**Curriculum Vitae**

# Personal Details

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# Education Details

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| **Dates: From/To** | Name of Institution | **Full/Part Time** | **Qualifications Gained & Level** | **Date Gained** |
| **Mar 2009 – Jul 2009** | **Southampton University Hospital NHS TRUST** | **Part-time** | **Introduction into Cardiac Care** | **03/2012** |
| **Jan 2009** | **Southampton University Hospital NHS Trust** | **Part-time** | **IV course central and peripheral**  **Mentorship course {associate mentor}**  **ECG recording**  **Blood transfusion course** | **01/2009**  **02/2009**  **02/2009**  **03/2010** |
| **Mar 2008 – Aug 2008** | **University of Southampton** | **Part-time** | **Advances into Liver and Gastro, Level 3** | **09/2008** |
| **2006** | **Southampton University Hospital Trust** | **One day courses** | **Cannulation course, Respiratory**  **Study day** | **2006** |
| **Oct 2000 – Sept 2003** | **University of Southampton** | **Full-time** | **Diploma in Nursing** | **09/2003** |
| **Oct 1999- Mar 2000** | **Harrow college** | **Full-time** | **NVQ Level 3** | **05/2000** |
| **Jan 1985 - Dec 1988** | **Makumbi Mission Secondary School Zimbabwe** | **Full-time** | **GCE -O- Level**  **English Language D**  **Commerce A**  **Accounts B**  **History B**  **Geography C**  **Shona B**  **Mathematics C**  **Combined Science D** | **01/1989** |
| **Jan 1991– Jun 1994** | **Nhamburiko City College Zimbabwe** | **Part -time** | **Accounting Level 3**  **Typewriting level 2**  **Word processing level 2** | **06/1994** |

# Employment Details: Present or previous employment, starting with most recent)

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| **Post Title:** | Staff Nurse from Aug 2009 to date |
| **Directorate:** | Critical Care |
| **Grade:** | Band 5 |
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| **Accountable to:** | Matron: CICU/GINU |
| **Main Purpose:** | Being a skilled member of the nursing team caring for critically ill patients in a highly complex environment, I was providing a high standard of individualised care to the patients / children & their families, in accordance with agreed policies and within available resources. |
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| **General Duties:** | **Professional/Clinical**  1.     Maintaining high standards of nursing care, and ensuring that nursing objectives are achieved using a systematic approach to nursing care.  2.     Assessing, planning, delivering and evaluating individualised family centred care and providing support and advice to other staff as appropriate.  3.     Receiving patients and their relatives in accordance with recognised policies and ensuring that they are kept informed of treatment and progress.  4.     Arranging the care of patient's property, in accordance with Unit policies and within the limitations of hospital responsibilities.  5.     Liaising with all members of the multi-professional team and ensuring that all treatments are correctly carried out in accordance with standing policies.  6.     Giving and receiving regular reports on the progress of patients and appropriately responding to any changes in the patients’ condition.  7.     Maintaining accurate records of observation, treatment and care.  8.     Administering of prescribed drugs (including controlled drugs) and other medication in accordance with Trust policy.  9.     Liaising and informing the Sister/Charge Nurse of any untoward incidents or problems affecting patients/staff/relative and visitors.  10.   Informing Senior Sister/Charge Nurse of any complaints received from patients or relatives.  11.   Adhering to the NMC Code of Conduct and Trust policies and procedures.  12.   Being a positive role model and demonstrating sound clinical judgement.  13.   Co-ordinating and facilitating the transfer of patients to other departments within the Trust.  14.   Maintaining sound inter-departmental working with other nursing units and other hospital departments.  15.   Being familiar with and ensuring all medical equipment is functional, reporting any faults or potential hazards and arranging for replacement as necessary.  **Education/Training**  1.     Helping to create an environment that is conducive with learning and development.  2.     Involved in teaching and training of all grades of staff as appropriate.  3.     Involved in and supported other trained nurses in the Continuous Assessment of Practice for learners and the assessment of competencies.  4.     Taking personal responsibility in professional self-development in order to achieve appropriate and expected NMC PREP requirements for trained nurses.  5.     Keeping up-to-date with clinical developments.  6.     Participating in ward-based research and audit as required.  7.     Attending meetings on matters relating to the ward/unit during work hours. |
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| CCCC Cardiac E2 ward, From Sept 2008 to July 2009  Reporting to (job title) Sister  Period of notice One Month  Reason for leaving, to develop my career into critical care nursing  **Brief description of your duties and responsibilities**  - E2 ward is a dynamic acute medical/surgical clinical setting. My duties and responsibilities include, but are not limited to the following, - pre and post operative care -reassurance to patient on diagnosis -effective assessment, planning, implementation and evaluation of care -administration of oral medication, bolus intravenous medication, IV fluids, obtaining observation and analysing them effectively to identify patients at risk of deteriorating. -appropriate care for Endocarditis and Congenital Patients  My competencies include  -cannulation -fluid and electrolyte assessment  -respiratory assessment -obtaining ECG -identifying patents at risk of shock -managing acute and chronic pain making use of PCA and syringe pump for other opioids.  I completed a level 3 Liver and Gastroenterology course and Introduction to critical care course. This enhanced my understanding in detecting patients at risk of deterioration and enabled me to link theory and research based practice.   Within my nursing field I promote effective communication with the multidisciplinary team. I ensure that I maintain accurate documentation and help out in the process of accurate record keeping. Under the provisions of the Data Protection Act 1998 and the NMC, 'it is my responsibility to ensure that all computerised and written personal information related to patients is kept strictly confidential.' In various clinical settings, I am responsible for the control and administration of drugs within the regulations laid down by the hospital policy and the NMC code of conduct. I adhere to the highest quality of individualized care promoting privacy and dignity to the best of my ability.   I am highly motivated, enthusiastic, and willing to improve my skills and knowledge. Working under pressure, carrying out risk assessments and prioritising patient care accordingly are my strengths. Team work is an aspect of nursing which is important and I find it very interesting because I work well with any given team and I adapt well to new environment. I am naturally a kind, caring person. Nursing has been my dream carer and is so rewarding to me.  Other employment /wards  From Oct 2003 –Oct 2005 ENT and General surgery  From Nov 2005-Aug 2008 Endoscopy OOO |