*Hello, Maxi. It's a pleasure to have you here today. I’d like to start by getting to know more about you. Could you tell me about your daily morning routine? How do you typically start your day?*

**Maxi:** *"Hello, it's great to be here. Let me tell you. Each morning, I rise early around 6:00 AM and begin my day by checking my phone*

*for WhatsApp messages, ensuring I stay informed about important updates. Following this, I attend to my morning routine, including*

enshúrin infórmd aténd, inclúdin

*oral hygiene and preparing a nutritious breakfast for my family, typically comprising eggs, toast, and a choice of fresh juice or coffee.*

jayaín compráisín

*After that, I help my children get ready for school before heading to my office. Once there, I dedicate my time to my CoderHouse*

Wans

*classes, which play a crucial role in my ongoing pursuit of acquiring digital skills through the medium of the English language."*

crúshial róul ongóin pursúit of acuáirin mídium lánwuitch."

*That sounds like a well-organized morning! And what do you usually do around midday?*

**Maxi:** *"Around lunchtime, I take a break in my office. Some days I treat myself by buying food from a local restaurant, while other*

Tríit , wáil óder

*days I prefer to cook something simple in the office kitchen, maybe a salad or chicken. This allows me to reset*

símpl risét

*and recharge for the rest of the day."*

richárch

*I see, and how do you typically spend your afternoons?*

**Maxi:** *"In the afternoons, I focus on the subjects I’m studying, managing the clinic with my wife, or I dedicate time to researching and*

*áfternoons, fócus sóbjects , ménedchin risérchin*

*reviewing the material from my classes.*

*revíuin.*

*It sounds like you have a busy day! How do you manage to maintain a healthy lifestyle with such a full schedule?*

**Maxi:** *"To maintain a balanced lifestyle, I go to the gym every day in the afternoon, where I spend about an hour, more or less,*

*méintein a bálansd*

*exercising. Exercise helps me stay energized and focused, allowing me to approach my tasks with clarity."*

*Éxersaisin éneryaizd fócusd táisks clárity.*

*That's great! And what does your evening routine look like?*

**Maxi:** *"When I return home in the evening, I have dinner with my family. It’s an important time for us to talk and unwind together.I*

*ritérn anwáind*

*I often help my kids with their homework after dinner, or we play a game or watch a movie to relax. Next, I spend some time*

*dér*

*preparing for the next day's class. I review the course material, plan my schedule, and set goals for what I want to achieve.*

*prepérin córs schédiul, góls achíev.*

*And how about your weekends? How do you like to spend your free time?*

**Maxi:** *"On weekends, I prioritize family time, whether it's watching my kids play sports, spending time with friends, or going fishing*

prióritáiz fáemily

*an activity that helpsme unwind and disconnect from the busy week. Fishing has become one of my favorite ways to relax, as it*

áctivity anwáind févorit

*allows me to enjoy nature and clear my maind after a próductive week."*

aláusmi néicher