# **SMARTWIZ**

#### **GRADE 8 LIFE ORIENTATION EXAM**

MARKS: 80	MARKS	
TIME: 2 hours		
SCHOOL		
CLASS (e.g. 4A)		
SURNAME		
NAME		-
MYST PATHW	ORK	S

### **Instructions for Students:**

- > Read all instructions carefully before beginning the exam.
- > Write your name and student ID clearly on the answer sheet/booklet.
- > Answer all questions unless otherwise stated.
- > Show all your work/calculations where applicable.
- > Write clearly and legibly.
- > Use blue or black ink only. \* Do not use correction fluid/tape.
- > No electronic devices (calculators, phones, etc.) are allowed unless explicitly permitted.
- > Raise your hand if you have any questions.
- > Do not talk to other students during the exam.
- > Any form of cheating will result in disqualification.

This test consists of 4 pages, excluding the cover page.

# SECTION A: HEALTH, SOCIAL AND ENVIRONMENTAL RESPONSIBILITY (20 MARKS)

# **Question 1**

Study the poster below and answer the questions that follow:

*	Poster:	"Say No	to S	Substance	Abuse"
Eff	ects of <b>I</b>	rug Abu	se:		

- Loss of focus
- Poor academic performance
- Risk of addiction
- Relationship problems
- Health damage



1.1 List two effects of drug abuse shown in the poster.
(2)
1.2 Why do you think substance abuse leads to poor performance in school?
(2)
1.3 Suggest two positive alternatives to drug use for teenagers.
(2)
1.4 What role can schools play in preventing drug abuse?
(2)
1.5 Write a short paragraph (4–5 lines) explaining how peer pressure can lead to drug use and how to resist it.

(4)
1.6 True or False: "Drugs help learners stay focused for longer."  Answer:
1.7 What does this red crossed-out symbol below represent in the context of the poster?
(2)  1.8 Provide one slogan that could be used on an anti-drug campaign poster.
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SECTION B: DEVELOPMENT OF THE SELF IN SOCIETY (20 MARKS)
Question 2
Study the mind map below:
Mind Map: Building Self-Esteem
<ul> <li>Set goals</li> <li>Use positive self-talk</li> <li>Accept mistakes</li> <li>Surround yourself with support</li> <li>Celebrate achievements</li> </ul>
2.1 Name two ways mentioned in the mind map that can build self-esteem.

(2)

2.2 Explain how "positive self-talk" can help someone facing a challenge.

(2)
2.3 Write down two common causes of low self-esteem among teenagers.
(2)
2.4 What does the phrase "accept mistakes" mean in building confidence?
2.1 What does the phrase decept histakes mean in surraing confidence.
(2)
2.5 True or False: "Only other people can improve your self-esteem."
Answer:(1)
2.6 Choose the correct answer:
Which one is an example of positive self-talk?  A) I can't do anything right
B) I will never be good enough C) I am learning and getting better
D) Everyone is better than me  Answer:
(1)
2.7 Describe two differences between a <i>fixed mindset</i> and a <i>growth mindset</i> .
(4)
2.8 Write a paragraph (4–5 lines) on how self-esteem affects relationships with others.
2.0 The a paragraph (1 5 mes) on now sen esteem affects felationships with outers.

(6)

# SECTION C: RIGHTS AND RESPONSIBILITIES (20 MARKS)

# **Question 3**

Study the cartoon and answer the questions:

Cartoon Image Description:  A learner is throwing litter on the school ground. Another learner points to a bin and says: "Hey! That's not cool. Use the bin!"
3.1 What right is being disrespected in the cartoon?
<ul><li>(1)</li><li>3.2 What responsibility is the second learner reminding the first one of?</li></ul>
(2) 3.3 Do you think the second learner is showing good citizenship? Why?
(3) 3.4 Why is it important to keep the school environment clean?
<ul><li>(2)</li><li>3.5 List two responsibilities learners have in the school environment.</li></ul>
(2)  3.6 True or False: "Rights can be used without following any responsibilities."  Answer:

3.7 Write a paragraph (4–5 line	es) explaining why both rights and responsibilities are important in a
democratic society.	
40	
(4)	
2.0 M-4-1, 41 - f-11	
3.8 Match the following:	
Responsibility	Right
Obeying school rules	A. Right to protection
Keeping the environment clean	B. Right to education
Reporting bullying	C. Right to a healthy and safe environment
(3)	
SECTION D: WORLD O	F WORK (20 MARKS)
IVII YY	
Question 4	
Study the job advert below and	answer the questions:
Job Advertisement	
Position: Junior Assistant Libr	arian
Requirements:	
Organicad	
<ul><li>Organised</li><li>Enjoys reading</li></ul>	
<ul><li>Works well with others</li></ul>	
<ul> <li>Pays attention to detail</li> </ul>	
- Tays attention to detail	
4.1 What personality trait is mo	ost important for someone working in a library?
	,
(1)	
4.2 List two skills that are usef	ul in this job.

(2)
4.3 What does "pays attention to detail" mean in this job?
(2)
4.4 Do you think this job is suitable for a student who is shy but loves books? Why or why not?
(3)
4.5 Match the career to the field:
Career   Field
Nurse A. Law Lawyer B. Education Teacher C. Health care
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4.6 Write a paragraph about a career that interests you and how you plan to prepare for it in high schoo
(9)

END OF EXAM

# **MEMO**

# SECTION A: HEALTH, SOCIAL AND ENVIRONMENTAL RESPONSIBILITY (20 MARKS)

### **Question 1**

- 1.1 Any two of the following from the poster:
  - Loss of focus
  - Poor academic performance
  - Risk of addiction
  - Relationship problems
  - Health damage (2)
- 1.2 Drugs impair memory, concentration, and motivation, leading to poor school results.(2)
- 1.3 Positive alternatives:
  - Join a sports team, volunteer, read, art or music classes
     (Any 2 = 2)
- 1.4 Schools can run awareness campaigns, offer counselling, or involve parents.(2)
- 1.5 Peer pressure paragraph should include:
  - Friends influencing decisions
  - Wanting to fit in
  - How to say no or avoid such situations (Relevant points and structure = 4)
- 1.6 False (1)
- 1.7 Symbol represents "No to drugs" or anti-drug use(2)
- 1.8 Slogan example:
  - "Choose life, not drugs!" or "Stay strong, say no!" (Relevant slogan = 2)

## SECTION B: DEVELOPMENT OF THE SELF IN SOCIETY (20 MARKS)

#### **Ouestion 2**

- 2.1 Any two from the mind map:
  - Set goals
  - Use positive self-talk
  - Accept mistakes
  - Surround yourself with support
  - Celebrate achievements (2)
- 2.2 Positive self-talk helps you stay motivated and reduces fear of failure.

(2)

- 2.3 Causes of low self-esteem:
  - Bullying, comparison, failure, family problems (Any 2 = 2)
- 2.4 Accepting mistakes means learning from failure and not being too hard on yourself.(2)
- 2.5 False (1)
- 2.6 C) I am learning and getting better <a>(1)</a>
- 2.7 Fixed mindset: believes abilities can't change Growth mindset: believes improvement is possible with effort (2 points for each = 4)
- 2.8 Paragraph must include:
  - High self-esteem leads to better friendships, trust, empathy
  - Low self-esteem may cause conflict or withdrawal (Clear and complete = 6)

# **SECTION C: RIGHTS AND RESPONSIBILITIES (20 MARKS)**

## **Question 3**

- 3.1 Right to a clean and safe environment (1)
- 3.2 Responsibility to keep the school clean / use bins (2)
- 3.3 Yes, the learner is standing up for the environment and promoting responsibility (3)

- 3.4 Clean environments prevent disease and show respect for shared spaces (2)
- 3.5 Responsibilities:
  - Respect school property
  - Follow rules
  - Report bullying (Any 2 = 2)
- 3.6 False (1)
- 3.7 Paragraph should mention:
  - Rights protect individuals
  - Responsibilities maintain order
  - Both are needed for fairness (Clear explanation = 4)
- $3.8
  1 \rightarrow B
  2 \rightarrow C$
- $3 \rightarrow A$

(1 mark each = 3)

## SECTION D: WORLD OF WORK (20 MARKS)

### **Question 4**

- 4.1 Being organised (1)
- 4.2 Any two of: reading skills, attention to detail, communication, teamwork (2)
- 4.3 It means noticing small details (e.g., putting books in correct order) (2)
- 4.4 Yes, if they are comfortable with quiet tasks and not required to be very social (Reasoned answer = 3)
- 4.5

Nurse  $\rightarrow$  C

Lawyer  $\rightarrow$  A

Teacher  $\rightarrow$  B

(1 mark each = 3)

- 4.6 Paragraph should include:
  - Career choice
  - Why it is appealing

• Subjects or actions they'll take in high school to prepare (Well-structured = 9)

**✓ TOTAL: 80 MARKS** 

