

**I want to:**



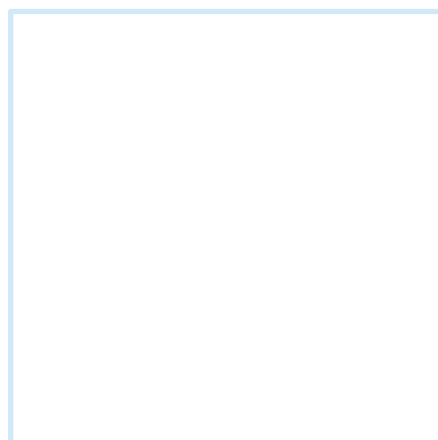
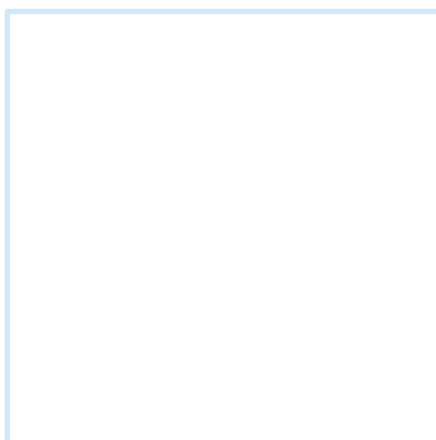
**My activity choices:**



**I want to:**



**My activity choices:**

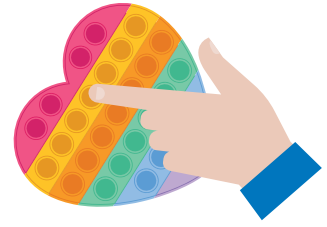




**Listen to Music**



**Watch a Favorite Show**



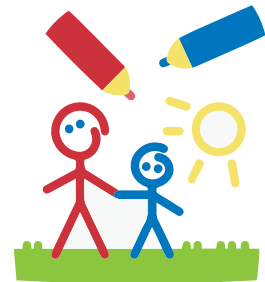
**Play with Sensory Toys**



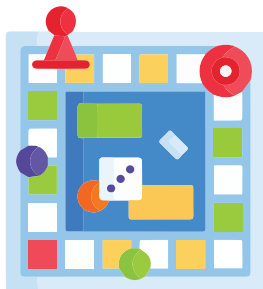
**Read a Book/  
Looking at Pictures**



**Go for a Walk**



**Draw or Color**



**Play a Game**



**Eat a Snack**



**Dance or  
Move to Music**



**Drink Water**



**Take a Break**



**Bathroom**



# Choice Board Instructions for Non-Speaking Clients



A choice board is a simple tool to help non-speaking clients communicate their preferences. Below, you'll find a variety of options that can be cut out and used based on the client's interests or needs.

Caregivers or educators can customize the board by including these pre-made options or creating new ones that resonate with the client's choices.

## **How to Use:**

1. Present the board or individual cutouts to the client.
2. Encourage the client to point to, touch, or otherwise indicate their choice.
3. Observe and reinforce their selections, offering the related item or activity promptly.

Feel free to create your own options to make the board as personalized and effective as possible!

Illustrations by Freepik