SMARTWIZ

GRADE 9 LIFE ORIENTATION EXAM

MARKS: 80	MARKS	
TIME: 2 hours		
SCHOOL		_
CLASS (e.g. 4A)		
SURNAME		
NAME		_
MYST PATHW	ORK	S

Instructions for Students:

- > Read all instructions carefully before beginning the exam.
- > Write your name and student ID clearly on the answer sheet/booklet.
- > Answer all questions unless otherwise stated.
- > Show all your work/calculations where applicable.
- > Write clearly and legibly.
- > Use blue or black ink only. * Do not use correction fluid/tape.
- > No electronic devices (calculators, phones, etc.) are allowed unless explicitly permitted.
- > Raise your hand if you have any questions.
- > Do not talk to other students during the exam.
- > Any form of cheating will result in disqualification.

This test consists of 8 pages, excluding the cover page.

SECTION A: DEVELOPMENT OF THE SELF IN SOCIETY (20 MARKS)

1.	Define the term values and give one example. Definition:
	Example:
	(2)
2.	Mention two ways family influences your behaviour and decision-making.
	a) b)
	(2)
3.	Give three characteristics of a person with good self-esteem.
4.	
5.	
6.	
(3)	
4.	Explain how cultural background shapes a person's identity.
	MIYST PATHWORKS
(3)	
~	
5.	Read the scenario and answer the questions:
	is often pressured by his friends to skip class, but he chooses to attend school every day because he his education.
a) Wh	at kind of pressure is Thami facing? at decision has Thami made, and why is it a responsible choice?
b) Wh	at decision has Thami made, and why is it a responsible choice?
(4)	
6.	List three practical ways a teenager can manage stress.
7.	List unee practical ways a teenager can manage stress.
8.	
9.	
(3)	
7.	What is meant by self-motivation , and why is it important?
,.	25 mount of son mountains, and will be importaine.

(3)

1.	Define the term personal hygiene .
(2)	
2.	List two benefits of practicing good hygiene. a) b) (2)
3.	
(3)	MYST PATHWO
	Identify two negative consequences of smoking tobacco. a)
	Read the following statement and answer the questions: young people are exposed to unhealthy eating habits, such as eating junk food regularly.
·	me two health problems linked to poor nutrition.
1.	
2. b) Sug	ggest one way to encourage healthy eating at school.
(3)	
6.	Explain the importance of recycling in protecting the environment.

3)	
7. 8. 9.	Describe two actions a school can take to reduce water waste.
2)	
9. 10	Give three reasons why it is important to report drug use at school.
3)	
ΙA	SECTION C: DEMOCRACY AND HUMAN RIGHTS (20 RKS) What is freedom of religion?
)	MYST PATHWORKS
	Give two examples of how learners can show respect for others' religious beliefs at school. a) b)
	(2) What is fairness and why is it important in a democratic society?
3.	What is fairness , and why is it important in a democratic society?
	what is ranness , and why is it important in a democratic society?
·)	Read the scenario and answer the questions:
) 4.	

(3)

5.			a responsible citizen? Give two examples.
	(2)		
6.	List thr	ree examples of di	scrimination.
7.			
9.			
(3)			
7.	Explain	how the South A	African Constitution protects people's rights.
(3)			
Â	SECT	TION D. CA	AREERS AND CAREER CHOICES (20
	RKS)		REEKS MID CHREEK CHOICES (20
1.	What is	a career goal?	STPATHWORKS
(2)			
2.	Nama t	we things that may	y influence your choice of career.
۷.		=	y influence your choice of career.
	(2)		
3.	Fill in t	he table:	
Ca	areer	Subject Needed	Skill Required
Arch			
	e Officer		
(4)			
4.	Define	the term entrepre	neur.
(2)			
5.	List thr	ee characteristics	of a successful entrepreneur.
6.			<u> </u>

7. 8.	
(3)	
6.	Explain what a bursary is and how it helps students.
(2)	
7.	Describe two steps learners can take to prepare for their future careers.
8. 9.	
(2)	
8.	Give three benefits of doing job shadowing.
9. 10	
11	
(3)	MYST PATHWORKS

MEMO

SECTION A: DEVELOPMENT OF THE SELF IN SOCIETY (20 MARKS) 1. Values: Beliefs or standards that guide how people behave ✓ Example: Honesty / Respect / Kindness 🗸 2. Teaches morals ✓ Sets rules or expectations ✓ 3. Confident ✓ Accepts self ✓ Takes responsibility YST PATHWORK 4. Cultural traditions, religion, and values shape how a person sees themselves and behaves 🗸 🇸 5. a) Peer pressure \checkmark b) He chooses education over popularity, showing responsibility 🗸 🗸 6. Exercise ✓ Meditation/deep breathing ✓ Talking to someone ✓ 7.

SECTION B: HEALTH, SOCIAL AND ENVIRONMENTAL RESPONSIBILITY (20 MARKS)

It helps achieve goals and stay focused ✓✓

Self-motivation: Doing something because you want to succeed, not because you're forced \checkmark

1.	
•	Personal hygiene: Keeping the body clean to prevent illness ✓✓
2.	
•	Prevents diseases ✓ Promotes confidence ✓
3.	
•	Communicable diseases spread from person to person ✓ Non-communicable diseases do not spread (e.g. diabetes) ✓✓
4.	
•	Lung damage ✓ Addiction ✓
5.	
a) Obe	esity 🗸
•	Diabetes ✓ b) Educate learners / promote healthy lunchboxes / have a school nutrition policy ✓
6.	
•	Recycling reduces landfill waste ✓ Conserves natural resources ✓ Prevents pollution ✓
7.	
•	Install water-saving taps ✓ Educate learners about saving water ✓
8.	
•	Keeps school safe ✓ Protects learners from harmful substances ✓ Encourages healthy choices ✓

SECTION C: DEMOCRACY AND HUMAN RIGHTS (20 MARKS)

1.

The right to practise any religion freely without being discriminated against 🗸 🗸

2.

- Do not tease others for their beliefs \checkmark
- Allow others to observe religious holidays ✓

3.

- Treating everyone equally ✓
- Important for peace and justice ✓✓

4.

- a) Gender equality \checkmark
- b) Allow both genders to participate in sports \checkmark

5.

- a) Follows laws ✓
- b) Votes in elections / helps community 🗸

6.

- Racism ✓
- Sexism ✓
- Disability discrimination ✓

7.

- Guarantees rights like education and safety ✓
- Prevents abuse ✓
- Provides protection through law ✓

SECTION D: CAREERS AND CAREER CHOICES (20 MARKS)

1.

Career goal: The profession or job you want to achieve in the future 🗸 🗸

2.	
•	Interests ✓ Strengths ✓
3.	
	tect Mathematics ✓ Drawing/creativity ✓ e Officer Life Orientation ✓ Physical fitness/discipline ✓
4.	
•	Entrepreneur: A person who starts and runs a business 🗸
5.	
•	Risk taker ✓ Hardworking ✓ Innovative ✓
6.	
•	A bursary is financial help for students to study ✓ Helps cover fees and reduces financial stress ✓
7.	
•	Research careers ✓
•	Choose subjects related to career ✓
8.	
•	Learn about work environment ✓

TOTAL: 80

Build experience ✓

Helps with career decision-making ✓