

SARA HEATH

414-801-1595

SARAMAHEATH@GMAIL.COM

LICENSE #: 13682-146

SUMMARY

Licensed massage therapist with a strong compassion for healing the mind, body, and spirit with the power of intention and focused touch.

HIGHLIGHTS

- ❖ Excellent customer service skills and communication with clients and co-workers
- ❖ Positive enthusiastic attitude
- ❖ Ability to think quickly and adjust accordingly during a massage session
- ❖ Ability to create a safe relaxing environment for every client

EXPERIENCE

MOMENTS HOSPICE, SE WI

LICENSED MESSAGE THERAPIST - CLINICAL TEAM
December 2020 - April 2022

- Travel to patients' homes for massage visits
- Create unique treatment plans
- Schedule all appointments directly with patients
- Patient education and home recommendations

COMPASSIONATE CARE HOSPICE, SE WI

LICENSED MESSAGE THERAPIST - CLINICAL TEAM
November 2017 - December 2020

- Travel to patients' homes for massage visits
- Create unique treatment plans
- Schedule all appointments directly with patients
- Patient education and home recommendations

ELEMENTS THERAPEUTIC MASSAGE, Whitefish Bay WI

LICENSED MESSAGE THERAPIST
August 2016 - November 2 2017

- Detailed intake with all clients
- Client education and recommendations
- Soap notes for all clients in MindBody

BELL PROPERTY MANAGEMENT, Milwaukee, WI

APARTMENT BUILDING MANAGER
May 2010 - January 2018

- On call at all times for residents' needs
- Apartment showings and lease signings
- Apartment inspections
- Managed 64 apartment units

EDUCATION

MILWAUKEE SCHOOL OF MASSAGE

January 15, 2015 - December 11, 2015
750 Hour program

TRAINING AND CERTIFICATIONS

- ❖ Licensed Massage Therapist, State of Wisconsin (current)
- ❖ First Aid Certification with American Red Cross (current)
- ❖ CPR Certification with American Red Cross (current)
- ❖ Liability Insurance with AMTA (current)
- ❖ Training in:
 - Swedish
 - Deep Tissue
 - Chair Massage
 - Benevolent Touch
 - Myofascial Release
 - Hot Stone
 - Palliative Care
 - Geriatric Care
 - Hospice Care