SMARTWIZ

GRADE 12 LIFE ORIENTATION EXAM

MARKS: 100	MARKS	
TIME: 2 HOURS		
SCHOOL		
CLASS (eg. 4A)		
SURNAME		
NAME		

Instructions for Learners:

- Read all instructions carefully before you begin the exam.
- Write your full name and student number clearly on the answer sheet/book.
- Answer all questions unless otherwise instructed.
- Show all your work/calculations where necessary.
- Write neatly and clearly.
- Use only a blue or black pen. Do not use correction fluid or tape.
- Electronic devices (calculators, cell phones, etc.) are not allowed unless explicitly permitted.
- Raise your hand if you have any questions.
- Do not talk to other learners during the exam.
- Any form of dishonesty will result in immediate disqualification from the exam.

This exam consists of Five pages, including the cover page.

SECTION A: CONCEPT CLARIFICATION (20 MARKS)

Define the following Life Orientation terms. Write your answers on the lines provided. (2 marks each)

1. Peer pressure
2. Self-awareness
3. Social responsibility
4. Human dignity
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5. Time management
6. Discrimination
7. Environmental sustainability
8. Career resilience
9. Volunteering

10. 4		
10. Assertiveness		

SECTION B: MULTIPLE CHOICE QUESTIONS (10 MARKS)

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ch)	se the correct answer and write only the letter (A-D) next to the question number. (I mark
1.	Which of the following is a right in the South African Constitution?
	A) Free transport
	B) Private property
	C) Freedom of expression
	D) Guaranteed employment
	Answer:
2.	A study timetable is most useful for:
	A) Playing sports
	B) Managing time and prioritizing work
	C) Avoiding homework
	D) Tracking friends' birthdays
	Answer:
3.	An ethical decision is based on:
	A) Popularity
	B) Cultural habits
	C) Personal gain
	D) What is morally right
	Answer:
4.	Which of the following is an internal source of motivation ?
	A) Praise from a teacher
	B) Winning an award
	C) Self-belief and personal goals
	D) Social media likes
_	Answer:
5.	What does cyberbullying involve?
	A) Physical fighting
	B) Spreading harmful content online
	C) Legal arguments
	D) Sports rivalries
_	Answer:
6.	A good way to handle exam stress is:
	A) Avoid studying B) Stay yn all night
	B) Stay up all night

	C) Exercise and take regular breaks D) Ignore the schedule
	Answer:
7.	An example of gender equality is:
	A) Giving boys more sport time
	B) Equal pay for men and women
	C) Girls doing only home economics
	D) Men being leaders only
0	Answer:
8.	A CV (curriculum vitae) includes: A) Your school lunch list
	B) A list of games you play
	C) Your work experience and skills
	D) A script for a play
	Answer:
9.	A person practicing active citizenship would:
,,	A) Destroy public property
	B) Ignore elections
	C) Volunteer to clean up a park
	D) Skip community meetings
	Answer:
10.	A fixed mindset believes that:
	A) Skills can be developed over time
	B) Intelligence is unchangeable
	C) Learning from failure is helpful
	D) Hard work improves ability
	Answer:
	SECTION C: SCENARIO-BASED QUESTIONS (30 MARKS)
Read t	he following scenario and answer the questions that follow. Answer in full sentences.
Scenar	io:
	is a Grade 12 learner who wants to become a doctor. He works part-time to help support his family
	en studies late into the night. He feels overwhelmed at times but stays motivated by reminding
	f of his long-term goals. He also participates in peer tutoring and a community food drive on
weeker	
3.1 Wh	nat motivates Banele to continue working hard despite challenges? (4)
3.2 Na	me and explain two time management strategies that could help Banele. (4)

3.3 Identify two examples of	of social responsibility from the scenario. (4)
3.4 Suggest two support sy	rstems Banele could use to reduce stress. (4)
3.5 Explain the importance	of having a growth mindset in Banele's situation. (4)
3.6 How can Banele protect	t his mental health while managing school, work, and volunteering? (4)
3.7 What life skills is Banel	le demonstrating in the scenario? Name two and explain. (6)

SECTION D: EXTENDED WRITING (ESSAY) (30 MARKS)

Write an essay of 250-300 words on ONE of the following topics.

Choose only ONE.

Your essay must have:

- An introduction
- A clear body with arguments/examples
- A conclusion



TOPIC 1:

"Why responsible decision-making is important for young people in modern society." OR



TOPIC 2:

Write your essay below:	→ TOPIC 3: "How social media can be used positively to promote mental well-being among youth."		
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✓ END OF EXAM PAPER

TOTAL: 100 MARKS

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SECTION A: CONCEPT CLARIFICATION (20 MARKS)

(2 marks each – Accept own words if meaning is correct)

No.	Term	Expected Answer
1	Peer pressure	Influence from peers to behave in a certain way.
2	Self-awareness	Understanding your own emotions, thoughts, and actions.
3	Social responsibility	Acting in a way that benefits society and helps others.
4	Human dignity	The belief that all people deserve respect and ethical treatment.
5	Time management	The ability to use time effectively for productivity.
6	Discrimination	Unfair treatment of individuals based on characteristics like race or gender.
7	Environmental sustainability	Practices that protect natural resources for future generations.
8	Career resilience	The ability to adapt to challenges or changes in a career.
9	Volunteering	Offering services or help without expecting payment.
10	Assertiveness	Expressing one's views clearly and respectfully.

Output Total for Section A: $10 \times 2 = 20$ Marks



SECTION B: MULTIPLE CHOICE (10 MARKS)

(1 mark per correct answer)

- 1. C 🔽
- 2. B <
- 3. D 🗸
- 4. C <
- 5. B 🗸
- 6. C 🗸
- 7. B <
- 8. C <
- 9. C 🔽
- 10. B 🔽
- Total for Section B: 10 Marks



SECTION C: SCENARIO-BASED (30 MARKS)

Mark per response as indicated. Accept equivalent phrasing if correct.

3.1

Banele is motivated by his long-term goal to become a doctor and his desire to help his family. (4)

3.2

Examples:

- Create a daily or weekly study timetable.
- Set specific goals for each study session. $(2 \times 2 = 4 \text{ marks})$

3.3

- Peer tutoring
- Participating in the community food drive $(2 \times 2 = 4 \text{ marks})$

3.4

Examples:

- Talking to a school counsellor
- Support from friends or teachers $(2 \times 2 = 4 \text{ marks})$

3.5

A growth mindset helps Banele believe he can improve through effort and overcome challenges. (4)

3.6

- Take breaks
- Get enough rest
- Practice mindfulness
- Ask for help (any 2 well explained = 4 marks)

3.7

Any two of:

- Goal setting
- Problem-solving
- Stress management
- Time management Explain each briefly $(2 \times 3 = 6 \text{ marks})$

Total for Section C: 30 Marks

8

SECTION D: EXTENDED WRITING (ESSAY) (30 MARKS)

Mark using the rubric below:

Criteria	Marks
Introduction and relevance to topic	5
Logical structure, flow, coherence	5
Main ideas and argument development	8
Use of examples and practical insight	6
Language use and conclusion	6
Total	30

Accept any of the 3 topics if the learner:

- Addresses the topic clearly
- Uses relevant and realistic examples
- Shows reflective thinking and logical reasoning

