

Days / Meals	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Poha Milk(200ml)/ Coffee/ Bournvita	Seasonal Paratha, Dahi, Butter, Achar, Milk(200ml)/ Coffee Fruit	Upma, cornflakes, Milk(200ml)/Coffee, Fruit,	Missa paratha, butter, Dahi Milk(200ml)/ Coffee, Fruit, Bournvita	Aloo Paratha, Dahi, Butter, Milk(200ml)/ Coffee, Fruit, Achar, Bournvita	Dalia with mixed dry fruit, Sprouts,tea	Egg bhurji(2), Bread(2), Jam, Milk(200ml)/ Coffee, Bournvita.
Lunch	Aloo Matar, Maa Chhole Dal, Rice, Roti, Dahi, Achar, Salad	Puri Aloo, Rice, Dahi, Salad, Achaar	White Chole, Rice, Roti, Salad, Dahi, Achaar.	Kadhi Pakoda, Jeera Aloo, Rice, Salad, Roti, Achaar.	Kala Chana, Arhar dal, Roti, Rice, Salad, Achar, Dahi	Rajma, Roti, Rice, Salad, Achar, Dahi.	Chole Bhature, Lassi, Salad, Achar, Rice
Snacks	Parle-G Biscuit, Tea	Tea, Samosa	Samosa	Lemonade, Biscuit	Tea, bread pakoda	Rasna/tea, namkeen	Tea, 50-50 biscuit
Dinner	Kadhai Chicken (150 gm). Masoor Dal, Gulab Jamun, Roti, Rice, Salad	Mix Veg., Chana Dal, Roti, Rice, Salad, Kesar Kulfi	Egg Curry (2), Moong Dal , Roti, Fried Rice, Salad, Achar, Rasgulle/Coconut laddoo	seasonal veg, Dal Makhani, Rice, Roti, Salad, Kheer.	Butter Chicken(150gm), UradDal,Salad, IceCream, Roti, Rice	Seasonal Kofta, maa chana dal, Roti, Rice, Salad, Achar, Sooji halwa	Green seasonal veg, Arhar Dal, Roti, Rice, Salad, Achar, sewai.

➤ Paid milk available

➤ Fine on food wastage