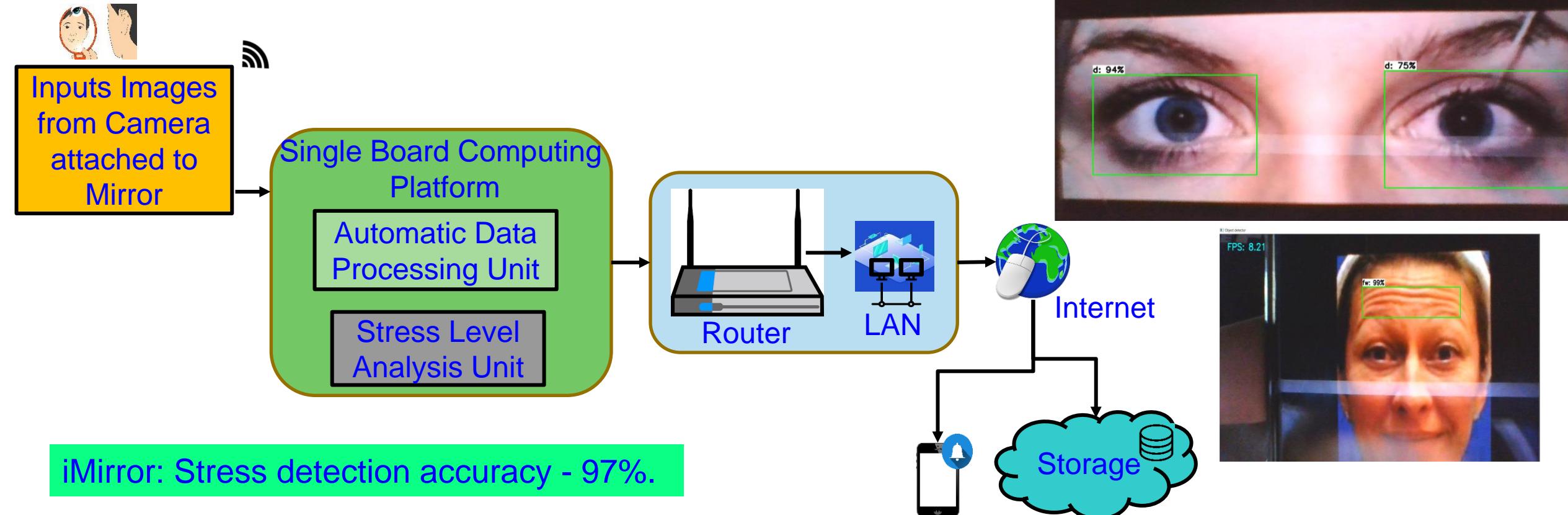
# Stress-Lysis: Experiments



**Stress-Lysis - DNN** has been trained with a total of 26,000 samples per dataset and has accuracy upto 99.7%.

Source: L. Rachakonda, S. P. Mohanty, E. Kougianos, and P. Sundaravadivel, "Stress-Lysis: A DNN-Integrated Edge Device for Stress Level Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol 65, No 4, Nov 2019, pp. 474--483.

# iMirror: Our Smart Mirror for Stress Detection from Facial Features



Source: L. Rachakonda, P. Rajkumar, **S. P. Mohanty**, and E. Kougianos, "iMirror: A Smart Mirror for Stress Detection in the IoMT Framework for Advancements in Smart Cities", *Proceedings of the 6th IEEE Smart Cities Conference (ISC2)*, 2020.

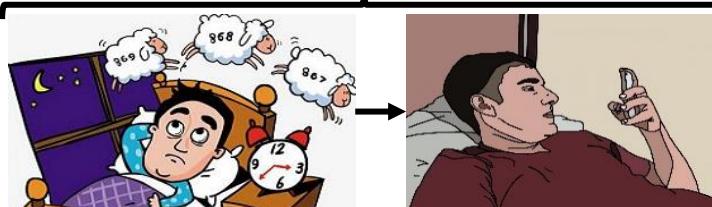
# Smart-Yoga Pillow (SaYoPillow) - Sleeping Pattern

Person On Pillow:

Physiological Sensor Data Monitoring Starts



Period 1. Lying on bed but not Sleeping



Period 2: Trying to Sleep



Period 3: Drift from Wakefulness to Sleep



Period 4: Deep Sleep



Person Off Pillow:

Physiological Sensor Data Monitoring Ends



Period 5: Awake Person



Transitions of a person drifting into non-rapid eye movement (NREM) followed by rapid eye movement (REM) to Awake State.



Secure Data Transfer



Secure Data Access



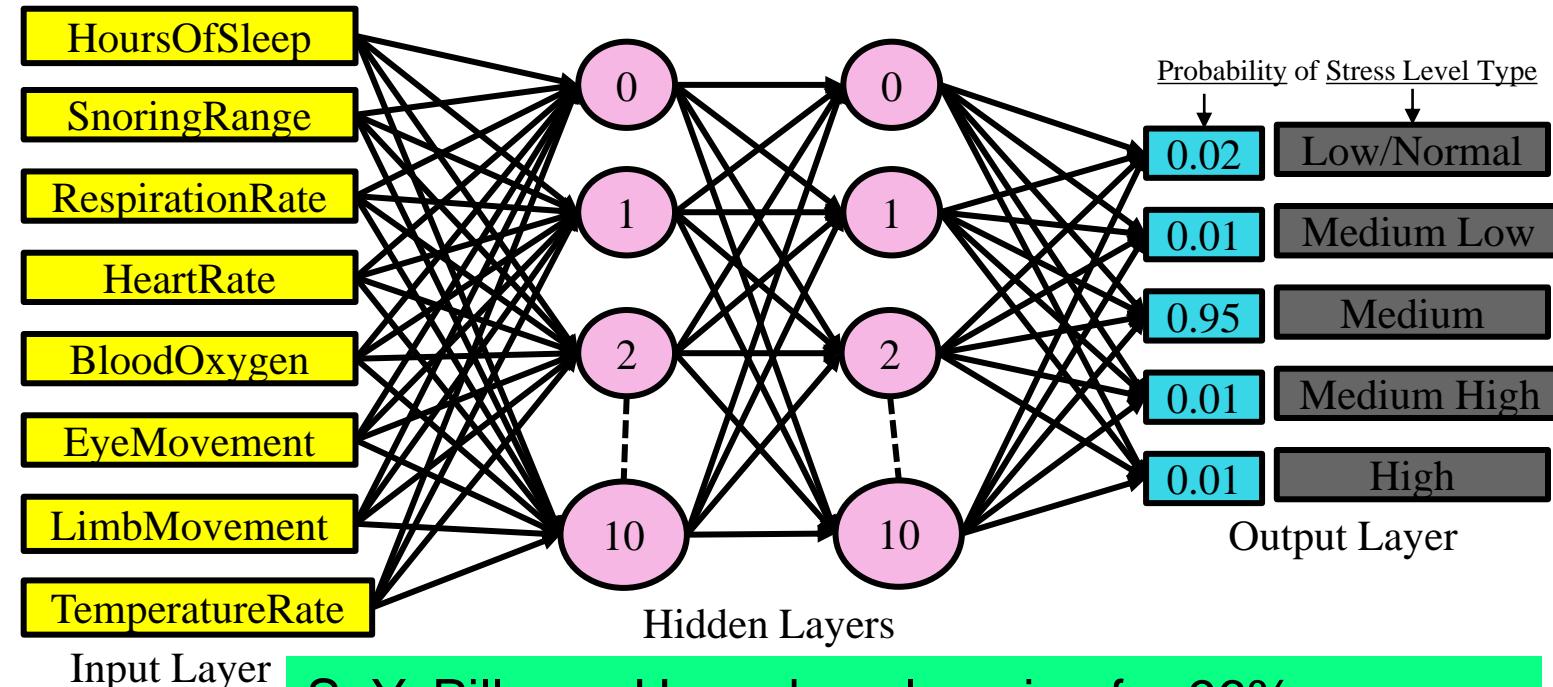
Data Processing

Secure Data Storage

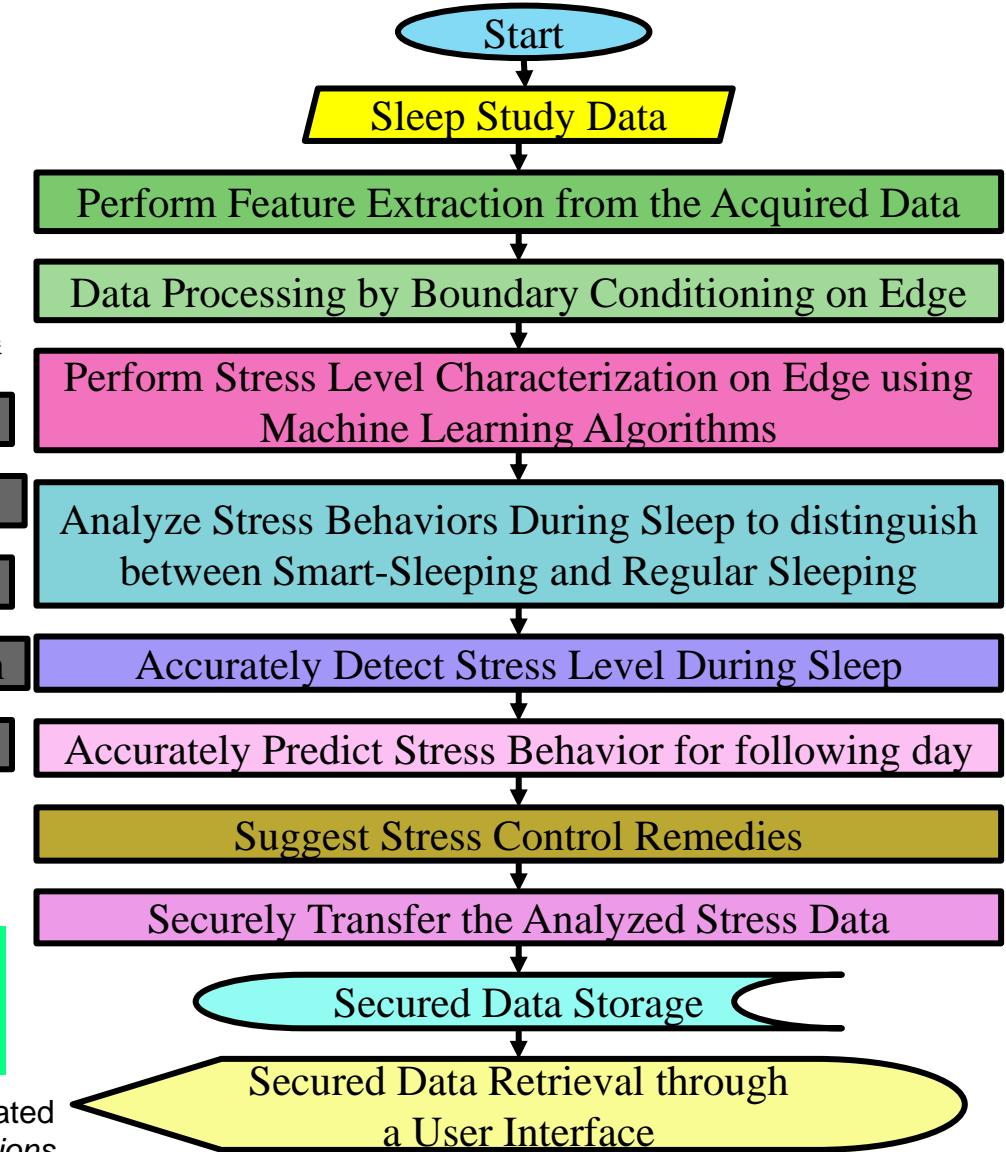
User Applications

Source: L. Rachakonda, A. K. Bapatla, S. P. Mohanty, and E. Kouglanos, "SaYoPillow: Blockchain-Integrated Privacy-Assured IoMT Framework for Stress Management Considering Sleeping Habits", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 67, No. 1, Feb 2021, pp. 20-29.

# SaYoPillow – Stress Analysis Approach



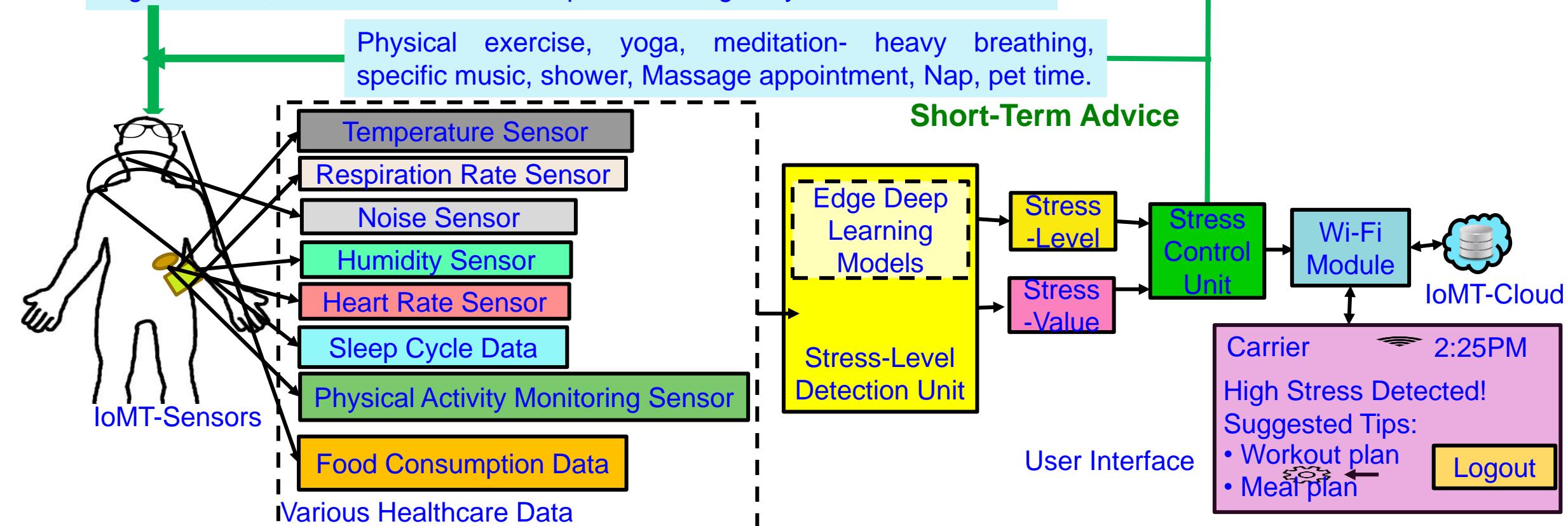
**SaYoPillow – Uses deep learning for 96% accuracy with blockchain based security features**



Source: L. Rachakonda, A. K. Bapatla, S. P. Mohanty, and E. Koulianou, "SaYoPillow: Blockchain-Integrated Privacy-Assured IoMT Framework for Stress Management Considering Sleeping Habits", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 67, No. 1, Feb 2021, pp. 20-29.

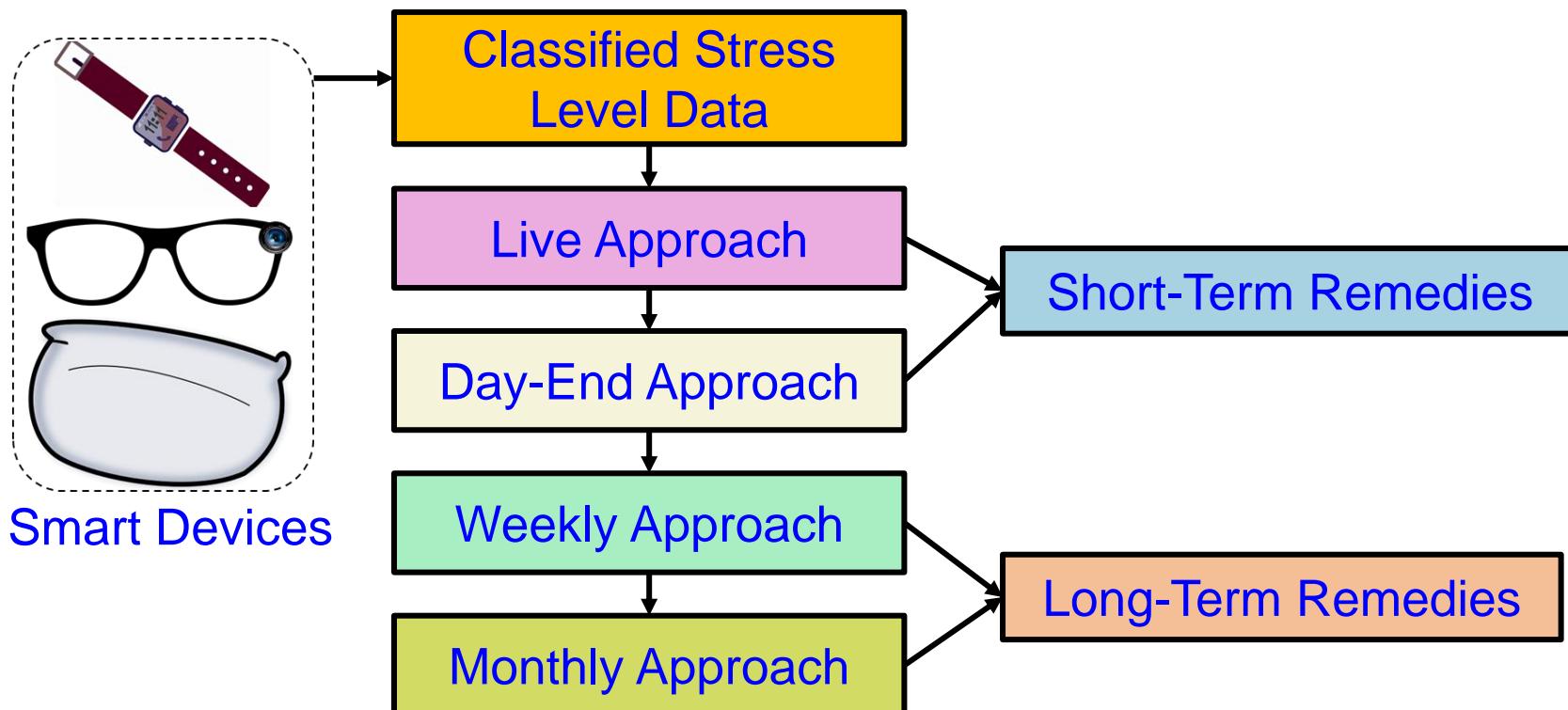
# Stress Control by iFeliz: Our Proposed System

Generate workout plan, meal plan, sleep schedule, display stress relief paintings, play music in the background, suggest videos to play, quick 2 min breathe exercise, display positive and inspirational quotes, nearby therapy dog's location, automatic slide show of photos from gallery.



Source: L. Rachakonda, S. P. Mohanty, and E. Kougianos, "iFeliz: An Approach to Control Stress in the Midst of the Global Pandemic and Beyond for Smart Cities using the IoMT", in Proc. of IEEE Smart Cities Conference (ISC2), 2020.

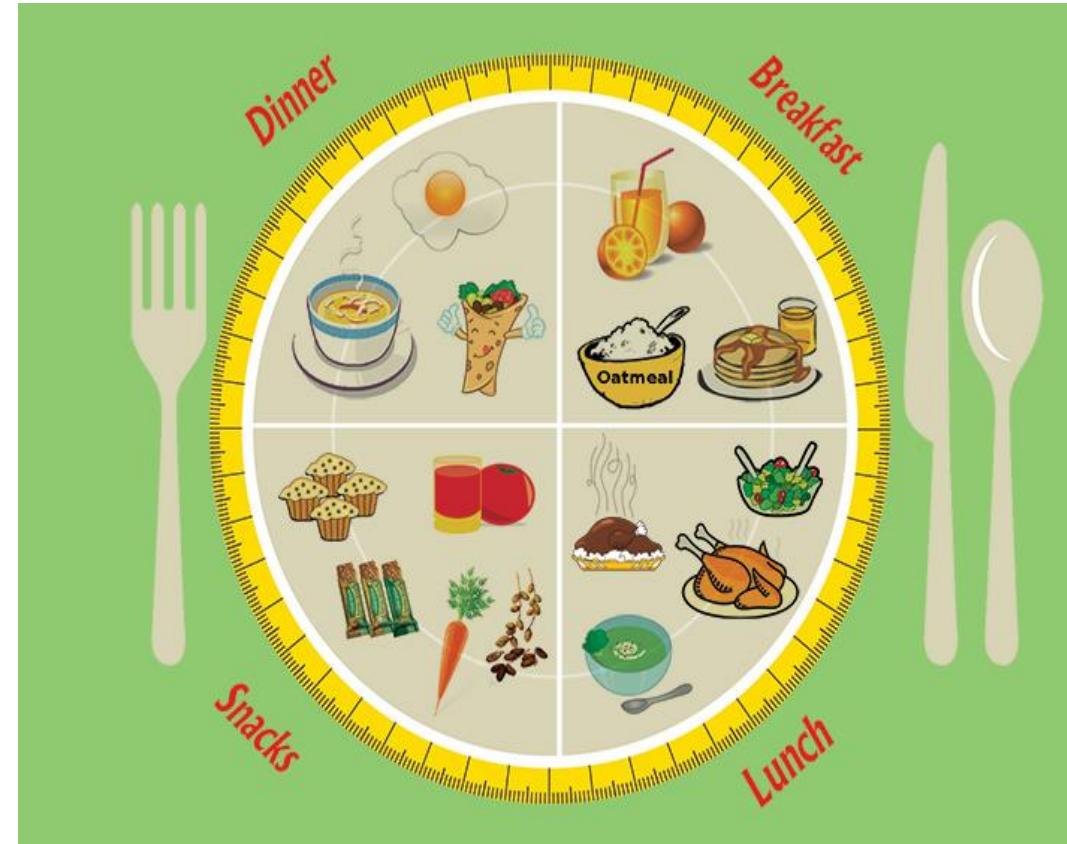
# iFeliz: Stress Control Approaches



iFeliz - 15 Features, Stress Detection, Stress Control, Accuracy - 97%.

Source: L. Rachakonda, S. P. Mohanty, and E. Kougianos, "iFeliz: An Approach to Control Stress in the Midst of the Global Pandemic and Beyond for Smart Cities using the IoMT", in *Proc. of IEEE Smart Cities Conference (ISC2)*, 2020.

# Automatic Food Intake Monitoring and Diet Management is Important



# Imbalance Diet is a Global Issue

- Imbalanced diet can be either more or fewer of certain nutrients than the body needs.
- In 2017, 11 million deaths and 255 million disability-adjusted life-years (DALYs) were attributable to dietary risk factors.
- Eating wrong type of food is potential cause of a dietary imbalance:

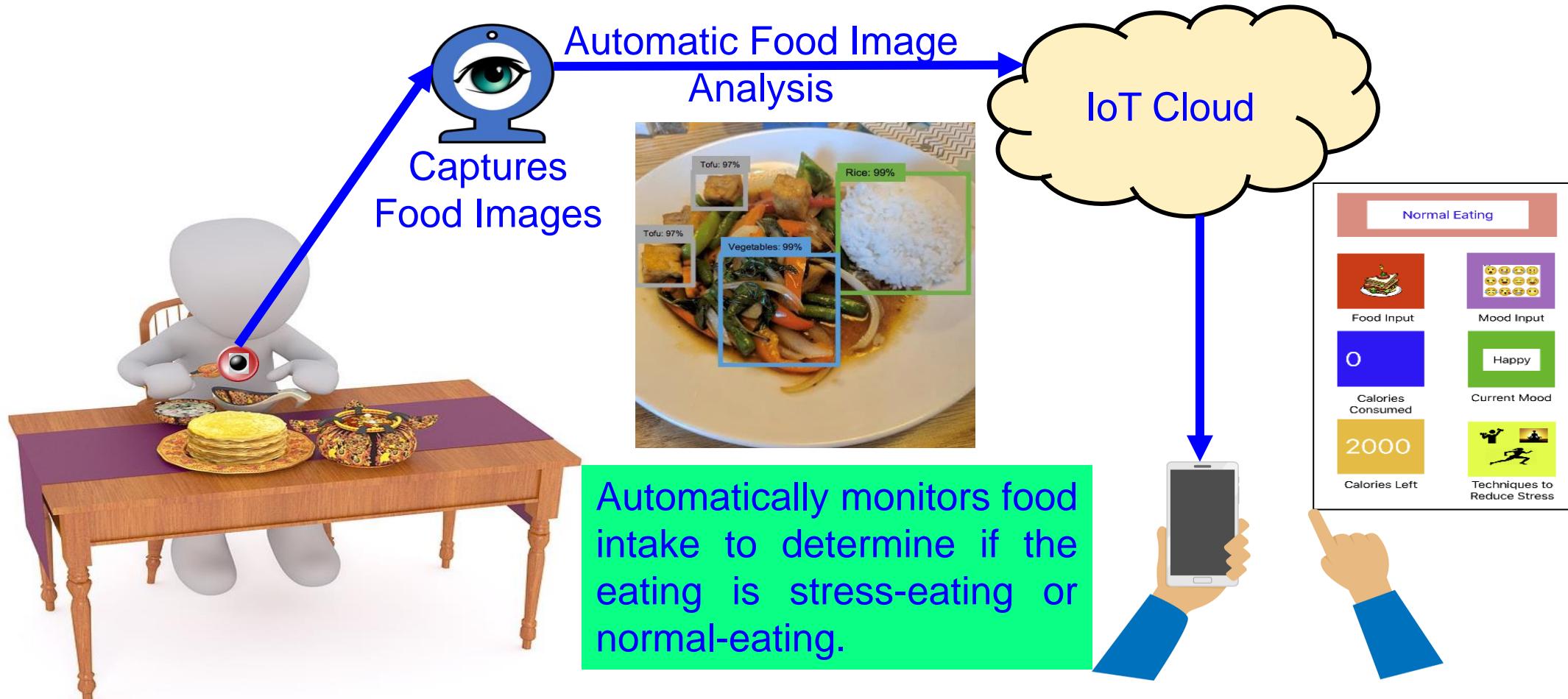
Source: <https://obesity-diet.nutritionalconference.com/events-list/imbalanced-diet-effects-and-causes>  
[https://www.thelancet.com/article/S0140-6736\(19\)30041-8/fulltext](https://www.thelancet.com/article/S0140-6736(19)30041-8/fulltext)

# Imbalance Diet – Impact on Human Body



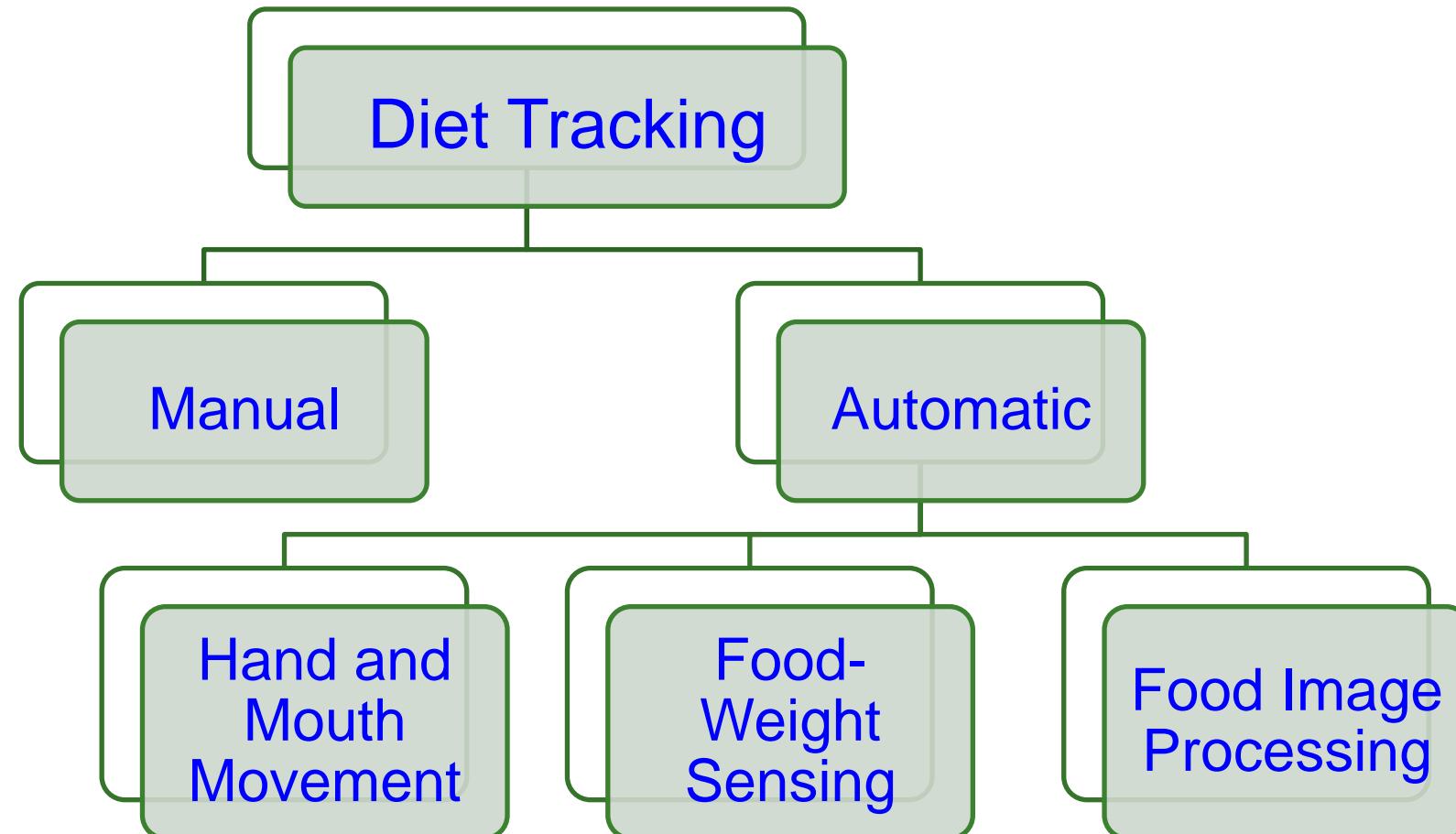
Source: A. Mitra, S. Goel, **S. P. Mohanty**, E. Kougianos, and L. Rachakonda, "iLog 2.0: A Novel Method for Food Nutritional Value Automatic Quantification in Smart Healthcare", in *Proceedings of the IEEE International Symposium on Smart Electronic Systems (iSES)*, 2022, pp. Accepted.

# Automatic Diet Monitoring & Control - Our Vision



Source: L. Rachakonda, S. P. Mohanty, and E. Kougianos, "iLog: An Intelligent Device for Automatic Food Intake Monitoring and Stress Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 66, No. 2, May 2020, pp. 115--124.

# Diet Tracking Approaches

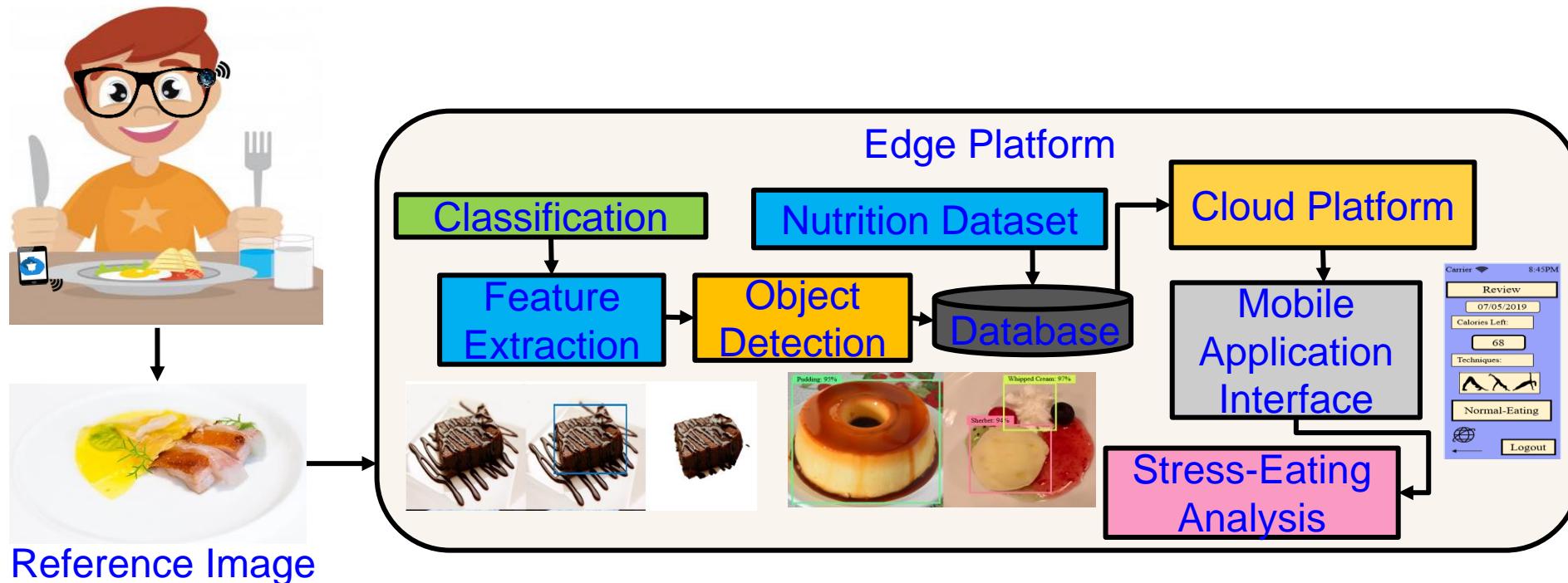


# Food Tracking Apps

Table 1. Overview of popular food tracking approaches and their capabilities.

App Name	Downloads	Reviews	Rating	Image	Food-Label in Image			Manual	Scanning	Speech	Database search	Calories	Nutrition
					Food-Label	In Image	Input Method						
MyFitnessPal	50 M	2 M	4.6				Auto	X	X			X	
FatSecret	10 M	268 k	4.5					X	X			X	X
My Diet Coach	10 M	144 k	4.4					X				X	
Lose it	10 M	77 k	4.4	X				X	X			X	
MyPlate	1 M	31 k	4.6					X	X			X	X
mynetdiary	1 M	31 k	4.5					X				X	X
Macros	500 k	3 k	4.5					X	X			X	
Cron-o-meter	100 k	1 k	4.2					X					
Eating Habit	100 k	549	4	X		X						X	
21 day Fix	100 k	470	3.7					X				X	
Bite Snap	50 k	2k	4.7	X								X	X
MealLogger	50 k	225	3.5	X				X				X	X
EatRight	10 k	220	4.5					X				X	
Keto Meal Plan	10 k	19	2.6								X		
YouAte	10 k			X									
KudoLife	1 k	11	3.4								X	X	X
Calorific	19		3.2								X		
Ate				X				?				?	?
Foodlog				X	X			X				X	

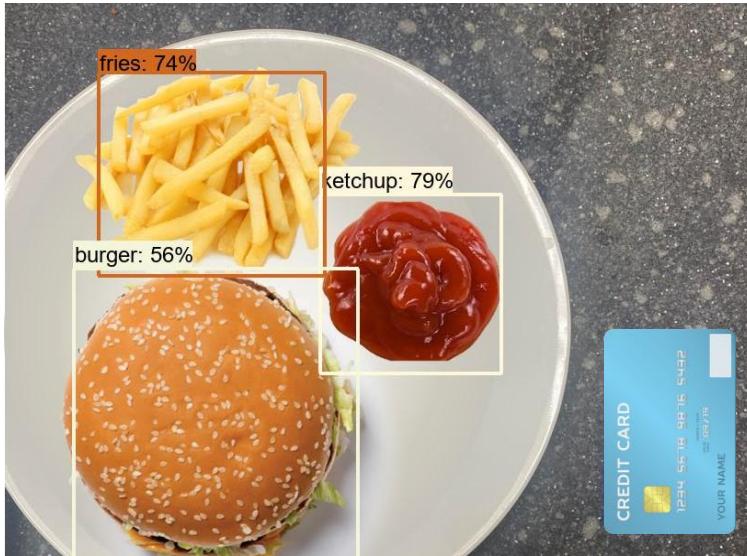
# Smart Healthcare – Diet Monitoring - iLog



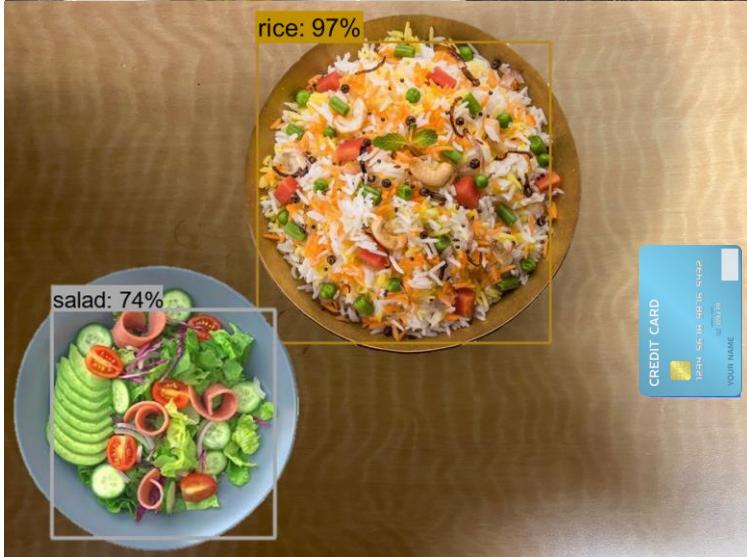
iLog- Fully Automated Detection System with 98% accuracy.

Source: L. Rachakonda, S. P. Mohanty, and E. Kougianos, "iLog: An Intelligent Device for Automatic Food Intake Monitoring and Stress Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 66, No. 2, May 2020, pp. 115--124.

# Smart Healthcare - Diet Monitoring - iLog 2.0



Food Item	Saturated Fat (g)	Sugar (g)	Sodium (mg)	Protein (g)	Carbohydrates (g)
Fries	6.44	1.56	244	4.03	34.84
Burger	6.87	4.67	481	17.29	48.14
Ketchup	0	3.2	136	0.2	4.13
Total	13.31	9.43	861	21.52	87.11

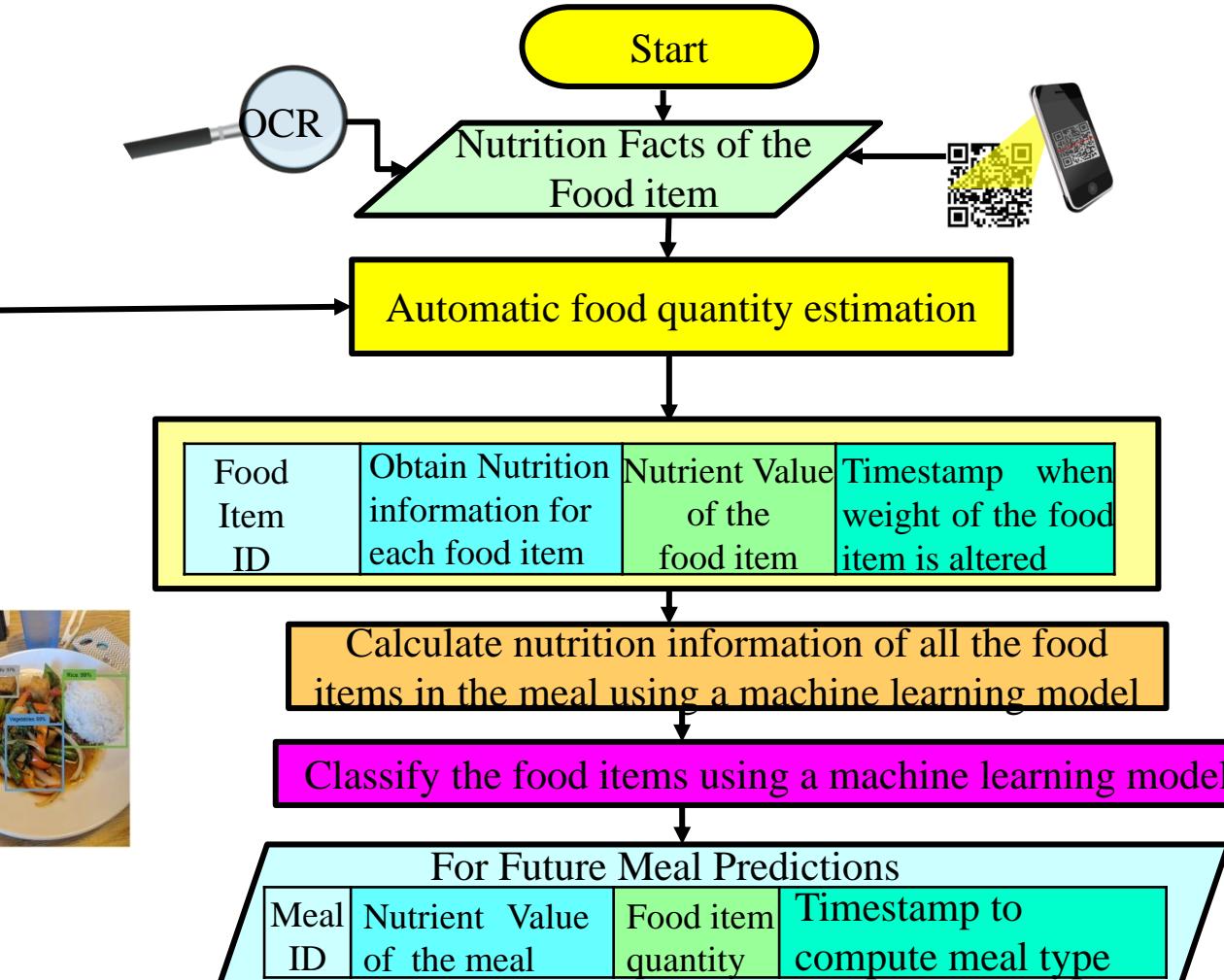


Food Item	Saturated Fat (g)	Sugar (g)	Sodium (mg)	Protein (g)	Carbohydrates (g)
Rice	0.3	0.3	6	12.9	135
Salad	0.8	3.9	264	1.1	7
Total	1.1	4.2	270	14	142

Source: A. Mitra, S. Goel, **S. P. Mohanty**, E. Kougianos, and L. Rachakonda, "iLog 2.0: A Novel Method for Food Nutritional Value Automatic Quantification in Smart Healthcare", in *Proceedings of the IEEE International Symposium on Smart Electronic Systems (iSES)*, 2022, pp. Accepted.

# Smart Healthcare – Diet Prediction – Smart-Log

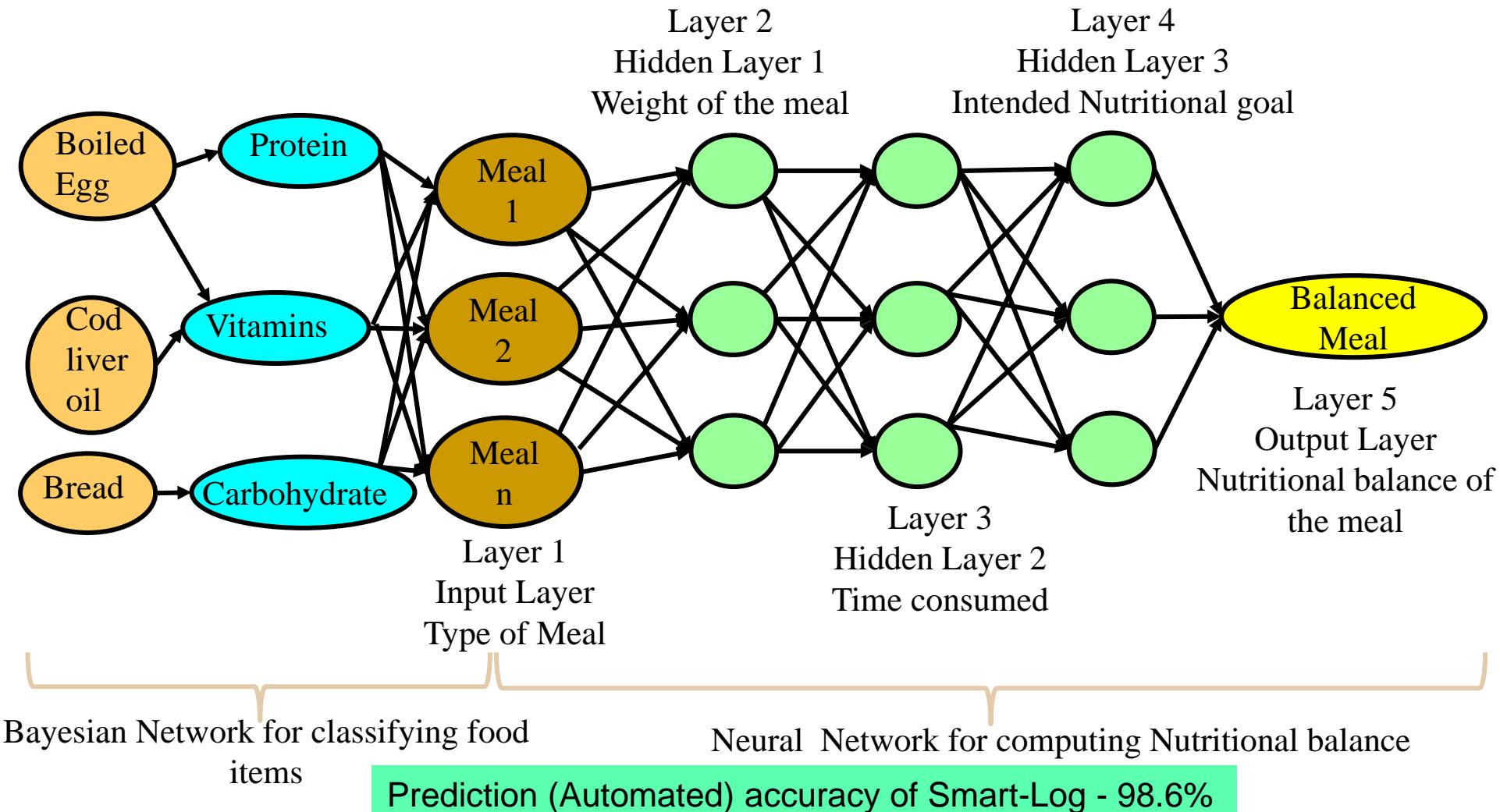
Computer Vision  
Methods using Machine  
Learning Models



Smart-Log Prediction Accuracy - 98.6%

Source: P. Sundaravadivel, K. Kesavan, L. Kesavan, **S. P. Mohanty**, and E. Kougianos, "Smart-Log: A Deep-Learning based Automated Nutrition Monitoring System in the IoT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol 64, Issue 3, Aug 2018, pp. 390-398.

# Smart Healthcare – Diet Prediction



Source: P. Sundaravadivel, K. Kesavan, L. Kesavan, S. P. Mohanty, and E. Koulianou, "Smart-Log: A Deep-Learning based Automated Nutrition Monitoring System in the IoT", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 64, Issue 3, August 2018, pp. 390--398.

# Epileptic Seizure Has Global Impact

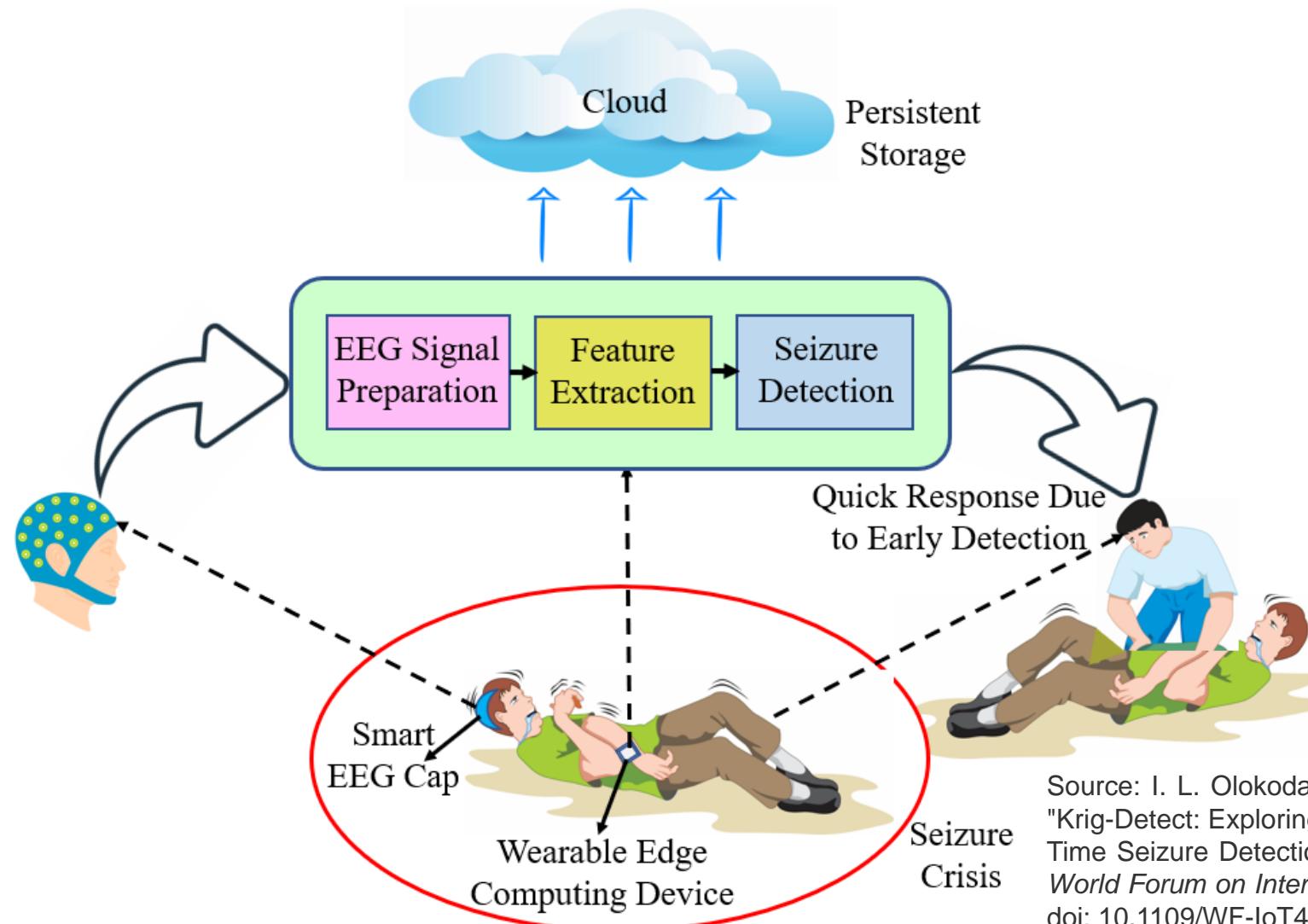


A seizure is an abnormal activity in the nervous system which causes its sufferers to lose consciousness and control.

- Up to 1% of the world's population suffers from epilepsy.
- Epilepsy is the fourth most common neurological disease after migraine, stroke, and Alzheimer's.
- Individuals can suffer a seizure at any time with potentially disastrous outcomes including a fatal complication called "Sudden Unexpected Death in Epilepsy" (SUDEP).

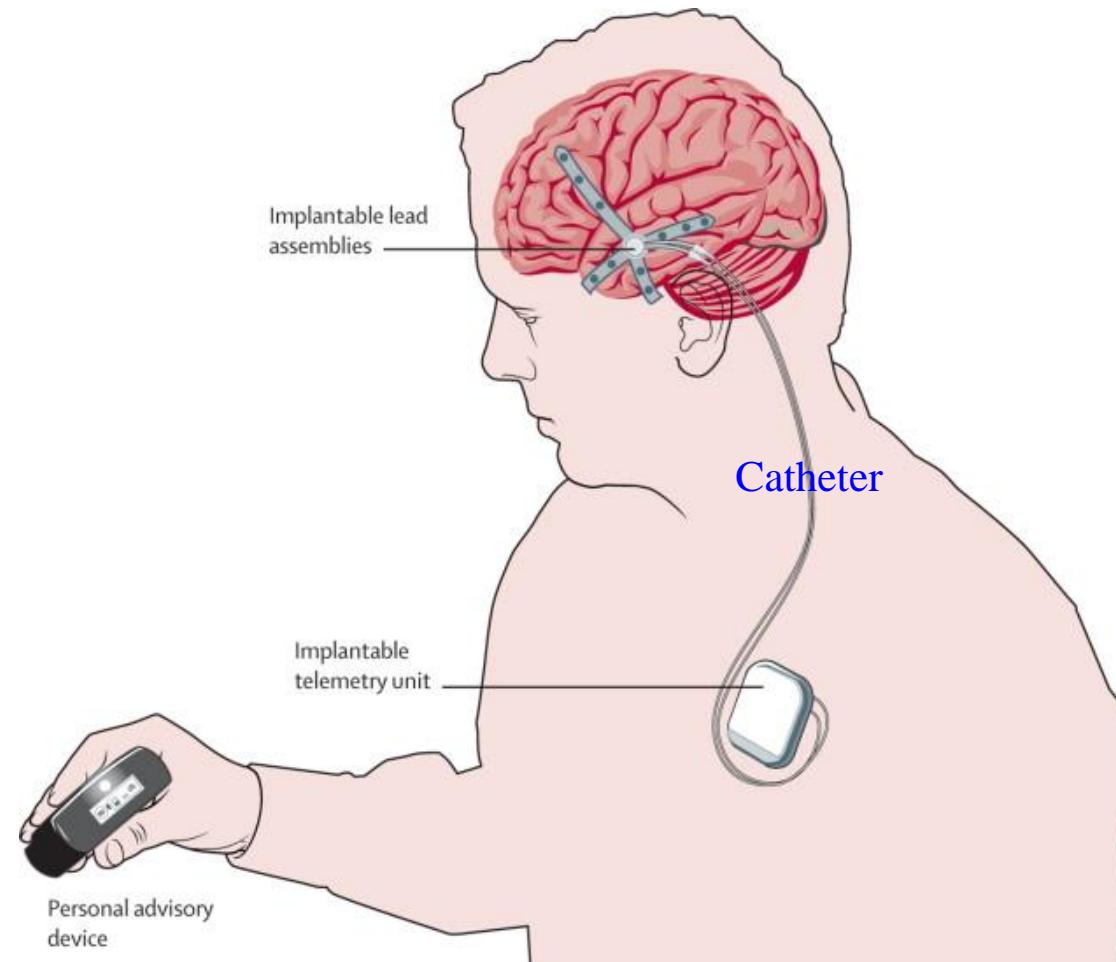
Source: <https://www.epilepsy.com/learn/about-epilepsy-basics/epilepsy-statistics>

# Epileptic Seizure - Our Vision



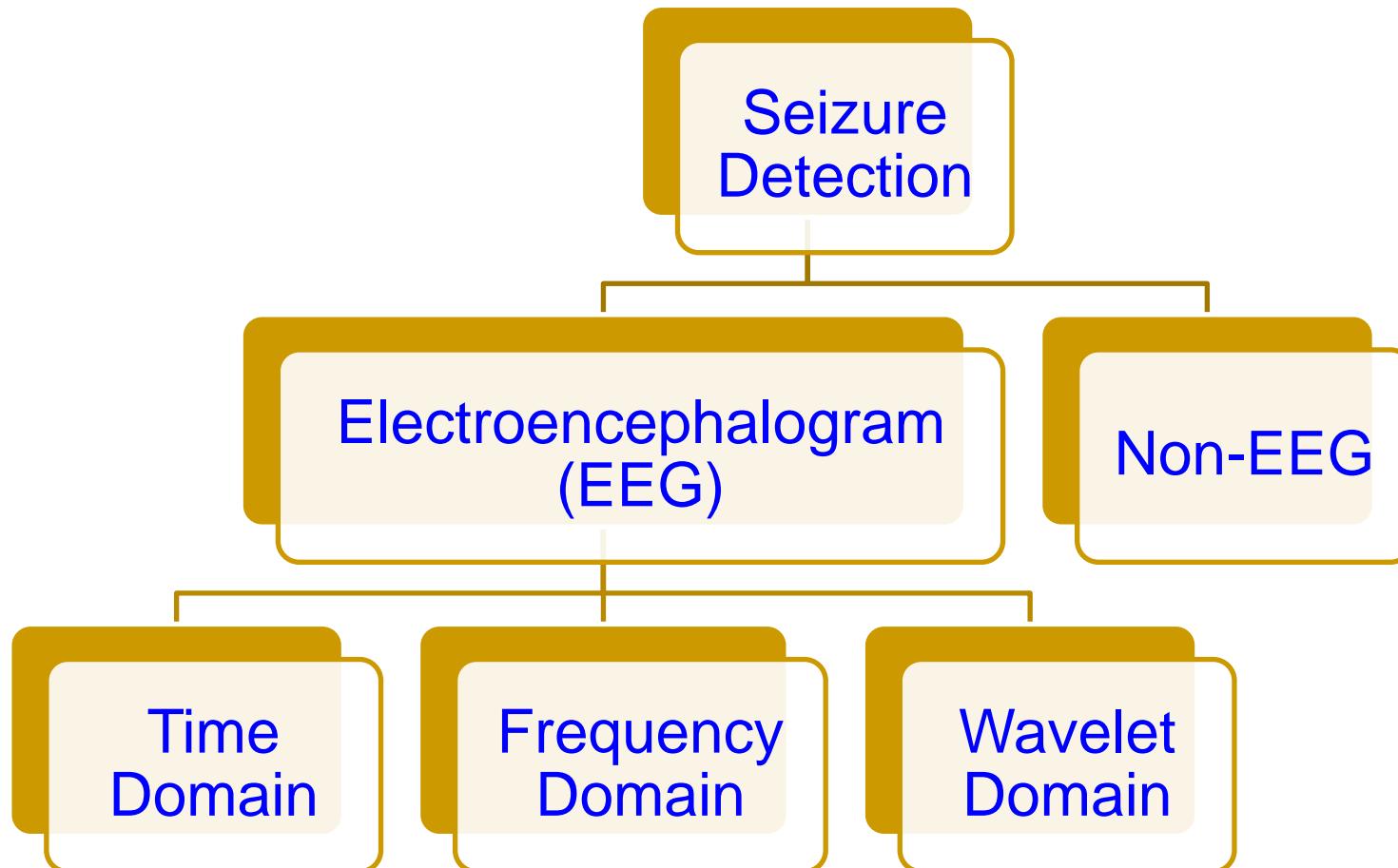
Source: I. L. Olokodana, S. P. Mohanty and E. Kougiannos, "Krig-Detect: Exploring Alternative Kriging Methods for Real-Time Seizure Detection from EEG Signals," *2020 IEEE 6th World Forum on Internet of Things (WF-IoT)*, 2020, pp. 1-6, doi: 10.1109/WF-IoT48130.2020.9221260.

# Implantable for Seizure Detection and Control



Source: <https://www.kurzweilai.net/brain-implant-gives-early-warning-of-epileptic-seizure>

# Seizure Detection Methods



# Consumer Electronics for Seizure Detection



Source: <https://spectrum.ieee.org/the-human-os/biomedical/diagnostics/this-seizuredetecting-smartwatch-could-save-your-life>

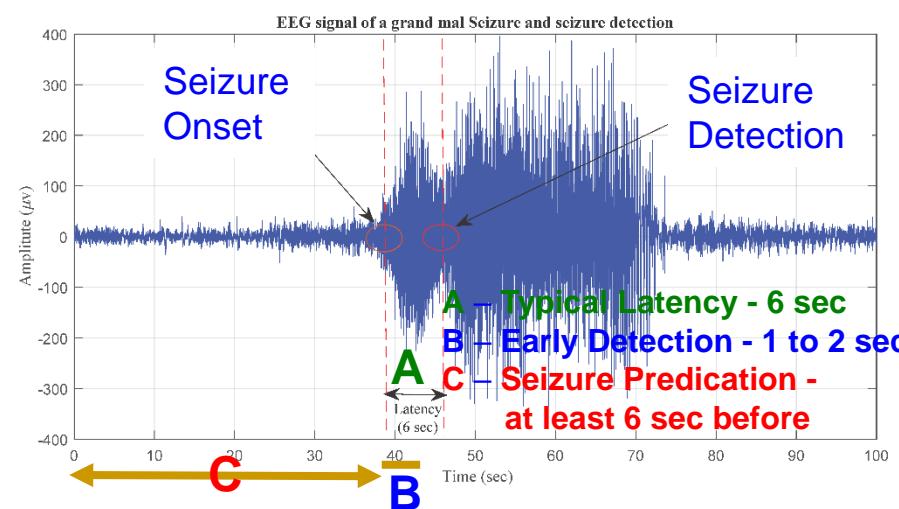
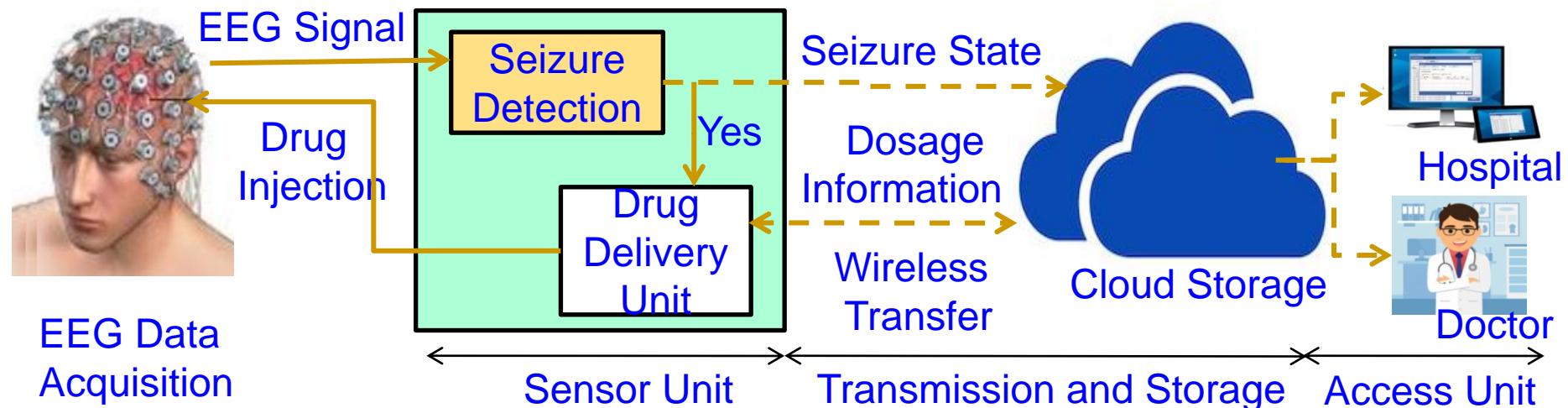
- Embrace2: Smart-band which uses machine learning to detect convulsive Seizures and notifies caregivers.



Source: <https://www.empatica.com/embrace2/>

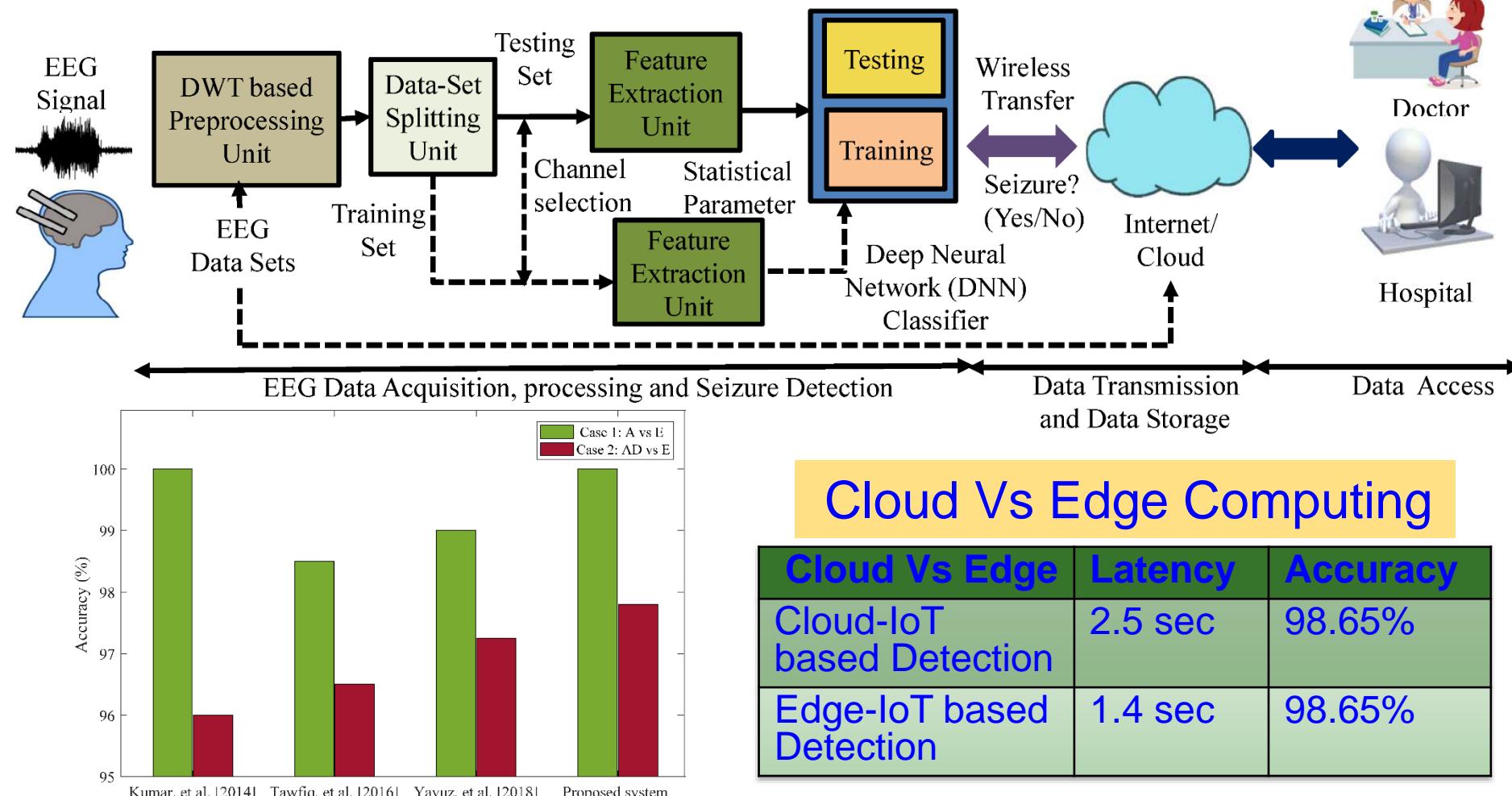
- Medical grade smart watch: It detects generalized clonic-tonic Seizures and notifies physicians.

# Smart Healthcare - Seizure Detection & Control



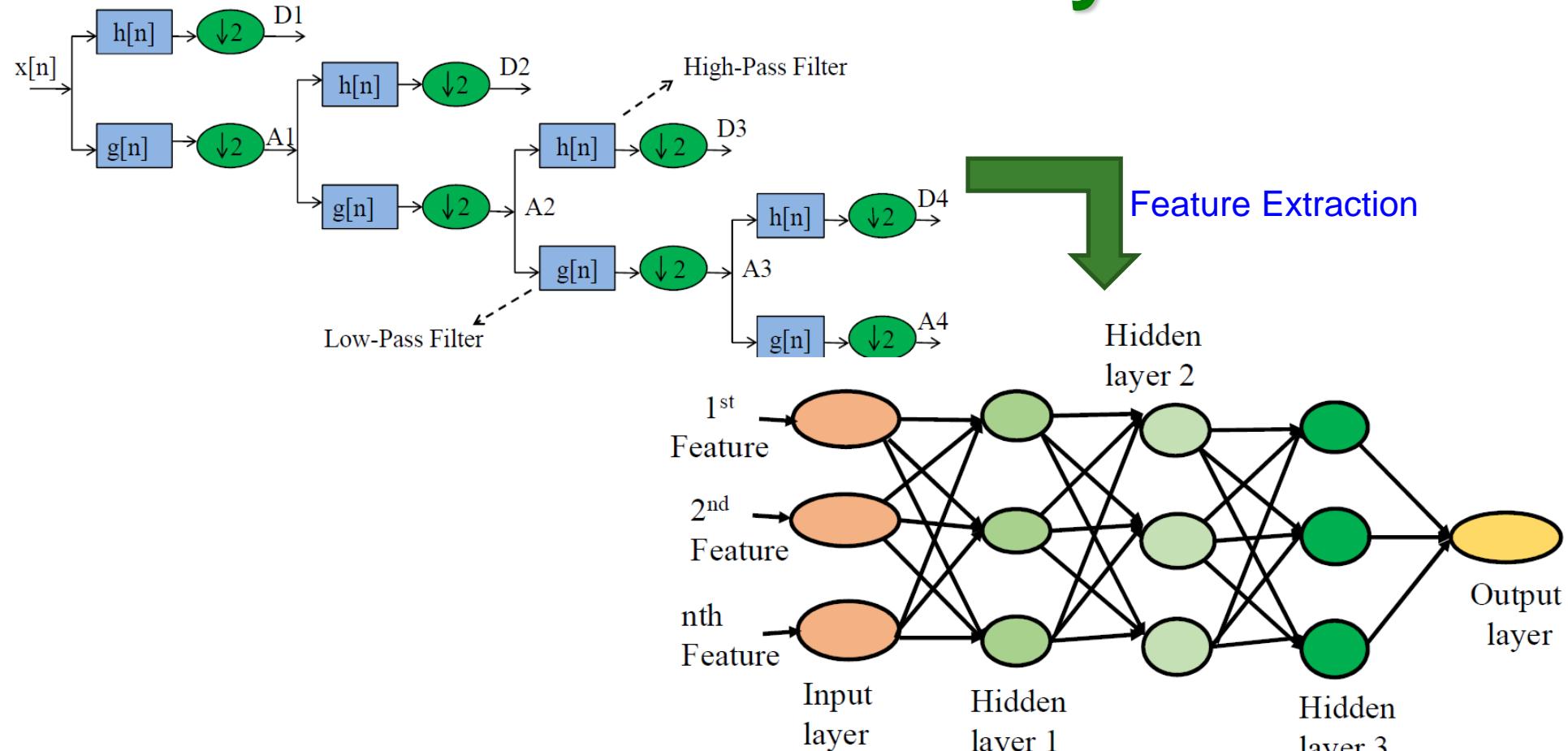
Source: M. A. Sayeed, S. P. Mohanty, E. Kougianos, and H. Zaveri, "eSeiz: An Edge-Device for Accurate Seizure Detection for Smart Healthcare", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 379--387.

# Seizure Detection Approaches



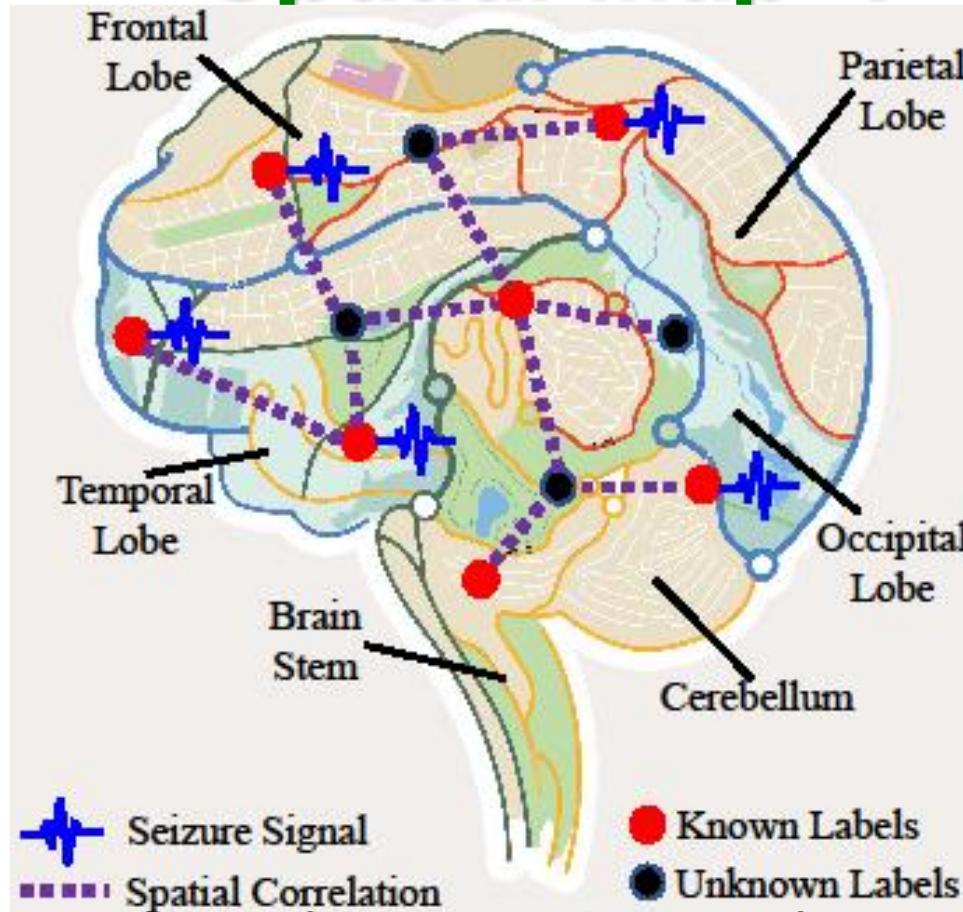
Source: M. A. Sayeed, S. P. Mohanty, E. Koulianios, and H. Zaveri, "Neuro-Detect: A Machine Learning Based Fast and Accurate Seizure Detection System in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol 65, No 3, Aug 2019, pp. 359-368.

# Our Neuro-Detect : A ML Based Seizure Detection System

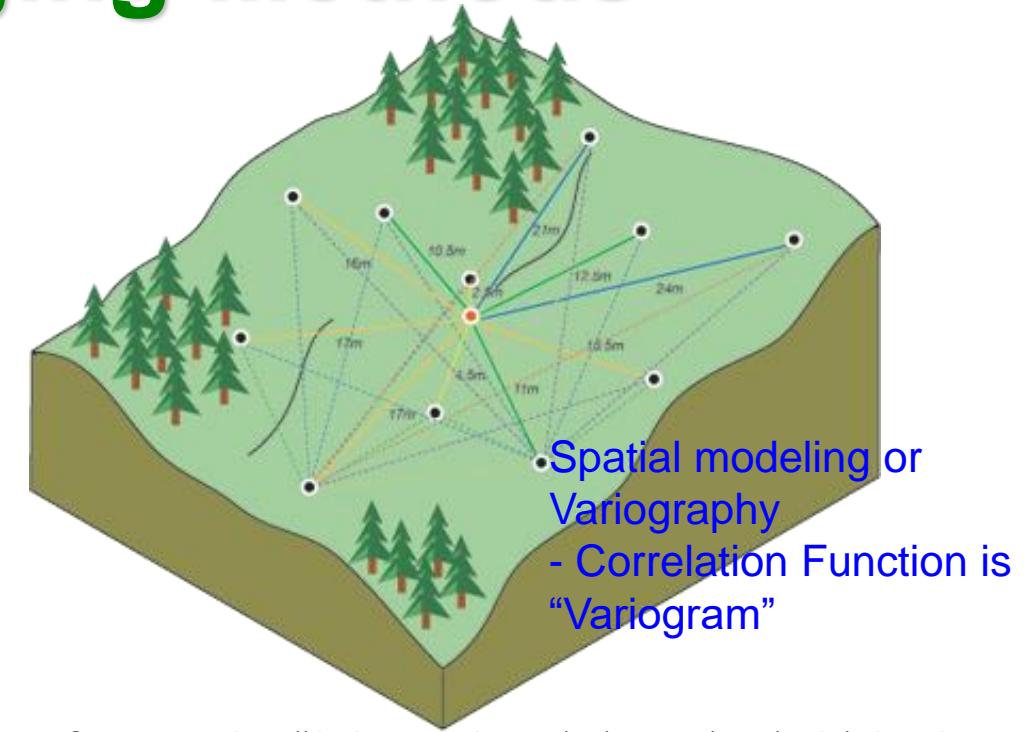


Source: M. A. Sayeed, S. P. Mohanty, E. Kougianos, and H. Zaveri , "Neuro-Detect: A Machine Learning Based Fast and Accurate Seizure Detection System in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol 65, Issue 3, Aug 2019, pp. 359-368.

# Smart Healthcare – Brain as a Spatial Map → Kriging Methods



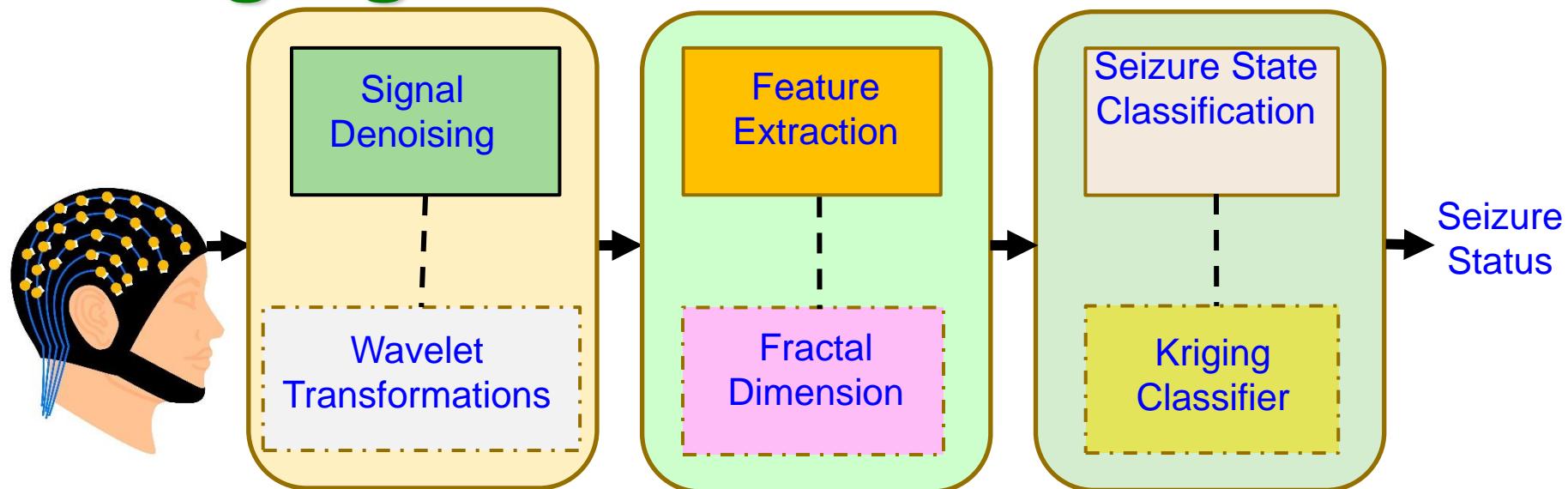
Source: I. L. Olokodana, S. P. Mohanty, and E. Kougiannos, "Ordinary-Kriging Based Real-Time Seizure Detection in an Edge Computing Paradigm", in *Proceedings of the 38th IEEE International Conference on Consumer Electronics (ICCE)*, 2020.



Source: <http://desktop.arcgis.com/en/arcmap/10.3/tools/3d-analyst-toolbox/how-kriging-works.htm>

Spatial autocorrelation principle - things that are closer are more alike than things farther

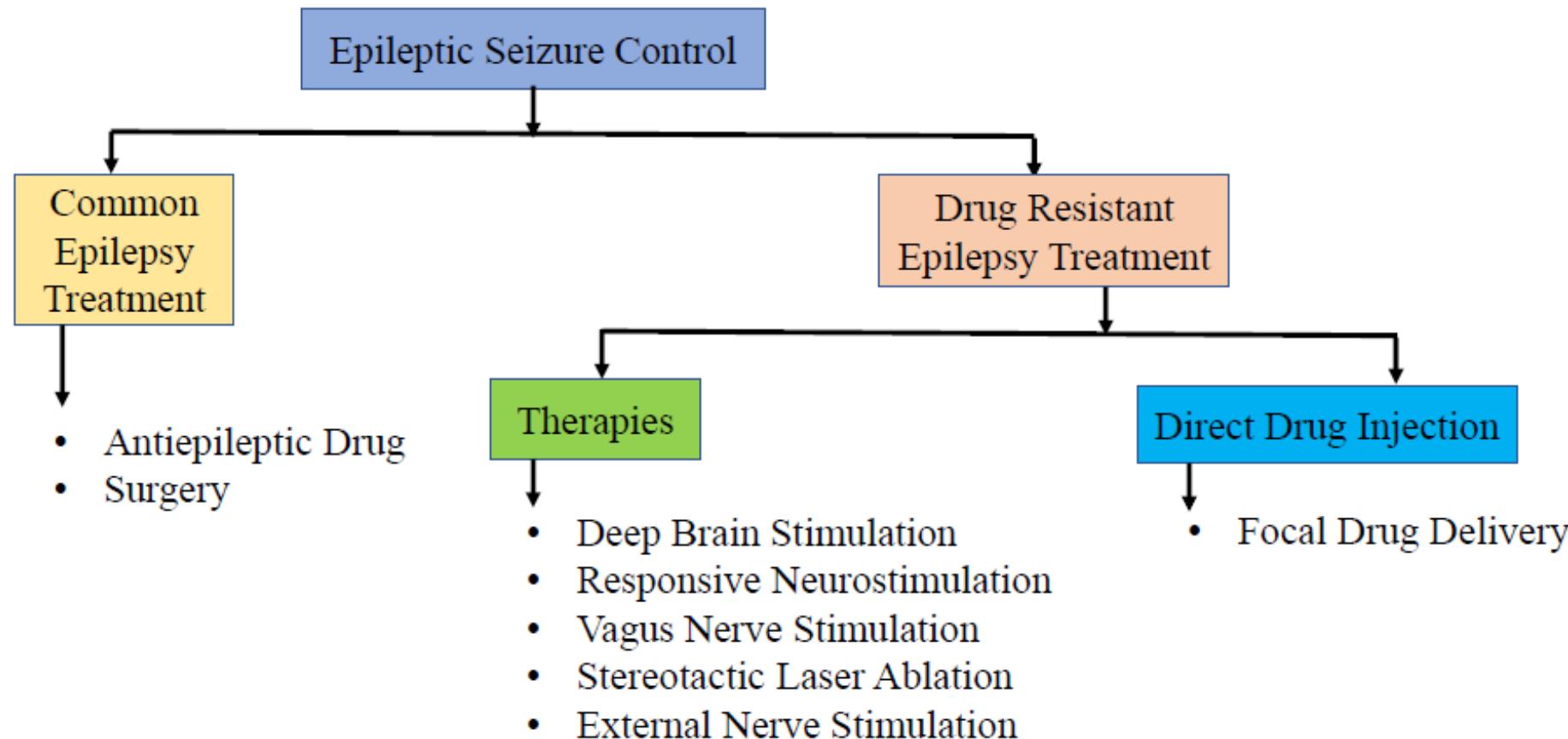
# Kriging based Seizure Detection



Works	Extracted Features	Classification Algorithm	Sensitivity	Latency
Zandi, et al. 2012 [23]	Regularity, energy & combined seizure indices	Cumulative Sum thresholding	91.00%	9 sec.
Altaf, et al. 2015 [24]	Digital hysteresis	Support Vector Machine	95.70%	1 sec
Vidyaratne, et al. 2017 [25]	Fractal dimension, spatial/temporal features	Relevance Vector Machine (RVM)	96.00%	1.89 sec
Our Proposed	Petrosian fractal dimension	Kriging Classifier	100.0%	0.85 s

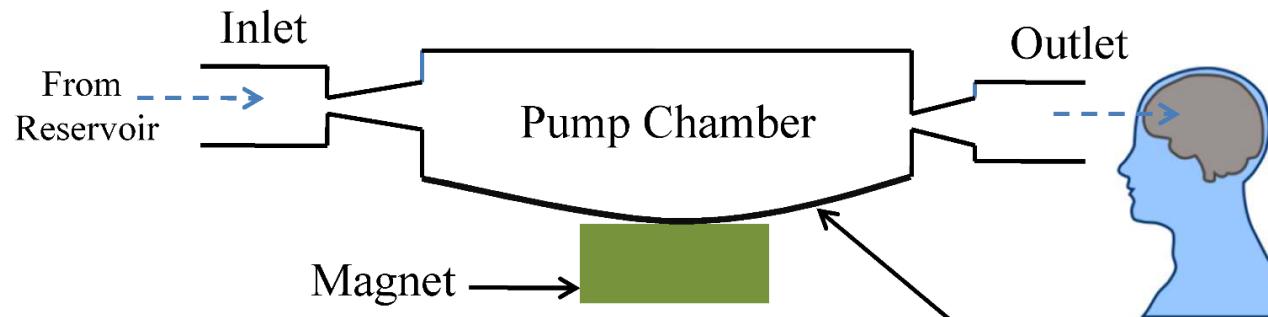
Source: I. L. Olokodana, S. P. Mohanty, and E. Koulianou, "Ordinary-Kriging Based Real-Time Seizure Detection in an Edge Computing Paradigm", in *Proceedings of the 38th IEEE International Conference on Consumer Electronics (ICCE)*, 2020.

# Seizure Control Methods



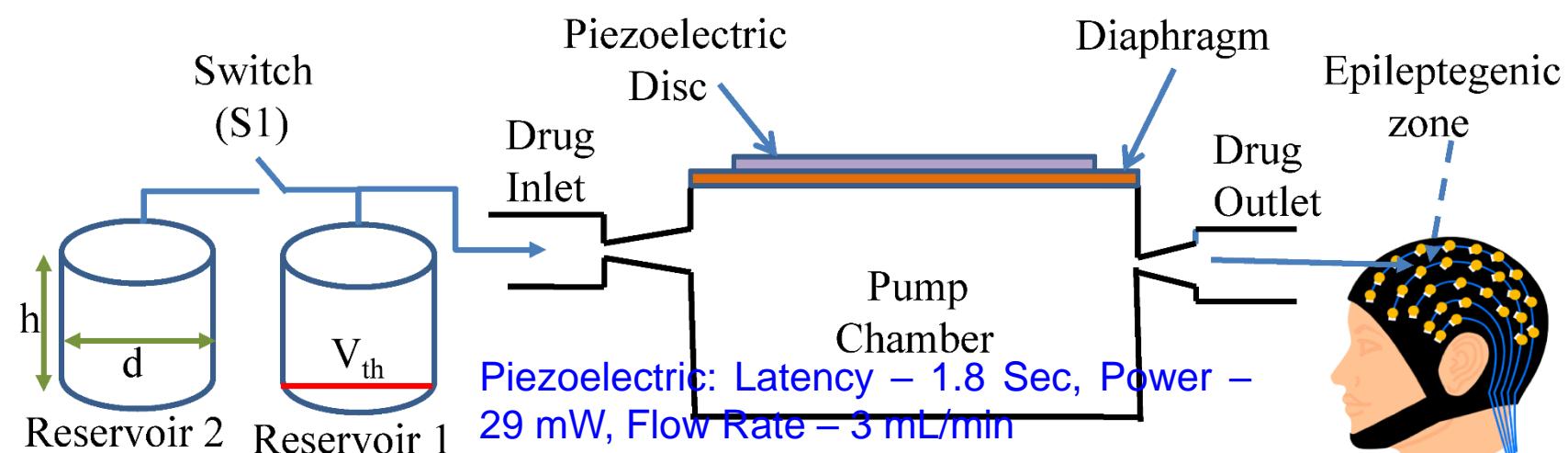
Source: M. A. Sayeed, S. P. Mohanty, E. Kougianos, and H. Zaveri, "iDDS: An Edge-Device in IoMT for Automatic Seizure Control using On-Time Drug Delivery", in *Proceedings of the 38th IEEE International Conference on Consumer Electronics (ICCE)*, 2020.

# Seizure Control Methods



Electromagnetic: Latency – 1.8 Sec, Power – 12.81 mW, Flow Rate – 0.34 mL/min

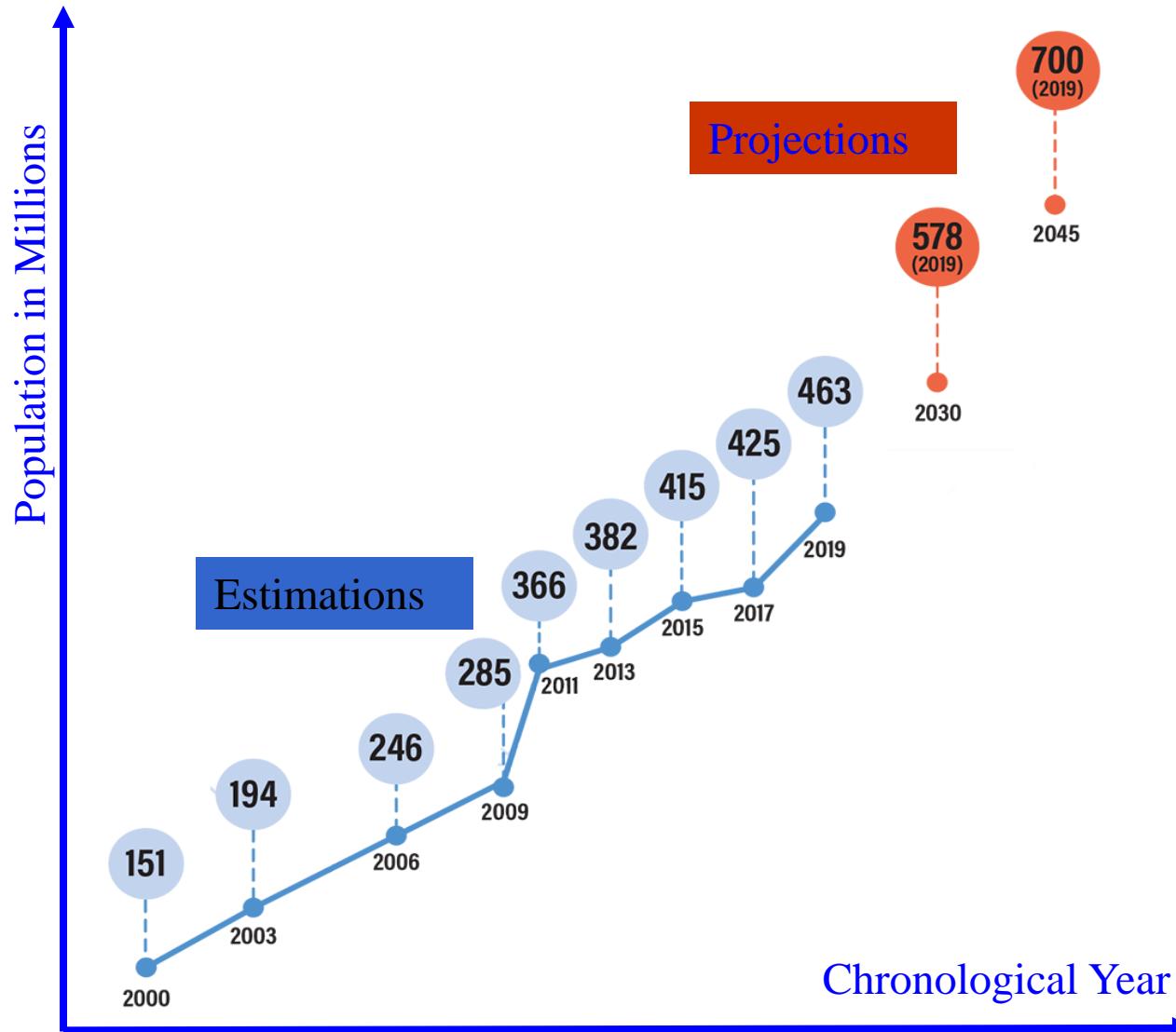
Source: M. A. Sayeed, S. P. Mohanty, E. Kougianos, and H. Zaveri, "An IoT-based Drug Delivery System for Refractory Epilepsy", in *Proceedings of the 37th IEEE International Conference on Consumer Electronics (ICCE)*, 2019.



Piezoelectric: Latency – 1.8 Sec, Power – 29 mW, Flow Rate – 3 mL/min

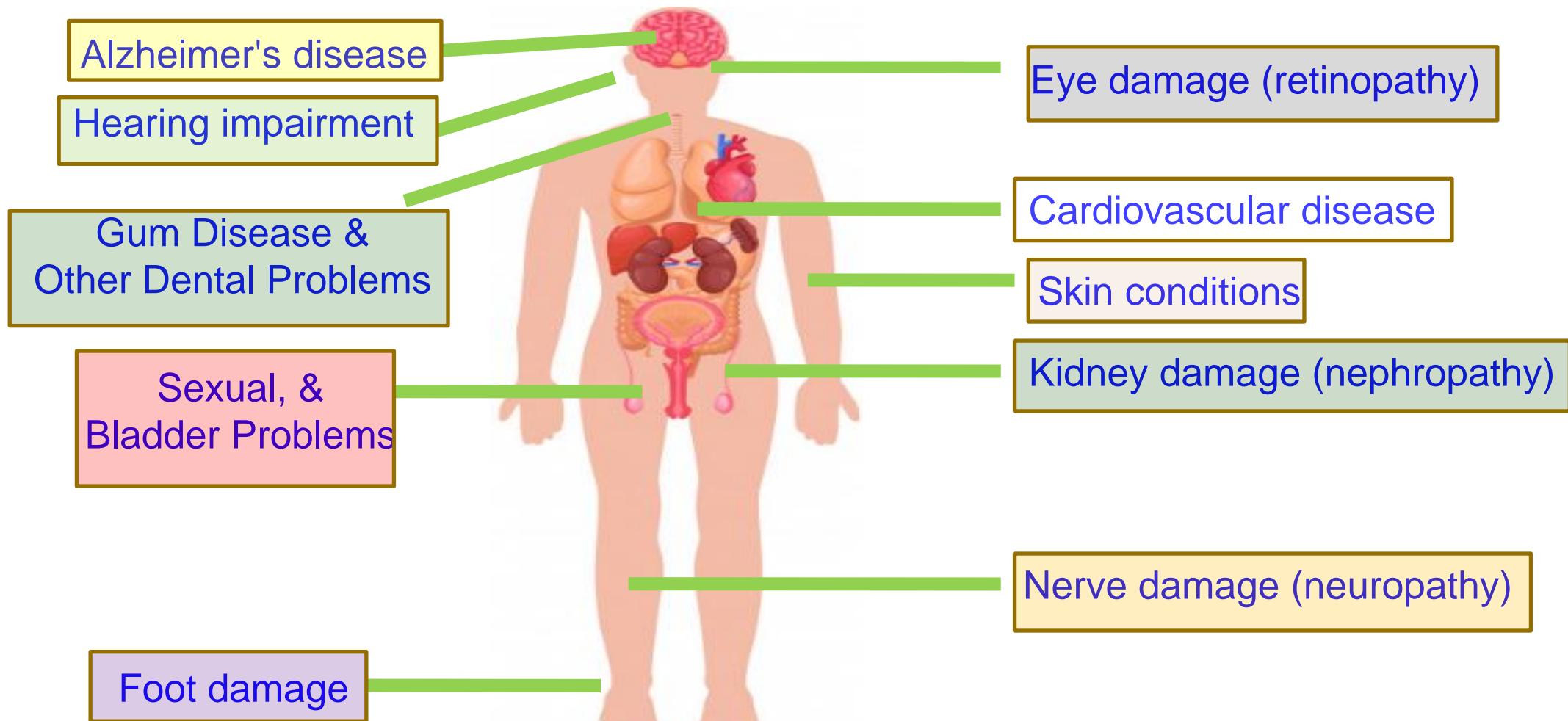
Source: M. A. Sayeed, S. P. Mohanty, E. Kougianos, and H. Zaveri, "iDDS: An Edge-Device in IoMT for Automatic Seizure Control using On-Time Drug Delivery", in *Proceedings of the 38th IEEE International Conference on Consumer Electronics (ICCE)*, 2020.

# Diabetes is a Global Crisis

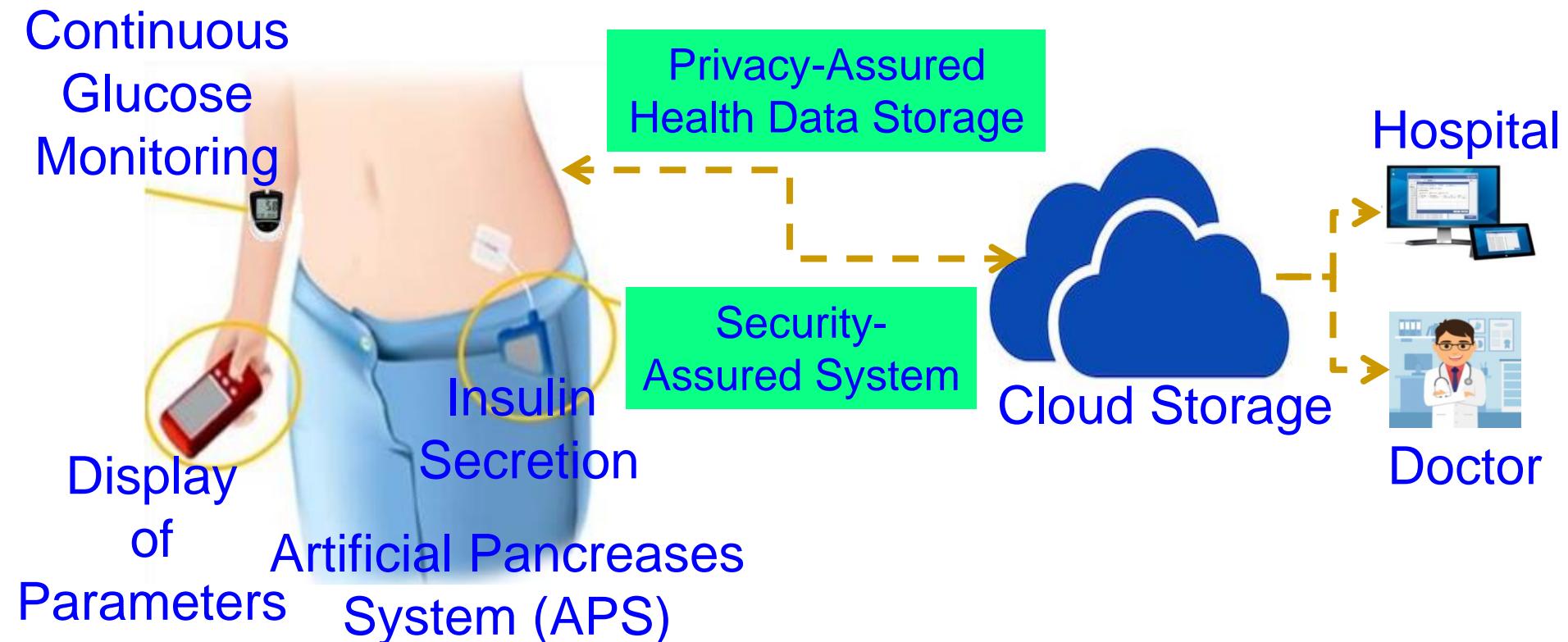


Source: A. M. Joshi, P. Jain and S. P. Mohanty, "Everything You Wanted to Know About Continuous Glucose Monitoring," *IEEE Consumer Electronics Magazine*, doi: 10.1109/MCE.2021.3073498.

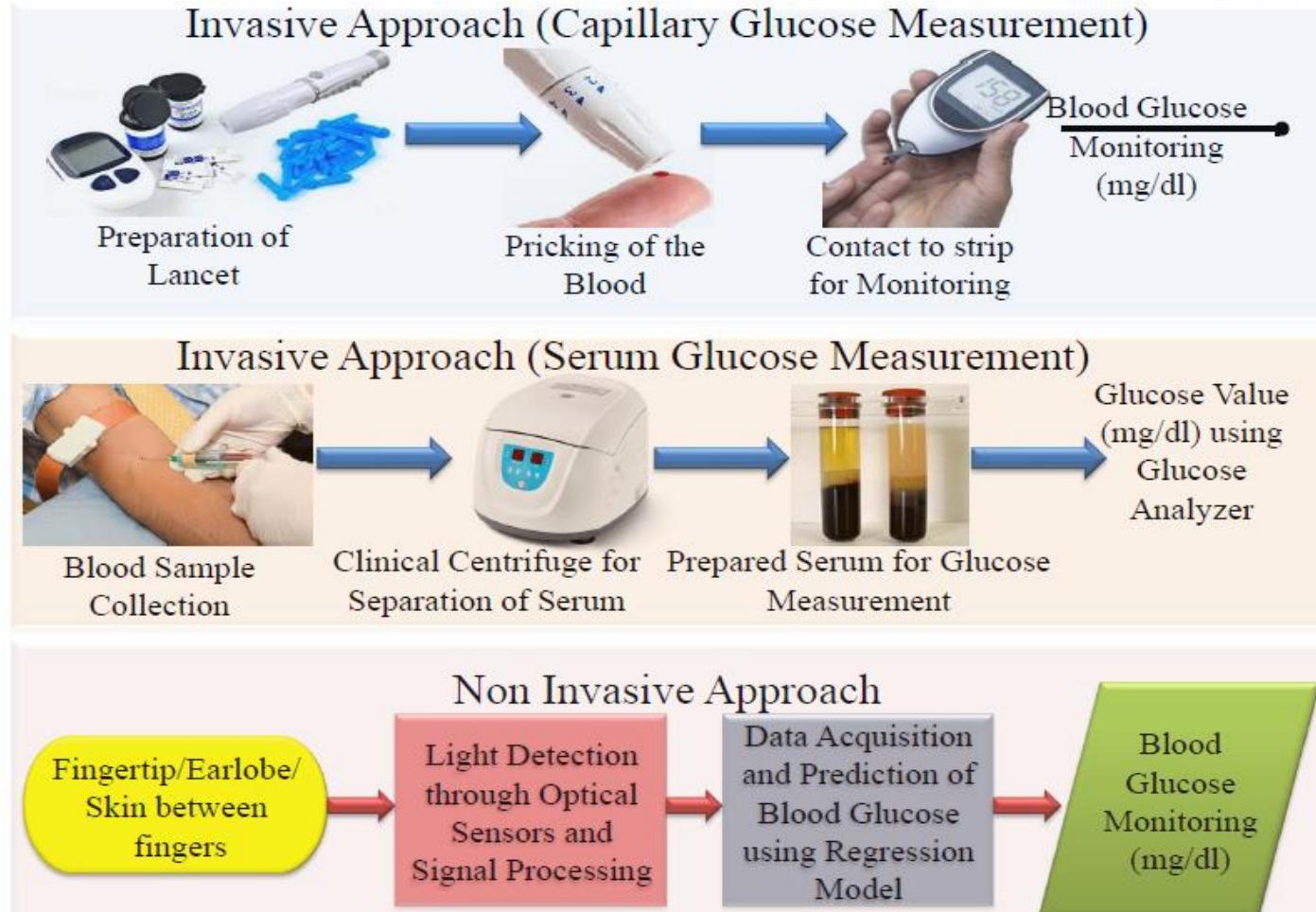
# Diabetes – Impact on Human Body



# Automatic Glucose Monitoring and Control - Our Vision - iGLU (Intelligent Noninvasive)



# Blood Glucose Monitoring – Invasive Vs Noninvasive



Source: P. Jain, A. M. Joshi, and S. P. Mohanty, "Everything You Wanted to Know About Noninvasive Glucose Measurement and Control", arXiv Physics, arXiv:2101.08996, January 2021, 51-pages.

Traditional – Finger Pricking



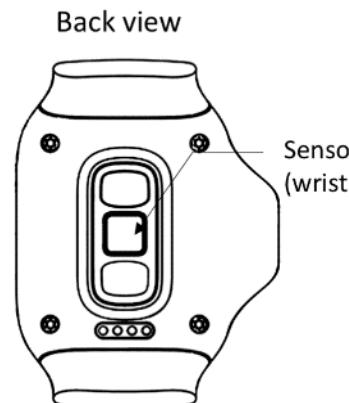
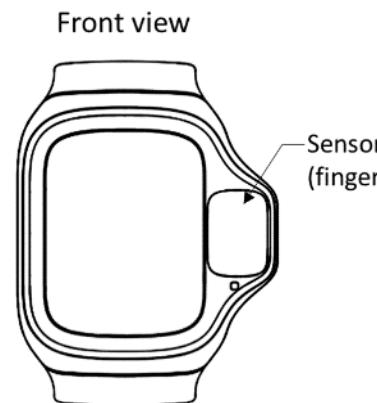
Invasive Approach – Processing Blood/Serum

Noninvasive – Wearable

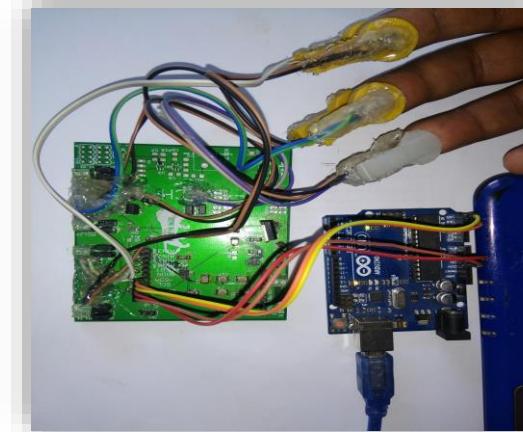


Noninvasive Approach – Processing Light

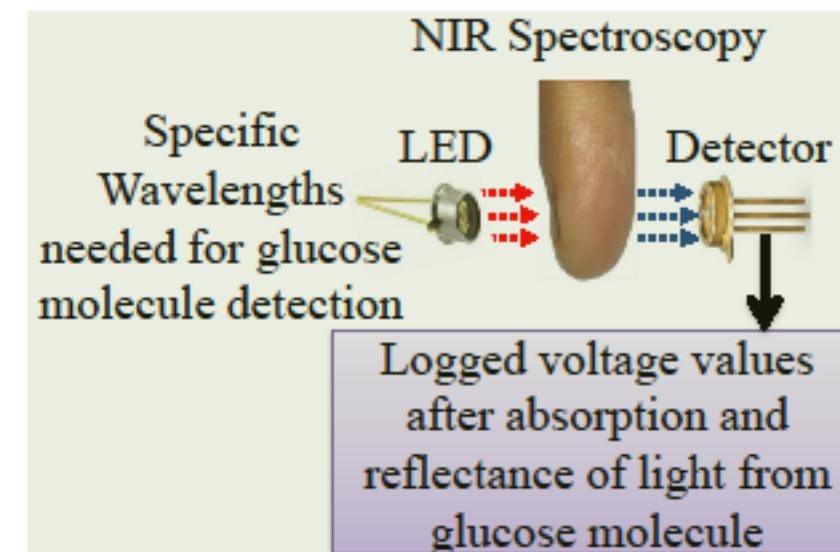
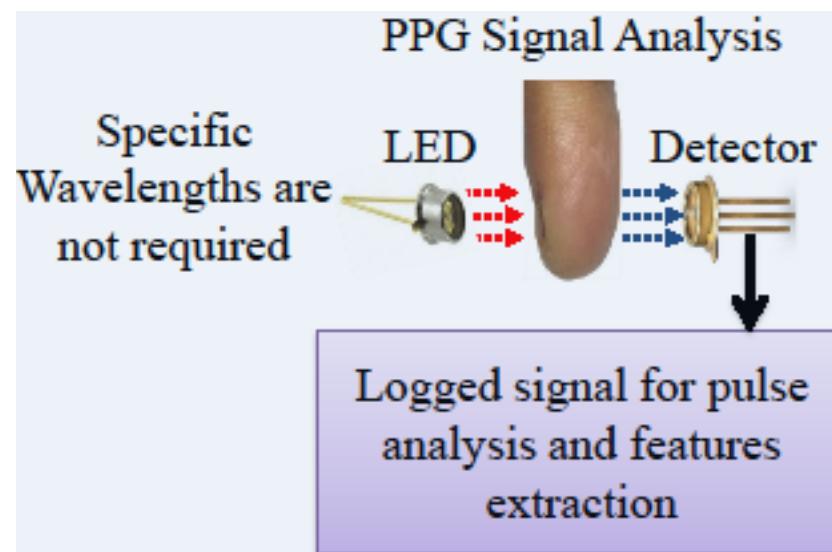
# Noninvasive Glucose-Level Monitoring



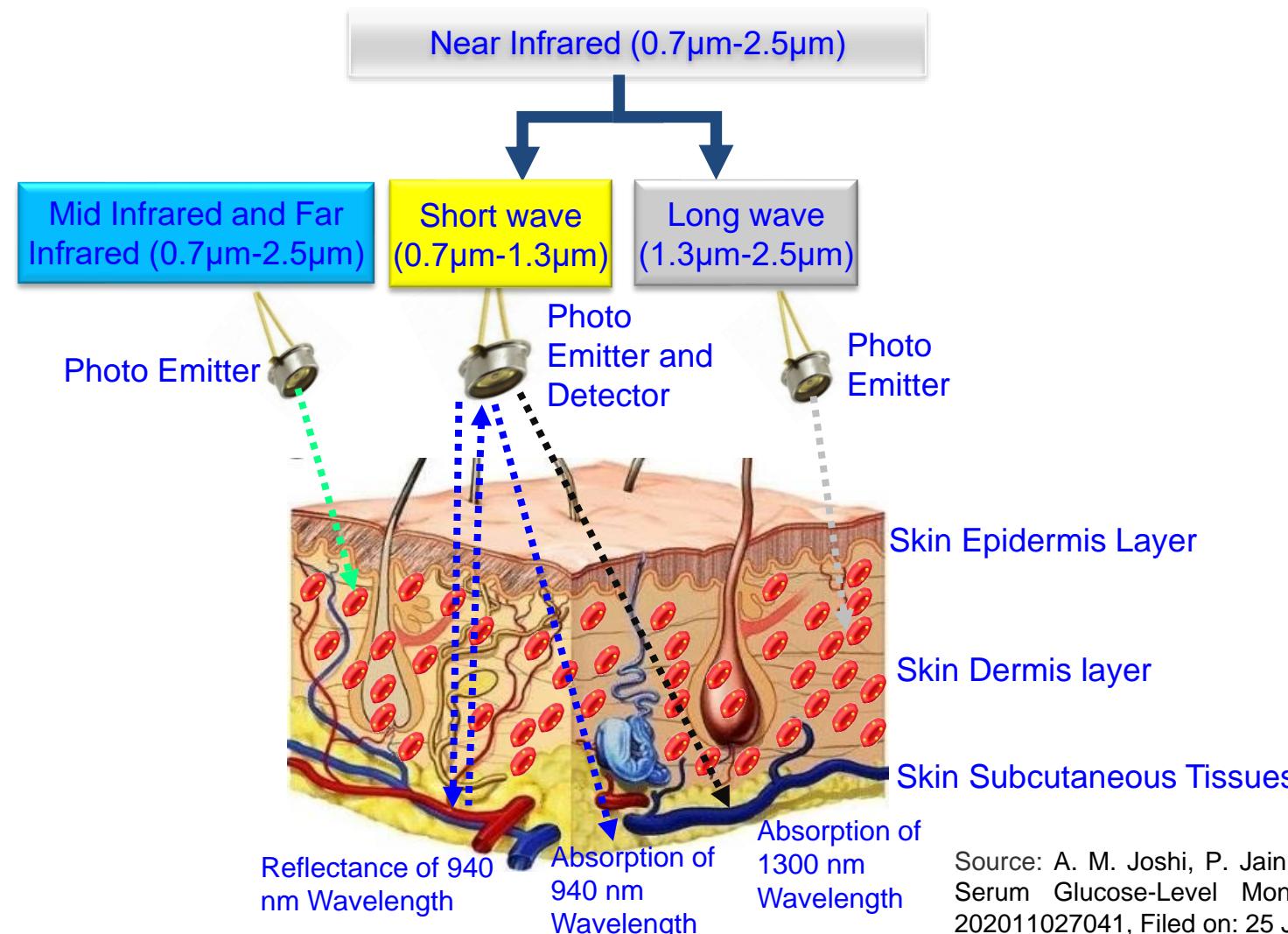
Photoplethysmogram (PPG)



Near Infrared (NIR)

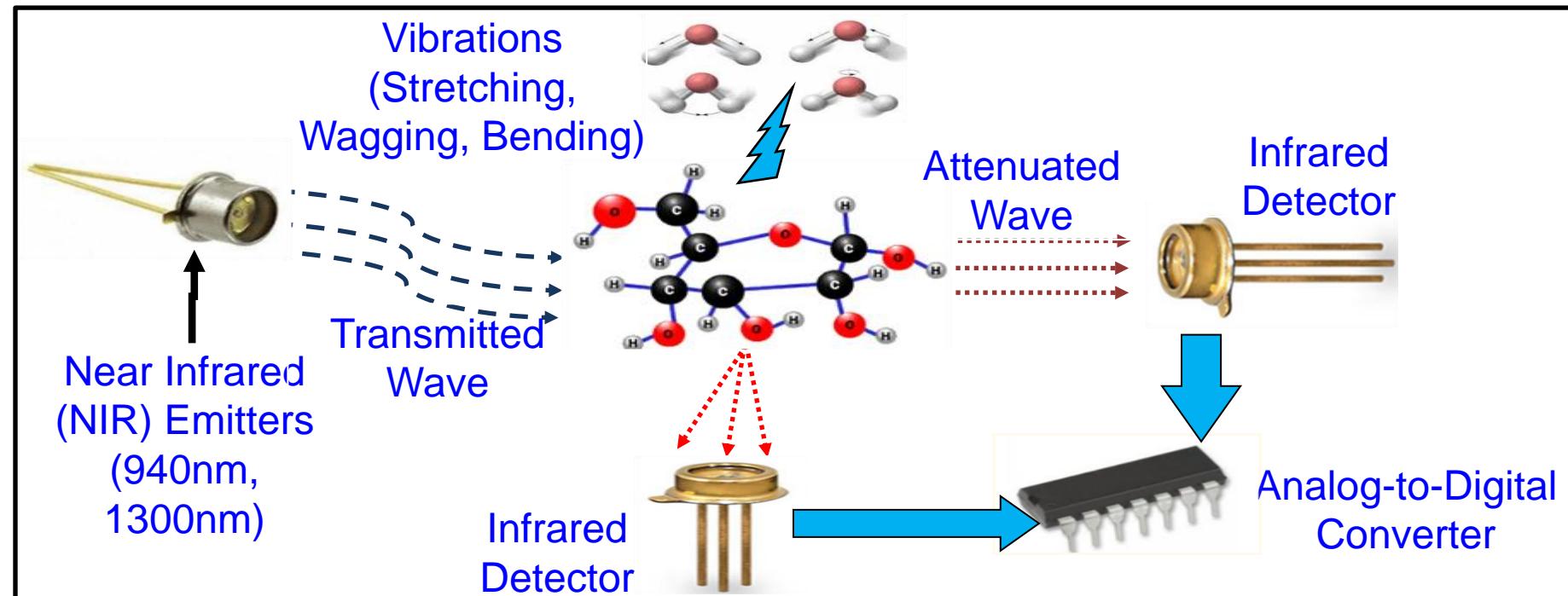


# Unique Near Infrared Spectroscopy for iGLU



Source: A. M. Joshi, P. Jain, and S. P. Mohanty, A Device For Non-Invasive Blood and Serum Glucose-Level Monitoring and Control, India Patent Application Number: 202011027041, Filed on: 25 June 2020.

# iGLU 1.0: Capillary Glucose



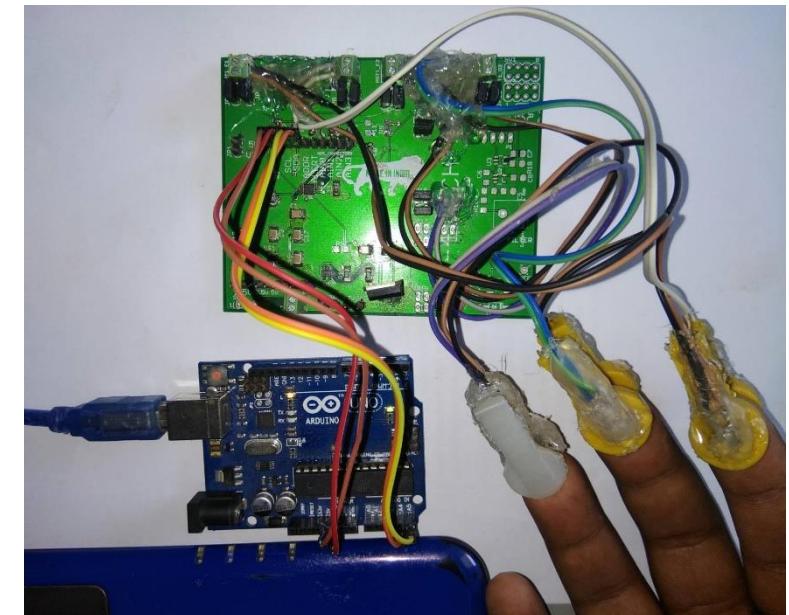
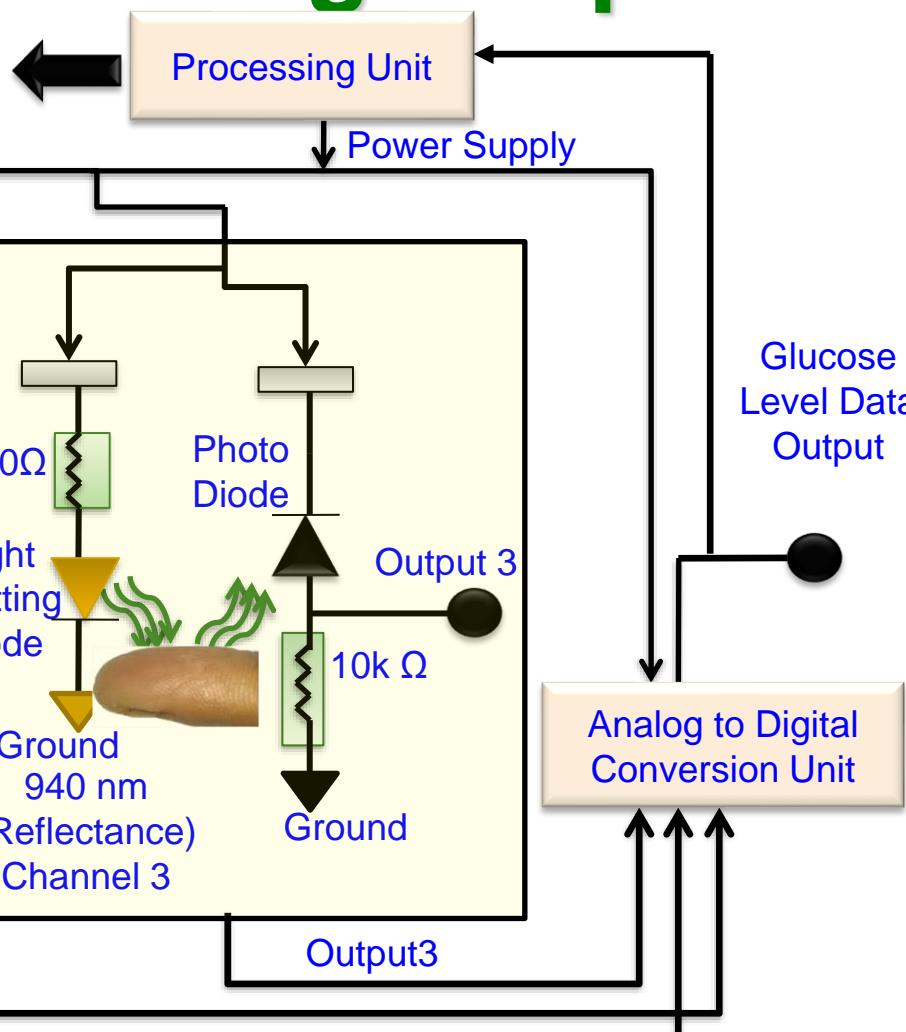
Clinically tested in an hospital.

Cost - US\$ 20  
Accuracy - 100%

Source: P. Jain, A. M. Joshi, and S. P. Mohanty, "iGLU: An Intelligent Device for Accurate Non-Invasive Blood Glucose-Level Monitoring in Smart Healthcare", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 9, No. 1, January 2020, pp. 35-42.

# iGLU – Design Implementation

Data logging for model training, validation and testing

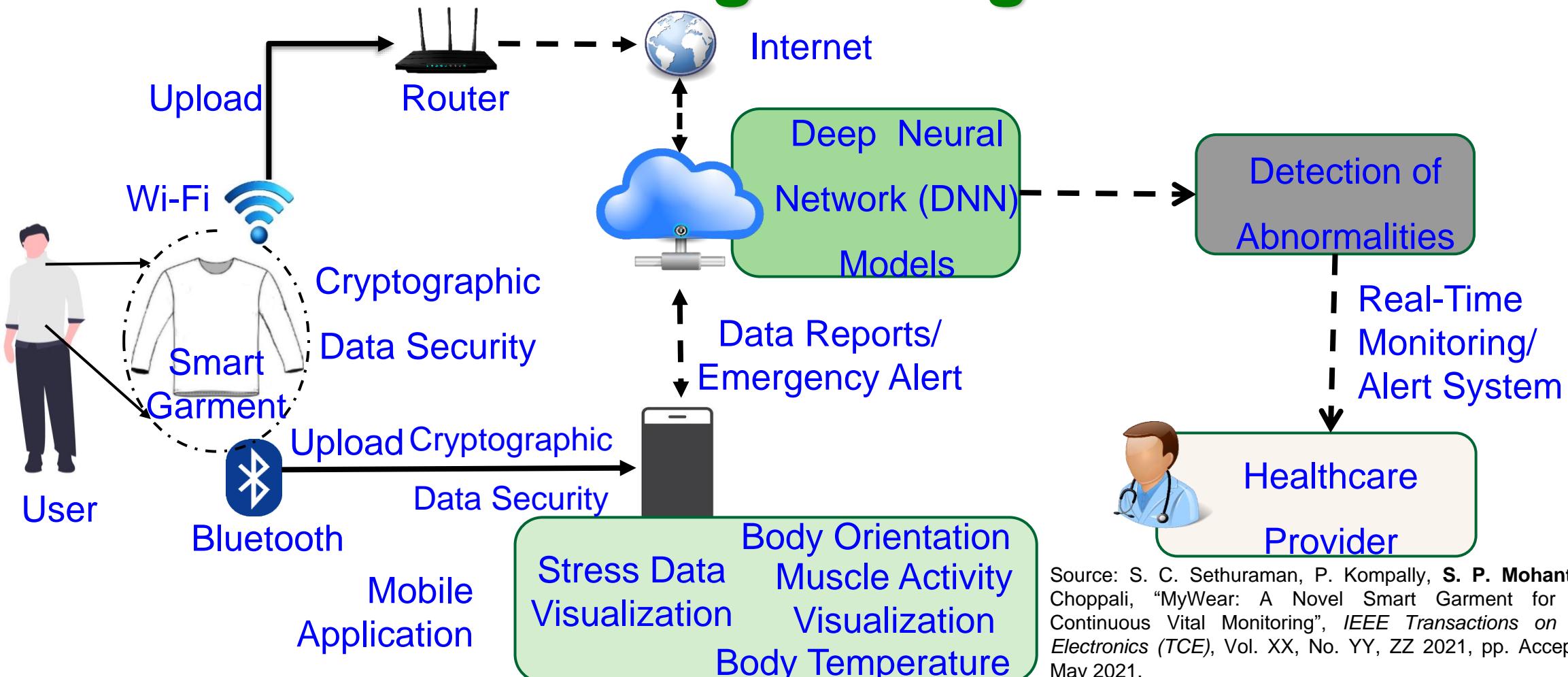


Clinically tested in an hospital.

Cost - US\$ 20  
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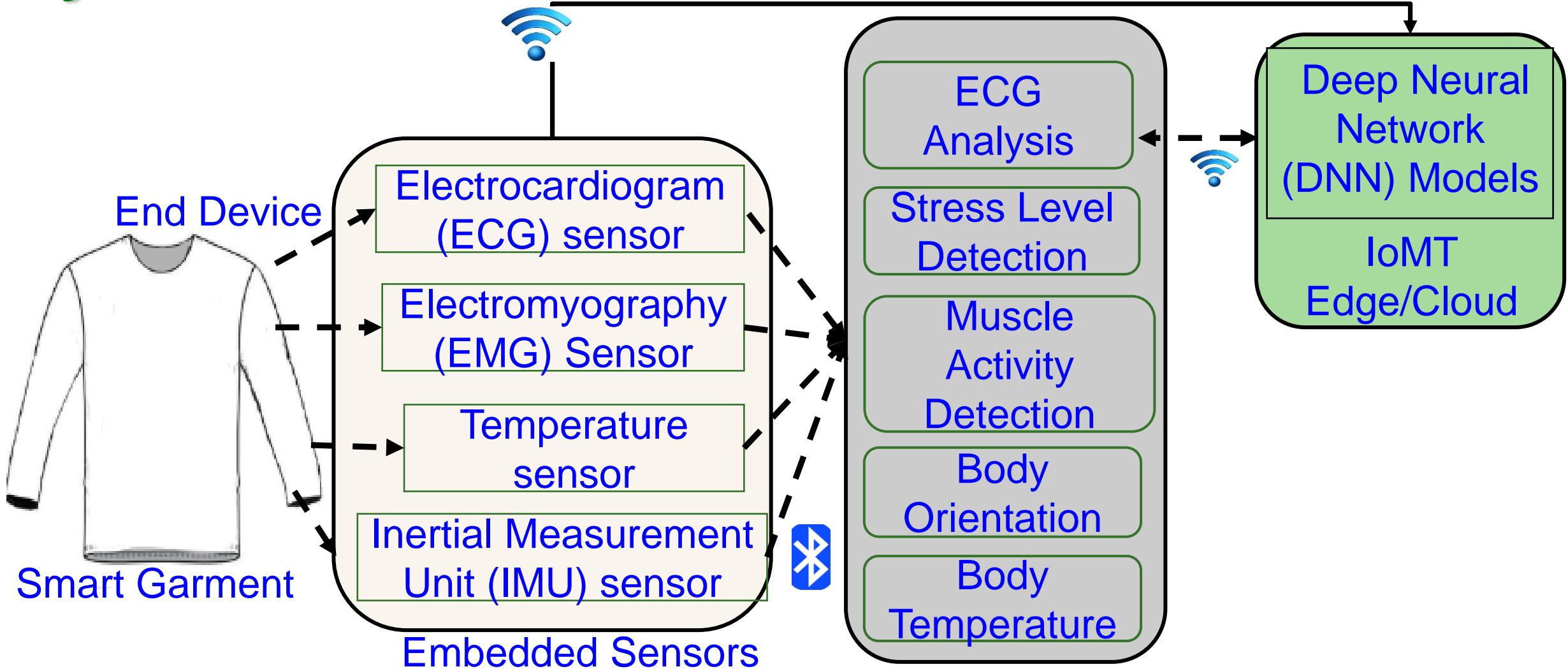
Source: A. M. Joshi, P. Jain, and S. P. Mohanty, A Device For Non-Invasive Blood and Serum Glucose-Level Monitoring and Control, India Patent Application Number: 202011027041, Filed on: 25 June 2020.

# MyWear – A Smart Wear for Continuous Body Vital Monitoring – using ECG & EMG



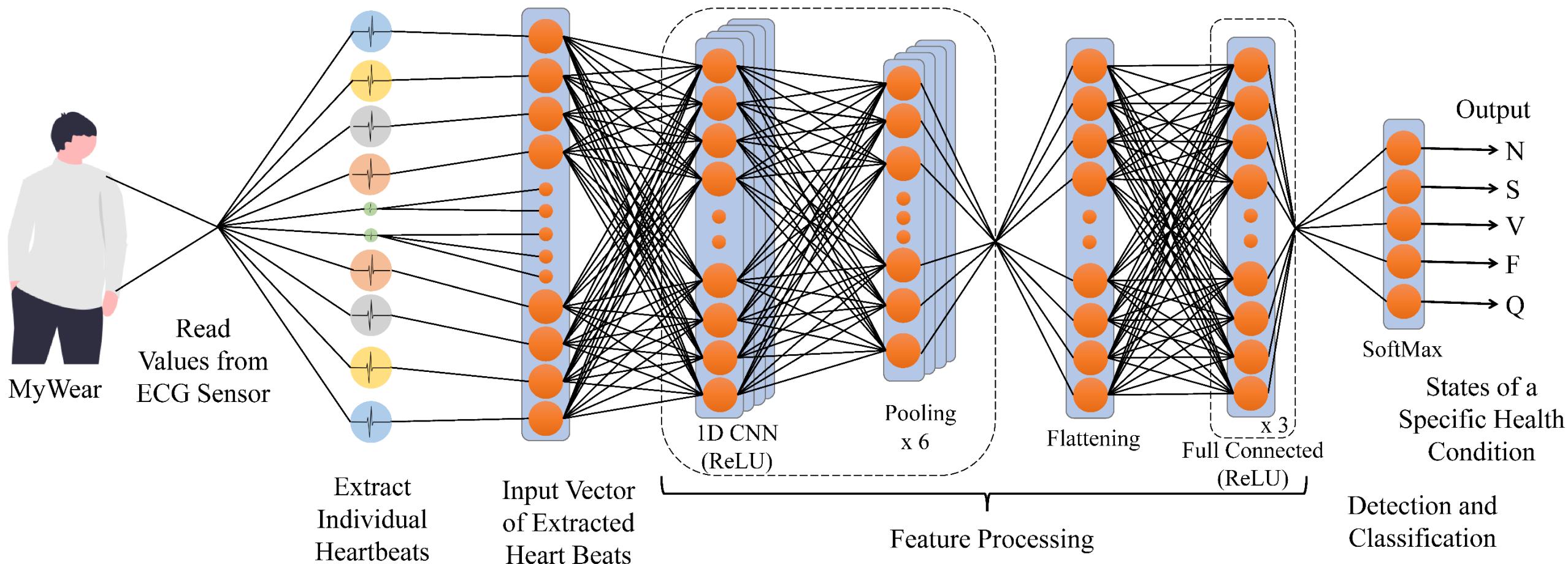
Source: S. C. Sethuraman, P. Kompally, **S. P. Mohanty**, and U. Choppali, "MyWear: A Novel Smart Garment for Automatic Continuous Vital Monitoring", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. XX, No. YY, ZZ 2021, pp. Accepted on 30 May 2021.

# MyWear – Architecture with Multimodal Sensors



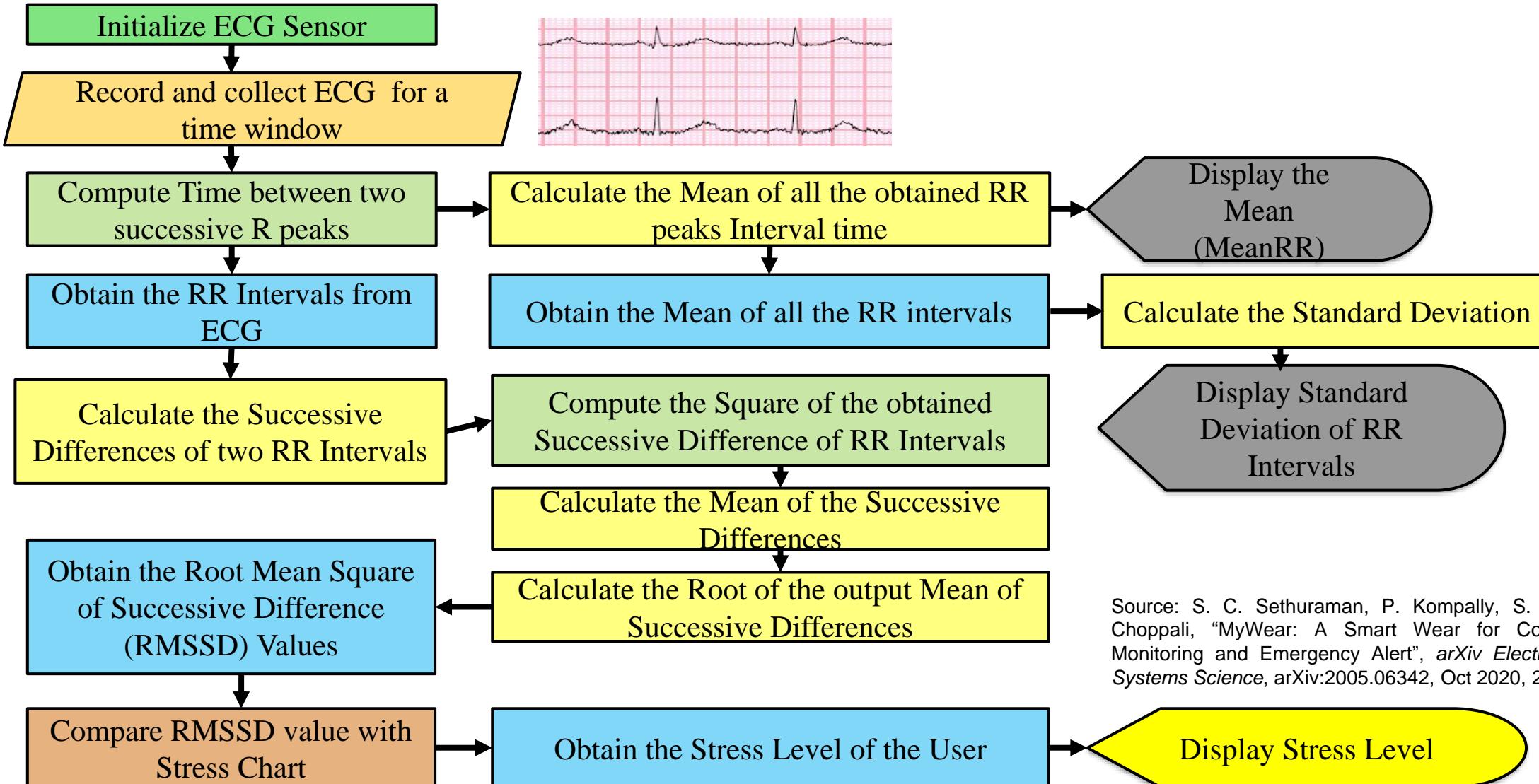
Source: S. C. Sethuraman, P. Kompally, S. P. Mohanty, and U. Choppali, "MyWear: A Smart Wear for Continuous Body Vital Monitoring and Emergency Alert", arXiv Electrical Engineering and Systems Science, arXiv:2005.06342, Oct 2020, 25-pages.

# MyWear – DNN Model for ECG Data



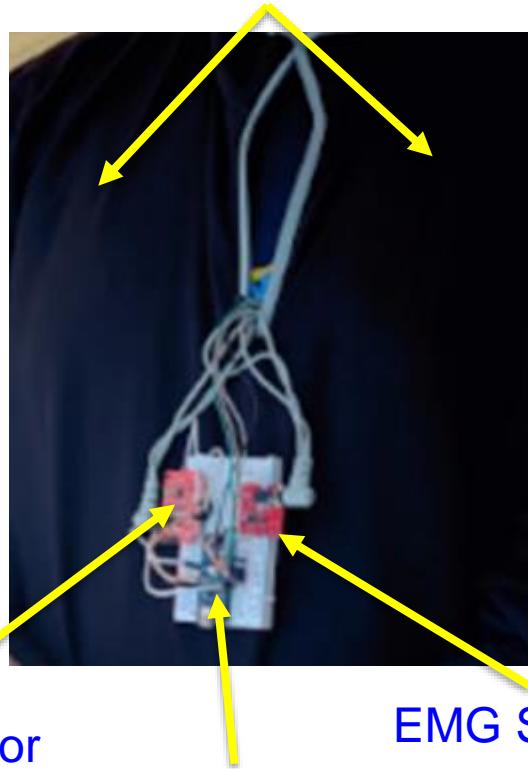
Source: S. C. Sethuraman, P. Kompally, S. P. Mohanty, and U. Choppali, "MyWear: A Smart Wear for Continuous Body Vital Monitoring and Emergency Alert", *arXiv Electrical Engineering and Systems Science*, arXiv:2005.06342, Oct 2020, 25-pages.

# ECG Data → Stress Level



# MyWear – A Smart Wear for Continuous Body Vital Monitoring – using ECG & EMG

Embedded Electrodes inside MyWear



MyWear Prototype Results:

- Heartbeat Classification - Accuracy - 97%
- Myocardial Infarction (Heart Attack) - Accuracy - 98%
- Stress Level Detection - Accuracy - 97%
- Muscle Activity Detection - Accuracy - 96%
- Fall Detection - Accuracy - 98.5%



Source: S. C. Sethuraman, P. Kompally, **S. P. Mohanty**, and U. Choppali, "MyWear: A Novel Smart Garment for Automatic Continuous Vital Monitoring", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. XX, No. YY, ZZ 2021, pp. Accepted on 30 May 2021.

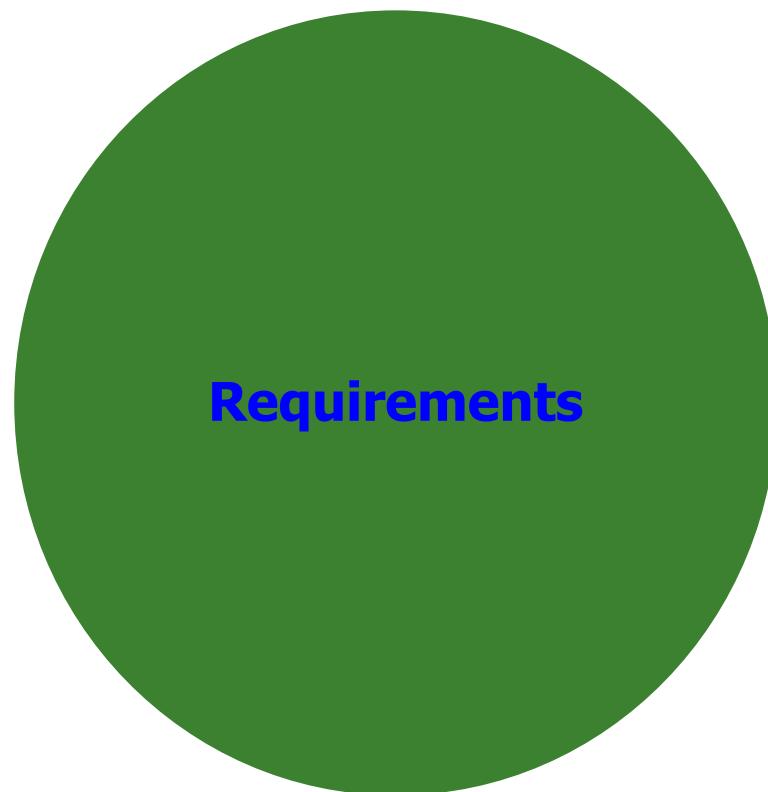
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# Smart Healthcare – Some Challenges

Healthcare CPS -- Prof./Dr. Saraju Mohanty



# Smart Healthcare Architecture – Requirements



- Low power
- Higher efficiency
- Small form factor
- Inter operability
- Continuous connectivity
- High speed
- Security (Data and Device)
- Privacy

# Smart Healthcare – Data Quality



Source: H. Zhu, C. K. Wu, C. H. KOO, Y. T. Tsang, Y.Liu, H. R. Chi, and K. F. Tsang, "Smart Healthcare in the Era of Internet-of-Things", *IEEE Consumer Electronics Magazine*, vol. 8, no. 5, pp. 26-30, Sep 2019.

# Machine Learning Challenges

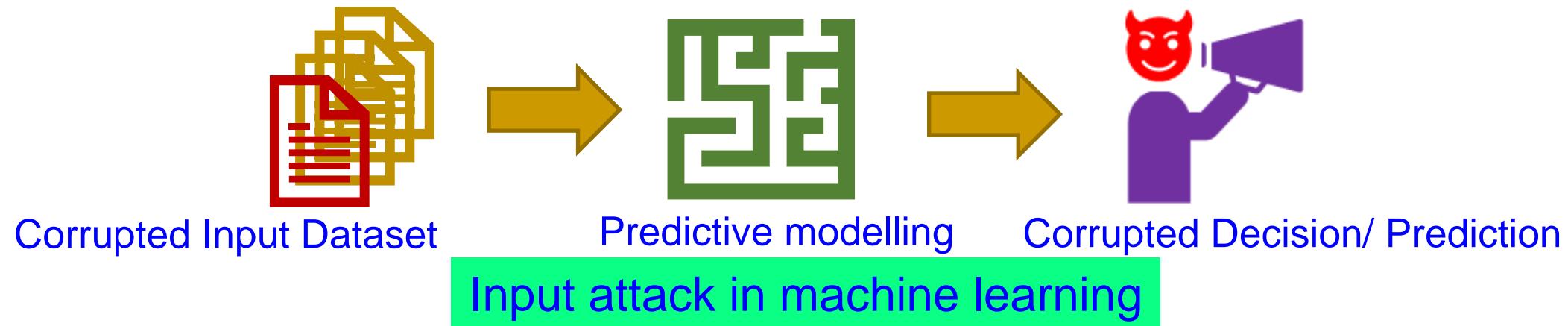


Source: Mohanty ISCT Keynote 2019

Healthcare CPS -- Prof./Dr. Saraju Mohanty

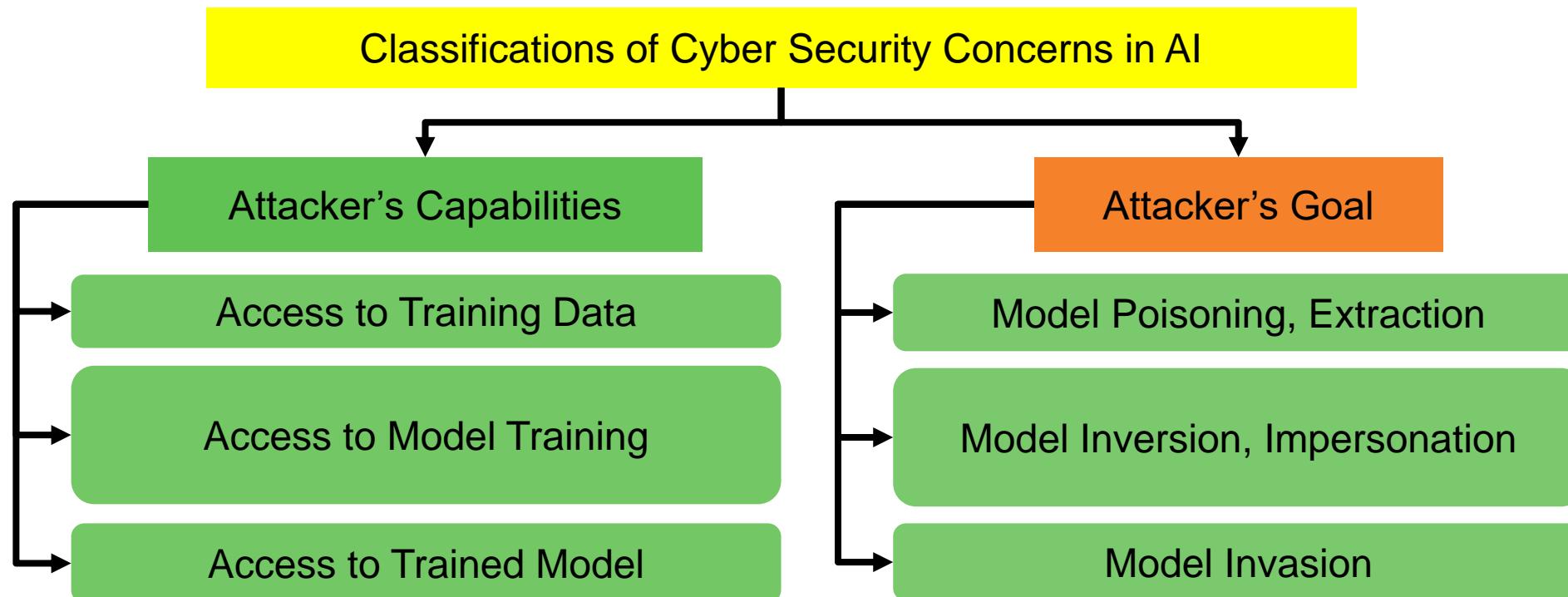


# AI/ML – Cybersecurity Issue



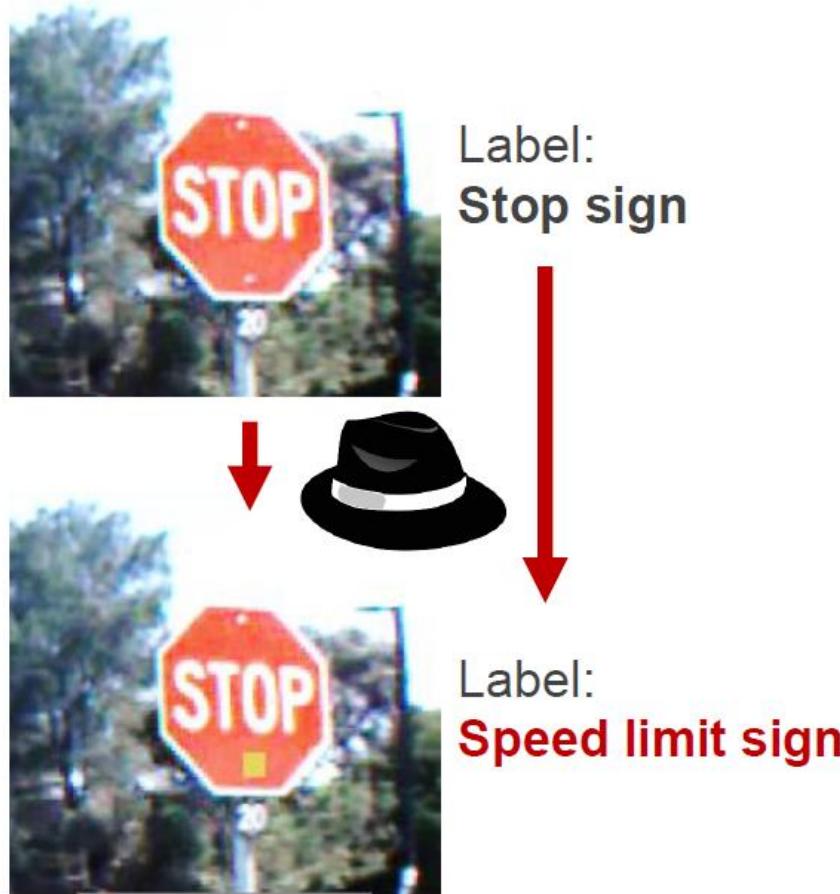
Source: D. Puthal, and S. P. Mohanty, "[Cybersecurity Issues in AI](#)", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 10, No. 4, July 2021, pp. 33--35.

# AI/ML – Cybersecurity Issue



Source: D. Puthal, and S. P. Mohanty, "[Cybersecurity Issues in AI](#)", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 10, No. 4, July 2021, pp. 33--35.

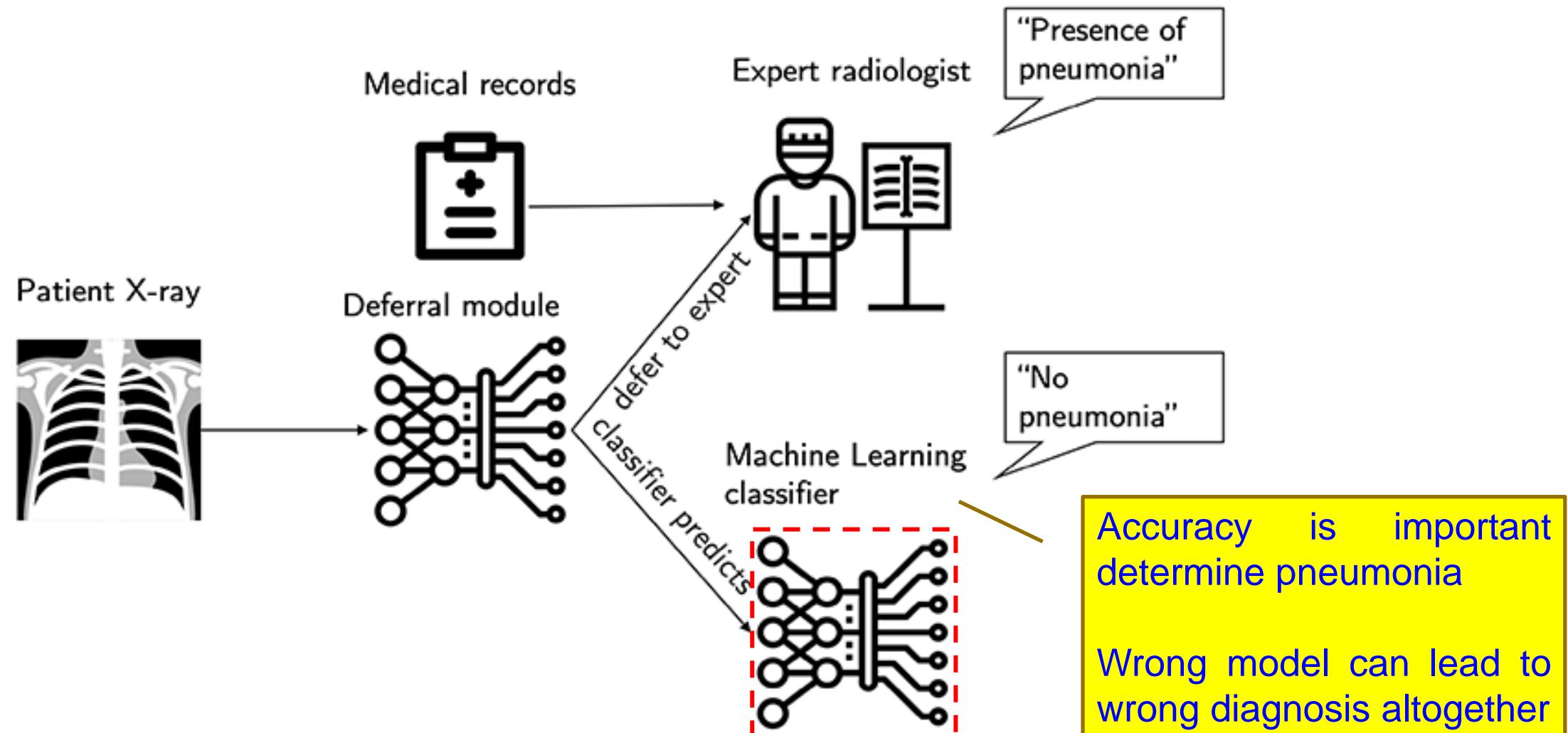
# AI Security - Trojans in Artificial Intelligence (TrojAI)



Adversaries can insert **Trojans** into AIs, leaving a trigger for bad behavior that they can activate during the AI's operations

Source: [https://www.iarpa.gov/index.php?option=com\\_content&view=article&id=1150&Itemid=448](https://www.iarpa.gov/index.php?option=com_content&view=article&id=1150&Itemid=448)

# Wrong ML Model → Wrong Diagnosis



Source: <https://www.healthcareitnews.com/news/new-ai-diagnostic-tool-knows-when-defer-human-mit-researchers-say>

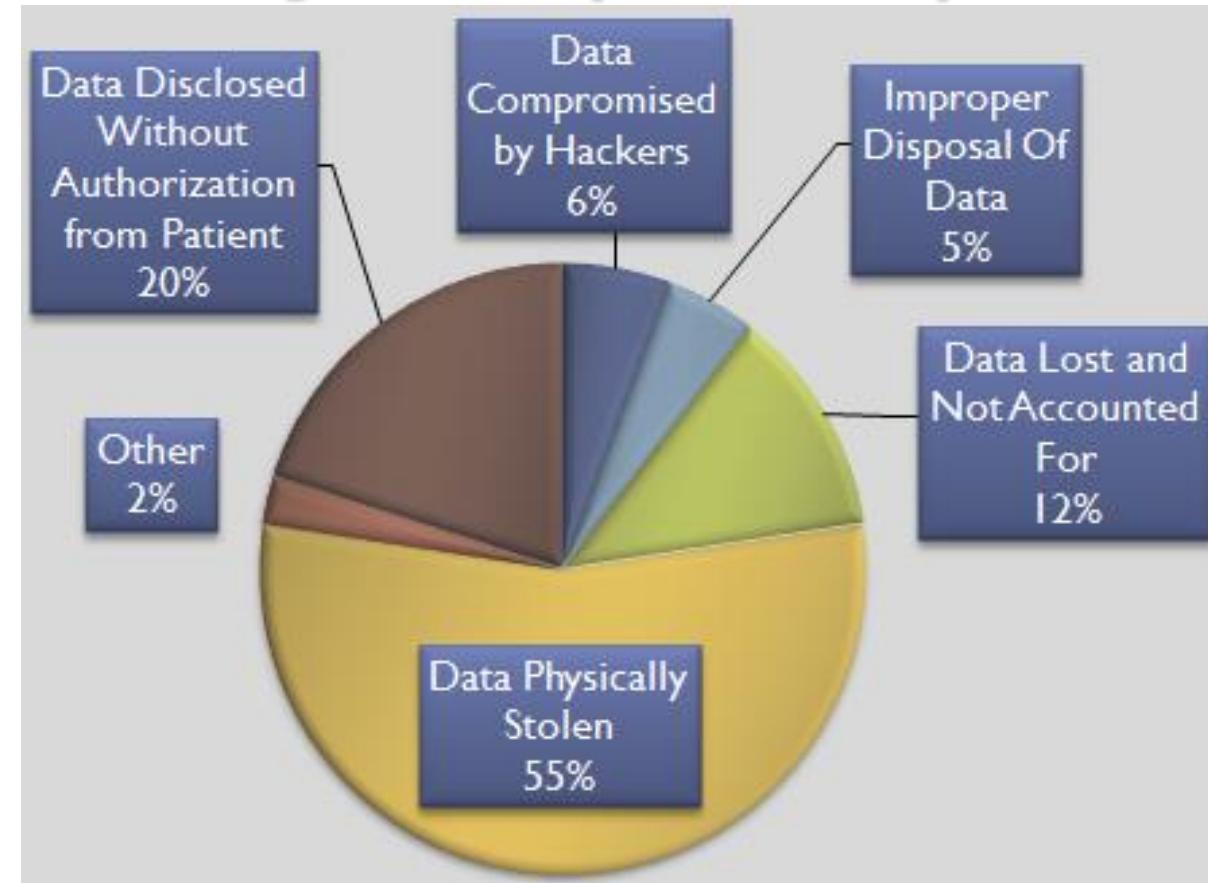
# Smart Healthcare - Security Challenges

## Selected Smart Healthcare Security/Privacy Challenges

- Data Eavesdropping
- Data Confidentiality
- Data Privacy
- Location Privacy
- Identity Threats
- Access Control
- Unique Identification
- Data Integrity
- Device Security

Source: P. Sundaravadiel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, "Everything You Wanted to Know about Smart Health Care", *IEEE Consumer Electronics Magazine (CEM)*, Volume 7, Issue 1, January 2018, pp. 18-28.

# Health Insurance Portability and Accountability Act (HIPPA)



HIPPA Privacy Violation by Types

# IoMT Device Security Issue is Scary

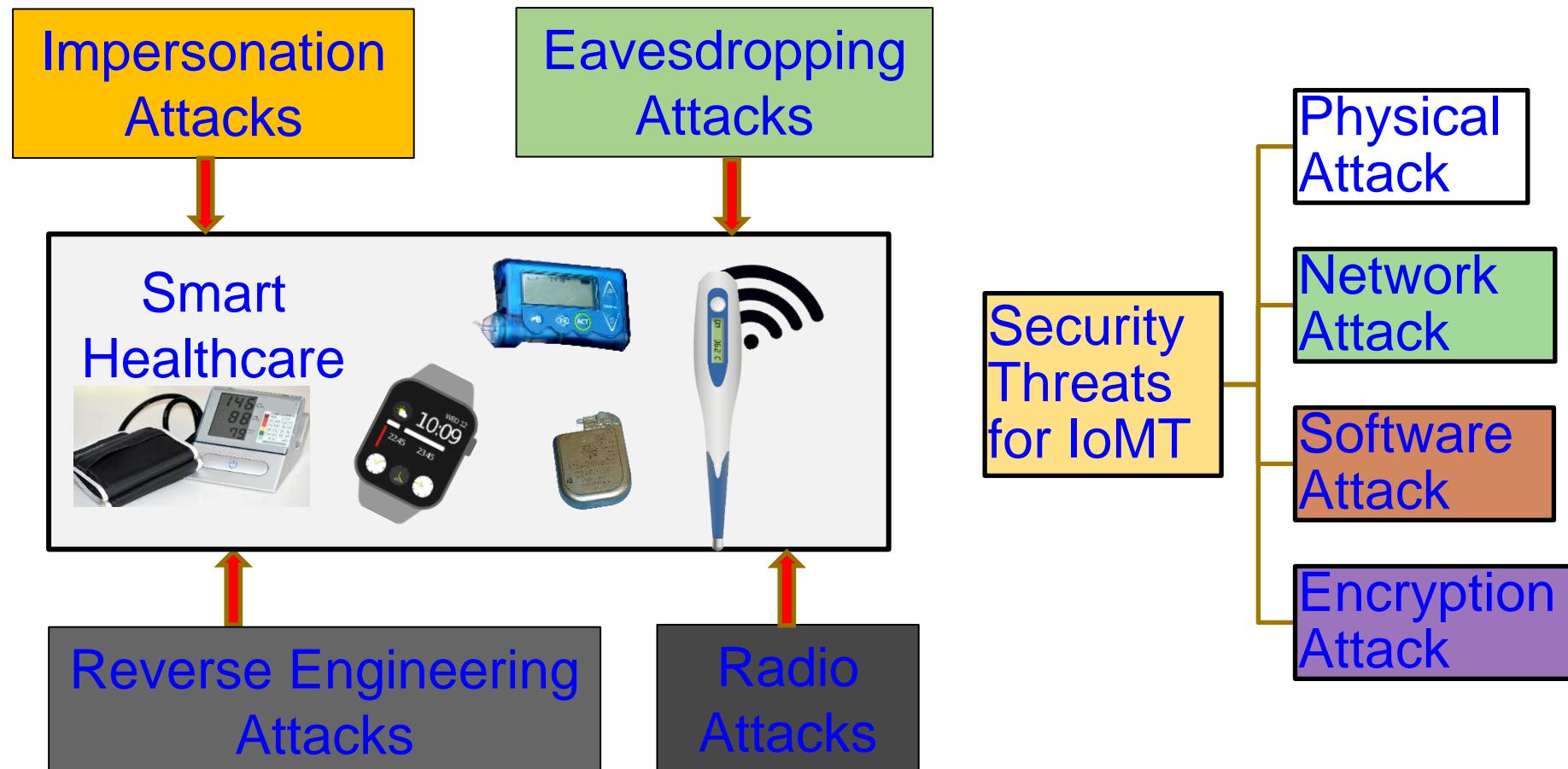
- Insulin pumps are vulnerable to hacking, FDA warns amid recall:  
<https://www.washingtonpost.com/health/2019/06/28/insulin-pumps-are-vulnerable-hacking-fda-warns-amid-recall/>
- Software vulnerabilities in some medical devices could leave them susceptible to hackers, FDA warns:

<https://www.cnn.com/2019/10/02/health/fda-medical-devices-hackers-trnd/index.html>

- FDA Issues Recall For Medtronic mHealth Devices Over Hacking Concerns:

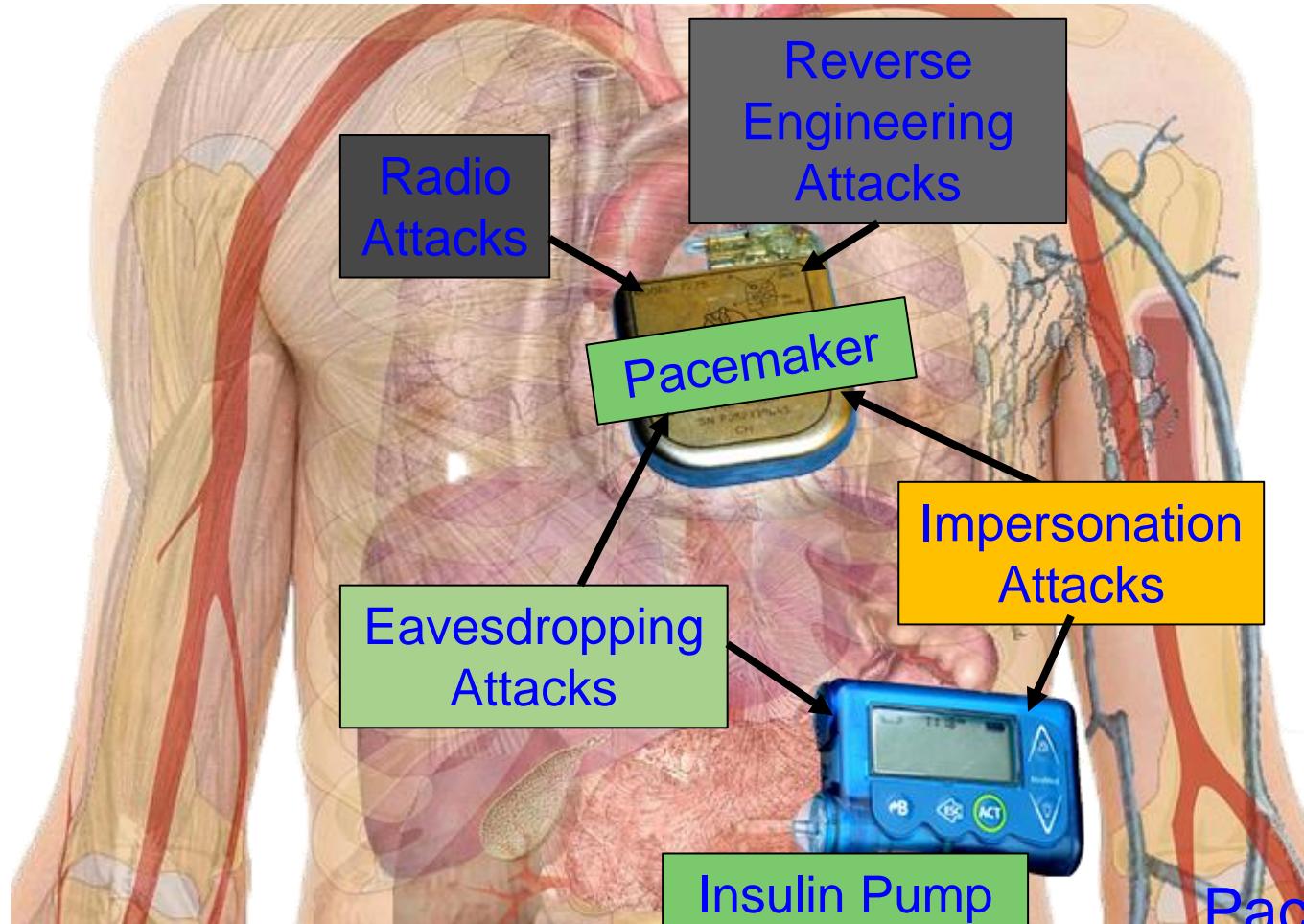
<https://mhealthintelligence.com/news/fda-issues-recall-for-medtronic-mhealth-devices-over-hacking-concerns>

# IoMT Security – Selected Attacks



Source: V. P. Yanambaka, S. P. Mohanty, E. Kouglanos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388–397.

# IoMT Security Measures is Hard – Resource Constrained



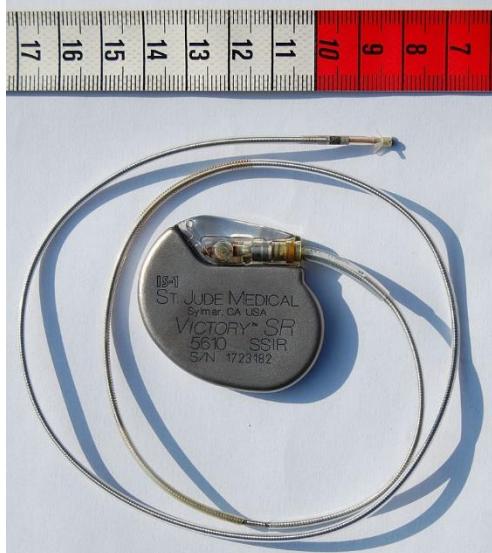
Collectively (WMD+IMD):  
Implantable and Wearable  
Medical Devices (IWMDs)

Implantable and Wearable  
Medical Devices (IWMDs) --  
Battery Characteristics:

- Longer life
- Safer
- Smaller size
- Smaller weight

Pacemaker Battery Life - 10 years

# IoMT Security Measures is Hard – Energy Constrained



Pacemaker  
Battery Life  
- 10 years



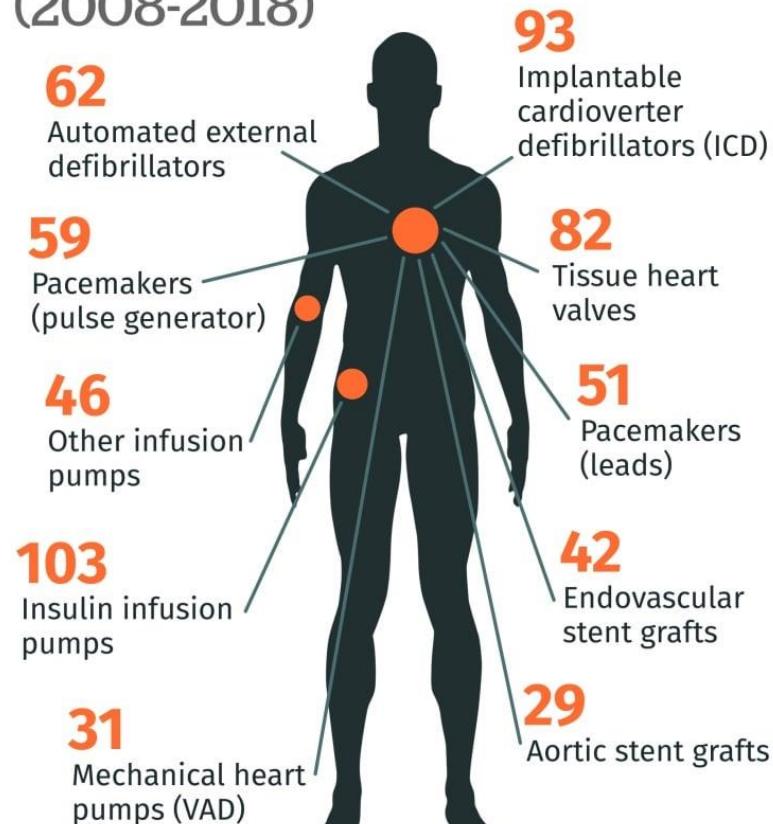
Neurostimulator  
Battery Life  
- 8 years

- Implantable Medical Devices (IMDs) have integrated battery to provide energy to all their functions → Limited Battery Life depending on functions
- Higher battery/energy usage → Lower IMD lifetime
- Battery/IMD replacement → Needs surgical risky procedures

Source: Carmen Camara, PedroPeris-Lopez, and Juan E.Tapiadora, "Security and privacy issues in implantable medical devices: A comprehensive survey", *Elsevier Journal of Biomedical Informatics*, Volume 55, June 2015, Pages 272-289.

# Smart Healthcare - Safety

10 devices tied to the most reports involving death  
(2008-2018)



CBC NEWS

Source: Health Canada & ICIJ

Source <https://planet-report.com/canadian-advocates-call-for-all-medical-implants-to-be-registered-cbc-news/>

## CENTRAL ILLUSTRATION: Cardiac-Implantable Electronic Devices: Technical and Safety Considerations

### FACTORS INFLUENCING SAFETY



#### MR magnet:

- Magnet strength
- Radiofrequency power
- Magnet position



#### Cardiac implantable device:

- Ferromagnetic material
- Presence of reed switch
- Device programming



#### Leads:

- Ferromagnetic material
- Lead stability



#### Patient:

- Patient position
- Patient size

### SMALL POTENTIAL RISKS



#### Heating effects:

Tissue injury (Mainly theoretical)

Strategy to minimize risk: Lead designed to limit current induction



#### Mechanical effects:

Device movement (Mainly theoretical)

Strategy to minimize risk: Limitation of ferromagnetic materials



#### Electromagnetic effects:

- Altered sensing/capture
- Inhibited therapies
- Inappropriate therapies

(No significant adverse patient outcomes)

Strategy to minimize risk: Lead designed to limit current induction, replacement of reed switch with Hall sensor, temporary device reprogramming



Indication to scan: If the benefits outweigh the very small potential risks, MRI is acceptable

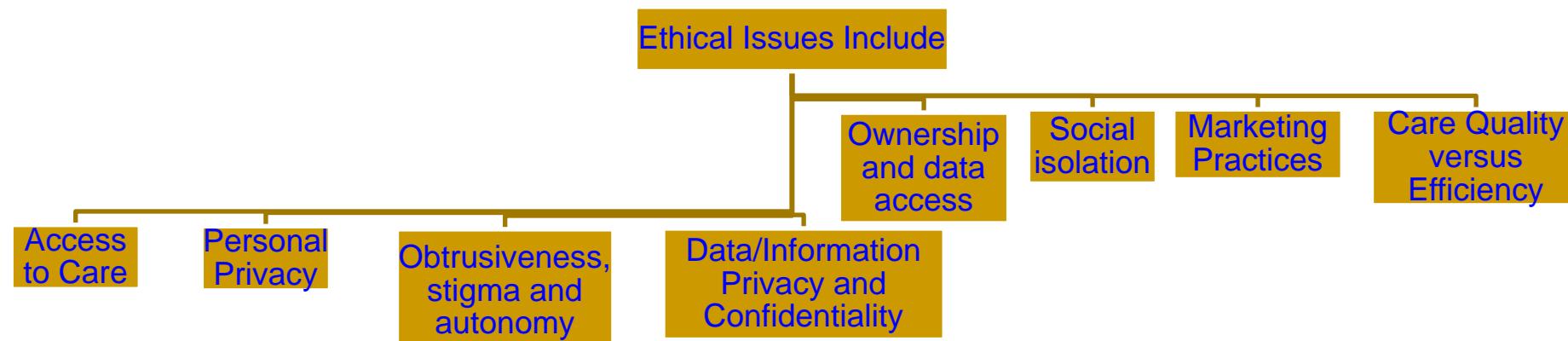
Miller, J.D. et al. J Am Coll Cardiol. 2016;68(14):1590-8.

Source: J. D. Miller, S. Nazarian, H. R. Halperin, "Implantable Electronic Cardiac Devices and Compatibility With Magnetic Resonance Imaging", J Am Coll Cardiol. 2016 Oct, 68 (14), pp. 1590-1598.

# Smart Healthcare - Ethics



Source: <https://online.alvernia.edu/articles/ethical-issues-in-healthcare/>



Source: B. Mittelstadt, "Ethics of the health-related internet of things: a narrative review", *Ethics Inf Technol* 19, 157–175 (2017), DOI: <https://doi.org/10.1007/s10676-017-9426-4>.

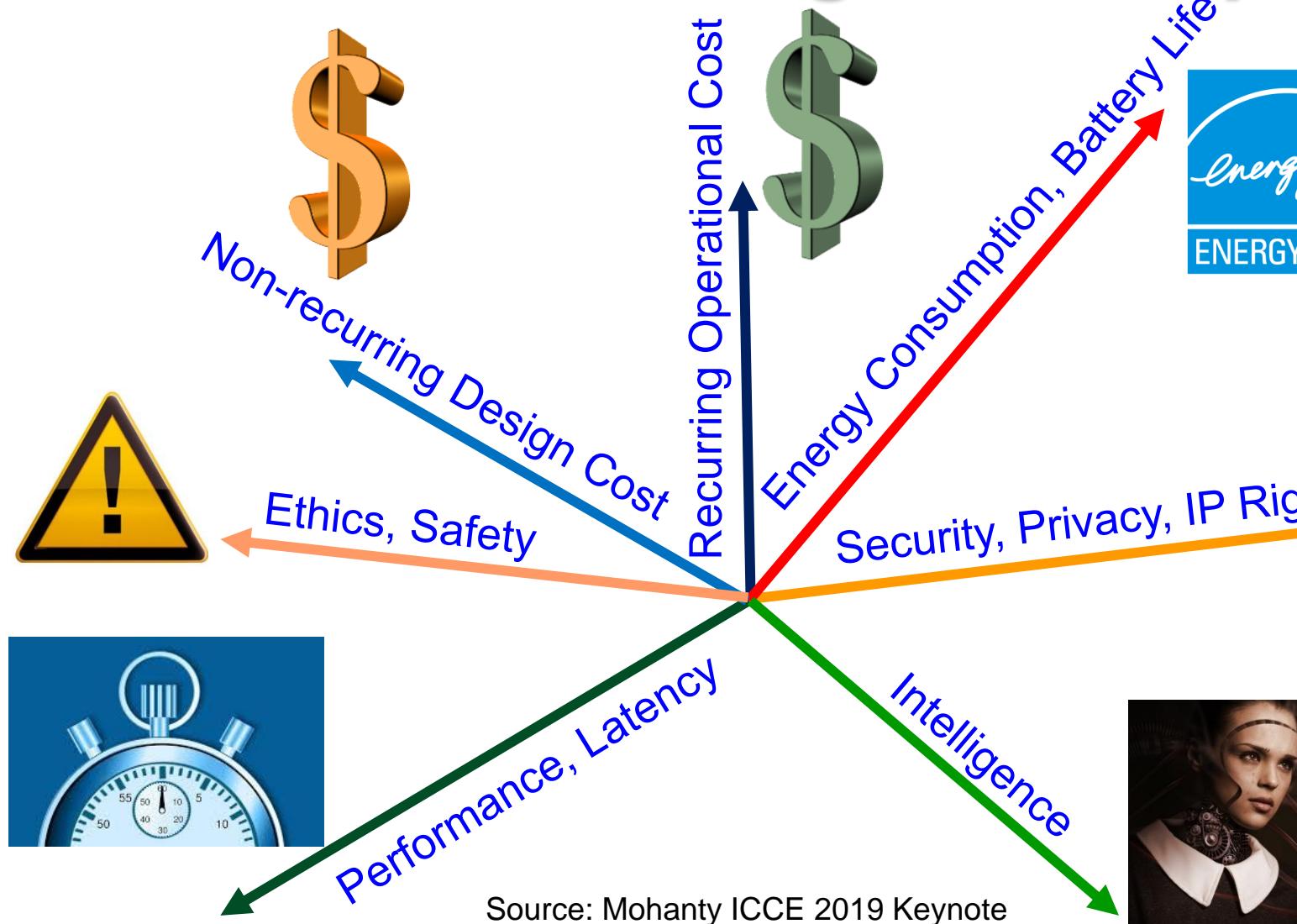
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# Smart Healthcare – Some Solutions

Healthcare CPS -- Prof./Dr. Saraju Mohanty

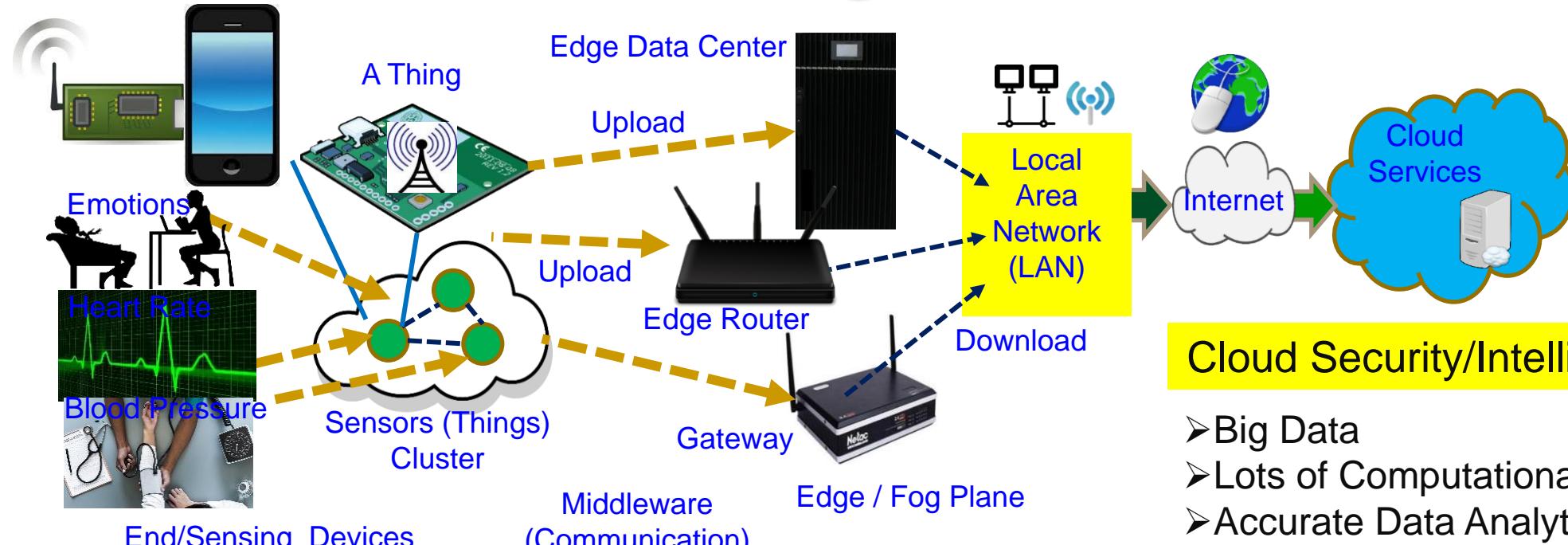


# IoT/CPS Design – Multiple Objectives



Smart Cities  
Vs  
Smart Villages

# CPS – IoT-Edge Vs IoT-Cloud



## End Security/Intelligence

- Minimal Data
  - Minimal Computational Resource
  - Least Accurate Data Analytics
  - Very Rapid Response
- Less Data
  - Less Computational Resource
  - Less Accurate Data Analytics
  - Rapid Response

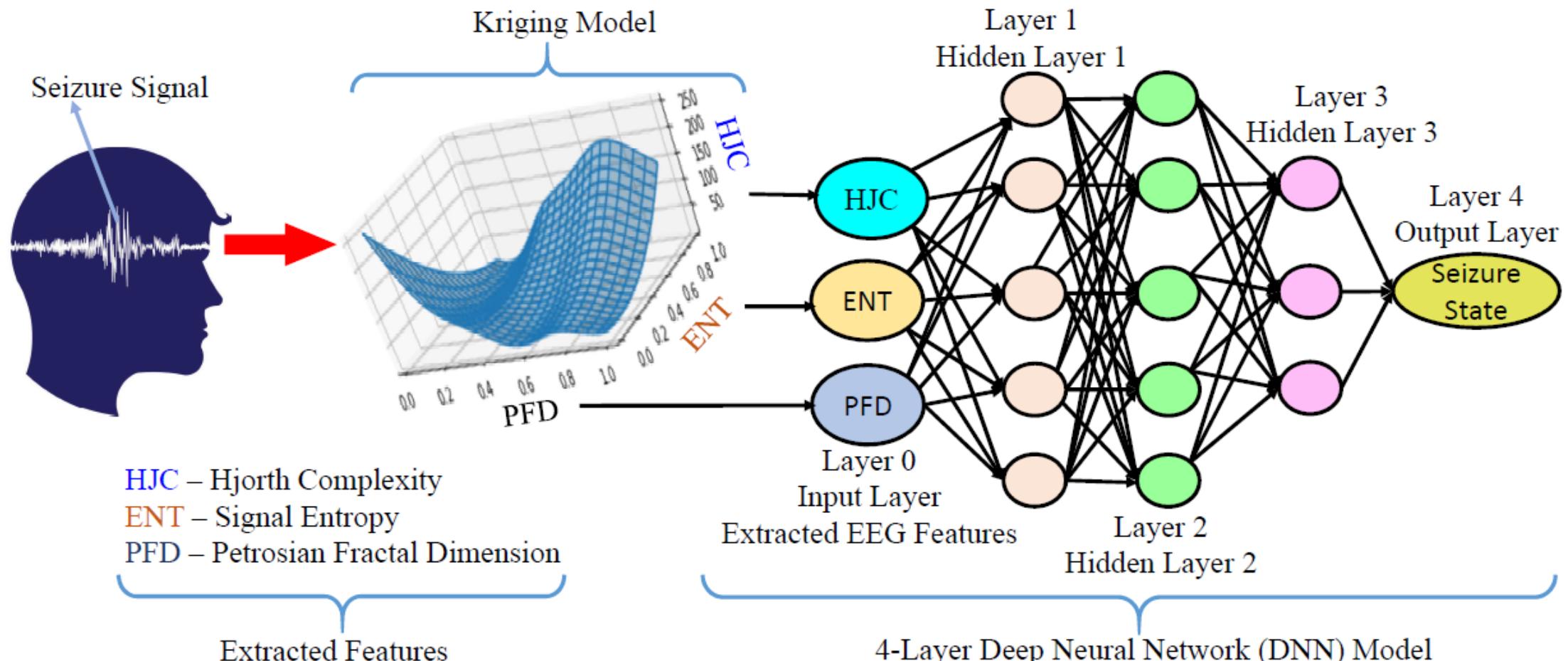
TinyML at End and/or Edge is key for smart villages.

## Cloud Security/Intelligence

- Big Data
- Lots of Computational Resource
- Accurate Data Analytics
- Latency in Network
- Energy Overhead in Communications

Heavy-Duty ML is more suitable for smart cities

# Our Kriging-Bootstrapped DNN Model



HJC – Hjorth Complexity

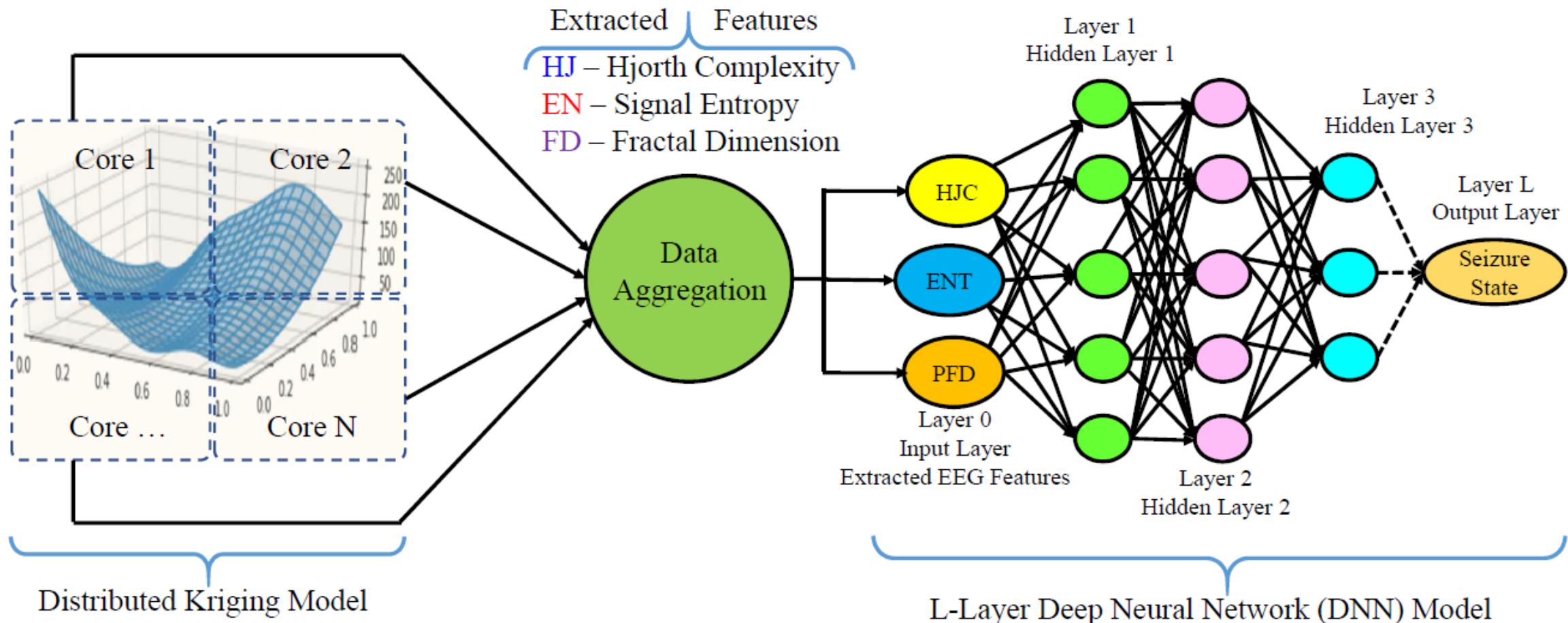
ENT – Signal Entropy

PFD – Petrosian Fractal Dimension

Extracted Features

Source: I. L. Olokodana, S. P. Mohanty, and E. Kougiannos, "Kriging-Bootstrapped DNN Hierarchical Model for Real-Time Seizure Detection from EEG Signals", in *Proceedings of the 6th IEEE World Forum on Internet of Things (WF-IoT)*, 2020

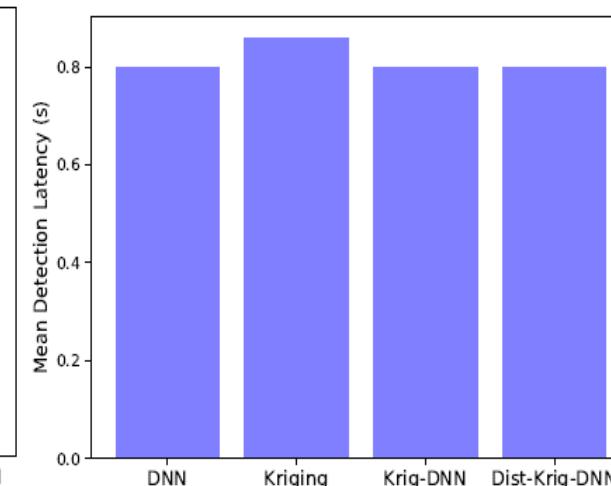
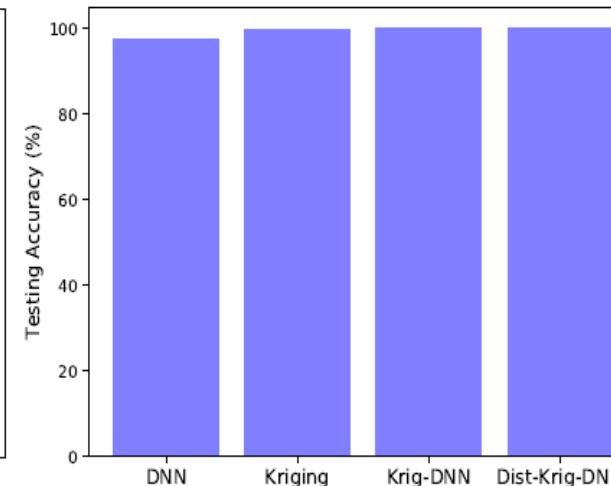
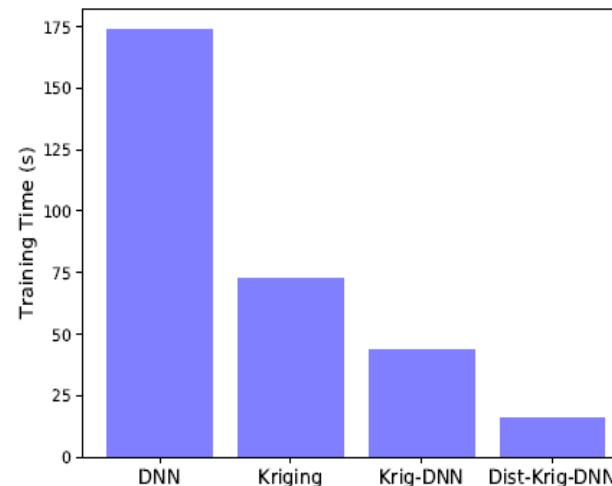
# Our Distributed Kriging-Bootstrapped DNN Model



Source: I. L. Olokodana, S. P. Mohanty, and E. Kougiannos, "Distributed Kriging-Bootstrapped DNN Model for Fast, Accurate Seizure Detection from EEG Signals", *Proceedings of the 19th IEEE Computer Society Annual Symposium on VLSI (ISVLSI)*, 2020.

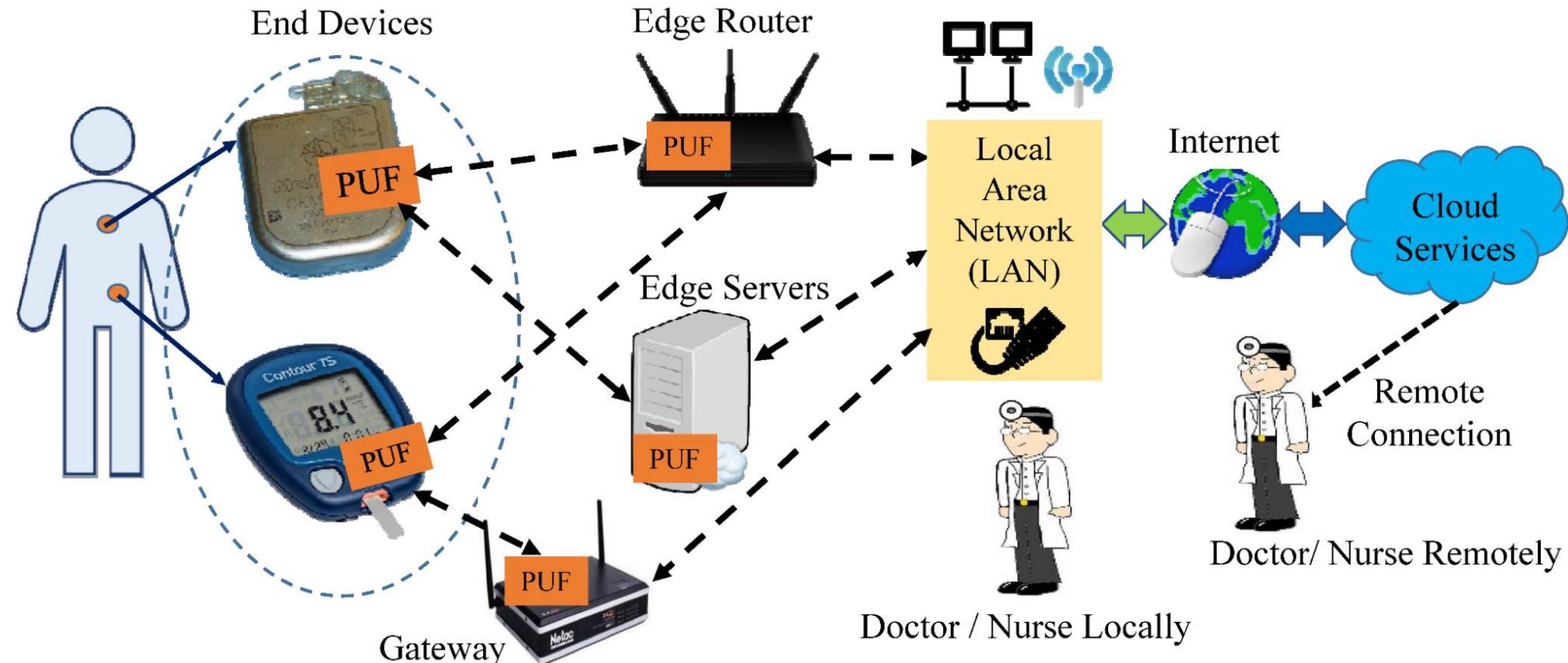
# Experimental Results: Dataset A

Models	Detection Latency
DNN	0.80s
Ordinary Kriging	0.86s
Krig-DNN	0.80s
Dist-Krig-DNN	0.80s



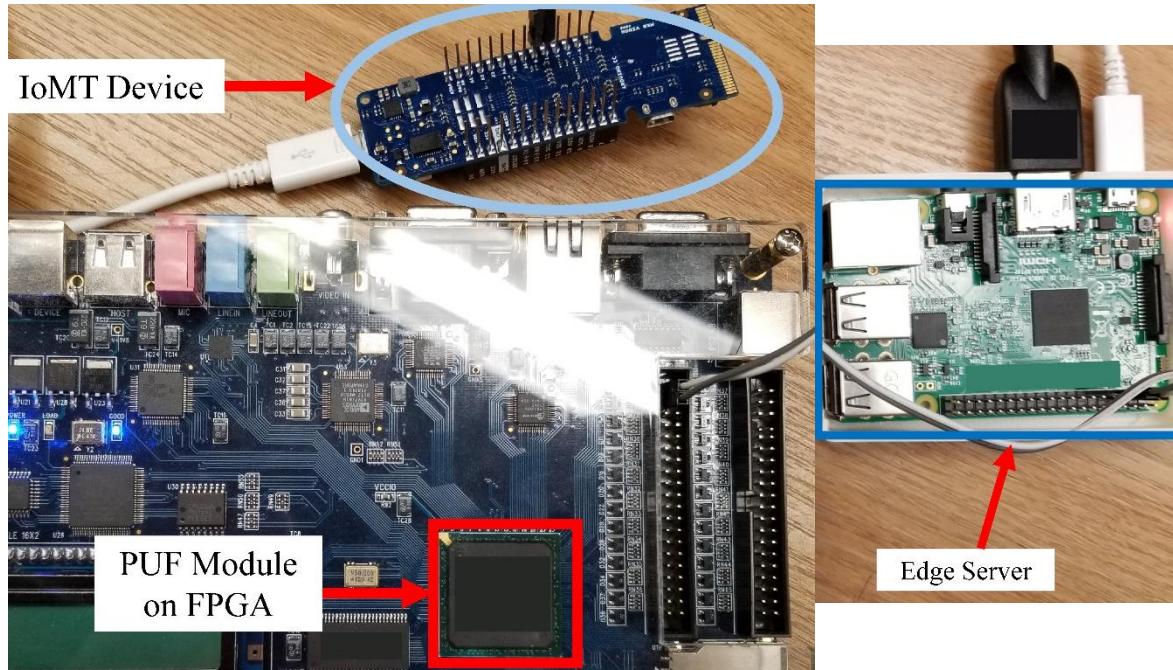
Source: I. L. Olokodana, S. P. Mohanty, and E. Kougianos, "Distributed Kriging-Bootstrapped DNN Model for Fast, Accurate Seizure Detection from EEG Signals", *Proceedings of the 19th IEEE Computer Society Annual Symposium on VLSI (ISVLSI)*, 2020.

# Our Secure by Design Approach for Robust Security in Healthcare CPS



Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388–397.

# IoMT Security – Our Proposed PMsec

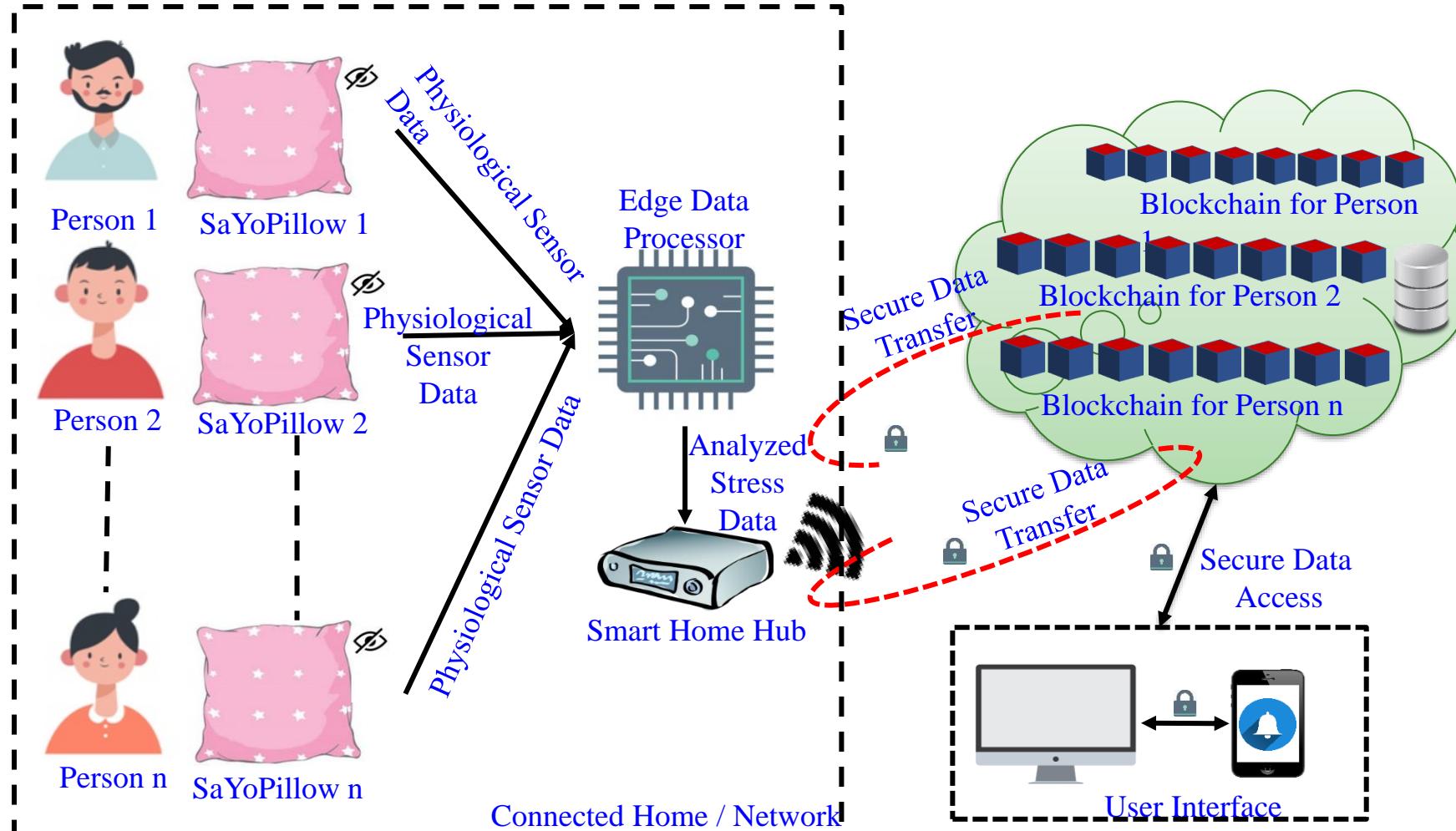


Average Power Overhead –  
~ 200  $\mu$ W or 0.2 mW

Proposed Approach Characteristics	Value (in a FPGA / Raspberry Pi Platform)
Time to Generate the Key at Server	800 ms
Time to Generate the Key at IoMT Device	800 ms
Time to Authenticate the Device	1.2 sec - 1.5 sec

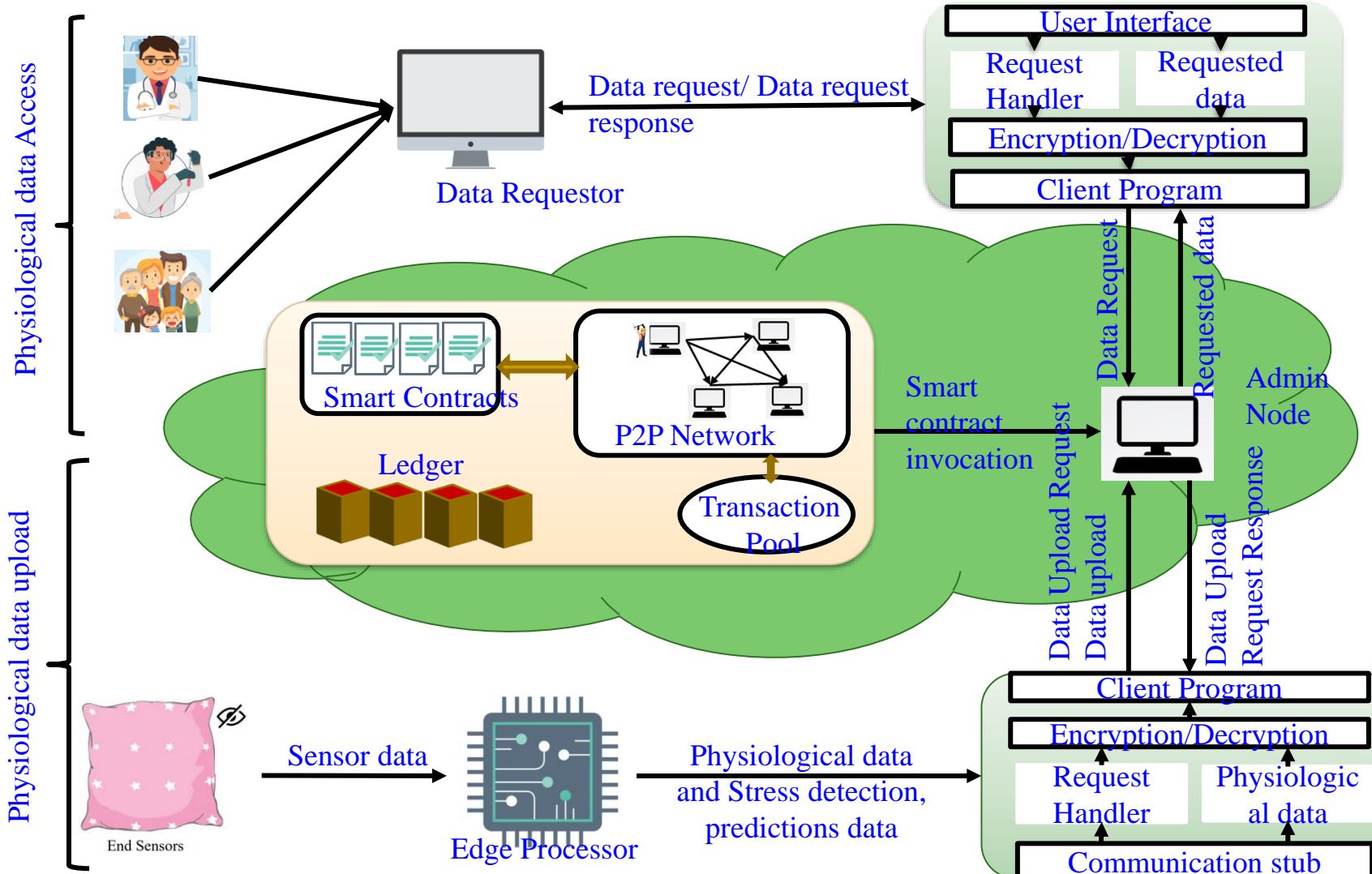
Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388--397.

# Our Smart-Yoga Pillow (SaYoPillow)



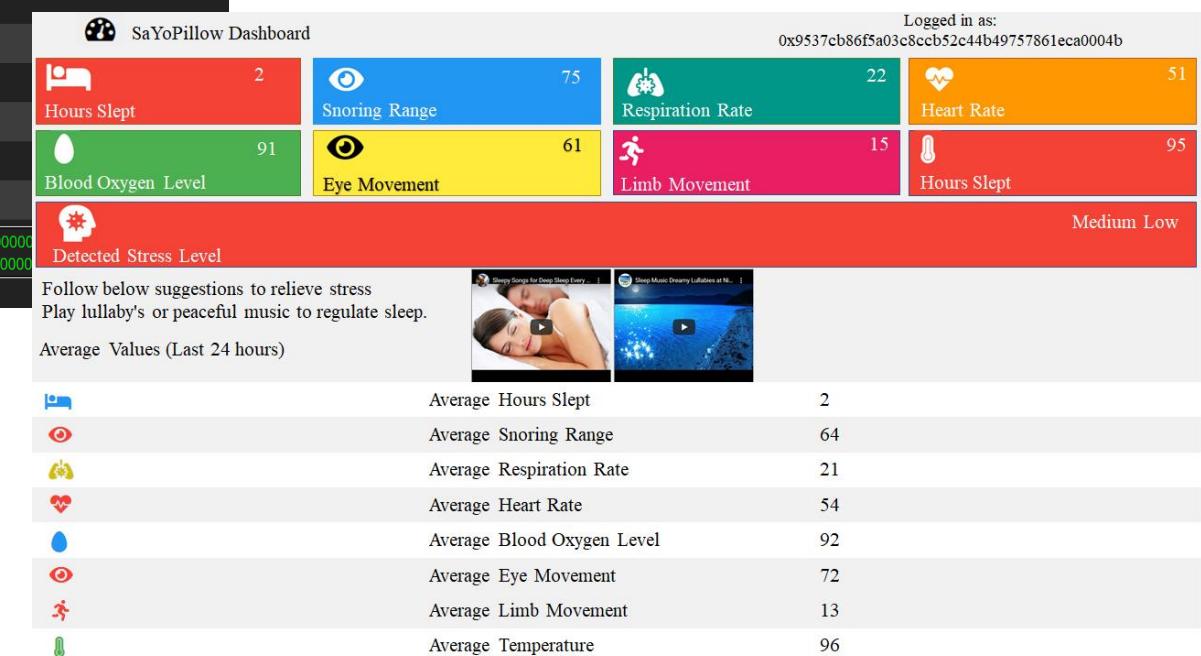
Source: L. Rachakonda, A. K. Bapatla, S. P. Mohanty, and E. Kouglanos, "SaYoPillow: Blockchain-Integrated Privacy-Assured IoMT Framework for Stress Management Considering Sleeping Habits", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 67, No. 1, Feb 2021, pp. 20-29.

# SaYoPillow: Blockchain Details



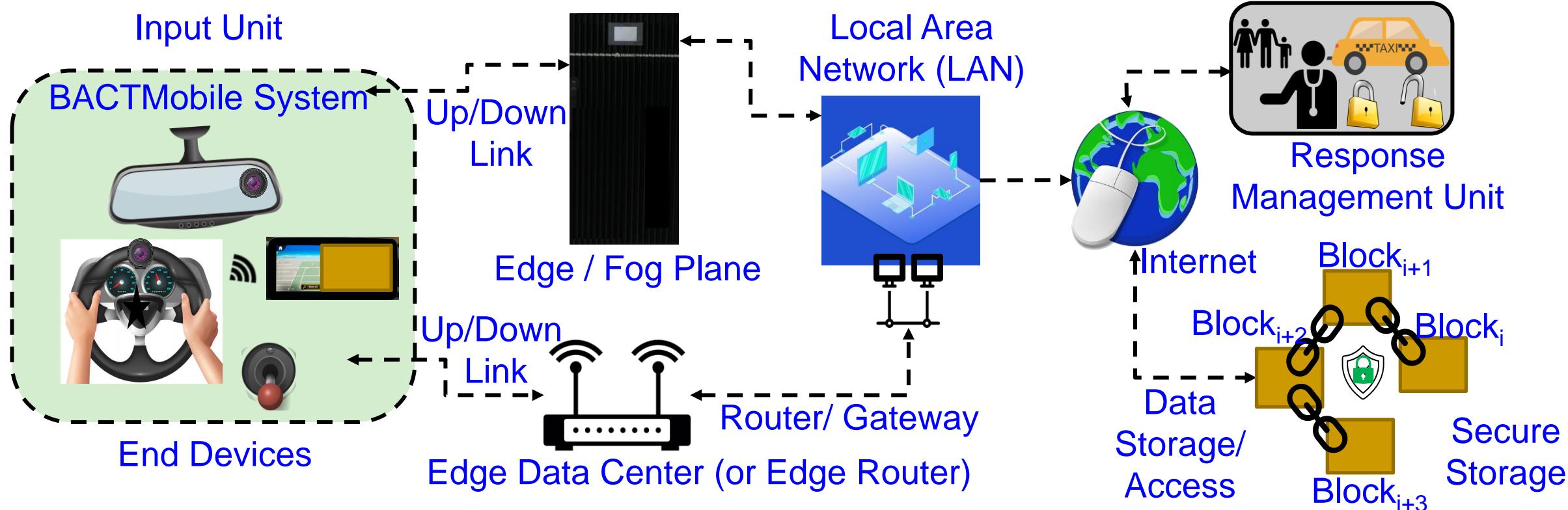
Source: L. Rachakonda, A. K. Bapatla, S. P. Mohanty, and E. Kougiannos, "SaYoPillow: Blockchain-Integrated Privacy-Assured IoMT Framework for Stress Management Considering Sleeping Habits", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 67, No. 1, Feb 2021, pp. 20-29.

# SaYoPillow: Prototyping



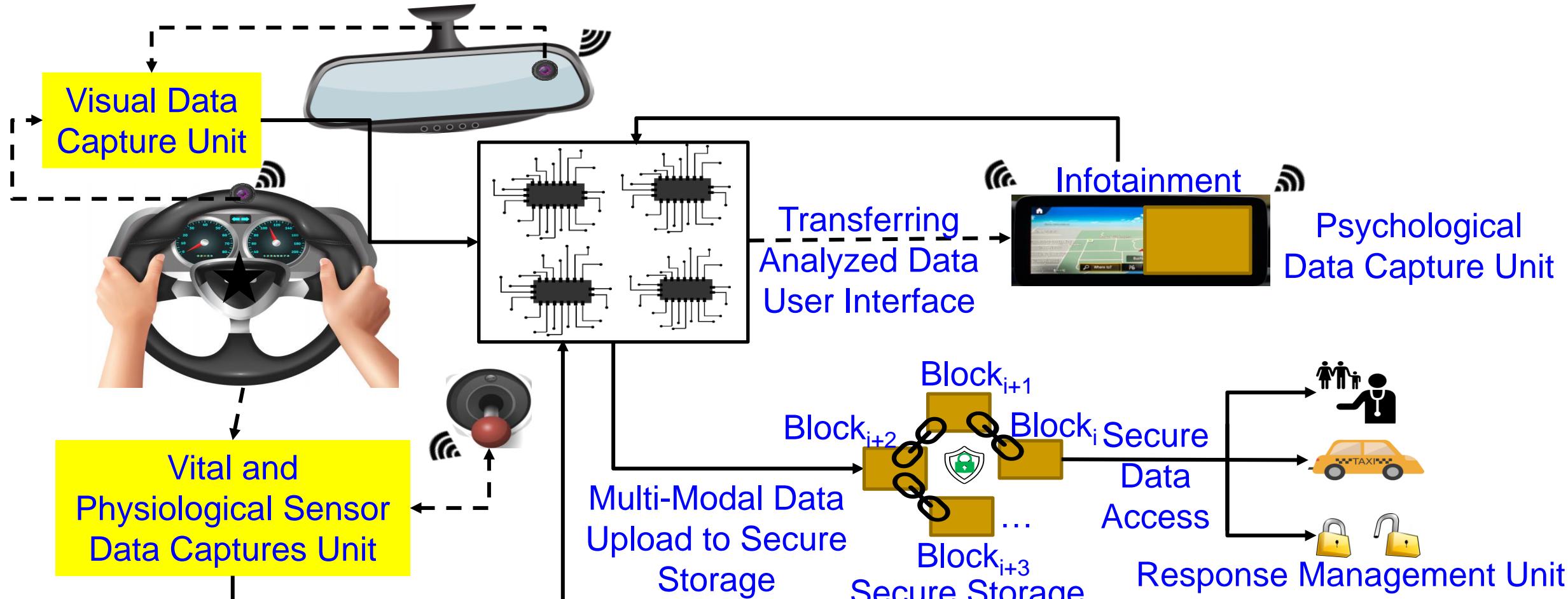
Source: L. Rachakonda, A. K. Bapatla, S. P. Mohanty, and E. Kougiannos, "SaYoPillow: Blockchain-Integrated Privacy-Assured IoMT Framework for Stress Management Considering Sleeping Habits", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 67, No. 1, Feb 2021, pp. 20-29.

# Our Smart Blood Alcohol Concentration Tracking Mechanism in Healthcare CPS - BACTmobile



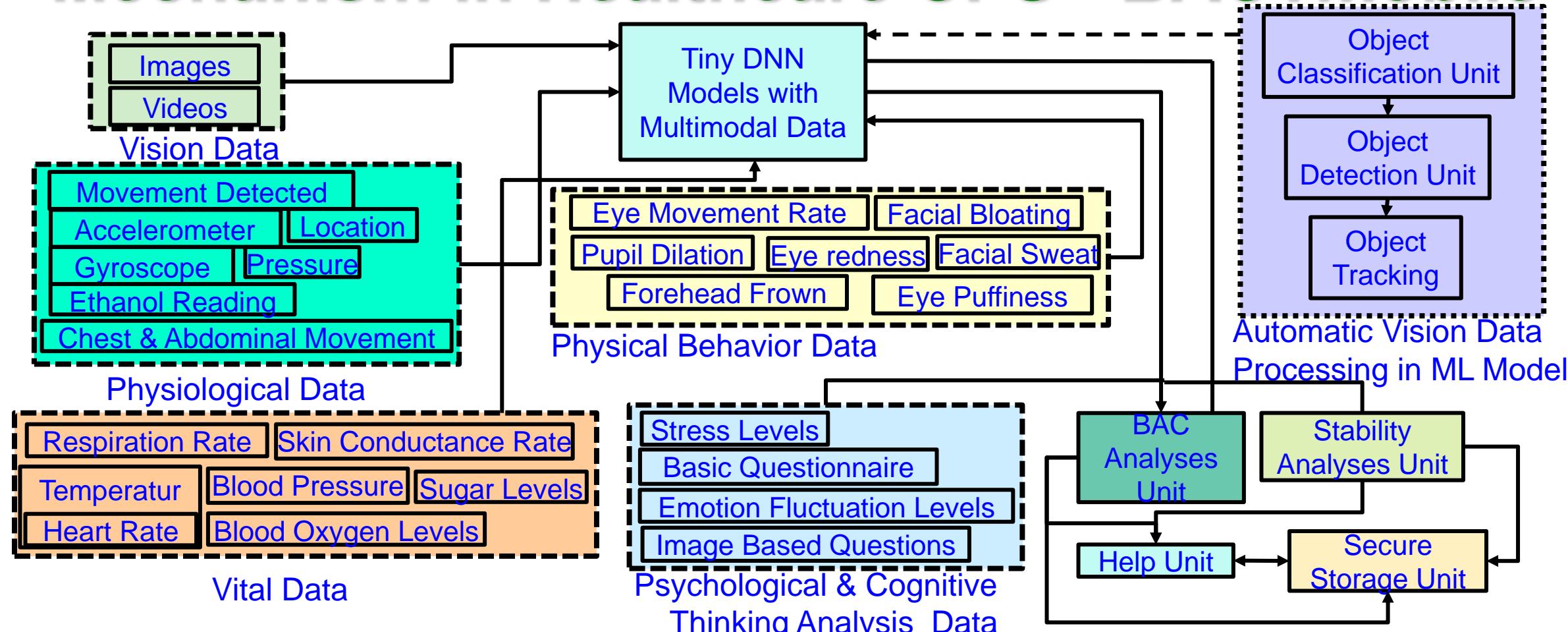
Source: L. Rachakonda, A. K. Bapatla, **S. P. Mohanty**, and E. Kougianos, “[BACTmobile: A Smart Blood Alcohol Concentration Tracking Mechanism for Smart Vehicles in Healthcare CPS Framework](https://doi.org/10.1007/s42979-022-01142-9)”, Springer Nature Computer Science (SN-CS), Vol. 3, No. 3, May 2022, Article: 236, 24-pages, DOI: <https://doi.org/10.1007/s42979-022-01142-9>.

# Our Smart Blood Alcohol Concentration Tracking Mechanism in Healthcare CPS - BACTmobile



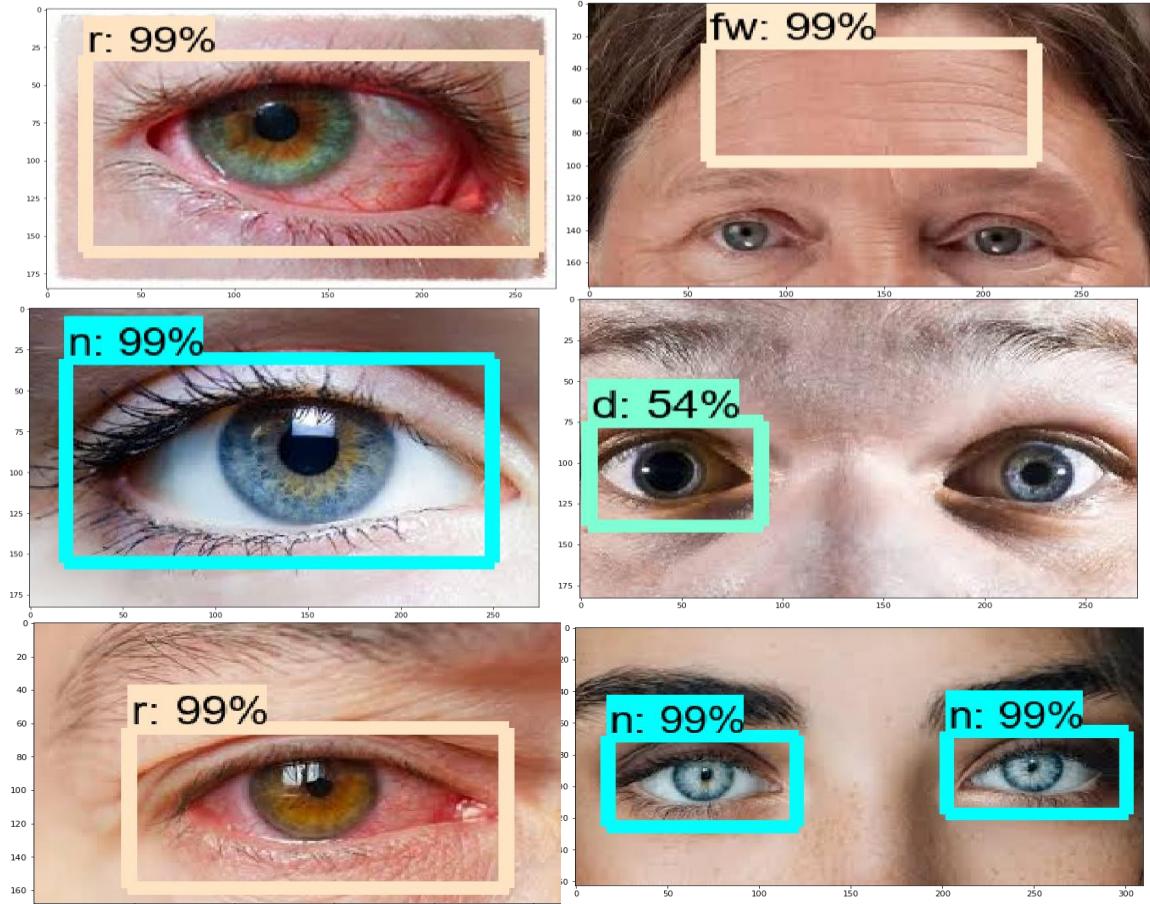
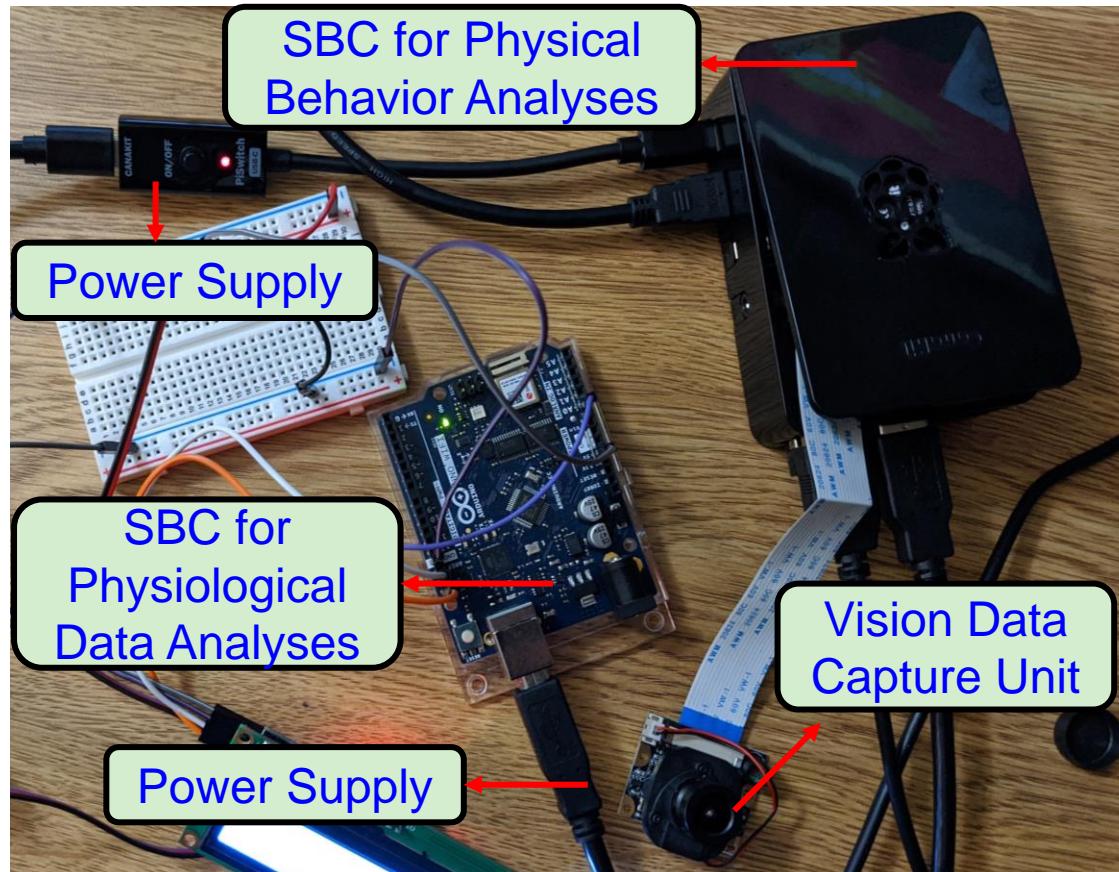
Source: L. Rachakonda, A. K. Bapata, **S. P. Mohanty**, and E. Kougianos, “[BACTmobile: A Smart Blood Alcohol Concentration Tracking Mechanism for Smart Vehicles in Healthcare CPS Framework](#)”, Springer Nature Computer Science (SN-CS), Vol. 3, No. 3, May 2022, Article: 236, 24-pages, DOI: <https://doi.org/10.1007/s42979-022-01142-9>.

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# Our Smart Blood Alcohol Concentration Tracking Mechanism in Healthcare CPS - BACTmobile

```
pi@raspberrypi2: ~/Desktop/Implementation_python
pi login as: pi
pi's password:
Linux raspberrypi2 5.10.92-v7l+ #1514 SMP Mon Jan 17 17:38:03 GMT 2022 armv7l

The programs included with the Debian GNU/Linux system are free software;
the exact distribution terms for each program are described in the
individual files in /usr/share/doc/*copyright.

Debian GNU/Linux comes with ABSOLUTELY NO WARRANTY, to the extent
permitted by applicable law.

Last login: Tue Feb 1 19:09:56 2022
pi@raspberrypi2: ~ cd Desktop/Impl*
pi@raspberrypi2:~/Desktop/Implementation_python $ python3 app.py 1234 1
* Serving Flask app 'app' (lazy loading)
* Environment: production
WARNING: This is a development server. Do not use it in a production deployment
It.
Use a production WSGI server instead.
* Debug mode: off
* Running on all addresses.
WARNING: This is a development server. Do not use it in a production deployment
nt.
Running on http://[::]:1234/ (Press CTRL+C to quit)
```

(a) First Node Running Proof of Authentication Based Blockchain

```
pi@raspberrypi1: ~/Desktop/Implementation_python
pi login as: pi
pi's password:
Linux raspberrypi1 5.10.17-v7l+ #1403 SMP Mon Feb 22 11:33:35 GMT 2021 armv7l

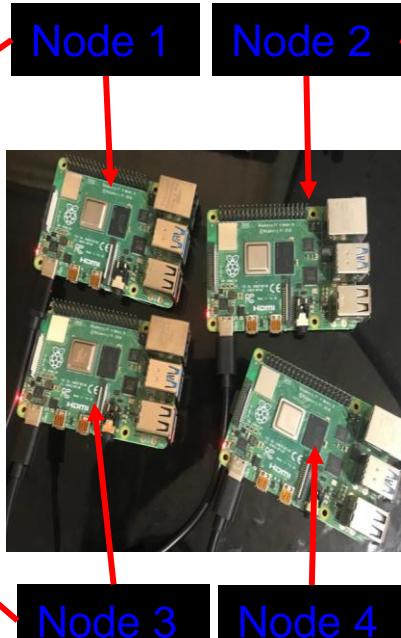
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individual files in /usr/share/doc/*copyright.

Debian GNU/Linux comes with ABSOLUTELY NO WARRANTY, to the extent
permitted by applicable law.

Last login: Tue Feb 1 22:31:44 2022 from 192.168.1.235
pi@raspberrypi1: ~ cd Desktop/Implementation_python
pi@raspberrypi1:~/Desktop/Implementation_python $ python3 app.py 2345 2
* Serving Flask app 'app' (lazy loading)
* Environment: production
WARNING: This is a development server. Do not use it in a production deployment
nt.
Use a production WSGI server instead.
* Debug mode: off
* Running on all addresses.
WARNING: This is a development server. Do not use it in a production deployment
nt.
Running on http://[::]:2345/ (Press CTRL+C to quit)
```

(b) Second Node Running Proof of Authentication Based Blockchain

Source: L. Rachakonda, A. K. Bapatla, **S. P. Mohanty**, and E. Kouglanos, "[BACTmobile: A Smart Blood Alcohol Concentration Tracking Mechanism for Smart Vehicles in Healthcare CPS Framework](#)", Springer Nature Computer Science (SN-CS), Vol. 3, No. 3, May 2022, Article: 236, 24-pages, DOI: <https://doi.org/10.1007/s42979-022-01142-9>.



(e) Prototype of 4-Node Blockchain Network

```
pi@raspberrypi2: ~/Desktop/Implementation_python
pi login as: pi
pi's password:
Linux raspberrypi2 5.10.92-v7l+ #1514 SMP Mon Jan 17 17:38:03 GMT 2022 armv7l

The programs included with the Debian GNU/Linux system are free software;
the exact distribution terms for each program are described in the
individual files in /usr/share/doc/*copyright.

Debian GNU/Linux comes with ABSOLUTELY NO WARRANTY, to the extent
permitted by applicable law.

Last login: Tue Feb 1 22:42:31 2022
pi@raspberrypi2: ~ cd /Desktop/Implementation_python
pi@raspberrypi2:~/Desktop/Implementation_python $ python3 app.py 3456 3
* Serving Flask app 'app' (lazy loading)
* Environment: production
WARNING: This is a development server. Do not use it in a production deployment
It.
Use a production WSGI server instead.
* Debug mode: off
* Running on all addresses.
WARNING: This is a development server. Do not use it in a production deployment
nt.
Running on http://[::]:3456/ (Press CTRL+C to quit)
```

(d) Fourth Node Running Proof of Authentication Based Blockchain

```
pi@raspberrypi3: ~/Desktop/Implementation_python
pi login as: pi
pi's password:
Linux raspberrypi3 5.10.63-v7l+ #1459 SMP Wed Oct 6 16:41:57 BST 2021 armv7l

The programs included with the Debian GNU/Linux system are free software;
the exact distribution terms for each program are described in the
individual files in /usr/share/doc/*copyright.

Debian GNU/Linux comes with ABSOLUTELY NO WARRANTY, to the extent
permitted by applicable law.

Last login: Tue Feb 1 22:42:32 2022
pi@raspberrypi3: ~ cd Desktop/Impl*
pi@raspberrypi3:~/Desktop/Implementation_python $ python3 app.py 4567 4
* Serving Flask app 'app' (lazy loading)
* Environment: production
WARNING: This is a development server. Do not use it in a production deployment
It.
Use a production WSGI server instead.
* Debug mode: off
* Running on all addresses.
WARNING: This is a development server. Do not use it in a production deployment
nt.
Running on http://[::]:4567/ (Press CTRL+C to quit)
```

(c) Third Node Running Proof of Authentication Based Blockchain

Operation Performed	Average Operation Time (ms)
Node Registration and Broadcasting	447
Transaction Creation and Broadcasting	645
Mining New Block	434
Accessing Data from Blockchain	220

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# **Smart Healthcare – Trustworthy Pharmaceutical Supply Chain**

# Fake Data and Fake Hardware – Both are Equally Dangerous in CPS



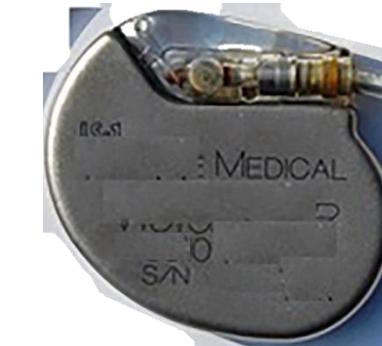
AI can be fooled by fake data



AI can create fake data (Deepfake)



Authentic  
An implantable medical device



Fake

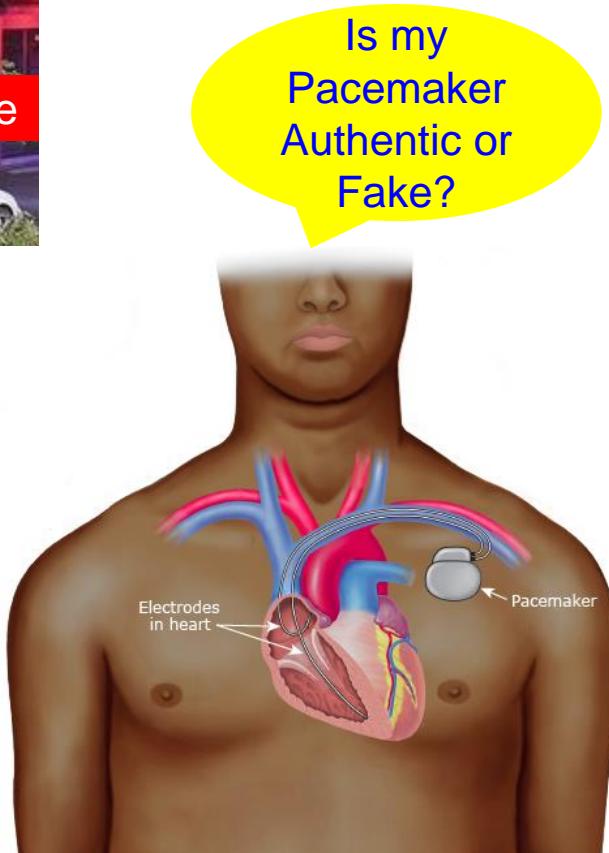


Authentic  
A plug-in for car-engine computers



Fake

# Fake is Cheap – Why not Buy?



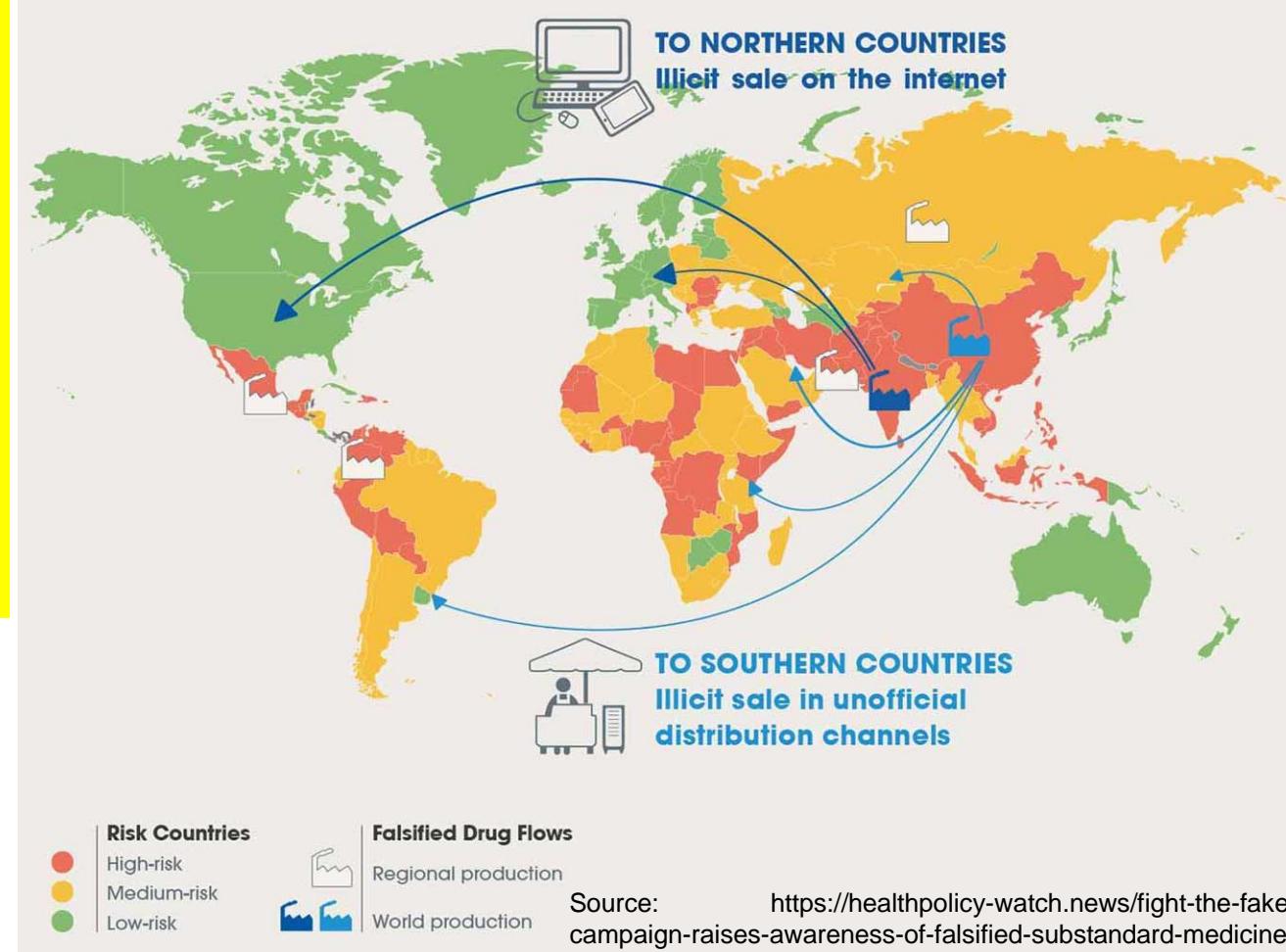
# Fake Medicine - Serious Global Issue

- It is estimated that close to \$83 billion worth of counterfeit drugs are sold annually.
- One in 10 medical products circulating in developing countries are substandard or fake.
- In Africa: Counterfeit antimalarial drugs results in more than 120,000 deaths each year.
- USA has a closed drug distribution system intended to prevent counterfeits from entering U.S. markets, but it isn't foolproof due to many reason including illegal online pharmacy.

Source: <https://fraud.org/fakerx/fake-drugs-and-their-risks/counterfeit-drugs-are-a-global-problem/>



Source: <https://allaboutpharmacovigilance.org/be-aware-of-counterfeit-medicine/>



# Typical Pharmaceutical Supply Chain



Source: A. K. Bapatla, S. P. Mohanty, E. Koulianou, D. Puthal, and A. Bapatla, "PharmaChain: A Blockchain to Ensure Counterfeit-Free Pharmaceutical Supply Chain", IET Networks, Vol. XX, No. YY, ZZ 2022, pp. Accepted on 24 June 2022, DOI: <https://doi.org/10.1049/ntw2.12041>. (Dataset for Research: [GitHub](#))

# Issues in Traditional PSC



News Source: Affairs, O. of R. (n.d.). *Press releases*. U.S. Food and Drug Administration. Retrieved November 15, 2022, from <https://www.fda.gov/inspections-compliance-enforcement-and-criminal-investigations/criminal-investigations/press-releases>

08/22/2022

BEAUMONT, Texas – A Florida-based pharmaceutical president has pleaded guilty to federal drug trafficking violations in the Eastern District of Texas, announced U.S. Attorney Brit Featherston today.

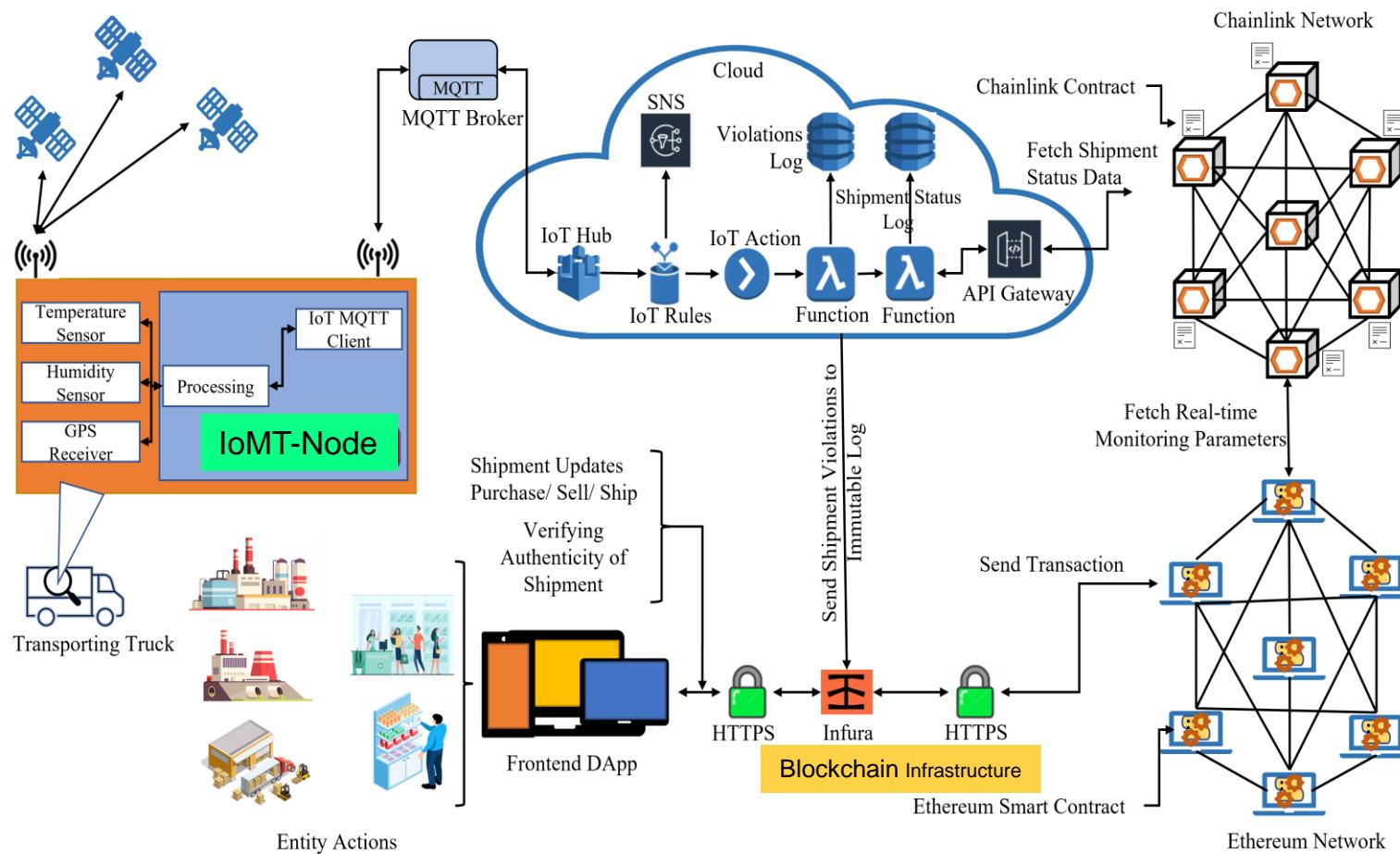
11/12/2021

A federal grand jury in Beaumont has returned a three-count indictment charging nine individuals in a drug trafficking conspiracy in the Eastern District of Texas, announced Acting U.S. Attorney Nicholas J. Ganjei today.

08/24/2021

ALEXANDRIA, Va. – An Inverness, Florida, man was sentenced today to three years in prison for selling hundreds of thousands of counterfeit prescription drug pills through the Internet.

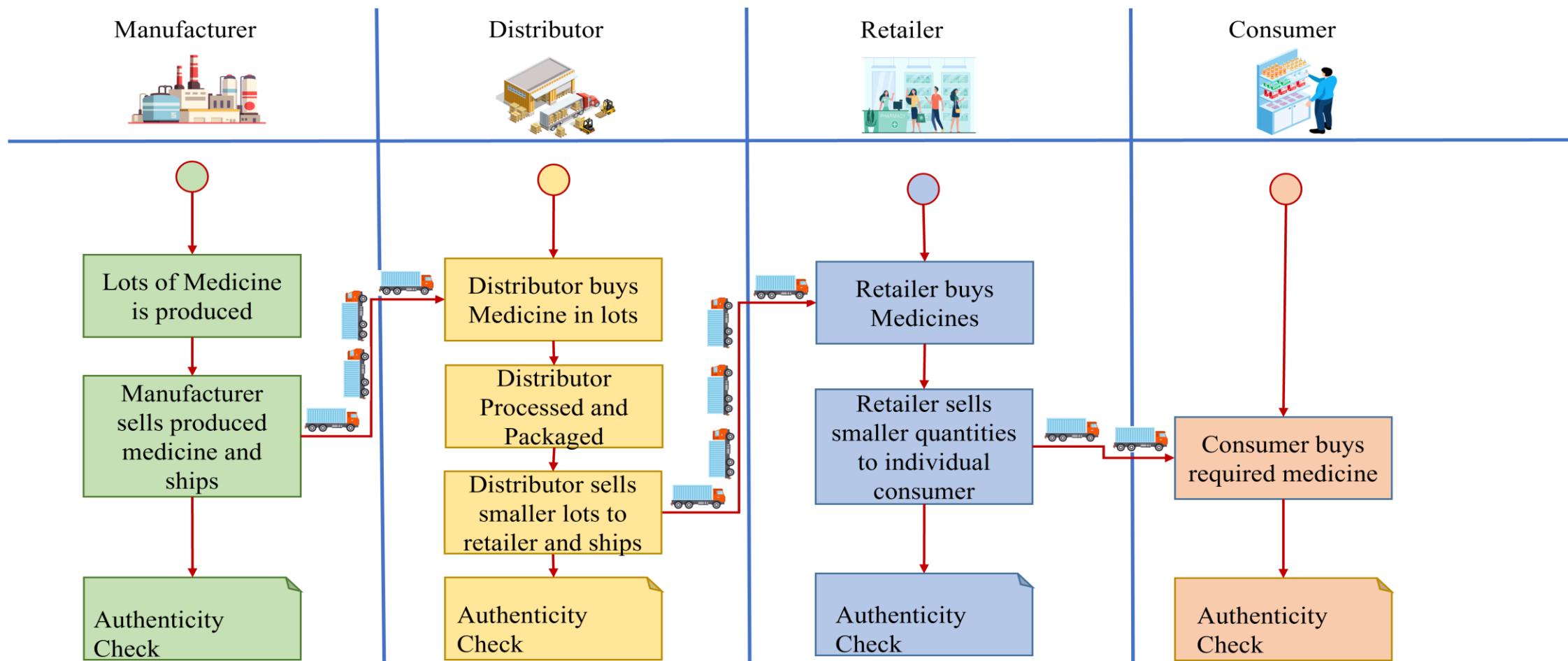
# Architectural Overview of PharmaChain



- IoT sensing nodes placed in transport trucks
- Cloud component for off-chain storage of unimportant data
- Chainlink component for interfacing real-time monitoring parameters from the sensing nodes to Ethereum smart contracts
- Ethereum blockchain component for creating an immutable and transparent ledger
- Web DApp to interact

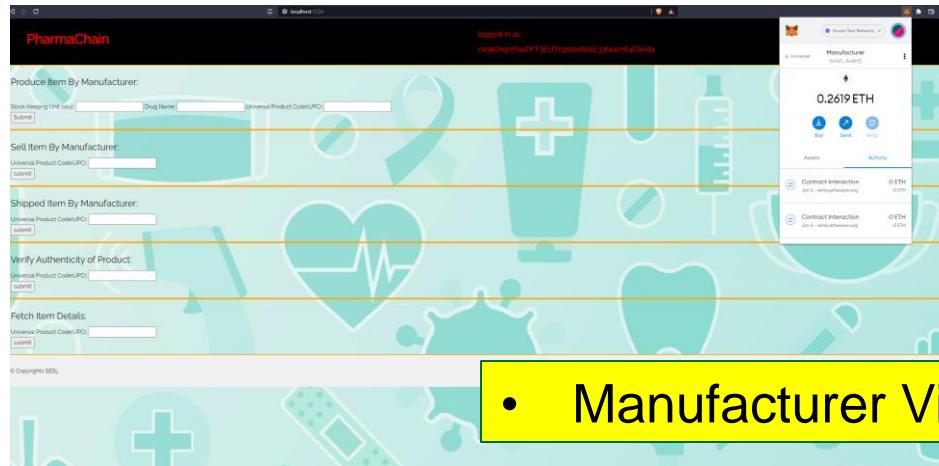
Source: A. K. Bapatla, **S. P. Mohanty**, E. Koulianios, D. Puthal, and A. Bapatla, “[PharmaChain: A Blockchain to Ensure Counterfeit-Free Pharmaceutical Supply Chain](#)”, *IET Networks*, Vol. XX, No. YY, ZZ 2022, pp. Accepted on 24 June 2022, DOI: <https://doi.org/10.1049/ntw2.12041>.

# PharmaChain Entity Activity Diagram

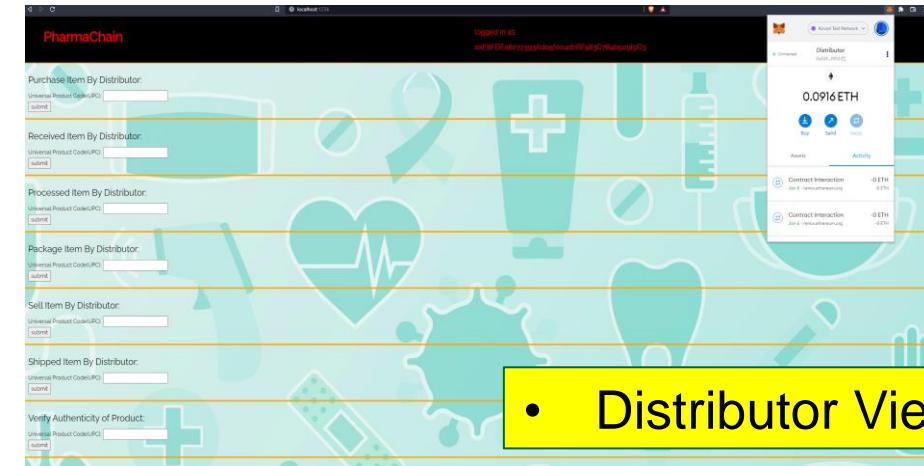


Source: A. K. Bapatla, **S. P. Mohanty**, E. Koulianios, D. Puthal, and A. Bapatla, “[PharmaChain: A Blockchain to Ensure Counterfeit-Free Pharmaceutical Supply Chain](#)”, *IET Networks*, Vol. XX, No. YY, ZZ 2022, pp. Accepted on 24 June 2022, DOI: <https://doi.org/10.1049/ntw2.12041>.

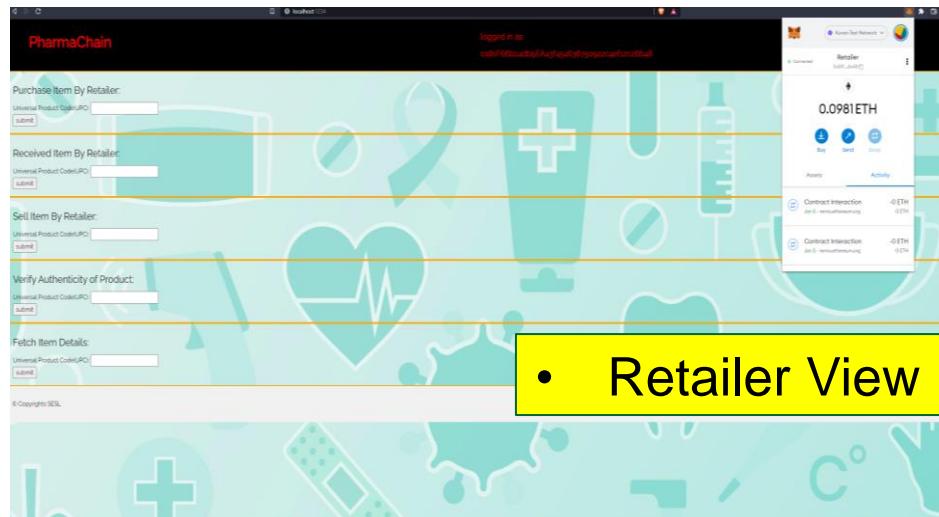
# Web DApp Interface



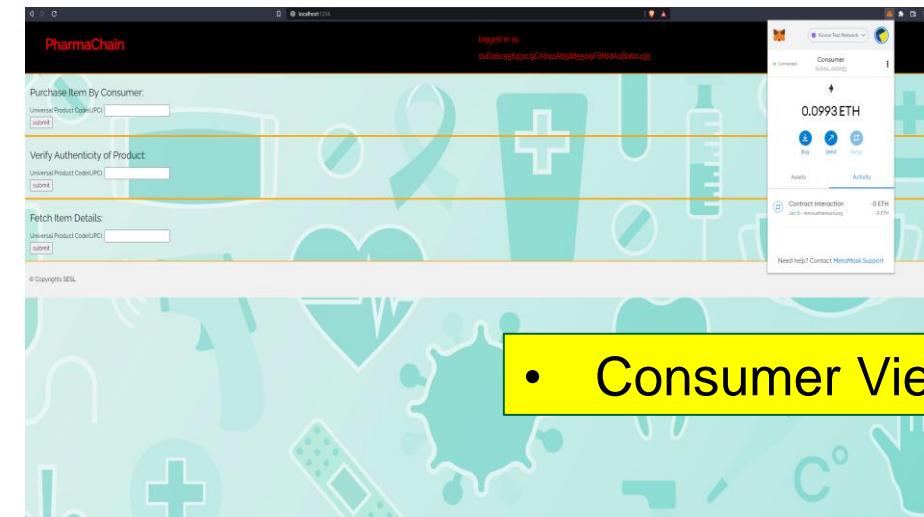
• Manufacturer View



• Distributor View



• Retailer View



• Consumer View

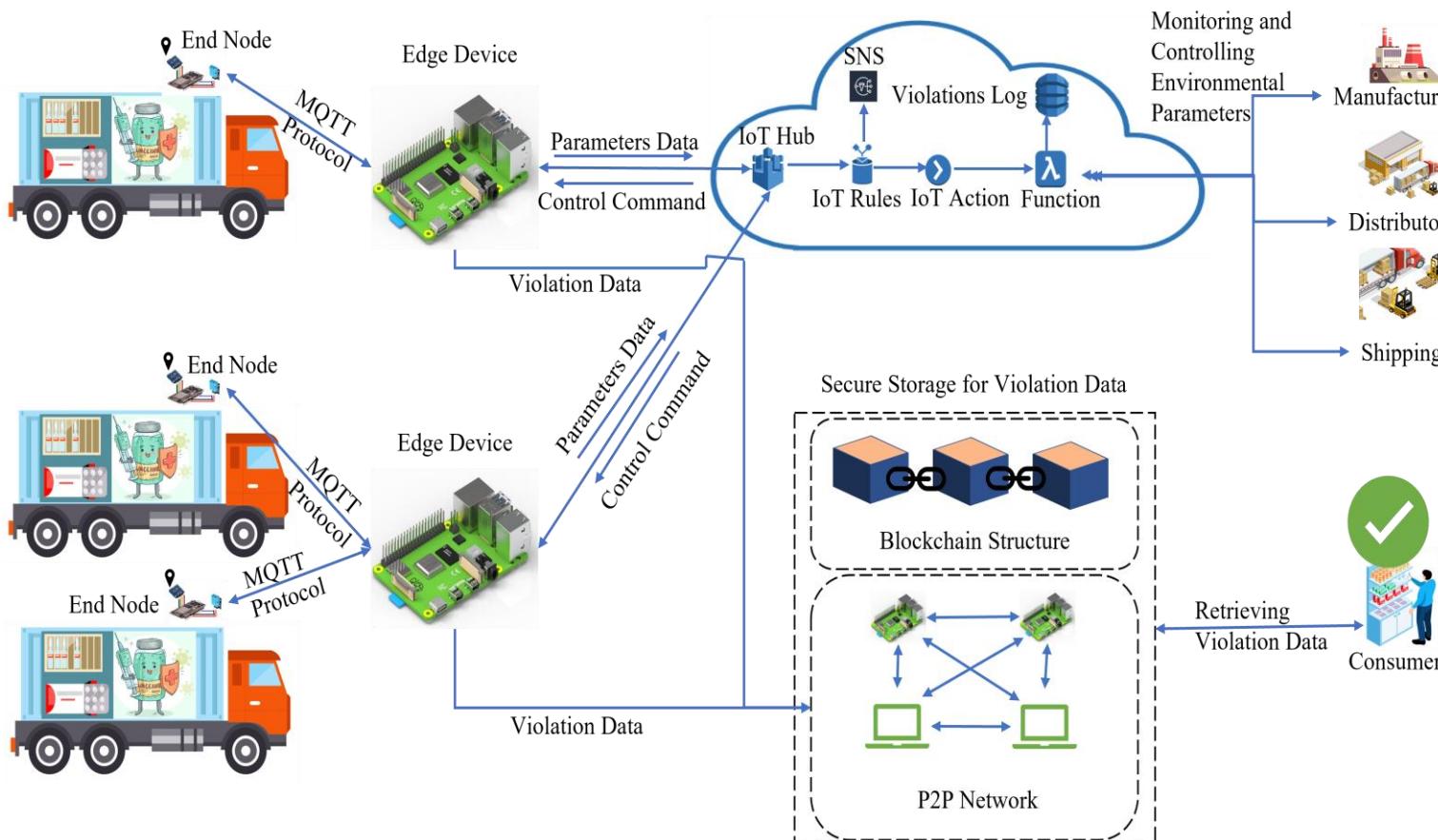
Source: A. K. Bapatla, **S. P. Mohanty**, E. Kougianos, D. Puthal, and A. Bapatla, “[PharmaChain: A Blockchain to Ensure Counterfeit-Free Pharmaceutical Supply Chain](#)”, *IET Networks*, Vol. XX, No. YY, ZZ 2022, pp. Accepted on 24 June 2022, DOI: <https://doi.org/10.1049/ntw2.12041>.

# Comparative Analysis With Existing Solutions

Parameter	Subramanian et.al. [30]	Bocek et.al. [31]	Kumar et.al. [32]	Huang et.al. [33]	Alhoori et.al. [36]	Our Solution
Blockchain Platform	New Economic Movement (NEM)	Ethereum	-	Bitcoin	Ethereum	Ethereum
Business Functions	Smart Contracts	Smart Contracts	-	UTXO Scripts	Smart Contracts	Smart Contracts
Consensus Mechanism	PoI	PoW	-	PoW	PoW	PoA
Data Integration from IoT	Cloud Functions	Centralized Database	[x]	[x]	Cloud Functions	Oracles
Transactions Re-playable	[x]	[x]	[x]	[x]	[x]	[✓]
IoT Integration	[✓]	[✓]	[x]	[x]	[✓]	[✓]
Scalability Analysis	[x]	[x]	[x]	[x]	[✓]	[✓]
Cost Analysis	[x]	[x]	[x]	[x]	[x]	[✓]
Security Analysis	[x]	[x]	[x]	[✓]	[x]	[✓]
User Friendly Interface	[✓]	[x]	[x]	[x]	[✓]	[✓]
Access Control Mechanism	[x]	[x]	[x]	[x]	[✓]	[✓]
Real-time Decision Support Tools	[x]	[x]	[x]	[x]	[✓]	[✓]
Throughput	Highest	Less	-	Least	Less	Higher

Source: A. K. Bapatla, **S. P. Mohanty**, E. Kougianos, D. Puthal, and A. Bapatla, “[PharmaChain: A Blockchain to Ensure Counterfeit-Free Pharmaceutical Supply Chain](#)”, *IET Networks*, Vol. XX, No. YY, ZZ 2022, pp. Accepted on 24 June 2022, DOI: <https://doi.org/10.1049/ntw2.12041>.

# Architectural Overview of PharmaChain 2.0



- End nodes which are placed near the drug shipments
- Edge devices with higher storage capabilities and can perform lightweight computations
- Cloud layer is used in PharmaChain 2.0 for delivering the alerts and controlling the actuators
- Blockchain Layer consists of the P2P nodes deployed and managed by the multiple entities of the cold supply chain

Source: A. K. Bapatla, **S. P. Mohanty**, E. Koulianou, and D. Puthal, "PharmaChain 2.0: A Blockchain Framework for Secure Remote Monitoring of Drug Environmental Parameters in Pharmaceutical Cold Supply Chain", in *Proceedings of the IEEE International Symposium on Smart Electronic Systems (iSES)*, 2022, pp. Accepted.

# Pharmachain 2.0 Validation

raspberrypi0 / raspberryPiZeroBlockchainRequests

Save   

GET http://[REDACTED]:2345/blockchain

Send

Params Authorization Headers (6) Body Pre-request Script Tests Settings

Body Cookies Headers (5) Test Results

Pretty Raw Preview Visualize JSON 

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```

1 "chain": [

2 {

3 "index": 1,

4 "timestamp": 1643938620,

5 "transactions": [],

6 "poash": 100,

7 "hash": "0",

8 "previous\_block\_hash": "0"

9 }

10 ],

11 "pending\_transactions": [

12 {

13 "sourceid": "0",

14 "destination": "3",

15 "macid": "0ca65327e6f66",

16 "data": "0x4142434445464748494a4b4c4d4e4f4g4h4i4j4k4l4m4n4o4p4q4r4s4t4u4v4w4x4y4z4A4B4C4D4E4F4G4H4I4J4K4L4M4N4O4P4Q4R4S4T4U4V4W4X4Y4Z4a4b4c4d4e4f4g4h4i4j4k4l4m4n4o4p4q4r4s4t4u4v4w4x4y4z4A4B4C4D4E4F4G4H4I4J4K4L4M4N4O4P4Q4R4S4T4U4V4W4X4Y4Z4s4t4u4v4w4x4y4z4A4B4C4D4E4F4G4H4I4J4K4L4M4N4O4P4Q4R4S4T4U4V4W4X4Y4Z4e4f4g4h4i4j4k4l4m4n4o4p4q4r4s4t4u4v4w4x4y4z4A4B4C4D4E4F4G4H4I4J4K4L4M4N4O4P4Q4R4S4T4U4V4W4X4Y4Z4",

17 "digitalisig": "0x4142434445464748494a4b4c4d4e4f4g4h4i4j4k4l4m4n4o4p4q4r4s4t4u4v4w4x4y4z4A4B4C4D4E4F4G4H4I4J4K4L4M4N4O4P4Q4R4S4T4U4V4W4X4Y4Z4s4t4u4v4w4x4y4z4A4B4C4D4E4F4G4H4I4J4K4L4M4N4O4P4Q4R4S4T4U4V4W4X4Y4Z4e4f4g4h4i4j4k4l4m4n4o4p4q4r4s4t4u4v4w4x4y4z4A4B4C4D4E4F4G4H4I4J4K4L4M4N4O4P4Q4R4S4T4U4V4W4X4Y4Z4",

18 "signed\_tx": "0x4142434445464748494a4b4c4d4e4f4g4h4i4j4k4l4m4n4o4p4q4r4s4t4u4v4w4x4y4z4A4B4C4D4E4F4G4H4I4J4K4L4M4N4O4P4Q4R4S4T4U4V4W4X4Y4Z4s4t4u4v4w4x4y4z4A4B4C4D4E4F4G4H4I4J4K4L4M4N4O4P4Q4R4S4T4U4V4W4X4Y4Z4e4f4g4h4i4j4k4l4m4n4o4p4q4r4s4t4u4v4w4x4y4z4A4B4C4D4E4F4G4H4I4J4K4L4M4N4O4P4Q4R4S4T4U4V4W4X4Y4Z4",

19 },

20 ],

21 "network\_nodes": [

22 "http://[REDACTED]:2345",

23 "http://[REDACTED]:3466",

24 "http://[REDACTED]:4567"

25 ],

26 "current\_node\_url": "http://[REDACTED]:1234",

27 "current\_node\_macid": "0ca65327e6f66",

28 "current\_node\_sourceid": "1",

29 "d": {

30 "1": [

31 "0ca65327e6f66",

32 "http://[REDACTED]:1234"

33 ],

34 "2": [

35 "0ca65327e19a4f",

36 "http://[REDACTED]:2345"

37 ],

38 "3": [

39 "0ca65327e6fb6",

40 "http://[REDACTED]:3466"

41 ],

42 "4": [

43 "0ca65327e6fd4",

44 "http://[REDACTED]:4567"

45 ]

## Transaction in Unconfirmed Pool

# Encoded Encrypted Transaction Data

## - Encoded Digital Signature

#### - Violation Data in Distributed Ledger

Source: A. K. Bapatla, **S. P. Mohanty**, E. Koulianou, and D. Puthal, "PharmaChain 2.0: A Blockchain Framework for Secure Remote Monitoring of Drug Environmental Parameters in Pharmaceutical Cold Supply Chain", in *Proceedings of the IEEE International Symposium on Smart Electronic Systems (iSES)*, 2022, pp. Accepted.

# Comparative Analysis with Existing Solutions

Parameter	CryptoCargo [15]	PharmaChain [9]	Current Solution (Pharma-Chain 2.0)
Blockchain	Ethereum	Ethereum	PoAh consensus based Blockchain
Consensus Protocol	Proof-of-Work (PoW)	Proof-of-Authority (PoA)	Proof-of-Authentication (PoAh)
Openness	Public	Private	Public
IoT Friendly Consensus	No	No	Yes
Average Time	43.36sec	5.6sec	322.28ms

# Conclusions and Future Research



# Conclusions

- Healthcare has been evolving to Healthcare-Cyber-Physical-System (H-CPS) i.e. smart healthcare.
- Internet of Medical Things (IoMT) plays a key role smart healthcare.
- Smart healthcare can reduce cost of healthcare and give more personalized experience to the individual.
- AI/ML is a key component of smart healthcare.
- IoMT provides advantages but also has limitations in terms of cybersecurity and privacy.
- Edge-AI for smart healthcare needs research.

# Future Research

- Smart Healthcare will need robust data, device, and H-CPS security need more research.
- Cybersecurity of IWMDs needs to have very minimal energy overhead to be useful and hence needs research.
- Integration of blockchain for smart healthcare need research due to energy and computational overheads associated with it.
- Privacy-aware limited healthcare data sharing in global scale to reduce spread of pandemic outbreak.
- Pharmaceutical supply chain needs research to ensure counterfeit free medicine and vaccinees.

# Smart Healthcare – Reality?

- Short answer - Yes

# Smart Healthcare – Hype?

- Still long way to go ...

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