

**Curriculum Vitae**

**Of**

**Nenette Janse van Rensburg**

**850524 0029 082**

## **PERSONAL INFORMATION**

<b><i>NAME</i></b>	Nenette
<b><i>SURNAME</i></b>	Janse van Rensburg
<b><i>MAIDEN NAME</i></b>	Grobler
<b><i>DATE OF BIRTH</i></b>	24-05-1985
<b><i>AGE</i></b>	33
<b><i>SA ID</i></b>	850524 0029 082
<b><i>SEX</i></b>	Female
<b><i>MARITAL STATUS</i></b>	Married
<b><i>RESIDENTIAL ADDRESS</i></b>	524 Sarel Avenue Mountain View PRETORIA 0082
<b><i>POSTAL ADDRESS</i></b>	524 SarelAvenue Mountain View PRETORIA 0082
<b><i>CELLPHONE NUMBER</i></b>	071 473 6985
<b><i>E-MAIL ADDRESS</i></b>	<a href="mailto:nenettejvr@gmail.com">nenettejvr@gmail.com</a>
<b><i>HEALTH</i></b>	Mild Depression on RX

## **SCHOOL QUALIFICATION**

***SCHOOL ATTENDED***

Cullinan Combined

***SCHOOL CAREER***

1991 - 2003

***SUBJECTS PASSED***

English SG

Afrikaans SG

Home Economics SG

Mercantile Law SG

Geography SG

Computer Typing SG

***CERTIFICATE***

Gr 12

National Certificate

## **TERTIARY QUALIFICATIONS**

### ***COLLEGE ATTENDED***

Middelburg FET College

### ***NAME OF COURSE***

Management Assistant

### ***YEAR OF STUDY***

January 2005 – July 2006

### ***SUBJECTS PASSED***

Communication

Office Practice

Information Processing

Computer Practice

### ***CERTIFICATES***

MA N4, N5, N6

(Attached)

## ***PRACTICAL EXPERIENCE IN THIS FIELD***

**Hi-Q Tyres Middelburg**

**MPUMALANGA SA**

**July 2006 – January 2008**

### **Duties**

Sales Person

Admin Clerk

***COLLEGE ATTENDED***

Healthnickon Pretoria

***NAME OF COURSE***

Healthcare Worker

***YEAR OF STUDY***

May 2008 – November 2008

***CERTIFICATE***

Healthcare Worker

***PRACTICAL EXPERIENCE IN THIS FIELD***

**Glenhaven Old Age Home Frail Care Unit Pretoria**

**August 2008 – November 2008**

**Duties:**

Bathing patients

Making beds

Feeding patients at meal times

Cleaning of nappies

Changing positions of frail patients

Caring of pressure parts

Taking patient's washing to the laundry

Making sure all patient's basic needs are met

**DECEMBER 2008**

During December Holidays one of the patients in the old age home's daughter contacted me and asked me if I could go on holiday with them, they really want to take Granny with for the last time, but needed somebody to look after her. So I agreed and went with her and her whole family to Glentana in Cape Province. I looked after her for ten days, staying with her 24hrs. Handing out her chronic medication, bathing her, and changing her in the middle of the night. She passed away the following year, but the family were grateful that I could go along to help with granny one last time.

***COLLEGE ATTENDED***

SG Lourens Nursing College

***NAME OF COURSE***

4yr Diploma in Midwifery,  
Psychology, Community and  
General Nursing

***YEARS OF STUDY***

Jan 2009 – Dec 2012

***SUBJECTS PASSED***

Fundamental Nursing Science

Biological Nursing Science100

Social Sciences100

General Nursing Science100

Midwifery Nursing Science100

Social Science200

Biological Nursing Science200

General Nursing Science200

Midwifery Nursing Science200

General Nursing Science300

Community Nursing Science100

Psychology Nursing Science100

Community Nursing Science200

Psychology Nursing Science200

***CERTIFICATES***

SA Nursing Counsel

Registered Nursing Diploma

***SANC NUMBER***

15615982

## ***Practical Experience in this field***

### ***1<sup>st</sup> Year***

Steve Biko Academic Hospital	Male Orthopaedic Ward
Kalafong Hospital	Female Medical Ward
Garankuwa Hospital	Female Medical Ward

### ***2<sup>nd</sup> Year***

Kalafong Hospital	Paediatric Ward
	Male Surgical Ward
	Short Stay Ward
Garankuwa Hospital	Female Medical Ward
	Male Surgical Ward
	Rotating Different Theatres
	Postnatal Ward
Mamelodi Hospital	Neonatal ICU
	Postnatal Ward
	Labour Ward

### ***3<sup>rd</sup> Year***

Steve Biko Academic Hospital	Paediatric Ward
	Neonatal ICU
	Postnatal Ward
	Antenatal Ward
	Labour Ward
Weskoppies Psychiatric Hospital	Female Close Ward
	Male open Ward
	Male Close Ward

Clinics

Bopelong Clinic  
Pomelong Clinic  
Kalafong OPD  
Stanza Bopape Clinic  
Holane Clinic

**4<sup>th</sup> Year**

Weskoppies Psychiatric Hospital

Male open/close wards  
Female open/close wards

Clinics

Adelaide Thambo  
Pretoria North Clinic  
Pomelong Clinic  
Bopelong Clinic  
Stanza Bopape Clinic  
Holane Clinic

***Did my Community Service at Steve Biko Academic Hospital from  
1 January 2013 -31 May 2015***

***Steve Biko Academic Hospital Ward 8.9 Labour Ward (Only High  
Risk Obstetric Patients)***

***January 2012 – June 2012***

***Commserve & Professional Nurse***

***Duties:***

Assessment and transfer of new patients in conjunction with the consultation of doctors.

Admission and discharge of patients.

Conduct and assist during the 1st , 2 nd , 3 rd and 4 th stages of labour.

Transfer of patients to relevant post-natal wards.



Assisting doctors with assisted deliveries, such as forceps deliveries.

Going to C/sections to receive the babies.

Delegation of staff. Ordering of stock (including scheduled drugs up to S7 and ward stock).

Inspection of medical equipment and notification of desired repairs regarding medical equipment to relevant departments within the hospital.

Provision of training and assistance with regards to student nurses in the field of midwifery.

Supervision of intern doctors (for example during episiotomy procedures).

Monitoring of patients situated in the high-care unit with conditions such as:

Pre-eclampsia

Pre-eclamptic Toxemia

Cardiac patients such as mitral valve stenosis

Pre-term labours

Placental abruption

Placenta praevia

Multiple pregnancies

Uncontrolled Gestational Diabetes

Doing deliveries, cutting episiotomies, suturing lacerations and tears.

Etc

***References:***

Sr Kgodane MM

Operational Manager

012 354 2847

## ***Antenatal Ward (8.4) Steve Biko Academic Hospital (High Risk)***

### ***Duties:***

To manage patients in latent phase of labour.

To manage patients according to their disease or illness. E.g. Gestational Diabetes.

Stock ordering, stock controlling.

Delegating staff.

Doing off duties.

Admissions and discharges.

Transfers in and out of hospital.

Receiving babies in theatre after c/section.

Immunizations of babies.

Helping mothers to breastfeed. (Breastfeeding champion)

Did a course in neonatal resuscitation.

Doing CTG's on the mother to monitor the foetus.

Giving health education to mothers especially about infant feeding.

Administer medication etc.

Doing rounds with Doctors.

Supervision over nursing staff and students.

Etc.

I was also chosen as the Breastfeeding Champion in this ward, where I go to all breastfeeding meetings and give feedback to all staff members in this ward. We were chosen as the first Tertiary Hospital in Gauteng to be baby friendly.

### ***References***

OP MM Kgodane

012 354 2847

Matron Horn R

012 354 2558

## ***NetCare Femina Private Hospital (1June 2015 – Currently)***

### ***Registered Nurse in the Labour Ward***

#### ***Duties:***

- Admissions and Discharging of patients.
- Progressing booked induction patients.
- Reporting to Doctors about the progress of their patients.
- Reporting fetal or maternal distress.
- Induce and Augment of term patients according to Doctors orders.
- Maternal and Fetal resuscitation. [Labour ward staff is the Blue Code Team of the hospital].
- Handling Obstetric Emergencies.
- Giving Medication.
- Doing Invasive procedures (Infusions and Catheters).
- CTG's, Vital Data, Intake and Output, DVT Assessments, MRSA Screening, CRE Screening.
- Daily checking the rooms, medical and emergency equipment and cleaning the medical equipment.
- Interpretation of CTG's and Partograms.
- Delivering Babies when the Doctors are late.
- Transfusions of RedBlood Cells, Platelets and Iron.
- Administration.
- Fetching babies in theatre after C/Sections.
- Transferring patients in and out of Hospital.
- Ordering and Receiving of Scheduled Drugs.
- Non-Pharmaceutical Pain Management with patients in labour.
- Management of patients with Epidurals.
- Infection Control
- All duties and Responsibilities are according to my Scope of Practice R2598 and Acts and Omissions R387.

Al information is true and correct.

Nenette Janse van Rensburg