

SMARTWIZ

GRADE 4 LIFE SKILLS EXAM

MARKS: 40

MARKS	
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TIME: 1 hour

SCHOOL _____

CLASS (e.g. 4A) _____

SURNAME _____

NAME _____

Instructions for Students:

Read all instructions carefully before starting the exam.

Write your name and student number clearly on the answer sheet/booklet.

Answer all questions unless otherwise instructed.

Show all your work/calculations where applicable.

Write clearly and legibly.

Use only blue or black ink. * Do not use correction fluid or tape.

No electronic devices (such as calculators, cell phones, etc.) are allowed unless explicitly permitted.

Raise your hand if you have any questions.

Do not talk to other students during the exam.

Any form of dishonesty will result in disqualification.

This page consist of 4 pages including the cover page.

SECTION A: Comprehension – Personal and Social Well-being (10 Marks)

Read the passage and answer the questions below.

My Friend, Tumi

I met Tumi on the first day of school. She was new and sat alone on the bench during break. I walked up to her and asked if she wanted to play. Tumi smiled and said yes. Since then, we have been best friends. We always help each other in class and never laugh when one of us makes a mistake. Tumi taught me how to skip rope and I taught her how to draw trees.

We like playing outside, but we also talk when one of us feels sad. I have learned that being a good friend means listening, sharing and being kind.

Answer the questions:

Who is the narrator of the story? (1)

Where was Tumi sitting on the first day of school? (1)

Name two things the narrator and Tumi taught each other. (2)

Why do you think they became good friends? (2)

What lesson does the narrator learn about friendship? (2)

Give one example of how you show kindness to your friends. (2)

SECTION B: Physical Education – Using a Table (10 Marks)

Look at the table below. It shows how many minutes four learners exercised each day.

Learner	Monday	Tuesday	Wednesday	Thursday	Friday
Sarah	20	25	15	30	20
Luke	10	15	20	10	15
Amina	30	30	35	30	25
Joshua	15	20	10	25	20

Answer the following questions:

Who exercised the most on Wednesday? (1)

On which day did all learners do some form of exercise? (1)

Who did the least amount of exercise on average? (2)

How many minutes did Sarah exercise in total for the week? (2)

Why is regular exercise good for children? (Answer in a full sentence.) (2)

Name one type of warm-up exercise you can do before running. (2)

SECTION C: Creative Arts – Interpreting a Graph (10 Marks)

Look at the bar graph showing learners' favourite creative activities:

Favourite Creative Activities (Number of Learners)



Answer the questions:

Which activity is the most popular? (1)

How many learners chose singing? (1)

Which two activities were liked equally? (2)

What is the difference between the most and least popular activity? (2)

Why is it important to take part in creative activities? (2)

Suggest one new creative activity the school could offer. (2)

SECTION D: Life Skills Application – Personal Choices (10 Marks)

Answer the following questions:

Write two things you do each day to stay clean and healthy. (2)

What would you do if your friend dropped their lunch and started crying? (2)

Name one healthy food and one unhealthy food. (2)

How do you feel when someone encourages you? Use one emotion word. (1)

Write a short sentence about how you help at home. (1)

Choose the correct word:

“When I work with others, I learn to ____.”

- a) share
- b) shout
- c) sleep (1)

Name one rule you should follow on the playground. (1)

TOTAL: 40 MARKS

Grade 4 Life Skills Exam – Paper 3 Memorandum

Total: 40 Marks

■ SECTION A: Comprehension – Personal and Social Well-being (10 Marks)

The narrator (1)

On a bench during break (1)

Tumi taught skipping; narrator taught drawing trees (2)

Because they helped each other and were kind / They played together and listened to each other (2)

Friendship means listening, sharing, and being kind (2)

Accept any act of kindness: e.g., “I help my friends when they are hurt” (2)

■ SECTION B: Physical Education – Table Work (10 Marks)

Amina (35 minutes) (1)

All five days – they exercised every day (1)

Luke (Add totals: $10+15+20+10+15 = 70$) – lowest total (2)

Sarah: $20+25+15+30+20 = 110$ minutes (2)

Regular exercise keeps our bodies strong and healthy (Accept variations) (2)

Stretching / arm circles / light jogging / jumping jacks (any valid warm-up) (2)

SECTION C: Creative Arts – Graph Questions (10 Marks)

Dancing (1)

10 learners (1)

Drawing and Singing (both have 10) (2)

Most (16) – Least (8) → Difference = 8 learners (2)

Creative activities help us express feelings / build confidence / reduce stress (2)

Accept creative suggestions: e.g., photography club, puppet making, storytelling, crafts (2)

SECTION D: Life Skills Application (10 Marks)

Brush teeth, wash hands / bath / eat fruit – any two healthy habits (2)

Comfort them / offer to share lunch / call a teacher – any caring action (2)

Healthy: apple, carrot, rice; Unhealthy: chips, sweets, fizzy drink (2)

Happy / proud / supported (Accept one emotion word) (1)

Accept simple sentence: e.g., “I help by cleaning my room” (1)

a) share ☒ (1)

Don't push / wait your turn / listen to adults – any playground rule (1)

TOTAL: 40 MARKS

