Q: How many hours of sleep do you get per night?

A: On average, I'd say anywhere between 4 to 5 hours.

Q: What time do you have to wake up in the morning to arrive on-time to school?

A: To arrive on time, I usually wake up at around 7:30 or earlier.

Q: How long is your commute?

A: It's about 10 minutes, but if I'm really rushing I can get there in about 8 minutes.

Q: What is the first idea that comes to mind when you wake up?

A: How much I do not want to go to school.

Q: What are your responsibilities in the morning (ie. siblings, chores, schoolwork)?

A: The only task I have to do is let my dog out to pee, but other than that, my world is my oyster.

Q: Is cost a factor in deciding your routine?

A: To an extent, yes. Out of my entire family, I am the most frugal. I spend the least amount of money. I definitely take expenses into account, but it isn't out of necessity or restriction.

Q:  Does anything change once you arrive at school (public vs. private self)? If so, why?

A: Yeah, I think so. I do not monitor my personality, or at least as much as I should. I really behave the way I do in my private life as I do public.

Q: Tell me about your culture.

A: Well, in terms of like my life and my relationships, it has always been very relaxed between my parents and I. There's always been a sense of trust. I have a lot of freedom throughout my life and exploration. Growing up in a place like New York, I have been surrounded by a lot of different people and I have become kind of rooted in the city. I have this sort of relationship with the city itself that cultivated this growth through new exposure.

Q: Do you think the values and beliefs within your culture influence your habits throughout your morning routine?

A: I definitely think that my culture has influenced my habits. I've grown really familiar to scents like sandalwood and rose that I use every, single day. I just love having that familiarity. Also, I really value animals, and I think that has incorporated itself into my life through my cultural background. Also, being adopted, I don't think about it on a daily basis, but it definitely plays a role in my identity. I think about how much of my identity is Latina, and how much of it is Indian, the side of my adoptive father. It does play a role in where I align my culture and what I identify with. Overall, identifying with a culture has always been a very confusing area for me because of having two different cultures. My dad's whole family is Indian and Hindu, so being sort of around that influence is defining in a way. But I do think that this sort of internal tension is a very prominent part of who I am.

Q: What song do you think represents you best?

A: Light My Fire was a soundtrack that really accompanied me in my transition throughout Freshman year. It was super prevalent during a time of extreme growth.