

Source:	SmartWiz App
Date:	13/06/2025
Grade:	1
Subject:	Life Skills
Duration:	1 Hr
Marks:	50

Instructions for Students:

- > Read all instructions carefully before beginning the exam.
- > Write your name and student ID clearly on the answer sheet/booklet.
- > Answer all questions unless otherwise stated.
- > Show all your work/calculations where applicable.
- > Write clearly and legibly.
- > Use blue or black ink only. * Do not use correction fluid/tape.
- > No electronic devices (calculators, phones, etc.) are allowed unless explicitly permitted.
- > Raise your hand if you have any questions.
- > Do not talk to other students during the exam.
- > Any form of cheating will result in disqualification.

Name and Surname:	
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Section A: Personal Well-being (10 marks)

Question 1.1: Which part of your body do you use to smell? (2 marks)

- a) Eyes
- b) Ears
- c) Nose
- d) Mouth

Answer: c) Nose

Question 1.2: What should you do before you eat your food? (2 marks)

Answer: Wash your hands

Question 1.3: Which of these is good for your body? (2 marks)

- a) Sleeping
- b) Playing video games
- c) Eating sweets

Answer: a) Sleeping

Question 1.4: Why is it important to brush your teeth? (2 marks)

Answer: To keep them clean and healthy / To avoid toothaches

Question 1.5: What do you do when you feel happy? (2 marks)

Answer: Smile / Laugh / Play

Section B: Health and Safety (10 marks)

Question 2.1: What should you do before touching food? (2 marks)

Answer: Wash your hands

Question 2.2: Which one of these is a healthy snack? (2 marks)

- a) Chips
- b) Fruit
- c) Chocolate

Answer: b) Fruit

Question 2.3: What should you do if you are walking near a busy road? (2 marks)

Answer: Look both ways before crossing / Walk on the sidewalk

Question 2.4: Which of these is an unsafe object? (2 marks)

- a) Knife
- b) Toy
- c) Book

Answer: a) Knife

Question 2.5: What is the first thing you should do if you get a small cut? (2 marks)

Answer: Tell an adult / Clean the cut

Section C: Social Well-being (10 marks)

Question 3.1: How do you greet your friends? (2 marks)

Answer: Say "Hello" / Wave / Smile

Question 3.2: If your friend is upset, what can you do? (2 marks)

Answer: Ask if they are okay / Comfort them / Share with them

Question 3.3: What do you do when you want to join a game? (2 marks)

Answer: Ask if you can play / Wait for your turn

Question 3.4: If someone is being unkind to you, what should you do? (2 marks)

Answer: Tell a teacher or an adult / Walk away

Question 3.5: Why is it important to share with others? (2 marks)

Answer: So everyone can have fun / To be kind

Section D: Environment and Physical Activity (10 marks)

Question 4.1: What should you do if you see litter on the ground? (2 marks)

Answer: Pick it up and put it in the bin

Question 4.2: How can you help protect animals? (2 marks)

Answer: Don't harm them / Keep their environment clean

Question 4.3: What do you wear when it's very hot outside? (2 marks)

Answer: A hat, sunglasses, and light clothes

Question 4.4: What is one thing you can do to save water? (2 marks)

Answer: Turn off the tap when you are not using it

Question 4.5: What is one thing you can do to stay healthy? (2 marks)

Answer: Play outside / Exercise / Eat healthy food

Section E: Creativity and Expression (10 marks)

Question 5.1: What do you need to draw a picture? (2 marks)

Answer: Paper and crayons or pencils

Question 5.2: How do you feel when you sing your favorite song? (2 marks)

Answer: Happy / Excited / Fun

Question 5.3: What can you make with clay? (2 marks)

Answer: A model / A toy / A shape

Question 5.4: What is your favorite thing to do with your family? (2 marks)

Answer: Play games / Go on a picnic / Watch TV

Question 5.5: Why is it fun to make things with your hands? (2 marks)

Answer: You can be creative / It's fun to see what you can make

✅ END OF EXAM

TOTAL MARKS: 50

