

Heisenberg uncertainty derivation

Derivation

$$\langle \phi_m | \phi_n \rangle = \int_{mn} \rightarrow \begin{cases} 0 & m \neq n \\ 1 & m = n \end{cases}$$

$$\Rightarrow \langle \phi_m | \phi_n \rangle \geq 0 \quad [\text{maximum is one}]$$

or, $\langle \phi | \phi \rangle \geq 0$

proof

$$\sigma_n \sigma_f \geq \frac{\hbar}{2} \quad \left| \begin{array}{l} \Delta x \Delta p \geq \hbar/2 \\ \text{uncertainty} \end{array} \right.$$

Example

\hat{A} & \hat{B} : Hermitian operators

$$\hat{A}\psi = a\psi \quad ; \quad \hat{B}\psi = b\psi$$

$$(\hat{A} - a)\psi = 0 \quad ; \quad (\hat{B} - b)\psi = 0$$

$$\Rightarrow \sigma_A^2 = \langle (\hat{A} - a)^2 \rangle, \quad \sigma_B^2 = \langle (\hat{B} - b)^2 \rangle \quad \text{Braket}$$

$$\sigma_A^2 = \langle \psi | (\hat{A} - a)^2 | \psi \rangle, \quad \sigma_B^2 = \langle \psi | (\hat{B} - b)^2 | \psi \rangle \quad \text{note 1}$$

$$\Rightarrow (\hat{A} - a) + i\lambda(\hat{B} - b) : \psi ; \tilde{\psi}$$

$$\Rightarrow (\hat{A} - a) + i\lambda(\hat{B} - b) | \psi \rangle = | \tilde{\psi} \rangle$$

$$\Rightarrow \langle \tilde{\psi} | \tilde{\psi} \rangle \geq 0$$

1 cell it big ~~not a cell~~
conjugate

$$\begin{aligned}\langle \tilde{\psi} | &= \langle \psi | \left((\hat{A} - a) + i\lambda (\hat{B} - b) \right)^\dagger \\ &= \langle \psi | \left((\hat{A} - a) - i\lambda (\hat{B} - b) \right)\end{aligned}$$

Changing from ket-notation to bra-notation

$$\underbrace{\langle \tilde{\psi} |}_{\text{Bra}} \underbrace{\left((\hat{A} - a) - i\lambda (\hat{B} - b) \right)}_{\text{Ket}} \underbrace{\left((\hat{A} - a) + i\lambda (\hat{B} - b) \right)}_{\text{Ket}} \Rightarrow 0$$

$\langle \tilde{\psi} | \tilde{\psi} \rangle$

notation

$$\begin{aligned}& \left[(\hat{A} - a)(\hat{A} - a) + (\hat{A} - a)(-i\lambda(\hat{B} - b)) \right] \\ & \quad + i\lambda(\hat{B} - b) \left[(\hat{A} - a) - i\lambda(\hat{B} - b) \right] \\ &= [(\hat{A} - a), (\hat{B} - b)]\end{aligned}$$

$$\begin{aligned}
 \Rightarrow [(\hat{A} - a), (\hat{B} - b)] &= (\hat{A} - a)(\hat{B} - b) - (\hat{B} - b)(\hat{A} - a) \\
 &= (\hat{A}\hat{B} - b\hat{A} - a\hat{B} + ab - \hat{B}\hat{A} + a\hat{B} + b\hat{A} - ab) \\
 &= [\hat{A}, \hat{B}]
 \end{aligned}$$

[hermitian operator A, hermitian operator B]

$$\left[\langle \psi | (\hat{A} - a)^2 | \psi \rangle + \lambda^2 \langle \psi | (\hat{B} - b)^2 | \psi \rangle + i\lambda \langle \psi | [\hat{A}, \hat{B}] | \psi \rangle \right] \geq 0$$

$$\sigma_A^2 + \lambda^2 \sigma_B^2 + i\lambda [\hat{A}, \hat{B}] \geq 0$$

$$i^2 = -1$$

$$\lambda = 0$$

$$\lambda \geq 0$$

$\lambda =$ [most minimum value]

$\lambda =$ [some maximum value]

$$\Rightarrow f(\lambda) = \frac{df}{d\lambda} = 0$$

$$\frac{d}{d\lambda} [\sigma_A^2 + \lambda^2 \sigma_B^2 + i\lambda [\hat{A}, \hat{B}]] = 0$$

$$[0 + 2\lambda \sigma_B^2 + i[\hat{A}, \hat{B}]] = 0$$

replace the lambda in

$$\lambda = -i \frac{[\hat{A}, \hat{B}]}{2\sigma_B^2}$$

$$\sigma_A^2 \sigma_B^2 [\hat{A}, \hat{B}] \geq 0 \Rightarrow \sigma_A^2 \sigma_B^2 \geq \left(\frac{1}{2i} [\hat{A}, \hat{B}] \right)^2$$

$$\Rightarrow \sigma_A \sigma_B \geq \frac{[\hat{A}, \hat{B}]}{2i} \quad [\hat{x}, \hat{p}] = i\hbar$$

$$\boxed{\sigma_x \sigma_p \geq \frac{\hbar}{2}}$$

By uncertainty theorem

one can prove for each
significance notation