

OUTPUT SCREENSHOTS OF HEALTHIFYME APP - PSDL II

Group Members -

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HealthifyMe



HealthifyMe

Sammy

sammy

sammy

sammy

sammy

Log In

Sign Up

Log In



Invalid Credentials





HealthifyMe

HEY THERE !

We're happy that you've taken the first step towards a healthier you . We need a few details to kickstart your journey .

What is your name ?



Sign in successfull



HealthifyMe

HEY THERE !

We're happy that you've taken the first step towards a healthier you . We need a few details to kickstart your journey .

What is your name ?

Sammy

NEXT



What's your Age ?

Your age determines how much you should consume.(Select your age in years)

Age : 24 Years

23

24

25

NEXT



What's your current weight ?

This will help us determine your goal and monitor your progress over time

Weight : 51 kgs

50

51

52

NEXT



What's your biological sex ?

We support all forms of gender expression . However , we need to calculate your body metrics .



NEXT



BMI Calculator

WEIGHT (KG)

60

HEIGHT (CM)

170

CALCULATE

20.761246

Normal

Ideal Weight : 74.740486





HealthifyMe

Steps

36



HealthifyMe

Recommended Sleep

22

Sleep Time

6

Wake Up Time

Your Sleep Duration is : 8

1

SET

STOP





