

# RESUME



## SHRUTHY.G

Email Id: shruthyshivgu1210@gamil.com

Mobile no: +91-8072923773

### OBJECTIVE: -

Motivated and passionate women with the intention of gaining an opportunity at your esteemed organization. Binging forth a strong academic background with holding a distinction. Committed to working hard and aspiring to enhance my skills.

### SUMMARY

- ✓ An enthusiast with high motivation and teaching skills.
- ✓ Implementation of mental health concepts.
- ✓ Always willing to innovate the new things which can improve the existing potential.
- ✓ Empathetic

### PROFESSIONAL QUALITIES:

- ✓ Highly motivated.
- ✓ Strategy planning.
- ✓ Ability to communicate effectively.
- ✓ Ability to work individual as well as in group.
- ✓ Flexible and administrative in nature.
- ✓ Interest in learning

### ACADEMIC RECORD: -

QUALIFICATIONS	EDUCATIONAL INSTITUTE	PERCENTAGE ACQUIRED	YEAR OF PASSING
<b>MBA-HRM</b>	School of distance education- Bharathiar University		2023
<b>BACHELORS IN PSYCHOLOGY</b>	AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR WOMEN	<b>80%</b>	2020
ADVANCED DIPLOMA IN MEDICAL PSYCHOLOGY	KRISHNA ACADEMY OF PSYCHOLOGICAL ALLIED HEALTH SCIENCE	<b>80%</b>	2019
HIGHER SECONDARY EDUCATION (12 <sup>TH</sup> )	(STATE BOARD) BHARATIYA VIDYA BHAVAN MHSS	<b>73%</b>	2017
SECONDARY EDUCATION (10 <sup>TH</sup> )	(STATE BOARD) BHARATIYA VIDYA BHAVAN MHSS	<b>92%</b>	2015

### AREA OF INTEREST

- ✓ Human resource management
- ✓ Recruitment
- ✓ Strategy planning
- ✓ Organizational behavior
- ✓ Cognitive Psychology
- ✓ Social Psychology

### WORKSHOPS AND ACTIVITIES

- ✓ Workshop on “**PROMOTION OF MENTAL HEALTH AND PSYCHOLOGICAL WELL BEING OF ADOLESCENTS USING LIFE SKILLS APPROACH**” conducted by NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES(NIMHANS).
- ✓ Workshop on “**HEALING THE INNER CHILD**” Organised by Avinashilingam institute for home science and higher education for women.
- ✓ Participated in activities of” YUVA PROGRAM 2017-18” organised by **YI-YUVA**.  
As a **NSS volunteer** did many village visits and also conducted a medical camp in a village which also followed by suicide prevention and drug addiction campaign, and several activities done in favour of development of the village for a period of 7 days.

### HOBBIES AND INTERESTS

- ✓ Music- passionate singer
- ✓ Sports-badminton and hockey
- ✓ Photography
- ✓ Travel

### PERSONAL DETAILS

Date of Birth - 12/10/1999

Nationality - Indian

Gender - Female

Languages Known - English, French, Tamil, Hindi, Malayalam

Permanent Address - 59A, 5<sup>th</sup> Phase, Maharani Avenue,  
Vadavalli, Coimbatore-641041.

### DECLARATION

I hereby declare that the above furnished information is true to the best of my knowledge and belief.

Yours truly,

**(SHRUTHY G)**