



# Sweet Corn Chicken Patties

## Ingredients

### Patties:

- 200g of chicken, minced
- 1 piece of firm beancurd
- 1 cup of sweet corn kernels
- 1 large onion, cut into small cubes
- 2 stalks of spring onions, finely chopped
- 2 tbsp of oil\*

### Seasoning:

- 2 tbsp of light soy sauce\*
- ½ tsp of dark soy sauce\*
- A dash of pepper
- ¼ tsp of sesame oil\*
- 3 tbsp of corn flour

### Garnish:

- Lime wedges

## Method

- Mash the firm beancurd and mix in the minced chicken, onions and spring onions evenly.
- Add seasoning and sweet corn kernels. Mix well.
- Shape into small patties.
- Heat oil in a frying pan and pan-fry patties until both sides turn golden brown.
- Serve patties with your favourite salad and lime wedges.



\*Choose products with the Healthier Choice Symbol.