

## For Providing Examples

### 1. For example:

- **Explanation:** Used to introduce one or more specific instances or cases that illustrate or clarify a general statement.
- **Example:** "There are many ways to improve your health. For example, you can start exercising regularly and eating a balanced diet."

### 2. For instance:

- **Explanation:** Similar to "for example," used to introduce specific instances or cases that support or illustrate a point.
- **Example:** "Many people enjoy outdoor activities. For instance, hiking and biking are very popular."

### 3. Specifically:

- **Explanation:** Used to introduce a precise detail or example that focuses on a particular aspect of a general statement.
- **Example:** "Many students face financial challenges. Specifically, the cost of textbooks can be a significant burden."

### 4. Namely:

- **Explanation:** Used to introduce specific names or details that clarify or provide examples of a more general statement.
- **Example:** "Several countries have seen improvements in their healthcare systems, namely, Sweden, Denmark, and Norway."

### 5. Such as:

- **Explanation:** Used to introduce examples that are part of a larger category mentioned in the preceding statement.
- **Example:** "There are many genres of music that people enjoy, such as jazz, classical, and rock."