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Mar 02, 2022 at 04:06 PM

1 Fluid

Creation: Mar 02, 2022 at 04:04 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(4)		No			-> User.id ON UPDATE RESTRICT ON DELETE RESTRICT		
units	int(3)	UNSIGNED	Yes	NULL			alcohol measured in units	
caffeine	int(4)		Yes	NULL			caffeine measured in milligrams	
cupsOfWater	int(3)	UNSIGNED	Yes	NULL				
addDate	date		No					

2 Sleep

Creation: Mar 02, 2022 at 04:03 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(4)		No			-> User.id ON UPDATE RESTRICT ON DELETE RESTRICT		
sleepTime	int(2)	UNSIGNED	Yes	NULL			Stored in hours	
timeToSleep	int(3)	UNSIGNED	Yes	NULL			Stored in minutes	
sleepQuality	int(2)	UNSIGNED	Yes	NULL				
addDate	date		No					

3 Stress

Creation: Mar 02, 2022 at 04:05 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(4)		No			-> User.id ON UPDATE RESTRICT ON DELETE RESTRICT		
stressLevel	int(2)		Yes	NULL				
addDate	date		No					

4 User

Creation: Mar 02, 2022 at 04:02 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(4)		No					
firstLogin	tinyint(4)		No	1				
name	varchar(30)		No	N/A				
password	varchar(32)		No					
salt	varchar(8)		No					
weight	int(3)	UNSIGNED	No	72				
height	int(3)	UNSIGNED	No	174				

Fluid

id
units
caffeine
cupsOfWater
addDate

Stress

id
stressLevel
addDate

Sleep

id
sleepTime
timeToSleep
sleepQuality
addDate

User

id
firstLogin
name
password
salt
weight
height