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MANUSCRIPT PREPARATION

The manuscript must be typed double-spaced on one side only on A4 size white paper with **Times New Roman Font, size of 12 points**. Margins should be a minimum of 25 mm. Number each page at top right. The pages should be numbered consecutively, beginning with the title page. Each section of the manuscript should commence on a new page in the following sequence: title page and running head, structured abstract, key words, introduction, methods, results, discussion, conclusion, recommendations, acknowledgement, conflict of interest, references, tables and figures with caption list. Particular attention should be taken to ensure the manuscript adheres to the style of the journal in all respects. Please do not use any signs for e.g. “and” for “&” or “@” signs for “at the rate” and related signs; however, you can use abbreviations used in standard text books, provided the full form has been given when it first appears in the text. The text of original articles should be divided into sections with the headings: Abstract, Key words, Introduction, Methods, Results, Discussion, References, Tables and Figure legends. For case report: Abstract, Key words, Introduction, Case Report, Discussion, Reference, Tables and Figure Legends.

TITLE PAGE

The title page should carry

1. Type of manuscript (e.g. Original article, Case Report, Review Article etc)
2. The title of the article, which should be concise, but informative;
3. The title should be in CAPITAL LETTERS, not underlined
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5. The name by which each contributor is known (First name, Middle name and Last name), with his or her highest academic degree(s) for record and institutional affiliation;
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11. If the manuscript was presented as part at a meeting, the organization, place, and exact date on which it was read.
12. Registration number of clinical trials.

ABSTRACT

Word count should be within 250. It may be up to 350 in exceptional cases. It should have the following sub-headings: Background, Methods, Results, and Conclusion. Background includes 1-3 sentences regarding the introduction of your problem/s of interest and objective/s. Material & Methods include study design, duration, setting, population & sampling, and data collection (variables and their attributes and types) and analysis plans (descriptive, estimation of parameters and hypotheses testing). Conclusion is the summary of your results in simple words. Below the abstract should provide 3 to 5 key words arranged alphabetically. Each key word should start with capital letter. They are all separated by semicolon while the last key word ends with full stop. The abstract should not be structured for a review article and case report. Do not include references and abbreviations in abstract.

Text

The main part of the original research article should follow IMRAD; to have the following sub-headings: Introduction, Material and Methods, Results and Discussion & Conclusion.

INTRODUCTION