STARS (Statistics Anxiety Rating Scale)

Cruise, Cash, & Bolton (1985)

Below is a list of statements describing different situations relating to **statistics**.

Please read each statement carefully and **indicate how much anxiety you would feel** in each of the following scenarios where 1 = "no anxiety" and 5 = "a great deal of anxiety".

1. Studying for an examination in a statistics course.
2. Interpreting the meaning of a table in a journal article.
3. Going to ask my statistics teacher for individual help with material I am having difficulty understanding.
4. Doing the coursework for a statistics course.
5. Making an objective decision based on empirical data.
6. Reading a journal article that includes some statistical analyses.
7. Trying to decide which analysis is appropriate for my research project.
8. Doing an examination in a statistics course.
9. Reading an advertisement for a car which includes figures on miles per gallon, depreciation, etc.
10. Walking into the room to take a statistics test.
11. Interpreting the meaning of a probability value once I have found it.
12. Arranging to have a body of data put into the computer.
13. Finding that another student in class got a different answer than I did to a statistical problem.
14. Determining whether to reject or retain the null hypothesis.
15. Waking up in the morning on the day of a statistics test.
16. Asking one of my teachers for help in understanding statistical output.
17. Trying to understand the odds in a lottery.
18. Watching a student search through a load of computer output from his/her research.
19. Asking someone in the computer lab for help in understanding statistical output.
20. Trying to understand the statistical analyses described in the abstract of a journal article.
21. Enrolling in a statistics course.
22. Going over a final examination in statistics after it has been marked.
23. Asking a fellow student for help in understanding output.