

# SMARTWIZ

## GRADE 12 LIFE ORIENTATION EXAM

**MARKS: 100**

**TIME: 2 HOURS**

**SCHOOL** \_\_\_\_\_

**CLASS (eg. 4A)** \_\_\_\_\_

**SURNAME** \_\_\_\_\_

**NAME** \_\_\_\_\_

MARKS	
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### Instructions for Learners:

- Read all instructions carefully before you begin the exam.
- Write your full name and student number clearly on the answer sheet/book.
- Answer all questions unless otherwise instructed.
- Show all your work/calculations where necessary.
- Write neatly and clearly.
- Use only a blue or black pen. Do not use correction fluid or tape.
- Electronic devices (calculators, cell phones, etc.) are not allowed unless explicitly permitted.
- Raise your hand if you have any questions.
- Do not talk to other learners during the exam.
- Any form of dishonesty will result in immediate disqualification from the exam.

**This exam consists of Five pages, including the cover page.**

## SECTION A: SHORT QUESTIONS (20 MARKS)

**Choose the correct answer and write only the letter (A–D) next to the question number (1.1–1.10). Each question is worth 2 marks.**

1.1 What does “holistic well-being” include?

- A) Physical health only
- B) Emotional and social health only
- C) All aspects of human wellness
- D) Just mental health

Answer: \_\_\_\_\_

1.2 Which career field would most likely require a qualification in Actuarial Science?

- A) Education
- B) Finance and risk management
- C) Agriculture
- D) Performing Arts

Answer: \_\_\_\_\_

1.3 The Bill of Rights is found in:

- A) The Criminal Procedure Act
- B) The Constitution of South Africa
- C) The Labour Relations Act
- D) The Education Policy Framework

Answer: \_\_\_\_\_

1.4 A person who abuses power to gain sexual favours in the workplace is committing:

- A) Emotional abuse
- B) Bullying
- C) Harassment
- D) Negotiation

Answer: \_\_\_\_\_

1.5 What is a learnership?

- A) A university degree
- B) A short online course
- C) A work-based learning programme with theoretical training
- D) Voluntary service

Answer: \_\_\_\_\_

1.6 The concept of Ubuntu encourages:

- A) Competition
- B) Selfishness

- C) Community values and mutual respect
- D) Independent success only

Answer: \_\_\_\_\_

1.7 Which organisation protects consumer rights in South Africa?

- A) Department of Health
- B) South African Revenue Service
- C) National Credit Regulator
- D) Consumer Commission

Answer: \_\_\_\_\_

1.8 Which of the following contributes most to substance abuse among youth?

- A) Regular exercise
- B) Peer pressure
- C) Community service
- D) Career counselling

Answer: \_\_\_\_\_

1.9 An example of a soft skill is:

- A) Java programming
- B) Conflict resolution
- C) Data analytics
- D) Plumbing

Answer: \_\_\_\_\_

1.10 What is the main purpose of community engagement projects?

- A) To promote business investment
- B) To provide entertainment
- C) To develop social responsibility and civic awareness
- D) To enforce discipline

Answer: \_\_\_\_\_

## SECTION B: STRUCTURED QUESTIONS (30 MARKS)

Answer in full sentences. Use the lines provided.

2.1 Define the term “emotional intelligence” and explain **two ways** it contributes to healthy relationships.

(5)

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2.2 Describe **three factors** that should be considered when making a career or study choice. (6)

2.3 Explain how **gender-based violence** affects victims emotionally and socially. (5)

2.4 Discuss **two advantages** of participating in voluntary or community service. (4)

2.5 Describe how **HIV and AIDS** can impact the socio-economic status of a household. (5)

2.6 Suggest **three strategies** a learner can use to manage stress during the exam period. (5)



## SECTION C: ESSAY QUESTION (30 MARKS)



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**4.3** Which **financial aid options** might help Naledi pursue tertiary studies? Name and explain **two**. (6)

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**4.4** Discuss **two values or attitudes** shown by Naledi that are important for success. (4)

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**4.5** How can the school and local organisations support learners like Naledi to reach their career goals? (4)

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**TOTAL : 100**

## MEMO

## SECTION A: SHORT QUESTIONS (20 MARKS)

(2 marks each – Only one correct answer per question)

- 1.1 C – All aspects of human wellness ✓
- 1.2 B – Finance and risk management ✓
- 1.3 B – The Constitution of South Africa ✓
- 1.4 C – Harassment ✓
- 1.5 C – A work-based learning programme with theoretical training ✓
- 1.6 C – Community values and mutual respect ✓
- 1.7 D – Consumer Commission ✓
- 1.8 B – Peer pressure ✓
- 1.9 B – Conflict resolution ✓
- 1.10 C – To develop social responsibility and civic awareness ✓

**Total:  $10 \times 2 = 20$  marks**

## SECTION B: STRUCTURED QUESTIONS (30 MARKS)

### 2.1 Emotional Intelligence (5 marks)

- Definition (1 mark): The ability to recognize, understand, and manage one's own emotions and those of others.
- Two contributions (2 marks each):
  - Improves communication.
  - Helps resolve conflict peacefully.
  - Builds empathy and trust in relationships. (*Any relevant two*)

### 2.2 Career/Study Choice Factors (6 marks)

- Interest and passion
  - Academic strengths
  - Financial situation
  - Availability of bursaries/loans
  - Employment opportunities
  - Personal values/goals
- (*Any 3 factors x 2 marks = 6 marks*)

### 2.3 Effects of Gender-Based Violence (5 marks)

- Emotional effects: depression, fear, anxiety, PTSD.

- Social effects: isolation, mistrust, damaged relationships, withdrawal from activities.

#### 2.4 Advantages of Voluntary Service (4 marks)

- Builds skills and experience
  - Promotes empathy and civic responsibility
  - Improves self-confidence
- (Any 2 valid points x 2 marks)*

#### 2.5 Socio-economic Impact of HIV/AIDS (5 marks)

- Income loss due to illness
  - Increased medical expenses
  - Child-headed households
  - School dropout due to caregiving
- (Any 2–3 clear points, well explained)*

#### 2.6 Stress Management Strategies (5 marks)

- Time management and study schedules
  - Physical exercise
  - Mindfulness/meditation
  - Healthy eating/sleep habits
  - Talking to a teacher/counsellor
- (Any 3 strategies × 1–2 marks each = 5)*



## SECTION C: ESSAY (30 MARKS)

Mark using a **holistic rubric**:

Criteria	Marks
Introduction & understanding	5
Discussion of responsibilities	8
Examples of youth action	8
Logical structure & conclusion	5
Language, relevance, insight	4
<b>Total</b>	<b>30</b>

**Key content to look for:**

- Definition of democracy
- Young citizens voting, engaging in community service, staying informed
- Campaigning against inequality (e.g. gender, education, LGBTQ+ rights)
- Respecting diversity and human rights
- Hopeful, action-oriented conclusion





## SECTION D: SOURCE-BASED (20 MARKS)

### 4.1 Socio-economic challenges (2 marks)

- Lives in a rural area
- Parents are unemployed
- Limited access to internet

*(Any 2 valid points = 2 marks)*

### 4.2 Demonstrates leadership (4 marks)

- Volunteers at an NGO
- Tutors younger learners

*(2 points × 2 marks)*

### 4.3 Financial aid options (6 marks)

- NSFAS: Government funding based on financial need (3 marks)
- Bursaries/Scholarships: From universities, companies, or NGOs (3 marks)

*(2 options well explained = 6 marks)*

### 4.4 Values/attitudes shown by Naledi (4 marks)

- Determination, resilience
- Responsibility, leadership
- Altruism, community-mindedness

*(Any 2 × 2 marks)*

### 4.5 Support from school/community (4 marks)

- Provide career guidance
- Assist with bursary applications
- Free internet/printing access
- Extra tutoring

*(Any 2 × 2 marks)*



**TOTAL: 100 MARKS**

# MAP

MYST PATHWORKS

# IVII