

Source:	SmartWiz App
Date:	12/03/2025
Grade:	1
Subject:	Life Skills
Duration:	1 Hr
Marks:	50

Instructions for Students:

- > Read all instructions carefully before beginning the exam.
- > Write your name and student ID clearly on the answer sheet/booklet.
- > Answer all questions unless otherwise stated.
- > Show all your work/calculations where applicable.
- > Write clearly and legibly.
- > Use blue or black ink only. * Do not use correction fluid/tape.
- > No electronic devices (calculators, phones, etc.) are allowed unless explicitly permitted.
- > Raise your hand if you have any questions.
- > Do not talk to other students during the exam.
- > Any form of cheating will result in disqualification.

Name and Surname:	
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Section A: Personal Well-being (10 marks)

Question 1.1: Which part of your body do you use to see? (2 marks)

- a) Ears
- b) Nose
- c) Eyes
- d) Mouth

Answer: c) Eyes

Question 1.2: Which part of your body helps you hear? (2 marks)

Answer: Ears

Question 1.3: Is it important to wear clean clothes every day? (1 mark)

Answer: Yes

Question 1.4: When should you wash your hands? (2 marks)

- a) After playing
- b) Before eating
- c) After using the toilet
- d) All of the above

Answer: d) All of the above

Question 1.5: How do you feel when you are happy? (3 marks)

Answer: I smile / I laugh / I feel good (Any suitable answer)

Section B: Health and Safety (10 marks)

Question 2.1: What should you wear when riding a bicycle? (1 mark)

Answer: Helmet

Question 2.2: What should you do if you get hurt on the playground? (2 marks)

Answer: Tell the teacher / Ask for help

Question 2.3: Which food is healthy? (2 marks)

a) Sweets

b) Fruits

c) Cold drinks

Answer: b) Fruits

Question 2.4: How can you stay safe at school? (2 marks)

Answer: Stay near the teacher / Don't talk to strangers

Question 2.5: What should you do if you get lost in a shop? (3 marks)

Answer: Ask a shop worker for help / Stay in one place / Call for mom or dad

Section C: Social Well-being (10 marks)

Question 3.1: Who is in your family? (2 marks)

Answer: Mom, dad, sister, brother, granny, grandpa (any suitable family member)

Question 3.2: How do you show respect to others? (2 marks)

Answer: Say please / Listen / Wait your turn

Question 3.3: What do you do if someone is sad or hurt? (2 marks)

Answer: Comfort them / Ask if they are okay / Say kind words

Question 3.4: Which one is a kind action? (2 marks)

a) Yell at your friend

b) Share your toys

c) Hit someone

Answer: b) Share your toys

Question 3.5: Is it okay to tell lies? (2 marks)

Answer: No

Section D: Environment and Physical Activity (10 marks)

Question 4.1: What should you do if you see litter on the ground? (2 marks)

Answer: Pick it up and throw it in the bin

Question 4.2: Name one place where it is safe to play. (2 marks)

Answer: In the yard / At the park / On the playground

Question 4.3: What is one exercise that makes your body strong? (2 marks)

Answer: Jump / Run / Hop

Question 4.4: What is one rule when playing with others? (2 marks)

Answer: Play nicely / Share / Don't fight

Question 4.5: Which natural resource should we protect? (2 marks)

a) Trees

b) Plastic

c) Toys

Answer: a) Trees

Section E: Creativity and Expression (10 marks)

Question 5.1: Name one way to show your feelings. (2 marks)

Answer: By drawing / Talking / Singing

Question 5.2: Which activity helps you be creative? (1 mark)

- a) Drawing
- b) Shouting
- c) Fighting

Answer: a) Drawing

Question 5.3: What can you make with cardboard and glue? (2 marks)

Answer: A card / A toy / An artwork

Question 5.4: Why is it good to listen to or sing music? (2 marks)

Answer: It makes me happy / It helps me relax / It is fun

Question 5.5: Name one thing you can do in art class. (3 marks)

Answer: I draw / I paint / I cut and paste pictures

 END OF EXAM

TOTAL MARKS: 50