

SMARTWIZ

GRADE 9 LIFE ORIENTATION EXAM

MARKS: 80

MARKS	

TIME: 2 hours

SCHOOL _____

CLASS (e.g. 4A) _____

SURNAME _____

NAME _____

MYST PATHWORKS

Instructions for Students:

- > Read all instructions carefully before beginning the exam.
- > Write your name and student ID clearly on the answer sheet/booklet.
- > Answer all questions unless otherwise stated.
- > Show all your work/calculations where applicable.
- > Write clearly and legibly.
- > Use blue or black ink only. * Do not use correction fluid/tape.
- > No electronic devices (calculators, phones, etc.) are allowed unless explicitly permitted.
- > Raise your hand if you have any questions.
- > Do not talk to other students during the exam.
- > Any form of cheating will result in disqualification.

This test consists of 8 pages, excluding the cover page.

SECTION A: DEVELOPMENT OF THE SELF IN SOCIETY **(20 MARKS)**

1. What is **identity** and how is it formed?

(3)

2. List **three** things that influence a young person's identity.

- a) _____
 b) _____
 c) _____

(3)

3. Define **peer influence**.

(2)

4. Describe how **goal setting** can improve self-discipline.

(4)

5. Read the scenario and answer:



Nomsa wants to become a professional netball player. She practices every day and eats healthy meals. She sometimes misses social events to attend training.

- a) What character trait is Nomsa showing? _____
 b) Mention **two** ways she is working toward her goal.

1. _____
 2. _____

(4)

6. Give two examples of how poor decision-making can affect a teenager's future.

- a) _____
 b) _____
 (4)

SECTION B: HEALTH, SOCIAL AND ENVIRONMENTAL RESPONSIBILITY (20 MARKS)

1. What is **emotional well-being**?

(2)

2. Identify **two** signs that someone may be struggling with their mental health.

a) _____

b) _____

(2)

3. Suggest **two** people or places a learner can go to for emotional support.

a) _____

b) _____

(2)

4. Explain the link between **nutrition and academic performance**.

(3)

5. Choose the correct answer from the options provided:

a) Which of the following is a communicable disease?

- A) Diabetes
- B) Tuberculosis
- C) Cancer
- D) Arthritis

Answer: _____ (1)

b) Which of the following is a safe practice to prevent disease?

- A) Sharing razors
- B) Not washing hands
- C) Getting vaccinated
- D) Eating spoiled food

Answer: _____ (1)

6. Describe **two** harmful effects of illegal dumping.

a) _____

b) _____

(2)

7. Suggest **three** actions learners can take to promote a healthy environment at school.

8. _____

9. _____
10. _____

(3)

8. Why is it important to speak out against substance abuse?

(4)

SECTION C: DEMOCRACY AND HUMAN RIGHTS (20 MARKS)

1. Define the term **human dignity**.

(2)

2. Match the right with its example:

RIGHT	EXAMPLE
a) Freedom of expression	i) Talking about your opinions freely
b) Right to education	ii) Attending school without discrimination
c) Right to privacy	iii) Keeping personal information confidential

a) _____

b) _____

c) _____

(3)

3. Identify **two** ways learners can uphold the rights of others at school.

a) _____

b) _____

(2)

4. Explain what is meant by **equality** in a school setting.

(2)

5. Read the scenario and answer:

During a school trip, learners laugh at another learner's traditional clothing.

- a) What right is being disrespected? _____
 b) Why is it important to respect cultural diversity? _____
-

(4)

6. List **three** responsibilities of citizens in a democracy.
 a) _____
 b) _____
 c) _____
 (3)
7. What is the role of the **South African Constitution** in protecting rights?
-

(4)

SECTION D: CAREERS AND CAREER CHOICES (20 MARKS)

1. What is a **learnership**?
-

(2)

2. Name **two** benefits of a learnership for a young person.

- a) _____
 b) _____
 (2)

3. Fill in the blanks:

- A _____ is a natural ability.
 - A _____ is something you gain through learning.
- (2)

4. List **three** subjects that could be helpful for someone wanting to become a nurse.

- a) _____
 b) _____
 c) _____
 (3)

5. Match the career with the correct skill:

CAREER	SKILL
--------	-------

a) Chef	i) Communication
b) Teacher	ii) Creativity
c) Accountant	iii) Numerical accuracy

a) _____

b) _____

c) _____

(3)

6. Why is it important to research careers before making a choice?

(4)

7. What advice would you give to a friend who is unsure about their future career?

(4)

MYST PATHWORKS

TOTAL : 80

MEMO

SECTION A: DEVELOPMENT OF THE SELF IN SOCIETY (20 MARKS)

1.

- Identity: Who you are as a person, including values, beliefs, and personality. ✓
- Formed through family, culture, experiences, and social interactions. ✓✓✓

2.

- Family ✓
- Culture ✓
- Friends/peers ✓

3.

- Peer influence: The effect peers have on your choices, thoughts, and behaviours. ✓✓

4.

- Goal setting helps individuals stay focused ✓
- Encourages planning and managing time ✓
- Builds motivation and discipline ✓
- Improves personal accountability ✓

5.

a) Commitment / dedication / determination ✓

b)

- She practices every day ✓
- She eats healthy meals ✓

6.

a) Dropping out of school ✓

b) Getting involved in criminal activities ✓

(Other reasonable answers accepted)

SECTION B: HEALTH, SOCIAL AND ENVIRONMENTAL RESPONSIBILITY (20 MARKS)

1.

- Emotional well-being: A state of feeling mentally healthy, balanced, and in control of emotions ✓✓

2.

- Withdrawal from friends ✓
- Constant sadness or mood swings ✓

3.

- School counsellor ✓
 - Parent/guardian ✓
- (Also: teacher, helpline, friend)

4.

- Poor nutrition affects concentration ✓
- Healthy food improves energy, focus, and learning ✓
- Can lead to better academic outcomes ✓

5.

- a) Tuberculosis ✓
- b) Getting vaccinated ✓

6.

- a) Attracts pests and spreads diseases ✓
- b) Harms animals and pollutes natural resources ✓

7.

- Don't litter ✓
- Recycle and reuse materials ✓
- Educate others about environmental care ✓

8.

- Prevents harm to individuals and communities ✓
 - Encourages healthier lifestyles ✓
 - Raises awareness ✓
 - Reduces violence, addiction, and poverty ✓
-

SECTION C: DEMOCRACY AND HUMAN RIGHTS (20 MARKS)

1.

- Human dignity: Treating every person with respect and valuing their worth ✓✓

2.

- a) i ✓
- b) ii ✓
- c) iii ✓

3.

- Respecting others' differences ✓
- Helping those being mistreated ✓

4.

- Ensuring everyone is treated fairly regardless of differences ✓✓

5.

- a) Right to cultural expression ✓
- b) Every culture deserves respect; promotes unity and understanding ✓✓

6.

- Obey laws ✓
- Vote ✓
- Pay taxes / respect others' rights ✓

7.

- Protects everyone's rights ✓
- Sets rules for fair treatment ✓
- Guides laws and government behaviour ✓
- Prevents discrimination and abuse ✓

SECTION D: CAREERS AND CAREER CHOICES (20 MARKS)

1.

- Learnership: A structured learning programme combining theory and workplace experience ✓✓

2.

- Gain real work experience ✓
- Learn skills while earning a stipend ✓

3.

- Talent ✓
- Skill ✓

4.

- Life Sciences ✓
- Physical Sciences ✓
- Mathematics ✓

5.

a) ii ✓

b) i ✓

c) iii ✓

6.

- Helps choose a path that suits your interests and strengths ✓
- Avoids wasting time and resources ✓
- Helps plan future education ✓
- Ensures long-term satisfaction ✓

7.

- Explore different careers ✓
- Talk to professionals ✓
- Take a career test ✓
- Focus on strengths and interests ✓

TOTAL : 80