**IVAN DENTON**



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**SUMMARY**



I commenced my counselling training in 1998. My early years included volunteering at a local secondary school, a donations-based local counselling and community centre, and four years with KCA, a drug and alcohol care provider. Subsequently, I worked for over a year as a full-time paid community drug worker and care coordinator for people who used alcohol and/or illicit drugs at a level which became problematic to their relationships and daily life; this was also for KCA and included referrals to rehabilitation units.

Then for seven years I was employed as a day centre worker in an informal drop-in for people experiencing mental health difficulties. This was working for secondary services, in a group setting with consistent multi-agency communication and involvement. I was also a volunteer, counsellor, group facilitator and supervisor for two years with Pilgrims Hospice. Before this, I worked as a carpenter/general builder as well as a cook and in other varied roles.

I have worked for over four years for a provider company conducting assessments and treatments for the National Health Service GP referral work. I currently have my own practice as a counselling therapist and clinical supervisor, which has grown in success for over five years.

Over the last 18 years, I have worked within both primary and secondary services with people experiencing mental health difficulties in a whole range of areas. My experience includes both one-to-one intervention and group work as well as complex care management within organisation-based frameworks. My experience has included helping people who have been isolated and marginalised to build confidence to re-enter the work, housing and social settings at their own pace. My experience and CPD training have been varied and covered a great array of in depth areas such as trauma, working with people who have learning differences, autism, domestic violence and post-childhood abuse. I find that my down-to-earth, personable and calm nature facilitates such delicate holding work.

I have always been dedicated, versatile and passionate for the provision of sound care within the mental health

sector.



**EXPERIENCE**



**SELF-EMPLOYED**

Dover, Kent

**Therapeutic Counsellor and Supervisor** 05/2012 to Current.I work with individuals carrying out both short-term and long-term therapy. My work is influenced greatly by Gestalt and also incorporates mindfulness. I have counselled all age groups, from adolescents to retired clients. Over the years I have received a great deal of training, including CBT, motivational interviewing, bereavement, drugs and alcohol, note taking, assessments and data protection, good practice, and more. My supervision is successful working with therapists of varied theoretical orientations. My work is creative and imaginative in style.

**DOVER COUNSELLING CENTRE**

Dover, Kent

**Therapeutic Counsellor** 02/2013 to 2017.I was employed by Dover Counselling Centre on a sub-contract basis where I carried out IAPT NHS work. This increasingly involved more long-term work with people experiencing either reactive or enduring mental health difficulties as secondary services are more squeezed nationally. I continue to supervise NHS therapists as my diploma in supervision is linked to the NHS.

**KCC ADULT SERVICES**

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Deal, Kent

**Part-Time Day Centre Officer** 06/2006 to 05/2013.I was employed for seven years as a day centre staff member for KCC in an informal drop-in for people with mental health difficulties that covered a full range. We worked as a small team within the secondary services, providing community integration and confidence building. This included short eight-week group activities, monitoring the well-being of service users, and liaising with the adult mental health service, mental health nurses and other agencies where applicable.

**SELF-EMPLOYED**

Deal, Kent

**Carpenter and General Builder** 07/2005 to 06/2013.I worked mainly doing full renovation projects on relatively derelict houses for the resale and rental market. I was considered to be multi-skilled, as I am able to cover all trades within renovation work. During this time, I trained apprentices and had up to six people working with me on projects which included extensions and new build.

**KCA**

Dover/Folkestone, Kent

**Volunteer Counsellor and Community Drug Worker** 01/2000 to 08/2005.I volunteered as a counsellor with KCA up until obtaining my advanced diploma in counselling. I then worked as a paid staff member in the role of a community drug worker assessing dual diagnosis and maintaining complex multi-agency care programs. I oversaw, too, the medical aspects of prescribing alternative opiates for heroin users. This position entailed an appropriate monitoring of safe prescriptions to a vulnerable group of chaotic people who were often self-medicating. During my years with KCA, I was given a great deal of training in all areas of this field.

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|  | **EDUCATION AND TRAINING** |  |  |
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| THERAPEUTIC SUPERVISION 2014 | |  |  |
| **Inter Psyche**, Dartford, Kent, UK | |  |  |
| Post-Graduate Diploma in Supervision | |  |  |
| THERAPEUTIC COUNSELLING 2003 | |  |  |
| **Canterbury College**, Canterbury, Kent, UK | |  |  |
| Advanced Diploma in Therapeutic Counselling (CPCAB) | |  |  |
| COUNSELLING 2001 | |  |  |
| **Canterbury College**, Canterbury, Kent, UK | |  |  |
| Advanced Certificate in Counselling Skills & Theory | |  |  |
| COUNSELLING 2000 | |  |  |
| **Westmount College**, Dover, Kent, UK | |  |  |
| Certificate in Therapeutic Counselling  CATERING 1996  **Folkestone Technical College**, Folkestone, Kent, UK  NVQ Level 2 Catering and Hospitality  CARPENTRY 1994  **Whitfield** **Skills Training Centre**, Dover, Kent, UK  NVQ Level 2 Carpentry and Joinery | |  |  |



**INTERESTS**



My interests are playing and listening to music, cooking, walking and sailing. I am renovating where I live, too. Spending time with my family and friends is always high on my priority list.



**REFERENCES**



Stone Fitzgerald

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Others on request.

