

Liebowitz Social Anxiety Scale (lsas-sr)

Liebowitz (1987)

Read each situation carefully and **indicate how anxious or fearful you feel in the situation.**

If you come across a situation that you ordinarily do not experience, we ask that you imagine "what if you were faced with that situation", and then rate the degree to which you would fear this hypothetical situation.

1 = None 2 = Mild 3 = Moderate 4 = Severe

1. Using a telephone in public
2. Participating in a small group activity
3. Eating in public
4. Drinking with others (*NOTE: In this question, "drinking" implicitly refers to alcohol. If drinking alcohol is inappropriate in your local context, please feel free to change this item to "drinking coffee with others".*)
5. Talking to someone in authority
6. Acting, performing, or speaking in front of an audience
7. Going to a party
8. Working while being observed
9. Writing while being observed
10. Calling someone you don't know very well
11. Talking face to face with someone you don't know very well
12. Meeting strangers
13. Urinating in a public bathroom (*NOTE: If this item is inappropriate in your local context, you may change it to "Using a public bathroom".*)
14. Entering a room when others are already seated
15. Being the centre of attention
16. Speaking up at a meeting
17. Taking a test of your ability, skill, or knowledge
18. Expressing disagreement or disapproval to someone you don't know very well
19. Looking someone who you don't know very well straight in the eyes
20. Giving a prepared oral talk to a group
21. Trying to make someone's acquaintance for the purpose of a romantic/sexual relationship (*NOTE: If this item is inappropriate in your local context, you may change it to "Making someone's acquaintance for the purpose of making a marriage proposal".*)
22. Returning goods to a store for a refund
23. Giving a party
24. Resisting a high pressure sales person