

SMARTWIZ

GRADE11 LIFE ORIENTATION EXAM

MARKS: 100

TIME: 2 HOURS

SCHOOL _____

CLASS (eg. 4A) _____

SURNAME _____

NAME _____

MARKS	
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Instructions for Learners:

- Read all instructions carefully before you begin the exam.
- Write your full name and student number clearly on the answer sheet/book.
- Answer all questions unless otherwise instructed.
- Show all your work/calculations where necessary.
- Write neatly and clearly.
- Use only a blue or black pen. Do not use correction fluid or tape.
- Electronic devices (calculators, cell phones, etc.) are not allowed unless explicitly permitted.
- Raise your hand if you have any questions.
- Do not talk to other learners during the exam.
- Any form of cheating will result in immediate disqualification from the exam.

This exam consists of six pages, including the cover page.

QUESTION 1: CIVIC EDUCATION (25 marks)

1.1 Study the image below showing a community voting booth.



1.1.1 Explain why voting is important in a democratic society.

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1.1.2 Name two responsibilities of a citizen besides voting.

QUESTION 2: ENVIRONMENTAL ISSUES (25 marks)

2.1 Look at the photo of a polluted river below.



2.1.1 Identify two causes of water pollution shown or suggested in the image.

2.1.2 Suggest three ways communities can reduce water pollution.

QUESTION 3: PERSONAL WELL-BEING (25 marks)

3.1 Examine the infographic on healthy eating habits below.

3.1.1 List four food groups shown in the infographic.

3.1.2 Why is it important to have a balanced diet?

QUESTION 4: SEXUALITY AND RELATIONSHIPS (25 marks)

4.1.1 Name three qualities that build healthy relationships.

4.1.2 Explain why communication is important in relationships.

END OF EXAM

TOTAL : 100

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QUESTION 1: CIVIC EDUCATION (25 marks)

1.1.1 Why voting is important in a democratic society:

- Voting allows citizens to choose their leaders and influence government decisions.
 - It is a fundamental right and responsibility that ensures government accountability and representation.
 - Helps protect democracy and promote fairness.
- (3 marks)*

1.1.2 Two responsibilities of a citizen besides voting:

- Obeying laws.
 - Paying taxes.
 - Participating in community service.
 - Respecting the rights of others.
- (2 marks)*

QUESTION 2: ENVIRONMENTAL ISSUES (25 marks)

2.1.1 Two causes of water pollution suggested in the image:

- Dumping of waste or garbage into rivers.
 - Industrial or chemical runoff.
- (2 marks)*

2.1.2 Three ways communities can reduce water pollution:

- Organize clean-up campaigns.
 - Educate people about proper waste disposal.
 - Implement stricter laws on industrial waste management.
- (3 marks)*

QUESTION 3: PERSONAL WELL-BEING (25 marks)

3.1.1 Four food groups shown in the infographic:

- Fruits
 - Vegetables
 - Grains (carbohydrates)
 - Proteins (meat, legumes, nuts)
- (4 marks)*

3.1.2 Importance of a balanced diet:

- Provides essential nutrients for energy, growth, and repair of the body.
- Helps maintain a healthy weight and prevents diseases like diabetes and heart conditions.
- Supports a strong immune system and overall well-being.

(3 marks)

QUESTION 4: SEXUALITY AND RELATIONSHIPS (25 marks)**4.1.1 Three qualities that build healthy relationships:**

- Trust
- Respect
- Honesty
- Communication (accept any three)

(3 marks)

4.1.2 Why communication is important in relationships:

- It helps to express feelings and resolve conflicts.
- Builds understanding and strengthens bonds between people.
- Prevents misunderstandings and promotes cooperation.

(3 marks)

TOTAL: 100 MARKS