

Source:	SmartWiz App
Date:	13/03/2025
Grade:	1
Subject:	Life Skills
Duration:	1 Hr
Marks:	50

Instructions for Students:

- > Read all instructions carefully before beginning the exam.
- > Write your name and student ID clearly on the answer sheet/booklet.
- > Answer all questions unless otherwise stated.
- > Show all your work/calculations where applicable.
- > Write clearly and legibly.
- > Use blue or black ink only. * Do not use correction fluid/tape.
- > No electronic devices (calculators, phones, etc.) are allowed unless explicitly permitted.
- > Raise your hand if you have any questions.
- > Do not talk to other students during the exam.
- > Any form of cheating will result in disqualification.

Name and Surname:	
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Section A: Personal Well-being (10 marks)

Question 1.1: Which part of your body do you use to talk? (2 marks)

- a) Mouth
- b) Hands
- c) Feet
- d) Nose

Answer: a) Mouth

Question 1.2: What should you do before eating? (2 marks)

Answer: Wash your hands

Question 1.3: What is something you can do to stay clean? (2 marks)

Answer: Brush your teeth / Take a bath / Wash your hands

Question 1.4: What do you do when you feel sick? (2 marks)

Answer: Tell an adult / Go to the doctor

Question 1.5: How do you show kindness to your friends? (2 marks)

Answer: Share toys / Help them / Say kind words

Section B: Health and Safety (10 marks)

Question 2.1: What is the safest way to cross the road? (2 marks)

Answer: Look both ways before crossing / Use the pedestrian crossing

Question 2.2: What should you wear when it is cold outside? (2 marks)

Answer: A jacket / A warm hat / Gloves

Question 2.3: Which food is good for your teeth? (2 marks)

a) Sweets

b) Fruit

c) Chips

Answer: b) Fruit

Question 2.4: What should you do if you see a fire? (2 marks)

Answer: Stay away from it / Tell an adult

Question 2.5: Why should you drink water? (2 marks)

Answer: To stay healthy / To stay hydrated

Section C: Social Well-being (10 marks)

Question 3.1: What do you do if someone is feeling sad? (2 marks)

Answer: Ask them if they are okay / Give them a hug / Cheer them up

Question 3.2: What is the correct way to greet your teacher? (2 marks)

Answer: Say "Good morning, Teacher" / Smile / Wave

Question 3.3: What do you do if you want to join a game with others? (2 marks)

Answer: Ask if you can play / Wait for your turn

Question 3.4: What is the best way to solve a problem with a friend? (2 marks)

Answer: Talk about it calmly / Say sorry / Share your toys

Question 3.5: What can you do to show respect to others? (2 marks)

Answer: Listen when they speak / Say please and thank you / Wait your turn

Section D: Environment and Physical Activity (10 marks)

Question 4.1: What can you do to help keep the environment clean? (2 marks)

Answer: Pick up litter / Recycle / Throw trash in the bin

Question 4.2: What type of clothing should you wear when it's very hot outside? (2 marks)

Answer: Light clothing / A hat / Sunglasses

Question 4.3: What activity can you do to stay healthy? (2 marks)

Answer: Run / Jump / Play outside

Question 4.4: Which of these items should you recycle? (2 marks)

a) Plastic bottles

b) Food

c) Shoes

Answer: a) Plastic bottles

Question 4.5: Why is it important to plant trees? (2 marks)

Answer: Trees help clean the air / They give us oxygen

Section E: Creativity and Expression (10 marks)

Question 5.1: What do you need to draw a picture? (2 marks)

Answer: Paper, pencils, or crayons

Question 5.2: How do you feel when you hear your favorite song? (2 marks)

Answer: Happy / Excited / Dance

Question 5.3: What can you do with your hands to be creative? (2 marks)

Answer: Draw, paint, make things

Question 5.4: What is something fun you can do with your family? (2 marks)

Answer: Play board games / Go to the park / Watch a movie

Question 5.5: What is one thing you can create with paper? (2 marks)

Answer: A card / A paper airplane / A paper crown

☒ END OF EXAM

TOTAL MARKS: 50

