**SAREN H. SEELEY, M.A.**

Updated February 2019

CONTACT INFORMATION

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University of Arizona

1503 E. University Blvd.

Tucson, AZ 85721

EDUCATION

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| --- | --- | --- |
| 2016 – 2021 *(expected)* | **Doctor of Philosophy, Clinical Psychology** (in progress) | 4.0 GPA |
|  | University of Arizona (UA), Tucson, AZ  *Dissertation: Dynamic Functional Connectivity as a Neurobiological Mechanism of Adaptation in Widowed Older Adults* |  |
| 2015 – 2016 | **Master of Arts, Psychology** | 4.0 GPA |
|  | University of Arizona, Tucson, AZ  *Thesis: Functional Neuroanatomy of Grief and Perceived Discrimination in South Asian Women in the United States* |  |
| 2009 – 2013 | **Bachelor of Arts, Psychology** | 3.8 GPA |
|  | Hunter College of the City University of New York, New York, NY  *Thesis: Anxious, Not Depressive Symptoms Predict Heart Rate Variability in Generalized Anxiety Disorder*  Magna cum laude, Honors in Psychology | |
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HONORS and AWARDS

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| 2019 | Data Science Ambassador | UA College of Science |
| 2019 | Clinical Science Student Training Award | Academy of Psychological Clinical Science |
| 2019 | Galileo Scholar Award | UA College of Science |
| 2019 | Selected to attend Neurohackademy 2019 | University of Washington eScience Institute |
| 2017 | Science Alliance Leadership Training Program Fellow | New York Academy of Sciences |
| 2017 | NSF GRFP (Honorable Mention) | National Science Foundation |
| 2015 | Student Poster Award | Society for Psychophysiological Research |
| 2015 | Student Travel Award | Society for Psychophysiological Research |
| 2015 | GPSC Travel Award | UA Graduate and Professional Student Council |
| 2013 | Undergraduate Research Initiative Fellowship | CUNY Hunter College |
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RESEARCH SUPPORT

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| 2019 | PI | Ruth L. Kirschstein NRSA Individual Predoctoral Fellowship (1F31AG062067)  National Institute on Aging | $45,016 |
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GRADUATE RESEARCH EXPERIENCE

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| **08/15 – present** | **Grief, Loss, and Social Stress Lab** |
|  | *Graduate Researcher* |
| PI: | Mary-Frances O’Connor, PhD (University of Arizona) |
| Duties: | * Study coordinator for fMRI investigation of intranasal oxytocin and complicated grief. * Coordinated and ran fMRI sessions with older bereaved adults. * Preprocessed, analyzed, and wrote up multiple fMRI datasets. * Initiated adoption of Brain Imaging Data Structure for fMRI data management. * Initiated adoption of new QC and preprocessing methods (e.g., MRIQC; fMRIPrep). * Write data cleaning scripts. * Data analysis in R. * Manuscript preparation and literature review. * Present research at national conferences. * Maintain lab website. * Manage IRB application materials.   + Mentorship: * One UA Undergraduate Research Opportunities Consortium summer RA. * One post-baccalaureate RA. |
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| **05/2016 – present** | **Regulation of Emotions in Anxiety and Depression Lab** |
|  | *Alumnus collaborator* |
| PIs: | Douglas S. Mennin (Columbia University), David M. Fresco (Kent State University) |
| Duties: | * + Analyze and write up behavioral and fMRI datasets from generalized anxiety disorder psychotherapy trial.   + Collaborate with research team members on other manuscripts from parent study. |
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UNDERGRADUATE/POST-BACCALAUREATE RESEARCH EXPERIENCE

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| **06/13 – 07/15** | **Regulation of Emotions in Anxiety and Depression Lab, CUNY Hunter College** |
|  | *Senior Research Assistant/fMRI Coordinator* |
| PI: | Douglas S. Mennin, PhD |
| Duties: | * Administered approximately 20 SCID-IV-TR interviews to patients for clinical trial. * Participated in weekly group supervision/interrater reliability meetings. * Developed lab procedures and documentation for psychophysiological data processing. * Trained RAs on psychophysiological data acquisition and cleaning. * Trained RAs on clinical interviewing using the SCID-IV-TR. * Coordinated and ran fMRI sessions with generalized anxiety disorder patients. * Developed procedures and documentation for fMRI data acquisition and management. * Edited E-Prime tasks. * Manuscript preparation, literature review, and data analysis (in SPSS). * Assisted PI with grant writing and peer reviews. * Maintained lab websites. * Presented research at national conferences. * Co-mentorship (with graduate student): * Two undergraduate honors thesis students. * One McNair scholar/honors thesis student. |
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| **09/14 – 12/14** | **Hoyt Stress and Coping Lab, CUNY Hunter College** |
|  | *Research Assistant, New York, NY* |
| PI: | Michael A. Hoyt, PhD |
| Duties: | * Trained undergraduate RAs on psychophysiological data collection and cleaning. * Improved lab procedures and documentation for psychophysiological data processing. * Provided written and verbal feedback to Masters student using psychophysiological data in thesis. * Manuscript preparation and data analysis. |
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| **03/12 – 05/13** | **Regulation of Emotions in Anxiety and Depression Lab, CUNY Hunter College** |
|  | *Undergraduate Research Assistant, New York, NY* |
| PI: | Douglas S. Mennin, PhD |
| Duties: | * Completed undergraduate honors thesis. * Transcribed qualitative data. * Collected and processed EEG and peripheral psychophysiological data. * Data analysis in SPSS. |
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PUBLICATIONS

1. Scult, M.A., Fresco, D.M., Gunning, F.M., Liston, C., **Seeley, S.H.,** Garcia, E. & Mennin, D.S. (In press). Changes in functional connectivity following treatment with Emotion Regulation Therapy. *Frontiers in Behavioral Neuroscience.*
2. **Seeley, S.H.,** Chou, Y.-H., & O’Connor, M.-F. (2018). Intranasal oxytocin and *OXTR* genotype effects on resting state functional connectivity: A systematic review. *Neuroscience and Biobehavioral Reviews,* 1-17. doi:10.1016/j.neubiorev.2018.09.011
3. Renna, M.E., **Seeley, S.H.**, Heimberg, R.G., Etkin, A., Fresco, D.M., Mennin, D.S. (2017). Increased attention regulation from Emotion Regulation Therapy for generalized anxiety disorder. *Cognitive Therapy and Research,* 42(2), 121-134. doi:10.1007/s10608-017-9872-7
4. Renna, M.E., Chin, S., **Seeley, S.H.,** Fresco, D.M., Heimberg, R.G., & Mennin, D.S. (2017). The use of the mirror tracing persistence task as a measure of distress tolerance in generalized anxiety disorder. *Journal of Rational Emotive & Cognitive-Behavior Therapy*, 36(1), 80-88*.* doi:10.1007/s10942-017-0274-2
5. Fresco, D.M., Roy, A.K., Adelsberg, S., **Seeley, S.H.,** García-Lesy, E., Liston, C. & Mennin, D.S. (2017). Distinct functional connectivities predict clinical response with Emotion Regulation Therapy. *Frontiers in Human Neuroscience*, 11, 1-13. doi:10.3389/fnhum.2017.00086
6. **Seeley, S.H.**, Yanez, B., Stanton, A.L. & Hoyt, M.A. (2017). Emotional approach and heart rate variability following an emotional processing intervention. *Cognition and Emotion* 31(5)*,* 988-994. doi:10.1080/02699931.2016.1170667
7. **Seeley, S.H.**, Mennin, D.S., Aldao, A., McLaughlin, K.A., Rottenberg, J., & Fresco, D.M. (2015). Impact of comorbid depression on subjective and physiological responses to emotion in generalized anxiety disorder. *Cognitive Therapy and Research,* 1-14.doi:10.1007/s10608-015-9744-y
8. **Seeley, S.H.,** García, E., & Mennin, D.S. (2015). Recent advances in laboratory assessment of emotion regulation. *Current Opinion in Psychology*, 3, 58-63. doi:10.1016/j.copsyc.2015.02.009

MANUSCRIPTS SUBMITTED/IN PREPARATION

**Manuscripts Submitted for Publication**

1. Arizmendi, B.J., **Seeley, S.H.**, Allen, J.J.B., Killgore, W.D.S., Andrews-Hanna, J. & O’Connor, M.F. Feeling a pull to be close: The effect of oxytocin on approach and avoidance in complicated grief. *Manuscript under review*.
2. Knowles, L.M., **Seeley, S.H.**, & O’Connor, M.-F. Morbidity following spousal bereavement is associated with depression, not prolonged grief disorder. *Manuscript under review*.
3. Raab, H.A., Sandman, C.S, **Seeley, S.H.,** Garcia, E., Liston, C., Fresco, D.M., & Mennin, D.S. Greater prefrontal recruitment associated with clinical improvement and regulatory skills in generalized anxiety patients following Emotion Regulation Therapy: A pilot investigation. *Revise and resubmit.*
4. O'Connor, M.-F. & **Seeley, S.H.** Neurobiology of Complicated Grief. In J.W. Ellor & H.W. Harris (Eds.) Macmillan Encyclopedia of Death and Dying. Macmillan Reference, USA. *Book chapter under review.*

**Manuscripts in Preparation**

1. **Seeley, S.H.,** García, E., Etkin, A., Liston, C., Fresco, D.M., & Mennin, D.S. Decreased salience and frontoparietal region reactivity to emotional conflict is associated with improved attention regulation in Emotion Regulation Therapy for generalized anxiety disorder. *Manuscript in preparation.*

PRESENTATIONS

*National conference presentations:*

*\* indicates mentored student.*

1. Fresco, D. M., Roy, A. K., Adelsberg, S., **Seeley, S.H.,** Garcia, E., Liston, C., Mennin, D. S. (2017, November). Distinct functional connectivities predict clinical response with Emotion Regulation Therapy. In M. T. Moore (Chair), Mechanisms of change in mindfulness-based interventions. Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
2. **Seeley, S.H.,** Mennin, D.S., Heimberg, R.G., Fresco, D.M., & Etkin, A. (2015, November). Conflict adaptation and attentional change in Emotion Regulation Therapy for generalized anxiety disorder. In S. Steinman & L. Hallion (Chairs). Neurocognitive Underpinnings of Anxiety: Implications for Theory and Treatment. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
3. **Seeley, S.H.,** \*Abbas, M., Mennin, D.S., Aldao, A., & Fresco, D.M. (2015, May). Common and specific patterns of autonomic and subjective responsivity among the distress disorders. In A. Aldao & S. Hofmann (Chairs), Emotion Regulation & Psychopathology: Identifying Transdiagnostic and Disorder-Specific Deficits. Symposium presented at the annual meeting of the Association Psychological Science, New York, NY.
4. **Seeley, S.H.,** Mankus, A.M., Renna, M., Cooper, S.E., Mennin, D.S., Fresco, D.M., & Heimberg, R.G. (2014, March). Emotion Regulation Therapy for generalized anxiety disorder: Effects on response inhibition to task-irrelevant emotional content. In A. Aldao & D. Klemanski (Chairs), Emotion Regulation Flexibility in the Treatment of Anxiety Disorders. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
5. Garcia, E., **Seeley, S.H.,** Quintero, J.M., Fonseca, L., Mennin, D.S. (2014, November). Electrocortical and autonomic indices of self-referential processing. In S. Berthod & E. Garcia (Chairs). Biosignatures of Affective Psychopathology: Insights from Psychophysiological Measures of Emotional Processing. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

*Community presentations:*

1. **Seeley, S.H.** & Bowen, A.M. (2018, January). “Understanding LGBTQ+ Students”. Invited presentation for the University of Arizona Pediatric Pulmonary Center Annual School Healthcare Professionals Education Day, Tucson, AZ.
2. **Seeley, S.H.** & Bowen, A.M. (2018, April). “Self-Care for Caregivers”. Invited presentation for the University of Arizona Pediatric Pulmonary Center Annual Cystic Fibrosis Patient and Family Education Day, Tucson, AZ.
3. **Seeley, S.H.** & Bowen, A.M. (2017, November). “Improving Behavioral Health for People with Cystic Fibrosis”. La Frontera Center, Tucson AZ.

*Intramural presentations:*

1. **Seeley, S.H.** (2020, February). “The Brain Imaging Data Structure (BIDS) Ecosystem and fMRIPrep”. Presentation for the UA Interdisciplinary Brain Mapping Workgroup, Tucson, AZ.
2. **Seeley, S.H.** (2019, March). “Mental Health in Graduate School.” Invited presentation for the UA Psychology Department Diversity Committee and Psi Chi event “Real Talk: Diverse Perspectives on Graduate School”, Tucson, AZ.
3. **Seeley, S.H.** (2018, November). “Introduction to the Brain Imaging Data Structure and fMRIPrep”. Presentation for the UA Interdisciplinary Brain Mapping Workgroup, Tucson, AZ.

*Other presentations:*

1. **Seeley, S.H.** (2019, August). “Intro to MRIQC for fMRI Quality Control”. Breakout session presentation at Neurohackademy Summer Institute, University of Washington, Seattle, WA.
2. **Seeley, S.H.** (2019, February). “Getting Started with the Brain Imaging Data Structure and fMRIPrep”. Training for members of the UA Neuroscience of Emotion and Thought Lab (PI: Andrews-Hanna) and Psychophysiology Lab (PI: Allen), Tucson, AZ.
3. **Seeley, S.H.** (2015, various)**.** Led two trainings on heart rate variability interpretation, cleaning, and analysis for student/faculty members of the CUNY Graduate Center and Columbia University.

POSTERS

*\* indicates mentored student.*

1. \*Friedman, S.E., Palitsky, R.P., Ruiz, J., Wilson, D.T., **Seeley, S.H.**, Kassman, L.E., Sullivan, D., O’Connor, M-F. *Grief-Relevant Emotional Interview Induces Elevated Blood Pressure in Bereaved Older Adults.* Poster submitted for the annual meeting of the American Psychosomatic Society, March 2020, Long Beach CA.
2. **Seeley, S.H.,** Arizmendi, B.A., O’Connor, M-F. *Desperately Seeking: Effects of Complicated Grief and Intranasal Oxytocin on Resting State Networks in Widowed Older Adults.* Poster presented at the annual meeting of the Society for Psychophysiological Research, October 2019, Washington DC.
3. Quintero, J.M., **Seeley, S.H.**, Renna, M.R., & Mennin, D.S. *Indices of Trait Emotionality and Emotion Regulation: A Concordance Study Between Myoelectrical Gastric Reactivity and Heart Rate Variability.* Poster presented at the annual meeting of the Society for Psychophysiological Research, October 2018, Quebec City, Quebec, Canada.
4. Quintero, J.M., **Seeley, S.H.**, Renna, M.R., & Mennin, D.S. *Trait Indices of Emotionality and Emotion Regulation: An Examination of Individual Differences in Emotional Processing and Myoelectrical Gastric Reactivity*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, November 2017, San Diego, CA.
5. Quintero, J.M, **Seeley, S.H.**, Renna, M.E., & Mennin, D.S*. Links Between Individual Differences in Trait Emotionality and Altered Gastric Myoelectrical Activity.* Poster presented at the annual meeting of the Anxiety and Depression Association of America, April 2017, San Francisco, CA.
6. Sandman, C.F., Raab, H.A., **Seeley, S.H.**,García-Lesy, E., Fresco, D.M., Mennin, D.S., & Liston, C. *Greater Prefrontal Recruitment Associated with Clinical Improvement and Metacognitive Skills in Generalized Anxiety Patients Following Emotion Regulation Therapy.* Poster presented at the annual meeting of the Anxiety and Depression Association of America, April 2017, San Francisco, CA.
7. Raab, H.A., Sandman, C.F., **Seeley, S.H.,** García-Lesy, E., Fresco, D.M., Mennin, D.S., & Liston, C. *Increased Prefrontal Activation to Negative Stimuli Is Associated with Clinical Improvement Following Emotion Regulation Therapy for Generalized Anxiety Disorder.* Poster presented at the annual meeting of the Society for Neuroscience, November 2016, San Diego, CA.
8. **Seeley, S.H.,** García-Lesy, E., Mennin, D.S. *The Role of Trait Worry in Temporal Dynamics of the Evoked Cardiac Response to Affective Images.* Poster presented at the annual meeting of the Society for Psychophysiological Research, September 2015, Seattle, WA. ***\*Student poster award***
9. Renna, M.E., **Seeley, S.H.**, \*Chin, S., Heimberg, R.G., Fresco, D.M., Mennin, D.S. *The Utility of a Behavioral Measure of Distress Tolerance in Generalized Anxiety Disorder*. Poster presented at the annual meeting of the Association of Psychological Science, May 2015, New York, NY.
10. Renna, M.E., **Seeley, S.H.**, \*Chin, S., Heimberg, R.G., Fresco, D.M., Mennin, D.S. *The Mirror Tracing Persistence Task as a Distress Tolerance Marker in Generalized Anxiety Disorder.* Poster presented at the annual meeting of the Anxiety and Depression Association of America, April 2015, Miami, FL.
11. Adelsberg, S., Roy, A.K., **Seeley, S.H.**, Garcia, E., Renna, M.E., Fresco, D.M., & Mennin, D.S. *Changes in Emotion Regulation Circuitry Associated with a Regulation-Based Intervention for Generalized Anxiety Disorder.*Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, November 2014, Philadelphia, PA.
12. Renna, M., **Seeley, S.H.,** Chin, S., Heimberg, R.G., Fresco, D.M., Mennin, D.S. *Preliminary Evidence for a Behavioral Measure of Distress Tolerance in Generalized Anxiety Disorder.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, November 2014, Philadelphia, PA.
13. Garcia, E., Quintero, J. M., **Seeley, S.H.**, Fonseca, L., Mennin, D.S. *Dispositional Positive Self-Referential Processing Modulates Late-Positive Potential Responses in an Emotional-Motivational Context.* Poster presented at the annual meeting of the Association for Psychological Science, May 2014, San Francisco, CA.
14. Garcia, E., **Seeley, S.H.,** Fonseca, L., Quintero, J. M., Renna, M., Skytte-O’Toole, M.S., Mennin, D.S. *Positive Self-Referential Processing Modulates Electrocortical Responses to Emotional Stimuli.* Poster presented at the annual meeting of the Anxiety and Depression Association of America, March 2014, Chicago, IL.
15. Renna, M., **Seeley, S.H.,** Mankus, A.M., Garcia, E., Mennin, D.S., Fresco, D.M., Heimberg, R.G. *Emotion Regulation Therapy for Generalized Anxiety Disorder: Exploration of Heart Rate Variability and Inhibition of Emotional Interference.* Poster presented at the annual meeting of the Anxiety and Depression Association of America, March 2014, Chicago, IL.

SUPERVISED CLINICAL EXPERIENCE

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| **07/18 – present** | **Banner-University Medical Center, Dept. of Psychiatry – Early Psychosis Intervention Center (EPICenter)**  Psychology Extern, Tucson, AZ |
| Supervisors: | Patricia Harrison-Monroe, PhD; Gustavo Perez, PhD |
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| **01/19 – present** | **Banner-University Medical Center, Dept. of Psychiatry – *Psilocybin for Treatment of Obsessive-Compulsive Disorder* (Research Study; PI: Moreno)**  Structured Clinical Interviewer, Tucson, AZ |
| Supervisor: | John J.B. Allen, PhD |
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| **05/17 – 07/18** | **Banner-University Medical Center, Dept. of Pulmonology – Cystic Fibrosis Clinics (Adult & Pediatric)**  Psychology Extern, Tucson, AZ |
| Supervisor: | Anne M. Bowen, PhD |
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| **08/15 – 05/17** | **University of Arizona, Dept. of Psychology – Behavioral Health Clinic**  Student Clinician, Tucson, AZ |
|  | *Acceptance and Commitment Therapy (ACT) Practicum (Spring ’17)*  Supervisor: Anne M. Bowen, PhD  *Cognitive-Behavioral Therapy (CBT) Practicum (Fall ’16)*  Supervisors: David S. Sbarra, PhD; Autumn Wiley-Hill, PhD  *Community Assessment Practicum (Spring ’16)*  Supervisor: Kathleen Prouty, PhD  *Assessment Practicum (Fall ’15)*  Supervisor: John J.B. Allen, PhD |
| Supervisors: | Various (see above) |
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| **10/15 – 05/16** | **University of Arizona, Dept. of Psychology – Psychophysiology Laboratory (Research Study, PI: Allen)**  Structured Clinical Interviewer, Tucson, AZ |
| Supervisor: | John J.B. Allen, PhD |

PROFESSIONAL SERVICE

**Societal Committees and Service**

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| 01/16 – 12/17 | Student Representative, Southern Arizona Psychological Association | Student Representative |
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**Intramural Committees and Service (University of Arizona)**

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| --- | --- | --- |
| 2019 - present | Graduate Student Wellness Committee, UA Psychology Department | Member/Data Analyst |
| 2016 - present | Diversity Committee, UA Psychology Department | Student Representative |
| Fall 2017 | Arizona's Science, Engineering and Math Scholars (ASEMS) Program, UA | Graduate Student Mentor |
| Fall 2016 | UA Graduate & Professional Student Council | Travel Grants Reviewer |
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EDITORIAL CONTRIBUTIONS

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| --- | --- | --- |
| 2019 | Cognitive, Affective, & Behavioral Neuroscience | Ad Hoc Reviewer |
| 2019 | European Child & Adolescent Psychiatry | Ad Hoc Reviewer |
|  | *Publons profile*: <https://publons.com/author/1518351> |  |
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SCHOLARLY SOCIETIES

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| Society for Psychophysiological Research |  |
| Society for the Improvement of Psychological Science |  |
| Society for the Science of Clinical Psychology |  |
| Association for Psychological Science |  |
| Anxiety and Depression Association of America |  |
| Association for Behavioral and Cognitive Therapies |  |
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TEACHING EXPERIENCE

**Teaching Assistant**

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| Spring 2019 | Psychotherapy Interventions (ACT practicum) | University of Arizona | Graduate course |
| Fall 2018 | Psychotherapy Interventions (CBT practicum) | University of Arizona | Graduate course |
| Spring 2017 | Developmental Psychology | University of Arizona | Undergraduate course |
| Fall 2016 | Mind, Brain & Behavior | University of Arizona | Undergraduate course |
| Spring 2016 | Introduction to Psychology | University of Arizona | Undergraduate course |
| **“Helper”/TA** |  |  |  |
| October 2019 | Software/Data Carpentry: git, Unix, R | University of Arizona | Stand-alone workshop |

SPECIALIZED TRAININGS

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| 08/2019 | Neurohackademy summer institute in neuroimaging and data science (2 weeks). University of Washington eScience Institute, Seattle, WA. |
| 12/2017 | Reproducible fMRI Workshop (5 days). University of North Carolina - Chapel Hill, Carrboro, NC. |
| 09/2017 | Science Alliance Leadership Training (4 days). New York Academy of Sciences, Atlanta, GA. |
| 08/2017 | Software/Data Carpentry Workshop (2 days). University of Arizona BIO5 Institute, Tucson, AZ. |
| 08/2015 | fMRI Image Acquisition and Analysis Course (3 days). The Mind Research Network, Albuquerque, NM. |
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SPECIAL SKILLS

* Experience with electronic medical record systems (Cerner; Epic).
* CPR Basic Life Support certification.
* Completed 8-hour CPI Nonviolent Crisis Intervention training.
* Training/experience with statistical software (R, SPSS).
* Training/experience with neuroimaging software, including SPM, GIFT, and Brain Imaging Data Structure apps (e.g., fMRIPrep).
* Training/experience in peripheral psychophysiology software (Biopac/AcqKnowledge; QRSTool/CMetX; Kardia).
* Training/experience in fMRI, EEG, and psychophysiological data collection.
* Training/experience with tools for reproducible science, including the Open Science Framework, git/Github, Jupyter Notebooks, and R Markdown.
* Familiarity with programming languages (Unix/bash, Matlab, Python).
* Experience in website construction (HTML; CSS).

Github: <https://github.com/sarenseeley>

Personal website: <https://sarenseeley.github.io>