

Access Your Free Bonus Materials

Download All Bonus Resources

This book includes **over 140 pages** of free bonus materials to help you transform these principles into daily practice:

- 30-Day “Be Good, Do Good” Challenge** - Daily prompts and reflections
 - Conversation Starters & Discussion Guide** - For families, book clubs, and groups
 - Legacy Letter Templates** - Write your own wisdom for the next generation
 - 20 Wisdom Cards** - Printable daily reminders
 - Reading Group Guide** - Complete 7-session facilitator’s guide
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Visit:

<https://github.com/sattaru/BeGoodDoGood>

All materials are free to:

- Download and print
 - Share with your family, book club, or team
 - Adapt for your context
 - Use in schools, workplaces, and faith communities
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Your Next Step

Reading this book is the beginning, not the end.

Choose one action: 1. Take the 30-Day Challenge 2. Write your Legacy Letter 3. Start a reading group
4. Share this book with someone who needs it

Your compass: Be good. Do good.

Every day. Every choice. Every moment.

For questions, discussion, and community support:

<https://github.com/sattaru/BeGoodDoGood>

May your anchor hold.
May your rudder guide true.
May your legacy be beautiful.
