

The majority of the submitted manuscript lacks proper formatting, on the top of that heading and subheadings, are not correctly written. Therefore, we encourage you to use appropriate template for your manuscript.

- [Original Article Template](#)
- [Case Report Template](#)
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The JMIHS, welcomes scientific research articles, unique cases and reviews of general interest to medical researchers or medical educationists from the field of biomedical sciences.

It publishes articles on the following category:

- Original articles
- Review articles
- Case Report/ Series
- Editorials
- Viewpoints
- Medical Education
- Letter to the Editor
- Specially Invited Articles

AIMS AND SCOPE OF THE JOURNAL

- Journal of Madhesh Institute of Health Sciences is an open access, peer-reviewed, biannual journal that encompasses all fundamental and molecular aspects of basic medical and clinical sciences. The Journal of Madhesh Institute of Health Sciences is an official journal of Madhesh Institute of Health Sciences, Janakpur, Nepal.
- The Journal of Madhesh Institute of Health Sciences is committed to publishing high quality original research that represents a clear advance in biomedical science and reviews that summarize recent advances in this field. The overall aim of the Journal is to provide a platform for the dissemination of new and innovative research and technology on the diagnosis and management of disease. JMIHS also aims to provide an international forum for encouraging interdisciplinary discussions and contributing to the advancement of medicine, benefiting readers and authors by accelerating the dissemination of research information and providing maximum access to scholarly communication. JMIHS

welcomes in vitro and in vivo experimental studies that explore the pathophysiological mechanisms underlying human disease, in addition to studies that translate these findings to clinical diagnosis and patient management. The journal seeks to promote research, exchange of scientific information, consideration of regulatory mechanisms that affect drug development and utilization, and medical education. JMIHS take much care in making your article published without much delay with your kind cooperation and support.

- Research papers, review articles, short communications, news are welcomed in JMIHS. Based on the quality and originality of the research, each paper will undergo peer review before being published in the Journal of Madhesh Institute of Health Sciences. JMIHS hopes that Researchers, Research scholars, Academician, Industrialists, etc. would make use of this journal for the development of science and technology.

PUBLISHER & PUBLICATION FREQUENCY

- The Journal of Madhesh Institute of Health Sciences is published biannually in June and December by Madhesh Institute of Health Sciences

INSTRUCTIONS TO AUTHORS

The uniform requirements and specific requirement of JMIHS are summarized below. Before sending a manuscript, authors are requested to check for the latest instructions available. Instructions are also available at the website of the journal.

Checklist for a publication:

1. Forwarding letter.
2. Institutional Review Committee (IRC) approval letter.
3. Original manuscript.
4. Authorship declaration form with all authors' personal signatures.
5. Informed consent (Only for case report with individual's photograph of face)
6. Supplementary files, if necessary.

Submission of manuscripts

Manuscripts must be submitted in clear, concise English language. Authors are requested to submit their manuscript through our online manuscript submission system (if any query, email us at jmihs@mihs.edu.np). By submitting a manuscript, the author agrees to the following:

1. The manuscript should be original and free from plagiarism.

2. The manuscript should not be simultaneous submission or under consideration for publication at another Journal.
3. Authorship should be duly filled and all authors should be aware of authorship. The corresponding author shall be solely responsible in case disputes arise.
4. Authors will retain the copyright of their articles and the articles will be published with a CC-BY license which permits use, distribution and reproduction in any medium, provided the original work is properly cited.
5. Conflict of interest if any must be mentioned at the end of the manuscript.

THE EDITORIAL PROCESS

The manuscripts will be reviewed for possible publication with the understanding that they are being submitted to one journal at a time and have not been published, simultaneously submitted, or already accepted for publication elsewhere. The JMIHS follows blind peer review process. It usually takes 6 weeks and is done by national and/or international reviewers.

The received manuscript is forwarded to assigned editors and one to two reviewers. Manuscripts, not able to satisfy JMIHS or not in the range are immediately rejected. After review, manuscripts are returned to authors for necessary corrections and should be returned back to editorial office. The returned manuscripts are once again are reviewed by editorial board. Page proofs are again sent to the corresponding author, which has to be returned within three days. Non response to proof copy may delay the publication of the same article, may publish proof copy article as same or may even get rejected from the JMIHS. The editorial board reserves the right to do necessary modifications in the text, photographs and illustrations to improve understanding without affecting the original gist of the manuscript.

Types of manuscript and word limits

Original Article: Randomized controlled trials, interventional studied, studies of screening and diagnostic test, outcome studies, cost effectiveness analyses, case-control series and surveys with high response rate. Up to 2500 words excluding references (up to 30) and abstract (up to 250 words).

Review Article: Systemic critical assessments of literature and data sources. Up to 3000 words excluding references (up to >50 but < 100) and abstract (up to 250 words).

Medical Education: Any article related to medical education with abstract and references, word limit may vary. Discussions about education system in medical field, developments in this field, current trends and changes in teaching-learning process, future aspects of medical education and other pertinent topics are included under this section.

Audit: An audit is written in the same format as an original research article i.e. title, abstract, introduction, methodology, results, discussion, conclusion, recommendations, acknowledgement, conflict of interest and references. An audit includes data regarding the composition of cases, profile of patients of certain cases in one or more hospital settings. If large scale study has been done, including many centers/geographic regions that contributes significantly to scientific literature, then it may be placed in original research article section rather than in audit section. The decision regarding this, however, rests on the editorial board.

Case Report: new/interesting/very rare cases with clinical significance or implications can be reported. Up to 1000 words excluding references (up to 10) and abstract (up to 250), up to three photographs.

Viewpoint: These articles are personal views and allow you to express your own point of view on any issues relevant to health. We like these to include controversial subjects. Up to 800 words excluding reference (up to 5-8) Letter to the Editor: Should be short, decisive observation. They should not be preliminary observations that need a later paper for validation. Up to 400 words and 5 references. Limits for number of images and tables: for all the above-mentioned categories the number of images and tables should not be more than one per 500 words.

Letters to the editor: Letters to the editor section accepts observations and comments. The letter and the reply should not exceed 300 words and should not contain more than 5 references.

Processing of manuscript

The manuscripts will be reviewed for possible publication with the understanding that they are being submitted to one journal at a time and have not been published, simultaneously submitted, or already accepted for publication elsewhere. The JMIHS follows blind peer review process. It usually takes 6 weeks and is done by national and/or international reviewers.

The received manuscript is forwarded to assigned editors and one to two reviewers. Manuscripts, not able to satisfy JMIHS or not in the range are immediately rejected and destroyed. After review, manuscripts are returned to authors for necessary corrections and should be returned back to editorial office. The returned manuscripts are once again are reviewed by editorial board. Page proofs are again sent to the corresponding author, which has to be returned within three days. Non response to proof copy may delay the publication of the same article, may publish proof copy article as same or may even get rejected from the JMIHS. The editorial board reserves the right to do necessary modifications in the text, photographs and illustrations to improve understanding without affecting the original jist of the manuscript.

MANUSCRIPT PREPARATION

The manuscript must be typed double-spaced on one side only on A4 size white paper with **Times New Roman Font, size of 12 points**. Margins should be a minimum of 25 mm. Number each page at top right. The pages should be numbered consecutively, beginning with the title page. Each section of the manuscript should commence on a new page in the following sequence: title page and running head, structured abstract, key words, introduction, methods, results, discussion, conclusion, recommendations, acknowledgement, conflict of interest, references, tables and figures with caption list. Particular attention should be taken to ensure the manuscript adheres to the style of the journal in all respects. Please do not use any signs for e.g. “and” for “&” or “@” signs for “at the rate” and related signs; however, you can use abbreviations used in standard text books, provided the full form has been given when it first appears in the text. The text of original articles should be divided into sections with the headings: Abstract, Key words, Introduction, Methods, Results, Discussion, References, Tables and Figure legends. For case report: Abstract, Key words, Introduction, Case Report, Discussion, Reference, Tables and Figure Legends.

TITLE PAGE

The title page should carry

1. Type of manuscript (e.g. Original article, Case Report, Review Article etc)
2. The title of the article, which should be concise, but informative;
3. The title should be in CAPITAL LETTERS, not underlined
4. Running title or short title not more than 50 characters;

5. The name by which each contributor is known (First name, Middle name and Last name), with his or her highest academic degree(s) for record and institutional affiliation;
6. The name of the department(s) and institution(s) to which the work should be attributed;
7. The name, address, phone numbers, facsimile numbers and e-mail address of the contributor responsible for correspondence about the manuscript;
8. The total number of pages, total number of photographs and word counts separately for abstract and for the text (excluding the references and abstract);
9. Source(s) of support in the form of grants, equipment, drugs, or all of these;
10. Acknowledgement, if any; one or more statements should specify
 - contributions that need acknowledging but do not justify authorship, such as general support by a departmental chair;
 - acknowledgments of technical help; and
 - acknowledgments of financial and material support, which should specify the nature of the support. This should be included in the title page of the manuscript and not in the main article file.
11. If the manuscript was presented as part at a meeting, the organization, place, and exact date on which it was read.
12. Registration number of clinical trials.

ABSTRACT

Word count should be within 250. It may be up to 350 in exceptional cases. It should have the following sub-headings: Background, Methods, Results, and Conclusion. Background includes 1-3 sentences regarding the introduction of your problem/s of interest and objective/s. Material & Methods include study design, duration, setting, population & sampling, and data collection (variables and their attributes and types) and analysis plans (descriptive, estimation of parameters and hypotheses testing). Conclusion is the summary of your results in simple words. Below the abstract should provide 3 to 5 key words arranged alphabetically. Each key word should start with capital letter. They are all separated by semicolon while the last key word ends with full stop. The abstract should not be structured for a review article and case report. Do not include references and abbreviations in abstract.

Text

The main part of the original research article should follow IMRAD; to have the following sub-headings: Introduction, Material and Methods, Results and Discussion & Conclusion.

INTRODUCTION