SAREN H. SEELEY, M.A.

(updated December 2020)

CONTACT INFORMATION

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EDUCATION

2020 – 2021 (anticipated) **Doctoral Internship in Clinical Psychology** (in progress)

VA Pittsburgh Healthcare System | Pittsburgh, PA

2016 – 2021 (anticipated) **Doctor of Philosophy, Clinical Psychology** (in progress)

4.0 GPA

University of Arizona (UA) | Tucson, AZ

Dissertation: Dynamic Functional Connectivity as a Neurobiological Mechanism of Adaptation in Widowed Older Adults (Advisor: Mary-Frances O'Connor, Ph.D.) *defended 05/26/20.

2015 – 2016 Master of Arts, Psychology

4.0 GPA

University of Arizona (UA) | Tucson, AZ

Thesis: Functional Neuroanatomy of Grief and Perceived Discrimination in South Asian

Women in the United States (Advisor: Mary-Frances O'Connor, Ph.D.)

2009 – 2013 Bachelor of Arts, Psychology

3.8 GPA

Hunter College of the City University of New York | New York, NY

Thesis: Anxious, Not Depressive Symptoms Predict Heart Rate Variability in Generalized Anxiety

Disorder (Advisor: Douglas S. Mennin, Ph.D.) Magna cum laude, Honors in Psychology

HONORS and AWARDS

2020	PEO Scholar Award	PEO International
2019	Data Science Ambassador	UA College of Science
2019	Clinical Science Student Training Award	Academy of Psychological Clinical Science
2019	Galileo Scholar Award	UA College of Science
2019	Selected to attend Neurohackademy 2019	University of Washington eScience Institute
2017	Science Alliance Leadership Training Program Fellow	New York Academy of Sciences
2017	NSF GRFP (Honorable Mention)	National Science Foundation
2015	Student Poster Award	Society for Psychophysiological Research
2015	Student Travel Award	Society for Psychophysiological Research
2015	GPSC Travel Award	UA Graduate and Professional Student Council
2013	Undergraduate Research Initiative Fellowship	CUNY Hunter College

RESEARCH SUPPORT

2019 PI Ruth L. Kirschstein NRSA Individual Predoctoral Fellowship (1F31AG062067)

\$45,016

National Institute on Aging

GRADUATE RESEARCH EXPERIENCE

08/15 – present Grief, Loss, and Social Stress Lab

Graduate Researcher

PI: Mary-Frances O'Connor, PhD (University of Arizona)

Duties:

- Study coordinator for fMRI investigation of intranasal oxytocin and complicated grief.
- Coordinated and ran fMRI sessions with older bereaved adults.
- Preprocessed, analyzed, and wrote up multiple fMRI datasets.
- Initiated adoption of Brain Imaging Data Structure for fMRI data management.
- Initiated adoption of new QC and preprocessing methods (e.g., MRIQC; fMRIPrep).
- Write data cleaning scripts.
- Data analysis in R.
- Manuscript preparation and literature review.
- Present research at national conferences.

- Maintain lab website.
- Manage IRB application materials.
- Mentorship:
 - One UA Undergraduate Research Opportunities Consortium summer RA.
 - One post-baccalaureate RA.

05/2016 – 2019 Regulation of Emotions in Anxiety and Depression Lab

Alumni/collaborator

PIs: Douglas S. Mennin (Columbia University), David M. Fresco (Kent State University)

Analyze and write up behavioral and fMRI datasets from generalized anxiety disorder psychotherapy trial.

• Collaborate with research team members on other manuscripts from parent study.

UNDERGRADUATE/POST-BACCALAUREATE RESEARCH EXPERIENCE

06/13 – 07/15 Regulation of Emotions in Anxiety and Depression Lab, CUNY Hunter College

Senior Research Assistant/fMRI Coordinator

PI: Douglas S. Mennin, PhD

Duties:

Duties:

• Administered ap

- Administered approximately 20 SCID-IV-TR interviews to patients for clinical trial.
- Participated in weekly group supervision/interrater reliability meetings.
- Developed lab procedures and documentation for psychophysiological data processing.
- Trained RAs on psychophysiological data acquisition and cleaning.
- Trained RAs on clinical interviewing using the SCID-IV-TR.
- Coordinated and ran fMRI sessions with generalized anxiety disorder patients.
- Developed procedures and documentation for fMRI data acquisition and management.
- Edited E-Prime tasks.
- Manuscript preparation, literature review, and data analysis (in SPSS).
- Assisted PI with grant writing and peer reviews.
- Maintained lab websites.
- Presented research at national conferences.
- Co-mentorship (with graduate student):
 - Two undergraduate honors thesis students.
 - One McNair scholar/honors thesis student.

09/14 – 12/14 Hoyt Stress and Coping Lab, CUNY Hunter College

Research Assistant, New York, NY

PI: Michael A. Hoyt, PhD

Duties:
• Trained undergraduate RAs on psychophysiological data collection and cleaning.

- Improved lab procedures and documentation for psychophysiological data processing.
- Provided written and verbal feedback to Masters student using psychophysiological data in thesis.
- Manuscript preparation and data analysis.

03/12 – 05/13 Regulation of Emotions in Anxiety and Depression Lab, CUNY Hunter College

Undergraduate Research Assistant, New York, NY

PI: Douglas S. Mennin, PhD

Duties: • Completed undergraduate honors thesis.

- Transcribed qualitative data.
- Collected and processed EEG and peripheral psychophysiological data.
- Data analysis in SPSS.

PUBLICATIONS

- 1. Scult, M.A., Fresco, D.M., Gunning, F.M., Liston, C., **Seeley, S.H.,** Garcia, E. & Mennin, D.S. (2019). Changes in functional connectivity following treatment with Emotion Regulation Therapy. *Frontiers in Behavioral Neuroscience*, *13*, 10. doi:10.3389/fnbeh.2019.00010
- 2. **Seeley, S.H.,** Chou, Y.-H., & O'Connor, M.-F. (2018). Intranasal oxytocin and *OXTR* genotype effects on resting state functional connectivity: A systematic review. *Neuroscience and Biobehavioral Reviews*, 1-17. doi:10.1016/j.neubiorev.2018.09.011
- 3. Renna, M.E., **Seeley, S.H.**, Heimberg, R.G., Etkin, A., Fresco, D.M., Mennin, D.S. (2017). Increased attention regulation from Emotion Regulation Therapy for generalized anxiety disorder. *Cognitive Therapy and Research*, 42(2), 121-134. doi:10.1007/s10608-017-9872-7

- 4. Renna, M.E., Chin, S., **Seeley, S.H.,** Fresco, D.M., Heimberg, R.G., & Mennin, D.S. (2017). The use of the mirror tracing persistence task as a measure of distress tolerance in generalized anxiety disorder. *Journal of Rational Emotive & Cognitive-Behavior Therapy*, 36(1), 80-88. doi:10.1007/s10942-017-0274-2
- 5. Fresco, D.M., Roy, A.K., Adelsberg, S., **Seeley, S.H.,** García-Lesy, E., Liston, C. & Mennin, D.S. (2017). Distinct functional connectivities predict clinical response with Emotion Regulation Therapy. *Frontiers in Human Neuroscience*, 11, 1-13. doi:10.3389/fnhum.2017.00086
- 6. **Seeley, S.H.**, Yanez, B., Stanton, A.L. & Hoyt, M.A. (2017). Emotional approach and heart rate variability following an emotional processing intervention. *Cognition and Emotion* 31(5), 988-994. doi:10.1080/02699931.2016.1170667
- 7. **Seeley, S.H.**, Mennin, D.S., Aldao, A., McLaughlin, K.A., Rottenberg, J., & Fresco, D.M. (2015). Impact of comorbid depression on subjective and physiological responses to emotion in generalized anxiety disorder. *Cognitive Therapy and Research*, 1-14. doi:10.1007/s10608-015-9744-y
- 8. **Seeley, S.H.,** García, E., & Mennin, D.S. (2015). Recent advances in laboratory assessment of emotion regulation. *Current Opinion in Psychology*, 3, 58-63. doi:10.1016/j.copsyc.2015.02.009

MANUSCRIPTS SUBMITTED/IN PREPARATION

Manuscripts Submitted for Publication

- 1. Arizmendi, B.J., **Seeley, S.H.**, Allen, J.J.B., Killgore, W.D.S., Andrews-Hanna, J. & O'Connor, M.F. Feeling a pull to be close: The effect of oxytocin on approach and avoidance in complicated grief. Manuscript under review.
- 2. Knowles, L.M., **Seeley, S.H.**, & O'Connor, M.-F. Morbidity following spousal bereavement is associated with depression, not prolonged grief disorder. Manuscript under review.
- 3. Raab, H.A., Sandman, C.S, **Seeley, S.H.,** Garcia, E., Liston, C., Fresco, D.M., & Mennin, D.S. Greater prefrontal recruitment associated with clinical improvement and regulatory skills in generalized anxiety patients following Emotion Regulation Therapy: A pilot investigation. Revise and resubmit.
- 4. O'Connor, M.-F. & **Seeley, S.H.** Neurobiology of Complicated Grief. In J.W. Ellor & H.W. Harris (Eds.) Macmillan Encyclopedia of Death and Dying. Macmillan Reference, USA. Book chapter under review.

Manuscripts in Preparation

1. **Seeley, S.H.**, Andrews-Hanna, J., Allen, J.J.B. & O'Connor, M-F. Resting state static and dynamic functional connectivity patterns associated with complicated grief in older adults. Manuscript in prep. for submission.

PRESENTATIONS

National conference presentations:

- 1. **Seeley, S. H.** & O'Connor, M-F. Patterns of static and dynamic functional connectivity associated with complicated grief symptoms in older adults. In McNally, R. J. (Chair), Deepening Our Understanding of Grief. *Symposium submitted to the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.*
- 2. Fresco, D. M., Roy, A. K., Adelsberg, S., **Seeley, S.H.,** Garcia, E., Liston, C., Mennin, D. S. (2017, November). Distinct functional connectivities predict clinical response with Emotion Regulation Therapy. In M. T. Moore (Chair), Mechanisms of change in mindfulness-based interventions. Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- 3. Seeley, S.H., Mennin, D.S., Heimberg, R.G., Fresco, D.M., & Etkin, A. (2015, November). Conflict adaptation and attentional change in Emotion Regulation Therapy for generalized anxiety disorder. In S. Steinman & L. Hallion (Chairs). Neurocognitive Underpinnings of Anxiety: Implications for Theory and Treatment. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 4. **Seeley, S.H.,** Abbas, M., Mennin, D.S., Aldao, A., & Fresco, D.M. (2015, May). Common and specific patterns of autonomic and subjective responsivity among the distress disorders. In A. Aldao & S. Hofmann (Chairs), Emotion Regulation & Psychopathology: Identifying Transdiagnostic and Disorder-Specific Deficits. Symposium presented at the annual meeting of the Association Psychological Science, New York, NY.
- 5. **Seeley, S.H.,** Mankus, A.M., Renna, M., Cooper, S.E., Mennin, D.S., Fresco, D.M., & Heimberg, R.G. (2014, March). Emotion Regulation Therapy for generalized anxiety disorder: Effects on response inhibition to task-irrelevant emotional content. In A. Aldao & D. Klemanski (Chairs), Emotion Regulation Flexibility in the Treatment of Anxiety Disorders. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
- 6. Garcia, E., **Seeley, S.H.,** Quintero, J.M., Fonseca, L., Mennin, D.S. (2014, November). Electrocortical and autonomic indices of self-referential processing. In S. Berthod & E. Garcia (Chairs). Biosignatures of Affective Psychopathology: Insights from

Psychophysiological Measures of Emotional Processing. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Community presentations:

- 1. **Seeley, S.H.** & Bowen, A.M. (2018, January). "Understanding LGBTQ+ Students". Invited presentation for the University of Arizona Pediatric Pulmonary Center Annual School Healthcare Professionals Education Day, Tucson, AZ.
- 2. **Seeley, S.H.** & Bowen, A.M. (2018, April). "Self-Care for Caregivers". Invited presentation for the University of Arizona Pediatric Pulmonary Center Annual Cystic Fibrosis Patient and Family Education Day, Tucson, AZ.
- 3. **Seeley, S.H.** & Bowen, A.M. (2017, November). "Improving Behavioral Health for People with Cystic Fibrosis". La Frontera Center, Tucson AZ.

Intramural presentations:

- 1. **Seeley, S.H.** (2020, February). "The Brain Imaging Data Structure (BIDS) Ecosystem and fMRIPrep". Presentation for the UA Interdisciplinary Brain Mapping Workgroup, Tucson, AZ.
- 2. **Seeley, S.H.** (2019, March). "Mental Health in Graduate School." Invited presentation for the UA Psychology Department Diversity Committee and Psi Chi event "Real Talk: Diverse Perspectives on Graduate School", Tucson, AZ.
- 3. **Seeley, S.H.** (2018, November). "Introduction to the Brain Imaging Data Structure and fMRIPrep". Presentation for the UA Interdisciplinary Brain Mapping Workgroup, Tucson, AZ.

Other presentations:

- 1. **Seeley, S.H.** (2019, August). "Intro to MRIQC for fMRI Quality Control". Breakout session presentation at Neurohackademy Summer Institute, University of Washington, Seattle, WA.
- 2. **Seeley, S.H.** (2019, February). "Getting Started with the Brain Imaging Data Structure and fMRIPrep". Training for members of the UA Neuroscience of Emotion and Thought Lab (PI: Andrews-Hanna) and Psychophysiology Lab (PI: Allen), Tucson, AZ.
- 3. **Seeley, S.H.** (2015, various). Led two trainings on heart rate variability interpretation, cleaning, and analysis for student/faculty members of the CUNY Graduate Center and Columbia University.

POSTERS

- 1. **Seeley, S.H.,** Arizmendi, B.A., O'Connor, M-F. *Desperately Seeking: Precentral Gyrus Linked to a Cuneus-Precuneus Resting State Network in Complicated Grief.* Poster presented at the annual meeting of the Society for Psychophysiological Research, October 2019, Washington DC.
- 2. Quintero, J.M., Seeley, S.H., Renna, M.R., & Mennin, D.S. *Indices of Trait Emotionality and Emotion Regulation: A Concordance Study Between Myoelectrical Gastric Reactivity and Heart Rate Variability*. Poster presented at the annual meeting of the Society for Psychophysiological Research, October 2018, Quebec City, Quebec, Canada.
- 3. Quintero, J.M., Seeley, S.H., Renna, M.R., & Mennin, D.S. *Trait Indices of Emotionality and Emotion Regulation: An Examination of Individual Differences in Emotional Processing and Myoelectrical Gastric Reactivity*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, November 2017, San Diego, CA.
- 4. Quintero, J.M, Seeley, S.H., Renna, M.E., & Mennin, D.S. *Links Between Individual Differences in Trait Emotionality and Altered Gastric Myoelectrical Activity*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, April 2017, San Francisco, CA.
- 5. Sandman, C.F., Raab, H.A., **Seeley, S.H.**, García-Lesy, E., Fresco, D.M., Mennin, D.S., & Liston, C. *Greater Prefrontal Recruitment Associated with Clinical Improvement and Metacognitive Skills in Generalized Anxiety Patients Following Emotion Regulation Therapy.* Poster presented at the annual meeting of the Anxiety and Depression Association of America, April 2017, San Francisco, CA.
- 6. Raab, H.A., Sandman, C.F., **Seeley, S.H.,** García-Lesy, E., Fresco, D.M., Mennin, D.S., & Liston, C. *Increased Prefrontal Activation to Negative Stimuli Is Associated with Clinical Improvement Following Emotion Regulation Therapy for Generalized Anxiety Disorder.* Poster presented at the annual meeting of the Society for Neuroscience, November 2016, San Diego, CA.
- 7. **Seeley, S.H.,** García-Lesy, E., Mennin, D.S. *The Role of Trait Worry in Temporal Dynamics of the Evoked Cardiac Response to Affective Images*. Poster presented at the annual meeting of the Society for Psychophysiological Research, September 2015, Seattle, WA. *Student poster award
- 8. Renna, M.E., **Seeley**, **S.H.**, Chin, S., Heimberg, R.G., Fresco, D.M., Mennin, D.S. *The Utility of a Behavioral Measure of Distress Tolerance in Generalized Anxiety Disorder*. Poster presented at the annual meeting of the Association of Psychological Science, May 2015, New York, NY.

- 9. Renna, M.E., **Seeley**, **S.H.**, Chin, S., Heimberg, R.G., Fresco, D.M., Mennin, D.S. *The Mirror Tracing Persistence Task as a Distress Tolerance Marker in Generalized Anxiety Disorder*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, April 2015, Miami, FL.
- 10. Adelsberg, S., Roy, A.K., **Seeley, S.H.**, Garcia, E., Renna, M.E., Fresco, D.M., & Mennin, D.S. *Changes in Emotion Regulation Circuitry Associated with a Regulation-Based Intervention for Generalized Anxiety Disorder*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, November 2014, Philadelphia, PA.
- 11. Renna, M., **Seeley, S.H.,** Chin, S., Heimberg, R.G., Fresco, D.M., Mennin, D.S. *Preliminary Evidence for a Behavioral Measure of Distress Tolerance in Generalized Anxiety Disorder*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, November 2014, Philadelphia, PA.
- 12. Garcia, E., Quintero, J. M., Seeley, S.H., Fonseca, L., Mennin, D.S. *Dispositional Positive Self-Referential Processing Modulates Late-Positive Potential Responses in an Emotional-Motivational Context.* Poster presented at the annual meeting of the Association for Psychological Science, May 2014, San Francisco, CA.
- 13. Garcia, E., **Seeley, S.H.,** Fonseca, L., Quintero, J. M., Renna, M., Skytte-O'Toole, M.S., Mennin, D.S. *Positive Self-Referential Processing Modulates Electrocortical Responses to Emotional Stimuli*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, March 2014, Chicago, IL.
- 14. Renna, M., **Seeley, S.H.,** Mankus, A.M., Garcia, E., Mennin, D.S., Fresco, D.M., Heimberg, R.G. *Emotion Regulation Therapy for Generalized Anxiety Disorder: Exploration of Heart Rate Variability and Inhibition of Emotional Interference*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, March 2014, Chicago, IL.

12/20 – present	VA Pittsburgh Healthcare System – Behavioral Health Interdisciplinary Program, Sigma Team Psychology Intern Pittsburgh, PA	
	Outpatient CBT for veterans with schizophrenia and other serious mental illness.	
Supervisors:	Marci Gaither, Ph.D.	
08/20 - 12/20	VA Pittsburgh Healthcare System – Pittsburgh Geriatric Research, Education, and Clinical Center Psychology Intern Pittsburgh, PA	
	Neurocognitive assessment of medically complex veterans (65+ years) as part of interdisciplinary Geriatric Evaluation and Management and Driving Safety Clinics.	
Supervisors:	Lauren Jost, Psy.D., Bernadette Pasquale, Ph.D., ABPP, Patrick Whitmoyer, Ph.D.	
07/18 - 06/20	Banner-University Medical Center, Dept. of Psychiatry – Early Psychosis Intervention Center (EPICenter)	
	Psychology Extern Tucson, AZ	
Supervisors:	Individual and group CBT for young adults (15-35 years) with psychotic disorders and family members. Patricia Harrison-Monroe, PhD; Gustavo Perez, PhD	
01/19 – present	Banner-University Medical Center, Dept. of Psychiatry – Psilocybin for Treatment of Obsessive-Compulsive Disorder (Research Study; PI: Moreno)	
	Structured Clinical Interviewer Tucson, AZ	
Supervisor:	Diagnostic interviewing for research study in treatment-resistant OCD. John J.B. Allen, PhD	
05/17 – 07/18	Banner-University Medical Center, Dept. of Pulmonology – Cystic Fibrosis Clinics (Adult & Pediatric Psychology Extern Tucson, AZ	
Supervisors:	Brief evaluation and intervention (outpatient and inpatient) for adults and teens/children with cystic fibrosis Anne M. Bowen, PhD	
08/15 - 05/17	University of Arizona, Dept. of Psychology – Behavioral Health Clinic Student Clinician Tucson, AZ	
	Outpatient CBT/ACT for community adults with mood and anxiety disorders.	
Supervisors:	John JB Allen, Ph.D., Anne Bowen, Ph.D., Kathleen Prouty, Ph.D., David Sbarra, Ph.D.	
10/15 – 05/16	University of Arizona, Dept. of Psychology – Psychophysiology Laboratory (Research Study, PI: Allen) Structured Clinical Interviewer Tucson, AZ	
~ .	Diagnostic interviewing for research study in depression.	

Supervisor:

John J.B. Allen, PhD

PROFESSIONAL SERVICE

Societal Committees and Service

01/16 – 12/17 Student Representative, Southern Arizona Psychological Association Student Representative

Intramural Committees and Service (University of Arizona)

2019 – 2020	Student Wellness Committee, UA Psychology Department	Member
2016 - 2018	Diversity Committee, UA Psychology Department	Student Representative
Fall 2017	Arizona's Science, Engineering and Math Scholars (ASEMS) Program, UA	Graduate Student Mentor
Fall 2016	UA Graduate & Professional Student Council	Travel Grants Reviewer

EDITORIAL CONTRIBUTIONS

2020	PLOS ONE	Ad Hoc Reviewer
2019	Cognitive, Affective, & Behavioral Neuroscience	Ad Hoc Reviewer
2019	European Child & Adolescent Psychiatry	Ad Hoc Reviewer
	Publons profile: https://publons.com/author/1518351	

SCHOLARLY SOCIETIES

Association for Psychological Science

Society for Psychophysiological Research

Society for the Improvement of Psychological Science

Society for the Science of Clinical Psychology

Neuroscience of Grief International Network

TEACHING EXPERIENCE

Teaching Assistant			
Spring 2019	Psychotherapy Interventions (ACT practicum)	University of Arizona	Graduate course
Fall 2018	Psychotherapy Interventions (CBT practicum)	University of Arizona	Graduate course
Spring 2017	Developmental Psychology	University of Arizona	Undergraduate course
Fall 2016	Mind, Brain & Behavior	University of Arizona	Undergraduate course
Spring 2016	Introduction to Psychology	University of Arizona	Undergraduate course

SPECIALIZED TRAININGS

08/2019	Neurohackademy summer institute in neuroimaging and data science (2 weeks). University of Washington eScience	
	Institute, Seattle, WA.	
12/2017	Reproducible fMRI Workshop (5 days). University of North Carolina - Chapel Hill, Carrboro, NC.	
09/2017	Science Alliance Leadership Training (4 days). New York Academy of Sciences, Atlanta, GA.	
08/2017	Software/Data Carpentry Workshop, UA BIO5 Institute.	
08/2015	fMRI Image Acquisition and Analysis Course (3 days). The Mind Research Network, Albuquerque, NM.	

SPECIAL SKILLS

- Experience with electronic medical record systems (Cerner; Epic; CPRS).
- CPR Basic Life Support certification.
- Completed 8-hour CPI Nonviolent Crisis Intervention training.
- Training/experience with statistical software (R, SPSS).
- Training/experience with neuroimaging software, including SPM, GIFT, and Brain Imaging Data Structure apps (e.g., fMRIPrep).
- Training/experience in peripheral psychophysiology software (Biopac/AcqKnowledge; QRSTool/CMetX; Kardia).
- Training/experience in fMRI, EEG, and psychophysiological data collection.
- Training/experience with tools for reproducible science, including the Open Science Framework, git/Github, Jupyter Notebooks, and R Markdown.
- Familiarity with programming languages (Unix/bash, Matlab, Python).
- Experience in website construction (HTML; CSS).

Github: https://github.com/sarenseeley

Personal website: https://sarenseeley.github.io

References available upon request.