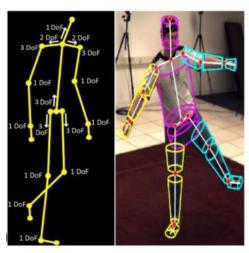
Workout Movement Tracker App

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Project Description

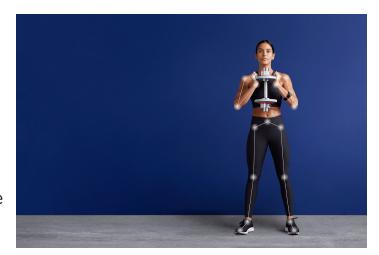
- A personal trainer
- Generates personalized recommendations
- Checks movement and positioning of the user
- Live feedback to correct the users' form

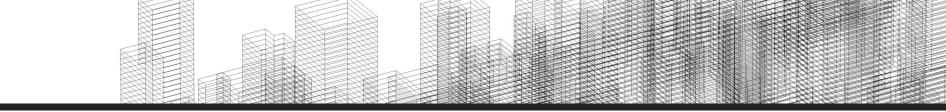




Project Requirements

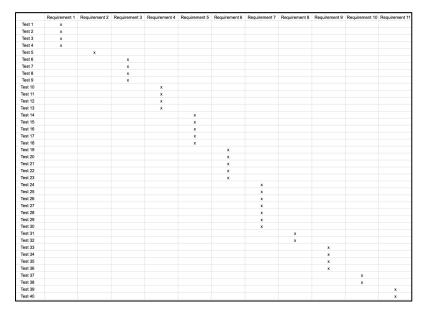
- Use cases:
 - Creating and updating a user profile with fitness level and goals
 - Generating personalized recommendations
 - Checking form and receiving feedback
- Respond within 10 seconds with appropriate recommendations
- Track user's movement in real-time with at least 95% accuracy
- Intuitive and easy to use
- Clean, attractive design similar to a personal trainer's office
- Maintain offline functionality
- Reliability, legal, cultural...





Test Plan

- → User Experience & Personalization
 - User information, personalized recommendations, form correction
- → Performance & Scalability
 - Response time, real-time tracking, capacity, adaptability
- → Security & Data Integrity
 - ◆ Data dependability, offline mode, privacy
- → Usability & Aesthetics
 - Learnability, visual communication, app compatibility, non-discrimination
- → Continuous Improvement
 - Updates, maintenance, accessibility, standards compliance



Requirements-Acceptance Tests Correspondence

Design Goals

- The application should look aesthetic to the eye
- It should be able to please people of any generation
- It shouldn't be focused on a particular world culture
- It should be able to enforce authority
- It should look professional





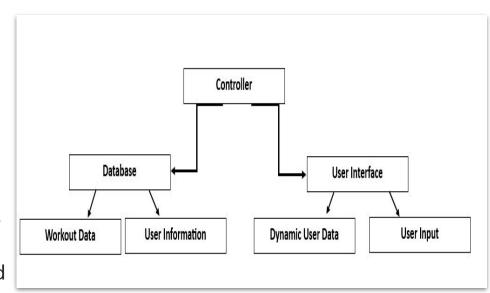




System Design

 Model View Controller design recommended

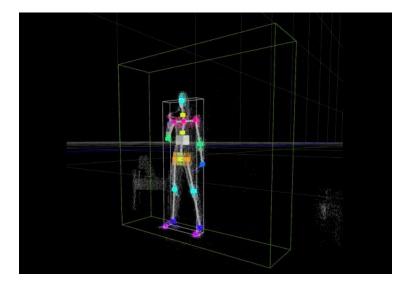
- Model: Handle information from the database
- View: Handle the creation of different user interaction pages
- Controller: Handle the user interaction and be an interface between the Model and View subsystems



Software Mapping

Design Considerations

- Controller interacts with database & UI
 - Retrieves and displays information based on commands
- Real-time tracking & form analysis
 - Computer Vision/Machine Learning to interpret camera data
- Security proxy for access control
 - Separate class that interacts with controller subsystem
 - Requires password to protect from unauthorized sources



Computer Vision Tracking

Object Design

- At least three different classes can be utilized in the design
- One for **User Interface** design
- One for GUI creation
- One for Database Management

User Interface

- + Getuserinput()
- + getworkoutinfo (workout_name)
- + getdisplayscreen (info)

GUI_creation

- + mainpage ()
- + workoutpage()
- + accountpage()
- + errorpage ()

Database Management

- + getuserinfo ()
- + createaccount ()
- + getworkoutinfo (workout_name)

Object Design

- Two classes:
- Exercise
 - Displays exercises that are retrieved from a database
 - Attributes: name, type, info, demo
 - Also displays demo video and rates form
- Workout Plan
 - Displays workout plans based on user profile
 - Attributes: plan, duration, no. of exercises, completion
 - Also retrieves exercises, marks done, and displays stats

Excercise

- name:String
- type:String
- info:String
- demo:Object
- + displayInfo()
- + displayVideoDemo()
- + rateForm()

WorkoutPlan

- plan:ArrayList
- duration:int
- numExercise:int
- completed:Boolean
- + displayPlan()
- + getExercise(i:int)
- + markDone()
- + showStats()

