

Source:	SmartWiz App
Date:	11/03/2025
Grade:	2
Subject:	Life Skills
Duration:	1 Hr
Marks:	50

**Instructions for Students:**

- > Read all instructions carefully before beginning the exam.
- > Write your name and student ID clearly on the answer sheet/booklet.
- > Answer all questions unless otherwise stated.
- > Show all your work/calculations where applicable.
- > Write clearly and legibly.
- > Use blue or black ink only. \* Do not use correction fluid/tape.
- > No electronic devices (calculators, phones, etc.) are allowed unless explicitly permitted.
- > Raise your hand if you have any questions.
- > Do not talk to other students during the exam.
- > Any form of cheating will result in disqualification.

Name and Surname:	
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Part A: Personal Health and Hygiene (10 marks)

Why is it important to wash your hands before eating?

\_\_\_\_\_ (2 marks)

Name two things you should do every day to stay clean.

\_\_\_\_\_ (2 marks)

Why should we brush our teeth twice a day?

\_\_\_\_\_ (2 marks)

Draw a picture of yourself brushing your teeth. (2 marks)

What should you do if you feel sick?

\_\_\_\_\_ (2 marks)

Part B: Safety and Security (10 marks)

What should you do if you see a stranger asking for help?

\_\_\_\_\_ (2 marks)

Name two things that can help keep you safe at home.

\_\_\_\_\_ (2 marks)

What should you do if you see a fire?

\_\_\_\_\_ (2 marks)

Draw a picture of a helmet or seatbelt and explain why wearing them is important. (2 marks)

Who can you ask for help if you feel scared?

\_\_\_\_\_ (2 marks)

### Part C: Respect and Good Manners (10 marks)

What does it mean to be kind to others?

\_\_\_\_\_ (2 marks)

Name two good manners you should show at school.

\_\_\_\_\_ (2 marks)

Why is it important to say "please" and "thank you"?

\_\_\_\_\_ (2 marks)

Draw a picture of two children greeting each other politely. (2 marks)

What should you do if you hurt someone's feelings?

\_\_\_\_\_ (2 marks)

### Part D: Healthy Eating and Exercise (10 marks)

Name three healthy foods you should eat.

\_\_\_\_\_ (3 marks)

Why is it important to eat vegetables and fruit?

\_\_\_\_\_ (2 marks)

Name two activities you can do to keep your body active.

\_\_\_\_\_ (2 marks)

Draw a picture of yourself running or playing outside. (2 marks)

What should you drink instead of fizzy drinks?

\_\_\_\_\_ (1 mark)

Part E: Environment and Caring for Nature (10 marks)

Why should we throw rubbish in the dustbin?

\_\_\_\_\_ (2 marks)

Name two things you can do to help take care of the environment.

\_\_\_\_\_ (2 marks)

Draw a picture of a tree and explain why trees are important. (3 marks)

What happens if we cut down too many trees?

\_\_\_\_\_ (2 marks)

Why should we save water?

\_\_\_\_\_ (1 mark)

End of the Exam

Good luck!