# **SALADS & BOWLS**

Satyajit Ghana

# Restaurant Concept

## **Restaurant Name & URL**

Salads & Bowls

saladsandbowls.in

### Food & drink

**Customized Salads** 

#### Customization

# **Carbs**

- Quinoa
- Oats
- Brown rice
- Mixed Pulses

#### Warm add-ons

- Baked Carrot
- Baked Broccoli
- Classic sweetCorn
- Fried Egg Plant

# **Toppings**

- Coriander
- Lime Squeeze
- Avocado
- Roasted Garlic

# **Proteins**

- Sweet Chili Salmon
- Steamed Chicken
- Grilled Chicken
- Roasted Beef

#### Cold add-ons

- Boiled Eggs
- Sliced Beet root
- Mango Salads
- Egg Plant
- Spicy Tomatoes

# Dressings

- Sesame sauces
- Balsamic
- Mustard
- Olive Oil

#### Location

Located at Bangalore, Karnataka.

**Delivery:** Island Wide

# Main target audience

Busy working folks

Cost

₹₹- Moderate

# **Elevator pitch**

"We provide Salads that is designed for your needs as one wholesome bowl. We offer a fruitful customization of our salads from healthy carbs, proteins—and lovely vegetables with toppings & dressings that fulfills your taste & health in your busy life."