



Hadith 31: The Reality of Zuhd (Asceticism)

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عَنْ أَبِي الْعَبَّاسِ سَهْلِ بْنِ سَعْدٍ السَّاعِدِيِّ رَضِيَ
 اللَّهُ عَنْهُ قَالَ: جَاءَ رَجُلٌ إِلَى النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ،
 فَقَالَ: يَا رَسُولَ اللَّهِ دُلَّنِي عَلَى عَمَلٍ إِذَا عَمَلْتُهُ أَحَبَّنِي اللَّهُ
 وَأَحَبَّنِي النَّاسُ. فَقَالَ: أَرْهَدْ فِي الدُّنْيَا يُحِبَّكَ اللَّهُ وَأَرْهَدْ
 فِيمَا عِنْدَ النَّاسِ يُحِبَّكَ النَّاسُ. حَدِيثٌ حَسَنٌ. رَوَاهُ ابْنُ
 مَاجَهَ وَغَيْرُهُ بِإِسَانٍ حَسَنَةٍ.

On the authority of Abu al-'Abbas Sahl bin Sa'd al-Sa'idi (ra) who said:

“ **A man came to the Prophet (sas) and said: "O Messenger of Allah, direct me to an act which if I do it, [will cause] Allah to love me and people to love me." He, sallallahu 'alayhi wasallam, answered: "Be indifferent to the world and Allah will love you; be indifferent to what people possess and they will love you."**

(A fine hadith related by Ibn Majah and others with good chains of authorities)

Commentary Summary

[Coming soon](#)