

SMARTWIZ

GRADE 8 LIFE ORIENTATION EXAM

MARKS: 40

MARKS	

TIME: 2 hours

SCHOOL _____

CLASS (e.g. 4A) _____

SURNAME _____

NAME _____

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Instructions for Students:

- > Read all instructions carefully before beginning the exam.
- > Write your name and student ID clearly on the answer sheet/booklet.
- > Answer all questions unless otherwise stated.
- > Show all your work/calculations where applicable.
- > Write clearly and legibly.
- > Use blue or black ink only. * Do not use correction fluid/tape.
- > No electronic devices (calculators, phones, etc.) are allowed unless explicitly permitted.
- > Raise your hand if you have any questions.
- > Do not talk to other students during the exam.
- > Any form of cheating will result in disqualification.

This test consists of 4 pages, excluding the cover page.

SECTION A: SOCIAL RESPONSIBILITY (10 MARKS)

Question 1

Study the picture below and answer the questions:



1.1 What value is shown in this image?

_____ (1)

1.2 How does helping others improve your relationships?

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_____ (2)

1.3 Suggest one way you could help someone in your school.

_____ (1)

1.4 Write a short sentence explaining why kindness matters.

_____ (2)

1.5 True or False: Only teachers can be responsible in school.

Answer: _____ (1)

1.6 Choose the correct answer:

Helping others shows...

A) Greed

B) Respect

C) Anger

Answer: _____ (1)

SECTION B: HEALTH AND WELL-BEING (10 MARKS)

Question 2

Look at the visual and answer the questions:



2.1 Why is sleep important for learners?

_____ (2)

2.2 Give one example of a healthy habit from the timetable.

_____ (1)

2.3 How many hours of sleep should a teenager get?

_____ (1)

2.4 Write a sentence about how physical activity helps you feel better.

_____ (2)

2.5 Choose the correct option: A healthy lifestyle includes...

A) Staying up all night

B) Balanced meals

C) Skipping breakfast

Answer: _____ (1)

2.6 True or False: Physical activity makes you tired and lazy.

Answer: _____ (1)

SECTION C: RIGHTS AND RESPONSIBILITIES (10 MARKS)

Question 3

Study the image and answer the questions:



3.1 What right is being shown in this image?

_____ (1)

3.2 How can learners respect this right?

_____ (1)

3.3 Match the following:

- Right to education → A) Don't skip school
- Right to safety → B) Use bins and keep areas clean
- Right to a clean environment → C) Report bullying

(3)

3.4 Write one reason why rules are important in school.

_____ (2)

3.5 Choose the correct answer: Learners are responsible for...

- A) Only their marks
- B) Following school rules
- C) Ignoring others' rights

Answer: _____ (1)

3.6 True or False: Rights come without any responsibilities.

Answer: _____ (1)

SECTION D: FUTURE PLANNING (10 MARKS)

Question 4

A chart showing careers and school subjects:

- Nurse → Life Sciences
- Architect → Mathematics
- Journalist → Languages

4.1 What subject is needed to become an architect?

_____ (1)

4.2 Name one skill that a nurse should have.

_____ (1)

4.3 Match the job to the subject:

- Nurse → A) Languages
- Architect → B) Mathematics
- Journalist → C) Life Sciences

(3)

4.4 True or False: All careers need the same school subjects.

Answer: _____ (1)

4.5 Write a short sentence on what career you dream of doing and why.

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_____ (4)

END OF EXAM

MEMO

SECTION A: SOCIAL RESPONSIBILITY (10 MARKS)

Question 1

- 1.1 Kindness / Respect / Helping others (1)
 - 1.2 Builds trust, strengthens friendships, and shows care for others. (2)
 - 1.3 Helping with homework / carrying books / comforting a classmate (any relevant example) (1)
 - 1.4 Kindness makes people feel valued and happy. (2)
 - 1.5 False (1)
 - 1.6 B) Respect (1)
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SECTION B: HEALTH AND WELL-BEING (10 MARKS)

Question 2

- 2.1 It helps with concentration, growth, and energy during the day. (2)
 - 2.2 Regular meals / sleep / outdoor play (any 1 shown in image) (1)
 - 2.3 8 to 10 hours (1)
 - 2.4 Exercise improves mood and keeps your body healthy. (2)
 - 2.5 B) Balanced meals (1)
 - 2.6 False (1)
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SECTION C: RIGHTS AND RESPONSIBILITIES (10 MARKS)

Question 3

- 3.1 Right to speak / Right to be heard / Right to education (any valid answer) (1)
 - 3.2 By listening, not interrupting, showing respect (1)
 - 3.3 1 → A, 2 → C, 3 → B (3)
 - 3.4 Rules keep everyone safe and make learning easier. (2)
 - 3.5 B) Following school rules (1)
 - 3.6 False (1)
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SECTION D: FUTURE PLANNING (10 MARKS)

Question 4

- 4.1 Mathematics (1)
- 4.2 Caring / Communication / Attention to detail (any valid) (1)
- 4.3 Nurse → C, Architect → B, Journalist → A (3)
- 4.4 False (1)
- 4.5 Any relevant answer e.g., "I want to be a teacher because I enjoy helping others learn." (4)

TOTAL: 40 MARKS

