

5/6/2021

Patient Name: Master Shivansh Sriramoju, IP# IP2122001180 (UMR21220003418)



KIMS Cuddles
 Krishna Institute of Medical Sciences Ltd.
 KIMS Hospital Enterprises Pvt. Ltd.
 Survey No.55/EE, 1-112/86
 Kondapur, Serlingampally, Hyderabad-500084
 Phone/Fax : 040-67505050/04067505151
 Email : assistance@kimshospitals.com, Website : www.kimshospitals.com



Department Of Paediatrics Discharge Summary

Patient Details

Name	Master Shivansh Sriramoju	Age/Gender	3 Years 2 Mnths 4 Dys/M
Admn No	IP2122001180	UMR NO	UMR21220003418
Admn Dt	05 May 2021 03:52 PM	Discharge Dt	08 May 2021
Doctor Name	Dr. Parag S Dekate / Dr. Avinash Reddy	Specialization	PEDIATRICS PED INTENSIVE CARE
Address	Beeranguda, Sanga Reddy, Telangana, India	Mobile No	9160008349
Ward/Room/Bed	W32/610/610D		

CONSULTANTS

DR. PARAG SHANKARRAO DEKATE ,
 MBBS, MD (PGI), & DNB (Paed), IDPCCM,
 Fellow Pediatric Critical Care Medicine (Sick kids, Toronto)
 Clinical Director of Pediatrics
 Head of Pediatric Intensive Care Unit
 Reg No. MCI/07/31151

DR. AVINASH REDDY P
 MBBS, DCH, DNB (Paed), IDPCCM
 Consultant Pediatric Intensivist & Pediatrician
 Reg No. TSMC/FMR/15548

DIAGNOSIS

MODERATE COVID ILLNESS

PRESENT HISTORY

Baby Shivansh ., 3 years old boy presented with history of moderate grade, intermittent fever since 4 days associated with cough & cold since 2 days, fast breathing / difficulty in breathing since 1 day prior to admission. For the above complaints he was investigated and treated at nearby hospital. In view of persistence of symptoms, he was admitted referred to cuddles kondapur for further management.

Outside investigations:

Rapid antigen test : Positive

PAST HISTORY

Birth History:

Born at term gestation by EL LSCS with birth weight of 2.9kg. h/o admission for NNH

Family History:

Nothing significant



KIMS Cuddles

GROWTH & DEVELOPMENT An unit of KIMS Hospital Enterprises Pvt. Ltd.

1-112/86, Survey No 55/EE, Kondapur, Serlingampally, Hyderabad 500 084, Telangana, India.

For Appointments: 040 - 4243 4243 | Email: hello@kimscuddles.com

Weight at admission is 14 kg which is between 10th and 50th centile
His development is appropriate for his age

KIMS GUIDLES

MOTHER & CHILD CENTRE

GENERAL ASSESSMENT

- 1) Appearance: Normal
- 2) Work of breathing: Increased.
- 3) Skin circulation: Normal

Primary assessment:

- 1) Airway: Open & stable
- 2) Breathing: RR: 36/min, Efforts: Increased, Air entry: Normal, Auscultation: Bilateral conducting sounds.
- 3) Circulation: HR: 124/min, CRT :< 3sec, BP: 118/52mmHg, Central pulse: good, Peripheral pulse: Good, Skin temp: Warm
- 4) Disability: GCS: 15/15, Pupil size: Equal, Reaction: Normal, Motor activity: Normal.
- 5) Exposure: Temp: 101.5^{0F}, Colour: normal, Surface findings: nil

Secondary assessment:

R/S: On auscultation of chest, air entry was bilaterally equal with conducting sounds were present

CVS: Heart sounds were normal and there was no murmur.

CNS: On neurological examination, child was conscious and drowsy. Pupils were bilaterally equal and reacting to light. There were no focal neurological deficits, no meningeal signs and no signs of raised intracranial pressure.

P/A: Abdomen was soft with no organomegaly

Allergies: No known allergy

Medications: NIL

Past Medical History: NIL

Last Meal: 4 hours back

Events: Fever / Fast breathing



COURSE IN THE HOSPITAL

- He was admitted in PICU and was started on IV fluids and IV antibiotics.

In view of loose stools, he was administered probiotics and advised gastrodiet. His blood gas at the time of admission showed metabolic acidosis.

Chest X-ray showing bilateral haziness.

Child was started on broad spectrum antibiotics after sending blood cultures.

He was regularly monitored for his hemodynamic status, oxygen saturations and vital parameters. As he/she remained hemodynamically stable, maintaining saturations at room air, tolerated and accepting orally well.

As his fever spikes settled, blood cultures were sterile, Antibiotics were deescalated appropriately.

During hospital stay, he was continued on same line of management. He was regularly monitored for fever spikes, hemodynamic status and vital parameters. His fever spikes and other symptoms gradually settled. He remained hemodynamically stable, maintaining saturations at room air, accepting orally well. He improved with the above line of management and is being discharged with the following advice.

Supportive Care: His nutrition was taken care appropriately. He received IVF on first 1-2 days subsequently he was transitioned to solid diet which he is tolerating well.

AT THE TIME OF DISCHARGE

On auscultation of chest, air entry was bilaterally equal.
 VS: Heart sounds were normal and there was no murmur.
 CNS: On neurological examination, child was conscious and alert. Pupils were bilaterally equal and reacting to light. There were no focal neurological deficits, no meningeal signs and no signs of raised intracranial pressure.
 P/A: Abdomen was soft with no organomegaly.

DISCHARGE ADVICE

* Diet as advised.

S.No	MEDICATION	DOSE	TIMINGS	DURATION
1	Syp. PECEF (CEFPODOXIME - 5ml/50mg)	4 ml (mix with honey or sugar water)	8am - 8pm (after food)	For 5 days.
2	Syp. AZEE (AZIRTHOMYCIN-5ml/200mg)	4 ml	8am (after food)	For 4 days
3	Tab. LANZOL DT (Lansoprazole - 15mg)	1 tablet	7am (before breakfast)	For --- days
4	Syp. ZINCOVIT	5 ml	10am (after food)	For 30 days
5	Syp. Uprise D3 (5ml/400IU)	1 ml 10 ml 2 times daily	7am-7pm (30 minutes before food)	For 10 days
6	Syp. RELENT PLUS (Cetirizine 5mg, Ambroxol 30mg/5ml)	5 ml	8am-8pm (1 hour before food)	For 3 days.
7	ENTEROGERMINA (2 billion cells of Bacillus Claussi Spores/5ml)	1 Vial	9am-pm (after food)	For 5 days

Fever Management

- * Syp. Crocin DS (Paracetamol - 5ml/240mg) 5 ml after food as and whenever required, if temperature > 100 °F (maximum 4 times a day at 6 hour intervals).
- * Syp. Meftal P (Mefenamic acid - 5ml/100mg) 6 ml after food as and whenever required, if temperature > 101 °F & not responding to Crocin (maximum 3 times a day at 8th hour intervals).
- * Tepid sponging if fever > 101 °F

WHEN & HOW TO OBTAIN URGENT CARE

If the following are noticed in your child, please contact us immediately at 040 - 6750 5150/160 and ask for the "Consultant Pediatrician On Call". If you are unable to reach the Consultant, then call the 'On Call Consultant' through the Emergency Mobile Number (7995888561) and speak to the 'On Call Consultant' directly. If you perceive your child to be very sick, and has any of the following symptoms, please rush to our Emergency Room.

- High grade fever > 102F
- Not accepting orally well
- Abnormal movements (seizures)
- Not passing urine for 6-8 hours
- Not looking well and looking dehydrated
- Persistent vomiting and loose motions
- Limpness, weakness, or inability of your child to recognize/interact with you.
- Any complaints which are concerning to parents
- Any bleeding manifestations like patches (green or purple) over body or bleeding from nose, mouth or any other site
- Peripheries feeling cold and dusky
- Small proportion of children after COVID illness may develop MISC (MULTI SYSTEMIC INFLAMMATORY SYNDROME) with symptoms like high grade fever / breathing difficulty/ dull activity/ loose stools/ decreased urine output. ANY SUCH CASES SHOULD BE REPORTED IMMEDIATELY.



FOR FOLLOW UP

KIMS Cuddles
 An unit of KIMS Hospital Enterprises Pvt. Ltd.

1-112/86, Survey No 55/EE, Kondapur, Serlingampally, Hyderabad 500 084, Telangana, India.
 For Appointments: 040 - 4243 4243 | Email: hello@kimscuddles.com

An unit of KIMS Hospital Enterprises Pvt. Ltd.

1-112/86, Survey No 55/EE, Kondapur, Serlingampally, Hyderabad 500 084, Telangana, India.
 For Appointments: 040 - 4243 4243 | Email: hello@kimscuddles.com

Patient Name: Master Shivanish Srinamoju, IP#: IP2122001180 (UMF21220003418)

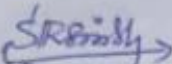
NEW VIDEO consultation with Dr. DR. PARAG DEKATE/ DR. AVINASH REDDY through MFINE APP.
DOWNLOAD MFINE APP and search for Dr. PARAG DEKATE/ DR. AVINASH REDDY and book appointment on
TUESDAY (11.05.2021).

CUDDLES

MOTHER & CHILD CENTRE

CONSENT

The content of the patient discharge summary, medication, food & drug interaction, care to be provided at home, nutrition, immunization and safe parenting, when and how to obtain emergency care etc also have been explained by doctor


Sign of Parent/ Attender

Dr. Parag S Dekate / Dr. Avinash Reddy

CONSULTANTS

Started By : Dr. P Avinash Reddy

Approved By : Dr. P Avinash Reddy

Printed By : Dr. P Avinash Reddy

Started On : 08 May 2021, 08:35 AM

Approved On : 08 May 2021, 11:53 AM

Printed On : 08 May 2021, 11:55 AM

AG

