

SMARTWIZ

GRADE 8 LIFE ORIENTATION EXAM

MARKS: 80

MARKS	

TIME: 2 hours

SCHOOL _____

CLASS (e.g. 4A) _____

SURNAME _____

NAME _____

MYST PATHWORKS

Instructions for Students:

- > Read all instructions carefully before beginning the exam.
- > Write your name and student ID clearly on the answer sheet/booklet.
- > Answer all questions unless otherwise stated.
- > Show all your work/calculations where applicable.
- > Write clearly and legibly.
- > Use blue or black ink only. * Do not use correction fluid/tape.
- > No electronic devices (calculators, phones, etc.) are allowed unless explicitly permitted.
- > Raise your hand if you have any questions.
- > Do not talk to other students during the exam.
- > Any form of cheating will result in disqualification.

This test consists of 4 pages, excluding the cover page.

SECTION A: DEVELOPMENT OF THE SELF IN SOCIETY (20 MARKS)

Question 1 Study the image below and answer the questions that follow:

 **Image Description:**



1.1 What value is being shown in this image?

(1)

1.2 How does teamwork benefit the school or community?

(2)

1.3 Name one personal benefit a learner gains from participating in community service.

(1)

1.4 Give two ways you can show respect when working with others.

(2)

1.5 True or False: "You can only help your community if you are an adult."

Answer: _____

(1)

1.6 Suggest a slogan for a campaign encouraging community involvement among learners.

(2)

1.7 Write a paragraph (4–5 lines) on how helping in your community can improve your self-esteem.

(5)

1.8 Choose the correct answer: Helping others without expecting a reward is called: A) Volunteering

B) Trading

C) Hiring


D) Submitting

Answer: _____

(1)

SECTION B: HEALTH, SOCIAL AND ENVIRONMENTAL RESPONSIBILITY (20 MARKS)

Question 2 Look at the infographic below and answer the questions:

 **Infographic:** "Healthy Daily Habits for Teens"

- Sleep at least 8 hours
- Eat fruits and vegetables
- Limit screen time
- Exercise for 30 minutes
- Drink 6–8 glasses of water



2.1 According to the infographic, how much sleep should a teenager get?

(1)

2.2 Name two habits shown in the infographic that improve physical health.

(2)

2.3 Why is limiting screen time important for mental health?

(2)

2.4 True or False: "Teens only need to drink 2 glasses of water a day."

Answer: _____

(1)

2.5 Suggest two additional healthy habits not shown in the infographic.

(2)

2.6 Write a short paragraph (4–5 lines) on how these healthy habits can reduce stress in learners.

(5)

2.7 Which one of the following is not part of the infographic?

A) Exercise

B) Drinking water

C) Watching movies late at night

D) Eating vegetables

Answer: _____

(1)

2.8 How does regular exercise contribute to a healthy lifestyle?

(2)

SECTION C: RIGHTS AND RESPONSIBILITIES (20 MARKS)

Question 3 Study the visual prompt below:

KNOW YOUR RIGHTS AND RESPONSIBILITIES !



3.1 Why is it important for learners to know their rights?

(2)

3.2 Give two examples of rights learners have at school.

(2)

3.3 What responsibility comes with the right to education?

(2)

3.4 Match the rights with the correct responsibilities:

- Right to safety
- Right to privacy
- Right to learn

Responsibilities:

- A) Listen in class
- B) Lock your locker
- C) Report bullying

Answers:

1 → ____, 2 → ____, 3 → ____

(3)

3.5 True or False: "Only adults have the right to freedom of speech."

Answer: _____

(1)

3.6 Suggest a way a learner can take responsibility in protecting the rights of others.

(2)

3.7 Write a short paragraph (4–5 lines) about why following school rules supports everyone's rights.

(5)

3.8 Fill in the missing word:

Every right comes with a _____.

(1)

SECTION D: WORLD OF WORK (20 MARKS)

Question 4 Look at the visual below and answer the questions:

A chart showing different career paths and school subjects required:

- Medicine → Life Sciences, Physical Sciences
- Law → History, English
- Engineering → Mathematics, Physical Sciences
- Teaching → Languages, Life Orientation



4.1 What subjects are needed for a career in Engineering?

(2)

4.2 Name a career that needs History as a subject.

(1)

4.3 Why is it important to start thinking about careers in high school?

(2)

4.4 List two personal strengths that could help someone become a teacher.

(2)

4.5 Match the career to the personality trait:

- Doctor
- Lawyer
- Engineer

Traits:

- A) Logical thinker
B) Strong communicator
C) Caring and observant

(3)

4.6 Suggest one career that suits someone who loves animals.

(1)

4.7 Write a paragraph (4–5 lines) on your dream career and what you can do now to prepare for it.

(9)

END OF EXAM

SECTION A: DEVELOPMENT OF THE SELF IN SOCIETY (20 MARKS)

Question 1 1.1 Teamwork / Cooperation / Community spirit (1)

1.2 It helps get work done faster and builds good relationships among people. (2)

1.3 Learners build confidence, communication skills, or feel a sense of achievement. (1)

1.4 Listening to others; not interrupting; being polite and supportive (any 2). (2)

1.5 False (1)

1.6 Examples: "Together We Grow", "Hands Helping Hands" or similar. (2)

1.7 Paragraph must include points like: builds confidence, provides purpose, makes one feel valuable. (5)

1.8 A) Volunteering (1)

SECTION B: HEALTH, SOCIAL AND ENVIRONMENTAL RESPONSIBILITY (20 MARKS)

Question 2 2.1 8 hours (1)

2.2 Exercise and eating fruits/vegetables (any 2). (2)

2.3 It helps reduce anxiety, prevents screen addiction, and allows better sleep. (2)

2.4 False (1)

2.5 Examples: brushing teeth, meditating, journaling, or proper hygiene (any 2). (2)

2.6 Healthy habits reduce stress by keeping the body and mind strong and relaxed. (5)

2.7 C) Watching movies late at night (1)

2.8 It keeps the body fit, improves mood, and prevents illness. (2)

SECTION C: RIGHTS AND RESPONSIBILITIES (20 MARKS)

Question 3 3.1 To protect themselves, understand fairness, and seek help if needed. (2)

3.2 Right to education; right to safety; right to be treated equally (any 2). (2)

3.3 Attend school regularly and do your best. (2)

3.4 1 → C, 2 → B, 3 → A (3)

3.5 False (1)

3.6 Report abuse or bullying, help others, stand up for fairness. (2)

3.7 Paragraph should mention that rules create safety, fairness, and respect. (5)

3.8 Responsibility (1)

SECTION D: WORLD OF WORK (20 MARKS)

Question 4 4.1 Mathematics, Physical Sciences (2)

4.2 Law (1)

4.3 Helps set goals, choose correct subjects and stay motivated. (2)

4.4 Patience, communication, empathy, responsibility (any 2). (2)

4.5 Doctor → C, Lawyer → B, Engineer → A (3)

4.6 Veterinarian or Animal Scientist (1)

4.7 Paragraph should include career goal, motivation, and steps like studying hard, choosing subjects. (9)

TOTAL: 80 MARKS

