



Bhaktivedanta Gurukula & International School

Date: [January, 2012]



*Wish you a very
Happy New Year - 2012*

Inside This Issue

- Patron of Education Activities
- Gurukula times
 1. Geeta Jayanti
 2. Jagannath Puri Trip
 3. Sports Day
- Sri Sri Jagannathastakam
- Let's learn from a Story

**ADMISSIONS
FOR 2012- 2013**

OPEN NOW!!!

Patron of Education Activities

The team of Patron of Education conducted seminar on Stress Management in Indian Oil Corporation Ltd (Mathura Oil Refinery) on 15th December 2011. The speaker, Dr. Leela Purushottam Prabhu (Director- BGIS, and Sr. Professor- IIT Kanpur) addressed the Sr. Engineers who are about to get retire from their services. The seminar was more focused on the complications which come after getting retired and how to overcome them.

The Talk covered followings

- What is Stress?
- Sources of Stress
- Causes of Stress
- Measuring Stress
- five quick ways to measure stress
- Stress at the Workplace
- Ten Habits of Highly Stress Managers
- How to deal with stress (dealing with situational stress, dealing with body stress, dealing with mind stress)
- Letting go of tension
- Quieting your mind
- Meditation Tips & Techniques
- Finding More Time
- Worrying Less and Overcoming Anger
- 25 winning stress management techniques



(From left to right) Mr. Ramakant Prasad (H.O.D.- Training Department), Rohit Gupta, Dr. Leela Purushottam Das (Speaker), Narsingh Das and Mr. V.D Gautam

Geeta Jayanti Festival @ BGIS



The Bhaktivedanta Gurukula and International School observed the day of advent of the Bhagavad Gita, known as Gita Jayanti in grand manner on 6th December 2011. The program started with mangalacharan (auspicious invocation) and a short speech on the importance of Bhagavad Gita by HH Navayogendra Maharaj.





The most important program of the event was the recitation of the entire Bhagavad Gita by the student community. Class 1 and 2 began the program by reciting chapter 1 of the Bhagavad Gita. It was fascinating to see how most of these young students had memorized the entire chapter. A short skit was also presented by class 9 boys on Bhagavad Gita. The chief guest for the program was Mr. Sandeep Arora, a leading businessman of Vrindavan.



Sri Jagannath Puri Yatra



The students boarded the train from Aligarh on 8th December for their long journey for Puri with great eagerness and apprehension. The train was very late and they reached Puri on the midnight of 10th. However, they forgot all the inconveniences of the journey as soon as they heard the soothing sound of the waves in the sea along their travel to their hotels. Then they honored Jagannath Maha Prasad in the midnight. All the arrangements in Puri was made by Mr. Ranjit.





On 10th morning, the first day of the camp, the activities begun with a school assembly conducted by the Principal, Dr. Lila Purushottam Prabhu. The boys sang from the core of their hearts the beautiful prayers of Jagannathastakam in a melodious tune. Vaisnava prabhu then spoke about the glories of Neelachal dham, Nila chakrta and Jagannath temple. The boys were given some questions to answer and also write their daily experience in the form of a diary. This was not so much welcomed by the boys as they were in holiday mood but they slowly got into the habit of answering the questions and maintaining diary for the remaining days of the camp.





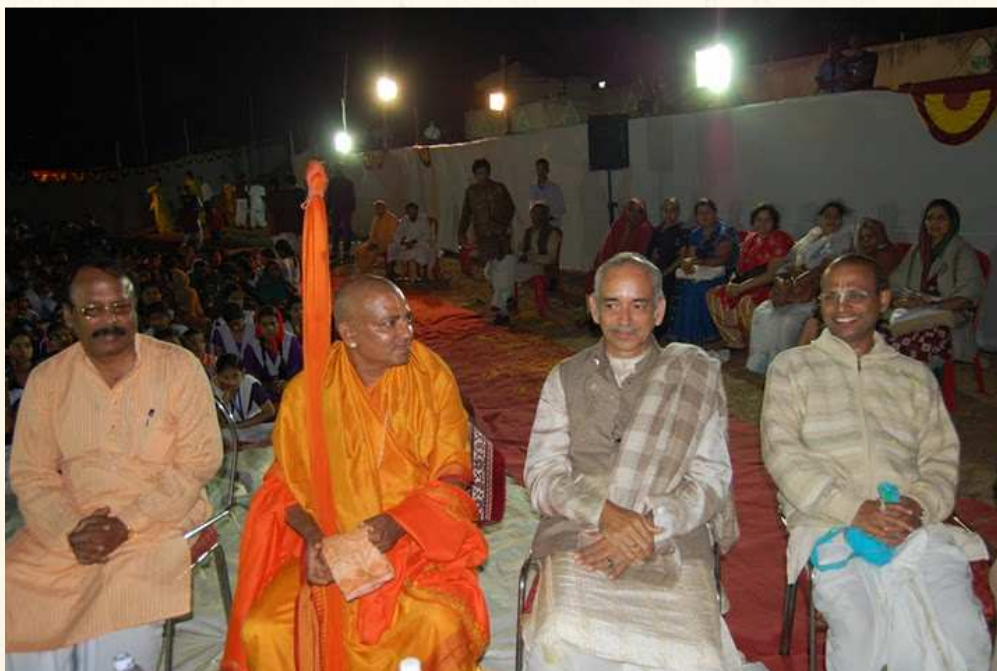
Every day the boys visited important locations in Puri like Tota Gopinath, Gambhira etc. and heard about the various pastimes from their teachers. In the afternoon they enjoyed bathing in the sea and playing Volleyball in the beach. Different cultural programs and group sankirtan were organized in the evening. The large eyes of Lord Jagannath captivated the hearts of the students. Dibyajyoti of class 11 Comments, "I wanted to embrace Lord Jagannath as soon as I had His darshan. But then I felt a little fearful".



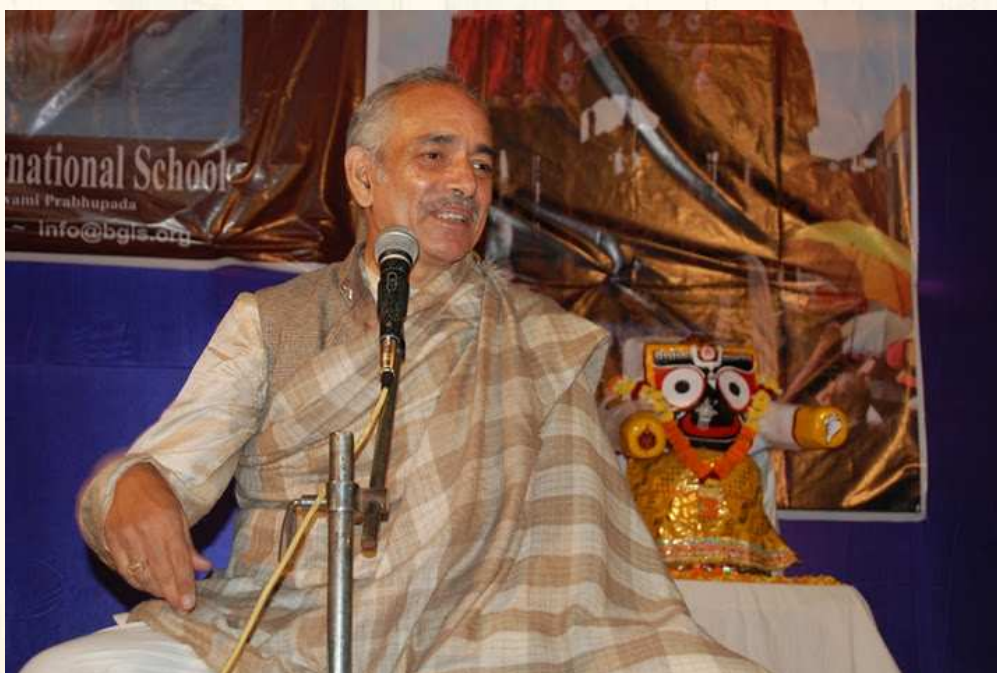


Kids got a nice platform to explore a poet who exists within their heart. Some of their writings will be printed soon in our school magazine.





The most significant event of the camp was a special cultural program organized on 12th December in which the chief guest was His Majesty Gajapati Dibya Singh Deb Maharaj, the king of Utkala. The program was also attended by over 400 students from local schools in Puri.





The boys performed a drama on 'King Prataprudra receives the mercy of Lord Caitanya'. The king's speech was full of appreciation of the gurukula system of education and he urged the government to promote this system of education.





On the way to Bhubaneshwar from Puri, the students visited the Historical temple of Sakshi Gopal and relished hearing the story of how Gopalji travelled all the way from Vrindavan to become a witness or 'sakshi' for his dear devotee. In Bhubaneshwar they visited the ancient Lingaraja temple and also ISKCON Bhubaneshwar, the last founded project by Srila Prabhupada, built magnificently by HH Gaura Govinda Maharaj.

In Bhubaneshwar the boys also visited Nandan Kanana, one of the best Zoological parks of India. The students were amazed to the diversity in God's creation with so many different kinds of species. They then went to the Regional Center for Naturalistic History. On 17th December, they reluctantly boarded the train to return back to Vrindavan. It was very memorable camp for the boys and we are sure that they will cherish throughout their lives.

Sports Day on 23rd December





Sri Sri Jagannathashtakam



Sri Sri Jagannathashtakam

(1)

kadäcit kälindé-taöa-vipina-saigétaka-ravo
mudäbhéré-näre-vadana-kamaläsväda-madhupaù
ramä-çambhu-brahmämara-pati-gaëeçärcita-pado
jagannäthaù svämé nayana-patha-gämé bhavatu me

1) Lord Jagannätha sometimes makes the melodious sounds of playing music and singing throughout the groves on the banks of the Kälindé river. He is like a bumblebee experiencing great delight while tasting the nectar of the lotus-like faces of the cowherd damsels. His lotus feet are worshipped by great personalities such as Lakñmé, Çiva, Brahmä, Indra and Gaëeça. May that Lord of the Universe kindly become visible unto me.

(2)

bhuje savye veëuà çirasi çikhi-picchaà kaöi-taöe
dukülaà netränte sahacari-kaöäkñaa vidadhate
sadä çrémad-vändävana-vasati-lélä-paricayo
jagannäthaù svämé nayana-patha-gämé bhavatu me

2) In His left hand He holds a flute, upon His head is a peacock feather, and around His hips is a fine silken cloth. From the corners of His eyes, He casts sidelong glances upon His loving companions. He is most fond of the pastimes He conducts while living in Çré Våndāvana. May that Lord of the Universe kindly become visible unto me.

(3)

**mahāmbhodes tére kanaka-rucire néla-çikhare
vasan prāsādāntaù sahaja-balabhadrena balinā
subhadrā-madhya-sthaù sakala-sura-sevāvasara-do
jagannāthaù svāmé nayana-patha-gāmé bhavatu me**

3) On the shore of the great ocean is a large palace that glows with the effulgence of solid gold, and is topped by a towering temple spire that appears to be a blue sapphire mountain. Residing therein along with His mighty brother Balabhadra, and in between Them His sister Subhadrā, Lord Jagannātha bestows opportunities for all godly souls to render various devotional services. May that Lord of the Universe kindly become visible unto me.

(4)

**kāpā-pārāvāraù sajala-jalada-çreëi-ruciro
ramā-väëé-rāmaù sphurad-amala-paikeruha-mukhaù
surendrair ārādhyau çruti-gaëa-çikhā-géta-carito
jagannāthaù svāmé nayana-patha-gāmé bhavatu me**

4) He is a fathomless ocean of causeless mercy, and His beautiful complexion is like a cluster of blackish rainclouds. He derives great pleasure by hearing the words of affectionate chastisement from His beloved goddess Lakṣmī. His face is like a fully-blown spotless lotus flower. He is worshipped by the best of demigods and sages, and His character and activities are glorified in song by the topmost personified Upaniñads. May that Lord of the Universe kindly become visible unto me.

(5)

**rathārūòho gacchan pathi milita-bhūdeva-paòalaiù
stuti-prādurbhāvaà prati-padam upākarēya sadayaù
dayā-sindhur bandhuù sakala-jagatāa sindhu-sutayā
jagannāthaù svāmé nayana-patha-gāmé bhavatu me**

5) As the Lord mounts His Ratha-yātrā cart and parades along the road, there is a constant accompaniment of loud prayers and songs chanted by large assemblies of saintly brāhmaëas. Hearing their hymns, Lord Jagannātha is favourably disposed toward them.

He is an ocean of mercy, and is the true friend of all the worlds. May that Lord of the Universe, along with His consort Lakṣmī, who was born from the ocean of nectar, kindly become visible unto me.

(6)

paraà-brahmāpéòau kuvalaya-dalotphulla-nayano
nivāsé nélādrau nihita-caraëo 'nanta-çirasi
rasānandé rādhā-sarasa-vapur āliigana-sukho
jagannāthaù svāmé nayana-patha-gāmé bhavatu me

6) He is the ornament adorning the head of para-brahma (the supreme spiritual reality). His eyes are like the blossomed petals of a blue lotus flower, and He resides in the Nélācala temple that resembles a sapphire hill. His lotus feet are placed upon the heads of Lord Anantadeva. He is overwhelmed by the flow of transcendental loving mellows, and He becomes happy only by embracing the luscious divine form of Çrématé Rādhārāëé. May that Lord of the Universe kindly become visible unto me.

(7)

na vai yāce rājyam na ca kanaka-mäëikya-vibhavaà
na yāce 'haà ramyāà sakala-jana-kämyāà vara-vadhūm
sadā käle käle pramatha-patinā géta-carito
jagannāthaù svāmé nayana-patha-gāmé bhavatu me

7) I certainly do not pray for a kingdom, nor for gold, rubies, and wealth. I do not ask for an excellent and beautiful wife, which is a possession desired by all ordinary men. I simply pray for that Lord of the Universe, whose glories are sung by Lord Çiva from age to age, to kindly become visible unto me.

(8)

hara tvaà saàsāraà drutataram asāraà sura-pate
hara tvaà päpānāà vitatim aparāà yādava-pate
aho dine 'nāthe nihita-caraëo niçcitam idaà
jagannāthaù svāmé nayana-patha-gāmé bhavatu me

(8) O Lord of the demigods! Please quickly take away this useless material existence that I am undergoing. O Lord of the Yadus! Please destroy the boundless accumulation of my sinful reactions. Aho! It is certain that Lord Jagannātha bestows His lotus feet upon those who feel themselves humbled and helpless. May that Lord of the Universe kindly become visible unto me.

(9)

jagannāthāññōakaà puëyāà
yaù paöhet prayataù çuciù
sarva-pāpa-viçuddhātmā
viññeu-lokaà sa gacchati

9) The soul of that self-retrained and virtuous person who recites these eight verses glorifying Lord Jagannātha becomes cleansed of all sins, and duly proceeds to Lord Vishnu's abode.

Let's learn from a story.....

Once there was a sweeper in a well known temple and he was very sincere and devoted. Every time he saw thousands of devotees coming to take darshan of the Lord, he thought that the Lord is standing all the time and giving darshan and He must be feeling very tired. So one day very innocently he asked the Lord whether he could take the place of the Lord for a day so that the Lord can have some relief and rest. The Deity of Temple replied, "I do not mind taking a break. I will transform you like Myself, but you must do one thing. You must just stand here like Me, smile at everyone and just give benedictions. Do not interfere with anything and do not say anything. Remember you are the deity and you just have faith that I have a master plan for everything." The sweeper agreed to this.

The next day the sweeper took the position of the deity and a rich man came and prayed to the Lord. He offered a nice donation and prayed that his business should be prosperous. While going, the rich man inadvertently left his wallet full of money right there. Now the sweeper in the form of deity could not call him and so he decided to control himself and keep quiet.

Just then a poor man came and he put one coin in the donation box and said that it was all he could afford and he prayed to the Lord that he should continue to be engaged in the Lord's service. He also said that his family was in dire need of some basic needs but he left it to the good hands of the Lord to give some solution. When he opened his eyes, he saw the wallet left by the rich man. The poor man thanked the Lord for His kindness and took the wallet very innocently. The sweeper in the form of the Deity could not say anything and he had to just keep smiling.

At that point a sailor walked in. He prayed for his safe journey as he was going on a long trip. Just then the rich man came with the police and said that somebody has stolen his wallet and seeing the sailor there, he asked the police to arrest him thinking that he might have taken it. Now the sweeper in the form of Deity wanted to say that the sailor is not the thief but he could not say so and he became greatly frustrated. The sailor looked at the Lord and asked why he, an innocent person, is being punished. The rich man looked at the Lord and thanked Him for finding the thief. The sweeper in the deity form could no more tolerate and he thought that even if the real Lord had been here, he would have definitely interfered and hence he started speaking and said that the sailor is not the thief but it was the poor man who took away the wallet. The rich man was very thankful as also the sailor.

In the night, the real Lord came and He asked the sweeper how the day was. The sweeper said, "I thought it would be easy, but now I know that Your days are not easy, but I did one good thing." Then he explained the whole episode to the Lord. The Lord became very upset on hearing this whereas the sweeper thought the Lord would appreciate him for the good deed done.

The Lord asked, "Why did you not just stick to the plan? You had no faith in Me. Do you think that I do not understand the hearts of all those who come here? All the donation which the rich man gave was all stolen money and it is only a fraction of what he really has and he wants Me to reciprocate unlimitedly. The single coin offered by the poor man was the last coin he had and he gave it to Me out of faith. The sailor might not have done anything wrong, but if the sailor were to go in the ship that night he was about to die because of bad weather and instead if he is arrested he would be in the jail and he would have been saved from a greater calamity. The wallet should go to the poor man because he will use it in My service. I was going to reduce the rich man's karma also by doing this and save the sailor also. But you cancelled everything because you thought you know My plan and you made your own plans."

MORAL :-

God has plans and justice for everyone...We just have to have patience!!!!



Be a Patron of Education and Help us to make a
New Future

Thanks and Regards

Rohit Gupta

Director: Patron of Education

Bhaktivedanta Gurukula and International School, Vrindavan

Ph:- +91 897 999 9497 | +91 895 464 0079 | +91 995 855 3662

Write us : poe@bgis.org, rohit.gupta@bgis.org

Visit us @ www.bgis.org