SMARTWIZ

GRADE 4 LIFE SKILLS EXAM

MARKS: 40	MARKS
TIME: 1 hour	
SCHOOL	
CLASS (e.g. 4A)	
SURNAME	
NAME	
Instructions for Students:	
Read all instructions carefully before starting the exam.	
Write your name and student number clearly on the answer	sheet/booklet.
Answer all questions unless otherwise instructed.	
Show all your work/calculations where applicable.	
Write clearly and legibly.	

Do not talk to other students during the exam.

Raise your hand if you have any questions.

Any form of dishonesty will result in disqualification.

Use only blue or black ink. * Do not use correction fluid or tape.

This page consist of 4 pages including the cover page.

No electronic devices (such as calculators, cell phones, etc.) are allowed unless explicitly permitted.

Section A: Understanding Feelings and Emotions (10 Marks)

Match the feeling with its facial expression. Draw a line between the two. (4)

<u>Feeling</u> **Expression**

Excited (Crying face)

(Red, frowning face) Angry

(Smiling with hands up) Sad

(Big smile, happy eyes) Happy

Circle the emotion that best describes the situation:

Your best friend invites you to a party.

a) Scared

b) Happy

c) Angry (1)



Write a sentence to describe what you do when you feel nervous before a test. (2)

Your classmate is crying after losing their pencil case. What can you say to make them feel better? (3)

Section B: Healthy Routines and Personal Responsibility (10 Marks)

Fill in the blanks:

I brush my teeth ____ times a day. (1)

I go to bed at around ____ every night. (1)

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Why is it important to wear clean clothes every day? (2)

Tick (\checkmark) the correct morning routine: (3)

Task Tick (✓)

Wash your face

Skip breakfast

Pack your school bag

Section C: Community and the Environment (10 Marks)

Name two community helpers and what they do. (4)

Example: Firefighter – puts out fires.

Circle the item that belongs in the recycling bin: (1)

- a) Banana peel
- b) Plastic bottle
- c) Leftover chicken bone



Why should we not litter in parks or on the street? (2)

Write one way you help your family or neighbours at home. (1)

You see someone throwing plastic into a river. What would you do? (2)
Section D: Arts & Imagination (10 Marks)
What is imagination? Give one example of when you use it. (2)
Fill in the blank:
"In art, we use different to create pictures."
a) tools
b) smells
c) songs (1)
Choose the correct answer:
Which of the following is a type of performance? a) Sleeping b) Dancing
c) Eating (1)
You have one colour – blue. How can you show sadness in your art using only blue? (2)
Name one way music can change how we feel. (2)
Write a short slogan to encourage children to be creative. (2)

TOTAL: /40

Section A: Understanding Feelings and Emotions (10 Marks) Matching (1 mark per correct line): Excited $\rightarrow \circ$ Angry → 😰 Sad \rightarrow \bigcirc Happy $\rightarrow \stackrel{\text{\tiny 4}}{=} (4)$ b) Happy (1) YST PATHWORKS Sample sentence: "I take deep breaths and tell myself I can do it." (Accept any calming, appropriate response) (2) Accept any caring sentence such as: "It's okay, I can help you look for it." / "Don't worry, we will find it together." (3) Section B: Healthy Routines and Personal Responsibility (10 Marks) Two correct responses:

"twice" or "2"

Accept any reasonable time like "8:00 pm" or "9:00 pm" (2)
Any three:
Brush teeth
Wash face
Comb hair
Take a bath/shower
Dress neatly (3) MYST PATHWORKS
Clean clothes keep us fresh and prevent illness or bad smells. (Accept any valid hygiene reason) (2)
√ Wash your face
X Skip breakfast
✓ Pack your school bag (1 mark each) (3)
Section C: Community and the Environment (10 Marks)
Any two with correct job:
Teacher – teaches children

Doctor – helps sick people

Police officer – keeps us safe

Firefighter – puts out fires

(2 marks each) (4)

b) Plastic bottle (1)

Litter makes the environment dirty / harms animals / is unsafe or unpleasant (Any valid reason) (2)

MYST PATHWORKS

Example:

"I help by watering the garden" / "I carry groceries" / "I help wash dishes" (Accept any responsible task) (1)

Example:

"Ask them to stop and explain why it's wrong" or "Tell a teacher or adult" (2)

Section D: Arts & Imagination (10 Marks)

Imagination is using your mind to create or think of new things.

Example: "I use it when I make up stories" or "When I draw something from my dreams." (2)

a) tools (1)

b) Dancing 🔽 (1)

Sample response:

"Use a dark shade of blue or paint a rainy day" / "Draw a sad face in blue" (Accept any reasonable artistic interpretation) (2)

Music can make us feel happy, calm, excited, or even help us relax. (2)

Example slogan:

"Be bold, be bright – create with all your might!" / "Your ideas matter – make art!" (2)

TOTAL: 40 MARKS