

Health Check-Ups

Comprehensive evaluations for early detection and prevention.

Our health check-ups provide a proactive approach to your well-being, focusing on early detection and prevention of potential health concerns. Using advanced diagnostic tools and expert analysis, we deliver personalised evaluations tailored to your needs. By identifying risks early and offering actionable insights, we help you take control of your health and work towards a lifetime of vitality and wellness.

Health Checkups & Screenings

Proactive measures are essential for maintaining overall health and well-being, with regular check-ups and screenings being fundamental in this process. These health assessments allow for the early detection of potential risks and conditions, facilitating timely intervention and the prevention of more serious health concerns. At Valiant Clinic, value such proactivity offering personalized health check-ups and advanced screenings, tailored to meet your specific needs, ensuring comprehensive care and proactive management of your health.

At Valiant Clinic, we are dedicated to providing exceptional healthcare through a synergistic approach that integrates cutting-edge diagnostics with the expertise of internationally renowned physicians. Our patient-centric philosophy prioritizes individual needs, ensuring a comprehensive and seamless healthcare journey.

Valiant Signature Men's Health Checkup (40+)

3999 AED

Inclusive of the following tests and screenings:

Initial Consultation

Follow up

Specialist Consultation

Essential Tests

Vitamin & Mineral Assessment

Male Health

Stool Tests

Urine Tests

X-ray

Cardiac

Ultrasound Scan

Additional Diagnostics

Lifestyle & Risk Assessment

Valiant Signature Women's Health Checkup (40+)

4499 AED

Inclusive of the following tests and screenings:

Initial Consultation

Follow up

Specialist Consultation

Essential Tests

Vitamin & Mineral Assessment

Male Health

Stool Tests

Urine Tests

X-ray

Cardiac

Ultrasound Scan

Additional Diagnostics

Lifestyle & Risk Assessment

Platinum Health Checkup For Men Under 40

2999 AED

Inclusive of the following tests and screenings:

Initial Consultation

Follow up

Specialist Consultation

Essential Tests

Vitamin & Mineral Assessment

Men's Health

Stool Tests

Urine Tests

X-Ray

Cardiac

Additional Diagnostics

Lifestyle & Risk Assessment

Platinum Health Checkup For Women Under 40

3499 AED

Inclusive of the following tests and screenings:

Initial Consultation

Follow up

Specialist Consultation

Essential Tests

Vitamin & Mineral Assessment

Female's Health

Stool Tests

Urine Tests

X-Ray

Cardiac

Additional Diagnostics

Lifestyle & Risk Assessment

Black Diamond Men's Health Checkup (60+)

4499 AED

Inclusive of the following tests and screenings:

Initial Consultation

Follow up

Specialist Consultation

Essential Tests

Vitamin & Mineral Assessment

Men's Health

Stool Tests

Urine Tests

Additional Tests

X-Ray

Ultrasound Scan

Cardiac

Additional Diagnostics Tests

Lifestyle & Risk Assessment

Wellness Add On

Complementary VIP Services

Black Diamond Women's Health Checkup (60+)

4999 AED

Inclusive of the following tests and screenings:

Initial Consultation

Follow up

Specialist Consultation

Essential Tests

Vitamin & Mineral Assessment

Female Health

Stool Tests

Urine Tests

Additional Tests

X-Ray

Ultrasound Scan

Cardiac

Additional Diagnostics Tests

Lifestyle & Risk Assessment

Wellness Add On

Complementary VIP Services

Essential Wellness Checkup for Men & Women of All Ages

1999 AED

Inclusive of the following tests and screenings:

Initial Consultation

Follow up

Specialist Consultation

Essential Tests

Vitamin & Mineral Assessment

Female Health

X Ray

Urine Tests

Cardiac

Additional Diagnostics Tests

Lifestyle & Risk Assessment

From comprehensive preventative screenings to innovative treatments, we are committed to supporting your journey towards optimal health and eternal well-being.

Premium Health Packages

Browse our bespoke package options below

Cardiology Packages

Healthy Heart Package

1,999 AED

A preventive package designed to maintain heart health and detect early cardiovascular conditions. This package includes:

Lipid profile

Blood pressure monitoring

ECG and echocardiogram

Cardiac stress test

Consultation with a Family Medicine Specialist

Additional consultation with a Cardiologist available

Why is it important?

Because it helps in the early detection, prevention, and management of cardiovascular conditions by providing comprehensive tests and consultations to monitor heart health and identify risk factors.

Cardiology Packages

Comprehensive Cardiac Screening

5950 (Includes CT angiogram) / 3500 (without CT angiogram)

A detailed evaluation of cardiovascular health for individuals at high risk. This package includes:

Lipid profile, BPM, ECG, and Echocardiogram

Coronary CT angiogram

24-hour Holter monitoring

Advanced blood tests for cardiac markers

Cardiologist consultation with follow-up

Why is it essential?

Because it provides a thorough evaluation of heart health, especially for individuals at high risk, by identifying early signs of cardiovascular disease, detecting potential blockages or abnormalities, and enabling timely intervention to prevent heart attacks, strokes, or other heart-related complications

Cancer Packages

Basic Cancer Screening

2950 AED

Preventive cancer screening for the early detection of common cancers. This package includes:

Full blood count (CBC)

Erythrocyte Sedimentation Rate (ESR)

Tumor markers (PSA, CEA, CA125, CA 19-9)

Stool QFIT bowel cancer screening

Chest X-ray

Abdominal ultrasound

Consultation with a Family Medicine Specialist

Why is it Vital?

Because it helps in the early detection of common cancers, enabling timely intervention and improving treatment outcomes by identifying potential risks and abnormalities before symptoms appear

Cancer Packages

Breast Health Screening Package

1750 AED

Early detection of breast cancer through advanced imaging and specialist consultation. This package includes:

Mammography

Breast ultrasound (if required)

Consultation with a Family Medicine Consultant

Why is it essential?

Because it enables the early detection of breast cancer, allowing for timely intervention and better treatment outcomes.

Cancer Packages

Cervical Cancer Screening / PAP Smear

999 AED

Preventive screening to detect cervical abnormalities and ensure early intervention. This package includes:

Pap smear

HPV DNA testing

High vaginal swab for infection (if required)

Consultation with a Family Medicine Specialist

Why is it important?

Because it helps detect cervical abnormalities early, enabling timely intervention to prevent cervical cancer

Reproductive & Women's Health Packages

Menopause with Bone Health

1450 AED

A tailored package to manage menopause symptoms and maintain bone health. This package includes:

Female hormone panel

Bone density scan

Vitamin D and calcium testing

Consultation with a Family Medicine Consultant including HRT advice

Why is it vital?

Because it helps manage menopause symptoms, ensures bone health through regular monitoring, and addresses potential risks such as osteoporosis, improving overall well-being during this phase.

Specialized Packages

Urology Packages

2750 AED

A comprehensive check-up to ensure urinary tract and prostate health. This package includes:

PSA test for men

Kidney, bladder and prostate (men) ultrasound

Urine analysis

Consultation with a Family Medicine Specialist

Additional consultation with a Urologist available (Additional 700 AED)

Why is it important?

Because it helps detect potential urinary tract and prostate issues early, ensuring timely intervention to maintain urinary health and prevent complications.

Consultant-Led Surgeries

Our consultant-led surgeries are designed to deliver exceptional care across multiple specialties, combining the expertise of internationally acclaimed surgeons with advanced medical technology. Each procedure is tailored to your unique needs, ensuring precision and optimal outcomes.

At Valiant Clinic & Hospital, we prioritise patient-centred care, offering a seamless experience from diagnosis to recovery. With a focus on safety, innovation, and personalised treatment plans, our surgeries are performed to the highest standards to ensure a quick and effective recovery.

Our Specialties Include

Cardiac Surgery

Specialised treatments for heart health, including minimally invasive procedures for coronary artery disease and valve repair.

Gynaecology Surgeries

Comprehensive care for women's reproductive health, offering advanced surgical solutions to address a wide range of gynaecological conditions.

Gastroenterology Surgeries

Specialised treatments for digestive health, including procedures for gastrointestinal diseases and related conditions.

Plastic and Reconstructive Surgeries

Advanced cosmetic and reconstructive procedures tailored to your individual needs, ensuring natural and transformative results.

Urology Surgeries

Comprehensive surgical care for urinary and prostate health, including minimally

Consultant-Led Surgeries FAQ's

What does consultant-led care mean at Valiant Clinic & Hospital?

At Valiant Clinic & Hospital, consultant-led care ensures that experienced consultants oversee and coordinate all aspects of a patient's surgical journey, from initial assessment to post-operative care, providing personalized and comprehensive treatment plans.

What types of surgical procedures are available?

Valiant Clinic & Hospital offers a wide range of surgical procedures across various specialties, including general surgery, urology, gynaecology, gastroenterology, and more, all performed by highly qualified surgeons.

How are treatment options determined for surgical patients?

Treatment options are tailored to each patient's unique needs, involving thorough assessments, diagnostic evaluations, and

collaborative discussions among our multidisciplinary medical team to ensure the most effective and appropriate surgical interventions.

Are VIP services available for surgical patients?

Yes, Valiant Clinic & Hospital provides VIP services, including private rooms, personalized care, and exclusive amenities, to ensure a comfortable and luxurious experience for our surgical patients.

Are VIP services available for surgical patients?

Yes, Valiant Clinic & Hospital provides VIP services, including private rooms, personalized care, and exclusive amenities, to ensure a comfortable and luxurious experience for our surgical patients.

Do you have an emergency department?

Yes, Valiant Clinic & Hospital is equipped with a state-of-the-art emergency department, providing immediate care for acute medical conditions and emergencies, staffed by experienced medical professionals.

What advanced technologies are utilized during procedures?

We utilize cutting-edge technologies such as robotic-assisted surgery, high-resolution imaging, and minimally invasive techniques to enhance precision, reduce recovery times, and improve patient outcomes.

How does Valiant Clinic & Hospital ensure high standards in surgical care?

We adhere to international standards of excellence, employing evidence-based practices, continuous staff training, and rigorous quality control measures to ensure the highest level of surgical care and patient safety.