

**7 Questions**

**That Will**

**Define Your**

**Next 10 Years**

## **1. Am I climbing the right mountain?**

There's no bigger waste of time and energy than working hard on the wrong things. Before you grind for another decade, ask yourself if you're chasing the right goals.

## **2. What would my ideal day look like, and how far is it from today?**

The clearer you are about your ideal day, the easier it is to take small steps toward it. This question helps you start **closing the gap** between your dream and your reality.

### **3. What am I avoiding just because I know the answer is painful?**

The move you're most scared to make is the one that will change everything. Maybe it's a job you need to leave, a relationship that's run its course, or a habit that's holding you back.

## **4. Are the results I'm expecting aligned with my current habits?**

You can't expect financial success if you don't manage your money. You can't expect to get fit if you don't exercise. Your habits are either a bridge to your future or a barrier. Choose wisely.

## **5. If I died 10 years from today, what would I regret NOT doing?**

So many of us live on autopilot. Telling ourselves, “I’ll get to that someday.” But someday has a funny way of never coming. This question forces you to face what can’t wait.

## **6. Who brings out the best in me and can I spend more time with them?**

The people around you shape your mindset, habits, and ambitions. Get intentional about spending more time with those who make you feel more alive, more capable, and more like the best version of yourself.

## **7. What skills will still matter in 10 years and am I building them now?**

Trends come and go. But some skills hold their value no matter what: communication, persuasion, adaptability. Focus on what will still matter in the long run so you can start building it today.

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